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Tactical Analysis

Jose Mourinho Tactical Analysis

***In Stillness and Speed, one of
football's most enigmatic stars
finally opens up about his life
and career, revealing the***

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things that motivate and inspire him. Viewed by many as one of the most influential figures in Premier League history, and scorer of the goal that Arsenal fans voted the best in the club's history,

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Dennis Bergkamp is a true giant of the game. As a youngster, Bergkamp learned from the Dutch master Johan Cruyff. By the time the pupil was ready to graduate from Ajax and move abroad, he was

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ready to spread the word, but in Italy he found few willing listeners. It was only when he moved to Arsenal and linked up with Arsene Wenger that he met someone else who shared his vision for football's

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possibilities. Bergkamp became central to everything the club did: now he had become the teacher, their creative genius, and the one who inspired some of the wayward old guard to new

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heights, helping them to seven major trophies. Few footballers' books make you think anew, but in Stillness and Speed Bergkamp presents a new vision for the game and how it might be played. He was

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a player like no other; his story is told like no other. It is a book that will inspire football fans everywhere, whatever their allegiance.

Pep Guardiola and Jose Mourinho are probably the two

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best coaches in the world. But they are not just coaches, there is much more to them than that. There are already dozens of books about their tactics and training methods. Instead, this book explains why

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they are different from all others from the perspective of their leadership, communication, emotional intelligence, talent and team management. These factors make the difference between

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winners and losers.

Detail offers a unique insight into the many levels of depth and perspective that currently exist for coaches of the beautiful game. With almost 2 million listens to the Modern

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Soccer Coach Podcast, Gary has spent four years talking to some of the biggest and brightest names in the sport. At the same time, he's been working at the professional level and pursuing his own

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coaching journey. This book takes the life of a coach and goes deeper to question certain facets and separate theory from practice. From development to results and family to career advice, this

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book has everything for a coach who wants to explore coaching much deeper than sessions and games. In a tough profession, Gary delivers coaches with perspective that can help them navigate

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***through the tough times and
enjoy the good times.***

***World Cups throw up unique
tactical variations. Countries
and football cultures from
around the globe converge, in
one place, to battle it out for***

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world soccer supremacy. The 2014 World Cup in Brazil was no different, arguably throwing up tactical differences like never seen at a competition in modern times. Contests are not just won by strong work

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***ethics and technical brilliance,
but by tactical discipline,
fluidity, effective strategies,
and (even) unique national
traits. Soccer Tactics 2014
analyses the intricacies of
modern international systems,***

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through the lens of matches in Brazil. Covering formations, game plans, key playing positions, and individuals who bring football tactics to life - the book offers analysis and insights for soccer coaches,

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football players, and fans the world over. Whether it is Tiki-Taka, counter-attacking, or David defending heroically to defeat Goliath - this book sheds light on where football tactics currently stand... and

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where they are going. This colour title includes analysis of group matches, the knock out stages, and the final.

Detail

*The Football Legacy Magazine
- Die Meister Edition*

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***An Analysis of Soccer
René Meulensteen & Man Utd
Methods of Success
(2007-2013) - René's Coaching
Philosophy and Training
Sessions (94 Practices), Sir
Alex Ferguson's Management,***

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Culture, Principles and Tactics ***Pep Guardiola*** ***The Barcelona Inheritance***

"An outstanding work ... the [soccer] book of the decade." —Sunday Business Post

Inverting the Pyramid is a pioneering soccer book that chronicles the evolution of soccer tactics and the lives of the

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itinerant coaching geniuses who have spread their distinctive styles across the globe. Through Jonathan Wilson's brilliant historical detective work we learn how the South Americans shrugged off the British colonial order to add their own finesse to the game; how the Europeans harnessed individual

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technique and built it into a team structure; how the game once featured five forwards up front, while now a lone striker is not uncommon. Inverting the Pyramid provides a definitive understanding of the tactical genius of modern-day Barcelona, for the first time showing how their style of play developed

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from Dutch "Total Football," which itself was an evolution of the Scottish passing game invented by Queens Park in the 1870s and taken on by Tottenham Hotspur in the 1930s. Inverting the Pyramid has been called the "Big Daddy" (Zonal Marking) of soccer tactics books; it is essential for any coach, fan, player,

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or fantasy manager of the beautiful game
FC Barcelona: A Tactical Analysis -
Defending A Team from Another Planet!
A Tactical Blue-Print of Pep Guardiola's
Barcelona Team This book is an
exclusive and groundbreaking study of
Pep Guardiola's Barcelona team. This
information and analysis of one of the

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most successful club sides in history has been in high demand and it is finally here! The defensive part of Barcelona's game does not get enough attention, but is integral to their philosophy and all their superior style of play. The main elements of their tactics include pressure high up the pitch, winning the ball back

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quickly, maintaining a numerical advantage around the ball zone and pushing their opponents wide to limit their space. We can now see a full analysis of Barcelona's defensive tactics which have been so important to their success. The book shows Barca's 4-3-3 system of play, each player's

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responsibilities, positioning and movement within every possible phase of play. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Barcelona's attacking play after over 1000 hours of studying all the games from the 2010-11 season. Guardiola's team has won 3 La

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Liga championships, 2 UEFA
Champions Leagues, 4 Spanish Cups, 2
Super Cups, and 2 FIFA World Club
World Cups. The book starts with the
characteristics of the players and the
philosophy of Barcelona and builds into
a comprehensive overview of the
defensive tactics employed with clear

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diagrams and detailed descriptions.

