

## It S Your Time To Shine Haomeiore

***People with fear of public speaking have the potential to shine as compelling speakers because they have strong feelings! In this book, Sandra Zimmer shares her unique method to transform stage fright into authentic presence and develop a natural style of speaking. This book sheds new light on the #1 fear. It allows you to see stage fright and fear of public speaking, not as something wrong with you, but as a sign of your sensitivity which you can tap to help you speak from passion and make a difference in the world. It helps you become confident to speak in groups and presentations so you are free to share your ideas, insights and expertise. Gain understanding of what happens in your mind and body during stage fright. Find out how to free the tension and be comfortable in your skin. Learn to develop an authentic presence that holds the attention of others, make genuine connection and speak from your heart to engage and compel others to listen. Learn to let yourself shine!***

***All real estate agents share one thing in common: we're all striving to get to the NEXT LEVEL of personal and professional success. We want to take our lives, our businesses, and our selves to the next level. What if you could get there, faster than you ever thought possible, by simply changing how you start your day? The Miracle Morning for Real Estate Agents beautifully blends strategy and inspiration in an enlightening parable from the bestselling authors of The Miracle Morning, (7L) The Seven Levels of Communication, and The New Rise in Real Estate. This book takes you on a journey into the lives of real estate agent Rick Masters and mortgage professional Michelle Phillips. Rick and Michelle face new challenges as the demands of their industry have left them stressed, overweight, and unfulfilled. Something has to change. They attend an event and meet other agents who have transformed their lives. Although Michelle is optimistic, Rick is skeptical. Little does Rick know, there really is a not-so-obvious secret that will transform your life in just 30 days. Discover it for yourself as you join Rick and Michelle on their life-changing journey. You'll learn how 30 days from today YOUR life and business can be everything you've always dreamed. It's your time to rise and shine!***

***The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits***

***impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.***

***It's Your Time Activate Your Faith, Achieve Your Dreams, and Increase in God's Favor***  
**Simon and Schuster**

***It's Time to Pray***

***90 Devotions for Activating Your Faith, Achieving Your Dreams, and Increasing in God's Favor***

***A Personal Branding Formula to Build Your Influence***

***A Guide to Activating Your Faith, Achieving Your Dreams, and Increasing in God's Favor***

***Finding Favour, Restoration and Abundance in Your Everyday Life***

***It's Your Time Journal***

From the New York Times bestselling authors of *Sprint* comes a simple 4-step system for improving focus, finding greater joy in your work, and getting more out of every day. "A charming manifesto—as well as an intrepid do-it-yourself guide to building smart habits that stick. If you want to achieve more (without going nuts), read this book."—Charles Duhigg, bestselling author of *The Power of Habit* and *Smarter Faster Better* Nobody ever looked at an empty calendar and said, "The best way to spend this time is by cramming it full of meetings!" or got to work in the morning and thought, "Today I'll spend hours on Facebook! Yet that's exactly what we do. Why? In a world where information refreshes endlessly and the workday feels like a race to react to other people's priorities faster, frazzled and distracted has become our default position. But what if the exhaustion of constant busyness wasn't mandatory? What if you could step off the hamster wheel and start taking control of your time and attention? That's what this book is about. As creators of Google Ventures' renowned "design sprint," Jake and John have helped hundreds of teams solve important problems by changing how they work. Building on the success of these sprints and their experience designing ubiquitous tech products from Gmail to YouTube, they spent years experimenting with their own habits and routines, looking for ways to help people optimize their energy, focus, and time. Now they've packaged the most effective tactics into a four-step daily framework that anyone can use to systematically design their days. *Make Time* is not a one-size-fits-all formula. Instead, it offers a customizable menu of bite-size tips and strategies that can be tailored to individual habits and lifestyles. *Make Time* isn't about productivity, or checking off more to-dos. Nor does it propose unrealistic solutions like throwing out your smartphone or swearing off social media. Making time isn't about radically overhauling your lifestyle; it's about making small shifts in your environment to liberate yourself from constant busyness and distraction. A must-read for anyone who has ever thought, "If only there were more hours in the day...", *Make Time* will help you stop passively reacting to the demands of the modern world and

start intentionally making time for the things that matter.

