

Read Free Leechcraft Early English Charms Plant Lore And Healing

# **Leechcraft Early English Charms Plant Lore And Healing**

This volume brings together for the first time an updated collection of articles exploring poverty, poor relief, illness, and health care as they intersected in Western Europe, the Mediterranean and the Middle East, during a ' long ' Middle Ages. It offers a thorough and wide-ranging investigation into the institution of the hospital and the development of

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medicine and charity, with focuses on the history of music therapy and the history of ideas and perceptions fundamental to psychoanalysis. The collection is both sequel and complement to Horden ' s earlier volume of collected studies, Hospitals and Healing from Antiquity to the Later Middle Ages (2008). It will be welcomed by all those interested in the premodern history of healing and welfare for its breadth of scope and scholarly depth.

For the 2nd ASPNS conference the emphasis regarding the topics of the talks was placed on lexicographic and linguistic matters. In this volume the contributors assess the various problems of working with plant

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names like foxes glofa and geormanleaf, pulege and psyllium, hlenortear or fornetes folm. A special study analyses the semantic aspects of Old English plant names. More generally plant related discussions deal with the mandrake legend in Anglo-Saxon England and continental Europe, the need for a new publication of the Old English Herbarium and of the Medicina de Quadrupedibus, or the tree names in Anglo-Saxon charters. The conference also served as a platform to introduce the Graz-Munich online project Dictionary of Old English Plant Names.

Truly global in scope and with contributions from leading researchers around the world, The Handbook of

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Cannabis is the definitive resource on this fascinating drug. Combining scientific perspectives and clinical applications, it covers a vast array of topics, from why over the centuries cannabis has been used as a medicine, through the regulations facing those wishing to self-administer cannabis or provide cannabis-based medicines, to the chemical structure of its many constituents and the rapidly growing group of synthetic cannabinoids that are currently being used for 'legal highs'. With each chapter written by a group of one or more internationally recognised subject experts, it provides academics and researchers with authoritative scientific material on the main

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pharmacological actions and their effects, as well as their pharmacokinetics, metabolism, and forensic detection. In addition it also examines the complex morphology, cultivation, harvesting, and processing of cannabis and the ways in which the plant's chemical composition can be controlled. As well as offering a raft of scientific information there is extensive coverage of cannabinoid-based medicines. Helping readers to identify and evaluate their benefits, chapters explore pharmacological actions and the effects that seem to underlie approved therapeutic uses, how they are currently used to treat certain disorders, and the ever-growing number of wide-ranging potential clinical

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applications. There is also coverage of both the legal and illegal sources of cannabis, including 'coffee shops' and 'cannabis dispensaries'. The complex issue of 'recreational cannabis' is also tackled. The sought-after and adverse psychological and non-psychological effects are described and discussions are included on how some adverse effects can be lessened by at least one constituent of cannabis, and that it might be possible to reduce the harm that cannabis does to some by changing current regulatory policies. The Handbook of Cannabis is a one-stop reference; essential reading for all clinicians, pharmacologists, psychologists, and psychiatrists interested in this drug,

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as well as those working in the field of public health. Christianization and Commonwealth in Early Medieval Europe re-examines the alterations in Western European life that followed widespread conversion to Christianity-the phenomena traditionally termed "Christianization". It refocuses scholarly paradigms for Christianization around the development of mandatory rituals. One prominent ritual, Rogationtide supplies an ideal case study demonstrating a new paradigm of "Christianization without religion." Christianization in the Middle Ages was not a slow process through which a Christian system of religious beliefs and practices replaced an earlier pagan system. In the Middle Ages,

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religion did not exist in the sense of a fixed system of belief bounded off from other spheres of life. Rather, Christianization was primarily ritual performance. Being a Christian meant joining a local church community. After the fall of Rome, mandatory rituals such as Rogationtide arose to separate a Christian commonwealth from the pagans, heretics, and Jews outside it. A Latin West between the polis and the parish had its own institution-the Rogation procession-for organizing local communities. For medieval people, sectarian borders were often flexible and rituals served to demarcate these borders. Rogationtide is an ideal case study of this demarcation, because it was an



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emotionally powerful feast, which combined pageantry with doctrinal instruction, community formation, social ranking, devotional exercises, and bodily mortification. As a result, rival groups quarrelled over the holiday's meaning and procedure, sometimes violently, in order to reshape the local order and ban people and practices as non-Christian.

