

Journal Of Occupational Health Psychology

This book was developed for the 2005 International Stress Management Association Conference in Brazil. The original book was recently published in Portuguese, but because of the popularity of the topics and the world-renowned stress scholars who contributed chapters, we are very pleased to have the opportunity to publish this work in English. A book on the subject is intended to be an additional tool containing information on stress and ways of dealing with pressures and demands, because we know that the level of stress will continue to increase. We believe that only through information—and here you will be able to find the experience and opinion of some of the greatest and best professionals of the world in this field—people will manage to live better and more balanced lives. This is what ISMA-BR wishes and hopes for. Have a good reading. This volume provides a series of comprehensive summaries of what is now a fast-growing literature aimed at understanding the causes, effects, and prevention of stress in the workplace. It begins with three chapters on different sources of stress at work, ranging from organizational factors to attributes of workers themselves.

This book brings together the most current thinking and research on educator stress and how education systems can support quality teachers and quality education. It adopts an occupational health perspective to examine the problem of educator stress and presents theory-driven intervention strategies to reduce stress load and support educator resilience and healthy school organizations. The book provides an international perspective on key challenges facing educators such as teacher stress, teacher retention, training effective teachers, teacher accountability, cyber-bullying in schools, and developing healthy school systems. Divided into four parts, the book starts out by introducing and defining the problem of educator stress internationally and examining educator stress in the context of school, education system, and education policy factors. Part I includes chapters on educator mental health and well-being, stress-related biological vulnerabilities, the relation of stress to teaching self-efficacy, turnover in charter schools, and the role of culture in educator stress. Part II reviews the main conceptual models that explain educator stress while applying an occupational health framework to education contexts which stresses the role of organizational factors, including work organization and work practices. It ends with a proposal of a dynamic integrative theory of educator stress, which highlights the changing nature of educator stress with time and context. Part III starts with the definition of what constitute healthy school organizations as a backdrop to the following chapters which review the application of occupational health psychology theories and intervention approaches to reducing educator stress, promoting teacher resources and developing healthy school systems. Chapters include interventions at the individual, individual-organizational interface and organizational levels. Part III ends with a chapter addressing cyber-bullying, a new challenge affecting schools and teachers. Part IV discusses the implications for research, practice and policy in education, including teacher training and development. In addition, it presents a review of methodological issues facing researchers on educator stress and identifies future trends for research on this topic, including the use of ecological momentary assessment in educator stress research. The editors' concluding comments reflect upon the application of an occupational health perspective to advance research, practice and policy directed at reducing stress in educators, and promoting teacher and school well-being.

A Wiley Blackwell Handbook of Organizational Psychology focusing on occupational safety and workplace health. The editors draw on their collective experience to present thematically structured material from leading thinkers and practitioners in the USA, Europe, and Asia Pacific Provides comprehensive coverage of the major contributions that psychology can make toward the improvement of workplace safety and employee health Equips those who need it most with cutting-edge research on key topics including wellbeing, safety culture, safety leadership, stress, bullying, workplace health promotion and proactivity

Workplace aggression is a serious problem for workers and their employers. As such, an improved scientific understanding of workplace aggression has important implications. This volume, which includes chapters written by leading workplace aggression scholars, addresses three primary topics: the measurement, predictors and consequences of workplace aggression; the social context of workplace aggression; and the prevention of workplace aggression. Of note, the book encompasses the various labels used by researchers to refer to workplace aggression, such as 'abusive supervision', 'bullying', 'incivility' and 'interpersonal conflict'. This approach differs from those of previous books on the topic in that it does not focus on a particular type of workplace aggression, but covers an intentionally broad conceptualization of workplace aggression - specifically, it considers aggression from both the aggressors' and the targets' perspectives and includes behaviors enacted by several types of perpetrators, including supervisors, coworkers and customers.