God has a purpose for you right now. You may think you're not ready to make a difference in God's Kingdom or that you're too young for others to take seriously. But that's not what God thinks. At some point, you have to understand your own purpose and significance in the kingdom of God. How does God want to use you? This book uses the Old Testament leader Joshua as a model for stepping up to God's big calling. Before Joshua, Moses was the one who had spoken to God, performed miracles, and challenged Pharaoh. But at some point, Joshua had to come out to the front. So what did he do? How did he step up? And what steps can you take to seize "now" for yourself? Now is your time. If you will be steadfast and unmovable, and always abound in what God is calling you to do, you'll see that it will not be in vain. He has a plan, a destiny for your life. Now means "not later." Now means "don't wait." God wants to do great things.

Journal for you and you alone. It is based on you building a relationship with God that will help you discover a better you.

A beautiful inspirational journal with cherry blossoms in Vancouver as the photo cover. There are 200 lined pages for you to write notes on planning, goals, dreams or diary. This wonderfully designed 6" x 9" notebook is perfect as a gift for mother's day, birthdays, graduation or for anyone, anytime for them to enjoy.

You've Reached Sam

Reclaim Your Territory for the Kingdom

How to Focus on What Matters Every Day

Information to Get You Ready for a Great Retirement

A Cherry Blossom Journal

Greenlights

*You are smart, successful, confident, and living life on your own terms...at least that's what it looks like to everyone else. The truth is you are in serious need of transformation. You need a powerful shift that will enable you to release the pain of your past, so that you can boldly pursue the purpose you were created for. Why? Because, there are people that can't step into their purpose, until you step into yours. In Girlfriend, It's Your Time , Tai Goodwin offers the perfect balance of inspiration and practical application for women who have decided that living on purpose is not an option, it's their calling. If you are doing "all the right things" but still feel disconnected, plagued by self-sabotage and self-doubt, this book will help you: Break free from emotional anchors weighing you down, Break out of negative thought patterns that destroy your confidence, and Break through self-imposed walls and limitations standing between you and the life you want." Shares a message of hope and inspiration for using one's faith as a cornerstone to build a happy, secure, and fulfilled life.*

*'Time to Prosper' is written to answer questions we have all asked ourselves at some point in life. Such as, "Will I ever walk in financial abundance that many have taught and shared on?" "Is everyone called to live a life of financial overflow?" "What am I doing wrong that I am not getting my financial breakthrough?" In addition to answering these critical questions, it also carefully highlights practical biblical steps that are time-tested, proven in the author's own life on how to work in financial blessing and freedom. Time to Prosper is a combination of wisdom and impartation.*

*Civil rights activist Ruby Bridges--who, at the age of six, was the first African American to integrate an all-white elementary school in New Orleans--shares her story through text and historical photographs, offering a powerful call to action.*

*Daily Readings from It's Your Time*

*Play Big, Brand Bold*

*It's Our School, It's Our Time: A Companion Guide to Whole-School Collaborative Decision-Making*

*A Teacher's Tales of Classroom Hell*

*It's Your Time to Rise and Shine*

*It's Your Time*

*Five baby caterpillars grow and grow. They hang upside down, tuck themselves into cozy chrysalises, and wake as beautiful butterflies. But Caterpillar Number Five is just a little behind the rest. When will it be his time to fly?*

*Amazing Woman, it's a radiant revolution. It's time to harness the infinite power to manifest a new purpose-inspired destiny! Through this collection of moving, deeply vulnerable stories, relevant teachings, and essential guidance you will discover ways to create a NEW narrative of your future by taking forwarding steps to ... Close the painful gap between the amazing woman you know yourself to be and the voice you express in the world. Set yourself free from old, outdated agreements to anchor your action in authentic power. Consciously use what you've learned to elevate every aspect of your life and define your destiny with greater resilience, confidence, and passion. Transform difficult challenges into a deeper connection with your purpose and the courage to stay true to your mission. Enliven the intelligence of your body to access greater enthusiasm, energy, happiness, joy, and fulfillment. Awaken miracle-mindedness to enrich your life and activate the fullness of your true prosperity. "As we step into our evolving purpose, what we find is an unshakable bridge to set ourselves free from the boxes we've imposed upon ourselves - the ways we've given up our authentic self, compromised and suppressed our truth." - Marsh Engle*

