

Jnc 8 Guidelines Quick Reference

Chronic Kidney Disease and Hypertension Springer
Arterial hypertension, coronary heart disease and heart failure are the commonest cardiovascular conditions to present in clinical practice. Over the past few years it has become increasingly clear that they are closely and causally interrelated and that their relationship can have a significant bearing on prognosis. Epidemiological studies

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have shown that arterial hypertension is one of the most important risk factors for developing heart failure. Only one in four patients with hypertension is adequately managed, and in 50% of cases, the hypertension has not been recognised or treated. Patients with pre-existing hypertension who go on to suffer an acute myocardial infarction have usually not previously had typical angina symptoms, the infarct territory is larger, life threatening arrhythmias are commoner and hence in-hospital

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mortality and long-term prognosis are markedly worse. The presence of raised blood pressure in the post-infarct phase doubles the risk of manifest heart failure. The close relationship between hypertension, coronary heart disease and heart failure makes the choice of therapeutic strategy particularly important. Agents and classes of agents that have prognostic value in all three conditions should be considered first, as synergy might result in additional

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benefits. In such patients, this sort of therapeutic decision-making might have further advantages. The use of these agents may prevent complications which are not yet clinically obvious (such as heart failure). This is a concise, easy-to-read prescribing reference for advanced health care providers involved in the primary care management of patients with acute, episodic, and chronic health problems. Organized alphabetically by clinical diagnosis for quick access in all clinical settings,

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the guide encompasses CDC- and FDA-approved pharmacotherapy regimens for more than 500 clinical diagnoses along with clinically useful information. Another important feature is the inclusion of Comments highlighting such clinically important information as laboratory values, precautions and contraindications, and safety information. Each diagnosis includes appropriate drug choices listed alphabetically by generic name with trade name, FDA pregnancy

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category, drug availability in generic or over-the-counter forms, adult and pediatric dosing regimens, dosage forms, drug additives, and more. Thirty easy-to-use tables in the appendices include childhood and adult immunization schedules, contraceptive guidance, categories of glucocorticosteroids, anti-infectives by class, and more. An index of drugs by generic and brand name, with FDA pregnancy category and controlled drug schedule, facilitates quick identification of

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drugs by alternate names, and relative safety during pregnancy. KEY FEATURES: Includes free ebook and electronic updates with registration. Facilitates speedy drug prescribing information retrieval for primary care providers in all settings Organizes over 500 diagnoses alphabetically for ease of use Highlights clinically important information such as lab values to monitor, contraindications, and safety information Includes an appendix of 30 tables for quick access to FDA pregnancy categories,

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*the U.S. Schedule of
Controlled Substances,
childhood and adult
immunization schedules,
and more Provides
generic/trade name index
Includes 25 new diagnoses
and digital updates as
needed! The only
prescribing guide
conveniently organized by
clinical diagnoses for
adult and pediatric
patients, this concise
resource is an unrivaled
reference tool for
advanced health care
providers (AHCPs) and
students in all clinical
practice settings who need*

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guidance on prescribing drugs for patients with acute, episodic, and chronic health problems. Newly updated for 2022 with the most recent drug information and clinical guidance, this revised edition contains 25 new diagnoses including 15 additional cancer diagnoses and the novel Coronavirus (COVID-19). The APRN and PA's Complete Guide to Prescribing Drug Therapy 2022 intersperses clinically useful information throughout, such as monitored laboratory values, patient

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teaching points, and safety information.

Section I alphabetically presents pharmacotherapy regimens for more than 600 clinical diagnoses. Each diagnosis contains drug choices alphabetically by generic name, FDA pregnancy category, OTC availability, generic availability, adult and pediatric dosing regimens, brand/trade names, available dose forms, and additive information.

Section II uses a convenient table format to convey pediatric and adult immunization schedules,

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contraceptives, pediatric dosing tables for liquid anti infectives, and much more. An alphabetical cross reference index of drugs by generic and brand/trade names, with FDA pregnancy category and controlled drug schedule, facilitates quick identification of drugs by alternate names and relative safety during pregnancy. Key Features: Uniquely organized by clinical diagnosis! Addresses drug treatment options for over 600 specific diagnoses Guides the AHCP through drug

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*classes, categories, and
brand/trade names for
primary care health issues*

Contains over 30

*Appendices with quick
access to drugs by*

*category (e.g.,
antineoplastics,
anticonvulsants), child
and adult immunization
schedules, contraceptives
by form,*

*glucocorticosteroids by
potency, and much more!*

*Index provides cross
referencing of drugs by
generic and brand/trade
names Includes eBook and
regular updates with
purchase of print guide*

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*The APRN's Complete Guide
to Prescribing Drug
Therapy*

*The APRN's Complete Guide
to Prescribing Drug
Therapy 2017*

*Dietary Reference Intakes
for Water, Potassium,
Sodium, Chloride, and
Sulfate*

Kaplan Naplex Prep 2018

The Practical Guide

*Adult-Gerontology Nurse
Practitioner Certification
Intensive Review, Third
Edition*

Doody Rating : 3 stars : Cardiac
drugs resource endows with the
latest advances in cardiovascular
pharmacology. Written by

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experts in cardiology from world renowned institutes, equipped with global view, signifying the best possible combination of clinical and research expertise in cardiovascular pharmacology. This is a comprehensive drug resource which provides up-to-date information on one of the most rapidly changing areas of medicine. Easy to follow, providing practical advice on how to manage cardiac diseases with a focus on hands-on therapeutic guidance for the clinicians. Text talks abo.

