

Living On The Edge Amazing Relationships In The Natural World

When Tina S. meets April, a teenage runaway, she thinks she's found her best friend. She leaves behind her dysfunctional family to join April in the tunnels of Grand Central Station amidst the homeless and drug addicted. Soon she's bingeing on crack--just like April--and stealing, scamming and panhandling to support her habit and to survive on the streets. In her own words, she describes her descent into crack addiction, being raped in the tunnels, her several arrests and jail terms and her grief and guilt over the death of April, whom she'd come to love. Finally faced with the reality that she might not make it through one more day, Tina takes her first difficult steps towards a normal life. With the help of a homeless advocate and his wife, a gay uncle dying of AIDS, and the woman who was to become her co-author on this book, Tina turns her life around and makes her way back to the world of the living.

First there was downtown. Then there were suburbs. Then there were malls. Then Americans launched the most sweeping change in 100 years in how they live, work, and play. The Edge City.

As a young adult, you will face crucial questions about identity, education, marriage, career, God's will, and much more. Some of the most dramatic and permanent changes in life will occur during the critical decades—those ten years between 16 and 26. Are you prepared to make the right choices? You can be. Like a trusted friend who understands, Dr. James Dobson candidly addresses the issues that today's young adults face. In his warm, conversational style, he reveals principles to help you make right choices and get the direction you need in order to look forward to a bright and successful future.

New York Times bestseller **! Life on the Edge** alters our understanding of our world's fundamental dynamics through the use of quantum mechanics. Life is the most extraordinary phenomenon in the known universe; but how did it come to be? Even in an age of cloning and artificial biology, the remarkable truth remains: nobody has ever made anything living entirely out of dead material. Life remains the only way to make life. Are we still missing a vital ingredient in its creation? Using first-hand experience at the cutting edge of science, Jim Al-Khalili and Johnjoe Macfadden reveal that missing ingredient to be quantum mechanics. Drawing on recent ground-breaking experiments around the world, each chapter in Life on the Edge illustrates one of life's puzzles: How do migrating birds know where to go? How do we really smell the scent of a rose? How do our genes copy themselves with such precision? Life on the Edge accessibly reveals how quantum mechanics can answer these probing questions of the universe. Guiding the reader through the rapidly unfolding discoveries of the last few years, Al-Khalili and McFadden describe the explosive new field of quantum biology and its potentially revolutionary applications, while offering insights into the biggest puzzle of all: what is life? As they brilliantly demonstrate in these groundbreaking pages, life exists on the quantum edge. Winner, Stephen Hawking Medal for Science Communication

Life and Death in Extreme Environments

A Family's Journey to Self-Sufficiency

Favela

Living at the Edge

Edge City

Nineteen-year-old Emily is new to pairs skating, but she and her partner Chris have a big dream-to be the first American team to win Olympic gold. Their young coach Sergei, who left Russia after a mysterious end to his skating career, believes they can break through and make history. Emily and Chris are on track to be top contenders at the Winter Games. But when forbidden feelings spark between Emily and Sergei, broken trust and an unexpected enemy threaten to derail Emily's dreams of gold.

The primary character Jim Lacy portrays a Gung Ho young man who volunteered for the Army Airborne where he spent time in Korea during the war. Immediately prior to his deployment to Korea, he married a beautiful young lady Teena Roberts, whose wealthy parents were killed in a plane crash during his deployment. Since she was an only child, it resulted in a large inheritance settlement to his spouse. That, combined with the large settlement from the air crash made her an extremely wealthy young lady. They elected to place the inheritance in a trust fund for the family children in future years After returning from his tour of duty he and his wealthy young wife both volunteered for a newly formed Special Forces Unit to be deployed in undercover work throughout the world. The unit ultimately evolved into the highly sophisticated US Secret Services Agencies (Un-named) that operate in todays world. Their positions required extensive long term training prior to deployment on field assignments. The story includes the Romance, Love & Passions enjoyed by all young married couples. Parts of the story are based on lives of real people. Many of the names used for the characters in the book are real names of the people depicted. It is a story of mystery and intrigue as they were assigned to special projects in various parts of the world. It relates to the True Real Life Passions shared by all young married couples. Additionally it includes actions in a world of special agents and intrigue of life most people only read or dream about. If you enjoy a book filled with action, love and romanceyou will bejoy the story. A sequel of the story is planned.

