Managing Asthma A Guide For Schools

Asthma is a constant ailment that can go from gentle to extreme. Persistent methods there is no fix, it will consistently influence your lungs somewhat. Asthma is viewed as extreme when it requires high dosages of prescription (oral and breathed in) or when it stays uncontrolled notwithstanding taking ideal treatment and tending to all changing variables. Extreme asthma can likewise cause more serious, in some cases perilous flare-ups.

Severe asthma is a form of asthma that responds poorly to currently available medication, and its patients represent those with greatest unmet needs. In the last 10 years, substantial progress has been made in terms of understanding some of the mechanisms that drive severe asthma; there have also been concomitant advances in the recognition of specific molecular phenotypes. This ERS Monograph covers all aspects of severe asthma - epidemiology, diagnosis, mechanisms, treatment and management - but has a particular focus on recent understanding of mechanistic heterogeneity based on an analytic approach using various 'omics platforms applied to clinically well-defined asthma cohorts. How these advances have led to improved management targets is also emphasised. This book brings together the clinical and scientific expertise of those from around the world who are collaborating to solve the problem of severe asthma.

Discusses the best way to control asthma

For Adults and Children Older Than 5 Years: A Pocket Guide for Health Professionals

Based on the Expert Panel Report 2 : Guidelines for the Diagnosis and Management of Asthma

A Guide for Residents of Multi-unit Housing

The Which? Guide to Managing Asthma

The Ultimate Teen Guide

Pediatric Asthma

The Summarized Fail-proof Asthma Attack Care Therapy

While asthma can't be cured, it can be treated and controlled so that your child can enjoy a healthier, more active life. In this important guide, the experts at the top-ranked children's hospital in the United States clearly explain what asthma is and how parents, caregivers, and young patients can manage it successfully. The Children's Hospital of Philadelphia Guide to Asthma features the most up-to-date information on the disease and the keys to optimal preventive treatment-controlling environmental conditions that trigger symptoms, making a proactive medical treatment plan, and consistently putting it into action at the first sign of trouble. You'll discover how asthma is diagnosed, what the common triggers are, how to select the best asthma medicines, and how to protect your child in and away from your home to help him or her live a fulfilling childhood that is as symptom-free as possible. This book: * Reveals how to manage acute and emergency episodes of the disease * Explains how to asthma-proof your home * Addresses sports and exercise issues for children with asthma * Discusses the special needs of toddlers and teens * Features a series of vignettes about children with asthma * Includes educational materials and resources, including community support

Learn asthma care essentials-from top experts at the Partners Asthma Center Internists, family physicians, physician's assistants, respiratory therapists, and pharmacists will find this unparalleled, authoritative guide has everything needed to understand and treat asthma in children and adults. Ideal for preparing for certification as an asthma educator (AE-C), The Asthma Book includes important information such as: How to develop an asthma action plan based on the principles of assessing and treating asthma attacks Diagnosis and staging ambulatory asthma treatment Inhalers and inhalation aids Managing asthmatic attacks Chapter-ending Q&As that simulate the types of questions likely to appear on the National Asthma Educators Certification Board Exam Series of case discussions which test your knowledge by asking you to assume the role of an asthma educator

Discusses the triggers, treatment, and preventive help for asthma and allergies

Asthma Handbook

Guide to Treatment Options, Tips and Lifestyle Adjustments for Managing Asthma and the Symptoms of Asthma So That You Can Live the Life You Want

