

Lifespan Development 6th Edition Ebook

This book provides introductory coverage of growth and development throughout the lifespan. The content emphasizes normal aspects as well as the unique problems and health promotion needs of each age and stage of development. It features a strong health promotion theme structured around Healthy People 2020 objectives. Lifespan coverage from prenatal development to death helps students integrate concepts related to normal changes in each stage of the life cycle. Coverage of current research and trends in health care provide readers with the most up-to-date, accurate information. Health promotion and disease prevention, including Healthy People 2020 objectives, are highlighted throughout the book. Cultural content is highlighted throughout the book and in new Chapter 3: Cultural Considerations in Health Care to encourage students to consider cultural implications at every stage of development. Separate chapter on advanced old age and geriatrics (Chapter 14) discuss the theories, physiological changes, and psychological aspects of aging; health promotion and maintenance; and the role of health care providers in caring for the geriatric patient. All of this helps students understand how to maintain quality of life and promote health in advanced old age. Teaching techniques for every developmental stage are part of a consistent chapter format and provide age-appropriate patient education tips. Consistent chapter organization for each stage of growth and development makes information easy to access. Critical Thinking scenarios and questions appear at the end of each chapter to help students consider all variables when planning care across the lifespan. Student learning features include Objectives, Key Terms, Key Points, and Review Questions. Appendix A includes the FDA's Recommended Child and Adult Immunization Schedules, providing essential health promotion information. NEW Appendix B provides a Multilingual Glossary of Symptoms to enhance students' awareness of culturally sensitive care. Glossary includes definitions of Key Terms and additional terms help students review concepts and terminology at a glance. Bibliography is organized by chapter at the end of the book to facilitate additional research and study.

4LTR Press solutions give students the option to choose the format that best suits their learning preferences. This option is perfect for those students who focus on the textbook as their main course resource. Important Notice: Media content referenced within the product description or the

Ebook: Life-Span Development

Laura Berk's Development Through the Lifespan is relied upon in classrooms worldwide for its clear, engaging writing style, exceptional multicultural and cross-cultural focus, cutting-edge consideration of the interrelationships between heredity and environment, rich examples, and long-standing commitment to presenting the most up-to-date scholarship. This new edition continues to offer students research-based practical applications that they can relate to their personal and professional lives. Laura Berk, renowned professor and researcher, has revised the text with new pedagogy, a heightened emphasis on the interplay between heredity and environment, and an enhanced focus on many social policy issues, while emphasizing the lifespan perspective throughout. The latest theories and findings in the field are made accessible to students in a manageable and relevant way. Berk's signature storytelling style invites students to actively learn beside the text's "characters." Students are provided with an especially clear and coherent understanding of the sequence and underlying processes of human development, emphasizing the interrelatedness of all domains--physical, cognitive, emotional, social--throughout the text narrative and in special features. Berk also helps students connect their learning to their personal and professional areas of interest. Her voice comes through when speaking directly about issues students will face in their future pursuits as parents, educators, health care providers, social workers, and researchers. As members of a global and diverse human community, students are called to intelligently approach the responsibility of understanding and responding to the needs and concerns of both young and old. While carefully considering the complexities of human development, Berk presents classic and emerging theories in an especially clear, engaging writing style, with a multitude of research-based, real-world, cross-cultural, and multicultural examples. Strengthening the connections among developmental domains and of theory and research with applications, this edition's extensive revision brings forth the most recent scholarship, representing the changing field of human development. NOTE: This is the standalone book, if you want the book/access code package order the ISBN below. 0205968988 / 9780205968985 Development Through the Lifespan Plus NEW MyDevelopmentLab with Pearson eText -- Access Card Package Package consists of: 0205909744 / 9780205909742 NEW MyDevelopmentLab with Pearson eText -- Valuepack Access Card -- for Laura E. Berk 0205957609 / 9780205957606 Development Through the Lifespan Research and Theory Human Behavior in the Social Environment Experiencing the Lifespan

Journey Across the Life Span

By combining the best of topical and chronological approaches, this text presents life-span development as a motion picture rather than as a series of individual snapshots.

