

## Intuition Knowing Beyond Logic

*One of the greatest spiritual teachers of the twentieth century will help you learn how to live in the present moment in *Awareness: The Key to Living in Balance*. Underlying all meditation techniques, including martial arts—and in fact underlying all great athletic performances—is a quality of being awake and present to the moment, a quality that Osho calls awareness. Once we can identify and understand what this quality of awareness is, we have the key to self-mastery in virtually every area of our lives. According to great masters like Lao Tzu or Buddha, most of us move through our lives like sleepwalkers. Never really present in what we are doing, never fully alert to our environment, and not even aware of what motivates us to do and say the things we do. At the same time, all of us have experienced moments of awareness—or awakening, to use another—in extraordinary circumstances. On the road, in a sudden and unexpected accident, time seems to stop and one is suddenly aware of every movement, every sound, every thought. Or in moments that touch us deeply—welcoming a new baby into the world for the first time, or being with someone at the moment of death. Awareness, says Osho, is the key to being self-directed, centered, and free in every aspect of our lives. In this book, Osho teaches how to live life more attentively, mindfully, and meditatively, with love, caring and consciousness. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.*

*Learn how to set yourself free with the philosophies of one of the twentieth century’s greatest spiritual teachers in *Freedom: The Courage to Be Yourself*. In *Freedom*, Osho outlines three stages of freedom. The first is “freedom from,” which is a freedom that comes from breaking out of what he calls the “psychological slavery” imposed by outside forces such as parents, society, or religion. The next stage is “freedom for,” a positive freedom that comes from embracing and creating something—a fulfilling relationship, for example, or an artistic or humanitarian vision. And lastly there is “just freedom,” the highest and ultimate freedom. This last freedom is more than being for or against something; it is the freedom of simply being oneself and responding truthfully to each moment. This book helps readers to identify the obstacles to their freedom, both circumstantial and self-imposed, to choose their battles wisely, and to find the courage to be true to themselves. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to*

enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. #1 New York Times bestseller "Essential reading for anyone interested in understanding and treating traumatic stress and the scope of its impact on society." —Alexander McFarlane, Director of the Centre for Traumatic Stress Studies A pioneering researcher transforms our understanding of trauma and offers a bold new paradigm for healing in this New York Times bestseller Trauma is a fact of life. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Dr. Bessel van der Kolk, one of the world's foremost experts on trauma, has spent over three decades working with survivors. In *The Body Keeps the Score*, he uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments—from neurofeedback and meditation to sports, drama, and yoga—that offer new paths to recovery by activating the brain's natural neuroplasticity. Based on Dr. van der Kolk's own research and that of other leading specialists, *The Body Keeps the Score* exposes the tremendous power of our relationships both to hurt and to heal—and offers new hope for reclaiming lives.

The book offers a radically different approach to life and to seeing the world. Short excerpts from Osho are selected to inspire, to provoke, and to trigger a self-reflection that leads to change. It is easy to read but perhaps difficult to digest . . . in essence, it is a meditation book! "The truth that you will find – you will be surprised – is nowhere written, cannot be written. It is impossible to write it. It has never been uttered by anybody and it is not going to be uttered by anybody." You are looking at a bit of magic here. It is as though the vast ocean is contained in a very small volume. Open this book anywhere and you come upon such a depth of wisdom, such utter truth, that even just a sentence can be the start of a new way of looking at life, a new way of living life to the fullest. This is a lovely gift to yourself or to share with a friend. "I teach you to be authentic, integrated individuals with immense self-respect." – Osho

*Energy and Healing Power of the Subtle Body*

*Autobiography of a Spiritually Incorrect Mystic*

*Beyond Logic and Reason*

*The Ultimate Flowering of Love*

*Unleashing the Forces Within*

*Creativity*

*Unlocking the Wisdom of the Body  
Trust*

**Must love and sex go together? Is solitude always lonely? Why is change so threatening? Delving deep into the human heart and mind. Osho's Little Book of Relationships addresses questions about love and life that have troubled all of us at some point in our lives.**

