

## Making Friends Art Julia Cook

Written from the table's point of view, this humorous tale helps kids understand that table manners are about much more than what fork to use. Good table manners are about being respectful, kind and considerate to others.

Anyone can cook in the French manner anywhere, wrote Mesdames Beck, Bertholle, and Child, with the right instruction. And here is the book that, for forty years, has been teaching Americans how. *Mastering the Art of French Cooking* is for both seasoned cooks and beginners who love good food and long to reproduce at home the savory delights of the classic cuisine, from the historic Gallic masterpieces to the seemingly artless perfection of a dish of spring-green peas. This beautiful book, with more than one hundred instructive illustrations, is revolutionary in its approach because: It leads the cook infallibly from the buying and handling of raw ingredients, through each essential step of a recipe, to the final creation of a delicate confection. It breaks down the classic cuisine into a logical sequence of themes and variations rather than presenting an endless and diffuse catalogue of recipes; the focus is on key recipes that form the backbone of French cookery and lend themselves to an infinite number of elaborations bound to increase anyone's culinary repertoire.

With her outsize personality, Julia Child is known around the world by her first name alone. But despite that familiarity, how much do we really know of the inner Julia? Now more than 200 letters exchanged between

Julia and Avis DeVoto, her friend and unofficial literary agent memorably introduced in the hit movie *Julie & Julia*, open the window on Julia's deepest thoughts and feelings. This riveting correspondence, in print for the first time, chronicles the blossoming of a unique and lifelong friendship between the two women and the turbulent process of Julia's creation of *Mastering the Art of French Cooking*, one of the most influential cookbooks ever written. Frank, bawdy, funny, exuberant, and occasionally agonized, these letters show Julia, first as a new bride in Paris, then becoming increasingly worldly and adventuresome as she follows her diplomat husband in his postings to Nice, Germany, and Norway. With commentary by the noted food historian Joan Reardon, and covering topics as diverse as the lack of good wine in the United States, McCarthyism, and sexual mores, these astonishing letters show America on the verge of political, social, and gastronomic transformation.

I'm a blueloon. I'm supposed to be a regular balloon, but I'm just not having fun like the others. I'm kinda dull, and I'm kinda flat. My string is tied up in knots. I have a case of the blues...that's why I'm a blueloon. I've felt like this for weeks! Meet Blueloon a sad little balloon who is suffering from depression. With help from the wise rock, Blueloon learns what he can do to "bounce back" to being the way he used to be bright, round, and full with a very straight string! Although clinical depression is often thought of as an adult disease, it can affect children, as well. Unfortunately, children may not have the maturity to understand what is happening to them, or they may feel powerless to change their situation, so they don't speak

up about what they are going through. It is up to adults to be on the lookout for signs of trouble, and recognize when a child needs help. Finally! A book on depression that works for Blueloons of all ages!

Salad for President

A Friend for Henry

Wilma Jean the Worry Machine

Table Talk

The Judgmental Flower

Meet Brown the least used pencil in the box. He s tall, geeky and lonely. Brown envies Red, Purple, Blue and all the other pencils who have fun coloring and playing together. Dark Green is trustworthy, Pink listens well, Orange has fun, and everybody likes Red! Brown doesn t smile very often because he doesn t get used much and hardly ever needs sharpening. When Brown asks the other pencils why no one likes him, he discovers that to have friends, he needs to be a good friend. If Brown learns to use all of the friendship skills the other pencils have, he can make friends and have fun too! In her trademark humorous fashion, author Julia Cook teaches kids of all ages (and adults too!) how to practice the art of friendship and getting along

with others. This title is the first in a Building Relationships series of books focusing on relationship-building skills for children. Included in the book are tips for parents and teachers on how to help children who feel left out and have trouble making friends. Teaching children how to manage their thoughts and words without interrupting. Louis always interrupts! All of his thoughts are very important to him, and when he has something to say, his words rumble and grumble in his tummy, they wiggle and jiggle on his tongue and then they push on his teeth, right before he ERUPTS (or interrupts). His mouth is a volcano! But when others begin to interrupt Louis, he learns how to respectfully wait for his turn to talk. My Mouth Is A Volcano takes an empathetic approach to the habit of interrupting and teaches children a witty technique to help them manage their rambunctious thoughts and words. Told from Louis' perspective, this story provides parents, teachers, and counselors with an entertaining way to teach children the value of respecting others by

listening and waiting for their turn to speak.