The Encyclopedia of Medieval Literature in Britain

Essays in Honor of John M. Riddle

Epistolary Acts

Religion, Ritual, and Rulership in the Landscape

The Facts on File Companion to British Poetry Before 1600

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## Grimoires

### Equine Medicine in Early Modern England

A comprehensive and detailed examination of every aspect of the early English approach to illness and healing, including a full list of the plants used and the properties they contain. Other themes include witchcraft, magic and paganism and appendices present healing theories, amulets, causes of disease, charms, dreams, omens and tree-lore. Three key Old English texts are reproduced in full, accompanied by new translations: Bald's

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Third Leechbook, the Lacnunga Manuscript, and 'The Old English Herbarium' Manuscript 5. This is a fascinating work of reference, packed full of information and interesting details.

Learn how to cultivate your own magical garden, begin your journey with folk herbalism, and awaken to your place in nature through practical skills from an experienced Appalachian forager and witch. Witchcraft is wild at heart, calling us into a relationship with the untamed world around us. Through the power of developing

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a relationship with plants, a witch—beginner or experienced—can practice their art more deeply and authentically by interacting with the beings that grow around us all. Bridging the gap between armchair witchcraft and the hedge witches of old, *Wild Witchcraft* empowers you to work directly with a wide variety of plants and trees safely and sustainably. With *Wild Witchcraft*, Rebecca Beyer draws from her years of experience as an Appalachian witch and forager to give you a practical guide to herbalism and natural

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magic that will share: -The history of witchcraft and Western herbalism -How to create and maintain your own herbal garden -Recipes for tinctures, teas, salves, and other potions to use in rites and rituals -Spells, remedies, and rituals created with the wild green world around you, covering a range of topics, from self-healing to love to celebrating the turning of the seasons -And much more! Wild Witchcraft welcomes us home to the natural world we all dwell in by exploring practical folk herbal and magical rites

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grounded in historical practices and a sustainable, green ethic.

'A plaine and easie waie to remedie a horse': equine medicine in early modern England is Louise Hill Curth's groundbreaking new book on the health and illness of what were historically the most important domesticated, working animals. What is a grimoire? The word has a familiar ring to many people, particularly as a consequence of such popular television dramas as Buffy the Vampire Slayer and Charmed. But few people are

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sure exactly what it means. Put simply, grimoires are books of spells that were first recorded in the Ancient Middle East and which have developed and spread across much of the Western Hemisphere and beyond over the ensuing millennia. At their most benign, they contain charms and remedies for natural and supernatural ailments and advice on contacting spirits to help find treasures and protect from evil. But at their most sinister they provide instructions on how to manipulate people for corrupt purposes and, worst of all, to

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call up and make a pact with the Devil. Both types have proven remarkably resilient and adaptable and retain much of their relevance and fascination to this day. But the grimoire represents much more than just magic. To understand the history of grimoires is to understand the spread of Christianity, the development of early science, the cultural influence of the print revolution, the growth of literacy, the impact of colonialism, and the expansion of western cultures across the oceans. As this book richly demonstrates,



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the history of grimoires illuminates many of the most important developments in European history over the last two thousand years.

