

A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • NEW YORK TIMES BEST SELLER • From the indie rockstar of Japanese Breakfast fame, one of TIME's Most Influential People of 2022, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon: of struggling with her mother's particular, high expectations of her; of a painful adolescence: of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

A Book to Share
Crying in H Mart
Ask a Manager
Me, Myself, and Mom
Just Me and My Mom
Stories and Portraits of Our Mothers as We Never Saw Them

A baby drinks juice, plays in the park, reads, and gets put to bed by her two loving mothers. On board pages.

The narrator, a practical and down-to-earth sort, has feelings of guilt once she is forced to put her mother, a lifelong dreamer, in a nursing home

In this inspiring book, Harvard-trained child and adult psychiatrist and expert in human motivation Dr. Shimi Kang provides a guide to the art and science of inspiring children to develop their own internal drive and a lifelong love of learning. Drawing on the latest neuroscience and behavioral research, Dr. Kang shows why pushy “tiger parents” and permissive “jellyfish parents” actually hinder self-motivation. She proposes a powerful new parenting model: the intelligent, joyful, playful, highly social dolphin. Dolphin parents focus on maintaining balance in their children’s lives to gently yet authoritatively guide them toward lasting health, happiness, and success. As the medical director for Child and Youth Mental Health community programs in Vancouver, British Columbia, Dr. Kang has witnessed firsthand the consequences of parental pressure: anxiety disorders, high stress levels, suicides, and addictions. As the mother of three children and as the daughter of immigrant parents who struggled to give their children the “best” in life—Dr. Kang’s mother could not read and her father taught her math while they drove around in his taxicab—Dr. Kang argues that often the simplest “benefits” we give our children are the most valuable. By trusting our deepest intuitions about what is best for our kids, we will in turn allow them to develop key dolphin traits to enable them to thrive in an increasingly complex world: adaptability, community-mindedness, creativity, and critical thinking. Life is a journey through ever-changing waters, and dolphin parents know that the most valuable help we can give our children is to assist them in developing their own inner compass. Combining irrefutable science with unforgettable real-life stories, *The Dolphin Way* walks readers through Dr. Kang's four-part method for cultivating self-motivation. The book makes a powerful case that we are not forced to choose between being permissive or controlling. The third option—the option that will prepare our kids for success in a future that will require adaptability—is the dolphin way.

Are you a girl mom that loves spending quality time with your mini me? Like any relationship your bond between you and your child grows deeper when you are able to spend more time exclusively with them.Me & My is a Coloring Book which celebrates motherhood by featuring 24 cute images for mom and duplicate images for daughter so mothers and daughters can create beautiful memories together. It also contains crossword puzzles, activities and motivational quotes. Take a break from the smart phones and ipads and have fun communicating as you color the same page at the same time, across from one another. Grab some colored pencils and markers and enjoy a little mommy time with your 'plus one'. This book is for women and young girls of all ages. Buy it for yourself or as a gift as a great way to unwind. .Premium gloss finish cover design. Printed single sided on bright white paper. Large format 8.5" x 11.0" pagesModerate to complex in detail.

An Easy-to-Use Guide with Clear Rules, Real-World Examples, and Reproducible Quizzes

Me and My Mom!

I'm Just Like My Mom; I'm Just Like My Dad/ Me parezco tanto a mi mama; Me parez

Sometimes I Drive My Mom Crazy, But I Know She's Crazy about Me

I'm Glad My Mom Died

Me & My

Presents two stories featuring Little Critter taking a camping trip with his father and a day trip to the city with his mother.

Discover this special ebook written and read by bestselling author and award-winning actress Julianne Moore! In *My Mom Is a Foreigner, But Not to Me*, Julianne Moore pays homage to all the Muttis, Mammias, and Mamans who are from a different country than you. You may eat, speak, and dress differently than other moms—she may wear special clothes for holidays, twist hair in strange old-fashioned braids, and cook recipes passed down from grandma. Such a mom may be different than other moms, but she's still a mom. Illustrated by Meilo So, this funny and heartwarming picture book about growing up in multiple cultures celebrates the diverse world in which we live. This version includes a read-along setting. If your device allows audio, you can listen along. I'm just like my mom. Me parezco tanto a mi mamá. I'm just like my dad. Me parezco tanto a mi papá. With Akemi Gutiérrez's charming illustrations, renowned journalist Jorge Ramos explores the many ways in which all children are just like their parents. Junto con las simpáticas ilustraciones de Akemi Gutiérrez, el respetado periodista Jorge Ramos explora las varias maneras en que los hijos se parecen a sus padres. ¡Y lo hace en dos idiomas!

NEW YORK TIMES BEST SELLER • A TODAY SHOW #ReadWithJenna BOOK CLUB PICK! • Finalist for the WOMEN'S PRIZE Yaa Gyasi's stunning follow-up to her acclaimed national best seller *Homegoing* is a powerful, raw, intimate, deeply layered novel about a Ghanaian family in Alabama. Gifty is a sixth-year PhD candidate in neuroscience at the Stanford University School of Medicine studying reward-seeking behavior in mice and the neural circuits of depression and addiction. Her brother, Nana, who died of a heroin overdose after an ankle injury left him hooked on OxyContin. Her suicidal mother is living in her bed. Gifty is determined to discover the scientific basis for the suffering she sees all around her. But even as she turns to science, the mystery of her family's loss, she finds herself hungering for her childhood faith and grappling with the evangelical church in which she was raised, whose promise of salvation remains as tantalizing as it is elusive. *Transcendent Kingdom* is a powerful, intimate, and deeply layered novel of Ghanaian immigrants ravaged by depression and addiction and grief—a novel about faith, science, religion, love. Exquisitely written, emotionally searing, this is an exceptionally powerful follow-up to Gyasi's phenomenal debut.

Mixed, Matched, and All That is a collection of stories from fifteen writers who grew up in diverse families. My Mom Is Trying to Ruin My Life is a collection of stories from fifteen writers who grew up in diverse families. Fifteen Writers Break the Silence is a collection of stories from fifteen writers who grew up in diverse families. What My Mother and I Don't Talk About is a collection of stories from fifteen writers who grew up in diverse families. A Little Book about Me and My Mom is a collection of stories from fifteen writers who grew up in diverse families. My Mom Is a Foreigner, But Not to Me is a collection of stories from fifteen writers who grew up in diverse families. From making you smile--even when things are going wrong--to knowing just when hugs are needed, moms are Splendid, Fun, Magic, and Sunshine: lots of the Little Misses rolled into one! This book featuring the Little Miss characters will help you show your mom just how special she is to you.

From quizzes and car games to recipes and story starters, this book is full of fun things for girls to do with their moms. They can tear out and share the notes and gift coupons. They can test their knowledge of each other with checklists made for two. And they can get to know each other even better with games and activities that are sure to leave them giggling. PARENTING NEVER ENDS. From the founders of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of Grown and Flown, Lisa Heffernan and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. Grown and Flown is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. Grown and Flown is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

My Mom and Me

My Mother, Her Lover, and Me