

## Life On The Refrigerator Door Alice Kuipers

Any Sign of Life is a heartbreaking story filled with courage, friendship, and personality. Paige Miller is the perfect team-up buddy in an apocalypse. I was with her when she lost everything, and stood right next to her when she took it all back.

Wesley Chu, #1 New York Times bestselling author of the War Arts Saga

A timely update to classic postapocalyptic YA.

Publishers Weekly (starred review)

A smart, suspenseful thriller. Totally un-put-down-able.

Kirkus Reviews

When a teenage girl thinks she may be the only person left alive in her town—maybe in the whole world—she must rely on hope, trust, and her own resilience. A harrowing and pulse-pounding survival story from New York Times bestselling author Rae Carson. Any Sign of Life is a must-have for readers of Rick Yancey’s The 5th Wave and Neal Shusterman and Jarrod Shusterman’s Dry. Paige Miller is determined to take her basketball team to the state championship, maybe even beyond. But as March Madness heats up, Paige falls deathly ill. Days later, she wakes up attached to an IV and learns that the whole world has perished. Everyone she loves, and all of her dreams for the future—they’re gone. But Paige is a warrior. She pushes through her fear and her grief and gets through each day scrounging for food, for shelter, for safety. As she struggles with her new reality, Paige learns that the apocalypse did not happen by accident. And that there are worse things than being alone. New York Times bestselling author Rae Carson tells a contemporary and all-too-realistic story about surviving against the odds in this near-future thriller. Any Sign of Life will electrify fans of Rory Power’s Wilder Girls and Emily St. John Mandell’s Station Eleven.

You don’t have to live in your dream house to make your living spaces feel more like home. Home is meant to be a place to belong. A place to gather and connect. A place of beauty. A place to restore your soul. In Restoration House, author and designer Kennesha Buycys will encourage you to embrace your home and your story so you can create mindful spaces that give life to you, your loved ones, and all who enter. Tips from Restoration House have been featured in Better Homes and Garden, Apartment Therapy, Design Sponge, and The Washington Post. Kennesha will teach you how to: Make the best out of your living space, whether you’re renting or a homeowner Create a home your visitors will feel comfortable in Decorate your home on a budget Make purposeful design decisions that are beautiful and functional Restoration House is ideal for: Christian women of all ages who want to make their houses feel more like home Housewarming gifts, Mother’s Day, birthdays, and holiday gifting

From the New York Times bestselling author Catherynne Valente comes a ferocious riff on the women in superhero comics. The Refrigerator Monologues is a collection of linked stories from the points of view of the wives and girlfriends of superheroes, female heroes, and anyone who’s ever been [refrigerated]: comic book women who are killed, raped, brainwashed, driven mad, disabled, or had their powers taken so that a male superhero’s storyline will progress. In an entirely new and original superhero universe, Valente subversively explores these ideas and themes in the superhero genre, treating them with the same love, gravity, and humor as her fairy tales. After all, superheroes are our new fairy tales and these six women have their own stories to share.

Do you know where milk and eggs come from? And that protein makes you stronger? This amusing board book, which is shaped like a refrigerator, shows many of the foods you typically find inside one, from plump strawberries and yummy apples to delicious milk, yogurt, fish, tofu, cheese, and many other treats. The playful illustrations and fun text will satisfy all the mini-eaters, hungry bookworms, and curious future chefs out there. Kid foodies rejoice!

My Life As a Traitor

Life of Pi

The Pink Book

243 Ways to Paint, Craft, Update & Show Your Home Some Love

The Freezer Door

The Cat who Cried for Help

Cardigan the moose goes to trial for stealing an apple pie he swears he only sniffed.

Polly loves words. And she loves writing stories. So when a magic book appears on her doorstep that can make everything she writes happen in real life, Polly is certain all of her dreams are about to come true. But she soon learns that what you write and what you mean are not always the same thing! Funny and touching, this new chapter book series will entertain readers and inspire budding writers.