For many years people have been telling me that I should document my stories of growing up in Greensboro, Maryland in a book. This narrative set forth reflects my memories and recollections of my childhood and stories passed down to me from family and friends. The title is a homage to my mother's family, the Edge's. They are an integral part of my childhood and ingrained into the fabric of my life. Greensboro is a small town, located in Caroline County, on the Eastern Shore of Maryland. The population of about 2,300 people has remained steady through the years and reflects the size of the town during my childhood and adolescence. Greensboro is steeped in history and there are many families currently residing in the town that go back for generations. The town's history is treasured and being preserved and maintained by a dedicated group of volunteers through the Greensboro Historical Society.

This fascinating travel guide and memoir recounts author Neil Selinger's journey through more than 40 countries over a 22-year period of time. The anecdotes and reflections he shares are from photos and from memories, as few notes were kept. The captivating details about the people, cultures, history and geography of places are as far flung and diverse as Brazil, Kenya, India, and Bosnia. Mostly travelling on his own, Selinger had countless once-in-a-lifetime adventures, and a few misadventures as well, while meeting and befriending kind and generous people from around the world; living with locals, avoiding tourist traps, enjoying delicious local cuisine; and being awed by extraordinary scenery. Highly readable and full of invaluable advice and observations, *Living On the Edge* is a must read for both armchair travelers and real travelers alike.

How to Live on the Edge

The Next Generation's Guide to a Meaningful Future

An Experience of AIDS

Amazing Relationships in the Natural World

New Jersey Writers Take On the Garden State

The author uses unpublished letters and interviews to shed light on one of the most interesting love affairs in literary history, chronicling the often tempestuous, always sexually vituperative marriage between D. H. Lawrence and his wife Frieda von Richthofen.

This volume addresses the widespread medical phenomenon of transgression as both a result of and the cause for the exclusion and persecution of those who were considered different. It is widely accepted that the essence of a manuscript cannot be fully grasped without studying its marginalia. Glosses sit on the margins of the text and clarify it, adding a whole new dimension to it and becoming an inextricable part of its content. Similarly, no society can be fully understood without knowledge of what lies on its margins, for the outliers of any given culture provide us with just as much information as its alleged foundational principles.

In a time when the Western world ponders building walls up against perceived threats and frightening differences, this multidisciplinary collection of essays based on original and innovative pieces of research shows that it was mostly through tearing down walls that we learned our way forward.

Life On The EdgeBasic Books

Written by a young Christian man who is open about having AIDS this book tackles the disease from an autobiographical and individual angle. From the original diagnosis, via the development of his illness, it tells of learning to live with the disease and of the value of the support he has received.

Dare to Experience True Spirituality

Explorers, Exploiters, and Settlers of the Grand Canyon Region

A Story of Love, Mystery and War

Discipleship on the Edge

The adventurer, financier and philanthropist offers an insider's look at risk management in this personal guide to risk-taking in life and business. As the founder of Caribbean Capital & Consultancy and a former general partner of Bear Sterns, Michael E. Tennenbaum knows a thing or two about taking risks and winning big. In this unique and insightful volume, he shares his views on risk through stories of high-stakes deals and creative financial innovations, as well as anecdotes about riding in a nuclear submarine and literally swimming with sharks. Tennenbaum also shares strategies for using risk to seize opportunities, manage mistakes, and give back to one's community. His personal tales take readers inside Bear Sterns, the Smithsonian Institution, Harvard Business School, and the Joffrey Ballet, among other firms and cultural institutions. Through it all, Tennenbaum demonstrates how to reach greater heights of performance, achievement, and contentment through embracing risk.

With his taut muscles and powerful gaze, bodyguard Tanner Keane was Madison Hilliard's only source of safety. Hired to rescue her, he kept her safe from a corrupt ex-husband who wanted her dead. So after days in close proximity--fear and desire escalating--who would save them from their wildest fantasies? Tanner liked his women easy, and Madison was a fighter. And as her presence brightened his house, he began to want her around all the time. For a man who was tough to the world, Tanner let the tender protector in him guide his actions. Yes, he would save her again. But of course, he was the one who was really in danger...

