

Medicine Songs Mantras Icaros Ayahuasca Wasi

Presents a serious inquiry into the moral, ethical, doctrinal, and transcendental considerations created by the intersection of Buddhism and psychedelics, presenting essays and interviews that explore altered states of consciousness and the potential for transformation.

A new collection of never-before-published paintings by renowned artist Pablo Amaringo • With written contributions by Graham Hancock, Jeremy Narby, Robert Venosa, Dennis McKenna, Stephan Beyer, and Jan Kounen • Contains 47 color plates of Amaringo's latest works, with detailed narratives of the rich Amazonian mythology underlying each painting • Shares Amaringo's personal stories behind the artistic visions Recognized as one of the world's great visionary artists, Pablo Amaringo was renowned for his intricate, colorful paintings inspired by his shamanic visions. A master communicator of the ayahuasca experience--where snakes, jaguars, subterranean beings, celestial palaces, aliens, and spacecraft all converge--Amaringo's art presents a doorway to the transcendent worlds of ayahuasca intended for contemplation, meditation, and inspiration. Illustrating the evolution of his intricate and colorful art, this book contains 47 full-color reproductions of Amaringo's latest works with detailed explorations of the rich Amazonian mythology underlying each painting. Through their longstanding relationship with Amaringo, coauthors Charing and Cloudsley are able to share the personal stories behind his visions and experiences with Amazonian people and folklore, capturing Amaringo's powerful ecological and spiritual message through his art and words. With contributions by Graham Hancock, Jeremy Narby, Robert Venosa, Dennis McKenna, Stephan Beyer, and Jan Kounen, this book brings the ayahuasca experience to life as we travel on Amaringo's visionary brush and palette.

Ayahuasca is a psychoactive substance that has long been associated with indigenous Amazonian shamanic practices. The recent rise of the drink's visibility in the media and popular culture, and its rapidly advancing inroads into international awareness, mean that the field of ayahuasca is quickly expanding. This expansion brings with it legal problems, economic inequalities, new forms of ritual and belief, cultural misunderstandings, and other controversies and reinventions. In *The World Ayahuasca Diaspora*, leading scholars, including established academics and new voices in anthropology, religious studies, and law fuse case-study ethnographies with evaluations of relevant legal and anthropological knowledge. They explore how the substance has impacted indigenous communities, new urban religiosities, ritual healing, international drug policy, religious persecution, and recreational drug milieus. This unique book presents classic and contemporary issues in social science and the humanities, providing rich material on the burgeoning expansion of ayahuasca use around the globe.

Contributors to this volume include Robert Bellah, Raimundo Panikkar, Susan Griffin, Robert C. Solomon, Hubert L. Dreyfus and Stuart D. Dreyfus, Francisco J. Varela, Steven Rockefeller, Bruce Wilshire, Huston Smith, Joanne Ciulla, Michael Murphy, Tyrone Cashman, Naomi Scheman, Don Hanlon Johnson, Robert A. McDermott, Roger Walsh, and David Appelbaum.

Hunting for Medicinal Plants in the Amazon

The Complete Book of Shamanic Healing

Shamanism Among the Mestizo Population of the Peruvian Amazon

Contemporary Voices from Anima Mundi

Transforming Our Relationship to the Earth

Lost Ecstasy

Witch Doctor's Apprentice

Psychedelic Shamanism presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the structure of human consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author ' s personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book ' s usefulness.

The first in-depth, comparative, and interdisciplinary study of indigenous Amazonian musical cultures, *Burst of Breath* showcases new research on the dynamic range of ritual power and social significance of various wind instruments—including flutes, trumpets, clarinets, and whistles—played in sacred rituals and ceremonies in Lowland South America. The editors provide a detailed overview of the historical significance, scientific classification, shamanic and cosmological associations, and changing social meanings of ritual wind instruments within Amazonian cultures. These essays present a wide perspective that goes beyond better-documented areas such as the Upper Xingu and northwest Amazon. Some of the authors explore the ways ritual wind instruments are used to introduce natural sounds into social contexts and to cross boundaries between verbal and nonverbal communication. Others look at how ritual wind instruments and their music enter into local definitions and negotiations of relations between men, women, kin, insiders, and outsiders. Closely considering these instruments in their many roles and contexts—in curing and purification, negotiating relations, connecting mythic ancestors and humans today—this volume reveals the power and complexity of the music at the heart of collective rituals across lowland South America.