Hypertension is a condition which affects millions of people worldwide and its

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treatment greatly reduces the risk of strokes and heart attacks. This fully revised and updated edition of the ABC of Hypertension is an established guide providing all the non-specialist needs to know about the measurement of blood pressure and the investigation and management of hypertensive patients. This new edition provides comprehensively updated and revised information on how and whom to treat. The ABC of Hypertension will prove invaluable to general practitioners who may be screening large numbers of patients

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for hypertension, as well as nurse practitioners, midwives and other healthcare professionals. The treatment of hypertension has become the most important intervention in the management of all forms of chronic kidney disease. Chronic Kidney Disease and Hypertension is a current, concise, and practical guide to the identification, treatment and management of hypertension in patients with chronic kidney disease. In depth chapters discuss many relevant clinical questions and the future of treatment through medications and or novel new devices. Written by expert authors,

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Chronic Kidney Disease and Hypertension provides an up-to-date perspective on management and treatment and how it may re-shape practice approaches tomorrow.

This is a concise, easy-to-read prescribing reference for advanced health care providers involved in the primary care management of patients with acute, episodic, and chronic health problems. Organized alphabetically by clinical diagnosis for quick access in all clinical settings, the guide encompasses CDC and FDA approved pharmacotherapy regimens for more than 500

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clinical diagnoses along with clinically useful information in convenient quick-access format. Another outstanding feature is the inclusion of pointers throughout the guide highlighting such clinically important information as laboratory values to be monitored, precautions and contraindications, patient teaching points, pediatric usage and dosages, and safety information. Each diagnosis includes appropriate drug choices listed alphabetically by generic name and Trade name, FDA pregnancy category, drug availability in generic or over-the-counter forms, adult and

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pediatric dosing regimens, brand names, dosage forms, drug additives, and more. Thirty easy-to-use tables in the appendices include FDA pregnancy categories, U.S. Schedule of Controlled Substances, Childhood and Adult Immunization Schedules, Contraceptive Guidance, categories of Glucocorticosteroids, Anti-infectives by class, and more. An alphabetical cross-reference index of drugs by generic and brand name, with FDA pregnancy category and controlled drug schedule, facilitates quick identification of

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drugs by alternate names, and relative safety during pregnancy. Key Features: Facilitates speedy drug information retrieval for primary care providers in all settings Organizes over 300 diagnoses alphabetically by alternate names for ease of use Highlights clinically important information such as lab values to monitor, patient education points, and safety information Includes Appendix of 30 tables for quick access to key drug classifications, FDA pregnancy categories, Schedule of Controlled Substances, Childhood and Adult Immunization Schedules, etc.

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Provides generic/Trade name
cross reference reference

Online + Book

Dental Management of the
Medically Compromised Patient
Dengue

The APRN and PA's Complete
Guide to Prescribing Drug
Therapy 2022

The APRN's Complete Guide to
Prescribing Pediatric Drug
Therapy

**Despite efforts over the
past several decades to
reduce sodium intake in
the United States,
adults still consume an
average of 3,400 mg of
sodium every day. A**

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number of scientific bodies and professional health organizations, including the American Heart Association, the American Medical Association, and the American Public Health Association, support reducing dietary sodium intake. These organizations support a common goal to reduce daily sodium intake to less than 2,300 milligrams and further reduce intake to 1,500 mg among persons who are 51 years of age and

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older and those of any age who are African-American or have hypertension, diabetes, or chronic kidney disease. A substantial body of evidence supports these efforts to reduce sodium intake. This evidence links excessive dietary sodium to high blood pressure, a surrogate marker for cardiovascular disease (CVD), stroke, and cardiac-related mortality. However, concerns have been raised that a low sodium

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intake may adversely affect certain risk factors, including blood lipids and insulin resistance, and thus potentially increase risk of heart disease and stroke. In fact, several recent reports have challenged sodium reduction in the population as a strategy to reduce this risk. Sodium Intake in Populations recognizes the limitations of the available evidence, and explains that there is no consistent evidence

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to support an association between sodium intake and either a beneficial or adverse effect on most direct health outcomes other than some CVD outcomes (including stroke and CVD mortality) and all-cause mortality. Some evidence suggested that decreasing sodium intake could possibly reduce the risk of gastric cancer. However, the evidence was too limited to conclude the converse—that higher sodium intake could possibly

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increase the risk of gastric cancer. Interpreting these findings was particularly challenging because most studies were conducted outside the United States in populations consuming much higher levels of sodium than those consumed in this country. Sodium Intake in Populations is a summary of the findings and conclusions on evidence for associations between sodium intake and risk

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of CVD-related events and mortality. A quick-access guide to current drug recommendations with regular digital updates! Organized for speedy retrieval of vital information, this prescribing reference is designed for PAs and other advanced healthcare providers in all clinical practice settings. Available in print with ebook and regular digital updates, it guides practitioners involved in the primary

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care management of patients with acute, episodic, and chronic health problems in selecting appropriate pharmacology options and treatment regimens for over 500 diagnoses. Concise and easy to use, it is the only such resource organized by diagnosis, delivering drug choices alphabetically by generic name, with FDA pregnancy category, generic/over-the-counter forms, adult/pediatric dosing regimens, brand

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names, available dose forms, and additives. A helpful feature is the Comments interspersed throughout, offering such clinically useful information as laboratory values to monitor, patient teaching points, and safety information. Thirty appendices present information in table format, and an alphabetical cross-referenced index of drugs by generic and brand names, with FDA pregnancy category and

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controlled drug
schedule, facilitates
quick identification of
drugs by alternate names
and safety during
pregnancy. KEY FEATURES:
Presents information in
concise format for
speedy drug information
retrieval Organized by
diagnosis in a
consistent format that
lists drug choices
alphabetically by
generic name, FDA
pregnancy category,
availability of generic
and trade name,
adult/pediatric dosing,

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dose forms, and more
Highlights clinically
important information
such as lab values to be
monitored, patient
education points, and
safety information
Offers 30 tables
providing ready access
to key drug
classifications, FDA
pregnancy categories,
Schedule of Controlled
Substances, and many
others Presents brand-
generic cross reference
Includes free ebook and
regular updates with
purchase