Contemporary Occupational Health Psychology, Volume 2

The Handbook of Work and Health Psychology

The Challenge of Workplace Stress

Handbook of Psychology, Health Psychology

New Frontiers in Work and Family Research

The reader will find the articles themselves very well-written and well-researched... this book would best be utilized as a reference tool for a researcher or as a reader for a masters- or doctoral-level course in organizational studies, industrial or organizational psychology... this text will be extremely valuable. Jeffrey D. Yergler, *Leadership & Organization Development Journal* This exciting Handbook provides an authoritative and comprehensive overview of managerial behavior and occupational health. Containing both theoretical and empirical contributions written by eminent academics, the Handbook covers a range of factors that influence behavior including migration and health, job insecurity, the impact of age diversity, work stress and health in the context of social inequality as well as occupational health from a psychological perspective. It is an essential reference tool to further research on psychology, stress and understanding the behaviors of health within working environments. The book will be invaluable to academics and students in the fields of occupational health.

Now in its third edition, this authoritative handbook offers comprehensive and up-to-date survey of work and health psychology. Updated edition of a highly successful handbook Focuses on the applied aspects of work and healthpsychology New chapters cover emerging themes in this rapidlygrowing field Prestigious team of editors and contributors Contemporary Occupational Health Psychology: Global Perspectives on Research and Practice, Volume 2 continues a definitive reference series published in association with the European Academy of Occupational Health Psychology (EAOHP) and the Society for Occupational Health Psychology (SOHP). The series summarizes state-of-the-art research and practice in the field of occupational health psychology. Volume 2 of the most important and influential research series in the rapidly growing field of occupational health psychology Presents state-of-the-art research along with its implications for real-world practice Provides in-depth reviews of hot topics, including new work from several top international experts in the field Volume 2 includes increased North American contributions, sourced by a dedicated North America editor

In the Handbook of Workplace Violence, editors E. Kevin Kelloway, Julian Barling, and Joseph J. Hurrell Jr. bring together the contributions of leading researchers to provide summaries and unique perspectives on current theory, research, and practice relating to workplace violence. This is the only up to date resource currently available to provide a comprehensive overview of the current state of knowledge regarding all aspects of workplace violence and aggression.

Leading to Occupational Health and Safety

Human Safety and Risk Management

Handbook of Workplace Violence

Research and Theory on Workplace Aggression

Handbook of Work Stress

This book contains an overview of research into stress in the workplace and also provides a practical framework for which both students and managers can develop their skills and knowledge to implement effective intervention strategies in organisations. This book serves as an introduction to the Nordic approach to Occupational Health Psychology and illustrates how this perspective can be transferred to a global audience. It discusses a joining of attitudes from Positive Psychology accompanied by experiences drawn from the Nordic work/life context. Over the decades, Nordic countries have gathered a great deal of experience on the meaningfulness of work, work engagement, presenteeism, absenteeism, job crafting, work family balance, intervention and reorganization. These experiences are explained and offered as a different approach to Occupational Health Psychology, while avoiding the more traditional detrimental topics such as stress, conflict burnout and poor well-being. Instead the authors discuss subjects such as engagement, healthy change, prosperity and welfare and are applied to the current ideas on Occupational Health Science. This book shows that using interdisciplinary observations can help our understanding of modern worker health. It offers gives readers an opportunity to consider how a combination of good work and good health can be stimulated in theory and in practice.

Are you struggling to improve a hostile or uncomfortable environment at work, or interested in how such tension can arise? Experts in organizational psychology, management science, social psychology, and communication science show you how to implement interventions and programs to manage workplace emotion. The connection between workplace affect and relevant challenges in our society, such as diversity and technological changes, is undeniable; thus learning to harness that knowledge can revolutionize your performance in tackling workday issues. Applying major theoretical perspectives and research methodologies, this book outlines the concepts of display rules, emotional labor, work motivation, well-being, and discrete emotions. Understanding these ideas will show you how affect can promote team effectiveness, leadership, and conflict resolution. If you require a foundation for understanding workplace affect or a springboard into deeper, more interdisciplinary research, this book presents an integrative approach that is indispensable.

This landmark text discusses current issues and trends to help employee assistance and human resource professionals do their jobs better and help people live happier, more productive lives by providing them with the resources to deal with personal problems. The current spiraling and escalating rate of change within the business and working world, fueled by other events and phenomena since September 11, 2001, were the impetus and driving force behind the initiative and development of this new fourth edition. This book contains 43 chapters; a total of 21 are from the first two editions, eleven were written specifically for the third edition, and eleven new chapters were exclusively written for this new fourth edition. While savoring the still pertinent, meaningful and relevant-to-day materials from the previous editions, there are nine new updates, written by an all-star team of experts in their respective areas. The topics include history and philosophy, structure and organization, client services and characteristics, program planning and evaluation, professional and paraprofessional training and development, special issues, selected examples and future directions. An excellent textbook for college and university courses and preparation source, this book is a must for professionals wanting to be up-to-date on employee assistance programming, for students in graduate courses and seminars, for college and university courses, and in-service training and continuing education programs.