Living on the Edge is filled with many exciting true life stories which are unbelievable but true. The adventures of a man who has lived life on the edge and takes you through his many adventures of danger and intrigue, passion and love, tragedy and humor. Once you start reading, you will not want to put this book down. Story after story, written for easy and enjoyable reading in the author's own words.

Janice Perlman wrote the first in-depth account of life in the favelas, a book hailed as one of the most important works in global urban studies in the last 30 years. Now, in Favela, Perlman carries that story forward to the present. Re-interviewing many longtime favela residents whom she had first met in 1968--as well as their children and grandchildren--Perlman offers the only long-term perspective available on the faveladas as they struggle for a better life. Perlman discovers that while educational levels have risen, democracy has replaced dictatorship, and material conditions have improved, many residents feel more marginalized than ever. The greatest change is the explosion of drug and arms trade and the high incidence of fatal violence that has resulted. Yet the greatest challenge of all is job creation--decent work for decent pay. If unemployment and under-paid employment are not addressed, she argues, all other efforts will fail to resolve the fundamental issues. Foreign Affairs praises Perlman for writing "with compassion, artistry, and intelligence, using stirring personal stories to illustrate larger points substantiated with statistical analysis."

The Realities of Welfare in America

Four Decades of Living on the Edge in Rio de Janeiro

Living On The Edge

Tough Guy

Living at the Edge : A Biography of D.H. Lawrence and Frieda Von Richthofen

Living On The Edge is a must read for all who are interested in the perils of a remote Amazon people, their ancient mysterious traditions and struggles against deforestation. Revealed is their intimate and exotic lives and their battle against the white men's greed for their land for cattle ranching. Ill-prepared to fight, the village tribal chief relies on the shaman's supernatural magical powers. A clever scheme to save the village is planned by the chief's youngest son. Becoming friends with the enemy's crippled son, he discovers their plans but risks his life when entering the white men's world of evil politics and corruption, including Brazil's president, and kidnapping of the governor's family. Outraged by her husband's refusal to see the danger, Tatao leaves the chief and warns her people of future perils. She also warns her husband of terrible consequences if their son is forbidden to marry his beloved. But the chief, refusing to listen, is faced with a family tragedy. With his mask-making skilled and supportive grandfather, Iasin unwillingly awaits his initiation and scarification ritual, and worries he will shame his family with his outburst from the pain he must endure to prove his manhood.

Revelation is probably the most read, but least understood book of the Bible. History is replete with examples of how not to interpret it, and books featuring end-of-world prophecy claims based on Revelation consistently top the bestseller lists. But how can the message of such an enigmatic book be applied to our lives today? In Discipleship on the Edge, Darrell W. Johnson drives home the challenging and practical message of Revelation in thirty carefully crafted sermons. Paying careful attention to the original context of Revelation and the circumstances surrounding its composition, Johnson shows that the book is not a "crystal ball" but rather a "discipleship manual." Thoroughly researched and yet accessible, this collection of sermons is a helpful resource for pastors and small group leaders who are looking for models to help them preach and teach the message of Revelation in a time when there is much confusion about the end times. Darrell W. Johnson serves as Scholar-in-Residence at The Way Church and Canadian Church Leaders Network in Vancouver, British Columbia, Canada. A popular conference and retreat speaker, he has also served as the preaching pastor for a number of congregations in North America and the Philippines, as well as as a adjunct professor of preaching at the Doctor of Ministry program at Fuller Theological Seminary in Pasadena, California, and a Teaching Fellow at Regent College. His other books include Experiencing the Trinity and Fifty-Seven Words That Change The World.

Based on the biblical model for Christianity, *Living on the Edge* challenges readers to experience Christianity the way God intended and provides an actual profile of a disciple of Jesus Christ that is relational, grace-based, faith-focused, practical, and measureable. A launching pad for a journey toward becoming a Christian who lives like Christ, this book provides questions and resources at the end of each chapter, as well as directions to continue on your journey through an interactive Web site, where the reader will discover clear spiritual pathways and personal coaching to make it over barriers.