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**Named a 2013 Doody's
Core Title! "This is a
wonderful book for both
novice and experienced
physician assistants and
nurse practitioners.
This latest edition will
see frequent use in your
daily practice."Score:
100, 5 stars--Doody's
Medical Reviews "This
textbook provides
comprehensive coverage
of primary care
disorders in an easy-to-
read format and contains
invaluable step-by-step
instructions for
evaluating and managing**

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primary care patients. .
. [It] belongs in every
NP and PA's reference
library. I highly
recommend this wonderful
textbook." Maria T.
Leik, MSN, FNP-BC, ANP-
BC, GNP-BC President,
National ARNP Services,
Inc. "Family Practice
Guidelines is an
excellent resource for
the busy clinician. It
offers succinct,
comprehensive
information in an easy
format that is
particularly useful for
quick reference. This

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text is useful for general practice settings as well as specialty care." Anne Moore, APN; WHNP/ANP-BC; FAANP Vanderbilt University The second edition of Family Practice Guidelines is a comprehensive resource for clinicians, presenting current national standard of care guidelines for practice, in addition to select 2011 guidelines. This clinical reference features detailed physical examination and

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diagnostic testing, information on health promotion, guidelines of care, dietary information, national resources for patient use, and patient education handouts all in one resource. This revised edition features guidelines for 246 disorders, each containing clearly outlined considerations for pediatric, pregnant, and geriatric patients. It also presents 18 procedures commonly performed in the

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clinical setting, including bedside cystometry, hernia reduction, neurological examination, and more. Patient Teaching Guides are also provided, and are designed to be given directly to patients as take home teaching supplements. Additionally, the book contains four appendices with guidelines on normal lab values, procedures, sexual maturity stages, and teeth. New to this Edition: Select 2011

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guidelines Over 17 new protocols including: ADD/ADHD, Menopause, Migraine, Chronic Kidney Disease in Adults, Obesity/Gastric Bypass, and more Completely updated Patient Teaching Guides, including a new entry on Anticoagulation Therapy for Patients with AFib, to tear out and send home with patients Addition of consultation and referral recommendations New chapter presenting Pain Management Guidelines for acute and

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**chronic pain Completely
updated national
treatment guidelines
The third edition of
Hypertension: A
Companion to Braunwald's
Heart Disease, by Drs.
George L. Bakris and
Matthew Sorrentino,
focuses on every aspect
of managing and treating
patients who suffer from
hypertensive disorders.
Designed for
cardiologists,
endocrinologists and
nephrologists alike,
this expansive, in-depth
review boasts expert**

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guidance from contributors worldwide, keeping you abreast of the latest developments from basic science to clinical trials and guidelines. Features expert guidance from worldwide contributors in cardiology, endocrinology, neurology and nephrology. Covers behavior management as an integral part of treatment plans for hypertensives and pre-hypertensives. Covers new developments in epidemiology,

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pathophysiology, immunology, clinical findings, laboratory testing, invasive and non-invasive testing, risk stratification, clinical decision-making, prognosis, and management. Includes chapters on hot topics such as hypertension as an immune disease; sleep disorders including sleep apnea, a major cause of hypertension; a novel chapter on environmental pollution and its contribution to endothelial dysfunction,

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and more! Equips you with the most recent guidelines from the major societies. Updates sourced from the main Braunwald's Heart Disease text. Highlights new combination drug therapies and the management of chronic complications of hypertension.

**Family Practice
Guidelines**

**The PA's Complete Guide
to Prescribing Drug
Therapy 2018**

**Primary Care E-Book
The Dentist's Quick**

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Guide to Medical Conditions Dash Eating Plan Quick Reference to Cardiovascular Pharmacotherapy

Dietary Reference Intakes for Water, Potassium, Sodium, Chloride, and Sulfate The Dietary Reference Intakes (DRIs) are quantitative estimates of nutrient intakes to be used for planning and assessing diets for healthy people. This new report, the sixth in a series of reports presenting dietary reference values for the intakes of nutrients by Americans and Canadians, establishes nutrient recommendations on water, potassium, and salt for health maintenance and the reduction of

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chronic disease risk. Dietary Reference Intakes for Water, Potassium, Sodium, Chloride, and Sulfate discusses in detail the role of water, potassium, salt, chloride, and sulfate in human physiology and health. The major findings in this book include the establishment of Adequate Intakes for total water (drinking water, beverages, and food), potassium, sodium, and chloride and the establishment of Tolerable Upper Intake levels for sodium and chloride. The book makes research recommendations for information needed to advance the understanding of human requirements for water and electrolytes, as well as adverse effects associated with the intake of excessive amounts of water, sodium, chloride, potassium, and sulfate. This

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book will be an invaluable reference for nutritionists, nutrition researchers, and food manufacturers.

Is an up-to-date, concise, factual reference describing the dental management of patients with selected medical problems. The book offers the dental provider an understanding of how to ascertain the severity and stability of common medical disorders, and make dental management decisions that afford the patient the utmost health and safety. Medical problems are organized to provide a brief overview of the basic disease process, the incidence and prevalence of the disease, pathophysiology, signs and symptoms, laboratory findings, currently accepted medical therapy of each problem, and a detailed

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explanation and recommendations for specific dental management. The accumulation of evidence-based research over the last few years has allowed the authors to include more specific dental management guidelines in the sixth edition. Hypertension remains a leading cause of disability and death worldwide. Self-monitoring of blood pressure by patients at home is currently recommended as a valuable tool for the diagnosis and management of hypertension. Unfortunately, in clinical practice, home blood pressure monitoring is often inadequately implemented, mostly due to the use of inaccurate devices and inappropriate methodologies. Thus, the potential of the method to improve the management of hypertension and