Included: - Strategies used to counter specific formations (the 4-4-2, 4-2-3-1, 4-3-2-1, 5-3-2 and the 4-3-2-1). -

Assessments of specific phases of play (central zone, near the side-lines and set plays). - Pressure, cover and support from front, middle and defensive zones -

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Preventing and limiting opposition space
- Defending from set-pieces - Plus a lot
more - SEE FULL BOOK CONTENTS
BELOW This gives football coaches an
unbelievable chance to learn how
Barcelona play and adapt their tactics to
combat any team they play. Their
defensive work is so important to their

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success and allows them to be such a strong attacking force.

Juventus are the most successful team using the 3-5-2 formation in modern football. Juve have won 4 consecutive Serie A league titles including an unbeaten run of 49 games, 1 Coppa Italia and reached the Champions League final

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in 2014. Juventus are a very successful attacking team that focus on exploiting their numerical advantage at the back, patient build up play, pushing many players into advanced positions and finally creating and exploiting space in behind the defensive line. Athanasios Terzis is a successful author of some of

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the best-selling Football Coaching books, most notably with 'Jurgen Klopp's Attacking and Defending Tactics' and 'FC Barcelona Training Sessions' which won the Italian FA Award for "Best Coaching Book" in 2014. In this book the popular author presents a full and extensive analysis of the Juventus 3-5-2

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formation during the 2013-14 season. This tactical blueprint is clearly presented with supporting diagrams and detailed descriptions of the attacking phase, the transition from attack to defence and the transition from defence to attack which enable you to discover exactly how Juventus played in these

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phases of the game, providing the positioning and movement of the players in all possible game situations. This detailed analysis has been used to produce 21 full training sessions (60 practices) including functional practices, opposed/unopposed zone play, transition games, game situations and small sided

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games. This will enable you to coach your team to attack like one of the most successful teams in Europe.

How champions win and how they can be beaten. A League of Their Own provides readers with a closer look at the FIFA Club World Champions, such as FC Barcelona, Bayern Munich, Real Madrid

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and Manchester City. Readers will catch a glimpse into the history of these clubs while also learning about the individual philosophies of some of the top coaches. This book discusses different tactical philosophies as well as how these tactical approaches have been adjusted by some of soccer's greatest coaches, such as Pep

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Guardiola, José Mourinho, Luis Enrique, and Louis van Gaal. Finally, readers will be taken through case studies of each individual team with a step-by-step analysis of how these tactical setups are successful and how they can be exploited. Each case study will provide a discussion of how each team sets up

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when in attack, defending, and in transition. Not only addressing how and why these tactical setups are powerful, this book also breaks down and specifies just how lesser teams can exploit the subtle weaknesses by adjusting their attacking, defending, and transition strategies. Winning the tactical battle on

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the pitch creates endless possibilities, and perhaps evens the playing field to continue intrigue of the game.

The History of Soccer Tactics

Another Way of Winning: The Biography
Fc Barcelona - a Tactical Analysis

Coaching Transition Play - Full Sessions
from the Tactics of Simeone, Guardiola,

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Klopp, Mourinho & Ranieri
Pep Guardiola - 85 Passing, Rondos,
Possession Games & Technical Circuits
Direct from Pep's Training Sessions
Attacking and Finishing Training
Sessions - 114 Practices from Goal
Analysis of Real Madrid's 4-2-3-1
After the hugely popular

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**Volume 1, Volume 2 gives
you another rare
opportunity into Pep
Guardiola's Training
Sessions with 85
Practices taken directly
from Pep's training**

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**sessions including:
Technical Circuits,
Passing, Rondos,
Positional and Possession
Games, Small to Large
Sided Games at
Manchester City, Bayern**

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Munich and FC Barcelona.

**Red Letters is the story of
Liverpool FC's first title-
winning season in thirty
years, game by game, in
real time, with hopes and**

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expectations tested and altered as the season progresses--through insights from two avid Liverpool supporters. How do sportsmen excel, entrepreneurs thrive, or

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**individuals achieve the
ambitions? Is their ability
to win innate? Or is the
winning mindset
something we can all
develop? In the tradition
of The Talent Code and**

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**The Power of Habit,
Campbell draws on the
wisdom of an astonishing
array of talented
people—from elite
athletes to media mavens,
from rulers of countries**

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**to rulers of global
business empires. Alastair
Campbell has conducted
in-depth interviews and
uses his own experience
in politics and sport to
get to the heart of**

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success. He examines how winners tick. He considers how they build great teams. He analyzes how these people deal with unexpected setbacks and new challenges. He

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**judges what the very
different worlds of
politics, business, and
sport can learn from one
another. And he sets out a
blueprint for winning that
we can all follow to**

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achieve our goals.