This book explores the lifespan by combining research with a practicing psychologist's understanding of human development from infancy to old age.

Revised edition of the author's A topical approach to life-span development, [2018]

Connecting research and results. As a master teacher, John Santrock connects students to current research and real-world application, helping students see how developmental psychology plays a role in their own lives and future careers. Through an integrated, personalized digital learning program, students gain the insight they need to study smarter and improve performance.

Frameworks, Accounts and Strategies

From Principles to Application

Case Studies in Lifespan Development

Human Development for Helping Professionals

Functional Movement Development Across the Life Span - E-Book

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

LIFE SPAN DEVELOPMENT: A CASE BOOK uses lively, contemporary case studies to illustrate development transitions and challenges in every stage of life. The authors have chosen these cases for their ability to fascinate, engage, and stimulate. Together with thought-provoking questions for analysis, the case studies create a learning experience that helps readers use multiple perspectives to analyze and interpret life events.

Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, Lifespan Development: Lives in Context offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

This book provides an overview of human development and includes the relationship between motor development and cognitive and social development. It explores factors affecting development, including effects of early stimulation and deprivation. The book addresses assessment in motor development.

Ebook: Life-Span Development

Life Span Motor Development

Understanding Human Development

Life Span Development

A Health Promotion Focus

Work Across the Lifespan coalesces theoretical and empirical perspectives on aging and work. This volume examines a collection of human development theories that explain trajectories of change, including patterns of growth, maintenance, and decline across the adult lifespan. At its core, the lifespan perspective assumes a focus on aging as a continuous process of intraindividual change and goal-based self-regulation. In this text, the lifespan perspective serves as a lens for examining the complex relationship between aging and work. Integrating research from the fields of developmental psychology as well as industrial, work, and organizational psychology, this authoritative reference brings together the collective thinking of researchers who study work, careers, organizations, and aging. Summarizes key tenets of lifespan theories Applies lifespan theories to work, organizational life, and careers Examines age and work-related processes Provides an comprehensive lifespan perspective on work and aging Focuses on aging as a continuous intraindividual change process

Personality Development across the Lifespan examines the development of personality characteristics from childhood, adolescence, emerging adulthood, adulthood, and old age. It provides a comprehensive overview of theoretical perspectives, methods, and empirical findings of personality and developmental psychology, also detailing insights on how individuals differ from each other, how they change during life, and how these changes relate to biological and environmental factors, including major life events, social relationships, and health. The book begins with chapters on personality development in different life phases before moving on to theoretical perspectives, the development of specific personality characteristics, and personality development in relation to different contexts, like close others, health, and culture. Final sections cover methods in research on the topic and the future directions of research in personality development. Introduces and reviews the most important personality characteristics Examines personality in relation to different contexts and how it is related to important life outcomes Discusses patterns and sources of personality development

Lifespan DevelopmentPearson College Division

Case Studies in Lifespan Development offers students a comprehensive view into life’s key developmental stages through unique, diverse, and moving cases. Author Stephanie M. Wright presents a series of 12 case studies shaped by the contributions of real students—including their observations, concerns, and moments of triumph—to build immersive examples that readers can relate to and enjoy.

A Case Book

A Topical Approach to Life-Span Development

Life-Span Development and Behavior

HDEV

Lives in Context

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 6TH EDITION. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. A complete media and supplement package--including videos, the PowerLecture (lecture presentation tool), and student study tools--supports students and instructors. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The final volume in this significant series, this publication mirrors the broad scientific attention given to ideas and issues associated with the life-span perspective: constancy and change in human development; opportunities for and constraints on plasticity in structure and function across life; the potential for intervention across the entire life course (and thus for the creation of an applied developmental science); individual differences (diversity) in life paths, in contexts (or the ecology) of human development, and in changing relations between people and contexts; interconnections and discontinuities across age levels and developmental periods; and the importance of integrating biological, psychological, social, cultural, and historical levels of organization in order to understand human development.