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cardiovascular disease prevention has not yet been exhausted. This volume presents the available evidence on home blood pressure monitoring, discusses its strengths and limitations, and presents strategies for its optimal implementation in clinical practice. Written by distinguished international experts, it offers a complete source of information and guide for practitioners and researchers dealing with the management of hypertension. Includes more than 30 new diagnoses and eBook with digital updates as needed! Updated to deliver the most current standards, this is a unique prescribing reference for APRN students and advanced health care providers in all practice settings who need guidance on

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prescribing drugs for patients with acute, episodic, and chronic health problems. Concise, easy to read, and updated throughout, the resource delivers pharmacotherapy regimens for more than 600 diagnoses—including over 30 that are new. The print format includes an eBook with digital updates to assure immediate access to essential information. Listed alphabetically by diagnosis, pharmacotherapy regimens include, for each diagnosis, drug choices listed by generic name, FDA pregnancy category, generic/over-the-counter availability, adult/pediatric dosing regimens, brand names, forms of dosage, and additives. Clinically useful information such as laboratory values to be monitored, patient teaching points, and safety

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information is interspersed throughout each diagnosis. Additional quick-access features include information presented in convenient table format and an alphabetical cross-reference index of drugs by generic and brand name, with FDA pregnancy category and controlled drug schedule (I, II, III, IV, V). Key Features: Includes 31 new diagnoses totaling over 600 organized alphabetically Serves as a quick-access prescribing reference for APRN and PA students and health care providers in all primary care settings Presents drug information in condensed and summary form for ease of use Within each diagnosis, drug choices are listed alphabetically by generic /trade name, FDA pregnancy category, adult/pediatric dosing, dose forms, and additives

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Delivers guidance on lab values to be monitored, patient education points, and safety information Includes 30 Appendices with ready access to key drug classifications, FDA Pregnancy Categories, US Schedule of Controlled Substances, Immunization Schedules, Contraceptive Guidance, categories Anti-Infectives, and more! Offers brand/generic cross-reference
A Collaborative Practice
Cardiac Drugs
Guidelines for the Diagnosis and Management of Asthma : Update on Selected Topics, 2002
Diabetes and Hypertension
ABC of Hypertension
Sodium Intake in Populations
A compendium of prescribing information for more than 450 diagnoses! Organized alphabetically by diagnosis for

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speedy access to essential information, this point-of-care prescribing resource is designed for advanced health care providers in all settings involved in the primary care management of newborns through adolescents. Encompasses pharmacotherapy regimens for more than 450 clinical diagnoses. To ensure continual access to up-to-date information, the purchase of the print format includes a free ebook updated three times a year. Key clinical information, including lab values to monitor, patient teaching points, and safety information for parents and caregivers, is highlighted throughout. For each diagnosis, appropriate drug choices are listed alphabetically

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by generic name, with updated info on FDA pregnancy categories, generic and over-the-counter availability, pediatric dosing regimens, brand names, dose forms, contraindications, and more. Additionally, the book includes a cross-reference index of drugs by generic and brand names. Information delivered in convenient table format includes 35 appendices for quick access to drug information, measurement conversions, childhood immunization records, and dosing by weight. KEY FEATURES: Organized by more than 450 clinical diagnoses with drug regimens for each Includes pediatric dosage and available forms Highlights lab values to monitor, patient education

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***points, and safety information
Index cross-references generic
and trade names Offers
information in convenient table
format including childhood
immunization schedule and more
Provides appendix of tables for
quick access to drug
classifications***

***Note to Readers: Publisher does
not guarantee quality or access
to any included digital
components if book is purchased
through a third-party seller.***

***Includes 6 months' free
ExamPrepConnect Digital Access
with print purchase! Doody's
Medical Review: 100 Points; 5
Stars (First Edition) The third
edition of this highly acclaimed
review continues to promote
efficient, time-saving study by***

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synthesizing the complex knowledge needed to pass the exam into a concise, well-organized format. It is updated with key information about the new ANCC and AANPCB certification exams, including new test-format questions featuring photos of skin and eye conditions and EKGs, and more challenging drag and-drop and multiple-choice questions. Also new to the third edition is more detailed information about nonclinical topics on the exam, including research, ethics, medico-legal issues, advanced practice law, health practices of various cultures, and reimbursement guidelines. One hundred new review questions throughout the book and on the

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practice exam—including answer key and rationale—increase the total number of questions to more than 700. Designed to help FNP students boost their confidence through intensive review and high-quality questions, the third edition features succinct, precisely targeted “need-to-know” details of diseases commonly seen in primary care. It covers the entire life span from pediatrics through geriatrics, and offers extensive test-taking techniques and question dissection and analysis sections that provide strategies for identifying the best clues during the problem-solving process. Organized by body system, sections are consistently formatted and encompass

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Danger Signals, Normal Findings, Lab Findings, Benign Variants, and individual Disease Review topics for each system.

Additional outstanding features include Exam Tips and Clinical Pearls that help to focus system study on key information. NEW TO THE THIRD EDITION Updated information reflecting the new FNP certification exam New test-format questions used by the ANCC, including photos of skin and eye conditions, EKGs, and more complex drag-and-drop and multiple-choice questions 100 new in-depth review questions for a total of more than 700 Differential Diagnosis tables Additional information about nonclinical topics, including culture, spirituality, and health

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practices; evidence-based medicine; and more KEY FEATURES Provides a succinct, precisely targeted review of diseases commonly seen in primary care Delineates strategic “question-dissection techniques” for study success Includes Exam Tips and Clinical Pearls to help prioritize and interpret test content Outlines Normal Findings and Benign Variants in physical assessment of each body system Offers intensive pharmacology review Content available digitally via ExamPrepConnect for study on the go ExamPrepConnect Features: All the high-quality content from the book Personalized study plan based on exam date 700+ questions and answers with rationales—study