*"I Refuse To Die, It's My Time To Live " is an all-encompassing book which exposes how the enemy uses the spirit of death to sabotage your dreams, visions and ideas, while ultimately seeking to destroy your divine purpose and destiny. Within the pages of this book, you will discover how to use STRATEGIC PRAYER and SPIRITUAL WARFARE to gain victory in your everyday life.*

*#1 NEW YORK TIMES BESTSELLER • Discover the life-changing memoir that has inspired millions of readers through the Academy Award®-winning actor's unflinching honesty, unconventional wisdom, and lessons learned the hard way about living with greater satisfaction. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE GUARDIAN "McConaughey's book invites us to grapple with the lessons of his life as he did—and to see that the point was never to win, but to understand."—Mark Manson, author of The Subtle Art of Not Giving a F\*ck I've been in this life for fifty years, been trying to work out its riddle for forty-two, and been keeping diaries of clues to that riddle for the last thirty-five. Notes about successes and failures, joys and sorrows, things that made me marvel, and things that made me laugh out loud. How to be fair. How to have less stress. How to have fun. How to hurt people less. How to get hurt less. How to be a good man. How to have meaning in life. How to be more me. Recently, I worked up the courage to sit down with those diaries. I found stories I experienced, lessons I learned and forgot, poems, prayers, prescriptions, beliefs about what matters, some great photographs, and a whole bunch of bumper stickers. I found a reliable theme, an approach to living that gave me more satisfaction, at the time, and still: If you know how, and when, to deal with life's challenges—how to get relative with the inevitable—you can enjoy a state of success I call "catching greenlights."*

*So I took a one-way ticket to the desert and wrote this book: an album, a record, a story of my life so far. This is fifty years of my sights and seems, felts and figured-outs, cools and shamefuls. Graces, truths, and beauties of brutality. Getting away withs, getting caughts, and getting wets while trying to dance between the raindrops. Hopefully, it's medicine that tastes good, a couple of aspirin instead of the infirmary, a spaceship to Mars without needing your pilot's license, going to church without having to be born again, and laughing through the tears. It's a love letter. To life. It's also a guide to catching more greenlights—and to realizing that the yellows and reds eventually turn green too. Good luck.*

*End Burnout, Increase Well-being, and Unlock Your Full Potential with the New Science of Microsteps*

*Shawn Mendes: It's My Time*

*The Miracle Morning for Real Estate Agents*

*It's Your Time and Daily Readings from It's Your Time Boxed Set*

*It's Your Time You're Wasting*

*Reclaiming Ancestry and Confronting Race*

Play Big, Brand Bold is your guide to building a stand-out brand, getting out of your own way and understanding how to hire yourself as the CEO in your business. If you're ready to stop playing small, step up and start doing bigger things then you've come to the right place. After building a successful business and brand - post a few false starts - Suzanne shares stories and insights from her journey in life and business as well as some key lessons she's learnt along the way. As a business, branding and speaker coach, Suzanne has worked with hundreds of women in business through to corporate CEOs to support them to play bigger and brand bolder. Interviewing over 50 women one-on-one to understand what makes them tick, why they play small, what they really desire for themselves, their business, their family and their lives, Suzanne shares four key things: 1. Why we play small and the five mindset minefields that hold us back 2. How to start branding bolder 3. How to market like it's your new-found love 4. What it takes to step up to the plate and take your business from basic biscuits to got-to-have goodness This book is for those who want more, who want to be more, do more and create more impact. It's for those who want to become braver in how they go after what they want and those who want to think bigger. It's your time to step up, show up and stand out and I'm here to help you do that.

It's Your Time offers a potent and inspiring message about the power that God has to help you change your life.