#1 New York Times Bestselling novelist Harlan Coben partners with a talented debut illustrator in this fantastical and funny adventure for fans of David Wiesner and William Joyce It’s family dinner night, and Walden would like to be anywhere other than the kitchen in the middle of chores. Suddenly his wish is granted: He is magically swooped into one of his own drawings on the fridge, and finds himself on a one-of-a-kind adventure. After battling a crayon monster, he catches a plane ride into an old photo, escapes a troop of monkeys by cannonballing into an aquarium ticket, survives an ice-maker earthquake, and more. Kids will love studying the dynamic, comic-book-inspired illustrations in this zany, surprise-filled journey that culminates in a heartfelt appreciation of family.

Violet and Victor Small are twins on a mission: to write the best book in the whole, entire world—together! Victor is reluctant, but Violet is determined, and soon the ideas can’t come quickly enough. They begin to write a story about a hungry Bookworm who is eating all the books in the library. Thanks to Victor’s brilliant ideas, Violet is able to save the day (and the library). This delightful story-within-a-story is filled with good-natured sibling rivalry, and focuses on the spirit of cooperation, the satisfaction of a job well-done, and the magic of storytelling.

Fresh

The Girl with No Soul

Life at Home in the Twenty-First Century

The Educator’s Guide to Time Management

Attitudes, Emotions, and the Psychology of Cats

Young House Love

With humor and warmth, this children’s picture book raises awareness about poverty and hunger!

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--Best friends Sofia and Maddi live in the same neighborhood, go to the same school, and play in the same park, but while

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-Sofia’s fridge at home is full of nutritious food, the fridge at Maddi’s house is empty. Sofia learns that Maddi’s family doesn’t have enough money to fill their fridge and promises Maddi she’ll keep this discovery a secret. But because Sofia wants to help her friend, she’s faced with a difficult decision: to keep her promise or tell her parents about Maddi’s empty fridge. Filled with colorful artwork, this storybook addresses issues of poverty with honesty and sensitivity while instilling important lessons in friendship, empathy, trust, and helping others. A call to action section, with six effective ways for children to help fight hunger and information on antihunger groups, is also included.

In today’s world, we’re often overwhelmed by our digital devices and the volume of available digital information. Get Organized Digitally! outlines a complete digital organizational system for the busy educator and helps you harness the power of technology to save time. This book is your go-to source, presenting the “nuts and bolts” of exactly how to make technology work for you in both your personal and professional life. Special features of Get Organized Digitally!: Details of how to get started with the best digital organizational tools available today. Principles of digital organization that make all the components of your system work together. Stories that inspire and show how technology can make our lives easier. Time is the most precious resource we have; managing it well leads to greater productivity and less stress. Get Organized Digitally! shows educators how to harness the power of technology to spend time on what matters most—your school and your students.

NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son’s fight to survive, this “tale of survival and the miracle of goodness only adds to McCarthy’s stature as a living master. It’s gripping, frightening and, ultimately, beautiful” (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don’t know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, “each the other’s world entire,” are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation.

Explores behavioral problems of cats, identifying the underlying causes and offering advice for improving cat-human relationships

Some Observations from Both Sides of the Refrigerator Door

A Novel

32 Families Open Their Doors

My Fridge

Fridge Love

My First Book of Food

**NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE A Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s new novel, To Paradise, coming in January 2022.**

A recovered friendship, a dark secret, and a love triangle with a deadly angle... Callie is shocked when her friend Ivy reappears after an unexplained three-year absence, but the girls pick up where they left off, and suddenly Callie’s summer is full of parties, boys and fun. Beneath the surface, things aren’t what they seem, however, and when a handsome boy with a dark past gets tangled up with Ivy, the girls’ history threatens to destroy their future.

That rosy tomato perched on your plate in December is at the end of a great journey—not just over land and sea, but across a vast and varied cultural history. This is the territory charted in Fresh. Opening the door of an ordinary refrigerator, it tells the curious story of the quality stored inside: freshness. We want fresh foods to keep us healthy, and to connect us to nature and community. We also want them convenient, pretty, and cheap. Fresh traces our paradoxical hunger to its roots in the rise of mass consumption, when freshness seemed both proof of and an antidote to progress. Susanne Freidberg begins with refrigeration, a trend as controversial at the turn of the twentieth century as genetically modified crops are today. Consumers blamed cold storage for high prices and rotten eggs but, ultimately, aggressive marketing, advances in technology, and new ideas about health and hygiene overcame this distrust. Freidberg then takes six common foods from the refrigerator to discover what each has to say about our notions of freshness. Fruit, for instance, shows why beauty trumped taste at a surprisingly early date. In the case of fish, we see how the value of a living, quivering catch has ironically hastened the death of species. And of all supermarket staples, why has milk remained the most stubbornly local? Local livelihoods; global trade; the politics of taste, community, and environmental change: all enter into this lively, surprising, yet sobering tale about the nature and cost of our hunger for freshness.