Research in Occupational Stress and Well being

A Transdisciplinary Approach

The Cambridge Handbook of Workplace Affect

Longitudinal Research in Occupational Health Psychology

Psychosocial Job Dimensions and Stress/Well-Being: Issues and Challenges in Occupational Health Psychology

In our complex, fast changing society, health is strongly influenced by the continuously changing interactions between organisations and their employees. Three major fields contribute to health-oriented improvements of these interactions: occupational health, organizational health and public health. As currently only partial links exist amongst these fields, the book aims to explore potential synergies more systematically. Considering the high mental and social demands in a service and knowledge sector economy, the first part of the book focuses on work-related psychosocial factors. As a large proportion of inequalities in health in developed countries can be explained by inequalities in working conditions, those psychosocial factors with a particularly high public health impact are highlighted. As addressing these psychosocial factors requires to involve the organization as the key change agent, the second part covers approaches to improve public health through organizational level health interventions. The last section takes a look into the future of occupational, organizational and public health: what are the challenges and how can they be tackled within and beyond the organizational level. Overall, this integrating book will help to broaden the evidence-base, legitimacy and efficacy of occupational- and organizational-level health interventions and thus increase their public health impact.

The third edition of Hestnesler, Human Safety and Risk Management: A Psychological Perspective incorporates a decade of new research and development to provide you with a comprehensive and contemporary guide to the psychology of risk and workplace safety. A major enhancement is reflected in the new subtitle for the book, A Psychological Perspective, which highlights both the expertise of the authors and also confirms the predominantly psychological orientation of the revised text. New in the Third Edition: State-of-the-art theory reviews, research findings, and practical applications New chapter on impact that sensor technologies have on approaches to safety and risk in contemporary society Enhanced chapters on key issues around sensing danger, risk perception, error detection, safety culture, risk management, leadership, teams, and stress management This book discusses how people perceive and manage risks and how to make the workplace a safer place. It examines the influence of individual factors on safety, as well as team and organizational factors at work, from a psychological perspective. It also highlights changes in safety due to the changing workplace, globalization, and managing employees' safety and health beyond the workplace — a challenge that many organizations have yet to address. Reflecting current scientific research across a range of disciplines as it applies to human safety and risk management, this book helps you meet the challenges posed by the rapidly evolving workplace.

Over the past decade a large body of research has showed that psychosocial job dimensions such as time pressure, decision authority and social support, could have significant implications for psychological distress and well-being. Theoretical models, such as the job demand-control-social support model (JDSCS model), the effort-reward imbalance model (ERI model), the job demands-resources model (JD-R model) and the vitamin model suggest that distress and positive dimensions at work (well being and motivation) can be considered as two sides of the same coin. If the job is designed to provide the right mix of psychosocial job dimensions (e.g., optimal time pressure, decision authority and social support), work can boost job engagement and well-being as well as productive behaviors at work. When the job is not designed in an optimal way (e.g., too much time pressure and too little decision authority) work can trigger stress reactions and burnout. Although some insight has been gained on how job dimensions could predict distress and well-being, and also into the dimensions that might moderate and mediate these associations, research still faces several challenges. Firstly, most of this research has been cross-sectional in nature, thus making it difficult to conclude on the long-term effects of psychosocial job dimensions. Another challenge concerns how the contextual dimensions can be incorporated into micro-levels models on employee stress and well-being. Nowadays, work is carried out in the context of a wider environment that includes organizational variables. So far the role of the organizational variables in the theoretical frameworks for explaining the relationships between psychosocial job dimensions, employee distress and well-being, has often been underplayed. The main aim of this research topic is to bring together international research from different theoretical and methodological perspectives in order to advance knowledge and practice in the field of work stress.

