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Between The Pharmaceutical  
**Let Them Eat Prozac**  
Industry And Depression  
The Unhealthy  
Relationship Between  
The Pharmaceutical

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The Unhealthy Relationship

**Industry And**  
Between The Pharmaceutical

**Depression Medicine**  
Industry And Depression

**Culture And History**  
Medicine Culture And History

**America had a radically different  
relationship with drugs a century**

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Industry And Depression  
Medicine, Culture, And History

**ago. Drug prohibitions were few,  
and while alcohol was considered  
a menace, the public regularly  
consumed substances that are  
widely demonized today. Heroin  
was marketed by Bayer  
Pharmaceuticals, and marijuana  
was available as a tincture of**

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**cannabis sold by Parke Davis and  
Company. Exploring how this  
rather benign relationship with  
psychoactive drugs was  
transformed into one of  
confusion and chaos, The Cult of  
Pharmacology tells the dramatic  
story of how, as one legal drug**

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Between The Pharmaceutical  
Industry And Depression  
Medicine Culture And History

**after another fell from grace, new pharmaceutical substances took their place. Whether Valium or OxyContin at the pharmacy, cocaine or meth purchased on the street, or alcohol and tobacco from the corner store, drugs and drug use proliferated in twentieth-**

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century America despite an  
escalating war on “drugs.”

Richard DeGrandpre, a past  
fellow of the National Institute on  
Drug Abuse and author of the  
best-selling book Ritalin Nation,  
delivers a remarkably original  
interpretation of drugs by

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**examining the seductive but ill-fated belief that they are chemically predestined to be either good or evil. He argues that the determination to treat the medically sanctioned use of drugs such as Miltown or Seconal separately from the illicit use of**

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**substances like heroin or ecstasy  
has blinded America to how drugs  
are transformed by the manner in  
which a culture deals with them.  
Bringing forth a wealth of  
scientific research showing the  
powerful influence of social and  
psychological factors on how the**



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Medicine Culture And History

**brain is affected by drugs,  
DeGrandpre demonstrates that  
psychoactive substances are not  
angels or demons irrespective of  
why, how, or by whom they are  
used. The Cult of Pharmacology  
is a bold and necessary new  
account of America's complex**

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relationship with drugs.  
Industry And Depression  
Medicine, Culture And History  
**Discusses the effects of  
expanding the Diagnostic and  
Statistical Manual of Mental  
Disorders (DSM)'s fourth edition  
on the psychiatric community,  
pharmaceutical companies, and  
the nation.**

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The Unhealthy Relationship

**Outlines a nutrition program that reduces food cravings**

**A psychiatrist provides an insider account on the controversial use of selective serotonin reuptake inhibitors (SSRIs) Prozac. Paxil. Zoloft. Turn on your television and you are likely to see a**

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Medicine (SSRIs) Antidepressants  
commercial for one of the many  
selective serotonin reuptake  
inhibitors (SSRIs) on the market.  
We hear a lot about them, but do  
we really understand how these  
drugs work and what risks are  
involved for anyone who uses  
them? Let Them Eat Prozac

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**explores the history of  
SSRIs—from their early  
development to their latest  
marketing campaigns—and the  
controversies that surround  
them. Initially, they seemed like  
wonder drugs for those with mild  
to moderate depression. When**

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**Prozac was released in the late 1980s, David Healy was among the psychiatrists who prescribed it. But he soon observed that some of these patients became agitated and even attempted suicide. Could the new wonder drug actually be making patients**

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**worse? Healy draws on his own  
research and expertise to  
demonstrate the potential  
hazards associated with these  
drugs. He intersperses case  
histories with insider accounts of  
the research leading to the  
development and approval of**

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**SSRIs as a treatment for depression. Let Them Eat Prozac clearly demonstrates that the problems go much deeper than a side-effect of a particular drug. The pharmaceutical industry would like us to believe that SSRIs can safely treat depression,**



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**anxiety, and a host of other  
mental problems. But, as Let  
Them Eat Prozac reveals, this  
“cure” may be worse than the  
disease.**

**Missing Data, Lost Lives and  
Antidepressants**

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**Psychiatric Drugs Explained**  
**How America Became the World's**  
**Most Troubled Drug Culture**  
**Shyness**  
**Tropical Depression**  
**Robin Cook has always**  
**been on the cutting edge of**  
**the latest medical**

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**controversies. In  
Acceptable Risk, he  
confronts one of the most  
provocative issues of our  
time: personality-altering  
drugs and the complex  
moral questions they raise.**

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**Neuroscientist Edward  
Armstrong has managed to  
isolate a psychotropic drug  
with a strange and dark  
history--one that may  
account for the public  
hysteria during the Salem**

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**witch trials. In a brilliant  
designer-drug  
transformation, it is  
developed into an  
antidepressant with truly  
startling therapeutic  
capabilities. But who can**

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Medicine Culture And History**  
**be sure the drug is safe for  
consumers? Who defines  
the boundaries of "normal"  
human behavior? And if the  
drug's side effects are  
proven to be  
dangerous--even**