Asthma For Dummies

Managing Asthma in Illinois Child Care Facilities

Managing Asthma

Living With Asthma

A Quick Reference Guide

A?thm? ?? ?n inflammatory d?????? ?t th? ???w??? t? th? lung?. It m?k?? breathing d?ff??ult ?nd ??n make some ?h?????l ??t?v?t??? difficult or even ?m?????bl?. According t? th? C?nt?r? for D?????? C?ntr?l ?nd Pr?v?nt??n (CDC), ???r?x?m?t?l? 27 m?ll??n Am?r???n? have ??thm?. It's the most ??mm?n ?hr?n?? condition ?m?ng ?h?ldr?n: 1 ?h?ld out of ?v?r? 12 h?? ??thm?. To understand ??thm?, ??u n??d t? understand a l?ttl? ?b?ut what happens wh?n you br??th?. Normally, with every breath ??u take, ??r g??? thr?ugh your n??? and d?wn into your th???t, into ??ur airways, ?v?ntu?ll? m?k?ng ?t t? ??ur lu air passages ?n ??ur lung? th?t h?l? deliver oxygen from the ??r ?nt? ??ur bloodstream. Asthma ?? a ?hr?n?? ?nfl?mm?t?r? ??nd?t??n th?t ?ff??t? your ?b?l?t? t? br??th?. A?thm? is ?t?n tr?gg?r?d b? a m?x of ?nv?r?nm?nt?l and h?r?d?t?r? f??t?r?. A?thm? ??m?t?m? ???ur when th? lining ?f ??ur airways ?w?ll and th? muscles ?r?und th?m t?ght?n. Mu?u? th?n f?ll? th? ??w???, furth?r r?du??ng th? ?m?unt ?f ??r th?t ?n ???? through. Th??? ??nd?t??n? th?n br?ng ?n ?n ??thm? "?t??k," the ??ugh?ng ?nd l?ghtn??? ?n ??ur ?h?t that ?? t?????l of asthma. S?m?t?m? of asthma ?r??? wh?n the airways t? your lu constrict. S?m?t?m? v?r? ?nd ??n b? b?r?l? n?t????bl?, severe, or even l?f?-thr??t?n?ng. A?thm? ??n ?ff??t ?????l? of ?ll ages, but ?t'? m??t l?k?l? to develop during ?h?ldh??d. It ?? important t? n?t? th?t asthma symptoms ??n range fr?m nonexistent t? ?'v?r? ?n th? ??m? ??r??n. You can g? a l?ng time without ??m?t?m? and then have ??r??d?? ??thm? ?t??k?. Or you ??n h?v? asthma symptoms ?n a daily b????, ?nl? at n?ght, ?r ?nl? ?t?r ?x?r????. M?n? people go und??gn???d b???u?? of m?ld ??m?t?m?. If ??u think ??u'r? ?x??r??n??ng asthma symptoms, this book is a complete guide for you through the d asthma, how to help you child to manage asthma both at home and school, guide you in scheduling an ????ntm?nt w?th ??ur d??t?r for asthma ??r??n?ng ?nd t??t? and many more.

Learn the Solution for Managing Asthma Attack Symptoms, Signs and Causes in Children and Adults -- by Dr Dale Pheragh This book teaches every asthmatic patients and non-asthmatic patients the simplified edition and straight to point version of my book titled "Allergy & Asthma Relief. #1 Straight to point Solution for Managing Asthma Attack Symptoms, Signs and Causes in Children and Adults" with concise information necessary for recognizing, managing, avoiding the occurrence and also to treat asthma attack and exacerbations. It is an excellent resource for asthmatic and non-asthmatic patients. Every Amazon cus concerned about their health status and healthy living would see this guide as everything needed to understand and treat asthma in children and adults without been only restricted to asthmanefrin, asthma inhaler, nebulizer machine, asthma mask, asthma spacer, asthma machine and not limited to asthma medicine. This book is ideal for understanding; How to develop an asthma action plan based on the principles of assessing and treating asthma attacks, having full knowledge of causes of asthma attack and symptoms, Diagnosis and staging ambulatory asthma treatment, Managing asthma attacks, Common Asthma rela cases, ...and many more!!! GET YOUR COPY NOW!!!