"As a master teacher, John Santrock connects current research with real-world application, helping students see how developmental psychology plays a role in their own lives and future careers. Through an integrated learning goals system, this comprehensive and chronological approach to lifespan development helps students gain the insight they need to study smarter, stay focused, and improve performance." -- Provided by publisher.

This serial publication continues to review life-span research and theory in the behavioral and social sciences, particularly work done by psychologists and sociologists conducting programmatic research on current problems and refining theoretical positions. Each volume introduces excellent peer-reviewed empirical research into the field of life-span development while presenting interdisciplinary viewpoints on the topic. Often challenging accepted theories, this series is of great interest to developmental, personality, and social psychologists.

Life-Span Developmental Psychology

Life-span Human Development

Developmental, Educational, and Social Perspectives

Personality Development Across the Lifespan

Life-span Development

Provides the most Support for Student Learning and Success Lifespan Development, 7/e by Denise G. Boyd and Helen L. Bee thoroughly and accessibly addresses the most critical concepts of development. Through their engaging writing style, the authors have made more abstract material about developmental theories approachable to students. Readers will appreciate both the applied nature of this title and the clarity of the authors' presentation of current research. Students will emerge from your course with a thorough understanding of developmental science and will be able to apply this understanding to their own lives. MyPsychLab is an integral part of the Boyd/Bee program. Engaging activities and assessments provide a teaching and learning system that will help students master life span development. New features include the updated MyPsychLab Video Series for Lifespan Development, which contains a rich assortment of video clips including sketchnote-style tutorials as well as cross-cultural footage and segments featuring real students sharing their experiences. MyPsychLab also contains MyVirtualLife, an engaging variable-based simulation that allows students to experience lifespan development firsthand. This title is available in a variety of formats - digital and print. Pearson offers its titles on the devices students love through Pearson's MyLab products, CourseSmart, Amazon, and more.

This addition to Anissa Rogers' bestselling Human Behavior in the Social Environment expands the original text with new chapters on spirituality, families and groups, organizations, and communities. Written in the compact, concise manner of the original text, the new chapters cover mezzo and macro contexts, and offer additional material valuable to two- and three-semester HBSE courses.

Laura Berk's Development Through the Lifespan is relied upon in classrooms worldwide for its clear, engaging writing style, exceptional multicultural and cross-cultural focus, cutting-edge consideration of the interrelationships between heredity and environment, rich examples, and long-standing commitment to presenting the most up-to-date scholarship. This new edition continues to offer students research-based practical applications that they can relate to their personal and professional lives. Laura Berk, renowned professor and researcher, has revised the text with new pedagogy, a heightened emphasis on the interplay between heredity and environment, and an enhanced focus on many social policy issues, while emphasizing the lifespan perspective throughout. The latest theories and findings in the field are made accessible to students in a manageable and relevant way. Berk's signature storytelling style invites students to actively learn beside the text's "characters." Students are provided with an especially clear and coherent understanding of the sequence and underlying processes of human development, emphasizing the interrelatedness of all domains-physical, cognitive, emotional, social--throughout the text narrative and in special features. Berk also helps students connect their learning to their personal and professional areas of interest. Her voice comes through when speaking directly about issues students will face in their future pursuits as parents, educators, health care providers, social workers, and researchers. As members of a global and diverse human community, students are called to intelligently approach the responsibility of understanding and responding to the needs and concerns of both young and old. While carefully considering the complexities of human development, Berk presents classic and emerging theories in an especially clear, engaging writing style, with a multitude of research-based, real-world, cross-cultural, and multicultural examples. Strengthening the connections among developmental domains and of theory and research with applications, this edition's extensive revision brings forth the most recent scholarship, representing the changing field of human development. Visit the Preview Website to see sample chapters, get information on the supplements (including sample videos and on-line simulations), and much more, click here. 0205968988 / 9780205968985 Development Through the Lifespan Plus NEW MyDevelopmentLab with Pearson eText -- Access Card Package Package consists of: 0205909744 / 9780205909742 NEW MyDevelopmentLab with Pearson eText -- Valuepack Access Card -- for Laura E. Berk 0205957609 / 9780205957606 Development Through the Lifespan