A one-of-a-kind guide to organizing your fridge—including practical tips for meal prep and storage, plus more than 100 recipes--that makes it easier to eat better, save money, and get the most out of your food Practicing "fridge love" is a roadmap to eating healthier, saving money, and reducing food waste while enjoying a beautiful and harder-working fridge. This book--part organizational guide and part food-prep handbook--is your guide. Author Kristen Hong adopted a nutrient-dense, plant-based diet in an effort to lose weight and improve her health. But amidst the demands of day-to-day life and a busy family, she found it impossible to stick to. The solution? A smarter, better-organized fridge that served her real-life needs. In this invaluable resource, you will discover how a beautifully organized fridge can make your life--including healthy eating for the whole family--easier. It covers general fridge organization (for all models and configurations) as well as shopping tips, storage guidelines, the best meal-prep containers, and more than 100 easy plant-based recipes made for meal prepping.

Stories

Organizing Your Refrigerator for a Healthier, Happier Life--With 100 Recipes

Me and Me

The Girl on the Fridge

The Road

Violet and Victor Write the Best-Ever Bookworm Book

One-by-one, the members of the Shivers family disappear from the inside of their chilly refrigerator home.

How do you find your soul mate when you don’t have a soul? Iris has a secret ... she is a soulless hollow. But when she steals a ring from a lady of nobility, she is reunited with her Spark, the first part of her soul. Iris must enlist the help of Evander, a young scholar, to find out what happened to her.

Winner of the 2014 John Collier Jr. Award Winner of the Jo Anne Stolaroff Cotsen Prize Life at Home in the Twenty-First Century cross-cuts the ranks of important books on social history, consumerism, contemporary culture, the meaning of material culture, domestic architecture, and household ethnoarchaeology. It is a distant cousin of Material World and Hungry Planet in content and style, but represents a blend of rigorous science and photography that these books can claim. Using archaeological approaches to human material culture, this volume offers unprecedented access to the middle-class American home through the kaleidoscopic lens of no-limits photography and many kinds of never-before acquired data about how people actually live their lives at home. Based on a rigorous, nine-year project at UCLA, this book has appeal not only to scientists but also to all people who share intense curiosity about what goes on at home in their neighborhoods. Many who read the book will see their own lives mirrored in these pages and can reflect on how other people cope with their mountains of possessions and other daily challenges. Readers abroad will be equally fascinated by the contrasts between their own kinds of materialism and the typical American experience. The book will interest a range of designers, builders, and architects as well as scholars and students who research various facets of U.S. and global consumerism, cultural history, and economic history.

Violet and Victor work together to write a truly enchanted tale! Violet is determined to write the most fabulous fairy tale that has ever been imagined! Her twin, Victor, is not in the mood for make-believe. "I was born in a castle!" Violet says. "You were born in a hospital," Victor replies. But when an evil witch arrives in Violet's story, will Victor help write an ending that saves the day? Join the twins on an adventure through Fairy Tale Kingdom as they celebrate the joy of storytelling and reading!

Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book

How We Used to Get Ice

Growing in Grace between Perfection and the Mess

Maddi’s Fridge

Life on the Refrigerator Door

Forever, Erma

Ever since her parents got divorced, Pia has worked hard to make sure everything in her life is Perfect, with a capital P. But everything keeps going wrong. She and her sister get into a fight. Pia falls down the stairs and hurts her ankle. She spills chocolate milk all over her lucky outfit. She accidentally studied for the wrong test. And her best friend still isn’t speaking to her since she got mad at him for throwing her a surprise birthday party. Now Pia has a big race this afternoon and she’s pretending her ankle is fine. But she has to win the race. She has to! Orca Book Publishers is proud to offer this early ebook edition as part of our new Digital First initiative, with the release of the print edition to follow.