**One of the greatest spiritual teachers of the twentieth century invites you on a journey through what makes human beings afraid—and how confronting fears strengthens us. In *Fear: Understanding and Accepting the Insecurities of Life*, Osho takes the reader step by step over the range of what makes human beings afraid—from the reflexive “fight or flight” response to physical danger to the rational and irrational fears of the mind and its psychology. Only by bringing the light of understanding into fear’s dark corners, he says, airing out closets and opening windows, and looking under the bed to see if a monster is really living there, can we begin to venture outside the boundaries of our comfort zone and learn to live with, and even enjoy, the fundamental insecurity of being alive. Fear features a series of meditation experiments designed to help readers experience a new relationship with fear and to begin to see fears not as stumbling blocks, but as stepping stones to greater self-awareness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.**

**Discover your own deep well of wisdom in *Intuition: Knowing Beyond Logic*—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho’s discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this**

***volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the “wishful thinking” that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual’s natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.***

***“Having a daily spiritual practice is the key to developing your spiritual skills, gifts, and qualities. When you take the time to acknowledge who you are, focus your mind, and meditate, you create room in your life to grow and you encourage your heart to open up and connect deeply with the flow of life.” - Kyle Gray***  
***Kyle Gray’s remarkable intuitive gifts have made him one of the UK’s most sought-after experts in the field. Now, following huge demand from his readers, Kyle unveils the 111 essential practices that he has been using for over 10 years to develop his spiritual skills. In this book, Kyle explains how you too can deepen your connection with the Divine. The key is to raise your vibration, and Kyle teaches how you can do this by cultivating practices and habits such as: • trusting and developing your inner guidance • expressing yourself in a way that’s filled with the purest integrity • giving and receiving in a way that’s balanced • manifesting and creating a life you love and deserve. . . and much more! Get ready to shift your energy, access a higher frequency, and start receiving more joy, love, and miracles in your life!***

***The Creative Response to Now***

***The Little Book Of Relationships***

***Vol 3: Shadow***

***The Responsibility of Being Oneself***

***The Four Agreements Companion Book***

***The Key to Living in Balance***

***Learning to Live a Life of Freedom***

## **Being in Love**

*Night and day, month after month, year after year, our ancestors dutifully recorded the passage of time on clay tablets, watching the heavens from stage towers and pyramids and from megalithic monuments whose incredible size and precise architecture boggle the mind. . . . Who were the builders of these mysterious structures? What was their purpose? Whose signature is indelibly written on these timeless stones, and who was the Divine Architect? Why was Stonehenge and its likes built by ancient civilizations at the very same time--4,100 years ago? What is their message for our time? With these questions in mind, Zecharia Sitchin, renowned researcher of past ages, takes us on a journey through the records of time in this, the fifth book of his Earth Chronicles series. Drawing deeply on Sumerian and Egyptian writings, millenia-old artifacts, and sacred architecture ranging from ancient Mesopotamia to pre-Columbian civilizations in the Americas, this bestselling scholar provides astounding insights into the origins of the calendar, astronomy, and astrology. He takes readers to the climax circa 2100 b.c. when Marduk, the Babylonian national god, attained supremacy on Earth and proclaimed the New Age of Aries--after which society, religion, science, and the status of women were never the same.*

*One of the greatest spiritual teachers of the twentieth century shares his wisdom about building loving relationships in *Intimacy: Trusting Oneself and the Other*. "Hit-and-run" relationships have become common in our society as it has grown more rootless, less tied to traditional family structures, and more accepting of casual sex. But at the same time, there arises an undercurrent of feeling that something is missing—a quality of intimacy. This quality has very little to do with the physical, though sex is certainly one possible door. Far more important is a willingness to expose our deepest feelings and vulnerabilities, with the trust that the other person will treat them with care. Ultimately, the willingness to take the risk of intimacy has to be grounded in an inner strength that knows that even if the other remains closed, even if that trust is betrayed, we will not suffer any permanent damage. In this gentle and compassionate guide, Osho takes his readers step-by-step through what makes people afraid of intimacy, how to encounter those fears and go beyond them, and what they can do to nourish themselves and their relationships to support more openness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. How do we reconcile our need to express our emotions with our desire to protect others? Far too often we find ourselves trapped in this dilemma of expression versus repression. We fear that by expressing our true feelings, we will hurt and alienate those close to us. But by repressing our emotions—even in the benevolent guise of "self-control"—we only risk hurting ourselves. Osho, one of the most provocative and inspiring spiritual teachers of our time, provides here a practical and comprehensive approach to dealing with this conflict effectively. Incorporating new, never-before-published material,*

*Emotional Wellness leads us to understand the roots of our emotions, to react to situations in a way that can teach us more about ourselves and others, and to respond to life's inevitable ups and downs with far greater confidence and equilibrium.*