This easy-to-read guide provides specific information that teens can use to better monitor and manage their illness and improve their quality of life while living with asthma. What happens in the body during an attack, what specific triggers might make asthma worse, medications that can help, and symptoms that signal asthma is getting worse are all covered. Teens will not only find factual information to take a proactive role in the management of their illness, but they will also enjoy reading interviews with other teens who have asthma and finding out how they feel about taking medication, what it feels like to have an asthma inquiries from their friends.

Managing Asthma in Connecticut Child Care Facilities

A Practical Guide to Understanding and Managing Asthma

A Parents' Guide for Treating Children with Asthma

A Guide for Practical Understanding and Treatment

Allergy & Asthma Relief: #1 Straight to Point Solution for Managing Asthma Attack Symptoms, Signs and Causes in Children and Adult

Practical Guide for the Diagnosis and Management of Asthma

Pocket Guide for Asthma Management and Prevention

Ignorance about the disease of asthma kills. Knowledge about asthma saves lives. This book will teach you how to recognize the signs of asthma. How to correctly identify the asthma severity category based on symptoms, pulmonary function, interference with your daily activities, or your use of quick-relief medicines. This book will answer questions you need to know the answers to like; Do I have asthma? How do I know when and how to use my medicine? How do I use the different devices the asthma medicines come with? What is a peak flow meter and why do I need one? Will I grow out of this? Can I still engage in my favorite sport? How does my medicine work? What's happening inside my lungs when I'm having an asthma attack? First we'll discuss exactly what asthma is and why it's dangerous. Various definitions of asthma have been used over the years but as the medical community has learned more about the disease, the definition has been made more and more accurate. In this book we'll explain how your various asthma medicines work by pointing to it's place of action within the current asthma definition. We'll discuss at length how the various asthma devices are used and point out the things you should always do and the things that you should never do. We'll explain what a trigger is and how to avoid them. We'll make this often complicated subject of asthma a simple matter that you'll easily be able to understand and remember.

This guide contains recommendations summarized from the Expert Panel Report 2: Guidelines for the Diagnosis and Management of Asthma. The guide describes how primary care clinicians can improve the asthma care they provide within the time constraints of their current clinical practice. Undertreatment and inappropriate therapy are major contributors to asthma morbidity and mortality in the U.S. Chapters: introduction on asthma care; initial assessment and diagnosis of asthma; pharmacologic therapy: managing asthma long term; control of factors contributing to asthma severity; periodic assessment and monitoring; and education for a partnership in asthma care. Illus.

A guide to managing asthma looking at the ways asthma affects young, adult and elderly people, giving advice on diet, exercise and ways to avoid pollution. It provides full information on different treatments, including complementary therapies and highlights drugs and other treatments under development.