A historical study of how increased access to ice—decades before refrigeration—transformed American life. During the late nineteenth and early twentieth centuries, Americans depended upon ice to stay cool and to keep their perishable foods fresh. Jonathan Rees tells the fascinating story of how people got ice before mechanical refrigeration came to the household. Drawing on newspapers, trade journals, and household advice books, Before the Refrigerator explains how Americans built a complex system to harvest, store, and transport ice to everyone who wanted it, even the very poor. Rees traces the evolution of the natural ice industry from its mechanization in the 1880s through its gradual collapse, which started after World War I. Meatpackers began experimenting with ice refrigeration to ship their products as early as the 1860s. Starting around 1890, large, bulky ice machines the size of small houses appeared on the scene, becoming an important source for the American ice supply. As ice machines shrunk, more people had access to better ice for a wide variety of purposes. By the early twentieth century, Rees writes, ice had become an essential tool for preserving perishable foods of all kinds, transforming what most people ate and drank every day. Reviewing all the inventions that made the ice industry possible and the way they worked together to prevent ice from melting, Rees demonstrates how technological systems can operate without a central controlling force. Before the Refrigerator is ideal for history of technology classes, food studies classes, or anyone interested in what daily life in the United States was like between 1880 and 1930. “An in-depth portrayal of a once-indispensable, life-changing technology, the former existence of which is as unknown to most of us as that of the telegraph or canal is to today’s undergraduates. . . . Rees synthesizes considerable archival research and presents interpretations of importance to scholars. . . . Before the Refrigerator is as refreshing as ice water on a hot summer day.” —Journal of American History “This fact-filled book explains how ice became an American necessity by the early twentieth century. Students in business history and history of technology courses will be fascinated to learn how macrobreweries made lager into America’s favorite beer, how cocktails became commonplace, and how burly men used to lug giant blocks of ice into American kitchens.” —Shane Hamilton, author of Trucking Country: The Road to America’s Wal-Mart Economy

Mothering is messy. Our joy and hope in raising children doesn’t change the reality that being a mom can be frustrating, stressful, and tiring. But just as God is using us to shape our children, God is using our children and motherhood to shape us. In The Better Mom, author Ruth Schwenk, herself a mother of four children, encourages us with the good news that there is more to being a mom than the extremes of striving for perfection or simply embracing the mess. We don’t need to settle for surviving our kids’ childhood. We can grow through it. With refreshing and heartfelt honesty Ruth emboldens moms to: Find freedom and walk confidently in purpose Create a God-honoring home environment Overcome unhealthy and destructive emotions such as anger, anxiety, and more Avoid glorifying the mess of mom-ing or idolizing perfection Cultivate life-giving friendships At the heart of The Better Mom is the message that Jesus calls us to live not a weary life, but a worthy life. We don’t have to settle for either being apathetic or struggling to be perfect. Both visions of motherhood go too far. Ruth offers a better option. She says, “It’s okay to come as we are, but what we’re called to do and be is far too important to stay there! The way to becoming a better mom starts not with what we are doing, but with who God is inviting us to become.”

All Sophie wants is to forget what happened last summer. But that’s not easy when people keep asking if she’s okay, and her mother locks herself behind closed doors for hours at a time. And now her best friend, Abigail, cares more about parties and boys than about hanging out with Sophie. Lost in memories of the life she had before that terrible day, Sophie retreats into herself.

But it’s only so long before she must confront the tragedy of her past so she can face the future.

Restoration House

The Shivers in the Fridge  
The Trial of Cardigan Jones  
Before the Refrigerator  
A Perishable History

Carley Allison’s Secrets for Laughing, Loving and Living

Your inner Chimp can be your best friend or your worst enemy...this is the Chimp Paradox Do you sabotage your own happiness and success? Are you struggling to make sense of yourself? Do your emotions sometimes dictate your life? Dr. Steve Peters explains that we all have a being within our minds that can wreak havoc on every aspect of our lives—be it business or personal. He calls this being "the chimp," and it can work either for you or against you. The challenge comes when we try to tame the chimp, and persuade it to do our bidding. The Chimp Paradox contains an incredibly powerful mind management model that can help you be happier and healthier, increase your confidence, and become a more successful person. This book will help you to: —Recognize how your mind is working —Understand and manage your emotions and thoughts —Manage yourself and become the person you would like to be Dr. Peters explains the struggle that takes place within your mind and then shows you how to apply this understanding. Once you're armed with this new knowledge, you will be able to utilize your chimp for good, rather than letting your chimp run rampant with its own agenda.