The Life Span: Human Development for Helping Professionals, 4/e, provides an in-depth look at the science of human development, highlighting theories and research that have useful applications for individuals working in fields such as education, counseling, and social work. The main purpose of this book is to provide the reader with information that can be translated into professional "best practice" applications. Throughout, the text reflects

the contemporary view that life span development is a process deeply embedded within and inseparable from the context of family, social network, and culture. Because the book is designed for graduate students, most topics, especially those that have special relevance to helping professionals, are covered in greater depth than in a typical life span text. The expanded coverage of research in these areas will enhance students' understanding of the scientific basis for application to practice. From reviews of the book: "This book is unique in that it is research-based, includes comprehensive coverage of important course topics, and offers helping professionals information about human development that will enhance service provision to clients across the lifespan." --Mary M. Chittooran, Saint Louis University "The writing style is clear, interesting and engaging and is at a level appropriate for my students. Nicely done. . . . [The] case studies [and] developmental psychopathology sections are strengths. . . . [The book is] well organized, well-written, broad-based . . . [and] insightful. [I] especially liked the authors' focus on practical and applied therapies, as well as their emphasis on research-based therapies that incorporate sound principles of human developmental." --Rosalie A. Rohm, Ball State University "This readable, well organized text addresses the depth and scope of development. The text extends students knowledge of the material by providing a wealth of applicable information for those who are or will be in a helping profession. . . . [Compared to other available texts, this one is] far superior in terms of the balance of scope and depth." --Kathryn Cooper, Northern Colorado University New Interactive, Multimedia Learning Features in the Video-Enhanced Pearson eText: o See real examples. Embedded videos illustrate and explain key concepts and show individuals addressing the challenges of that period of the life span. (See pages 334, 342, and 353 for examples.) o Practice applying chapter content. The Practice Using What You've Learned feature includes scaffolded video and print case exercises that challenge readers to analyze and apply chapter content. Sample responses are available through the enhanced text. (See page 366 for examples.) See how to work with people at different stages of the lifespan. Applications sections blend empirically supported information about treatments with the issues covered in each chapter, offering extensive discussion of how developmental science can inform practice. These include topics such as adolescent health and well-being, new approaches to maternity care, new interventions for promoting secure infant attachments, encouraging learning through play, helping parents avoid corporal punishment, and mindfulness-based practices, among many others. (See 357-360 for an example.)

Work Across the Lifespan

Archery-4th Edition

A Lifespan Approach

Human Motor Development

Human Development: A Life-Span View

Santrock, Essentials of Life-Span Development, First Canadian Edition is an exciting new resource that offers essential content in a student-friendly format. Featuring shorter chapters and interactive study modules, Santrock 1ce covers all periods of the human life-span chronologically from the prenatal period through late adulthood and death. Santrock, Essentials of Life-Span Development, First Canadian Edition is ideal for one-semester Life-Span Development courses at both colleges and universities, or for any learner eager to explore the essentials of life-span development.

Ideal for beginning to intermediate archers, Archery: Steps to Success details the skills, techniques, and strategies for shooting safely, accurately, and consistently. The Steps to Success format, complete with full-color photos, drills, and assessment exercises, allows casual archers, competitors, and bow hunters to progress at their own pace.

Life-Span Development Psychology: Research and Theory covers the issues and problems associated with a life-span conceptualization of developmental psychology. The book discusses the status,issues, and antecedents of life-span developmental psychology; an approach to theory construction in the psychology of development and aging; and models and theories of development. The text also describes the methodology and research strategy in the study of developmental change; the application of multivariate strategies to problems of measuring and structuring long-term change; and the mechanisms required for the operation of perception and recognition. Learning and retention; language; and intellectual abilities are also considered. Developmental psychologists will find the study invaluable.