A comprehensive look at the pioneer history of the Grand Canyon region, from its earliest residents to the creation of the national park at the end of the pioneer era (circa 1920). Included are nearly 200 historical photographs, many never published before, and 12 custom maps of the region.

The Biology of Human Survival

Daring to Live on the Edge

An Expository Journey Through the Book of Revelation

Living on the Edge of the World

Good to Great in God's Eyes

Moisters. Big hair. The smelly Turnpike. The poor cousin of its glittering neighbor Manhattan. Could that really be all there is to New Jersey? In *Living on the Edge of the World*, the best and brightest young writers from the much maligned state answer back with edgy, irreverent pieces of nonfiction paying tribute to New Jersey's unique place in the cultural consciousness. Like a drive along the Garden State Parkway, their stories travel to just about every corner of the state, from Princeton and Hillside to Camden and Hoboken. In "Straight Outta Garwood," Tom Perrotta writes of the near inescapability of returning to his home state again and again in his novels. In "Exit 15W," Joshua Braff tells how all roads led back to the Jersey Girl he'd fallen for as a seventh-grader. Kathleen DeMarco takes a nostalgic look at her grandfather's cranberry bog in "The Family Farm." Jonathan Ames recounts a failed attempt to consummate his flirtation with a boardwalk beauty in "Rose of the Jersey Shore" and Frederick Reiken offers an elegy to a high-rise in Fort Lee that opens his eyes to a new, dangerous world. A celebration of all that's weird and wonderful about the Garden State -- including Bruce Springsteen, the Nets, the Jersey Devil, the films of Kevin Smith, and *Great Adventure* -- *Living on the Edge of the World* will have New Jerseyans everywhere ready to stand and be counted.

Celebrates the natural world in a study of the complex interrelationships that exist among wildlife in four ecosystems--the Brazilian Pantanal, Arizona's Sonoran Desert, the Costa Rican rainforest, and the East African savannah. Documenting his notorious career with the Detroit Red Wings and the Chicago Blackhawks, Bob Probert details in this autobiography how he racked up points, penalty minutes, and bar bills, establishing himself as one of the most feared enforcers in the history of the NHL. As Probert played as hard off the ice as on, he went through rehab 10 times, was suspended twice, was jailed for carrying cocaine across the border, and survived a near fatal motorcycle crash all during his professional career, and he wanted to tell his story in his own words to set the record straight. When he died unexpectedly of a heart attack at the age of 45 on July 5, 2010, he was hard at work on his memoir—a gripping journey through the life of Bob Probert, with jaw-dropping stories of his on-ice battles and his reckless encounters with drugs, alcohol, police, customs officials, courts, and the NHL, told in his own voice and with his rich sense of humor.

"Living on the Edge is simple, smart, easy-to-read, and practical. No one is beyond repair. Anyone can heal. Everyone can make a difference. These are the messages we all need to hear." - Paul Casale, Licensed Mental Health Counselor, Marriage & Family Therapist>We're all living on the edge. Life is tough. Bad things happen. To us. To those we love and care about. We wonder what's coming next. We're scared, anxious, angry, and sad. We try, but never feel good enough, smart enough, or attractive enough. We wear masks. We try to fit in. We live lies. We're on a downward spiral. Maybe you're on a downward spiral. You've felt this. Perhaps you're feeling it now. There's a fierce battle going on in your mind. Your heart is at stake. This is a battle you must win. It's time to expose the lies and embrace the truth. It's time to become who you really are. For more than 30 years, multiple award-winning author, speaker, and grief counselor Gary Roe has been helping teens and adults heal from past wounds, discover who they are, and live with passion and purpose. With more than a dozen books and 600 articles in print, he has become a trusted, inspirational voice to thousands of wounded hearts. "Life is about overcoming." Gary frequently says. Let him help you face your battles, beginning with this book. In *Living on the Edge*, you'll learn... Why you struggle with feelings of sadness, worthlessness, or hopelessness at times. How your struggles come from lies you've been fed and embraced along the way. How to identify the specific lies tripping you up and keeping you stuck. How to begin to replace these lies with the truth. How to deal with self-harming or suicidal thoughts that can derail your life. Where to go from here to become the Difference Maker you were meant to be. It's time to move from walking on the edge of a cliff to living on the edge of your seat. There is much to look forward to. More than you realize. The battle is raging. You can win it. Begin today...