J.R.R. Tolkien Encyclopedia

Wild Witchcraft

Elves, Witches & Gods

Herbs and Healers from the Ancient Mediterranean through the Medieval West

Botany and Sub-creation

The Normans and the 'Norman Edge'

A Field Guide to the Northern Mind-Body-Spirit

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Modern historians of the Normans have tended to treat their enterprises and achievements as a series of separate and discrete histories. Such treatments are valid and valuable, but historical understanding of the Normans also depends as much on broader approaches akin to those adopted in this book. As the successor volume to *Norman Expansion: Connections, Continuities and Contrasts*, it complements and significantly extends its findings to provide a fuller appreciation of the roles played by the Normans as one of the most dynamic and transformative forces in the history of medieval 'Outer Europe'. It includes panoramic essays that dissect the conceptual and methodological issues concerned,

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suggest strategies for avoiding associated pitfalls, and indicate how far and in what ways the Normans and their legacies served to reshape sociopolitical landscapes across a vast geography extending from the remoter corners of the British Isles to the Mediterranean basin. Leading experts in their fields also provide case-by-case analyses, set within and between different areas, of themes such as lordship and domination, identities and identification, naming patterns, marriage policies, saints' cults, intercultural exchanges, and diaspora–homeland connections. The Normans and the 'Norman Edge' therefore presents a potent combination of thought-provoking overviews and fresh insights derived from new

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research, and its wide-ranging comparative focus has the advantage of illuminating aspects of the Norman past that traditional regional or national histories often do not reveal so clearly. It likewise makes a major contribution to current Norman scholarship by reconsidering the links between Norman expansion and 'state-formation'; the extent to which Norman practices and priorities were distinctive; the balance between continuity and innovation; relations between the Normans and the indigenous peoples and cultures they encountered; and, not least, forms of Norman identity and their resilience over time. An extensive bibliography is also one of this book's strengths.

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Using a comparative and broad perspective, *Religion, Politics and Society in Britain 800-1066* draws on archaeology, art history, material culture, texts from charms to chronicles, from royal law-codes to sermons to poems, and other evidence to demonstrate the centrality of Christianity and the Church in Britain 800-1066. It delineates their contributions to the changes in politics, economy, society and culture that occurred between 800 and 1066, from nation-building to practicalities of government to landscape. The period 800-1066 saw the beginnings of a fundamental restructuring of politics, society and economy throughout Christian Europe in which religion played a central role. In Britain too the

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interaction of religion with politics and society was profound and pervasive. There was no part of life which Christianity and the Church did not touch: they affected belief, thought and behaviour at all levels of society. This book points out interconnections within society and between archaeological, art historical and literary evidence and similarities between aspects of culture not only within Britain but also in comparison with Armenian Christendom. A. E. Redgate explores the importance of religious ideas, institutions, personnel and practices in the creation and expression of identities and communities, the structure and functioning of society and the life of the individual. This book will be essential

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reading for students of early medieval Britain and religious and social history.

Anglo-Saxon lexicography studies Latin texts and words. The earliest English lexicographers are largely unidentifiable students, teachers, scholars and missionaries. Materials brought from abroad by early teachers were augmented by their teachings and passed on by their students. Lexicographical material deriving from the early Canterbury school remains traceable in glossaries throughout this period, but new material was constantly added. Aldhelm and Ælfric Bata, among others, wrote popular, much studied hermeneutic texts using rare, exotic words, often derived from glossaries,

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which then contributed to other glossaries. Ælfric of Eynsham is a rare identifiable early English lexicographer, unusual in his lack of interest in hermeneutic vocabulary. The focus is largely on context and the process of creation and intended use of glosses and glossaries. Several articles examine intellectual centres where scholars and texts came together, for example, Theodore and Hadrian in Canterbury; Aldhelm in Malmesbury; Dunstan at Christ Church, Canterbury; Æthelwold in Winchester; King Æthelstan's court; Abingdon; Glastonbury; and Worcester.

Herbs and Healers from the Ancient Mediterranean through the Medieval West brings together eleven



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papers by leading scholars in ancient and medieval medicine and pharmacy. Fittingly, the volume honors Professor John M. Riddle, one of today's most respected medieval historians, whose career has been devoted to decoding the complexities of early medicine and pharmacy. "Herbs" in the title generally connotes drugs in ancient and medieval times; the essays here discuss interesting aspects of the challenges scholars face as they translate and interpret texts in several older languages. Some of the healers in the volume are named, such as Philotas of Amphissa, Gariopontus, and Constantine the African; many are anonymous and known only from their treatises on drugs and/or

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medicine. The volume's scope demonstrates the breadth of current research being undertaken in the field, examining both practical medical arts and medical theory from the ancient world into early modern times. It also includes a paper about a cutting-edge Internet-based system for ongoing academic collaboration. The essays in this volume reveal insightful research approaches and highlight new discoveries that will be of interest to the international academic community of classicists, medievalists, and early-modernists because of the scarcity of publications objectively evaluating long-lived traditions that have their origin in the world of the ancient Mediterranean.