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by topic to identify your strengths and weaknesses
Lessons and flashcards on key information and abbreviations
Discussion board to connect with FNP exam-prep community
Games to make studying fun See access details inside book.
The only pediatric prescribing guide organized by diagnosis for ease of use
This prescribing guide, organized uniquely by diagnosis, facilitates speedy drug information retrieval for advanced health care providers in all settings involved in the primary care management of newborns through adolescents.
Delivered in a concise, easy-to-read format, the guide encompasses pharmacotherapy regimens for more than 450

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clinical diagnoses and includes cross-referenced generic and trade names for ease of use. Key clinical information, including lab values to monitor, patient education points, and safety information for parents and caregivers is highlighted throughout. This point-of-care dosing resource helps practitioners to quickly locate appropriate drug treatment choices, generic vs. brand names, dosing information, length of treatment, dose forms (liquid, capsule, scored pill), pregnancy category, pediatric dosing recommendations by age groups, precautions and contraindications, and special patient-specific considerations. The book also presents important

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reference information in convenient table format, featuring an appendix of 35 tables for quick access to key drug classifications, FDA pregnancy categories, Schedule of Controlled Substances, Childhood Immunization Schedules, measurement conversions, pediatric dosing by weight, and much more. Key Features: Facilitates speedy drug information retrieval for primary care providers in all settings Organizes over 450 diagnoses alphabetically and cross-references generic and trade drug names Delineates pediatric dosages by age group and available dosage forms Highlights lab values to monitor, patient education points, and

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safety information Includes an appendix of 35 tables for quick access to drug classifications, FDA pregnancy categories, schedule of controlled substances, and much more Provides generic/trade name index Includes a free e-book and quarterly electronic updates With increasing numbers of dental patients being elderly or having medical conditions, it is important for the dentist to understand how these conditions may impact dental treatment. The Dentist's Quick Guide to Medical Conditions presents the relevant information dentists need—symptoms, diagnostic tests, medications prescribed, and dental management—for each disease and condition.

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Chapters will focus on each major bodily system, including respiratory, cardiovascular, hematologic, endocrine, gastrointestinal, immune, nervous, reproductive, and urinary, as well as chapters on the liver, kidneys, skin, and psychological conditions.

Appendices list guidelines for antibiotic prophylaxis, additional conditions requiring antibiotics, and a quick list of diagnostic tests.

**Hypertension in the Elderly
The APRN and PA's Complete
Guide to Prescribing Drug
Therapy 2020**

**From Hypertension to Heart
Failure**

**Expert Panel Report
Endocrine Hypertension**

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NAPLEX 2016 Strategies, Practice, and Review with 2 Practice Tests

This book by the National Institutes of Health (Publication 06-4082) and the National Heart, Lung, and Blood Institute provides information and effective ways to work with your diet because what you choose to eat affects your chances of developing high blood pressure, or hypertension (the medical term). Recent studies show that blood pressure can be lowered by following the Dietary Approaches to Stop Hypertension (DASH) eating plan-and by eating less salt, also called sodium. While each step alone lowers blood pressure, the combination of the eating plan and a reduced sodium intake gives the biggest benefit and may help

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prevent the development of high blood pressure. This book, based on the DASH research findings, tells how to follow the DASH eating plan and reduce the amount of sodium you consume. It offers tips on how to start and stay on the eating plan, as well as a week of menus and some recipes. The menus and recipes are given for two levels of daily sodium consumption-2,300 and 1,500 milligrams per day. Twenty-three hundred milligrams is the highest level considered acceptable by the National High Blood Pressure Education Program. It is also the highest amount recommended for healthy Americans by the 2005 "U.S. Dietary Guidelines for Americans." The 1,500 milligram level can lower blood pressure further

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and more recently is the amount recommended by the Institute of Medicine as an adequate intake level and one that most people should try to achieve. The lower your salt intake is, the lower your blood pressure. Studies have found that the DASH menus containing 2,300 milligrams of sodium can lower blood pressure and that an even lower level of sodium, 1,500 milligrams, can further reduce blood pressure. All the menus are lower in sodium than what adults in the United States currently eat-about 4,200 milligrams per day in men and 3,300 milligrams per day in women. Those with high blood pressure and prehypertension may benefit especially from following the DASH eating plan and reducing their sodium intake.

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Hypertension is one of the leading causes of death in the United States, affecting nearly one in three Americans. It is prevalent in adults and endemic in the older adult population. Hypertension is a major contributor to cardiovascular morbidity and disability. Although there is a simple test to diagnose hypertension and relatively inexpensive drugs to treat it, the disease is often undiagnosed and uncontrolled. A Population-Based Policy and Systems Change Approach to the Prevention and Control of Hypertension identifies a small set of high-priority areas in which public health officials can focus their efforts to accelerate progress in hypertension reduction and control. It offers several recommendations that embody a

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population-based approach grounded in the principles of measurement, system change, and accountability. The recommendations are designed to shift current hypertension reduction strategies from an individual-based approach to a population-based approach. They are also designed to improve the quality of care provided to individuals with hypertension and to strengthen the Center for Disease Control and Prevention's leadership in seeking a reduction in the sodium intake in the American diet to meet dietary guidelines. The book is an important resource for federal public health officials and organizations, especially the Center for Disease Control and Prevention, as well as medical professionals and community

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health workers.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Developed by nurses for nurses, this updated 11th Edition of Roach's Introductory Clinical Pharmacology not only helps students learn about drugs and their effect on real people, but also models how to relay this information to patients. Known for its impeccably accurate drug content, this bestseller focuses on basic principles and the nurse's responsibility in medication management. The book's easy-to-understand writing style combines with empowering online resources to help