*Discover: • The impact that fear, anger, and jealousy have on our lives • How emotions like guilt, insecurity, and fear are used to manipulate us • How to break out of unhealthy responses to strong emotions • How to transform destructive emotions into creative energy • The role of society and culture on our individual emotional styles Osho's unique insight into the human mind and heart goes far beyond conventional psychology. He teaches us to experience our emotions fully and to deal with them creatively in order to achieve a richer, fuller life.*

*Although the word 'psychology' does not come up in this book, this early work by Osho shows his deep understanding of the subject and his attempt to make the connection between meditation and a modern understanding of psychology that includes the importance that our minds play in determining and giving direction, on many levels, to our lives. Osho has taught for many years that meditation is not a religious exercise but a scientific method to understand what the mind is, and how it works, and to learn how to create a healthy distance from what is, in many ways, a programmed and robot-like mechanism that seems to be dominating our lives and decisions and activities more and more - and not always in a positive way. As Osho has said so often, beginning many decades ago - that humanity is afflicted by a deep and fundamental insanity, and that we initiate each new generation of children into that madness - is now becoming more and more obvious. The children who refuse to be initiated into that madness will appear rebellious or mad to their elders, who persist with the best intentions to force them onto the same path, to participate in the same madness. "It is utterly dangerous to be sane in this world," Osho says. "A sane person has to pay a heavy price for his sanity." Osho pleads in this book for what he calls an independent mind, independent thinking - and challenges us to question our belief that we are already great independent minds, a belief based on the lack of understanding that our thoughts mostly come from others, like a computer program full of malware downloaded into our brains. "What I mean by the thinking state is that you should have eyes, what I mean is the ability to think on your own. But I don't mean a crowd of thoughts. We all have a crowd of thoughts within us, but we don't have thinking within us. So many thoughts go on moving within us, but the power of thinking has not been awakened." In his early days of teaching Osho ran meditation camps in which he introduced people into meditation, and his morning and evening talks created the framework of understanding for this work. This book is a fascinating record of one of these camps - in a short period of three days Osho introduces his participants to an understanding that our minds are running on malware programs - and he introduces meditation as an antivirus to clean our minds of the conditionings and indoctrinations that are preventing us from realizing our full potential and to be happy. "In the coming three days I will talk to you about the search for life...I must first say that life is not what we understand it to be. Until this is clear to us, and we recognize in our hearts that what we think of as life is not life at all, the search for the true life cannot begin." "When you have something authentically your own in your mind, you start moving toward the soul. Then you become worthy, then you are able to know the soul. Until you have an independent mind, it*

*is simply impossible for individuality to be born.”*

Fear

*Transforming Fear, Anger, and Jealousy into Creative Energy*

Women's Intuition

Freedom

Joy

Intelligence

*The Revolutionary Teachings of Jesus*

The Chakra Book

***On Zen Buddhist literature; includes selected text, translated into English.***

***Understand the life and teachings of Osho, one of the twentieth century's most unusual gurus and philosophers, in Autobiography of a Spiritually Incorrect Mystic. In 1990, Osho prepared for his departure from the body that had served him for fifty-nine years—in the words of his attending physician—“as calmly as though he were packing for a weekend in the country.” Who was this man, known as the Sex Guru, the “self-appointed bhagwan” (Rajneesh), the Rolls-Royce Guru, the Rich Man's Guru, and simply the Master? Drawn from nearly five thousand hours of Osho's recorded talks, this is the story of his youth and education, his life as a professor of philosophy and years of travel teaching the importance of meditation, and the true legacy he sought to leave behind: a religion-less religion centered on individual awareness and responsibility and the teaching of “Zorba the Buddha,” a celebration of the whole human being. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.***

***From one of the greatest spiritual leaders of the twentieth century, Creativity: Unleashing the Forces Within will inspire you to nurture your inner ideas and innovations—and apply them in every aspect of your life. As Osho points out in this book's foreword, historically, the creative person has been all but forced to rebel against the society. But nowadays, the situation has dramatically changed. In today's world, the ability to respond creatively to new challenges is demanded of everybody, from corporate CEOs to “soccer moms.” Those whose toolbox for dealing with life includes only what they have***