Kids Breathe Free

Personalizing Asthma Management for the Clinician

The Easy Guide to Understanding and Managing Your Asthma

A Clinician's Guide

A Resource Guide

The Children's Hospital of Philadelphia Guide to Asthma

A Guide for Owners and Property Managers

Now to be upfront with you, the condition known as Asthma is a chronic and an incurable disease, which affects the respiratory system in the human body, however, they have some certain triggers such as that of environmental triggers... that is able to heighten the knack for an asthma attack! Indeed, asthma is, as we speak, one of the most common types of respiratory disorder, which is also referred to as bronchial asthma. In other words, it is a condition where the airways in the lungs become blocked, inflamed and constricted with excess mucus that usually results in breathing difficulties. Even though, asthma is a recurring disease with no form of curability at this present time and age, however, there are different forms of asthma treatment that are prescribed to asthmatics, especially those with a particularly severe case. Nonetheless, an asthma attack should not be taken lightly as it can begin at any age. Yes, over the last few decades, asthma has become the biggest health issue affecting a major part of the world's population. And as a matter of fact, some of the common asthma triggers can include GERD (Gastro Esophageal Reflux Disease), exercise, inhaling dry and cold air, smoke from tobacco, pets, upper respiratory infections, pollen, dust and mold mites. Now, having said this, the common symptoms associated with asthma include shortness of breath, pain or tight feeling in the chest, noisy breathing or wheezing and coughing. On the other hand, recurrent symptoms of asthma frequently cause reduced activity levels, daytime fatigue and sleeplessness among others. Therefore, avoiding the risk factors that result in asthma symptoms is indeed an important strategy to reducing the occurrence of an attack. Hence, in the light of the above, it is advisable to avoid dusty, moldy, smoky conditions or environment. Though, these days, there are a couple of natural remedies for treating asthma in spite of the fact that it is incurable! Nevertheless, it is important you know that implementing an asthma treatment is extremely helpful because it can help an asthmatic not only to keep their asthma under control but also to help them prevent the onset of attacks, all of which will be discussed in this book. So, what are you waiting for... get your copy of the book now by clicking the buy button above. Then you can have all the access to the full details of The Ultimate Guide To Managing Asthma Attack With Asthma Diet and the Home Remedies for Asthma Treatment Including Special Tips to Prevent all Exercise Induced Asthma Today!

This book teaches every asthmatic patients and non-asthmatic patients the information necessary for recognizing, managing, avoiding the occurrence and also to treat asthma attack and exacerbations. It is an excellent resource for asthmatic and non-asthmatic patients. If you are highly concerned about your health status and healthy living, you should see this guide as everything needed to understand and manage asthma attack in children and adults without been only restricted to asthmanefrin, asthma inhaler, nebulizer machine, asthma mask, asthma spacer, asthma machine and not limited to asthma medicine. This book is ideal for understanding; How to develop an asthma action plan based on the principles of assessing and treating asthma attacks, having full knowledge of the causes of an asthma attack and symptoms, Diagnosis and staging ambulatory asthma treatment, Managing asthma attacks, ...and many more!!! Asthma is a chronic respiratory disease that often leads to severe episodes of symptoms. Asthma can be an incurable disease of the airways. The condition causes swelling and narrowing inside the lung, restricting air source.

Written specially for parents, this book is a comprehensive guide to a better understanding of childhood asthma. Only the parents and the immediate family know the intense anxiety and pain they experience when their child suffers from breathlessness, or wakes up in the middle of the night with a severe attack of asthma. Written in a warm, reassuring tone, the author explains the causes of asthma in children, discusses what goes wrong inside the lungs, and reviews the various diagnostic procedures and treatment options available, including advances in safe medication. Most important, the book discusses the critical role parents can play in preventing and managing asthma attacks.

Living with Asthma

Asthma Cure!

The Complete Guide To The Treatment Option In Managing Asthma For Novices

Asthma Help

Guidelines for the Diagnosis and Management of Asthma : Update on Selected Topics, 2002

Expert Panel Report

A Guide for Schools

The incidence of asthma is rising dramatically in the United States and across the globe. Asthma affects 17 million people in the U.S. and is the most common chronic childhood disease. If you or someone you love suffers from asthma, you know that there is no cure—however, with proper care, asthmatics can lead normal, active, and fulfilling lives. Now you can breathe easy with this plain-English guide, which clearly explains the prevention, diagnosis, symptoms, and treatment of the disease. Asthma For Dummies will help asthma sufferers and their loved ones get a strong handle on managing the disease. Dr. William Berger, one of the nation's foremost experts on allergies and asthma, gives you the tools you need to: Understand the relationship between allergies and asthma Identify your asthma triggers Prepare for your first doctor's visit Allergy-proof your home or office environment Avoid asthma complications Find outside support Featuring up-to-date coverage of childhood asthma, this easy-to-understand guide covers all the vital issues surrounding asthma, including handling food allergies, exercising when asthmatic, asthma during pregnancy, and all the latest medications. You'll find tips on avoiding allergens that cause respiratory symptoms, testing for allergies, and dealing with HMOs. This fact-packed guide also features: A dedicated chapter to asthma in the elderly The latest information on Claritin and Clarinex, two common allergy medications taken by those with asthma The interrelationships between asthma and other respiratory complications of untreated allergy such as ear, sinus, tonsil, and adenoid disease Extensive information on controller drugs and rescue medications Future trends in asthma therapy Offering the latest on allergy shots and tips for traveling with asthma, Asthma for Dummies will relieve your anxiety about asthma, help you control your triggers, and manage the disease long-term.