A Picture Book About Kindness, Empathy, and Compassion. From best-selling author, Julia Cook, comes a book that teaches children the many ways they can make the world a kinder place by being the "i" in "Kind." Join the fun as "K\_nd" goes on an adventure to find his missing "i." Along the way, he meets a diverse group of children who learn what it means to share their kindness through everyday actions both big and small. Whether helping someone who's hurting, pitching in to protect our planet, allowing others to go first, or learning to share, this engaging story will spark conversations at home and in the classroom about the concepts of kindness, empathy, and compassion.

Featuring beautiful illustrations and Cook's signature rhyming style, this book will encourage children to bring kindness along wherever they go!

RJ has another tough day at school and again at home but learns that sharing and teamwork are two beneficial skills. Includes audio book read by award-winning author Julia Cook.

Arty Parties

Making Friends Is an Art!

Mind Your Manners: in School

As Always, Julia

Warming Up Julia Child

Brad is a "one-upper." Any time someone makes a comment, he chimes in with his own story...but it's always more extreme. In this imaginative story, young readers learn how to avoid being a "one-upper" and instead be a "pull-upper."

RJ's mouth is getting him into a lot of trouble. A rude comment at school earned him a detention, and an incensitive remark at home earned him a scholding and made his sister cry. It's time RJ starts using a social filter when he speaks. He soon realizes he doesn't have to verbalize every thought that pops into his head. In fact, the less said the better!

The creator of the immensely popular Salad for President blog presents a visually rich collection of more than 75 salad recipes, with contributions and interviews by artists/creative professionals like William Wegman, Tauba Auerbach, Laurie Anderson, and Alice Waters. Julia Sherman loves salad. In the book named after her popular blog, Sherman encourages her readers to consider salad an everyday indulgence that can include cocktails, soups, family style brunch dishes, and dinner-party entrées. Every part of the meal is reimaged with

a fresh, vegetable obsessed perspective. This compendium of savory recipes will tempt readers in search of diverse offerings from light to hearty: Collard Chiffonade Salad with Roasted Garlic Dressing and Crouton Crumble, Heirloom Tomatoes with Crunchy Polenta Croutons, or Flank Steak and Bean Sprouts with Miso-Kimchi Dressing. On the lighter end there are Grilled Hearts of Palm with Mint and Triple Citrus, Persimmon Caprese, and fresh Blood Marys. The recipes, while not exclusively vegetarian, are vegetable-forward and focused on high-quality seasonal produce. Sherman also includes insider tips on pantry staples and growing your own salad garden of herbs and greens. Salad—with its infinite possibilities—is a game of endless combinations, not stifling rules. And with that in mind, *Salad for President* offers a window into how artists approach preparing their favorite dishes. She visits sculptors, painters, photographers, and musicians in their homes and gardens, interviewing and photographing them as they cook. Utterly unique in its look into the worlds of food, art, and everyday practices, *Salad for President* is at once a practical resource for healthy, satisfying recipes and an inspiring look at creativity.

A Pulitzer prize-finalist peels back the curtain on an unexplored part of Julia Child's life—the formidable team of six she collaborated with to shape her

legendary career.

Blueloon

I Am a Booger... Treat Me with Respect!: Teaching Children Health and Hygiene

Mastering the Art of French Cooking

I Just Don't Like the Sound of No!

The Artist's Way for Parents

***A boy describes his friendship with Matt, whose autism spectrum disorder causes him to behave strangely at times, and how he make things easier for Matt at school and in their neighborhood.***

***The flower patch has always been the same. Purples hang with other Purples. Blues hang with Blues. Talls hang with Talls. Shorts hang with Shorts. But when Purple moves into the Blue Patch, Blue just isn't sure how he feels about that! Fortunately, Blue's Mom is around to point out how much Blue and his friends can learn from the wind, the rain, and the bees, who treat all flowers the same. Will Blue start to see things from a different lens? Find out in award-winning author Julia Cook's timely and important tale teaching the skill of valuing the differences of others.***

