

Jungian Psychology Theory And Practice

Analytical psychology is a broad church, but in common with psychoanalysis, there are many different schools of thought and practice within the field. This volume explores hotly contested issues.

*Essential reading for anyone interested in contemporary psychotherapy, Contemporary Jungian Analysis, written by members of the Society of Analytical Psychology in London, covers the key concepts of Jungian analysis and therapy as it is practised today. Each chapter brings together two essays by different authors to give different perspectives on themes which are of common interest to psychotherapists of all persuasions. Topics include: * infancy * gender * transference * popular culture * assessment and pathology * dreams and active imagination * the training of the therapist * religious and spiritual issues.*

Founded in 1955 under the editorship of Michael Fordham and with the encouragement of C. G. Jung, The Journal of analytical Psychology is the leading international Jungian journal. The ^Journal explores the practice as well as the theory of Jung's ideas and is dedicated to the comprehensive and in-depth presentation of current thinking among Jungian analysts. As well as important contributions to clinical practice, the Journal includes explorations of the arts, philosophy, theology and religion; trends in psychoanalysis; and the relationship between analytical psychology and social sciences.

This book offers a collection of original articles presenting several different approaches to Jung's psychology in relation to religion, theology, and contemporary culture. The contributors describe their teaching of Jung in different academic contexts, with special attention to the pedagogical and theoretical challenges that arise in the classroom.

Jung and Sociological Theory

C. G. Jung's Archetype Concept

Jung and Philosophy

Controversies in Analytical Psychology

Images, Dreams, and Analytical Psychology

An Introduction to Jungian Coaching

Leaving the Shadows

African Americans and Jungian Psychology: Leaving the Shadows explores the little-known racial

relationship between the African diaspora and C.G. Jung's analytical psychology. In this unique book, Fanny Brewster explores the culture of Jungian psychology in America and its often-difficult relationship with race and racism. Beginning with an examination of how Jungian psychology initially failed to engage African Americans, and continuing to the modern use of the Shadow in language and imagery, Brewster creates space for a much broader discussion regarding race and racism in America. Using Jung's own words, Brewster establishes a timeline of Jungian perspectives on African Americans from the past to the present. She explores the European roots of analytical psychology and its racial biases, as well as the impact this has on contemporary society. The book also expands our understanding of the negative impact of racism in American psychology, beginning a dialogue and proposing how we might change our thinking and behaviors to create a twenty-first-century Jungian psychology that recognizes an American multicultural psyche and a positive African American culture. African Americans and Jungian Psychology: Leaving the Shadows explores the positive contributions of African culture to Jung's theories and will be essential reading for analytical psychologists, academics and students of Jungian and post-Jungian studies, African American studies, and American studies.

Carl Jung has always lain at the edge of sociology's consciousness, despite the existence of a long-established Freudian tradition. Yet, over the years, a small number of sociological writers have considered Jung; one or two Jungian writers have considered sociology. The range of perspectives is quite wide: Durkheim, Weber, Marx, Levi-Strauss, feminism, mass society, postmodernism. These scattered writings, however, have had little cumulative impact and inspired little debate. The authors seem often not to have known of each other, while the sociological mainstream has remained unmoved or unaware. This is the situation that this book seeks to change. Jung and Sociological Theory brings together a selection of articles and excerpts in a single volume, together with some writings from anthropology, and seeks to begin the task of critical evaluation. Presented in three parts, the book covers anthropology, sociology and an appraisal of Jung and sociological theory. Gavin Walker explores the relationship between Jung and sociology, asking what the writers included here wanted from Jung, how we should locate Jung on the sociological landscape, and how this might link to anthropology. In conclusion he suggests that sociology's problem with Jung is less that he is difficult to place, than that he compels sociology to face some of its own inconsistencies and evasions. Jung and Sociological Theory will be of interest to all academics and students working in the fields of Jungian studies, analytical

psychology and psychoanalysis, sociology, anthropology, feminism, comparative religion and the history of ideas.