**This smart and funny
fan's guide to baseball
explains the ins and outs
of pitching, hitting,
running, and fielding,
while offering insider**

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trivia and anecdotes that will appeal to anyone—whether you're a major league couch potato, life-long season ticket-holder, or a beginner. What is the

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difference between a slider and a curveball? At which stadium did “The Wave” first make an appearance? How do some hitters use iPods to improve their skills?

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Which positions are never played by lefties? Why do some players urinate on their hands? Combining the narrative voice and attitude of Michael Lewis with the compulsive

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**brilliance of Schott's
Miscellany, Watching
Baseball Smarter will
increase your
understanding and
enjoyment of the sport-no
matter what your level of**

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**expertise. Features an
glossary of baseball
slang, an appendix of
important baseball stats,
and an appendix of
uniform numbers.**

Two Fervent Liverpool FC

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**Supporters Correspond
Through the Epic Season
That Wouldn't End
Marcelo Bielsa - Coaching
Build Up Play Against
High Pressing Teams
Diego Simeone Defending**

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**Tactics - Tactical Analysis
and Sessions from
Atlético Madrid's 4-4-2
Guardiola Vs Mourinho:
More Than Coaches
Coaching 4-3-3 Tactics -
154 Tactical Solutions**

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and Practices

**Jurgen Klopp's Defending
Tactics - Tactical Analysis
and Sessions from
Borussia Dortmund's
4-2-3-1**

Build a successful team around the

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strengths of your players! In Soccer Systems and Strategies, two coaches of the Danish national team provide a practical guide to implementing the world's top styles of play into your game plan. They present soccer's four primary

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systems of play--defined by the number of players at each position and their alignment on the field--and then break down the different strategies, tactics, and styles of play that can be used within these systems. First, learn

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the basics of the four primary systems of play: the 4-3-3, the 4-4-2, the 3-5-2, and the 3-4-3. Second, choose a style of play that can be used within some or all of these systems. These include different attacking styles, various

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defensive styles, and styles that are characteristic of international soccer powers, including the Latin, British, Norwegian, South American, and African styles of play. After you determine the optimal system and style for your

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team, you learn how to counter opponents' tactics and how to teach your system, style, and tactics through practice instruction and drills. Detailed diagrams and plans of action for implementing the systems are included, along with

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insights on how to make adjustments during the game. Top coaches throughout the world have proven that adapting your system to match your players' strengths and your opponents' weaknesses is the key to developing teams that are

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*competitive year in and year out.
With Soccer Systems and
Strategies, you have all the
information you need to implement
the ideal system for your team.
This book is a comprehensive
resource for coaching the 4-3-3*

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formation at all levels. The level of detail will help you emulate how top coaches, such as Pep Guardiola, Maurizio Sarri and Jürgen Klopp use the 4-3-3 to great success. It will enable you to see all the solutions, in order to optimise

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your team's tactical awareness and performance.

This fully updated edition of the international bestseller includes Pep Guardiola's Bayern years and his decision to join Manchester City Pep Guardiola is the most

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successful and sought after football coach in the world. After being appointed first-team manager in 2008, he transformed Barcelona into arguably the greatest club side of all time, winning an unprecedented thirteen trophies in

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four years. Following a shock sabbatical from the game, he replaced Jupp Heynckes at the helm of Bayern Munich at the start of the 2013-14 season, twice winning the Double in his three years in charge. He then

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announced that he would be joining Manchester City for the 2016-17 season, thereby beginning what could prove to be his greatest challenge yet: turning them into a team that consistently wins in the most difficult of leagues and a

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*regular challenger in the
Champions League . . . and doing it
the Guardiola way. Guillem
Balagué has followed Pep's career
from the outset and has had direct
access to the man and his inner
circle. This then is the definitive*

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*portrait of Pep Guardiola and his
relentless pursuit of footballing
perfection.*

*Jose Mourinho's Real Madrid: A
Tactical Analysis - Attacking &
Defending A Chance for You to
Learn Mourinho's 4-2-3-1 System*

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of Play, Tactics, Each Player's Responsibilities, Positioning & Movement With Every Possible Phase of Play The long awaited study of Jose Mourinho's tactics is finally here with an extensive analysis of his Real Madrid team's

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4-2-3-1 formation. You can now see a full analysis of Real Madrid's attacking and defending tactics which have been so important to their success. They scored 121 goals in La Liga and this book shows Real's 4-2-3-1 system of

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play, each player's responsibilities, positioning and movement within every possible phase of play. The defensive phase was key for Real Madrid and the main features were applying pressure near the opposition's penalty area to regain

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the ball, aggressive zonal marking across the whole pitch, using intelligent positioning to double mark opposing players and Xabi Alonso's great tactical awareness. Terzis Athanasios is a Tactical Professor of Football and has