***learned in the past from their parents and their teachers are at a distinct disadvantage both in their relationships and in their careers. Making a switch from imitative and rule-bound behavior to creative innovation and flexibility requires a profound change in our attitudes about ourselves and our capabilities. Creativity is a handbook for those who understand the need to bring more creativity, playfulness, and flexibility to their lives. It's a manual for thinking "outside the box"—and learning to live there as well. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.***

***One of the greatest spiritual leaders of the twentieth century encourages us to embrace the qualities of life our advancing years grant us in *Maturity: The Responsibility of Being Oneself*. In a culture infatuated with youth and determined to avoid old age at all costs, this book dares to raise a question that has been all but forgotten in the age of Viagra and cosmetic surgery. What benefits might lie in accepting the aging process as natural, rather than trying to hold on to youth and its pleasures all the way to the grave? Osho takes us back to the roots of what it means to grow up rather than just to grow old. Both in our relationships with others, and in the fulfillment of our own individual destinies, he reminds us of the pleasures that only true maturity can bring. He outlines the ten major growth cycles in human life, from the self-centered universe of the preschooler to the flowering of wisdom and compassion in old age. Osho's sly sense of humor runs like a red thread through the book, along with a profound compassion and understanding of how easy it is to be distracted from the deeper meaning and purpose of our lives—which is, ultimately, to flower into our own individual uniqueness and maturity with an attitude of celebration and joy. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.***

***Words from a Man of No Words***

***Raise Your Vibration***

## ***Intuition***

### ***The Secret of the Golden Flower***

### ***The Body Keeps the Score***

### ***Courage***

### ***Access Your Inner Wisdom. Trust Your Instincts. Find Your Path.***

In *Compassion: The Ultimate Flowering of Love*, one of the greatest spiritual teachers of the twentieth century explores how to empathize with others—and ourselves. Examining the nature of compassion from a radically different perspective, Osho reveals that “passion” lies at the root of the word, and then proceeds to challenge assumptions about what compassion really is. Many so-called acts of compassion, he says, are tainted by a subtle sense of self-importance and desire for recognition. Others are based in the desire not really to help others but to force them to change. Using stories from the lives of Jesus and Buddha and the world of Zen, Osho shows how the path to authentic compassion arises from within, beginning with a deep acceptance and love of oneself. Only then, says Osho, does compassion flower into a healing force, rooted in the unconditional acceptance of the other as he or she is. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

This timely book explores the wisdom of the Gnostic Jesus, who challenges our preconceptions about the world and ourselves. Based on the *Gospel of Thomas*, the book recounts the missing years in Jesus’ life and his time in Egypt and India, learning from Egyptian secret societies, then Buddhist schools, then Hindu Vedanta. Each of Jesus’ original sayings is the “seed” for a chapter of the book; each examines one aspect of life — birth, death, love, fear, anger, and more — counterpointed by Osho’s penetrating comments and responses to questions from his audience.

One of the most profoundly religious books of our time - *The Spectator Science* is a system of second causes, which cannot describe the world adequately, much less account for it. In this remarkable treatise, Radhakrishnan explores aspects of the modern intellectual debate on science vis-a-vis religion and the vain attempts to find a substitute for religion. He discusses, drawing upon the traditions of East and West, the nature and validity of religious experience. Finally, he creates a fine vision of man's evolution and the emergence of higher values. The range of subjects combined with the author's own faith, undogmatic and free of creed, makes this book a philosophical education in itself. A comprehensive and in-depth discussion of the human energy centers known as chakras. The book offers a unique understanding of how these centers, also referred to as “subtle bodies” can be identified and experienced, along with how they are related to personal transformation and health. In this volume, Osho gives an overview of the Eastern science of the subtle energy centers in the human body that are sometimes known as “chakras.” It is a science that underlies traditional Chinese medicine, Indian Ayurveda, and the practice of kundalini yoga, among other disciplines that recognize the deep connection between mind and body. Osho also shows how these same principles apply to human psychological growth and maturation, and the evolution of consciousness. Self-help, Spirituality, Psychology, Meditation, Esoteric, New Age, Health, Yoga. The title will especially be of interest to the large group of people involved with Yoga, as the book

describes in simple terms, using everyday experiences as examples, what underlies the Kundalini Yoga approach to the human energy system. The Chakra Book delivers the ‘ esoteric science ’ and understanding in the context of personal growth and transformation.