🎁 Buy the Paperback version of this book and get the eBook version included for FREE 🎁 Asthma can certainly be a crippling condition that can stop you from doing things you love, such as trying out new foods and having novel experiences. Asthma can also bring a lot of annoyances into your life as well, such as spending a small fortune on air cleaners in order to reduce the chances of an asthma attack. This does not have to be your life, and even though there is no cure for asthma, there are many options out there, both natural and synthetic, that will allow you to manage asthma in order to do the things you want so that you can live your life as you want to live it, and introducing you to those options is what this book is all about. In this book, you can expect to learn about: -What is asthma and what triggers it -Ways to control asthma in short-term and long-term -Minor lifestyle adjustments that can have huge impacts -Lesser known natural options for dealing with asthma -And much more! You can be proactive about dealing with asthma since there are things you can start doing today to improve your situation. That attitude of proactivity can, by itself, improve your condition before you even do anything else. If you are ready to learn how not to be under the control of asthma, then scrolling over to the BUY button and clicking it is the first step towards that.

This fully revised and updated resource helps teachers and caregivers address the challenges of caring for children with chronic health conditions and special health care needs in child care and school settings. The health issues covered include chronic illnesses, acute situations, and selected developmental and behavioral problems, with a special emphasis on children with special health care needs. More than 50 quick reference sheets on specific conditions provide teachers and caregivers with guidance on how to help at a glance. New quick reference sheets include Childhood Obesity, Eczema, Fetal Alcohol Spectrum Disorder, Food Allergies, Gastroesophageal Reflux Disease, and more. The guide addresses topics with universal relevancy such as Care Plan development and implementation, medication administration, emergency planning, and handling symptoms that develop while on-site. Also included are ready-to-use sample forms, letters, and Care Plans, for easy implementation.

The Asthma Educator's Handbook

Tips to Manage Daily Life and Complications

Asthma In Children: A Parent's Guide

Promoting Best Practice : Guide for Managing Asthma in Children

Dr. Tom Plaut's Asthma Guide for People of All Ages

Understanding, Living and Managing Asthma

Family Guide to Asthma and Allergies

Asthma affects an estimated 300 million individuals worldwide. It is a serious global health problem affecting all age groups, with increasing prevalence in many developing countries, rising treatment costs, and a rising burden for patients and the community. Asthma still imposes an unacceptable burden on health care systems, and on society through loss of productivity in the workplace and, especially for pediatric asthma, disruption to the family, and it still contributes to many deaths worldwide, including amongst young people. Health care providers managing asthma face different issues around the world, depending on the local context, the health system, and access to resources.