Note: You are purchasing a standalone product; REVEL does not come packaged with this content. Students, if interested in purchasing this title with REVEL, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. Lifespan Development, 6ce provides strong applications, and integrated learning objectives and assessment. Students who want to know "What does current research say?" and "Why is this important?" will appreciate both the applied nature of this text and the clarity and rigor of the authors' presentation of current research. An exceptional pedagogical package that ties the textbook to online REVEL study tools complements the student-centered approach of the book and offers students the benefit of frequent self-assessment.

Motor Learning and Performance

Psychology 2e

The Ecology of Purposeful Living Across the Lifespan

Lifespan Development

Essentials of Life-Span Development

This shorter, essentials version of Berk's best-selling Development Through the Lifespan, 5/e, covers the same topics and contains the same number of chapters, but presents only the essential information with an exceptionally strong emphasis on applications. Exploring Lifespan Development includes all the features Berk's texts are known for: Engaging writing style, exceptional cross-cultural focus, rich examples, the most up-to-date research, and practical applications that help students relate the subject to their personal and professional lives. Laura Berk, renowned professor and researcher, has refashioned her text to provide the core information in the field with an exceptionally strong emphasis on applications. Visually stunning, pedagogically balanced, and fully integrated, the Exploring edition has all the great features of Development Through the Lifespan, 5e, in an abbreviated form. The latest theories and findings in the field are made accessible to students in a manageable and relevant way. Berk's signature storytelling style invites students to actively learn beside the text's "characters," who share their influential experiences and developmental milestones. Students are provided with an exceptionally clear and coherent understanding of the sequence and underlying processes of human development, emphasizing the interrelatedness of all domains--physical, cognitive, emotional, social--throughout the text narrative and in special features. Berk also helps students connect their learning to their personal and professional areas of interest. Her voice comes through when speaking directly about issues students will face in their future pursuits as parents, educators, health care providers, social workers, and researchers. As members of a global and diverse human community, students are called to intelligently approach the responsibility of understanding and responding to the needs and concerns of both young and old. Berk presents the most important classic and emerging theories in an especially clear, coherent, engaging writing style, with a multitude of research-based, real-world, and cross-cultural examples. Strengthening the connections among developmental domains and highlighting the application of theories and research to the real world, this text presents the most important scholarship in the changing field of human development. Lifespan Development is the first textbook on this topic to be targeted to the high school student. In it, students learn about the different stages of development that people pass through as they age. From newborn to older adulthood, people continue to develop and change physically, cognitively, socially, and emotionally. Features covering cultural diversity, health, and safety are included throughout the text. Core Skills activities reinforce writing, speaking, math, and career readiness skills. The developmental theories of Erikson, Piaget, Vygotsky, and Kohlberg are highlighted. A unit is dedicated to career paths in education and training and human services. Case studies are included in every chapter to help students relate classroom learning to the real world. "

Providing a solid foundation in the normal development of functional movement, Functional Movement Development Across the Life Span, 3rd Edition helps you recognize and understand movement disorders and effectively manage patients with abnormal motor function. It begins with coverage of basic theory, motor development and motor control, and evaluation of function, then discusses the body systems contributing to functional movement, and defines functional movement outcomes in terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information and tools you need to understand functional movement and manage patients' functional skills throughout the life span. Over 200 illustrations, tables, and special features clarify developmental concepts, address clinical implications, and summarize key points relating to clinical practice. A focus on evidence-based information covers development changes across the life span and how they impact function. A logical, easy-to-read format includes 15 chapters organized into three units covering basics, body systems, and age-related functional outcomes respectively. Expanded integration of ICF (International Classification of Function) aligns learning and critical thinking with current health care models. Additional clinical examples help you apply developmental information to clinical practice. Expanded content on assessment of function now includes discussion of participation level standardized assessments and assessments of quality-of-life scales. More concise information on the normal anatomy and physiology of each body system allows a sharper focus on development changes across the lifespan and how they impact function.