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**terrifying--how far will the  
medical community go to  
alter their standards  
of...Acceptable Risk.  
Mind Fixers tells the history  
of psychiatry's quest to  
understand the biological**

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**basis of mental illness and asks where we need to go from here. In Mind Fixers, Anne Harrington, author of The Cure Within, explores psychiatry's repeatedly frustrated struggle to**



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**understand mental disorder  
in biomedical terms. She  
shows how the stalling of  
early twentieth century  
efforts in this direction  
allowed Freudians and  
social scientists to insist,**

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**with some justification,  
that they had better ways  
of analyzing and fixing  
minds. But when the  
Freudians overreached,  
they drove psychiatry into  
a state of crisis that a new**

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**“biological revolution” was  
meant to alleviate.**

**Harrington shows how little  
that biological revolution  
had to do with  
breakthroughs in science,  
and why the field has fallen**

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**into a state of crisis in our  
own time. Mind Fixers  
makes clear that  
psychiatry's waxing and  
waning biological  
enthusiasms have been  
shaped not just by**

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**developments in the clinic  
and lab, but also by a  
surprising range of social  
factors, including  
immigration, warfare,  
grassroots activism, and  
assumptions about race**

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**and gender. Government  
programs designed to  
empty the state mental  
hospitals, acrid rivalries  
between different factions  
in the field, industry profit  
mongering, consumerism,**

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**and an uncritical media  
have all contributed to the  
story as well. In focusing  
particularly on the search  
for the biological roots of  
schizophrenia, depression,  
and bipolar disorder,**

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The Unhealthy Relationship

**Harrington underscores the high human stakes for the millions of people who have sought medical answers for their mental suffering. This is not just a story about doctors and scientists, but**



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Medicine Culture And History  
**about countless ordinary  
people and their loved  
ones. A clear-eyed,  
evenhanded, and yet  
passionate tour de force,  
Mind Fixers recounts the  
past and present struggle**

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**to make mental illness a  
biological problem in order  
to lay the groundwork for  
creating a better future,  
both for those who suffer  
and for those whose job it  
is to care for them.**

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**Leonard Cohen is one of the  
great writers, performers,  
and most consistently  
daring artists of our time.  
Book of Longing is Cohen's  
eagerly awaited new  
collection of poems,**

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**following his highly  
acclaimed 1984 title, Book  
of Mercy, and his hugely  
successful 1993  
publication, Stranger  
Music, a Globe and Mail  
national bestseller. Book of**

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**Longing contains erotic,  
playful, and provocative  
line drawings and artwork  
on every page, by the  
author, which interact in  
exciting and unexpected  
ways on the page with**

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**poetry that is timeless,  
meditative, and at times  
darkly humorous. The book  
brings together all the  
elements that have brought  
Leonard Cohen's artistry  
with language worldwide**

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**recognition.**

**It's Manhattan in the winter  
of 2010, and Shivani Patel  
is carrying the secrets of a  
trade that no one  
understands: medical  
ghostwriting. A Cambridge-**

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**trained scientist and  
wordsmith for the world's  
largest drugmaker, she  
makes her soaring pay by  
delivering the sleight-of-  
hand needed to move new  
drugs into medical journals**



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**and onto market. Then she  
watches as a parade of  
aging males take credit for  
her work. Halfway across  
the country, Griffin Wagner  
is slumming it in  
Minneapolis as a freelance**

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**reporter for In the Zone, a  
downmarket men's  
magazine and his lifeline in  
the collapse of print. When  
fate leads both Shivani and  
Griffin to a problem with  
the world's favorite pill and**

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**the celebrity psychiatrist  
who promoted it, Shivani's  
powerful employers go to  
war with the three of them.  
A literary thriller at the  
intersection of science,  
belief and mass media,**

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**Malcharist is a globe-  
traveling debut about  
lonely jobs, the seduction  
of brain chemistry  
narratives in an age of  
industrial polypharmacy,  
and the troubling rise of**

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**indiscriminate violence in  
our time. Paul John Scott is  
a journalist who lives in  
Minnesota. This is his first  
novel.**

**The Creation of  
Psychopharmacology**

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Against Happiness  
Book of Longing  
Let Them Eat Prozac  
The Science and the Story  
of the Drugs that Changed  
Our Minds  
Magic Bullets, Psychiatric

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**Drugs, and the Astonishing  
Rise of Mental Illness in  
America** Culture And History

*A stellar group of authors  
from across disciplines  
explains the alarming  
increase in the use of*

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*psychotropic medications,  
questions the causes, and  
presents disturbing*

*thoughts regarding this  
phenomenon and the risks  
it creates for children.  
They take an in-depth look*



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*at the conditions that  
have led to drugging our  
children, and stress how  
emotional, social,  
cultural, and physical  
environments can both  
damage and heal young*

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*minds. And they challenge  
the model that maintains  
that psychological*

*disturbance is genetic and  
thus requires medication.*

*This is riveting reading  
for all who care about the*

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*youngest members of society. Over the past 15 years, there has been a 300 percent increase in the use of psychotropic medications with girls and boys under the age of 20,*

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Between The Pharmaceutical  
Industry And Depression  
Medicine Culture And History