New York Times Bestseller: This anthology of Erma Bombeck’s most memorable and humorous essays is a tribute to one of America’s sharpest wits. When she began writing her regular newspaper column in 1965, Erma Bombeck’s goal was to make housewives laugh. Thirty years later, she had published more than four thousand columns, and earned countless laughs—from housewives, presidents, and everyone in between. With grace, good humor, and razor-sharp prose, she gently skewered every aspect of the American family. This collection holds the best of her columns—not just her famous quips, but also the heartbreaking observations that gave her writing such weight. In 1969, Erma wrote: “screaming kids, unpaid bills, green leftovers, husbands behind newspapers, basketballs in the bathroom. They’re real . . . they’re warm . . . they’re the only bit of normalcy left in this cockeyed world, and I’m going to cling to it like life itself.” With what Publishers Weekly calls her “infectious sense of human absurdity,” Erma Bombeck’s writing remains a timeless examination of the still-cockeyed world. This ebook features an illustrated biography of Erma Bombeck including rare images and never-before-seen documents from the author’s estate.

“Uh-oh” embraces “Here we go again” and “Now What?” and “You never can tell what’s going to happen next” and “So much for plan A” and “Hang on, we’re coming to a tunnel” and “No sweat” and “Tomorrow’s another day” and “You can’t unscramble an egg” and “A hundred years from now it won’t make any difference.” “Uh-oh” is more than a momentary reaction to small problems. “Uh-oh” is an attitude—a perspective on the universe. It is a power of an equation that summarizes my view of the conditions of existence: “Uh-huh” + “oh-wow” + “uh-oh” + “oh, God” = “ah-hah!”

A meditation on the trauma and possibility of searching for connection in a world that enforces bland norms of gender, sexual, and social conformity. When you turn the music off, and suddenly you feel an unbearable sadness, that means turn the music back on, right? When you still feel the sadness, even with the music, that means there's something wrong with this music. Sometimes I feel like sex without context isn't sex at all. And sometimes I feel like sex without context is what sex should always be.--The Freezer Door The Freezer Door records the ebb and flow of desire in daily life. Crossing through loneliness in search of communal pleasure in Seattle, Mattilda Bernstein Sycamore exposes the failure and persistence of queer dreams, the hypocritical allure of gay male sexual culture, and the stranglehold of the suburban imagination over city life. Ferocious and tender, The Freezer Door offers a complex meditation on the trauma and possibility of searching for connection in a world that relentlessly enforces bland norms of gender, sexual, and social conformity while claiming to celebrate diversity.

Any Sign of Life

A Little Life

Best-Loved Writing From America’s Favorite Humorist

Creating a Space That Gives Life and Connection to All Who Enter

40 Things I Want To Tell You

Violet and Victor Write the Most Fabulous Fairy Tale

"A masterfully written memoir-meets-educational-meets-inspirational tale that I couldn't put down." Ashley Smith, PhD, coauthor of Childhood Anxiety Disorders A gripping memoir that gives voice to the invisible, life-destroying power of obsessive-compulsive disorder, and how one woman stood up to fear, embraced the unknown, and reclaimed her life. Even at nine years old, Shala Nicely knew there was nothing normal about the horrifying thoughts that tormented her at bedtime, or the nightly rituals she summoned to beat them back. More importantly, she knew to obey her mind's Rule #1: keep its secret, or risk losing everything and everyone she loved. It would be almost two decades before she learned the name of the menacing monster holding her hostage: obsessive-compulsive disorder (OCD). It would take years longer to piece together the keys to recovery that would change her life forever, beginning with the day she broke her monster's silence. Writing with wry wit, unflinching candor, and resounding insight, Shala takes readers on a riveting journey into the dark and dimly understood inner workings of OCD and its frequent co-conspirator, body dysmorphic disorder (BDD). Thwarted repeatedly as she struggles to escape the clutches of these formidable foes, she finally stumbles upon an unexpected path to freedom. As she journeys into the heart of fear to reclaim her life, she weaves a self-compassionate roadmap to recovery: to living in an uncertain world and being happy anyway. With an Afterword by Reid Wilson, PhD offering powerful guidance for applying Shala's strategies in daily life, Is Fred in the Refrigerator? will leave legions of those affected by mental illness feeling seen, understood, and empowered. "A memoir ... about all of us with this kind of mind." Jon Hershfield, MFT, author of Overcoming Harm OCD "One of the clearest descriptions of the experience of OCD ... you'll cry, you'll cheer, and you'll put your shoulders back with Shala as she conquers the OCD demon." Randy O. Frost, PhD, Harold and Elsa Siipola Israel Professor of Psychology at Smith College and coauthor of the New York Times bestseller Stuff: Compulsive Hoarding and the Meaning of Things