Bestselling author Joel Osteen issues a call to readers to rise up and seize the opportunities that are available to

them every day. He uses compelling examples drawn from the Bible and popular culture to show how everyone has the God-given ability to achieve great things. Filled with strong Christian principles, the book is structured around four main concepts: Faith, Restoration, Belief in Yourself and Lifting Others. Calling this his best work yet, Pastor Osteen offers a bigger, bolder message than any of his previous works: God has given you everything you need to change your life, and you must use that power to strive beyond your limits.

It's Your Time, It's Your Turn was written by Sonny Martell. The book talks about how to lead a better life through positive thinking. As you move through the chapters, you will learn different techniques on how to think positively and how to change your perspective of many aspects of your life while staying the person you are. The techniques that are described in It's Your Time, It's Your Turn are geared toward every aspect of someone's life. From your inner thoughts to your physical health and to your relationships, you will go on a journey into the secrets of living a more fulfilling life. All that is required is practice and the belief that it can happen for you too. It's Your Time, It's Your Turn is a tool for anyone to have. Whether you are at the beginning stages of learning how to think positively or are advanced in your journey, It's Your Time, It's Your Turn will discuss new ideas to add to your positive tool chest. The power of positivity is right at your fingertips, and the power of releasing the positive energy inside you is in this book. You will develop a collection of positive techniques in each chapter, which will guide you to become the person you want to be and to achieve the things in life you have always wanted.

"A call for the church to reclaim the Kingdom inheritance that God has given her"--Provided by publisher.

God's Power Changes Everything

Get What God Has Given You

It's Your Time to Shine

How to Have Constructive Conversations About Race, Class, Sexuality, Ability & Gender in a Polarized World

The Guilt-Free Guide to Life Balance

My Time to Speak

It's Your Time offers a potent and inspiring message about the power that God has to help you

change your life. Bestselling author Joel Osteen issues a call to readers to rise up and seize the opportunities that are available to them every day. He uses compelling examples drawn from the Bible and popular culture to show how everyone has the God-given ability to achieve great things. Filled with strong Christian principles, the book is structured around four main concepts—Faith, Restoration, Belief in Yourself and Lifting Others. Pastor Osteen offers a bigger, bolder message than any of his previous works: God has given you everything you need to change your life, and you must use that power to strive beyond your limits. Daily Readings from *It's Your Time* is a devotional in which Osteen offers 90 days of thought-provoking messages, words of encouragement, and valuable scripture that emphasize the lessons of *It's Your Time*. This specially selected collection of biblical passages illuminates different points of Joel's messages and is designed to inspire readers to seize all of the opportunities that God can provide. Joel draws upon personal anecdotes to illustrate the passages of scripture, and illustrates how he and others have used found ways to take control of their lives and deepen their relationship with God.

*It's Your Time to Soar* A collection of writings that will bless you as well as impact your life, causing you to glimpse back on the past only to see just how far you have left it behind; evaluate where you are now; and to encourage you to focus on a bright and beautiful future. An inspiring, timely, and conversation-starting memoir from the barrier-breaking and Emmy Award-winning journalist Ilia Calderón—the first Afro-Latina to anchor a high-profile newscast for a major Hispanic broadcast network in the United States—about following your dreams, overcoming prejudice, and embracing your identity. As a child, Ilia Calderón felt like a typical girl from Colombia. In Chocó, the Afro-Latino province where she grew up, your skin could be any shade and you'd still be considered blood. Race was a non-issue, and Ilia didn't think much about it—until she left her community to attend high school and college in Medellín. For the first time, she became familiar with horrifying racial slurs thrown at her both inside and outside of the classroom. From that point on, she resolved to become “deaf” to racism, determined to overcome it in every way she could, even when she was told time and time again that prominent castings weren't “for people like you.” When a twist of fate presented her the opportunity of a lifetime at Telemundo in Miami, she was excited to start a new life, identity, in the United States, where racial boundaries, she believed, had long since dissolved and equality was the rule. Instead, in her new life as an American, she faced a new type of racial discrimination, as an immigrant woman of color speaking to the increasingly marginalized Latinx community in Spanish. Now, Ilia draws back the curtain on the ups and downs of her remarkable life and career. From personal inner struggles to professional issues—such as being directly threatened by a Ku Klux Klan member after an interview—she discusses how she built a new identity in the United States in the midst of racially charged violence and political polarization. Along the way, she'll show how she's overcome fear and confronted hate head on, and the inspirational philosophy that has always propelled her forward.