Time and Timelessness examines the development of Jung's understanding of time throughout his opus, and the ways in which this concept has affected key elements of his work. In this book Yiassemides suggests that temporality plays an important role in many of Jung's central ideas, and is closely interlinked with his overall approach to the psyche and the cosmos at large. Jung proposed a profound truth: that time is relative at large. To appreciate the whole of our experience we must reach beyond causality and temporal linearity, to develop an approach that allows for multidimensional and synchronistic experiences. Jung's understanding surpassed Freud's dichotomous approach which restricted timelessness to the unconscious; his time theory allows us to reach beyond the everyday time-bound world into a greater realm, rich with meaning and connection. Included in the book: -Jung's time theory -the death of time -time and spatial metaphors -the role of time in precognition, telepathy and synchronicity -Unus mundus and time -a comparison of Freud's and Jung's time theories: temporal directionality, dimensionality, and the role of timelessness. This book is the first to explore time and timelessness in a systematic manner from a Jungian perspective, and the first to investigate how the concept of time affected the overall development of Jung's theory. It will be key reading for psychoanalytic scholars and clinicians, as well as those working in the field of phenomenological philosophy.

In The Therapeutic Relationship in Analytical Psychology: Theory and Practice Claus Braun presents a thorough exploration of the importance of the therapeutic relationship and explains how to encourage and develop it. Drawing on Braun's decades of clinical experience, the book clearly demonstrates the significance of establishing an intensive and living connection between client and analyst. The book examines the crucial steps of the psychotherapeutic process, illustrated with a detailed case study that presents the personal development of an analysand through a series of dreams and drawings. Braun connects key concepts in analytical psychology, such as complexes, symbols, archetypes and amplification, with conscious and unconscious processes and the development of the therapeutic relationship during the analytic process. The book also examines why C. G. Jung put such a special emphasis on the therapeutic relationship and explores the ethical demands and social responsibilities of the analyst. Comprehensive and insightful, it skillfully makes the connection between Jung's analytical

psychology and practical psychotherapeutic work. The Therapeutic Relationship in Analytical Psychology will be an essential text for Jungian analysts and psychotherapists in practice and in training and a key reference for academics and students of analytical psychology, psychotherapy and Jungian studies.

Cross-Cultural Perspectives from Japan

Jungian Art Therapy

Music as Image

Psychological Types

Jungian Dream Interpretation

Theory, Practice and Applications

Contemporary Jungian Analysis

Although the works of C.G. Jung have received worldwide attention, there has been surprisingly little engagement by philosophers. In this volume, internationally recognized philosophers, Jungian analysts, and scholars attempt to fill this void in the literature. Although Jung did not have a formalized, systematic philosophy, the philosophical implications of his thought are explored in relation to his key theoretical postulates on archetypes, the collective unconscious, the mind-body problem, phenomenology, epistemology, psychology of religion, alchemy, myth, ethics, aesthetics, and the question of transcendence. Through analyzing Jung philosophically, new vistas emerge for enhanced explication, theoretical refinement, revision, and redirecting shifts in emphasis that lend more proper cohesion to Jung's philosophy. For the first time we may observe philosophers attempting to unpack the philosophical consequences of Jung's thought applied to many traditional topics covered in the humanities and the social sciences. Given that Jung has not been historically taken up by philosophers, critiqued, nor applied to contemporary theories of mind, culture, and human nature, this is the first book of its kind. It is argued that a new generation of research in analytical psychology can benefit from philosophical scrutiny and theoretical fortification. Jung and Philosophy will be of interest to psychoanalysts, philosophers, cultural theorists, religious scholars, and the disciplines of depth psychology and post-Jungian studies. This book provides a re-appraisal of Carl Jung's work as a personality theorist. It offers

a detailed consideration of Jungs work and theory in order to demystify some of the ideas that psychologists have found most difficult, such as Jungs religious and alchemical writings. The book shows why these two elements of his theory are integral to his Basing his study on Jung s archetypal theory especially that of initiation Thresholds of Initiation represents thirty years of testing the theory in analytical practice. Joseph Henderson considers archetypes to be predictable patterns of inner conditioning that lead to certain essential changes and shows the parallels between individual psychological self-development and the rites that marked initiation in the past. Dr. Henderson s topics include the uninitiated; return of the mother; remaking a man; trial by strength; the rite of vision; thresholds of initiation; initiation and the principle of ego-development in adolescence; and initiation in the process of individuation. This is essential reading for an understanding of the universal nature of initiation, especially as it relates traditional initiatory practices to Jung s theory of archetypes."

The Tavistock lectures, 1935.