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Volume 1: Old English

Aspects of Anglo-Saxon Magic

Exploring the Magic and Mystery of the Middle Ages,  
J.R.R. Tolkien, and "The Lord of the Rings"

Proceedings of the 2nd ASPNS Conference, University  
of Graz, Austria, 6-10 June 2007, and Related Essays  
Northern Lore

A History of Health & Fitness: Implications for Policy  
Today

From Classical Antiquity to the Early Modern Period

Spiritual Herbalism unlocks the powerful, magical, and  
transformative gifts of the plant world and invites you  
to engage in a reciprocal relationship with our green

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allies and their medicine. Over many years of teaching, Josh Williams has watched students develop incredibly potent relationships with plants, creating change that is healing, visionary, awakening and restorative. Whether you are a trained or traditional herbalist, tea-drinker or tincture-maker, gardener or forager, wild wanderer or city-dweller, the blessings of the plants are available to you - as they have always been to your ancestors. The book offers many tools and insights along the path of this exploration, presenting new perspectives on the virtues of herbs and how we might relate to them as medicine for the soul, as well as the body. Chapters encompass the breadth of spiritual herbalism including its history, the

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systems of synergy in the body, along with rituals, ceremonies, recipes, guidance for harvesting, making and taking herbal medicine - and detailed explorations of the spiritual nature of 19 herbs including yarrow, rose, hawthorn and elder. Written for trained herbalists and student alike, *Spiritual Herbalism* opens up the possibility of stepping into a sacred space where the personality and potency of each herb unfolds in magic and deep medicine. In *Epistolary Acts*, Jordan Zweck examines the presentation of letters in early medieval vernacular literature, including hagiography, prose romance, poetry, and sermons on letters from heaven, moving beyond traditional genre study to offer a radically new

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way of conceptualizing Anglo-Saxon epistolarity.

"With the arrival of Christianity in England there was a convergence of the new religion with the old. Many of the heathen customs, superstitions, and festivals were adopted to the needs of the Church, which sought, where it could, to preserve continuity with the past. Communities came together to celebrate seasonal festivals in much the same way as before but the meaning of the events and customs was given a Christian gloss. So, while many heathen practices were outlawed, others were absorbed into Christian tradition and preserved. Thus Yuletide, Easter and harvest festivals are still with us." --book jacket.

This book is about medical beliefs and practices for

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animals in early modern England. Although there are numerous texts on human health, this is the first to focus exclusively on animals during this period. For most academics, the foundation of the London Veterinary College in 1791 marks the beginning of 'modern' veterinary medicine, with the period before unworthy of serious study. In fact, there is ample evidence of how the importance of animals resulted in a highly complex system of both preventative and remedial care. This book is divided into sections which start by 'setting the scene' with an overview of animals in early modern England and the contemporary principles behind health and illness. It moves onto an examination of the medical

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marketplace and printed literature on animal health care, followed by an in-depth look at preventative and remedial methods. It ends by addressing the question of what impact, if any, new colleges had on veterinary beliefs and practices.