How to Love with Awareness and Relate Without Fear

111 Practices to Increase Your Spiritual Connection

Meditation

The Magic Path of Intuition

Awareness

Using The Four Agreements to Master the Dream of Your Life

The Intelligence of the Unconscious

The Mustard Seed

Understanding Intuition: A Journey In and Out of Science explores the biological and cognitive mechanisms that account for intuition, and examines the first-person experience. The book integrates both scientific and personal perspectives on this important yet elusive mental capacity. It uses specific encounters to illustrate that intuition is enhanced when we can attend to the subtle aspects of our inner experiences, such as bodily sensations, images, and differing kinds of intuitive evaluative feelings, all of which may emerge no further than on the fringe of awareness. This awareness of subtle inner experiences helps forge a more fluid exchange between the unconscious and conscious minds, and allows readers to calibrate their own intuitions. Over the course of the book, readers will gain a deeper appreciation and respect for the unconscious mind and its potential sophistication, and even its potential wisdom. Understanding Intuition is a timely and critical resource for students and researchers in psychology, cognitive science, theology, women’s studies, and neuroscience.

Stresses the powerful influence of the unconscious mind and its important adaptive role  
Frames intuition as significant and novel unconscious insight  
Presents a systematic framework for understanding different kinds of intuition  
Examines the emotional underpinnings of intuition, giving special emphasis to the role of somatic feelings and their derivatives

In Trust, the eleventh volume in the Insights for a New Way of Living series, Osho helps readers re-evaluate the idea of trust. We live in times where trust in old institutions and their relevance to our lives have evaporated. Religions, ideologies, political systems, morals, family, marriages—none of these traditional institutions are working anymore. Osho’s insight is that the institutions of the past have used the false substitutes of “belief” and “faith” as control mechanisms of society. Whereas authentic trust comes from within, belief systems are imposed from the outside by religious and social institutions. Osho encourages readers to rediscover and reclaim the innate trust that is born with each individual. No more demands to trust in an “other.” No more faith and belief, with their demands that we drop all questioning and doubt, but rather a willingness to honor our questions and

doubts so fully that they will lead us to our unique, authentic, and individual truth.

One of the twentieth century's greatest spiritual teachers inspires us to experience and appreciate both the elation—and sadness—of Joy: The Happiness That Comes from Within. With an artful mix of compassion and humor, Osho shows us that joy is the essence of life, that even unhappiness has its root in joy. He encourages us to accept joy by being grateful to be alive and for the challenges and opportunities in life, and by finding the good in all that we have—rather than setting conditions or demands for happiness. By embracing joy, one comes closer to a true, peaceful, and balanced state. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Wendy Darling has found herself once again in the arms of charming Peter Pan, the god-child who desires power above all things. This time, though, Wendy burns not with passion but with a secret: with Hook as her ally, she is there to defeat the evil that lies inside of Peter, the evil that holds all Neverland hostage—the Shadow. To do this, Wendy must quietly undo Peter from inside his heart while at the same time convincing Tink to betray the twisted love that binds them together. This is a task made nearly impossible by the arrival of Booth, her sweetheart from London and a new pawn in Peter's manipulative game—a boy whose heart she must break in order to save his life. As all of Neverland prepares to fight, Wendy races to untangle Peter's connection to the Shadow, a secret long buried in the Forsaken Garden. When the time comes, pirates, mermaids, Lost Boys, and the Darling family will all rise—but if Wendy can't call the Shadow, they will all be destroyed by Peter's dark soul. War has come to paradise, and Neverland will never be the same. Wendy Darling: Shadow is the thrilling final installment in Colleen Oakes's Wendy Darling Trilogy.

What Is Real Rebellion?

A Limitless Sky

The Courage to Be Yourself

The Secret of Secrets

Living Spontaneously and Embracing Life

Brain, Mind, and Body in the Healing of Trauma

The Independent Mind

Understanding and Accepting the Insecurities of Life

**How both logical and emotional reasoning can help us live better in our post-truth world** In a world where fake news stories change election outcomes, has rationality become futile? In *The Art of Logic in an Illogical World*, Eugenia Cheng throws a lifeline to readers drowning in the illogic of contemporary life. Cheng is a mathematician, so she knows how to make an airtight argument. But even for her, logic sometimes falls prey to emotion, which is why she still fears flying and eats more cookies than she should. If a mathematician can't be logical, what are we to do? In this book, Cheng reveals the inner workings and limitations of logic, and explains why a logic -- for example, emotion -- is vital to how we think and communicate. Cheng shows us how to use logic and a logic together to navigate a world awash in bigotry, mansplaining, and manipulative memes. Insightful, useful, and funny, this essential book is for anyone who wants to think more clearly.