You may not be a famous actor or well-known social media influencer, but if you know that you are born to inspire others with your talent or through your motivational life story, then this book is for you. The world needs more inspiring stories to influence the young generation. Personal brands of individuals with valuable messages will shed the light again on the basic human values and will guide the younger generation to live a meaningful and successful life. Creating a strong personal brand is critical to you being able to effectively reach the people that you are called to serve. Fear is the greatest reason keeping most people stuck. The strategies that I share in this book will help you to discover what's holding you back so that you can launch and inspire the masses with your message. In this book, you will receive a proven formula to create a successful personal brand that has genuine impact. Learn how to rise above your competition, conquer your fears and overcome any obstacle standing in your way. As a result

you will be prepared mentally, emotionally, and physically to reach a global audience. Each chapter includes worksheets that allow you to apply the concepts immediately. I want you to step into action and get results! It's Your Time To Shine, is a reminder that the world needs you now!

Amazing Woman It's Your Time to Emerge: How Women are Discovering and Harnessing the Infinite Power to Manifest Their Evolving Purpose

This Is Your Time

It's Your Time to Prosper: Biblical Principles of Kingdom Prosperity

It's Your Time to Step Up, Show Up and Stand Out!

I Refuse to Die

Make Time

Frank Chalk is a teacher in a fairly poor inner city school - a school where the kids get drunk, take drugs and beat up the teachers... when they can be bothered to turn up. He confiscates their porn, booze and trainers, fends off angry parents and worries about the few conscientious pupils. Terrifying and hilarious, IT'S YOUR TIME YOU'RE WASTING is Chalk's real-life diary from the front line of the modern edukashun system. This book is a real word-of-mouth title. Think of comic genius Chris Lilley's "SUMMER HEIGHTS HIGH meets WASTING POLICE TIME by PC David Copperfield! Frank Chalk is a pseudonym for a disgruntled teacher in an inner city school in the UK - "a school where the kids get drunk, take drugs and beat up the teachers when they can be bothered to show up". Just like PC Copperfield in WASTING POLICE TIME, it's blackly and bleakly humorous. It's the diary of life on the front line but in this case, it's in the modern edukashun system. Fighting apathy, Frank has to battle the tearaways, their parents, and he worries about the few conscientious pupils. He muses on the shortcomings of the staff (including his own) while confiscating porn and booze and even spots the odd spark of hope amid all the despair. The appalling decline of education in the UK is very much mirrored here in Australia and this book is perfectly timed for the "Back to School Year". Frank Chalk was discovered via his popular blogsite: [www.frankchalk.blogspot.com](http://www.frankchalk.blogspot.com) Frank taught for 16 years in state schools. He left the profession in late 2005 while still in his early 40s, having grown impossibly frustrated with working in the public sector education. He now runs his own business and is no longer involved in education (sensible bastard!). He's married to a teacher (poor bastard).

It's Your Time offers a potent and inspiring message about the power that God has to help you change your life. Bestselling author Joel Osteen issues a call to readers to rise up and seize the opportunities that are available to them every day. He uses compelling examples drawn from the Bible and popular culture to show how everyone has the God given ability to achieve great things. Filled with strong Christian principles, the book is structured around four main concepts- Favor (Faith), Restoration, Belief in Yourself and Lifting Others. Pastor Osteen offers a bigger, bolder message than any of his previous works: God has given you everything you need to change your life, and you must use that power to strive beyond your limits. In *Become a Better You: 7 Keys to Improving Your Life*



Every Day, Joel Osteen inspires and motivates readers to live with more joy, hope, and peace. Osteen reveals seven simple yet profound principles that when taken to heart will help everyone become all that God has created them to be. In a straightforward, easy-to-understand style, Osteen explains key biblical values; the text is laced with personal testimonies to enlighten and uplift. Become a Better You will encourage each reader to reach his or her unique God-given potential, and will help him enjoy every day of your life, even in the face of challenging circumstances.