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students hone their critical thinking and problem-solving skills as they master one of the most challenging content areas in the curriculum. This publication is intended to contribute to prevention and control of the morbidity and mortality associated with dengue and to serve as an authoritative reference source for health workers and researchers. These guidelines are not intended to replace national guidelines but to assist in the development of national or regional guidelines. They are expected to remain valid for five years (until 2014), although developments in research could change their validity.--Publisher's description

The APRN's Complete Guide to Prescribing Pediatric Drug Therapy

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2019

Second Edition

*Clinical Practice Guidelines For
Chronic Kidney Disease*

*Everything You Need to Know to Have
the Career of Your Dreams—On Your
Terms*

*Hypertension: A Companion to
Braunwald's Heart Disease E-Book
Report of the Joint National Committee
on Detection, Evaluation, and
Treatment of High Blood Pressure*

**A comprehensive review of all
aspects of hypertension in the elderly
using the most current clinical data.
Topics range from basic concepts,
epidemiology and trials, and
evaluation and management, to
pharmacologic treatment, special
populations, and adherence, all**

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presented with an emphasis on the optimal management of patients. The authors examine in detail the mechanisms of hypertension in the elderly, the lifestyle trials and outcomes trials that were conducted in older persons, as well as the problems of clinical evaluation, secondary hypertension, adherence, and target organ damage. Extensive discussions of pharmacologic therapy detail the role of all the major drug classes.

Winner, Third Place, AJN Book of the Year Awards 2014, Advanced Practice Nursing Both editors have done a wonderful job in building upon the previous versions of this book to create an exceptionally comprehensive resource...

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Healthcare continues to evolve at an extremely fast pace and it is with excellent resources like this that primary care providers can continue to provide quality care." Score: 100, 5 stars--Doody's Medical Reviews

Praise for the Second Edition: "This textbook provides comprehensive coverage of primary care disorders in an easy-to-read format and contains invaluable step-by-step instructions for evaluating and managing primary care patients. . . [It] belongs in every NP and PA's reference library. I highly recommend this wonderful textbook." -Maria T. Leik, MSN, FNP-BC, ANP-BC, GNP-BC

President, National ARNP Services, Inc. "Family Practice Guidelines is

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an excellent resource for the busy clinician. It offers succinct, comprehensive information in an easy format that is particularly useful for quick reference. This text is useful for general practice settings as well as specialty care." -Anne Moore, APN; WHNP/ANP-BC; FAANP Vanderbilt University This is a comprehensive family practice resource for primary care clinicians, providing current national practice guidelines for a high-quality standard of care for patients across the life span in outpatient settings. It includes individual care guidelines for adult, child, pregnant, and geriatric patients; health promotion and dietary information; procedure guidelines; national resources; and

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comprehensive patient teaching guides. This third edition includes updated national treatment guidelines throughout, including the most recent cardiology guidelines (JNC 8), seven new protocols, revised procedure guidelines a new chapter on pain management guidelines for patients with opioid addiction, and patient teaching sheets in print and PDF formats. The guide includes 268 disorder guidelines organized by body system, presented in outline format for easy access. Each disorder includes definition, incidence, pathogenesis, predisposing factors, common complaints, signs/symptoms, subjective data, physical exam and diagnostic tests, differential diagnosis, plan of care

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including medications, and follow-up care. Of special note are highlighted "Practice Pointers" containing critical information and "Individual Considerations" at the end of each disorder that provide specialty care points for pediatric, pregnant, and geriatric populations. This resource includes: 151 Patient Teaching Guides 19 Procedure guidelines Routine health maintenance guidelines Appendices covering special diets, normal lab values, and dental issues Kaplan's NAPLEX 2016 Strategies, Practice, and Review with 2 Practice Tests is a step-by-step guide to scoring higher on the North American Pharmacist Licensure Examination. Features: • NEW!

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Chapters on renal disorders, hepatic disorders, transplant immunosuppression, and preventive medicine • NEW! 50 percent more end-of-chapter review questions to assess your content knowledge • 200+ comprehensive tables summarizing must-know drugs at a glance, including the 200 most-prescribed drugs • 2 full-length practice tests • Online practice test that simulates the exam experience and actively tracks your areas of strength and weakness • Robust calculations section, with 30+ practice problems and step-by-step math solutions • Organized, streamlined coverage of each NAPLEX subject area • Suggested study times for each NAPLEX topic

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to help calibrate your study plan
Amazingly, one-third of the
American workforce is
freelance—that’s 42 million people
who have to wrestle with not just
doing the work, but finding the
work, then getting paid for the work,
plus health care, taxes, setting up an
office, marketing, and so on. Now
help is here, and consultants,
independent contractors, the self-
employed, “solopreneurs,” and
everyone else living a freelancer’s
life will never be alone again but
instead can be part of a strong and
vibrant community. Written by the
authority on freelance working, Sara
Horowitz, MacArthur “Genius”
Fellow and founder of the national
Freelancers Union and, most

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recently, the Freelancers Insurance Company, The Freelancer's Bible will help those new to freelancing learn the ropes, and will help those who've been freelancing for a while grow and expand. It's the one-stop, all-encompassing guide to every practical detail and challenge of being a nimble, flexible, and successful freelancer: the three essentials of getting clients and the three most important ways to keep them happy. Five fee-setting strategies. Thirteen tactics for making it through a prolonged dry spell. Setting up a home office vs. renting space. The one-hour contract. A dozen negotiating dos and don'ts. Building and maintaining your reputation.

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Dealing with deadbeats. Health Insurance 101. Record-keeping and taxes. Productivity, including a quiz: “What Is Your Ideal Day?” Building a community. Subcontracting and other strategies for taking your freelancing career to the next level. Retirement plans, plans for saving for education, and how to achieve financial freedom.