*and prescriptions for preschoolers have skyrocketed. A stellar group of authors from across disciplines explains this increase, questions the causes, and*

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*presents disturbing thoughts regarding this phenomenon as they describe the risks it creates for children. While there are certainly extreme cases where drugs*

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are the only option,  
medication rather than  
psychotherapy and

counseling has become the  
first choice for treatment  
rather than a last resort.  
The experts who joined

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*forces for this book take  
Industry And Depression  
Medicine Culture And History  
an in-depth look at the  
conditions that have led  
to drugging our children,  
and stress how emotional,  
social, cultural, and  
physical environments can*

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*both damage and heal young  
minds. The so-called  
medical model, one  
maintaining that  
psychological disturbance  
is genetic and thus  
requires medication, is*



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Between The Pharmaceutical  
Industry And Depression  
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*challenged in this volume.  
Contributors range from a  
pediatrician who has  
testified before Congress  
and been featured in a  
Time magazine cover story,  
to a top child*

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*psychiatrist who is an  
official for the American  
Academy of Child and  
Adolescent Psychiatry,  
along with a well-known  
child psychiatrist,  
psychologists,*

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environmentalists, and a  
Industry And Depression  
Medicine Culture And History  
public policy consultant.  
This is riveting reading

for all who care about the  
youngest members of  
society. Among other  
issues, this work looks at

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*controversy over whether  
psychiatric medications  
are safe or effective for  
children—and what little  
we know about their effect  
on still-developing  
brains—as well as the role*

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*of corporate interests in  
the increased use of  
psychotropics for  
children. Chapters address  
the role of environment in  
both causing and curing  
disorders more and more*

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Between The Pharmaceutical Industry And Depression  
Medicine Culture And History

*often diagnosed in our youngsters: from ADHD, depression, and anxiety to eating disorders. The core questions addressed by this sage group of contributors are these:*

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*Why are so many children being diagnosed with psychiatric disturbances and given drugs? Why have drugs become the first treatment of choice to deal with those disorders?*

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Winner of the IPPY Award  
Industry And Depression  
Medicine Culture And History  
gold medal for Most  
Progressive Health Book On  
December 2, 2004, Gwen  
Olsen's niece Megan  
committed suicide by  
setting herself on



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*fire—and ended her  
tortured life as a victim  
of the adverse effects of  
prescription drugs.*

*Olsen's poignant  
autobiographical journey  
through the darkness of*

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Mental illness and the  
catastrophic consequences  
that lurk in medicine  
cabinets around the  
country offers an honest  
glimpse into alarming  
statistics and a health

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care system ranked last  
among nineteen  
industrialized nations

worldwide. As a former  
sales representative in  
the pharmaceutical  
industry for several

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*years, Olsen learned firsthand how an unprecedented number of lethal drugs are unleashed in the United States market, but her most heartrending education*

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Medicine Culture And History  
into the dangers of  
antidepressants would come  
as a victim and  
ultimately, as a survivor.  
Rigorously researched and  
documented, Confessions of  
an Rx Drug Pusher is a

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*moving human drama that  
shares one woman's  
unforgettable journey of  
faith, forgiveness, and  
healing.*

*Elizabeth Wurtzel's New  
York Times best-selling*

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Medicine Culture And History

*memoir, with a new  
afterword "Sparkling,  
luminescent prose . . . A  
powerful portrait of one  
girl's journey through the  
purgatory of depression  
and back." —New York Times*

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*"A book that became a cultural touchstone." —New Yorker Elizabeth Wurtzel writes with her finger on the faint pulse of an overdiagnosed generation whose ruling icons are*



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*Kurt Cobain, Xanax, and  
pierced tongues. Her  
famous memoir of her bouts  
with depression and  
skirmishes with drugs,  
Prozac Nation is a witty  
and sharp account of the*

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*psychopharmacology of an  
era for readers of Girl,  
Interrupted and Sylvia  
Plath's The Bell Jar.*

*This hard-hitting exposé  
blows the lid off of  
everything you thought you*

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*knew about Big Pharma and  
Big Food. What goes on  
behind the scenes in these  
industries is more  
suspicious, more devious,  
more disreputable than you  
could have ever imagined.*

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*Rosenberg's message is clear: the pharmaceutical and agricultural industries are tainting public health through marketing disguised as medical education and*

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research, aggressive  
Industry And Depression  
lobbying, and high-level  
Medicine Culture And History  
conflicts of interest. If  
you're concerned about the  
safety of the drugs you  
take and the food you eat,  
you owe it to yourself to

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*read this important book.*

*Having gained the trust of more than twenty doctors, researchers, and experts who were willing to come forward and finally tell all, reporter and*

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editorial cartoonist

Rosenberg presents us with  
her shocking findings.