It's time to sleep, it's time to sleep, the fishes croon in waters deep. The songbirds sing in trees above, "It's time to sleep, my love, my love." As children prepare for bed, the world around them is also settling down for the night. Animals who live in the jungle, the forest, the sea—all whisper to their babies a soft refrain: It's time to sleep, my love. As comforting as a soft blanket and warm as a goodnight hug, Eric Metaxas's lullaby is lovingly brought to life by bestselling artist Nancy Tillman (*On the Night You Were Born*), whose illustrations celebrate the wonders of the natural world, and the bonds of family. *It's Time to Sleep, My Love* is a 2009 Bank Street - Best Children's Book of the Year.

Foreword by Eric Metaxas. Prayers activate God's power and God's power changes everything. This book will help you understand how prayer is vital to your life, your community, and the world. It will challenge you to make prayer more than a moment and instead make it a lifestyle.

How to Overcome Fear of Public Speaking, Develop Authentic Presence and Speak from Your Heart

Your Time Is Now

A Novel

It's Your Time, It's Your Turn

Your Time to Thrive

An Instant New York Times Bestseller! If I Stay meets Your Name in Dustin Thao's *You Reached Sam*, a heartfelt novel about love and loss and what it means to say goodbye. Year-old Julie Clarke has her future all planned out—move out of her small town with her boyfriend Sam, attend college in the city; spend a summer in Japan. But then Sam dies and everything changes. Heartbroken, Julie skips his funeral, throws out his belongings, and everything to forget him. But a message Sam left behind in her yearbook forces memories to return. Desperate to hear him one more time, Julie calls Sam's cell phone just to listen to his voice mail recording. And Sam picks up the phone. The connection is temporary. But he hears Sam's voice makes Julie fall for him all over again and with each call, it becomes harder to let him go. What would you do if you had a second chance at goodbye? A 2021 Kids' Indie List Selection A Cosmo.com Best YA Book Of 2021 A BuzzFeed Best Book Of November Goodreads Most Anticipated Book

Get your hopes up. Raise your expectations. Expect the unexpected. In challenging times, it can be difficult to see better days ahead. You may feel as though your struggles will never end, but these are exactly the moments when you should seek and expect God's blessing. It's your time to declare your faith, to look for God's favor, and to find fulfillment in His plans for you.

Your Time, pastor and bestselling author Joel Osteen offers messages of faith, hope, and strength to help you rise above any circumstance so that you can fulfill God's plan for you. Drawing upon his own experiences and those of people around the world, he shares five inspirational principles about your power to live the life that God has planned for you. It's your time to believe God has solutions even before you have problems. It's your time for faith to understand that no matter where you stand in life, you never stand alone. It's your time for restoration, so know you will emerge from hard times with everything you need to soar higher than ever before. It's your time to trust and give your life over to God so He can light your way for you. It's your time to stretch and strengthen your faith. In this five-week companion book you will learn how to apply each of those principles to your everyday life. Joel has filled this book with bold new prayers, inspiring stories, and practical tools for moving forward in faith. You will find spiritual renewal. You will find proven methods for not just picking up the pieces but for building a new life better than you'd imagined. It's Your Time!

It's Our School, It's Our Time outlines a whole-school approach to teacher-pupil collaboration, illustrating how aspects of social inequality can be addressed by involving the school community and active participation in decision-making from an early age. This book presents insights into the psychological processes that are at work when pupils and teachers share decision-making, and how this can harness and increase motivation for teachers and pupils. Combining both theory and examples of practice, this book provides clarity about the impact of collaborative decision-making and how it can help pupils to take ownership of their classrooms and promote greater cooperation and productivity. This book: draws on 25 years of research from Dr Rowe's own study and experiences as an educational psychologist, and the advice of other educators and researchers. shows how teachers and school leaders have overcome common hurdles that those in conventional schools might encounter. provides research and practical examples from real-life classrooms that will inspire teachers, teaching assistants and school leaders. Written by a highly experienced educational psychologist, this companion guide will help teachers, head teachers, teacher educators and student teachers to transform achievement, behaviour and motivation through greater collaboration with their pupils. It's not about doing more. IT'S ABOUT DOING WHAT MATTERS. As a busy mom with three young kids and a career, #1 national bestselling author Christy Wright knows what it's like to try to do it all and be stretched too thin. After years of running on empty, she realized she had to do something different. It wasn't just a matter of saying no to a few things. She had to understand why she felt overwhelmed, overcommitted, and out of balance. Here's what she discovered: balance isn't something you do. It's something you feel. The great news is you can feel it — even in your busy life. In Take Back Your Time, Christy redefines what balance is and shows you the clear path to actually achieve it. You'll learn how to: Identify what balance looks like for your unique situation and season. Find confidence in the choices that are right for you. Feel present even during chaotic times. Learn how to be present for your life and actually enjoy it! You weren't created to live busy and burnt out, unhappy and unfulfilled. You shouldn't be held back by some elusive idea of balancing it all. There's more for you right now. Today. And it starts with taking back your time the guilt-free way.