The Freelancer's Bible

Family Practice Guidelines, Third Edition

Evaluation and Management

The PA's Complete Guide to Prescribing Drug Therapy 2019

Home Blood Pressure Monitoring

Family Nurse Practitioner

Certification Intensive Review, Third Edition

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A quick-access guide to current drug recommendations with regular digital updates! Written for APRN students and practitioners who prescribe drugs for acute, episodic, and chronic health problems, this unique reference comes with an ebook and regular digital updates. It provides state-of-the-art guidance about appropriate pharmacotherapy options and treatment regimens for over 500 diagnoses in a concise, easy-to-use format. Comments deliver such useful information as laboratory values to monitor, patient teaching points, and safety information. To facilitate access to vital information, the guide presents clinical diagnoses alphabetically. Within each diagnosis, appropriate drug choices are listed by generic name, with FDA pregnancy category, generic or over-the-counter availability, adult/pediatric dosing

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regimens, brand names, dose forms, and information regarding additives. Thirty appendices provide quick access to key drug classifications, FDA Pregnancy Categories, U.S. Schedule of Controlled Substances, Immunization Schedules, and much more. An alphabetical cross-referenced index of drugs by generic and brand names, with FDA pregnancy category and controlled drug schedule, facilitates quick identification of drugs by alternate names and safety during pregnancy. KEY FEATURES: Presents information in concise format for speedy drug information retrieval Organized alphabetically by over 500 diagnoses Lists drug choices by generic name, FDA pregnancy category, availability of generic and trade forms, adult/pediatric dosing, dose forms, and additives Highlights clinically important information (lab values to be monitored,

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patient education points, and safety information) Includes 30 appendix tables for quick access to key drug classifications, FDA pregnancy categories, Schedule of Controlled Substances, and more Provides generic/trade name cross reference Several genetic, biochemical and radiologic discoveries have impacted the management of endocrine hypertension, while surgical procedures have revolutionized treatment of patients with endocrine hypertension. This text contains the proceedings of a 2001 workshop on the topic.

"This is a succinct, pocket-sized prescribing guide that allows speedy drug reference for over 500 clinical diagnoses. It is a must-have book for both seasoned and new physician assistants. Unlike traditional pharmacology text books, the information has been organized

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alphabetically by clinical diagnosis, which allows speedy access of information by the busy clinician in all settings.... I commend the author in creating such a current inventory and for keeping us up to date with the current treatment guidelines." - Gerald Kayingo, PhD, MMSc, PA-C Assistant Clinical Professor and Director of the Physician Assistant Program University of California Davis Medical Center "A clinical 'must' in today's busy practice environment ... brilliantly linking the most common disease entities with a most user friendly and extremely well laid out prescribing guide...." - Keith Lafferty, MD, FAAEM Co-Director, Department of Emergency Medicine, Director of Education, Gulf Coast Medical Center, Fort Myers, Florida This is a concise, easy-to-read prescribing reference for advanced health care providers involved

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in the primary care management of patients with acute, episodic, and chronic health problems. Organized alphabetically by clinical diagnosis for quick access in all clinical settings, the guide encompasses CDC- and FDA-approved pharmacotherapy regimens for more than 500 clinical diagnoses along with clinically useful information in a convenient, quick-access format. Another outstanding feature is the inclusion of Comments throughout the guide highlighting such clinically important information as laboratory values to be monitored, precautions and contraindications, patient teaching points, pediatric usage and dosages, and safety information. Each diagnosis includes appropriate drug choices listed alphabetically by generic name and trade name, FDA pregnancy category, drug availability in generic or over-the-counter

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forms, adult and pediatric dosing regimens, dosage forms, drug additives, and more. Thirty easy-to-use tables in the appendices include FDA pregnancy categories, U.S. Schedule of Controlled Substances, Childhood and Adult Immunization Schedules, Contraceptive Guidance, categories of Glucocorticosteroids, Anti-infectives by class, and more. An alphabetical cross-reference index of drugs by generic and trade name, with FDA pregnancy category and controlled drug schedule, facilitates quick identification of drugs by alternate names and relative safety during pregnancy. Key Features: Facilitates speedy drug information retrieval for primary care providers in all settings Organizes over 500 diagnoses alphabetically by alternate names for ease of use Highlights clinically important information such as lab values

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to monitor, patient education points, and safety information Includes an appendix of 30 tables for quick access to key drug classifications, FDA pregnancy categories, Schedule of Controlled Substances, Childhood and Adult Immunization Schedules, and more Provides generic/trade name cross references Includes free e-book and electronic updates

There's no better preparation for Nurse Practitioners and others in the adult primary care field! Primary Care: Interprofessional Collaborative Practice, 6th Edition provides the concise yet thorough information that you need in today's fast-paced, interprofessional, collaborative environment. With authorship reflecting both academic and clinical expertise, this comprehensive, evidence-based primary care text/reference shows you how to deliver

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effective, truly interdisciplinary health care. It covers every major adult disorder seen in the outpatient office setting and features a unique interprofessional collaborative approach with referral/consultation highlights and more. New to this edition is an increased emphasis on rationales for recommendations, pharmacotherapeutics and drug decision-making, and diagnostic direction providing guidance in management, prescribing medications, and ordering diagnostic tests. Comprehensive, evidence-based, accurate, and current content focused on the needs of adult primary care providers. UNIQUE! Interprofessional collaborative approach with referral/consultation highlights. UNIQUE! Initial Diagnostics boxes provide quick reference to key decision-making content. NEW and UPDATED!