Analytical Psychology: Its Theory and Practice

African Americans and Jungian Psychology

A Study Guide for Psychologists and Their Theories for Students: CARL JUNG

The Handbook of Jungian Psychology

Temporality in the theory of Carl Jung

The Cambridge Companion to Jung

Theory, Research and Applications

Based on the psychology of Carl Jung, this illuminating new book invites coaches to extend their toolbox with deep, creative, and efficient professional methods that derive from a new perspective on coaching. In using the unconscious archetypes as a practical active psychological database for change, the Jungian coach can contribute significant modification in the coachee's expected behavior. Jungian Coaching can be applied in evaluating the coachee, the team, and the corporation. This book translates Jungian psychology into simple comprehensive concepts. Each chapter translates theoretical concepts and rationale to the practice of coaching. Illustrated with practical examples from the corporate world and life coaching, it

offers Jungian Coaching tools and techniques. By integrating the Gestalt psychology principle of the "here and now" into Jungian concepts, the author develops a new coaching tool that enables an activation of archetypes as a useful and empowering coaching experience. A valuable introductory resource for all those involved in coaching relationships, this book can empower coachees and serve as a compass for personal growth. It will be of great interest to practicing coaches, executives, human resource managers, consultants, and psychotherapists.

Archetype, Attachment, Analysis is a well-researched presentation of new material that offers a revision and reinterpretation of Jung's archetypal hypothesis. The author's ground breaking new exploration of expanding knowledge from other disciplines such as cognitive science and developmental psychology, and attachment theory and research evidence sheds important new light on Jungian theory and practice. Using information gathered through laboratory investigations and natural observational studies Jean Knox brings the notion of archetypes up to date and considers the implications of new paradigms for clinical work with patients. This book will become essential reading for all professionals and students of analytical psychology.

Realizing the Self is the absolute goal of Jungian psychology. Yet as a concept it is impossibly vague as it defines a center of our being that also embraces the mystery of existence. This work synthesizes the thousands of statements Jung made about the Self in order to bring it to ground, to unravel its true purpose, and to understand how it might be able to manifest.

Jungian Art Therapy aims to provide a clear, introductory manual for art therapists on how to navigate Jung's model of working with the psyche. This exciting new text circumambulates Jung's map of the mind so as to reinforce the theoretical foundations of analytical psychology while simultaneously defining key concepts to help orient practitioners, students, and teachers alike. The book provides several methods, which illustrate how to work with the numerous images originating from the unconscious and glean understanding from them. Throughout the text readers will enjoy clinical vignettes to support each chapter and illuminate important lessons.

Time and the Psyche

Analytical psychology and music in film

Synchronicity

Patterns of Dreaming

An Acausal Connecting Principle. (From Vol. 8. of the Collected Works of C. G. Jung)

Jungian Psychoanalysis

Contemporary Perspectives in Jungian Analysis

This second edition represents a wide-ranging critical introduction to the psychology of Carl Jung, one of the founders of psychoanalysis. Including two new essays and thorough revisions of most of the original chapters, it constitutes a radical assessment of his legacy. Andrew Samuels' introduction succinctly articulates the challenges facing the Jungian community. The fifteen essays set Jung in the context of his own time, outline the current practice and theory of Jungian psychology and show how Jungians continue to question and evolve his thinking and apply it to aspects of modern culture and psychoanalysis. The volume includes a full chronology of Jung's life and work, extensively revised and up to date bibliographies, a case study and a glossary. It is an indispensable reference tool for both students and specialists, written by an international team of Jungian analysts and scholars from various disciplines.

Jung was intrigued from early in his career with coincidences, especially those surprising juxtapositions that scientific rationality could not adequately explain. He discussed these ideas with Albert Einstein before World War I, but first used the term "synchronicity" in a 1930 lecture, in reference to the unusual psychological insights generated from consulting the I Ching. A long correspondence and friendship with the Nobel Prize-winning physicist Wolfgang Pauli stimulated a final, mature statement of Jung's thinking on synchronicity, originally published in 1952 and reproduced here. Together with a wealth of historical and contemporary material, this essay describes an astrological experiment Jung conducted to test his theory. Synchronicity reveals the full extent of Jung's research into a wide range of psychic phenomena. This paperback edition of Jung's classic work includes a new foreword by Sonu Shamdasani, Philemon Professor of Jung History at University College London.