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compiled an extensive assessment of Real Madrid's defensive play after over 1000 hours of studying all the games from the 2011-12 season. Real Madrid won the La Liga title, beating Pep Guardiola's Barcelona team, one of the most

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successful club sides in history, by 9 points. This defending book starts with the characteristics of the players and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed

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descriptions. This gives you a unique opportunity to use the same 4-2-3-1 pattern of plays that Jose Mourinho's used for his winning Real Madrid team.. Integrate them into your sessions Now! This Defending book includes: Pages:

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***244 Diagrams: 292 Coaching
Topics: 103 Printed: B/W Don't
miss this unbelievable chance for
you to learn Jose Mourinho's
4-2-3-1, how the team play and
adapt their tactics to all conceivable
situations. Their attacking and***

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defensive play is key to their great success and the blueprint is available right here for you to learn and apply the same tactics for your team.

*The Tactics and Stats Behind
Zinedine Zidane's Success*

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Stillness and Speed

Coaching Transition Play Vol.2 -

Full Sessions from the Tactics of

Pochettino, Sarri, Jardim &

Sampaoli

The Evolution of Winning Soccer

Tactics from Cruyff to Guardiola

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*Soccer Tactics 2014: What the
World Cup Taught Us*

**This book provides a
full tactical analysis
of Diego Simeone's 4-4-2
Defending Tactics (123**

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**Tactical Situations) for
you the coach to learn
from one of the best
defensive coaches in the
world. Learn to how to
Defend "from one of the
best coaches in the**

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**world" with 47 Practices
& Variations based on
123 Tactical Situations
from Atlético Madrid's
4-4-2 Athanasios Terzis
is a UEFA 'A' Licence
Coach and has used this**

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**analysis of Atlético
Madrid's tactics to
produce 47 Practices and
Variations. You can use
these ready-made
sessions to practice
Diego Simeone's**

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**defending tactics and
implement them into your
training sessions.
Tactical organisation is
the key to Atlético
Madrid's success during
Diego Simeone's reign.**

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He has built a winning culture of commitment, passion, aggressiveness and commitment, and a winning game plan based on excellent defensive organisation. They are

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**extremely difficult to
break down, even by the
top attacking sides,
like Barcelona, Real
Madrid and Liverpool,
and have consistently
been one of the toughest**

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**teams to play against in
the whole of Europe.
Diego Simeone's Atlético
Madrid have used these
defending tactics to
achieve great success
when competing against**

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teams with far greater resources. These are some examples of their incredible success against all odds: La Liga Winners (2014) UEFA Champions League Runners-

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**up (2014 + 2016) UEFA
Europa League Winners
(2012 + 2014) UEFA Super
Cup Winners (2012 +
2018) Copa Del Rey
(2013) Fewest Goals
Conceded in La Liga**

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**(2012-2013, 2013-2014,
2015-2016, 2016-2017,
2017-2018, 2018-2019)
Most Clean Sheets in La
Liga (2012-2013,
2013-2014, 2015-2016,
2016-2017, 2017-2018,**

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**2018-2019) Tactical
Analysis and
Session/Practice Topic
Examples: How the Centre
Backs Defend the
Forwards' Movements Rear
Block's Positioning and**

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**Movements to Control
Wide Areas Pressing High
Up the Pitch (from the
Goalkeeper) Positioning
of the Forwards to
Prepare for Counter
Attacks Counter-Pressing**

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**After Losing Possession
During Combination Play
Practice Examples:
Defensive Line
Controlling Gaps Between
Centre Backs and Full
Backs Rear Block's**

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**Defensive Reactions
After Wide Players
Receive Controlling Wide
Areas with the Rear
Block in a Functional
Practice Compact
Midfield Line Blocking**

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**Through Passes in a
Functional Game Negative
Transition After Losing
Possession in a
Conditioned Game**

**An absolutely essential
book for every modern**

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**football fan, about the
development of Premier
League tactics,
published to coincide
with 25 years of the
competition.**

Learn to "Coach

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**Transition Play" - from
Defence to Attack and
from Attack to Defence
with 83 Practices based
on 20 Transition Game
Situations from the
Tactics of: Mauricio**

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**Pochettino, Maurizio
Sarri, Leonardo Jardim
and Jorge Sampaoli After
the hugely popular
Coaching Transition Play
book, volume 2 provides
more new ideas to help**

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coaches improve their training sessions in the most important phases of the modern game - the transition phases. Some of the best performing coaches and teams during

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**the transition phases in
recent years
(Pochettino's Tottenham,
Sarri's Napoli, Jardim's
Monaco & Sampaoli's
Sevilla) have been
studied so you the**

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**coach, can learn to
input their tactics into
your training sessions.
This book provides
tactical analysis of
Mauricio Pochettino,
Maurizio Sarri, Leonardo**

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**Jardim and Jorge
Sampaoli's tactics.
Michail Tsokaktsidis is
a UEFA 'A' Licence coach
and has used this
analysis to produce 20
full sessions (83**