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Increased emphasis on rationales for treatment recommendations, pharmacotherapeutics and drug decision-making, and diagnostic direction. NEW and UPDATED! Revamped and new introductory chapters: NEW and UNIQUE! Patient/Family Education and Health Literacy chapter. NEW and UNIQUE! New Human Trafficking chapter. NEW chapters covering wellness, risk management, and LGBTQ patient care highlight risks, disparities in healthcare, and information to increase the well-being and care for all patients. Interprofessional Collaborative Practice: Where We Are Today chapter now includes content on the importance of interprofessional collaboration to underscore the significance of this paradigm shift and stress that NPs and other adult primary care providers must increasingly view themselves as part of a

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team, especially in management of patients with multiple co-morbidities. Translating Research into Clinical Practice chapter refocused to emphasize DNP scholarly projects and quality improvement projects. UNIQUE! Patient/Family Education and Health Literacy chapter. Genetic Considerations in Primary Care chapter refocused on the graduate-level primary care genetics competencies. Palliative Care chapter refocused on pain management with special sensitivity to the opioid epidemic. NEW! Red Flag features highlight issues not to be missed. NEW! Consistent chapter format and features reflect the systematic approach used in adult primary care practice to promote improved clinical reasoning skills, facilitate learning, and foster quick clinical reference. UPDATED! Content on routine health screenings and

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immunizations converted to tables for quick reference.

Assessment of Evidence

Roach's Introductory Clinical

Pharmacology

Chronic Kidney Disease and

Hypertension

Identification, Evaluation, and

Treatment of Overweight and Obesity in

Adults

Guideline for the Diagnosis and

Management of Hypertension in Adults

Guidelines for Diagnosis, Treatment,

Prevention and Control

Diabetes and hypertension

have evolved as two of the

modern day epidemics

affecting millions of people

around the world. These two

common co-morbidities lead

to substantial increase in

cardiovascular disease, the major cause of morbidity and mortality of adults around the world. In Diabetes and Hypertension: Evaluation and Management, a panel of renowned experts address a range of critical topics -- from basic concepts in evaluation and management of diabetes and hypertension, such as dietary interventions, to evaluation and management of secondary hypertension in clinical practice. Other chapters focus on high cardiovascular risk

populations such as those with coronary heart disease, chronic kidney disease and minority patients. In addition, evolving concepts and new developments in the field are presented in other chapters, such as prevention of type 2 diabetes and the epidemic of sleep apnea and its implication for diabetes and hypertension evaluation and management. An important title covering two of the most troubling disorders of our time, Diabetes and Hypertension: Evaluation and Management will provide the busy

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practitioner with cutting edge knowledge in the field as well as practical information that can translate into better care provided to the high-risk population of diabetics and hypertensive patients.

Print version of the book includes free access to the app (web, iOS, and Android), which offers interactive Q&A review plus the entire text of the print book! Please note the app is included with print purchase only. Doody's Medical Review: 100 Points; 5 Stars (First Edition) The third edition of this highly

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acclaimed review continues to promote efficient, time-saving study by synthesizing the complex knowledge needed to pass the AGNP exam into a concise, well-organized format. It is updated with key information about the new AGNP certification exam, including new test format questions featuring photos of skin and eye conditions and EKGs, and more challenging drag-and-drop and multiple-choice questions. Also new to the third edition is information about nonclinical topics on

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the exam including research; culture, spirituality, and health practices; evidence-based medicine; epidemiology; and reimbursement guidelines. One hundred new review questions throughout the book and on the practice exam—including answer key and rationale—increase the total number of questions to 680. Designed to help NP students boost their confidence through intensive study and high-quality questions, the third edition features a succinct, precisely targeted review of

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diseases commonly seen in primary care. It covers the complete adult life span from adolescence onward, and offers extensive test-taking techniques and question dissection and analysis sections that provide strategies for identifying the best clues during the problem-solving process. Organized by body system, sections are consistently formatted and encompass Danger Signals, Normal Findings, Lab Findings, Benign Variants, Differential Diagnosis, and individual Disease Review

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topics for each system. Additional outstanding features include Exam Tips and Clinical Pearls that help to focus system study on key information. NEW TO THE THIRD EDITION Updated information reflecting the new AGNP certification exam New test format questions used by the AANC, including photos of skin and eye conditions, EKGs, and more complex drag-and-drop and multiple-choice questions 100 new in-depth review questions for a total of 680 Additional information about nonclinical topics including

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culture, spirituality, and health practices; evidence-based medicine; and more
KEY FEATURES Provides a succinct, precisely targeted review of diseases commonly seen in primary care
Delineates strategic “question dissection techniques” for study success developed by the author
Includes Exam Tips and Clinical Pearls to help prioritize and interpret test content
Outlines Normal Findings and Benign Variants in physical assessment of each body system
Offers intensive

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pharmacology review

Cardiovascular disease is the leading cause of death in the United States and is the focus of ongoing research.

Consequently, treatment of cardiovascular disorders is among the most highly evidence-based area of medicine and pharmacy practice. Quick Reference to Cardiovascular

Pharmacotherapy provides important guidelines and standards of care in the pharmacological management of cardiovascular diseases. It begins with the management

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of cardiovascular risk factors and continues with important pharmacotherapeutics. In addition, the authors tackle crucial pharmacotherapeutic problems related to managing patients with cardiovascular diseases, such as drug-induced cardiovascular side effects and alternative pharmacotherapy for managing cardiovascular diseases. With numerous tables and charts utilized throughout, this pocketbook also contains important dosing information

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applicable specifically to cardiac patients.

Furthermore, based on their experience, the contributors offer important clinical pearls to help deal with commonly encountered clinical problems in daily practice. Quick Reference to Cardiovascular

Pharmacotherapy provides health care professionals and students a concise, quick, and authoritative summary of how to utilize pharmacological agents for the management of cardiovascular disease.

The APRN's Complete Guide

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***to Prescribing Drug Therapy
2018***

***A Population-Based Policy
and Systems Change***

***Approach to Prevent and
Control Hypertension***

***Fast Facts and Practice
Questions***

***Your Guide to Lowering Your
Blood Pressure with Dash***