It's Your Time and Become a Better You Boxed Set

It's Your Time to Bloom

It's My Time to Live

Now Is Your Time

It's Time to Talk (and Listen)

## Girlfriend, It's Your Time!

Conversations about controversial topics can be difficult, painful, and emotionally charged. This user-friendly guide will help you engage in effective, compassionate discussions with family, friends, colleagues, and even strangers about race, immigration, gender, marriage equality, sexism, marginalization, and more. We talk every day—and we often do it without thinking. But, as you well know, there are some things that are harder to talk about—especially issues pertaining to politics, culture, lifestyle, and diversity. If you've ever struggled in a conversation about a “controversial” topic with a loved one, work colleague, or even a stranger, you know exactly how uncomfortable and heated the discussion can become. And even if you are one of the lucky few that expresses themselves eloquently, how do you move beyond mere “lip service” and turn words into actionable change? This groundbreaking book will show you how to get to that important next level in difficult conversations, to talk in an authentic and straightforward way about culture and diversity, and to speak from the heart with tools from the head. Using a simple eight-step approach, you'll learn communication strategies that are supported by research and have been practiced in classrooms, work meetings, therapy sessions, and more. We constantly hear about friends and colleagues whose family members are not speaking to each other because of different political opinions, who've exchanged words that have mutually offended one another. If silence is one end of the continuum and verbal conflict anchors the other, how do we reach a middle ground? How do we take part in the “in between” spaces where both parties can speak and listen? With this book as your guide, you'll learn to navigate these difficult conversations, and take what you've learned beyond the conversation and out into the world—whether it's through politics, social justice movements, or simply expanding the minds of those around you.

Death has a way of bringing into sharp focus the more important things in life. This is the lesson that D'vora Power learned in December 2013 after a near-death experience from a lingering pneumonia. D'vora had the world by the tail. She was strong and working hard to make her dreams come true. One of those dreams was an all-expense paid cruise to Belize, Honduras, and Cozumel. Several weeks prior to leaving, she experienced flu-like symptoms, but she dragged herself out of bed and boarded the boat anyway. That decision nearly killed her. This is D'vora's story of illness, healing, the loving touch of the Father's hand, the heavenly bodyguards surrounding her, and most importantly, those lessons learned as she peeked beyond the veil. Now is the only time that we have. Tomorrow is never promised to us. We must make the most of what God has blessed us with today, now! We must embrace our dreams, discover our purpose in life, and then pursue those dreams passionately. There's no time like the present. Now Is YOUR Time!

According to retirement expert Donna McCaw, successful retirees approach their retirement the way an experienced outdoors person approaches a canoe trip, by over-preparing and then going with the flow. Like a canoe trip, retirement can be both safe and exciting, and retirement expert Donna McCaw shows readers how in this practical and entertaining book, now fully revised and updated. It's Your Time focuses on retirement advice for Canadians, but its principles are applicable to retirees anywhere. McCaw shows how you can plan the retirement that fits you — how you can enter this fulfilling time of your life with confidence and flexibility, prepared for some pleasant surprises. It's Your Time gives you a heads-up in the areas of: **GETTING STARTED** — The emotional issues you need to consider before you make the leap into retirement **FINANCES** — The importance of knowing the financial facts about retirement, including your current worth and your cash flow now and during the stages of retirement