Amy (a.k.a. Bird) seems to have the perfect life: loving parents, a hot boyfriend, the best friend ever. She even writes an online advice column, full of Top Tips, to help other teens take control of their lives. But after a new guy shows up at school, Bird can't seem to follow her own wisdom. Pete is the consummate bad boy. He's everything Bird is not: wild, unambitious and more than a little dangerous. Although she knows he's trouble, Bird can't stay away. And the more drawn she is to Pete, the more cracks are revealed in her relationship with Griffin, her doting boyfriend. Meanwhile, her parents' marriage is also fracturing, possibly for good. Bird is way out of her comfort zone. All it takes is one mistake, one momentary loss of control, for her entire future to be blown away . . .

A tribute to the life and legacy of extraordinary teen Carley Allison. Not long ago, seventeen-year-old Carley Allison had it all. She was on the edge of fame as a singer and composer. She was reaching for the highest levels as a competitive skater. She had a new boyfriend and a golden future waiting after graduation. Her world came crashing down when she was diagnosed with a rare kind of cancer in her throat. Her case, doctors said, was one in 3.5 billion. Faced with an uncertain new future, Carley rose to the challenge. Cancer treatment tested her, but she remained fearless and strong. Carley died before her twenty-first birthday, but her memory lives on in the countless people she touched with her courage. Bestselling author Alice Kuipers weaves their stories with the blog Carley kept in the final months of her life. These many voices Ñ plus plenty of Carley’s texts and photos Ñ show her transformation from ordinary to extraordinary, and convey her personal rules for living well in the worst of times.

It was part youthful zeal and part teen crush that led Zarah Ghahramani to join a student protest movement. But dabbling in student politics was to lead to disaster when one day she was bundled into a car and taken to Tehran's most notorious prison: Evin. Far from her comfortable middle-class home, Zarah had to find refuge from her ruthless interrogators in a windowless concrete cell. Day after day she was humiliated and viciously beaten until all she wanted was simply to die, her spirit broken. In My Life as a Traitor, Zarah tells the story of her horrifying ordeal and her eventual release, and describes the ways it changed the naïve nineteen-year-old she once was into a woman of courage and determination.

Always Smile

Book 1

Life On The Refrigerator Door

The Mind Management Program to Help You Achieve Success, Confidence, and Happine ss

Uh-Oh

The Better Mom

Claire and her mother are running out of time, but they don't know it. Not yet. Claire is wrapped up with the difficulties of her burgeoning adulthood—boys, school, friends, identity; Claire's mother, a single mom, is rushed off her feet both at work and at home. They rarely find themselves in the same room at the same time, and it often seems that the only thing they can count on are notes to each other on the refrigerator door. When home is threatened by a crisis, their relationship experiences a momentous change. Forced to reevaluate the delicate balance between their personal lives and their bond as mother and daughter, Claire and her mother find new love and devotion for one another deeper than anything they had ever imagined. Heartfelt, touching, and unforgettable, Life on the Refrigerator Door is a glimpse into the lives of mothers and daughters everywhere. In this deeply touching novel told through a series of notes written from a loving mother and her devoted fifteen-year-old daughter, debut author Alice Kuipers deftly captures the impenetrable fabric that connects mothers and daughters throughout the world. Moving and rich with emotion, Life on the Refrigerator Door delivers universal lessons about love in a wonderfully simple and poignant narrative.