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**practices) including:
Transition Games Fast
Break Attacks Counter
Attacking Small Sided
Games Pressing to Win
the Ball / Defensive
Reactions to Recover the**

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**Ball Team Shape and
Organisation You can use
these ready-made
sessions to practice
these top coaches'
tactics and find
solutions for every**

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**tactical situation:
Transition from Defence
to Attack in the Low,
Middle and High Zones.
Transition from Attack
to Defence in the Low,
Middle and High Zones.**

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**20 Transition Play
Tactical Analysis Topics
including: Sampaoli:
Counter Attack with a
Forward Pass, Lay-Off
and Supporting Runs
Pochettino: High**

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**Intensity Pressing and
Fast Break Attack from
the Middle Zone Sarri:
Tracking Back and
Forcing Opponents Wide
to Protect the Goal
Jardim: Condensing the**

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**Space After Losing
Possession in the Low
Zone 83 Practices (20
Full Sessions)
including: Direct
Counter Attacks with
Driving Support Runs in**

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**a Position Specific 2
Zone Game High Press to
Win the Ball] Fast
Attack in a 2 Zone Small
Sided Game Quickly
Returning into Defensive
Shape After an Attack in**

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**a Dynamic 11 v 6
Practice Switching the
Point of Defence to
Recover the Ball as
Quickly as Possible in a
Dynamic Game
In 2002 Brazil national**

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**team coach Luiz Felipe
Scolari actively used
The Art of War for
Brazil's successful
World Cup campaign. Not
only did Scolari read
the book and apply its**

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strategies, but on some occasions he actually slipped copies of the text underneath his players' doors during the night. Commenting on his use of The Art of

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War after the World Cup win, Scolari confirmed "sometimes a different approach like this can help." Quite the understatement. Composed in the late 5th century

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BCE, The Art of War by Chinese general Sun Tzu is the most well-known and well-respected work on military strategy and philosophy in history. Proving its timeless

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**brilliance, the now
2400-year-old text is
still used in teaching
strategy and philosophy
at the leading military
academies today. The Art
of War is used as**

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**instructional material
at the US Military
Academy at West Point
and it is also
recommended reading for
Royal Officer cadets at
the Royal Military**

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**Academy, Sandhurst.
Business Insider
magazine names The Art
of War as one of the top
25 most influential
books ever written, and
highly respected**

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**astrophysicist and
social commentator Neil
deGrasse Tyson
identifies Sun Tzu's
work as one of the
"seven books every
intelligent person on**

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the planet should read." The Art of War and Sun Tzu have been referenced and quoted in various movies and television shows, including "Wall Street," "The Rock,"

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**"The Family Man"
"Bandits," and the James
Bond movie "Die Another
Day". In television, The
Art of War has been
referenced countless
times, including in two**

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**of the most popular and
most critically
acclaimed shows of all
time: "The Sopranos"
(season 3, episode 9)
and "Breaking Bad
(season 2, episode 7).**

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Most significantly for this project, The Art of War has been applied in sports, and not just by Scolarini. NFL coach Bill Belichick, the coach with the most Super Bowl

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**victories of all time,
has stated on multiple
occasions his admiration
for The Art of War, with
one specific headline
reading "Belichick
explains how advice from**

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Sun Tzu's 'The Art of War' helped build the Patriots dynasty." The advocacy for Sun Tzu's strategies in all walks of life, including sports, could hardly be

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higher.

A League Of Their Own

Winners

Soccer Systems and

Strategies

Coaching Positional Play

- ' 'Expansive Football' '

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**Attacking Tactics &
Practices**

**Coaching 3-5-2 Tactics -
125 Tactical Solutions &
Practices**

Sun Tzu Soccer

'A wonderful overview of

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tactical development in
European football' Matthew
Syed, The Times 'A
fascinating assessment of
football in 2019' Observer
In this book, you'll learn
how to use Tactical
Periodization to train your

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players at the correct intensity for each day of the week, making sure they are always prepared tactically, mentally and physically for competitive matches. Your players (and team) will react quicker, be

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sharper, and make better decisions in all tactical situations.

Originally developed by Vitor Frade, at the University of Porto, Tactical Periodization is a methodology - popularized by

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coaches such as Jose Mourinho and Andre Villas Boas - that trains soccer players through a logical process that focuses on four moments of the game. These four moments are: Offensive Organisation, the Transition

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from Defence to Attack,
Defensive Organisation, and
the Transition from Attack
to Defence. Through Tactical
Periodization, the aim is to
develop players to rapidly
alter their on-field
behaviours according to the

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tactical context of the match, and what actually unfolds in front of them. In turn, every training exercise focuses on at least one of the four moments, and always the coach's tactical game model of how he wants

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his team to play. In doing so, football players prepare and learn how best to conquer the often unpredictable matches that they encounter competitively. This book is the English language

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translation of the acclaimed book *Periodizacion Tactica* by world-renowned coach and sports science specialist Xavier Tamarit. *Important Note: What is Tactical Periodization is the translation of an academic