Occupational health psychology is a relatively young specialty within the science and practice of psychology. This handbook is designed to consolidate and organize the emerging knowledge in the field from the interdisciplinary perspectives of an international group of scholars and researchers. Part I includes 5 chapters designed to provide historical, contemporary, and future-oriented perspectives on this emerging specialty after first discussing prevention and public health in occupational settings. Part II includes 6 chapters that address key causes of health and safety at work as well as key risks to health and safety, focusing on factors both within the specific workplace as well as broader occupational factors and factors from the personal life domain. Regardless of how effectively organizations design prevention and public health programs to protect the health and safety of people at work, some experience symptoms and health disorders. The first 2 chapters in Part III focus on two key symptoms or health disorders, and the remaining 4 chapters address specific primary, secondary, or tertiary interventions for health and safety. The volume concludes with a 3-chapter part addressing issues of epidemiology, program evaluation, and socioeconomic cost-benefit analysis. (PsycINFO Database Record (c) 2004 APA, all rights reserved)

Essentials of Occupational Health Psychology

Handbook of Occupational Health Psychology

Occupational Health Psychology 71 Success Secrets - 71 Most Asked Questions on Occupational Health Psychology - What You Need to Know

Stress and Quality of Working Life

Educator Stress

Essentials of Occupational Health Psychology provides a thorough overview of Occupational Health Psychology (OHP) with a focus on empowering readers to take appropriate and reasoned action to address a wide variety of worker health, safety, and well-being challenges that are present in working situations all over the world. Although relatively new as an area of specialization, OHP research and intervention efforts are already having major impacts on the way work is done around the world. Each of the twelve chapters in Essentials of Occupational Health Psychology addresses an essential aspect of OHP, with a consistent emphasis on putting what is known about that area into practice. Topics include essential background information regarding the history of OHP and major areas of OHP research and practice, such as work-related stress and recovery, psychological and physical demands and resources, interpersonal mistreatment, work and nonwork role dynamics, and safety. Each chapter features a discussion of why these topics are important to workers and organizations, as well as pertinent evaluation and/or intervention recommendations to help readers better understand what and how to do to improve worker health, safety, and well-being, and how to convince others of the value of such efforts. Each chapter includes a set of targeted student reading and in-class discussion, focused discussion questions, pertinent media resources to provide current examples of these topics, and professional profiles based on interviews conducted by the authors with fourteen well-known and widely respected OHP researchers and practitioners. Essentials of Occupational Health Psychology is valuable to graduate and advanced undergraduate students as well as working professionals who are interested in learning how to manage work environments that support worker health, safety, and well-being. The chapters in this text could also provide supplemental reading for training and development workshops for professionals in related disciplines who could benefit from a better understanding of the psychology associated with work experiences.

A new Occupational health psychology Guide that will give you all. Occupational fitness psychology There has never been a Occupational health psychology Guide like this. It contains 71 answers, much more than you can imagine; comprehensive answers and extensive details and references, with insights that have never before been offered in print. Get the information you need—fast! This all-embracing guide offers a thorough view of key knowledge and detailed insight. This Guide introduces what you want to know about occupational health psychology. A quick look inside of some of the subjects covered: Industrial and organizational psychology - Relationship to occupational health psychology, Applied psychology, Health psychology - Relationship to occupational health psychology, Outline of psychology - Applied psychology, Organizational psychology - Topics, Subjects in psychology - Occupational health, Workplaces incivility, Workplaces intervention - Modestly scaled interventions, European Academy of Occupational Health Psychology, Workplace intervention - Occupational Safety Health Organizations work on OHP-related interventions, Work-life interface - Work-family conflict, Anger - Dual thresholds model, List of important publications in psychology - Occupational Health Psychology, Journal of Occupational Health Psychology, Occupational safety and health - Occupational health psychology, Health psychology - Bibliography, Work engagement - Trait versus state work engagement, Psychological research, Workplace intervention - Development after 1990: academic societies and specialized journals, List of academic disciplines and sub-disciplines - Psychology, Health psychology - Preventing illness, Core self-evaluations - Job burnout, Total Worker Health - History, List of publications in psychology - Occupational health psychology, Occupational health psychology - Further reading, and much more...

Small and medium sized enterprises constitute the vast majority of businesses in most developed economies. Although a large number of people are employed in such organizations, research and practice in occupational health and safety has largely ignored the unique challenges of this sector. In this highly relevant book, international experts in the field summarize existing knowledge and identify the best practices for enhancing occupational health and safety in small and medium sized enterprises. The authors specifically identify solutions that are appropriate for small businesses. Covering a full range of topics from traditional safety to psychosocial health, this insightful book will appeal to multidisciplinary audience, including researchers and graduate students in occupational health psychology; academics in the area of small business; practicing occupational health psychologists; as well as small business owners.