***A storm is brewing... Whenever Levi doesn't like the truth, he kinda, sorta makes up other stuff to say. One day his mother explains to him that telling lies will damage the trust of***

***his friends and make him very sad. Whenever you tell a lie, your inside sun goes away. Then a lying cloud forms, and glooms up your day. Each time you tell a lie, another cloud starts to form, and before you can stop it from happening, your insides start to storm. This book is a great resource to help children understand not only the consequences of telling a lie, but also how one lie can often lead to telling several more. It will help parents and teachers understand that lying can be a normal and sometimes healthy response for a child and offers tools to help guide children toward truthfulness.***

***If Brown can learn to use all of the friendship skills he learns from the others pencils, he will make friends. This first book in the Building Relationship series focuses on relationship-building skills for children.***

***Included are tips for parents and teachers on how to help children who feel left out and have trouble making friends.***

***I Can't Believe You Said That!***

***Peanut Butter and Jellyous***

***But It's Not My Fault***

***It's My Way or the Highway: Turning Bossy into Flexible and Assertive***

***The Worst Day of My Life Ever!***

***Teach Kids About Growth Mindset and Trying***

*Something New* What happens when one little raindrop finds the courage to let go? Way up in the sky, Hopp the raindrop is scared of change. Hopp loves playing with his friends, riding on clouds, and being happy with his safe, predictable life. But he soon learns that staying where he is limits the impact he can have on those around him.

"You have so many gifts to share with the world, so many dreams to live. Take a chance little man, let go of this cloud. Discover the ways you can give." *Don't Be Afraid to Drop* is a book for anyone who is at a transitional point in their life. From the kindergartener heading to school, to an adult nearing retirement, and everyone in between, this creative analogy provides all who read it with a positive perspective on change, taking risks, and giving back. There's so much good that can happen when we step beyond our comfort zones and try something new!

Everything in Noodle's life stinks, or so he thinks. Noodle's attitude, or "baditude," is alienating everyone around him. Can he let go of his angst and try to find the brighter side of life? With help, Noodle learns how to turn his baditude into gratitude!

Penny tries to hang with the Coin Clique, but she usually feels left out. When she meets a

*gold Dollar coin, who is also different from the "silvers," she learns how special and valuable she really is.*

*It just isn't Noodle's fault that his mom forgot to remind him to turn in his library book. Or that he didn't finish his homework. Luckily he learns not to blame others, but instead to take responsibility for his actions.*

*My Life in France*

*Baditude: What to Do When Life Stinks!*

*The Remarkable Figures Who Shaped a Legend*

*Soda Pop Head*

*Teamwork Isn't My Thing, and I Don't Like to Share*

With his mother's help, RJ learns that his problems happen because he doesn't listen or pay attention to directions from her, his school principal, teachers, or even his friends. Author Julia Cook's book shows RJ as well as all K-6 readers the steps to the fundamental social skills of listening and following instructions. When RJ learns to use these skills the right way, he has the best day of his life! This book is the first in the BEST ME I Can Be! series to teach children social skills that can make home life happier and school more successful. The book includes tips for parents and educators on how to effectively teach listening and following instructions skills to kids.

' NO ' is RJ's least favorite word . . . and he tries his best to convince his dad, his mom, and his teacher to turn " No " into " Maybe " or " We ' ll see " or " Later " or " I ' ll think about it. " Author Julia Cook helps K-6 readers laugh and learn along with RJ as he understands the benefits of demonstrating the social skills of accepting " No " for an answer and disagreeing appropriately. Tips

for parents and educators on how to teach and encourage kids to use these skills are included in the book. *I Just Don't Like the Sound of NO!* is another in the *BEST ME I Can Be!* series of books from the Boys Town Press that teach children social skills.