K. Warner Schaie I am pleased to write a foreword for this interesting volume, particularly as over many years, I have had the privilege of interacting with the editors and a majority of the contributors in various professional roles as a colleague, mentor, or research collaborator. The editors begin their introduction by asking why one would want to read yet another book on human development. They immediately answer their question by pointing out that many developmentally oriented texts and other treatises neglect the theoretical foundations of human development and fail to embed psychological constructs within the multidisciplinary context so essential to understanding development. This volume provides a positive remedy to past deficiencies in volumes on human development with a well-organized structure that leads the reader from a general introduction through the basic processes to methodological issues and the relation of developmental constructs to social context and biological infrastructure. This approach does not surprise. After all, the editors and most of the contributors at one time or another had a connection to the Max Planck Institute of Human Development in Berlin, whether as students, junior scientists, or senior visitors. That institute, under the leadership of Paul Baltes, has been instrumental in pursuing a systematic lifespan approach to the study of cognition and personality. Over the past two decades, it has influenced the careers of a generation of scientists who have advocated long-term studies of human development in an interdisciplinary context.

Gregg Shorthand Series 90 -Trans. Tapes

Mezzo and Macro Contexts

Growth and Development Across the Lifespan - E-Book

Development Through the Lifespan

Human Development and Health Promotion

Life Span Motor Development, Seventh Edition With HKPropel Access, is a leading text for helping students examine and understand how interactions of the developing and maturing individual, the environment, and the task being performed bring about changes in a person's movements. This model of constraints approach, combined with an unprecedented collection of video clips marking motor development milestones, facilitates an unmatched learning experience for the study of motor development across the life span. The seventh edition expands the tradition of making the student's experience with motor development an interactive one. Related online learning tools delivered through HKPropel include more than 190 video clips marking motor development milestones to sharpen observation techniques, with interactive questions and 47 lab activities to facilitate critical thinking and hands-on application. The lab activities may be assigned and tracked by instructors through HKPropel, along with chapter quizzes (assessments) that are automatically graded to test comprehension of critical concepts. The text also contains several updates to keep pace with the changing field: Content related to physical growth and development of the skeletal, muscle, and adipose systems is reorganized chronologically for a more logical progression. New material on developmental motor learning demonstrates the overlap between the disciplines of motor development and motor learning. New insights into motor competence help explain the relationship between skill development and physical fitness. The text helps students understand how maturational age and chronological age are distinct and how functional constraints affect motor skill development and learning. It shows how the four components of physical fitness—cardiorespiratory endurance, strength, flexibility, and body composition—interact to affect a person's movements over the life span, and describes how relevant social, cultural, psychosocial, and cognitive influences can affect a person's movements. This edition comes with 148 illustrations, 60 photos, and 25 tables—all in full color—to help explain concepts and to make the text more engaging for students. It also retains helpful learning aids including chapter objectives, a running glossary, key points, sidebars, and application questions throughout each chapter. Life Span Motor Development, Seventh Edition, embraces an interactive and practical approach to illustrate the most recent research in motor development. Students will come away with a firm understanding of the concepts and how they apply to real-world situations. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.

Here's just what you need to effectively care for your patients at any stage of life in today's ever-changing world of health care. Elaine Polan and Daphne Taylor guide you through the life cycle—from conception to old age—with an emphasis on health promotion, maintenance, and restoration in clinical practice.

When a local context really makes the difference... The new edition of this original Australian text continues to offer the most balanced coverage of theory and research for Australian students and educators and appeals to students from many backgrounds. It covers the domains of development including neurological, cognitive, social, physical and personality. The text is organised chronologically by chapter. Within each chapter content is organised topically. This structure allows for a degree of flexibility and lecturers can choose the way they wish to approach the content, whether it is topically or chronologically.