An American Generation's Journey through the Twentieth Century
Life on the New Frontier
The Adventure of Faith and Finances
Risk
Living On The Edge
"Living on the edge" is a phrase used to show an extreme state of life or circumstance. It describes one so close to "the edge" of frustration that the only way out is to jump (give up) . This book offers hope to despondent Christians. Though the journey of faith is filled with inevitable and multiple challenges (some adverse than others), Christians should remain resolute in their faith - not second-guessing God's Power, Person, and Presence in their lives. This book is written to inspire Christians to consciously embrace the obstacles met on the pathway of faith and not view them as God's punishments or deterrents from a productive life. Instead they should acknowledge these unavoidable strains as testaments of their relationship with God and stepping stones for excellence in Christ. Christians will be encouraged not to be distracted by opposing factors but see them as profitable tools in aiding them toward their goal and inadvertently identifying their condition, NOT as one on the edge of a breakdown, but rather the brink of their most significant breakthrough. Anyone can become a believer in the energies and vibrations from those on the other side. With this book, you will learn how to get in touch with your own personal Guys in the non-physical world and see what they have to offer. In these pages, there is a power in believing and in looking at all things with a positive outlook. Working with this book daily and with the help of those not seen, you can accept the guidance from beings that were put in place to help. From the time of your birth, there were those in the non-physical world assigned to help you to make your life all that it can be. In *Livin' on the Edge: A Guide to your Abundance Seeds* by Tinker McAdams, you will get a firsthand account from an individual who has listened and practiced the advice that was given. Through years of dealing with her "Guys," she has learned that there is so much more out there that can help make anyone's life better, and with this book, you can too! 'Operation Retrieve' should have been a simple assignment for Shaun Dalton: gather a ransom demand from the kidnapers of the Head of M.I.6, Sir Miles Booth-Royde. But of course the deadly international organisation responsible for this devious, diabolical scheme - the curiously monikered Azaignee Royaume pour Sang Egalite Societe - led by the Dutch master criminal and former one-hit-wonder movie star, Closter vanDoorz, have other plans for Dalton. the banks of London's Thames river with the British Prime Minister, Dalton is thrust into the dangerous world of scheming madmen, fiery femme fatale, grotesque henchfolk and quaking fools, which sees him traveling across the southern costs of France from magnificent Nice - via sabotage, a chance encounter with an old friend, and an explosive car chase - to the picturesque harbour town of Cap d'Agde, where he dodges death by fist, bullet and boat in an adventure full of intrigue and humour which cracks along at a whirlpash pace. rampant chaos - the join Shaun Dalton to the rollercoaster ride of his life!