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book that examines Tactical Periodization's underlying philosophies, methodologies, and application. It covers areas such as systemic thinking, football as a complex phenomenon, and how the 'sum is greater than its

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parts'; it does not contain practical how-tos or drills. Candidly, it is not an 'easy' book to read, and requires a certain level of effort and concentration by the reader. However, for those who stick with it, the

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book provides a rewarding and high value resource for the modern football coach who wishes to understand exactly how Tactical Periodization developed, what it means for the sport, and how it can influence his

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or her coaching. Summary sections have been added to each original chapter to offer additional insight." Master's Thesis from the year 2017 in the subject Sport - Kinematics and Training Theory, grade:

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9.0/10.0, Universidad
Europea de Madrid (Escuela
Universitaria Real Madrid),
course: Master in Talent
Identification and
Development in Soccer,
language: English, abstract:
This paper will demonstrate

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a long term athlete
development programme based
on a four dimensional
approach (tactical,
technical, physical and
psycho-social). A one
dimensional approach in
isolation would be

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unrealistic and detrimental to football development. The modern game is rich in intensity, is multi-skilled, a contact sport and requires a quick thought-process. Therefore, a four dimensional approach will be

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used to combat these main pillars. The information will be based upon a situation of an Academy Manager to develop elite players for the first team. The goal will be to develop at least 3 youth players for

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the first team every 2 seasons. The club which this paper is based on will follow the philosophy of developing players for the first team as opposed to a club that is willing to spend money on players who

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are already established or buying already talented young players from other clubs rather than developing their own. Extensive research will be taken from books, academic papers, lectures, my own experiences

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and other reliable sources to gain maximal knowledge. Furthermore, each age group will be thoroughly discussed by analysing the potential benefits and fragilities of each age group, and also looking on how best to deal

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with these issues to obtain the maximal potential of each player. Finally, the curriculum advances in an age appropriate manner to show a clear progression through the age groups into adulthood.

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A Professional Fan's Guide
for Beginners, Semi-experts,
and Deeply Serious Geeks
Inverting The Pyramid
Pep Guardiola Attacking
Tactics - Tactical Analysis
and Sessions from Manchester
City's 4-3-3

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Del Bosque, Emery, Benitez &
Luis Enrique - Practices and
Training Sessions

Watching Baseball Smarter
Modern Soccer Coach

The book includes Marcelo
Bielsa's tactics (and playing
philosophy) for building up play

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from the back against high pressing teams with a full analysis of his 4-2-3-1, 3-3-3-1 and 3-4-3 formations with extensive analysis of Marcelo Bielsa in 9 different tactical situations, supported with 9 full

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training sessions (35 practices).

How champions win and how they can be beaten. A League of Their Own provides readers with a closer look at the FIFA Club World Champions, such as

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FC Barcelona, Bayern Munich, Real Madrid and Manchester City. Readers will catch a glimpse into the history of these clubs while also learning about the individual philosophies of some of the top

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coaches. This book discusses different tactical philosophies as well as how these tactical approaches have been adjusted by some of soccer's greatest coaches, such as Pep Guardiola, José Mourinho, Luis

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Enrique, and Louis van Gaal. Finally, readers will be taken through case studies of each individual team with a step-by-step analysis of how these tactical setups are successful and how they can be exploited.

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Each case study will provide a discussion of how each team sets up when in attack, defending, and in transition. Not only addressing how and why these tactical setups are powerful, this book also breaks

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down and specifies just how lesser teams can exploit the subtle weaknesses by adjusting their attacking, defending, and transition strategies. Winning the tactical battle on the pitch creates endless possibilities,

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and perhaps evens the playing field to continue intrigue of the game.

Die Meister! Die Besten! Les grandes équipes! The champions! The pinnacle of club football, the UEFA

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Champions League is where heroes are made and legacies enshrined. The seven-year period between the beginning of the 2007/08 campaign and the end of the 2013/14 campaign is defined by four

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men, but what makes this era so magical was the rivalry Cristiano Ronaldo shared with Lionel Messi. Both Ronaldo and Messi were on a level of their own and cemented themselves as two of the greatest players

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to ever play the game. Turning to the coaches, Pep Guardiola became the competition's Goliath figure, but for every Goliath, there must be a David. Jose Mourinho embodies David. He won the competition with

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Inter Milan in 2009/10, overcoming Pep Guardiola's Barcelona in the semi-finals against the odds. But while he only won the competition once during this period his fingerprints can be found all over

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the winning campaigns of Chelsea and Real Madrid. Tactical innovation, fierce rivalries, and four all-time greats delivered an unparalleled era in football history. Dive into the nostalgia

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and nailbiting moments with contributions from some of the world's most respected football journalists, including Raphael Honigstein, Andy West, Phil Schoen, and Dan Levene. Joining our team of tactical

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experts are renowned tacticians Tobias Escher, Alex Delmas, Muddassir Hussain, and more. These are the Champions and this is their LEGACY.