Occupational Health Psychology John Wiley & Sons

The Wiley Blackwell Handbook of the Psychology of Occupational Safety and Workplace Health

Bridging Occupational, Organizational and Public Health

Preventing Occupational Disease and Injury

The Positive Side of Occupational Health Psychology

International Handbook of Work and Health Psychology

This book contains the cutting-edge research published in the Special Issue "Emerging Issues in Occupational Health Psychology" (International Journal of Environmental Research and Public Health). The articles included in this book use strong and innovative theoretical approaches to provide evidence regarding the importance of working characteristics and resources to promote healthier and more sustainable environments in which employees can be happy and productive.

The purpose of this volume is to showcase alternative theoretical and methodological approaches to work and family research, and present methodological alternatives to the widely known shortcomings of current research on work and the family. In the first part of the book contributors consider various theoretical perspectives including: Positive Organizational Psychology System Theory Multi-Level Theoretical Models Dyadic Study Designs The chapters in Part Two consider a number of methodological issues including: key issues pertaining to sampling, the role of diary studies, Case Cross-over designs, Biomarkers, and Cross-Domain and Within-Domain Relations. Contributors also elaborate the conceptual and logistical issues involved in incorporating novel measurement approaches.

The book will be of essential reading for researchers and students in work and organizational psychology, and related disciplines. Includes established theories and cutting-edge developments. Presents the work of an international group of experts. Presents the nature, origin, implications, an future course of major unresolved issues in the area.

This book presents research and best practices from the Asia Pacific region to address the gap in global research on psychosocial factors at work. It explores practices in the region that promote health in workplaces and workers by presenting research from around the globe on issues such as telework, small and medium-sized enterprises, disaster-struck areas, suicide prevention, and workplace client violence. It discusses practical, multidisciplinary efforts to address worker occupational health. Further, it explores psychosocial risk and prevention, as well as the significant role of cultural variations and practices in the diverse range of countries covered.

Occupational Health Psychology

A Psychological Perspective, Third Edition

Handbook of Managerial Behavior and Occupational Health

Handbook of Occupational Health and Wellness

Questions about the causes or sources of work stress have been the subject of considerable research, as well as public fascination, for several decades. Earlier interest in this issue focused on the question of whether some jobs are simply more inherently stressful than others. Other questions that soon emerged asked whether some individuals were more prone to stress than others. The Handbook of Work Stress focuses primarily on identifying the different sources of work stress across different contexts and individuals.

This ground-breaking textbook is the first to cover the new and rapidly developing field of occupational health psychology. Provides a thorough introduction to occupational health psychology and an accessible overview of the key themes in research and practice Each chapter relates to an aspect of the core education curriculum delineated by the European Academy of Occupational Health Psychology Written by internationally recognized experts in the field Examines a host of contemporary workplace health issues, including work-related stress; the psychosocial work environment; positive psychology and employee well-being; psychosocial risk management; workplace design; organizational research methods; and corporate culture and health

Occupational Health Psychology (OHP) is a rapidly expanding interdisciplinary field that focuses on the science and practice of psychology in promoting anddeveloping workplace health- and safety-related initiatives. This comprehensive text for undergraduate and graduate survey courses is the first toencompass a wide range of key issues in OHP from a North American perspective. It draws from the domains of psychology, public health, preventive medicine,nursing, industrial engineering, law, and epidemiology to focus on the theory and practice of protecting and promoting the health, well-being, and safetyof individuals in the workplace and improving the quality of work life. The text addresses key psychosocial work issues that are often related to mental and physical health problems, including psychological distress, burnout,depression, accidental injury, obesity, and cardiovascular disease. It examines leadership styles as they impact organizational culture and providespecific recommendations for reducing employee-related stress through improved leader practices. Also addressed is the relationship between adversepsychosocial working conditions and harmful health behaviors, along with interventions aimed at improving the work environment and maximizingeffectiveness. Additionally, the book discusses how scientists and practitioners in OHP conduct research and other important concerns such as workplaceviolence, work/life balance, and safety. The book reinforces learning with chapter objectives, highlight boxes containing intriguing examples of researchand current controversies, and chapter summaries. Key Features: Comprises the first comprehensive text on Occupational Health Psychology for undergraduate and graduate survey courses Covers key issues in health psychology in the workplace such as stress, violence, work/life balance, and safety Organized and written for easy access by students and faculty Provides specific recommendation for reducing employee stress Includes learning objectives, highlight boxes, and end-of-chapter summaries