This book explores what it means to live a purposeful life and outlines the benefits associated with purpose across different life domains. It also demonstrates that purpose in life is not reducible to constructs such as happiness, well-being, or identity development. The importance of having a sense of purpose in life is attracting renewed attention in both scientific and social arenas. Mounting evidence from intricately designed experiments and large-scale studies reveals how pursuing a purpose can make a person happier, healthier, and even lengthen their lifespan. However, existing texts on purpose have said little on why having has these effects, how it may influence our ability to navigate diverse environments, or how best to consider the construct from a multidisciplinary approach that moves beyond psychology. Recognizing this gap in the literature, this book provides multidisciplinary perspectives on the topic of purpose, and examines what we can do as researchers, interventionists, and society as a whole to imbue purposefulness in the lives of people across the lifespan. It includes contributions from key figures on topics such as identity, health, youth programs and youth purpose, diversity, aging and work.

The Life Span

Exploring Lifespan Development

Looking Forward Through the Lifespan: Developmental Psychology

Dialogues with Lifespan Psychology

Steps to Success

This thorough revision of the highly successful first edition of Life-Span Development offers the reader a wide-ranging and thought provoking account of human development throughout the lifespan. The lifespan approach emphasises that development does not stop when we cease to be adolescents but goes on throughout adulthood and into old age. In initial chapters Leonie Sugarman outlines the issues surrounding the notion of development and how it can be studied, including reviews of the work of key theorists Erikson, Levinson and Gould. She goes on to consider the different ways in which the life course can be construed: as a series of age-related stages; as a cumulative sequence; as a series of developmental tasks; as a series of key life events and transitions or as a narrative construction which creates a sense of dynamic continuity. A final chapter looks at how people cope, the resources that are available and the theoretical and practical issues regarding interventions to assist them in the process. New to this edition is increased coverage of the topical issue of successful ageing and a new chapter on the increasingly popular narrative approach to lifespan development. This edition is also more student-friendly with exercises in self-reflection that encourage the reader to look at the development of their own lives or those of their current or future clients. Boxed material highlighting major theories and clarifying concepts is also included. This book will be invaluable for students of developmental and occupational psychology and professionals in the fields of health management, education and social work.

Motor Learning and Performance: From Principles to Application, Sixth Edition With Web Study Guide, enables students to appreciate high-level skilled activity and understand how such incredible performances occur. Written in a style that is accessible even to students with little or no knowledge of physiology, psychology, statistical methods, or other basic sciences, this text constructs a conceptual model of factors that influence motor performance, outlines how motor skills are acquired and retained with practice, and shows students how to apply the concepts to a variety of real-world settings. The sixth edition of Motor Learning and Performance has been carefully revised to incorporate the most important research findings in the field, and it is supplemented with practice situations to facilitate a stronger link between research-based principles and practical applications. Other highlights include the following: A web study guide offers updated principles-to-application exercises and additional interactive activities for each chapter, ensuring that students will be able to transfer core content from the book to various applied settings. Extensive updates and new material related to the performance of complex movements expand the theoretical focus to a more in-depth analysis of dynamical systems and the constraints-led approach to learning. Narratives from Motor Control in Everyday Actions that appear in the web study guide tie each book chapter to concrete examples of how motor behavior is applicable to real life. Photo caption activities pose questions to students to encourage critical thinking, and answers to those questions are provided to instructors in the instructor guide. As the text investigates the principles of human performance, pedagogical aids such as learning objectives, key terms, and Check Your Understanding questions help students stay on track with learning in each chapter. Focus on Research and Focus on Application sidebars deliver more detailed research information and make connections to real-world applications in areas such as teaching, coaching, and therapy. The sixth edition of Motor Learning and Performance: From Principles to Application goes beyond simply presenting research—it challenges students to grasp the fundamental concepts of motor performance and learning and then go a step further by applying the concepts. Incorporating familiar scenarios brings the material to life for

students, leading to better retention and greater interest in practical application of motor performance and learning in their everyday lives and future careers.