In her follow-up cookbook to *Salad for President*, cook, writer, and artist Julia Sherman shows us how to apply an artist's touch to our own home gatherings. Artists throw superior parties, and we can learn from their willingness to draw outside the lines, choose character over perfection, and find boundless joy in feeding family and friends. Cook, live, and host like an artist with inspired, easy recipes and playful hands-on experiments in the kitchen. Sherman shows you how to be the architect of your own uniquely memorable bash, whether that means a special breakfast for two, or a "choose your own adventure" meal that's flexible enough to feed a crowd. Forget the codified markers of good taste—*Arty Parties* instead reveals that modern gatherings are less about "getting it right" and more about getting your hands dirty, building community, and taking risks in the kitchen and beyond. Featuring colorful food that is confident in its simplicity, Sherman shares easy-to-follow, healthy recipes that value imaginative flavor combinations over complexity: dishes like an avocado-lemongrass panna cotta, saffron tomato soup, coconut rice cakes with smashed avocado and soy-marinated eggs, and roasted broccolini and blood oranges with a creamy pepita sauce. This book also invites readers into the idiosyncratic gatherings of internationally acclaimed artists, from a chic office party in a Parisian art book publisher's atelier to an underground earth oven pizza party on a secluded hillside in Los Angeles. Woven throughout are Sherman's own homegrown events that are relatable yet wonderfully experimental in tone. Utterly unique and beautifully designed, *Arty Parties* is a guide to creating meaningful experiences that nourish both the host and their guests in body, mind, and soul.

Multi-talented Brown is the luckiest pencil in the box! In this fun, creative story, Brown learns that in order to make and keep friends, he needs to know how to be a good friend. And to be a good friend,

Brown must find a way to share his many talents with others. At first, that seems hard to Brown. But he soon realizes that to be a good friend, all he has to do is be himself! Making Friends Is an Art! is part of the popular Building Relationships series written by award-winning author Julia Cook. This is a wonderful story for teaching kids of all ages how to practice the true art of friendship and getting along with others. Educators, counselors and parents will love reading the second edition of this very popular story with children which features fewer words and more positive, empowering messaging. Brown and his friends learn to recognize their talents by being true to themselves. Making Friends Is an Art! is the recipient of the prestigious Mom's Choice Award. Tips for educators and parents are located at the end of the story to help further address the importance of being a good friend.

Don't Be Afraid to Drop

Well, I Can Top That!

My Mouth is a Volcano

An Autism Picture Book

Making Friends Is an Art, 2nd Edition

"There goes Lester. Watch him fester. His ears start to fizz. He gets mad as a griz. His face turns red. He's a Soda Pop Head. You just never know when Lester will blow. His cap will go flying. If it hits you, you'll be crying, so you'd better stay away from Lester today!" His real name is Lester, but everyone calls him "Soda Pop Head." Most of the time he's pretty happy, but when things seem to be unfair his ears gets hot, his face turns red and he blows his top! Lester's dad comes to his rescue by teaching him a few techniques to "loosen the top" and cool down before his

fizz takes control. Soda Pop Head will help your child control his/her anger while helping them manage stress. It's a must for the home or classroom.

"My stomach feels like it's tied up in a knot. My knees lock up, and my face feels hot. You know what I mean? I'm Wilma Jean, The Worry Machine." Anxiety is a subjective sense of worry, apprehension, and/or fear. It is considered to be the number one health problem in America. Although quite common, anxiety disorders in children are often misdiagnosed and overlooked. Everyone feels fear, worry and apprehension from time to time, but when these feelings prevent a person from doing what he/she wants and/or needs to do, anxiety becomes a disability. This fun and humorous book addresses the problem of anxiety in a way that relates to children of all ages. It offers creative strategies for parents and teachers to use that can lessen the severity of anxiety. The goal of the book is to give children the tools needed to feel more in control of their anxiety. For those worries that are not in anyone's control (i.e. the weather) a worry hat is introduced. A fun read for Wilmas of all ages! Includes a note to parents and educators with tips on dealing with an anxious child.

“For decades, people have been asking me to write this book. *The Artist’s Way* focuses on a creative recovery. We recover the ground we have traveled in our past. *The Artist’s Way for Parents* focuses on creative cultivation, where we consciously—and playfully—put our children on a healthy creative path toward the future.” —Julia Cameron Winner of the 2014 Nautilus Award represents “Better Books for a Better World”—the Gold Award (Best Book of the Year) in the category of Parenting/Family. From the bestselling author of *The Artist’s Way* comes the most highly requested addition to Julia Cameron’s canon of work on the creative process. *The Artist’s Way for Parents* provides an ongoing spiritual toolkit that parents can enter—and re-enter—at any pace and at any point in their child’s early years. According to Cameron: “Every child is creative—and every parent is creative. Your child requires joy, and exercising creativity, both independently and together, makes for a happy and fulfilling family life.” Focusing on parents and their children from birth to age twelve, *The Artist’s Way for Parents* builds on the foundation of *The Artist’s Way* and shares it with the next generation. Using spiritual concepts and practical tools,

this book will assist parents as they guide their children to greater creativity.