Archetypal psychology is a post-Jungian mode of theory and practice initiated primarily through the prolific work of James Hillman. Hillman's writing carries a far-reaching collection of evocative ideas with a wealth of vital implications for the field of clinical psychology. With the focus on replacing the dominant fantasy of a scientific psychology with psychology as logos of soul, archetypal psychology has shifted the focus of therapy away from cure of the symptom toward vivification and expression of the mythopoetic imagination. This book provides the reader with an overview of the primary themes taken up by archetypal psychology, as differentiated from both classical Jungian analysis and Freudian derivatives of psychoanalysis. Throughout the text, Jason Butler gathers the disparate pieces of archetypal method and weaves them together with examples of dreams, fantasy images and clinical vignettes in order to depict the particular style taken up by archetypal psychotherapy—a therapeutic approach that fosters an expansion of psychological practice beyond mere ego-adaptation and coping, providing a royal road to a life and livelihood of

archetypal significance. Archetypal Psychotherapy: The clinical legacy of James Hillman will be of interest to researchers and academics in the fields of Jungian and archetypal psychology looking for a new perspective, as well as practising psychotherapists.

A brilliant introduction to the spirit and practice of Jungian psychology, with a unique understanding of Jung's ideas. "One of the few remaining 'first generation' psychologists." -- Journal of Analytical Psychology

A modern reappraisal

The clinical legacy of James Hillman

A Handbook of Theory and Practice

Time and Timelessness

Readings and Appraisal

Analytical Psychology

Jungian Psychology and the Emergent Mind

Perfect for research assignments in psychology, science, and history, this concise study guide is a one-stop source for in-depth coverage of major psychological theories and the people who developed them. Consistently formatted entries typically cover the following: biographical sketch and personal data, theory outline, analysis of psychologist's place in history, summary of critical response to the theory, the theory in action, and more.

The concept of archetypes is at the core of C. G. Jung's analytical psychology. In this interesting and accessible volume, Roesler summarises the classical theory of archetypes and the archetypal stages of the individuation process as it was developed by Jung and his students. Various applications of archetypes, in cultural studies as well as in clinical practice, are demonstrated with detailed case studies, dream series, myths, fairy tales, and so on. The book also explores how the concept has further developed as a result of research and, for the first time, integrates findings from anthropology, human genetics, and the neurosciences.

Based on these contemporary insights, Roesler also makes a compelling argument for why some of Jung's views on the concept should be comprehensively revised. Offering new insights on foundational Jungian topics like the collective unconscious, persona, and shadow, C. G. Jung's Archetype Concept is of great interest to Jungian students, analysts, psychotherapists, and scholars.

Based on the Tavistock Lectures of 1930, one of Jung's most accessible introductions to his work.

Through a theoretical and practical exploration of Jungian and post-Jungian concepts surrounding image, this book moves beyond the visual scope of imagery to consider the presence and expression of music and sound, as well as how the psyche encounters expanded images – archetypal, personal or cultural – on both conscious and unconscious levels. By closely examining music in film, Nagari considers music's complementary, enhancing, meaningful, and sometimes disruptive, contribution to expressive images. Chapters present a Jungian approach to music in film, highlighting how 'music-image' functions both independently and in conjunction with the visual image, and suggesting further directions in areas of research including music therapy and autism.

Divided into three cumulative parts, Part I explores the Jungian psychological account of the music-image; Part II combines theory

with practice in analysing how the auditory image works with the visual to create the 'film as a whole' experience; and Part III implements a specific understanding of three individual film cases of different genres, eras and styles as psychologically scrutinised 'case histories'. *Music as Image* will be of interest to academics and students in the fields of applied psychoanalysis and Jungian psychology, music, film and cultural studies. With implications for music therapy and other art-based therapies, it will also be relevant for practising psychotherapists.

Personality Theory in a Cultural Context

Thresholds of Initiation

Boundaries of the Soul

Notes of the Seminar given in 1925 by C.G. Jung

The Tavistock Lectures

Working in the Spirit of C.G. Jung

The Self in Jungian Psychology

It is well known that Jung's investigation of Eastern religions and cultures supplied him with an abundance of cross-cultural comparative material, useful to support his hypotheses of the existence of archetypes, the collective unconscious and other manifestations of psychic reality. However, the specific literature dealing with this aspect has previously been quite scarce. This unique edited collection brings together contributors writing on a range of topics that represent an introduction to the differences between Eastern and Western approaches to Jungian psychology. Readers will discover that one interesting feature of this book is the realization of how much Western Jungians are implicitly or explicitly inspired by Eastern traditions – including Japanese – and, at the same time, how Jungian psychology – the product of a Western author – has been widely accepted and developed by Japanese scholars and clinicians. Scholars and students of Jungian studies will find many new ideas, theories and practices gravitating around Jungian psychology, generated by the encounter between East and West. Another feature that will be appealing to many readers is that this book may represent an introduction to Japanese philosophy and clinical techniques related to Jungian psychology.