An Encyclopedia of the Medieval World

Perceptions of the Prehistoric in Anglo-Saxon England

All Things Medieval

Folk Herbalism, Garden Magic, and Foraging for Spells, Rituals, and Remedies

Old Names - New Growth

Spinning Old Heathen Magic in the Modern Day

Medieval and After

**Medieval folk had long suspected that the**



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**Devil was carrying out his work on earth with the help of his minions. In 1484 Pope Innocent VIII declared this to be true, which resulted in witch-hunts across Europe which lasted for nearly 200 years. In 1645, England (notably Essex) was in the grip of witch fever. Between 1560 and 1680 in Essex alone 317 women and 23 men were tried for witchcraft, and over 100 were hanged. Essex Witches recounts many of the local common folk who were tried in the courts for their beliefs and practice in herbal remedies and potions, and for**

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**causing, often by their familiars, the deaths of neighbours and even family members, and had meted out the harshest penalties for their sorcery and demonic ways.**

**Northern Lore is a Field Guide to the "Northern Mind-Body-Spirit," and will help you re-discover the Folk-Lore & Traditions of North Western Europe, and acquaint you with modern practices inspired by that lore. In today's exciting cosmopolitan society, we tend to discard the old in favor of the new; and while discovering new traditions is a wonderful experience, it's important to also**

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**reflect on the traditions that have shaped our culture, and see where they've taken us. In Northern Lore you will: \* Practice "Runic Yoga" for Health and Well Being \* Learn Ancient Herblore for Holistic Healing \* Meet your Animal Spirit Guide, or Fylgia \* Discover Lost Meaning in the Days of the Week \* Explore Modern Holidays & connections to Ancestral Festivals \* Unlock the Mysteries of the Runes \* Sample Viking and Anglo-Saxon cuisine Together we'll take an incredible journey back in time, and forward, embracing a synthesis of ancestral**

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**riches, and modern sensibilities. My hope is that after reading this, you'll go and dig deeper into your history - read the Eddas, harvest some herbs, practice runic yoga and cook a viking feast!**

**This volume synthesizes recent approaches to the study of historical English and long-established philological scholarship. Using this synthesis, it casts doubt upon the old antagonisms between modern linguistics and traditional approaches, and makes the historical study of English accessible to scholars and students of both backgrounds.**

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**This book brings together 10 studies on various characteristics of the historical development of English, and mainly Old and Middle English, first presented in workshops at the “Old and Middle English” and “Language Variation and Change in Ancient and Medieval Europe” summer schools, organized in Naxos, Greece. It includes studies derived from the first four workshops: “New Approaches to the History of Early English(es)” I, II and III and “Language Change in Indo-European” I. The first part of the volume emphasizes the**

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**synchronic description of syntactic, morphological and semantic features of Old English, while the second section emphasizes explanations of the development of various features of English, starting with Old English.**

**Revealing the history of Anglo-Saxon crafts  
On the Diachrony of English**

**A Social and Cultural Study of Veterinary  
Medicine in Early Modern England**

**Anglo-Saxon Crafts**

**Early English Charms, Plant Lore, and  
Healing**

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### **Explorations of Textual Presentations of Filth and Water**

### **Medieval Plants and their Uses**

### **Scholarship and Critical Assessment**

*A detailed work of reference and scholarship, this one volume*

*Encyclopedia includes discussions of all the fundamental issues in Tolkien scholarship written by the leading scholars in the field. Coverage not only presents the most recent scholarship on J.R.R. Tolkien, but also*

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*introduces and explores the author and scholar's life and work within their historical and cultural contexts.*

*Tolkien's fiction and his sources of influence are examined along with his artistic and academic achievements - including his translations of medieval texts - teaching posts, linguistic works, and the languages he created.*

*The 550 alphabetically arranged entries fall within the following categories of topics: adaptations art and*



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*illustrations characters in Tolkien's work critical history and scholarship influence of Tolkien languages biography literary sources literature creatures and peoples of Middle-earth objects in Tolkien's work places in Tolkien's work reception of Tolkien medieval scholars scholarship by Tolkien medieval literature stylistic elements themes in Tolkien's works theological/ philosophical concepts and philosophers Tolkien's contemporary*

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*history and culture works of literature*  
*The cross pervaded the whole of Anglo-Saxon culture, in art, in sculpture, in religion, in medicine. These new essays explore its importance and significance.*

*While most people today take hygiene and medicine for granted, they both have had their own history. We can gain deep insights into the pre-modern world by studying its health-care system, its approaches to medicine, and concept of*