Explosive material from  
whistle-blowers,  
scientists, unsealed  
lawsuits, and Big Pharma's

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and Big Food's own  
Industry And Depression  
marketers exposes how  
Medicine Culture And History  
these industries put  
profits before public  
safety and how the  
government puts the  
interests of business



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*before the welfare of  
consumers, creating a  
double whammy that "pimps"  
the public health. What  
Rosenberg reveals about  
government complicity,  
regulatory food- and drug-*

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*safety lapses, and*

*legislative injustices*

*will both shock and*

*appall.*

*Confessions of an Rx Drug*

*Pusher*

*A Short History of Bipolar*

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Disorder  
The Many Lives of  
Amphetamine  
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*How Anxious Dogs,  
Compulsive Parrots, and  
Elephants in Recovery Help  
Us Understand Ourselves*

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*Mind Fixers: Psychiatry's  
Troubled Search for the  
Biology of Mental Illness  
Prozac Nation*

Wonder drug or chemical  
time bomb? The ultimate  
consumer guide to Prozac

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from the publishers of The  
Pill Book The first  
comprehensive guide to  
Prozac—separating the  
facts from the myths about  
the drug many doctors  
believe is the best

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medication available for  
the treatment of  
depression—a serious  
illness that affects  
fifteen million Americans.  
Dramatic evidence  
suggesting Prozac may be

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effective in treating  
disorders, obesity,  
obsessive-compulsive  
disorder, alcoholism,  
panic and anxiety, and  
other major illnesses.  
Important conclusion from

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Medicine Culture And History

the latest scientific  
research to help you  
assess the benefits—and  
risks—of Prozac The facts  
about how much Prozac you  
may need to take and for  
how long—and what happens



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when you stop. If you're  
taking Prozac now or think  
you may in the future you  
need this book!

The explosive story of the  
discovery and development  
of psychiatric

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medications, as well as  
the science and the people  
behind their invention,  
told by a riveting writer  
and psychologist who  
shares her own experience  
with the highs and lows of

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psychiatric drugs.

Although one in five

Americans now takes at

least one psychotropic

drug, the fact remains

that nearly seventy years

after doctors first began

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prescribing them, not even  
their creators understand  
exactly how or why these  
drugs work -- or don't  
work -- on what ails our  
brains. Lauren Slater's  
revelatory account charts

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psychiatry's journey from  
its earliest drugs,  
Thorazine and lithium, up  
through Prozac and other  
major antidepressants of  
the present. Blue Dreams  
also chronicles

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experimental treatments involving Ecstasy, magic mushrooms, the most cutting-edge memory drugs, placebos, and even neural implants. In her thorough analysis of each

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treatment, Slater asks three fundamental questions: how was the drug born, how does it work (or fail to work), and what does it reveal about the ailments it is

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meant to treat? Fearlessly  
weaving her own intimate  
experiences into  
comprehensive and wide-  
ranging research, Slater  
narrates a personal  
history of psychiatry



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itself. In the process,  
her powerful and  
groundbreaking exploration  
casts modern psychiatry's  
ubiquitous wonder drugs in  
a new light, revealing  
their ability to heal us

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or hurt us, and proving an indispensable resource not only for those with a psychotropic prescription but for anyone who hopes to understand the limits of what we know about the

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human brain and the possibilities for future treatments.

This text provides drug names in generic as well as both UK and US tradenames. In addition to

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a comprehensive review of  
drug treatment organised  
by condition, the text  
also addresses important  
issues for professionals  
and their clients  
concerning consent,

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liability and the  
management of side effects  
and withdrawal.

A compelling and troubling  
exploration of a  
generation raised on  
antidepressants, and a

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book that combines expansive interviews with substantive research-based reporting, Coming of Age on Zoloft is a vitally important and immediately engrossing study of one of

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America's most pressing  
and omnipresent issues:  
our growing reliance on  
prescription drugs.

Katherine Sharpe, the  
former editor of Seed  
magazine's

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ScienceBlogs.com,  
addresses the questions  
that millions of young men  
and women are struggling  
with. "Where does my  
personality end and my  
prescription begin?" "Do I



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"have a disease?" "Can I  
get better on my own?"

Combining stout scientific  
acumen with first-person  
experience gained through  
her own struggle with  
antidepressants, Sharpe

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leads the reader through a complex subject, a guide towards a clearer future for all.

Pharmageddon

Malcharist

Animal Madness

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Acceptable Risk  
Everything You Need to  
Know About Prozac  
A Psychiatrist Explores  
Antidepressant Drugs and  
the Remaking of the Self:  
Revised Edition

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"As enjoyable as a day at the beach." That's how USA TODAY summed up this hilarious and big-hearted romp in the Florida sunshine. When Murray Zelman, a.k.a. The Bra King, pops another Prozac and heads to the Keys, he

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has nothing much in mind beyond a quixotic hope of winning back his first wife, Franny, whom he dumped years before. But when he forms an unlikely friendship with Tommy Tarpon, the last remaining member of an obscure Indian tribe, another

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plan also starts shaping up in his  
fevered brain. Why not open up

Key West's first casino? Why not?

Well, how about because the Mafia,  
in league with some of the nastiest  
politicians you will ever meet, is  
determined to kill anyone who

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tries? Somehow, Murray, Tommy,  
and Franny didn't think of that until  
they were in way too deep. Laugh  
along as they improvise a manic  
and ever more desperate campaign  
to keep their casino dreams--and  
themselves--alive.