In *Time and the Psyche*, a diverse selection of contributors explores the multi-layered aspects of time through the lens of analytical psychology. The book aims to bridge the gap between theory and practice, emphasising time's fundamental role in the workings and expressions of the psyche, and additionally exploring cultural and clinical dimensions. The contributors deal with temporality in our inner world and its manifestations as expressed by products of our psyche, covering topics including disturbances of temporality within the psychoanalytic session, the acausal connecting principle of synchronicity, time as expressed in film, objects, literature, and culture, and temporality as understood in various types of dreams and imaginary practices. The book also explores the time-bound world, time versus timelessness, the realm of

the eternal, human versus cosmic time, Chronos versus Kairos and other temporality-related dimensions and their relationship to our psyche and our experience in the world. With contributors from backgrounds in clinical work, the arts, literature, and philosophy, this collection is unique in its scope. *Time and the Psyche* is a thought-provoking reading for academics and students of Jungian and post-Jungian studies, analytical psychologists and Jungian analysts in practice and in training.

The field of Jungian psychology has been growing steadily over the last twenty years and awareness is increasing of its relevance to the predicaments of modern life. Jung appeals not only to professionals who are looking for a more humane and creative way of working with their clients, but also to academics in an increasingly wide range of disciplines. This Handbook is unique in presenting a clear, comprehensive and systematic exposition of the central tenets of Jung's work which has something to offer to both specialists and those seeking an introduction to the subject. Internationally recognised experts in Jungian Psychology cover the central themes in three sections: Theory, Psychotherapy & Applications. Each chapter begins with an introduction locating the topic in the context of Jung's work as a whole, before moving on to an investigation of contemporary developments and concluding by demonstrating how Jung's theories continue to evolve and develop through their practical therapeutic applications. The Handbook of Jungian Psychology is the definitive source of authoritative information on Jungian psychology for Jungian analysts, psychotherapists, counsellors and related professionals. It will be an invaluable aid to those involved in Jungian academic studies and related disciplines.

The Jungian approach to analysis and psychotherapy has been undergoing an extensive reconsideration during the past decade. Analytical Psychology calls special attention to the areas that have been most impacted: the core concepts and practices of the Jungian tradition, along with relevant intellectual and historical background. Internationally renowned authors drawing on the forefront of advance in neuroscience, evolution, psychoanalysis, and philosophical and historical studies, provide an overview of the most important aspects of these developments. Beginning with a chronicle of the history of the Jungian movement, areas covered include: * a background to the notion of 'archetype' * human development from a Jungian perspective * the creative extension of Jung's theory of psychological types * re-evaluation of traditional Jungian methods of treatment in the light of contemporary scientific findings * Jungian development of transference and countertransference * a new formulation of synchronicity. Analytical Psychology presents a unique opportunity to witness a school of psychotherapy going through a renaissance. Drawing on original insights from its founder, C.G. Jung, this book helps focus and shape the current state of analytical psychology and point to areas for future exploration.

The Professional Practice of Jungian Coaching
Jungian Perspectives
The Practice of Jung's Psychology
Teaching Jung
Theory and Clinical Practice
C. G. Jung

Comprehensive guide to an understanding of dreams in light of the basic principles of analytical psychology. Particular attention to common motifs, the role of complexes, and the goal and purpose of dreams.

In this classic work, originally published in 1921, Jung categorized people into primary types of psychological function. He proposed four main functions of consciousness: Two perceiving functions: Sensation and Intuition Two judging functions: Thinking and Feeling The functions are modified by two main attitude types: extraversion and introversion. Jung theorized that the dominant function characterizes consciousness, while its opposite is repressed and characterizes unconscious behavior. The eight psychological types are as follows: Extraverted sensation Introverted sensation Extraverted intuition Introverted intuition Extraverted thinking Introverted thinking Extraverted feeling Introverted feeling In "Psychological Types," Jung describes in detail the effects of tensions between the complexes associated with the dominant and inferior differentiating functions in highly and even extremely one-sided types.

O'Brien and O'Brien and their collection of international contributors introduce the historical and current theory and practice of Corporate Analytical Psychology. Uniquely and practically bringing Jungian ideas to the corporate world, the chapters discuss the increasing need for ethical corporations in the context of individuation and moral hazard, demonstrate how to manage and define complexes that inhibit creativity and productivity, and shows practitioners how to recognise and connect with symbols as an active and living manifestation of the personal and collective psyche. The book is illustrated with practical examples and case studies encountered by the authors during their 30 years of experience consulting the world's leading companies and institutions.