"Loren Cunningham's dream began with a vision--waves of young people moving out across the continents announcing the Good News of Jesus Christ. Decades later, Loren's vision has grown into an interdenominational movement of Christians from around the world who are dedicated to presenting the gospel to this generation. Loren speaks and teaches internationally, and his missionary travels have taken him to every nation on earth. Loren Cunningham illustrates that trusting God in every area, including finances, is not just for those Christians called into "full-time" ministry. Every Christian, regardless of vocation, can enter into the adventure of living by faith by firmly committing to obey God's will. A Christian who has experienced God's provision will be spoiled for the ordinary.
Transgression, Exclusion, and Persecution in the Middle Ages
Living on the Edge
Living on the Edge of a Breakthrough
How to Fight and Win the Battle for Your Mind and Heart
Life on the Edge
Need a new leadership, Good to Great in God's Eyes shows how Christians can honor God with lives of great faith and excellent work. Believers become great in God's eyes by applying the ten common characteristics of great Christians: - think great thoughts - read great books - pursue great people - dream great dreams - pray great prayers - take great risks - make great sacrifices - enjoy great moments - empower great people - develop great habits Using Scripture, personal stories, and examples from Christians who left a lasting legacy, bestselling author Chip Ingram offers practical steps for becoming great in all areas of life, in spiritual growth, family, relationships, and career. Includes a foreword by Bob Buford and helpful discussion questions to facilitate group or individual study.
Jim and Yvonne Claypole have recently returned from a truly remarkable year in Antarctica where they lived in a tiny hut chained to rocks in one of the coldest and most isolated spots on earth. Before Jim and Yvonne's year of living with extreme cold, horrendous blizzards and diminishing daylight began they found that they had captivated the interest of the Australian media and had a following of millions of people throughout the country. Many thought that they were crazy, others loved their spirit of adventure and determination to follow their life-long dream. Despite the isolation, technology enabled them to receive e-mails from thousands of well wishers, many of whom were readers hooked to Yvonne's hugely popular weekly articles in the New Idea magazine. Everyone was fascinated by her descriptions of their lives in tiny Gadget Hut and the way that they tackled the problems of day-to-day living on the frozen continent. they laughed with them as the elastic in Yvonne's underwear perished with the cold, and shared their fear and isolation as the blizzards threatened to tear Gadget hut apart and they were plunged into 24-hour darkness.
Eighteen-year-old Cayenne barely remembers her mother, who died of breast cancer when Cayenne was four. The women in her family have a history of dying young. Cayenne figures she'll meet the same fate, so she might as well enjoy life now, engaging in late-defying risks like dodging trains and jumping off cliffs with her boyfriend. When Cayenne receives a series of video messages her mother made for her before dying, she isn't sure she wants them. Her aunt Tee has been her true mother figure. But then Aunt Tee tests positive for a BRCA gene mutation - the one that doomed Cayenne's mom - and decides to get a mastectomy to reduce her chances of developing cancer. As Cayenne helps her aunt prepare for the surgery, she finds herself drawn to her mother's messages, with their musings on life, love, and perseverance. For the first time, Cayenne starts to question what it truly means to live life to the fullest, even when death might be written into her DNA.
"Living on the Edge" initially gives the reader the impression that it is intended for today's youth. However as one continues to read through the life experiences of the author's friends, family and her own experiences, this is clearly a book for all ages. This book is an inspirational lesson on never giving up, but trusting in God and learning from the lessons of others throughout history. This is an easy to read and it compels us to find our inner strength in order to live the successful life God intends for us." L. D. Maynard
Very few people dare to write the truth about themselves, feaing man's judgement; but truth is the only thing that can deliver us and strengthen the brethren. I'm my hat to you Cheryl, and look forward to your next publicationperhaps "The Overcomer"Carol. A. Forde

My Life on the Edge

A Guide to Your Abundance Seeds

Livin' on the Edge

Life On The Edge

Living at the Edge of the World

History carves its imprint on human lives for generations after. When we think of the radical changes that transformed America during the twentieth century, our minds most often snap to the fifties and sixties: the Civil Rights Movement, changing gender roles, and new economic opportunities all point to a decisive turning point. But these were not the only changes that shaped our world, and in *Living on the Edge*, we learn that rapid social change and uncertainty also defined the lives of Americans born at the turn of the twentieth century. The changes they cultivated and witnessed affect our world as we understand it today. Drawing from the iconic longitudinal Berkeley Guidance Study, *Living on the Edge* reveals the hopes, struggles, and daily lives of the 1900 generation. Most surprising is how relevant and relatable the lives and experiences of this generation are today, despite the gap of a century. From the reorganization of marriage and family roles and relationships to strategies for adapting to a dramatically changing economy, the challenges faced by this earlier generation echo our own time. *Living on the Edge* offers an intimate glimpse into not just the history of our country, but the feelings, dreams, and fears of a generation remarkably kindred to the present day.

The author recounts the harrowing ordeal of her January 1985 attempted climb of the world's third highest mountain, and how her partner's sudden death forced her to turn back just short of the summit

We all are "Living on the Edge". Sometimes we fall off the edge, sometimes we decide to change edges. Regardless of living on the edge can be exciting and fraught with many perils. Many times we stop "Living on the Edge" to contemplate where we have been and what lies ahead. Ken Paffrath's life has experienced many ups and downs and is reflected in his poetry. Poetry which is introspective, suicidal, humorous, spiritual, environmental, thought provoking, or nonsensical. It is a chronicle of life in poetry, dreams, heartbreaks, ups and downs. In reading "Living on the Edge" it is hoped that you may identify in some small way with the author.