**In *Intelligence: The Creative Response to Now*, one of the twentieth century's greatest spiritual teachers reveals a different approach to thinking about our brainpower. In *Intelligence*, Osho challenges the common conception that the best way to promote intelligence is to train the intellect. Intellect is logical, he says; intelligence is paradoxical. Intellect takes things apart to see how they work; intelligence puts things together to see the functioning of the whole. Osho posits that when our education systems put too much emphasis on developing intellect, an imbalance is created and both the individual and the society suffer. It is only through intelligence that we can respond creatively to the challenges of a changing world. By exploring the distinction between intellect and intelligence, *Intelligence* encourages readers to be more aware of how they approach problems—logical, emotional, and practical—and how they solve them. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the *Sunday Times* of London as one of the “1000 Makers of the 20th Century” and by *Sunday Mid-Day* (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.**

#### **EditBuild**

**Introduces a series of practical, step-by-step guides to ancient and modern techniques of meditation, from Buddhist and Sufi practices to Osho's own Dynamic Meditation and Mystic Rose Meditation, along with suggestions to help readers select the techniques that are most appropriate to personal lifestyles. Reprint. 25,000 first printing.**

**Florence Scovel Shinn was a gifted teacher who shaped the fields of spiritual growth and New Thought. Her practical, straightforward style empowered countless people to trust their inner knowing and overcome their challenges. With an Introduction by self-help luminary Louise Hay, who credits Florence as one of her early inspirations, this simple yet poignant book—which contains original, previously unpublished text—can help you positively transform your life. Powerful affirmations will show you how to cultivate your intuition and release any resistance, fear, and doubt. Florence said, "You must live fully**

**in the now to make your dreams come true." Are you ready to follow your own magic path, your Divine wisdom, and realize your dreams? Goals or wishes that seem far off or unattainable are just waiting for you to believe in your potential and innate ability to manifest your desires!**

**Emotional Wellness**

**The Call of Intuition**

**Understanding Intuition**

**An Idealist View Of Life**

**Maturity**

**The First and Last Freedom**

**Compassion**

**No Water, No Moon**

IntuitionKnowing Beyond LogicSt. Martin's Griffin

Taoist teachings on life and existence—presented by one of the best-known and provocative spiritual teachers of our time In a series of discourses, Osho unravels *The Secret of the Golden Flowers*, an ancient text that he describes as the essence of Tao, the core of all religions and spiritual paths, belonging to no one and belonging to all. More than 2,500 years old, this remarkable work continues to be as relevant today as it was to its contemporaries. Osho demystifies the important terms used by the Chinese Taoist Lu Tsu and shares his meditation exercises. He also outlines the qualities of animus and anima—our male and female energies—according to Lu Tsu, explaining the importance of their relationships inside each of us. He also provides many valuable techniques and gives specific instructions on the Taoist Golden Light Meditation, which involves harmonizing the male and female elements and transmuting sexual energy. A timeless collection of Osho's talks on *The Secret of the Golden Flower*, this book will show you how to not remain a seed but to become what the Chinese called 'a golden flower.' Called the 'one thousand-petaled lotus' in India, the golden flower is a symbol that represents perfection, totality. It represents the actualization of potential—the beauty, the grandeur, the splendor of being.

The *Four Agreements Companion Book* takes you further along the journey to recover the awareness and wisdom of your authentic self. This book offers additional insights, practice ideas, a dialogue with don Miguel about applying *The Four Agreements*, and stories from people who have transformed their lives.

Discover your ability to be brave in times of adversity with *Courage: The Joy of Living Dangerously*—from one of the greatest teachers of the twentieth century. Courage is not the absence of fear, says Osho. It is, rather, the total presence of fear, with the will to face it. This book provides a bird's-eye view of the whole terrain—where fears originate, how to understand them, and how to use your inner strength to confront them. In the process, Osho proposes that whenever we are faced with uncertainty and change,

lives, it is actually a cause for celebration. Instead of trying to hang on to the familiar and the known, we can learn to enjoy situations as opportunities for adventure and for deepening our understanding of ourselves and the world around us. Having more than just heroic acts in exceptional circumstances. It's a necessity to lead authentic and fulfilling lives on a day-to-day basis. It is the courage to change when change is needed, the courage to stand up for our own truth, even against the opinions of others, the courage to embrace the unknown in spite of our fears—in our relationships, in our careers, or in the ongoing journey of understanding who we are and why we are here. Courage also features meditation techniques specifically designed by Osho to help people overcome their fears. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Life Is a Gift