Teaching children the concepts of personal space. Louis is back! And this time, he's learning all about personal space. When Louis, the world's self-proclaimed space expert, is invited to Personal Space Camp by the school principal, he soon learns that personal space really isn't about lunar landings, Saturn's rings, or space ice cream. Written with style, wit, and rhythm, Personal Space Camp addresses the complex issue of respect for another person's physical boundaries. Told from Louis' perspective, this story is a must have resource for parents, teachers, and counselors who want to communicate the idea of personal space in a manner that connects with kids.

Cliques Just Don't Make Cents

Raising Creative Children

Making Friends Is An Art! 2nd Ed.

Will You Be the I in Kind?

I'm Stretched

**I feel good about myself. Somebody loves me just as I am. I don't have to look like anyone else, be the same size, or do the same things. It's fine to be me. This book offers children positive and upbeat examples about being themselves. The author portrays a very**

young guinea pig and friends feeling good about themselves through common situations readers will relate to. Together, the text and art will foster self-esteem and independence.

A girl who feels stretched too thin by homework, soccer try-outs, concerns at home, and much more learns some techniques from her mother for dealing with stress in healthy and helpful ways.

Cora June is B-O-S-S-Y! Will anyone put the breaks on her outlandish demands? And will Cora June ever realize that she can be a leader, but still be flexible?

Meet Brown, the least used pencil in the box. He discovers that in order to have friends, he needs to be a good friend. If Brown learns to use all of the friendship skills the other pencils have, he can make friends and have fun, too.

**Personal Space Camp**

**Hygiene...You Stink!**

**Lying Up a Storm**

**Since We're Friends**

**Tease Monster**

*NATIONAL BESTSELLER • Julia's story of her transformative years in France in her own words is "captivating ... her marvelously distinctive voice is present on every page." (San Francisco Chronicle). Although she would later singlehandedly create a new approach to American cuisine with her cookbook Mastering the Art of French Cooking and her television show The French Chef, Julia Child was not*

always a master chef. Indeed, when she first arrived in France in 1948 with her husband, Paul, who was to work for the USIS, she spoke no French and knew nothing about the country itself. But as she dove into French culture, buying food at local markets and taking classes at the Cordon Bleu, her life changed forever with her newfound passion for cooking and teaching. Julia's unforgettable story—struggles with the head of the Cordon Bleu, rejections from publishers to whom she sent her now-famous cookbook, a wonderful, nearly fifty-year long marriage that took the Childs across the globe—unfolds with the spirit so key to Julia's success as a chef and a writer, brilliantly capturing one of America's most endearing personalities. In this story, Jean, a fork who hates taking baths in the sink and detest showering in the dishwasher, learns that good hygiene will improve his health and his relationships with the other silverware. In Classroom Six, second left down the hall, Henry has been on the lookout for a friend. A friend who shares. A friend who listens. Maybe even a friend who likes things to stay the same and all in order, as Henry does. But on a day full of too close and too loud, when nothing seems to go right, will Henry ever find a friend—or will a friend find him? With insight and warmth, this heartfelt story from the perspective of a boy on the autism spectrum celebrates the everyday magic of friendship.

*This quirky tale teaches young readers the difference between nice teasing and mean teasing. Laughing at someone (mean teasing) has a hurtful bite, but laughing with someone (nice teasing) is alright when it's not done out of spite.*

*The Letters of Julia Child and Avis DeVoto  
...sometimes Friendships Get Sticky*

*An Entertaining Cookbook from the Creator of  
Salad for President*

*A Cookbook Inspired by Artists*

*When I Feel Good about Myself*

**Presents an overview of what boogers are, the purpose they serve in the body, and how to dispose of them in a sanitary manner.**

**Peanut Butter and Jelly are very good friends, but when Peanut Butter tries to spend time with others, Jelly becomes very jealous until Peanut Butter helps her find new friends, too.**

**The children at school learn from each other good habits including behaving, sharing, listening, waiting, and helping each other.**