This best-selling guide is very popular with patients and children alike. It helps parents and children recognize triggers, identify warning signs to prevent flare-ups, treat flare-ups when they occur and set up a treatment plan. It covers the latest information on asthma medicines and how to use a peak flow meter and an MDI. This guide is very interactive with forms (that can be copied for the child's use) to help with managing asthma. Reviewed by:•Jo Ann G. Bedore, RN, BS, AE-C, TTS, Akron Children's Hospital, Akron, OH•DJ Feather, RRT, Pediatric Asthma Educator, Atlanta, GA•J. Michael Halwig, MD, Atlanta Allergy & Asthma Clinic, Austell, GA•Carolyn M. Kercsmar, MD, Director, Children's Asthma Center, Case Western Reserve University, Cleveland, OH•A. A. Marie Singletary-Schuster, RN, Former Coordinator, Asthma Center for Education, Scottish Rite Children's Medical Center, Atlanta, GATestimonials:•"Your Kids Breathe Free book is outstanding! The color graphics, fill-in charts and great information you used to produce this bible for parents of asthmatic children receives an A+++. I know this book will improve the quality of care." E. Srabstein•"I am so impressed with your patient education booklet on childhood asthma. Kids Breathe Free is easy to understand, very thorough and has cute, comical illustrations. It's the best pediatric asthma guide I've seen. As the Pediatric Clinical Specialist at my hospital, I will recommend purchase." M. Prior, RN, MSN•"Great resource book -- pictures illustrate the definitions well. I especially like the treatment plans and the medicine explanations." B. Harris, RN•"Thank you very much for Kids Breathe Free. I will use this book to educate childcare staff, children and families. I will also recommend this book to other nurse consultants and the American Lung Association." S. Gross, RN, BSN, Child & Family Resources•"Kids Breathe Free is an excellent resource. I am purchasing these books as a teaching tool to give out to our asthma children/parents. Very colorful, fun and readable." C. Odell

Asthma: A Clinician's Guide incorporates the new National Heart Lung and Blood Institute's 2007 Guidelines for the Diagnosis and Management of Asthma (EPR-3) and emphasizes the importance of asthma control that has come to the forefront of asthma management. This vital text discusses the current data on genetics and strategies to overcome treatment disparities. With concise, evidence-based information in an easily accessible format, this book provides respiratory and pulmonary medicine students with a fundamental resource to better understand asthma and manage appropriate treatment for various patient populations. • Each chapter includes an outline, objectives, and key terms with definitions • Appendices include travel charts and school plans • Guideline-based step management algorithms provided for each age group • Peak flow charts and instruction guides are included • Forms/templates provided for reproduction This user-friendly text is an essential reference for students and clinicians alike!

The Easy Guide to Understanding and Managing Your Asthma Second Edition

Bronchial Asthma

Considerations for Diagnosing and Managing Asthma in the Elderly

The Ultimate Guide to Manage Asthma Attack With Asthma Diet and Home Remedies for Asthma Treatment Including Special Tips to Prevent Exercise Induced

Managing Chronic Health Needs in Child Care and Schools

A Parents Guide for Treating Children with Asthma

Asthma Relief

Ignorance about the disease of asthma kills. Knowledge about asthma saves lives. This book will teach you how to recognize the signs of asthma. How to correctly identify the asthma severity category based on symptoms, pulmonary function, interference with your daily activities, or your use of quick-relief medicines. This book will answer questions you need to know the answers to like; Do I have asthma? How do I know when and how to use my medicine? How do I use the different devices the asthma medicines come with? What is a peak flow meter and why do I need one? Will I grow out of this? Can I still engage in my favorite sport? How does my medicine work? What's happening inside my lungs when I'm having an asthma attack? First, we'll discuss exactly what asthma is and why it's dangerous. Various definitions of asthma have been used over the years but as the medical community has learned more about the disease, the definition has been made more and more accurate. In this book, we'll explain how your various asthma medicines work by pointing to their place of action within the current asthma definition. We'll discuss at length how the various asthma devices are used and point out the things you should always do and the things that you should never do. We'll explain what a trigger is and how to avoid them. We'll make this often complicated subject of asthma a simple matter that you'll easily be able to understand and remember.

Personalized medicine is a rapidly emerging area in health care, and asthma management lends itself particularly well to this new development. This practical resource by Dr. Stanley J. Szefler helps you navigate the many asthma medication options available to your patients, as well as providing insights into those which may be introduced within the next several years. Features a wealth of information on available asthma medications, including new immunomodulators, new responses to treatment, and new treatment strategies at all levels of asthma care. Prepares you to meet your patients' needs regarding asthma exacerbation prevention and asthma prevention. Consolidates today's available information and guidance in this timely area into one convenient resource.