Living on Your Own Terms

The Joy of Living Dangerously

Knowing Beyond Logic

When Time Began

A Journey In and Out of Science

The Art of Logic in an Illogical World

The Happiness That Comes from Within

Gigerenzer is one of the researchers of behavioral intuition responsible for the science behind Malcolm Gladwell's bestseller *Blink*.

Gladwell showed how snap decisions often yield better results than careful analysis. Now, Gigerenzer explains why intuition

In *Living on Your Own Terms: What Is Real Rebellion?*, one of the twentieth century's greatest spiritual teachers reveals how you can resist the rules and regulations that oppose your values while retaining your own individuality. "People can be happy only in one way, and that is if they are authentically themselves. Then the springs of happiness start flowing; they become more alive, they become a joy to see, a joy to be with; they are a song, they are a dance." —Osho

Decades after the rebellions of the 1960s, new generations are again challenging and rebelling against outdated structures and values, focusing on political and economic systems and their failings. But this generation has the opportunity and responsibility to move the development of human freedom to the next level. Osho's philosophies will support these future generations in expanding their understanding of freedom and pushing toward new systems for humanity. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Women's intuition is real, says Paula Reeves. Encoded in a woman's DNA, this subtle yet potent source of knowledge has been doubted and dismissed as an old wives' tale. Because social conditioning and male-dominated culture have caused women to feel disconnected from their own bodies, Dr. Reeves believes that most women are unaware of what their intuition is trying to tell them. In *Women's Intuition*, Dr. Reeves guides readers to remove the blocks preventing this channel of knowledge from informing and enriching their daily lives. By evoking body-based intuition, readers can reestablish their body-mind bond and access their intuitive power for healing and insight.

Tune into your senses, develop your physical, mental, emotional, and spiritual awareness, and open yourself up to the power of intuition. Discover the life-changing potential of intuition and use a broad range of practices and techniques designed to reveal your path to innate wisdom. Connect with your subconscious mind through journaling, meditation, adventure, mindful movement, energy healing, moon rituals - explore what works for you. Apply your intuition to unlock wellness and fulfillment in any and every area of your life - health, family, relationships, work, creativity, and more.

Wendy Darling

How to Recognize & Honor Your Intuition, Instinct & Insight

Trusting Oneself and the Other

After Middle Age

Intimacy

Ten Discourses on Zen Stories

Gut Feelings

This book shows how integrating and balancing your three inner guides—intuition, instinct, and insight—helps you unleash your deepest creative wisdom and move forward with a renewed zest for life. You will discover how to work with chakras, crystals, mindfulness, spirit guides, prayers, and more as you become attuned to the natural flow of universal energy. Filled with practical, hands-on techniques and playful exercises, *The Call of Intuition* is all about embracing life as an act of co-creation and learning to let go of the compulsive desire for total control. Author Kris Franken shows you how to consciously connect to intuition through six steps: Breathe, Surrender, Connect, Trust, Honour, and Nourish. You will also explore angels, mantras, tarot cards, clutter clearing, meditation, and journaling on your journey to manifesting your own highest good.

*What Is Love?* In this thoughtful, provocative work, Osho—one of the most revolutionary thinkers of our time—challenges us to question what we think we know about love and opens us to the possibility of a love that is natural, fulfilling, and free of possessiveness and jealousy. With his characteristic wit, humor, and understanding, Osho dares us to resist the unhealthy relationship patterns we've learned from those around us, and to rediscover the meaning of love for ourselves. "By the time you are ready to explore the world of love, you are filled with so much rubbish about love that there is not much hope for you to be able to find the authentic and discard the false." By answering the questions that so many lovers face, Osho shares new ways to love that will forever change how you relate to others, including how to: " Love without clinging " Let go of expectations, rules, and demands " Free yourself from the fear of being alone " Be fully present in your relationships " Keep your love fresh and alive " Become a life partner with whom someone could continue to grow and change " Surrender your ego so you can surrender to love *Being in Love* will inspire you to welcome love into your life anew and experience the joy of being truly alive by sharing it.