The Public Health Foundation (PHF) in partnership with the Centers for Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or “The Pink Book” E-Book. This resource provides the most current, comprehensive, and credible information on vaccine-preventable diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. “The Pink Book E-Book” allows you, your staff, and others to have quick access to features such as keyword search and chapter links. Online schedules and sources can also be accessed directly through e-readers with internet access. Current, credible, and comprehensive, “The Pink Book E-Book” contains information on each vaccine-preventable disease and delivers immunization providers with the latest information on: Principles of vaccination General recommendations on immunization Vaccine safety Child/adult immunization schedules International vaccines/Foreign language terms Vaccination data and statistics The E-Book format contains all of the information and updates that are in the print version, including: · New vaccine administration chapter · New recommendations regarding selection of storage units and temperature monitoring tools · New recommendations for vaccine transport · Updated information on available influenza vaccine products · Use of Tdap in pregnancy · Use of Tdap in persons 65 years of age or older · Use of PCV13 and PPSV23 in adults with immunocompromising conditions · New licensure information for varicella-zoster immune globulin Contact bookstore@phf.org for more information. For more news and specials on immunization and vaccines visit the Pink Book’s Facebook fan page

Collects early short stories by the Israeli author, on various topics including war, relationships, and aging.

This New York Times bestselling book is filled with hundreds of fun, deceptively simple, budget-friendly ideas for sprucing up your home. With two home renovations under their (tool) belts and millions of hits per month on their blog YoungHouseLove.com, Sherry and John Petersik are home-improvement enthusiasts primed to pass on a slew of projects, tricks, and techniques to do-it-yourselfers of all levels. Packed with 243 tips and ideas—both classic and unexpected—and more than 400 photographs and illustrations, this is a book that readers will return to again and again for the creative projects and easy-to-follow instructions in the relatable voice the Petersiks are known for. Learn to trick out a thrift-store mirror, spice up plain old roller shades, "hack" your Ikea table to create three distinct

looks, and so much more.

Polly Diamond and the Magic Book

The Chimp Paradox

Pia’s Plans

The Death Of Us

The Magical Fantastical Fridge

The Refrigerator Monologues

**Life on the Refrigerator Door is a poignant and deeply moving first novel about the bonds of love and frustration that tie mothers and daughters together. Told entirely in a series of notes left on the kitchen fridge—some casual, some intimate, some funny, some angry—it is the story of nine months in the life of 15-year-old Claire and her single mother. Preoccupied with their busy separate lives, rarely in the same room at the same time, they talk to each other in a series of short snippets that reflect the daily drama of school, boyfriends, work and chores that make up their days. Yet the mundane soon becomes extraordinary when a crisis overtakes their lives—a momentous change that will redefine their relationship and unfold in their exchanges on the refrigerator door. Short, powerful and unforgettable, Kuipers’ novel looks deep into the complex relationship between mothers and daughters, and the distances that can open up between people who live together but exist in their own worlds. Unfolding in a wonderfully simple and intimate narrative, Life on the Refrigerator Door will appeal to readers across the generations, delivering universal lessons about love.**

**Life of Pi is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas, and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.**

It’s Lark’s seventeenth birthday, and although she’s hated to be reminded of the day ever since her mom’s death three years ago, it’s off to a great start. Lark has written a killer song to perform with her band, the weather is stunning and she’s got a date with gorgeous Alec. The two take a canoe out on the lake, and everything is perfect—until Lark hears the screams. Annabelle, a little girl she used to babysit, is drowning in the nearby reeds while Annabelle’s mom tries desperately to reach her. Lark and Alec are closer, and they both dive in. But Alec hits his head on a rock in the water and begins to flail. Alec and Annabelle are drowning. And Lark can save only one of them. Lark chooses, and in that moment her world splits into two distinct lives. She must live with the consequences of both choices. As Lark finds herself going down more than one path, she has to decide: Which life is the right one? Alice Kuipers, the award-winning author of 40 Things I Want to Tell You and Life on the Refrigerator Door, is an expert chronicler of the teenage heart, and she takes her work to new heights here. A riveting, high-concept novel with heart, Me and Me is about what it feels like to be torn in pieces, and about finally finding out who you really are.

**Notes Between a Mother and Daughter, a novel**

**Get Organized Digitally!**

**Taming OCD and Reclaiming My Life**

**The Worst Thing She Ever Did**

**Is Fred in the Refrigerator?**