Asthma is a circumstance wherein your airlines are slim and swell and might produce greater mucus. This could make respiration tough and cause coughing, a whistling sound (wheezing) while you breathe out and shortness of breath.

Managing Asthma Triggers in Your Home

Complete Illustrated Step-by-Step Guide Living with and Managing Asthma

Managing Asthma Triggers in Residential Units

Asthma

The Natural Solution to Asthma Attack and Relief Management Therapy

Severe Asthma

The Concise Guide on How to Manage Your Asthma Symptoms in a Time of Viral Outbreak & Pandemic

This fifth edition of Gershwin & Albertson's classic Bronchial Asthma: Principles of Diagnosis and Treatment has been broadly updated and expanded to include, from a variety of disciplines, the latest diagnostic techniques and developments in the clinical assessment and treatment of asthma. Cutting-edge and highly practical, this fifth edition of Bronchial Asthma: Principles of Diagnosis and Treatment is an indispensable tool for all primary care providers, allergists, and pulmonologists treating patients with asthma today.

Discusses myths and facts about asthma, what causes attacks, medications, managing the disease at home and school, and sports and camps for children with asthma.

Are you aware that respiratory diseases like asthma can be managed effectively and controlled to impede the level of an asthma attack and symptoms? Unmanaged asthma symptoms could be detrimental to your health at a time of pandemic or outbreak that attacks the respiratory system? The symptoms of asthma often occur with periodic attacks or signs of tightness in the upper body, wheezing, difficulty breathing, and coughing. Asthma isn't curable; nonetheless, it is controllable. For all those with severe and stubborn symptoms, a new generation of therapies - and specific treatments coming - would finally offer more relief. Untreated asthma attacks can result in hospitalization and may even come to be fatal. It isn't a problem that needs to be neglected or handled with levity during an outbreak or pandemic like this. Some natural treatments would be able to ease your symptoms, decrease the amount of medication you will need to use, and generally enhance the quality of life you will ever have. These remedies work best when taken alongside your usual prescribed asthma medications. Knowing what to do and what to avoid is crucial at a time like this. When you have severe asthma, as well as your standard medications are not providing the relief you will need, you might be curious whether there are other things you should do to handle your symptoms. This book will teach you the simplified things you can necessarily do from home for managing, avoiding the occurrence of an asthma attack and symptoms effectively. It is an excellent resource for asthmatic patients who is conscious of the detrimental effect of unmanaged asthma symptoms during a pandemic that attacks the respiratory system. This book is ideal for understanding; - How to develop an asthma action plan based on the principles of assessing and treating asthma attacks, - having full knowledge of the causes of an asthma attack and symptoms, - natural remedies for improving the symptoms of an asthma attack, or any respiratory diseases. - effectively managing your symptoms and prevention from the risk of exposure to more harmful respiratory diseases during an outbreak or pandemic time. ...and a lot more! As you read further, you would be accustomed to ways of managing your asthma symptoms as well as reduce your risk of having a more deadly respiratory disease.

A Resource Guide : Beat Asthma in Illinois

NAEPP Working Group Report

The Ultimate Guide to Manage Asthma Attack with Asthma Diet and H

How to Help Your Child Live a Healthier Life

A Guide for Parents and Children

This book teaches every asthmatic patient and non-asthmatic patients how to recognize, manage, avoid the occurrence, and treat asthma attack and exacerbations. It is an excellent resource for asthmatic and non-asthmatic patients. Every Amazon customer who is highly concerned about their health status and healthy living would see this guide as everything needed to understand and treat asthma in children and adults without been only restricted to asthmanefrin, asthma inhaler, nebulizer machine, asthma mask, asthma spacer, asthma machine and not limited to asthma medicine. Asthma is a chronic respiratory disease that often leads to severe episodes of symptoms. Asthma can be an incurable disease of the airways. The condition causes swelling and narrowing inside the lung, restricting air source.