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\*\*“Science Friday” Summer  
Reading Pick\*\* \*\*Discover  
magazine Top 5 Summer Reads\*\*

\*\*People magazine Best Summer  
Reads\*\* “A lovely, big-hearted  
book...brimming with compassion  
and the tales of the many, many



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humans who devote their days to making animals well” (The New York Times). Have you ever

wondered if your dog might be a bit depressed? How about heartbroken or homesick? Animal Madness takes these questions seriously,

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exploring the topic of mental health and recovery in the animal kingdom and turning up lessons that

Publishers Weekly calls

“ Illuminating...Braitman ’ s delightful balance of humor and poignancy brings each case of life...[Animal

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Madness 's] continuous dose of  
hope should prove medicinal for  
humans and animals alike.” Susan

Orlean calls *Animal Madness* “a  
marvelous, smart, eloquent  
book—as much about human  
emotion as it is about animals and

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their inner lives.” It is “a gem...that can teach us much about the wildness of our own minds”

(Psychology Today).

Ground-breaking work on the dangers of anti-depressants and why the FDA continues to approve

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them. Lots of anecdotes, well-written, author will be on tour in the U.S. Good media lining up, very controversial author.

This version is now out of print. An edition with e-book is available under ISBN 97880702041365.

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Between The Pharmaceutical  
Industry And Depression  
Psychiatric Drugs Explained  
contains a clear and  
comprehensive guide to the uses,  
benefits and impact of psychotropic  
drugs. It explains how people taking  
the drugs experience their side  
effects compared to the benefits

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they may bring. The fifth edition has been fully revised and updated to include the latest thinking on the rationale for drug treatments to help mental health professionals and service users understand therapeutic decision making. \*

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Organized by disorder \*

Comprehensive review of drug  
effects, action and side-effects \*

'User issues' boxes to highlight  
particular problems experienced \*

Website addresses to allow  
searching for further information \*



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Questionnaires to help assess side effects Information on: \* New antipsychotic drugs and metabolic complications \* New antidepressants \* How drugs and therapies such as cognitive behavioural therapy interact and

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compete \* Drugs that affect sexual  
functioning \* Evidence-based  
medicine

Anatomy of an Epidemic

Prozac as a Way of Life

How To Control Depression, Food  
Cravings And Weight Gain

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Blue Dreams  
Industry And Depression  
Young and Depressed in America  
Medicine Culture And History  
A History of Electroconvulsive  
Treatment in Mental Illness

In this work Healy  
chronicles the history of  
psychopharmacology, from

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the discovery of  
chlorpromazine in 1951, to  
current battles over  
whether powerful chemical  
compounds should replace  
psychotherapy. The  
marketing of

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antidepressants is included.

In a controversial look at the potent drugs millions of Americans consume each day--for everything from anxiety to sexual

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addiction--Dr. Glenmullen  
Industry And Depression  
Medicine Culture And History  
presents authoritative  
information on why they  
are risky and provides  
advice on choosing safer  
alternative treatments.  
Children of the Cure tells

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the story of the only  
Medical Study that has two  
publications in the  
academic literature-  
telling precisely the  
opposite story-and how no  
one is bothered by this.

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Study 329 was a clinical study that began in 1994 giving a new antidepressant to teenagers. It has become the most famous clinical trial ever, leading to a



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fraud charge, a \$3 billion fine, and a Black Box Warning. Despite now knowing that all trials of antidepressants done in children are negative, sales of these drugs to

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children and adolescents  
continue to increase  
dramatically. This book is

written by three members  
of the team-David Healy,  
Joanna Le Noury and Julie  
Wood-who have been behind

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writing the study and  
creating the website that  
hosts a set of documents  
pharmaceutical companies  
never expected you would  
get to see.

Now in its sixth edition,

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and written by an author internationally recognised in his field, Psychiatric Drugs Explained offers a wealth of information in a handy easy-to-use format. Organised by disorder, and

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providing a comprehensive  
review of drug effects,  
action and side-effects,  
this fully updated new  
edition covers the latest  
drugs on the market, and  
explores changes in

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prescribing practice. The author's approach is distinctive and reader-friendly, to help guide mental health professionals through the benefits and impacts of

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psychotropic drugs.

Additional topics include  
management of disorders  
including stimulants and  
drugs for children,  
cognitive impairment and  
sleep disorders. Includes

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management of disorders  
including stimulants and  
drugs for children,

cognitive impairment and  
sleep disorders Gives  
particular focus on areas  
that are of major concern



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to mental health  
practitioners including  
management of dependence  
and withdrawal and issues  
of consent, abuse and  
liability 'User Issues'  
boxes highlight the most

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crucial aspects of drug effects and their implications Key references point the reader to the most up-to-date research and literature in the field

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Fresh design and updated artwork gives added appeal to the volume Organised by disorder this new edition now covers the latest drugs on the market and explores changes in

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prescribing practice  
Industry And Depression  
Includes updated  
references pointing the  
reader to the most recent  
research and literature in  
the field  
The Antidepressant Era

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Overcoming the Dangers of  
Prozac, Zoloft, Paxil, and  
Other Antidepressants with  
Safe, Effective  
Alternatives  
No Child Left Different  
In Praise of Melancholy