HEALTH AND WELLNESS — The top health issues affecting women and men and how to prevent or manage them; understanding the aging process; the financial considerations of health care LIFESTYLE — Passive vs. active leisure and the value of volunteering RELATIONSHIPS — The importance of keeping in touch with family and friends and understanding the next steps for your relationships TRANSITIONS — Considerations for managing the first year of retirement; how some retirees "revocate, relocate, and regenerate"; the secrets of the successfully retired The author concludes her one-stop guide with a section of resources to help you plan for what is truly your time, your retirement years. Donna McCaw (B.A., M.Ed.) retired at age fifty-four after a career in education and counseling at high schools and colleges and with Adult Education programs. She is a speaker and workshop presenter on Retirement Readiness, Retirement Planning for Women, and other topics. Her writing and presentations are straightforward, down to earth, and accessible as well as spirited and fun. Donna lives in Elora, Ontario. It's so easy in today's world to let our spiritual shine grow dim. The cares of life can make us feel tired and tarnished. But God has provided a way to us to be refreshed and renewed so we can shine brightly for him.

Speak to Me Collection

It's Your Time, Use it Or Lose it

It's Your Time to Soar

Take Back Your Time

An Easy & Proven Way to Build Good Habits & Break Bad Ones

Activate Your Faith, Achieve Your Dreams, and Increase in God's Favor

Shawn Mendes is a 16-year-old Canadian singer who gained a following starting on Vine. And he may have gotten his start as an online celebrity, but now he's a bona fide pop sensation! He first album, Handwritten, is already at the top of the charts in both the US and Canada. He's won the Teen Choice Award for "Choice Web Star: Music," and he's the opening act for Taylor Swift's 1989 World Tour. Shawn has millions of followers, on- and off-line, and he's making new fans every day. Learn all about this up-and-coming star in this book full of color photos and fun facts!

The #1 New York Times bestselling author of Think Better, Live Better and Fresh Start shows you how to fortify your faith, look for God's favor, and give up control to Him so you can live your best life ever with these inspirational daily readings from his classic bestseller It's Your Time. Turn every day into an opportunity for a better life with pastor and bestselling author Joel Osteen's messages of hope and faith. With thought-provoking anecdotes, words of encouragement, and inspiring scripture, this 90-day devotional gives you new and exciting ways to incorporate the teachings of It's Your Time into your life. Focusing on encouraging themes including belief, favor, restoration, and trust these messages of strength will help you rise above

any circumstances so that you can fulfill God's best plan for you. God does not want you to merely survive challenging times, He wants you to thrive. When you give your life over to Him, God will send opportunities your way so you can soar to new heights of fulfillment. Discover all this and more in this remarkable devotional. After all, it's your time.

Live the life you want, not the life you settle for. Helping people build healthy new habits that improve their lives is more important than ever. Arianna Huffington launched Thrive Global to do just that--Thrive's specific mission is to end the epidemic of stress and burnout and help individuals and companies unlock their greatest potential. Science continues to show that we don't have to sacrifice our well-being in order to succeed; in fact, it turns out that well-being is critical to peak performance. Learning to thrive means: Moving from awareness to action - from knowing what to do to actually doing it Embracing solutions that appeal to wisdom, wonder, intuition, reflection, and are steeped in science Taking the time to rest and recover in order to fuel and maximize productivity, both personal and professional Making the mindset shifts and habit changes that supercharge performance in ways that truly matter to us Eschewing trendy self-care fixes or the latest health fads, Your Time to Thrive is the revolutionary guide to living and working based on Microsteps--tiny, science-backed changes. By making them too-small-to fail, we can incorporate them into our daily lives right away, and begin building healthier ways of living and working. This book is a Microstep bible. With chapters dedicated to sleep, nutrition, movement, focus and prioritization, communication and relationships, unplugging and recharging, creativity and inspiration, and purpose/meaning, Your Time to Thrive shares practical, usable, research-supported mini-habits that will yield huge benefits and empower people to truly thrive in all parts of their lives.

Atomic Habits

It's My Time to Fly: The Story of Caterpillar Number Five

It's Time to Sleep, My Love