Jose Mourinho Attacking

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Sessions is the first in a series of books which provide you with a blueprint of how to attack and score goals like the world's best teams. Michail is a UEFA A license coach and has provided a full and extensive

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analysis of Real Madrid s best 48 goals in the 2011-2012 season, when they scored a record 121 goals to win the Spanish Championship (La Liga). This goal analysis of Jose Mourinho s tactics has been

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used to produce 114 practices organised into 30 ready-made sessions. Each goal is analysed, followed by a full session on that specific topic of Real s attacking play, with clear colour diagrams, detailed

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descriptions and coaching points. You can use these ready-made sessions to practice Real Madrid's attacking play and combinations. You can learn exactly how Real found

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attacking solutions for every tactical situation created by opponent s who defended with a deep, middle or high defensive line. A large section of this book is based on the transition phase. You can learn

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how to coach your team to play like the best counter attacking team in the world . There are sessions on the transition from defence to attack in the low, middle and high zones.

Practices included: Functional

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Technical Practices Phases of
Play Opposed/Unopposed Zone
play Counter-Attacking
Exercises Transition Games
Small Sided Games
Coaching the Juventus 3-5-2 -
Tactical Analysis and Sessions

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Revitalizing Real Madrid
Zonal Marking: The Making of
Modern European Football
The Mixer: The Story of
Premier League Tactics, from
Route One to False Nines
The Education of a Coach

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My Story

120 practices as used in the academies of La Liga providing a range of topics ideal for youth-level coaches wanting to develop teams to Spanish academy standards.

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Borussia Dortmund are a very successful team that focus on high tempo pressing, preventing through balls and preparing for the transition from attack to defence. Jurgen Klopp has led his Borussia Dortmund team to

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two Bundesliga titles, one German cup and the Champions League final in 2013.

Athanasios Terzis is a UEFA 'B' licence coach and has provided a full and extensive analysis of Jurgen Klopp's Borussia

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Dortmund team. This tactical blueprint is explained clearly with supporting diagrams, notes and detailed descriptions. This analysis has been used to produce 14 sessions (53 practices) including functional

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practices, opposed/unopposed zone play, game situations and small sided games.

Real Madrid was a broken club. As Cristiano Ronaldo and Zinedine Zidane walked away from the Estadio Santiago

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Bernabéu, a full-blown identity crisis emerged. In one humiliating week, losses to Barcelona in the Copa del Rey and La Liga, as well as a UEFA Champions League exit at the hands of Ajax, effectively ended

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Real Madrid's hope of a 2018/19 trophy. From the highs of Zinedine Zidane's first tenure to the lows of the 2018/19 season, discover how Zizou revitalized a broken Real Madrid squad.

"Revitalizing Real Madrid - The

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Tactics and Stats behind Zinedine Zidane's Success" takes an in-depth look at the ideas fueling Real Madrid's 2019/20 La Liga title run. Once a high-scoring team with a leaky defense, Zidane reshaped the

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team's approach, transforming them into Europe's top defensive side. Through tactical visualizations and contextualized statistics from Scott Martin, a senior analyst for Total Football Analysis,

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experience the revitalization of world soccer's greatest heavyweight, Real Madrid. This book is a comprehensive resource for coaching the 3-5-2 formation at all levels. The level of detail and tactical solutions

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included will help you emulate how top coaches, such as Antonio Conte (Inter) and Nuno Espírito Santo (Wolverhampton Wanderers), use the 3-5-2 to great success. This book goes into great detail

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to show the movement of all players within the 3-5-2 system of play in various tactical situations and against different formations, in the attacking and defensive phase. This will enable you to optimise your

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team's tactical awareness and performance. Tactical solutions are provided for all game situations, in relation to how to counteract the opponent's positioning, organisation and decision making. This book will

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teach you to coordinate and solve specific game situations in a flexible way with many different options and tactical solutions. As a coach, you can train these patterns of play repetitively, so that the players'

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reading of the game becomes automatic and the team is quickly able to recognise and find the best solutions to solve every conceivable tactical situation. This book includes:
Tactical Strengths and

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Weaknesses of the 3-5-2
Formation 3-5-2 Tactics
Against Different Formations
(4-4-2, 4-2-3-1, 4-3-3, 4-3-1-2,
3-5-2 and 3-4-3) Overcoming
the First Line of Pressing (Build-
up Play from the Back) Moving

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the Ball in Between the
Opposition's Midfield and
Defensive Lines Playing in
Behind the Opposition's
Defensive Line Defensive
Organisation and Pressing
Organisation of the Defensive

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Line 41 Practices and Variations to Apply Tactical Solutions with the 3-5-2 Renato Montagnolo has a UEFA 'B' Coaching Licence and a Patentino Match Analyst Licence. He has been working as a First Team

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Assistant Manager and Match Analyst for the past few years in Serie C in Italy. With experience of writing books and articles, speaking and teaching, Renato is a respected football tactics expert.

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Red Letters

Spanish Academy Soccer
Coaching - 120 Practices from
the Coaches of Real Madrid,
Atlético Madrid and Athletic
Bilbao

The Art of War in Soccer

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Language and Scenarios

What is Tactical Periodization?