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Potatoes Not Prozac  
Industry And Depression  
Pharmacopolitics

*This searing indictment, David Healy's most comprehensive and forceful argument against the pharmaceuticalization of medicine, tackles problems in*

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*health care that are leading to a growing number of deaths and disabilities. Healy, who was the first to draw attention to the now well-publicized suicide-inducing side effects of many anti-depressants,*

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*attributes our current state of affairs to three key factors: product rather than process patents on drugs, the classification of certain drugs as prescription-only, and industry-controlled drug trials.*



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These developments have tied the survival of pharmaceutical companies to the development of blockbuster drugs, so that they must overhype benefits and deny real hazards. Healy further explains why these

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*trends have basically ended  
the possibility of universal  
health care in the United  
States and elsewhere around  
the world. He concludes with  
suggestions for reform of our  
currently corrupted evidence-*

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*based medical system.*

*Everyday suffering—those  
conditions or feelings brought  
on by trying circumstances  
that arise in everyone's  
lives—is something that  
humans have grappled with for*

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*millennia. But the last decades have seen a drastic change in the way we approach it. In the past, a person going through a time of difficulty might keep a journal or see a therapist, but now the psychological has*

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*been replaced by the  
biological: instead of treating  
the heart, soul, and mind, we  
take a pill to treat the brain.  
Chemically Imbalanced is a  
field report on how ordinary  
people dealing with common*

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*problems explain their  
suffering, how they're  
increasingly turning to the thin  
and mechanistic language of  
the "body/brain," and what  
these encounters might tell us.  
Drawing on interviews with*

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people dealing with struggles such as underperformance in school or work, grief after the end of a relationship, or disappointment with how their life is unfolding, Joseph E. Davis reveals the profound

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*revolution in consciousness  
that is underway. We now see  
suffering as an imbalance in  
the brain that needs to be  
fixed, usually through  
chemical means. This has  
rippled into our social and*



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*cultural conversations, and it  
has affected how we, as a  
society, imagine ourselves and  
envision what constitutes a  
good life. Davis warns that  
what we envision as a  
neurological revolution, in*

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*which suffering is a  
mechanistic problem, has  
troubling and entrapping  
consequences. And he makes  
the case that by turning away  
from an interpretive, meaning-  
making view of ourselves, we*

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*thwart our chances to enrich  
our souls and learn important  
truths about ourselves and the  
social conditions under which  
we live.*

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*Daemmrich uses a  
comparative study of  
pharmaceutical regulation in  
the U.S. and Germany to show*

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that in order for medical globalization to be successful, it must accommodate persisting social and political variation even when technical standardization has been achieved. He looks at the

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*relationships among governments, doctors, the pharmaceutical industry, and patients in case studies of an antibiotic, a sedative, a heart medication, a cancer therapy, and an AIDS drug.*

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*Lost Connections  
How Antidepressants Cheered  
Us Up, Let Us Down, and  
Changed Who We Are  
The Unhealthy Relationship  
Between the Pharmaceutical  
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*How Normal Behavior Became  
a Sickness*

*On Speed* Culture And History

*Shock Therapy*

Have you ever wondered why you  
can't say no to fattening foods or  
alcohol? Why you overspend or



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overwork, feel bloated, have mood swings or depression? The answer is not that you're lazy, self-indulgent or undisciplined. The problem lies in your body chemistry. Millions of people are sugar sensitive and the foods they turn to for comfort actually

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trigger feelings of exhaustion, hopelessness and low self-esteem. In her groundbreaking book, Kathleen DesMaisons, Ph.D., explains how certain food-dependent chemicals in the brain regulate our moods. To maintain mental and physical health our

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serotonin, beta-endorphins and  
blood sugar levels need to be  
kept in balance. We can achieve  
this by following DesMaison's  
inexpensive, all-natural nutritional  
plan. There is no regime of  
measurements or self-denial: you  
tailor the plan to your tastes and

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lifestyle. More than just a book about food, this is a book about possibilities. Since it was introduced in 1987, Prozac has been prescribed to nearly five million Americans. But what is Prozac? A medication or a mental steroid? A cure for

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depression, or a drug that changes personality? Reported to turn shy people into social butterflies and to improve work performance, memory, even dexterity, does Prozac work on character rather than illness? Are we using it cosmetically, to make

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people more attractive, more  
energetic, more socially  
acceptable? And what does it tell  
us about the nature of character  
and the mutability of self? With  
the addition of an afterword that  
gives us an up-to-date report on  
Prozac in America today,

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including his personal observations, reactions to his critics, and the latest scientific research, psychiatrist Peter Kramer reinforces what The New York Times calls 'an intelligent and informative book...which tells us new things about the

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chemistry of human character.'  
Dr. Kramer was recently asked to  
guest host The Infinite Mind, a  
weekly public radio show focusing  
on the art and science of the  
human mind and spirit, behavior,  
and mental health. Listen to the  
show now.



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A detailed history of the use of amphetamines follows the rise, fall, and surprising resurgence of the popular drug in America since they were marketed as the original antidepressant in the 1930s.