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hygiene. Already the early Middle Ages witnessed great interest in bathing (hot and cold), swimming, and good personal hygiene. Medical activities grew over time, but even early medieval monks were already great experts in treating the sick. The contributions examine literary, medical, historical texts and images and probe the information we can glean from them. The interdisciplinary approach of this volume makes it possible to view this

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*large field in a complex and diversified manner, taking into account both early medieval and early modern treatises on medicine, water, bathing, and health. Such a cultural-historical perspective creates a most valuable bridge connecting literary and scientific documents under the umbrella of the history of mentality and history of everyday life. The volume does not aim at idealizing the past, but it definitely intends to deconstruct*

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*modern myths about the 'dirty' and 'unhealthy' Middle Ages and early modern age.*

*This book provides a unique and succinct account of the history of health and fitness, responding to the growing recognition of physicians, policy makers and the general public that exercise is the most potent form of medicine available to humankind.*

*Individual chapters present information extending from the earliest reaches of*

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*human history to the present day, arranged in the form of 30 thematic essays covering topics from the supposed idyll of the hunter-gatherer lifestyle and its posited health benefits to the evolution of health professionals and the possible contribution of the Olympic movement to health and fitness in our current society. Learning objectives are set for each topic, and although technical language is avoided as far as possible,*

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*a thorough glossary explains any specialized terms that are introduced in each chapter. The critical thinking of the reader is stimulated by a range of questions arising from the text context, and each chapter concludes with a brief discussion of some of the more important implications for public policies on health and fitness today and into the future. The material will be of particular interest to graduate and undergraduate students in public*

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health, health promotion, health policy, kinesiology, physical education, but will be of interest also to many studying medicine, history and sociology.

*Handbook of Cannabis*

*Leechcraft*

*Health and Healing from the Medieval Garden*

*'A plaine and easie waie to remedie a horse'*

*A Ritual Interpretation*



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***The Real Middle Earth***

***The Magic and Medicine of the Plants***

First published in 2006. Routledge is an imprint of Taylor & Francis, an informa company.

A profile of the Anglo-Saxon civilization that may have inspired J. R. R. Tolkien's depiction of Middle-earth draws on archaeological and historical sources to relate its citizens' beliefs about magic and the elements of the terrain and daily life. Reprint. 10,000 first printing.

Surveys the material culture of medieval Europe to reveal the nature of everyday life at the time, and discusses the era's traditions and inventions.

Some of the most important authors in British poetry left

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their mark on literature before 1600, including Geoffrey Chaucer, Edmund Spenser, and, of course, William Shakespeare. "The Facts On File Companion to British Poetry before 1600" is an encyclopedic guide to British poetry from the beginnings to the year 1600, featuring approximately 600 entries ranging in length from 300 to 2,500 words.

A History of Magic Books

Written Reliquaries

Christianization and Commonwealth in Early Medieval Europe

Cultures of Healing

History's Strangest Cures

The Care of Brute Beasts

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The Plants of Middle-earth

**Written Reliquaries: The resonance of orality in medieval English texts establishes the linguistic component of orality and oral tradition. The relics it examines are traces of spoken performance, artifacts of linguistic and cultural processes. Seven case studies animate verbal acts of making promises, quoting proverbs, pronouncing curses, speaking gibberish, praying Pater Nosters, invoking saints, and keeping silence. The study of their resonance is enabled by a methodological conjunction of historical pragmatics and oral theory. Insights from oral theory enlighten spoken traditions which in turn may be understood in the larger historical-pragmatic context of linguistic performance. The inquiry ranges across broad**

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as well as narrow planes of reference to trace a complex set of cultural and linguistic interactions. In this way it reconstructs relevant discursive contexts, giving detailed accounts of underlying assumptions, traditions, and conventions. Doing so, the book demonstrates that an integrated methodology not only allows access to oral discourse in both Old English and Middle English but also provides insight into the fluid medieval interchange of literacy and orality.