Tactical Periodization - A

Proven Successful Training
Model

A Four Dimensional Approach
to Developing Youth Players to

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Gain Elite Status

This book provides
analysis of Simeone,
Guardiola, Klopp,
Mourinho and Ranieri's
tactics. Michail
Tsokaktsidis is a UEFA

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'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small sided games.

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Jose Mourinho's Real
Madrid - a Tactical Anal
ysis
DefendingSoccertutor
.com Limited

More than 6 years after
his death David
Halberstam remains one

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of this country's most respected journalists and revered authorities on American life and history in the years since WWII. A Pulitzer Prize-winner for his

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ground-breaking reporting on the Vietnam War, Halberstam wrote more than 20 books, almost all of them bestsellers. His work has stood the test of

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time and has become the standard by which all journalists measure themselves. Bill Belichick's thirty-one years in the NFL have been marked by amazing

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success--most recently with the New England Patriots. In this groundbreaking book, THE EDUCATION OF A COACH, David Halberstam explores the nuances of

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both the game and the man behind it. He uncovers what makes Bill Belichick tick both on and off the field.

René Meulensteen (UEFA Pro Licence) spent 12

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years at Manchester United and was Sir Alex Ferguson's First Team Coach during the most successful years in the club's history (2007-2013). René's expertise

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provides coaches of all levels a great insight into the key aspects and methods behind Manchester United's success when they won 1 x UEFA Champions League

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(+2 Runner-up), 4 x Premier Leagues and 1 x League Cup all within 6 seasons. During this period, René was responsible for creating and coaching all of the

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first team training sessions. He kept a record of every single training session in organised folders, and these Technical and Tactical Practices and

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Sessions form the basis
of this book (94
Practices included).

This book provides a
detailed blueprint of
the successful structure
and organisation of

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Manchester United, as well as the Management, Leadership, Principles, Tactics and Philosophy of Play of the greatest British manager in history, Sir Alex

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Ferguson. Find out how Manchester United produced such a High Speed of Play, created Waves of Attacks, and how they scored so many late goals using

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Scenario Training
("Fergie Time"). All of
this content will
provide you with a great
understanding of the
methods behind
Manchester United's

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success, from the training pitch to match days. This is your chance to practice and apply René's exact Manchester United training sessions,

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enabling your team to reproduce Alex Ferguson's team's fantastic attacking style. MANCHESTER UNITED PRACTICE / SESSION TOPIC EXAMPLES: Build-up Play

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Switching Play Forward
Passes and Runs to Break
the Lines Attacking
Overloads Crosses and
Box Runs Attacking
Combination Play
Dominating 1v1

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Situations and Finishing
Defensive Shape,
Pressing and Recovery
Transition from Defence
to Attack (Counter
Attacks) "Fergie Time"
Scenario Training As

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well as the first team training sessions, this book also shows you René's Development Model, Coaching Philosophy, and the importance of Specific

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Technical Training (1v1s and Finishing). During his time at Manchester United, René was attributed to improving the individual technique and performances of

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Cristiano Ronaldo, Ryan Giggs, Ruud van Nistelrooy, Robin van Persie, Nani, and many others. The practices he used for individual or small group training are

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included in this book.

Attacking

Jose Mourinho's Real
Madrid - a Tactical
Analysis

The Secrets Of Club
Soccer Champions

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Creative Attacking Play

- From the Tactics of

Conte, Allegri, Simeone,

Mourinho, Wenger & Klopp

Defending

This book gives you a rare

opportunity to use the very same

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training drills and sessions direct from: Vicente Del Bosque, Unai Emery, Rafael Benitez and Luis Enrique. The 50 Practices included were used by these 4 coaches during their time at Real Madrid, Arsenal, Paris St Germain, Napoli,

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Roma and FC Barcelona.

Learn the tactics of several of the world's top coaches with analysis of Antonio Conte, Massimiliano Allegri, Diego Simeone, Jose Mourinho, Jurgen Klopp and Arsene Wenger with the 4-2-3-1,

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4-4-2, 4-3-3 and 3-5-2 formations.

This analysis has been used to produce 6 full training sessions (42 practices & variations) ready for you to use.

From Cruyff's "Total Football" to the epic rivalry between Guardiola and

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Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance in world soccer. Barcelona's style of play--pressing and possessing--is the single biggest influence on modern soccer. In The Barcelona

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Inheritance, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s, Johan Cruyff's Dream Team was disintegrating and the revolutionary

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manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and José Mourinho. Today, their teams are first and second in the Premier League, marking the latest installment in a rivalry that can be

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traced back twenty-five years. The Barcelona Inheritance is a book about the tactics, the personalities, the friendships, and, in one case, an apocalyptic falling-out that continue to shape the game today. This book provides a tactical

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analysis of Pep Guardiola's 4-3-3 Attacking Tactics (56 Tactical Situations) which has been used to produce 12 Full Training Sessions (70 Practices and Variations). You can use these ready-made sessions to practice Pep

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Guardiola's attacking tactics and implement them into your training sessions.