Nowadays so many of us seem to find one reason or the other for not following our passion. We come up with excuses like, "I do not have enough money to fund it," "I cannot find the help I require," "I do not think it is what I should do at the moment...," the list goes on and on. But is there really an excuse good enough to stop you from running with that God-given dream? Living on the Edge is more than just a book; it is a manual full of adventure, a handbook for anyone who truly wants to reach for the heights. As you take in each page you will be inspired, provoked and challenged to attain greatness. However, more importantly you will come to see that indeed all things are possible to him that believes in him.

When Hard Times Become a Way of Life

A Teenager's Survival in the Tunnels of Grand Central Station

The Coming of Age of Quantum Biology

10 Practices Great Christians Have in Common

Based on ten years of research, the book follows individuals and families as they apply for and live on public aid and eventually leave the system. Rank's chronicle of their day-to-day experiences reveals the many sacrifices and crises that tax ordinary people in extraordinary ways. Beginning with a history of welfare from Roosevelt to Clinton, he focuses on AFDC and the Food Stamp program. He then describes the backgrounds of the recipients, their reasons for applying, and the families' daily welfare, their daily routines and prayers, their work behavior, and the effect of welfare on family dynamics. Living on the Edge reveals the experiences of female-headed families, married couples, single men and women, and the elderly.

The range of environments in which people can survive is extensive, yet most of the natural world cannot support human life. The Biology of Human Survival identifies the key determinants of life or death in extreme environments from a physiologist's perspective, integrating modern concepts of stress, tolerance, and adaptation into explanations of life under Nature's most austere conditions. The book examines how individuals survive when faced with extremes of immersion, heat, cold or altitude, emphasizing the body's recognition of stress and the brain's role in optimizing physiological function in order to provide time to escape or to adapt. In illustrating how human biology adapts to extremes, the book also explains how we learn to cope by blending behavior and biology, first by trial and error, then by rigorous scientific observation, and finally by technological innovation. The book describes life-support technology and how it enables humans to enter once unendurable realm, from the depths of the ocean to the upper reaches of the atmosphere and beyond. Finally, it explores the role that advanced technology might play in special environments of the future, such as long journeys into space.

When it comes to survival, one size definitely does not fit all. That's exactly what author F. J. Bohan discovered when he and his family set out on a quest for self-sufficiency, a journey that has lasted more than 17 years. Living on the Edge describes why Bohan and his wife made the decision to pull their four sons from public school in the East and set off in a converted school bus to the American Southwest. On a very limited budget, the Bohans began their new life in a tent pitched in public campgrounds. As soon as they could, they purchased remote ranchland, on which they constructed a rustic cabin from the ground up that grew as they could afford to add on. In addition, they homeschooled the boys so well that all four received scholarships to the schools of their choice. On their journey, the Bohans learned a lot about living off the land and off the grid, mostly through trial and error. In this book, the author graciously shares valuable lessons on the following: Keeping a wife, four boys, two dogs, and two cats happy in a tent for 18 months Creating power for a tent or cabin through a combination of solar panels, car batteries, generators, and oil heating and cooking on wood stoves Finding creative ways to earn money in an insular, impoverished rural area Securing enough water in the desert for a family of six, plus animals, to live on Erecting fences--literal and figurative ones--for privacy and security Raising chickens, goats, and ducks for food, while avoiding bears, bobcats, skunks, and other country critters Relocating to the desert, living in a tent, or homeschooling kids may not appeal to you. But if you have ever thought of living off the grid or simply becoming more self-sufficient, this is how one American family successfully did it . . . and found freedom along the way.

Can life exist in the Antarctic ice, in the deep subsurface, in dilute sulfuric acid, in hot springs-even on Mars? What degree of high or low temperature, pressure, or salt concentration can living cells tolerate? In recent years, scientists have discovered many single-cell creatures that exist in-in fact, are perfectly adapted to-extreme environments that were considered uninhabitable just one or two decades ago. In Life on the Edge, author Michael Gross explores how microorganisms adapt to their hostile environments and how they affect our current definition of the "normal" conditions for life. He also describes the vast implications of these extremophiles and other amazing creatures-from potential breakthroughs in medicine and biotechnology to the search for life elsewhere in the universe.