Updated with bonus material,

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including a new foreword and  
afterword with new research, this  
New York Times bestseller is  
essential reading for a time when  
mental health is constantly in the  
news. In this astonishing and  
startling book, award-winning  
science and history writer Robert

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Whitaker investigates a medical mystery: Why has the number of disabled mentally ill in the United States tripled over the past two decades? Interwoven with Whitaker's groundbreaking analysis of the merits of psychiatric medications are the

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personal stories of children and adults swept up in this epidemic. As Anatomy of an Epidemic reveals, other societies have begun to alter their use of psychiatric medications and are now reporting much improved outcomes . . . so why can't such

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change happen here in the United States? Why have the results from these long-term studies—all of which point to the same startling conclusion—been kept from the public? Our nation has been hit by an epidemic of disabling mental illness, and yet,

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as Anatomy of an Epidemic reveals, the medical blueprints for curbing that epidemic have already been drawn up. Praise for Anatomy of an Epidemic “The timing of Robert Whitaker’s Anatomy of an Epidemic, a comprehensive and highly

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readable history of psychiatry in the United States, couldn't be better."—Salon "Anatomy of an Epidemic offers some answers, charting controversial ground with mystery-novel pacing."—TIME "Lucid, pointed and important, Anatomy of an

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Epidemic should be required  
reading for anyone considering  
extended use of psychiatric  
medicine. Whitaker is at the  
height of his powers.” —Greg  
Critser, author of Generation Rx  
The Cult of Pharmacology  
Prozac Backlash



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Listening to Prozac  
Everyday Suffering, Medication,  
and Our Troubled Quest for Self-  
Mastery  
Born With a Junk Food Deficiency  
Psychiatric Drugs Explained E-  
Book

*Shock therapy is making a*

*Page 177/225*

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*comeback today in the treatment of serious mental illness. Despite its reemergence as a safe and effective psychiatric tool, however, it continues to be shrouded by a longstanding negative public image, not*

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*least due to films such as the classic One Flew over the Cuckoo's Nest, where the inmate of a psychiatric clinic (played by Jack Nicholson) is subjected to electro-shock to curb his rebellious behavior. Beyond*

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*its vilification in popular culture, the stereotype of convulsive therapy as a dangerous and inhumane practice is fuelled by professional posturing and public misinformation. Electroconvulsive therapy,*

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*or ECT, has in the last  
thirty years been considered  
a method of last resort in  
the treatment of  
debilitating depression,  
suicidal ideation, and other  
forms of mental illness.  
Yet, ironically, its*

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*effectiveness in treating these patients would suggest it as a frontline therapy, bringing relief from acute symptoms and saving lives. In this book, Edward Shorter and David Healy trace the controversial history of ECT*

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and other "shock" therapies.  
Drawing on case studies,  
public debates, extensive  
interviews, and archival  
research, the authors expose  
the myths about ECT that  
have proliferated over the  
years. By showing ECT's

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*often life-saving results,  
Shorter and Healy endorse a  
point of view that is hotly  
contested in professional  
circles and in public  
debates, but for the nearly  
half of all clinically  
depressed patients who do*



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*not respond to drugs, this book brings much needed hope.*

*David Healy follows his widely praised study, The Antidepressant Era, with an even more ambitious and dramatic story: the*

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Healy argues that the  
discovery of chlorpromazine  
(more generally known as  
Thorazine) is as significant  
in the history of medicine  
as the discovery of

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*penicillin, reminding  
readers of the worldwide  
prevalence of insanity  
within living memory. But  
Healy tells not of the  
triumph of science but of a  
stream of fruitful  
accidents, of technological*

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*discovery leading  
neuroscientific research, of  
fierce professional  
competition and the backlash  
of the antipsychiatry  
movement of the 1960s. A  
chemical treatment was  
developed for one purpose,*

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*and as long as some theoretical rationale could be found, doctors administered it to the insane patients in their care to see if it would help. Sometimes it did, dramatically. Why these*

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*treatments worked, Healy argues provocatively, was, and often still is, a mystery. Nonetheless, such discoveries made and unmade academic reputations and inspired intense politicking for the Nobel Prize. Once*

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*pharmaceutical companies  
recognized the commercial  
potential of antipsychotic  
medications, financial as  
well as clinical pressures  
drove the development of  
ever more aggressively  
marketed medications. With*

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*verve and immense learning,  
Healy tells a story with  
surprising implications in a  
book that will become the  
leading scholarly work on  
its compelling subject.*

*A thought-provoking history  
of bipolar disorder reveals*



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*how perceptions of the  
ailment have evolved over  
time, detailing the origins  
of the concept of mania, the  
link between brain function  
and mental illness, the  
growing public awareness of  
the disease, and the rise of*

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psychotropic treatment and  
pharmacological marketing.

"Interesting and fresh-  
represents an important and  
vigorous challenge to a  
discipline that at the  
moment is stuck in its own  
devices and needs a radical

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*critique to begin to move ahead."* --Paul McHugh, Johns Hopkins University School of Medicine "Remarkable in its breadth--an interesting and valuable contribution to the burgeoning literature of the philosophy of psychiatry."