Why has the history of Western herbal medicine received such little research coverage in any systematic and authoritative way, even though it has figured large in both lay and learned healthcare of the past? What methods and sources are most appropriate for the study

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**of medicinal herbs and herbal practices of the past? This collection provides historians with a coherent guide to a variety of sources in relation to medicinal plants that they have thus far lacked. Critical Approaches to the History of Western Herbal Medicine encourages a serious re-assessment of research in the history of herbal medicine and provides examples of appropriate methodologies and critical examinations of relevant sources. In this innovative collection, historians and researchers from a range of disciplines come together to share material on the identification and use of medicinal plants, the activities of people involved with herbal medicine and the investigation of past herbal therapeutic beliefs and practice. Classical and medieval scholars, social and**

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**literary historians, archaeologists and ethnobotanists all contribute to this exploration of the history of Western herbal medicine.**

**Weave the Threads of Ancient Heathen Magic into Your Life Journey into the fascinating depths of Heathenry with this tremendous source of history, inspiration, and practical information. Based on decades of research and experimentation, *Elves, Witches & Gods* provides explanations and hands-on techniques for galdr, seidr, fiber magic, herb craft, journeying, going under the cloak, and connecting with deities and elves. Working with authentic source material, Cat Heath has carefully pieced together and recreated Heathen magic techniques, and she shares the theories, skills, and tools you need to**

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**begin or deepen your own practice. This book introduces you to deities such as the Spinning Goddess, the Spear God, Odin, and Ingvi-Freyr. You will discover recipes, spells, and prayers, as well as learn how to work with specific oils and charms. Whether you are interested in using magic to influence your fate or you want to take a deep dive into the craft of the helrune and the völva, this book's guidance will help you take the next steps on the Heathen path. Includes a foreword by Patricia M. LaFayllve, author of A Practical Heathen's Guide to Asatru**

**Plants were an essential part of medieval life. Most people lived in houses made of wood and thatch, which often accidentally burned down when they cooked their**

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food or huddled over wood fires to keep warm. People wore linen clothing dyed with plants. They drank ale, cider and wine as they danced to music played on wooden instruments. Beauty, love and seduction could all be made easier with a few herbal preparations. If you became ill, plants provided many of the cures. The unwary may have mistaken a poisonous plant for one that was good to eat, with fatal consequence. Others may have used the poisonous plant to remove an unwanted rival. Some plants had magical properties. The mysterious mandrake could kill anybody who tried to dig it up without taking the appropriate precautions. Demons could be summoned or dismissed by the aid of plants. The church used powerful incense to clean the air and



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**induce a sense of religious euphoria. This book is designed to give a broad introduction to the plants that were used during the medieval period. With many colorful photos, a list of plants that were available and some original medieval recipes to try, you can set out on an adventure to explore the wonderful world of medieval plants.**

**The Place of the Cross in Anglo-Saxon England  
Essex Witches**

**I Feel Better With A Frog In My Throat**

**The Naxos Papers, Volume I**

**Critical Approaches to the History of Western Herbal  
Medicine**

**The resonance of orality in medieval English texts**

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### **The Medieval Postcolonial Jew, in and Out of Time**

Bringing together scholarship on multilingual and intercultural medieval Britain like never before, The Encyclopedia of Medieval Literature in Britain comprises over 600 authoritative entries spanning key figures, contexts and influences in the literatures of Britain from the fifth to the sixteenth centuries. A uniquely multilingual and intercultural approach reflecting the latest scholarship, covering the entire medieval period and the full tapestry of literary languages comprises over 600 authoritative yet accessible entries on key figures, texts, critical

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production, performance and reception as well as highlighting narrative transformations and intertextual links during the period

Fresh examinations of the role of medicinal plants in medieval thought and practice and how they contributed to broader ideas concerning the body, religion and identity.