The Handbook of Jungian Psychology Theory, Practice and Applications Routledge

Jungian Psychology in the East and West

Its Theory and Practice : (the Tavistock Lectures)

Jungian Techniques in Theory and Practice

Corporate Analytical Psychology

Theory and Practice

Archetype, Attachment, Analysis

The Fundamentals of Theory and Practice

Jungian Psychoanalysis or Analytical Psychology has evolved in unexpected and exciting ways, exploring new paths in the spirit of Jung. The openness and diversity of the Jungian approach are captured in this

collection of bold new essays by some of today's most outstanding Jungian analysts. Jungian Psychoanalysis explains what Jungian Psychoanalysis is all about, how it relates to other types of contemporary therapy, and what it can contribute to the debates now taking place among psychotherapists all over the world, as dissatisfaction grows with the limitations of both drug treatments and cognitive-behavioral therapies. This book vividly depicts where Jungian Psychoanalysis has been, where it stands today in relation to a wide array of clinical issues, and where it is headed as it moves into its second century. "In the thirty-six chapters of Jungian Psychoanalysis we meet some of the leading thinkers and therapists who embody the living spirit of Jung's work in action. This is a fascinating and indispensable book, not only for anyone who practices within the spirit of Jung's thought but also for anyone who takes up that spirit as a way of conducting their own life."-Robert D. Romanyshyn, author of *The Wounded Researcher: Doing Research with Soul in Mind* "Jungian Psychoanalysis is an indispensable resource. Each chapter brings together Jung's ideas, multidisciplinary sources, other psychologies, case illustrations, and the author's own reflections. This combination results in exciting new directions for clinical practice. The book skillfully balances erudition with respect for the mysterious workings of the psyche."-Lawrence R. Alschuler, author of *The Psychopolitics of Liberation: Political Consciousness from a Jungian Perspective* "Jung urged his students to work in the spirit rather than the letter of his depth-psychological theories. In Jungian Psychoanalysis, Jungian analysts from six continents present a contemporary review of post-Jungian goals, methods, analytic process, and training. Their essays provide compelling accounts of the revelations and insights encountered by those who experience what it means to be human through a twenty-first-century Jungian lens."-Beverley Zabriskie, President, Jungian Psychoanalytic Association, New York "The analytic tradition initiated by C.G. Jung continues to evolve and develop new insights. Jungian Psychoanalysis is essential reading for therapists, analysts, and scholars who want to understand the most contemporary thinking in this dynamic field"-George B. Hogenson, author of *Jung's Struggle with Freud* Murray Stein is the author of *The Principle of Individuation* (2006), *Jung's Map of the Soul* (1998), and *Transformation: Emergence of the Self* (1998). Dr. Stein is President of the International School of Analytical Psychology, in Zurich. The East-West dialogue increasingly seeks to compare and clarify contrasting views on the nature of consciousness. For the Eastern liberatory models, where a nondual view of consciousness is primary, the challenge lies in articulating how consciousness and the manifold contents of consciousness are singular. Western empirical science, on the other hand, must provide a convincing account of how consciousness arises from matter. By placing the theories of Jung and Patañjali in dialogue with one another, *Consciousness in Jung and Patañjali* illuminates significant differences between dual and nondual psychological theory and teases apart the essential discernments that theoreticians must make between epistemic states and ontic beliefs. Patañjali's Classical Yoga, one of the six orthodox Hindu

philosophies, is a classic of Eastern and world thought. Patañjali teaches that notions of a separate egoic "I" are little more than forms of mistaken identity that we experience in our attempts to take ownership of consciousness. Carl Jung's depth psychology, which remains deeply influential to psychologists, religious scholars, and artists alike, argues that ego-consciousness developed out of the unconscious over the course of evolution. By exploring the work of key theoreticians from both schools of thought, particularly those whose ideas are derived from an integration of theory and practice, Whitney explores the extent to which the seemingly irremediable split between Jung and Patañjali's ontological beliefs can in fact be reconciled. This thorough and insightful work will be essential reading for academics, theoreticians, and postgraduate students in the fields of psychology, philosophy of science, and consciousness studies. It will also appeal to those interested in the East-West psychological and philosophical dialogue.

The Therapeutic Relationship in Analytical Psychology

Post-Jungian Perspectives from the Society of Analytical Psychology

Archetypal Psychotherapy

Jung's Theory of Personality

Consciousness in Jung and Patañjali