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--Christian Perring, Dowling  
College Moving Beyond

Prozac, DSM, and the New  
Medicine Culture And History  
Psychiatry looks at  
contemporary psychiatric  
practice from a variety of  
critical perspectives  
ranging from Michel Foucault

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*to Donna Haraway. This contribution to the burgeoning field of medical humanities contends that psychiatry's move away from a theory-based model (one favoring psychoanalysis and other talk therapies) to a*

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*more scientific model (based on new breakthroughs in neuroscience and pharmacology) has been detrimental to both the profession and its clients. This shift toward a science-based model includes the*

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*codification of the  
Diagnostic and Statistical  
Manual of Mental Disorders  
to the status of standard  
scientific reference,  
enabling mental-health  
practitioners to assign a  
tidy classification for any*

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*mental disturbance or  
deviation. Psychiatrist and  
cultural studies scholar  
Bradley Lewis argues for  
"postpsychiatry," a new  
psychiatric practice  
informed by the insights of  
poststructuralist theory.*



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Drug Regulation in the  
United States and Germany*

*Moving Beyond Prozac, DSM,  
and the New Psychiatry*

*Coming of Age on Zoloft*

*A Natural Seven-step Dietary*

*Plan to Control Your*

*Cravings and Lose Weight,*

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*Recognize how Foods Affect  
the Way You Feel, and*

*Stabilize the Level of Sugar  
in Your Blood*

*Children of the Cure*

*Chemically Imbalanced*

**Prozac and its chemical  
cousins, Paxil, Celexa, and**

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Zoloft, are some of the most profitable and most widely used drugs in America. Their use in the treatment of a multitude of disorders--from generalized anxiety disorder and premenstrual syndrome to

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eating disorders and sexual  
compulsions--has provoked a  
whirlwind of public debate.

Talk shows ask, Why is Prozac  
so popular? What, exactly, do  
these drugs treat? But  
sustained critical discussion

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among bioethicists and  
medical humanists has been  
surprisingly absent. The  
eleven essays in Prozac as a  
Way of Life provide the  
groundwork for a much-  
needed philosophical

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discussion of the ethical and  
cultural dimensions of the  
popularity of SSRI  
antidepressants. Focusing on  
the increasing use of  
medication as a means of self-  
enhancement, contributors

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from the fields of psychiatry,  
psychology, bioethics, and the  
medical humanities address  
issues of identity  
enhancement, the elasticity of  
psychiatric diagnosis, and the  
aggressive marketing

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campaigns of pharmaceutical companies. They do not question the fact that these antidepressants can, in some cases, provide great benefit to alleviate real suffering. What they do question is the



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abundant popularity of these  
drugs and that popularity's  
relationship to American  
culture and ideas of selfhood.  
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could actually make us happy'

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life' ELTON JOHN 'One of the  
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years' BRITISH JOURNAL OF  
GENERAL PRACTICE  
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read this book, the better off  
the world will be' NAOMI  
KLEIN 'Wonderful' HILLARY  
CLINTON 'Eye-opening'  
GUARDIAN 'Brilliant for  
anyone wanting a better

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understanding of mental  
health' ZOE BALL 'A game-  
changer' DAVINA MCCALL  
'Extraordinary' DR MAX  
PEMBERTON 'Beautiful'  
RUSSELL BRAND Depression  
and anxiety are now at

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epidemic levels. Why? Across the world, scientists have uncovered evidence for nine different causes. Some are in our biology, but most are in the way we are living today. Lost Connections offers a



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radical new way of thinking  
about this crisis. It shows that  
once we understand the real  
causes, we can begin to turn to  
pioneering new solutions –  
ones that offer real hope.  
Americans are addicted to

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happiness. When we're not popping pills, we leaf through scientific studies that take for granted our quest for happiness, or read self-help books by everyone from armchair philosophers and

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clinical psychologists to the  
Dalai Lama on how to achieve  
a trouble-free life: Stumbling  
on Happiness; Authentic  
Happiness: Using the New  
Positive Psychology to Realize  
Your Potential for Lasting

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Fulfillment; The Art of  
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Happiness: A Handbook for  
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Living. The titles themselves  
draw a stark portrait of the  
war on melancholy. More than  
any other generation,  
Americans of today believe in

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the transformative power of  
positive thinking. But who says  
we're supposed to be happy?  
Where does it say that in the  
Bible, or in the Constitution?  
In *Against Happiness*, the  
scholar Eric G. Wilson argues

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that melancholia is necessary to any thriving culture, that it is the muse of great literature, painting, music, and innovation—and that it is the force underlying original insights. Francisco Goya,

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Emily Dickinson, Marcel  
Proust, and Abraham Lincoln  
were all confirmed  
Melancholics. So enough

Prozac-ing of our brains. Let's  
embrace our depressive sides  
as the wellspring of creativity.

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What most people take for contentment, Wilson argues, is living death, and what the majority takes for depression is a vital force. In *Against Happiness: In Praise of Melancholy*, Wilson suggests it



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would be better to relish the  
blues that make humans  
people.

Mania

The Birth of Postpsychiatry

How Flaks, Quacks, and Hacks

Pimp the Public Health