Beautifully illustrated with dozens of original full-color and black-and-white drawings, *The Plants of Middle-earth* connects readers visually to the world of Middle-earth, its cultures and characters and the scenes of their adventures. Tolkien's use of flowers,

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herbs, trees, and other flora creates verisimilitude in Middle-earth, with the flora serving important narrative functions. This botanical tour through Middle-earth increases appreciation of Tolkien's contribution as preserver and transmitter of English cultural expression, provides a refreshing and enlivening perspective for approaching and experiencing Tolkien's text, and allows readers to observe his artistry as sub-creator and his imaginative life as medievalist, philologist, scholar, and gardener. The Plants of Middle-earth draws on biography, literary sources, and cultural history and

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is unique in using botany as the focal point for examining the complex network of elements that comprise Tolkien's creation. Each chapter includes the plants' description, uses, history, and lore, which frequently lead to their thematic and interpretive implications. The book will appeal to general readers, students, and teachers of Tolkien as well as to those with an interest in plant lore and botanical illustration.

This volume includes an important assessment of the correspondence of St Boniface.

Ashgate Critical Essays on Early English

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Lexicographers

Spiritual Herbalism

Bodily and Spiritual Hygiene in Medieval and Early Modern Literature

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Peoples, Polities and Identities on the Frontiers of Medieval Europe

Religion, Politics and Society in Britain, 800-1066

Anglo-Saxon England: Volume 30

The Medieval Postcolonial Jew, In and Out of Time studies violent temporal clashes that are written into the medieval vision of annus domini [the year of our

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Lord]. Christian temporality represents Jewish time as queerly oddly outmoded and advocating uncivil and socially disruptive behavior. Jewish temporality, in turn, records a marginalized people who work to rescue their embattled temporality from becoming a time forgotten and colonized. Through a select group of literature in Middle English, Latin, and Hebrew, as well as sixteen manuscript pictorials, author Miriamne Ara Krummel confronts the notion that annus domini time (whether disguised as CE or AD) figures as the universal standard. Krummel's argument details how Other temporalities--ones



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outside and not like annus domini time--are cast as nonstandard and imagined as wholly devised out of stories that promote fear and terror, and are positioned as putative threats to the fabric of the temporal empire of Latin Christendom. Ultimately, the book reflects on the ways in which "common" time both marks and silences marginal identities and cultures and shows to what extent the dynamics of the medieval environment materialize in our modern world.

Perceptions of the Prehistoric in Anglo-Saxon England represents an unparalleled exploration of

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the place of prehistoric monuments in the Anglo-Saxon psyche, and examines how Anglo-Saxon communities perceived and used these monuments during the period AD 400-1100. Sarah Semple employs archaeological, historical, art historical, and literary sources to study the variety of ways in which the early medieval population of England used the prehistoric legacy in the landscape, exploring it from temporal and geographic perspectives. Key to the arguments and ideas presented is the premise that populations used these remains, intentionally and knowingly, in the articulation and manipulation of

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their identities: local, regional, political, and religious. They recognized them as ancient features, as human creations from a distant past. They used them as landmarks, battle sites, and estate markers, giving them new Old English names. Before, and even during, the conversion to Christianity, communities buried their dead in and around these monuments. After the conversion, several churches were built in and on these monuments, great assemblies and meetings were held at them, and felons executed and buried within their surrounds. This volume covers the early to late Anglo-Saxon

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world, touching on funerary ritual, domestic and settlement evidence, ecclesiastical sites, place-names, written sources, and administrative and judicial geographies. Through a thematic and chronologically-structured examination of Anglo-Saxon uses and perceptions of the prehistoric, Semple demonstrates that populations were not only concerned with Romanitas (or Roman-ness), but that a similar curiosity and conscious reference to and use of the prehistoric existed within all strata of society.

It wasn't too long ago that people tried all sorts of

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things to help sick people feel better. They tried wild things like drinking a glass full of millipedes or putting some mustard on one's head. Some of the cures worked, and some of them...well, let's just say that millipedes, living or dead, are not meant to be ingested. Carlyn Beccia takes readers on a colorful and funny medical mystery tour to discover that while times may have changed, many of today's most reliable cure-alls have their roots in some very peculiar practices, and so relevant connections can be drawn from what they did then to what we do now.

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Maps and Monsters in Medieval England