The third volume in an acclaimed biennial series showcasing the latest global thinking, research, and practice in the rapidly-evolving field of occupational health psychology. Published in partnership with the European Academy for Occupational Health Psychology (EAOHP) and the Society for Occupational Health Psychology (SOHP) Presents state-of-the-art research along with its implications for real-world practice, with contributions from Europe, North America, Asia, and Australia Topics covered include psychological health during organizational restructuring, immigrant occupational health and well-being, increasing the effectiveness of safety training programs, and the WHO Healthy Workplaces Model Contributors include Fred Leong, Hans de Witte, Eva Demerouti and Sir Michael Marmot

New Directions in Organizational Psychology and Behavioral Medicine

Special Section: Psychological and Behavioral Approaches to Occupational Health

Global Perspectives on Research and Practice

An Occupational Health Perspective

How Leadership Behaviours Impact Organizational Safety and Well-Being

This research shows the dynamic relationship between work, health and satisfaction. New Directions in Organizational Psychology and Behavioral Medicine, comprehensively covers new developments in the field of occupational health psychology and provides insight into the many challenges that will change the nature of occupational health experts from all over the developed world to discuss issues relevant to human resource and talent management, and specifically to employment related physical and psychological health issues. Especially because it comes at a time of economic turbulence that will create work stress and strain, organizations, researchers and practitioners are leading to Occupational Health and Safety brings together prominent researchers to explore the pervasive roles that leaders play in determining the health, safety and mental well-being of employees in organizations. The first text to directly link organizational leadership behaviours with health and safety outcomes, covering theory, research and practice, that a leader's impact can be far more far-reaching than is commonly realized, and examines the effects of leadership on safety, physical wellness and wellbeing, and psychological wellbeing Explores the theoretical underpinnings of effective leadership styles and behaviors, and advances both research and practice in order to encourage better organizations Features contributions from internationally known and respected researchers including Sharon Clarke, Kara Arnold, Fred Luthans, Ståle Einarsen, Julian Barling, and Emma Donaldson-Feilder

This book integrates the growing clinical research evidence related to the emerging transdisciplinary field of occupational health and wellness. It includes a wide range of important topics, ranging from current conceptual approaches to health and wellness in the workplace, to common problems in the workplace such as presenteeism/absenteeism, burnout, to prevention and intervention methods. It consists of five major parts. Part I "Introduction and Overviews," provides an overview and critical evaluation of the emerging conceptual models that are currently driving the clinical research and practices in the field. This serves as the initial platform to help better understand the subtle differences among the models. Part II "Major Occupational Symptoms and Disorders," exposes the reader to the types of critical occupational health risks that have been well documented, as well as the financial and productivity losses associated with them. In Part III, "Evaluation of Occupational Causes and Risks to Workers' Health," a comprehensive evaluation of these risks is provided. This leads to Part IV, "Prevention and Intervention Methods," which delineates methods to prevent or intervene with these potential occupational health issues. Part V, "Research, Evaluation, Diversity and Practice," concludes the book with the review of epidemiological, measurement, diversity, policy, and practice issues-needed to decrease the economic and health care impact of illnesses in the workplace, and recommendations for future. All chapters provide a balance among theoretical models, current best-practice guidelines, and evidence-based documentation of such models and guidelines. The contributors were carefully selected for their unique knowledge and expertise to present this information in a comprehensive manner. As such, this Handbook is of great interest and use to health care and rehabilitation professionals, management and human resource personnel, researchers and academicians alike.

Published in association with the European Academy of Occupational Health Psychology (EAOHP) and the Society for Occupational Health Psychology (SOHP), Contemporary Issues in Occupational Health Psychology is a definitive new series presenting state-of-the-art work by leading academics and practitioners in the field. Topics include work environment, economic stress and employee well-being, work-family positive spillover, psychological flexibility, and health at work. Contributors to this first volume include Arnold Bakker, Frank Bond, Maureen Dollard, Leslie Hammer, Robert Karasek, Michiel Kompier, Tahira Probst, Wilmar Schaufeli, Arie Shirom, Robert Sinclair, Toon Taris and Ton Wessel.

Contemporary Occupational Health Psychology

Occupational Health and Safety

Current Perspectives in Occupational Health

From Theory to Practice

Measurement, Design and Data Analysis

Occupational health psychology (OHP) involves the application of psychology to improving the quality of work life and to promoting and protecting the safety, health and well-being of employees. Achieving these aims requires researchers and practitioners to possess in-depth knowledge of the processes that are presumed to bring about the desired outcomes. To date, most studies in OHP have relied on cross-sectional designs in examining these processes. In such designs all variables of interest are measured simultaneously. Although this has generated useful insights in how particular phenomena are associated, such designs cannot be trusted when it comes to drawing causal inferences: association is not causation. This book therefore focuses on longitudinal research designs in OHP, whereby the concepts of interest are measured several times, offering much stronger evidence for causal relationships. The authors focus on design issues in longitudinal research (such as the number of measurements chosen, and the length of the time lags between these measurements), and illustrate these issues in the context of applied research on topics such as the work-family interface, conflict at work, and employee well-being. By doing so this volume provides a state-of-the-art overview of current research in OHP, both in terms of its findings and methodologies. This book is based on a special issue of the journal Work & Stress.

Workplace health is now recognised as having major legal, financial and efficiency implications for organizations. Psychologists are increasingly called on as consultants or in house facilitators to help design work processes, assess and counsel individuals and advise on change management. The second edition of this handbook offers a comprehensive, authoritative and up-to-date survey of the field with a focus on the applied aspects of work and health psychology. An unrivalled source of knowledge and references in the field, for students and academics, this edition also reflects the need to relate research to effective and realistic interventions in the workplace. * Editors are outstanding leaders in their fields * Focuses on linking research to practice * Over 50% new chapters. New topics include Coping, The Psychological Contract and Health, Assessment and Measurement of Stress and Well-Being, the Effects of Change, and chapters of Conflict and Communication

Focuses on processes related to recovery and unwinding from job stress. This book demonstrates that recovery research is a very promising approach for understanding the processes of job stress and relieve from job stress more fully.

Research Methods in Occupational Health Psychology: Measurement, Design, and Data Analysis provides a state-of-the-art review of current issues and best practices in the science of Occupational Health Psychology. Occupational Health Psychology (OHP) is a multidisciplinary and rapidly growing area of research and it is difficult or impossible for researchers to keep up with developments in all of the fields where scholars conduct OHP science. This book will help OHP scholars improve their own research by translating recent innovations in methodology into sets of concrete recommendations that will help scholars improve their own research as well as their training of future researchers.

Emerging Issues in Occupational Health Psychology

EMPLOYEE ASSISTANCE PROGRAMS: Wellness/Enhancement Programming (4th Ed.)

Research Methods in Occupational Health Psychology

Psychosocial Factors at Work in the Asia Pacific

Occupational Health and Safety for Small and Medium Sized Enterprises

Workplace accidents and errors cost organizations hundreds of billions of dollars each year, and the injured workers and their families endure considerable financial and emotional suffering. It's obvious that increasing employee health and safety pays. The accumulating evidence shows that investing in occupational health and safety results in improved financial and social responsibility performance. There are extensive country differences and wide occupational differences in the incidence of accidents and errors. The International Labour Organization (ILO) estimates that every year there are 2.2 million fatal and 270 million non-fatal accidents or occupational diseases worldwide. Occupational Health and Safety looks at the research into what causes accidents and errors in the workplace. In line with other titles in the series, Occupational Health and Safety emphasizes the psychological and behavioral aspects of risk in organizations. It highlights how organizations differ in their health and safety performance, with case studies throughout and best practices. Key elements focus on: employee selection and training, fostering employee understanding, participation and engagement in health and safety matters, developing a health and safety culture at organizational and group/work unit levels, communicating and reinforcing safe workplace practices and bench-marking one's organization against the industry leaders. The contributors to this volume come from various countries, reflecting unique interest and knowledge in particular areas.