An analysis of the Anglo-American Spiritualist movement which provides a new definition of shamanism based on a pattern of apprenticeship unique to traditional shamanisms.

This book summarizes Ismael Apud ' s ethnographic research in the field of ayahuasca, conducted in Latin America and Catalonia over a period of 10 years. To analyze the variety of ayahuasca spiritual practices and beliefs, the author combines

different approaches, including medical anthropology, cognitive science of religion, history of science, and religious studies. Ismael Apud is a psychologist and anthropologist from Uruguay, with a PhD in Anthropology at Universitat Rovira i Virgili.

Psychedelic Marine

Awaken Your Inner Wisdom

Redefining Shamanisms

The Wiley-Blackwell Handbook of Transpersonal Psychology

Singing to the Plants

Yoga, Psychedelics & the Quest for Enlightenment

Jung in the 21st Century Volume Two

Surveys the nine medical licenses as well as fifty nondegree healing modalities--including history, philosophy, basic techniques, and methods--and provides information on career and training opportunities.

Publisher's Note: Products purchased from Third Party sellers are not guaranteed by the publisher for quality, authenticity, or access to any online entitlements included with the product. Your first-class ticket to building key Spanish language skills From the bestselling Read & Think series, this fully-illustrated third edition of Read & Think Spanish brings the Spanish language to life! In addition to introducing, developing, and growing key vocabulary, this book gives you an insider's look at the enchanting diversity of Hispanic life and culture—from the art of eating tapas in Spain to a walk along Cuba's white sand beaches, and from biographies on luminaries such as Andrés Segovia, the father of the classical guitar, to lessons on Argentinian soccer. Including more than 100 engaging articles written by native Spanish-speakers, each one provides a bilingual glossary on the same page, allowing you to learn without stopping to look up new or unfamiliar words. Each chapter contains several exercises to reinforce comprehension and the new premium edition features streaming audio recordings of more than 40 readings (90 minutes) and over 7,000 vocabulary items by flashcard, easily accessible online or on any mobile device, through the unique McGraw-Hill Language Lab app.

This book is a study of religious ecstasy, and the ways that it has been suppressed in both the academic study of religion, and in much of the modern practice of religion. It examines the meanings of the term, how ecstatic experience is understood in a range of religions, and why the importance of religious and mystical ecstasy has declined in the modern West. June McDaniel examines how the search for ecstatic experience has migrated into such areas as war, terrorism, transgression, sexuality, drug use, and anti-institutional forms of spirituality. She argues that the loss of religious and mystical ecstasy, as both a religious goal and as a topic of academic study, has had wide-ranging negative effects. She also proposes that the field of religious studies must go beyond criminalizing, trivializing and pathologizing ecstatic and mystical experiences. Both religious studies and theology need to take these states seriously as important aspects of lived human experience.

A vivid portrait of both the traumas of war and the shamanic healing ceremonies of ayahuasca • Explains how our culture lacks rites of passage and how shamanic ritual can fill this gap • Reveals how ayahuasca frees your consciousness from inherited beliefs, fears, and traumatic experience, allowing healing from PTSD, enabling genuine growth, and offering an enlightening path out of the malaise, discontent, and dissatisfaction that life in a modern world often brings • Details the author's experiences in Afghanistan, sailing on the Amazon river with a shaman, and the many ayahuasca ceremonies he experienced in the jungle After returning from a tour of duty during the war in Afghanistan, Alex Seymour needed a way to cope with the extremes he experienced as a member of the Royal Marine Commandos, losing 7 men in his unit, and having his best friend critically injured by a Taliban bomb. Drawing upon his pre-deployment experiences, Alex knew that entheogens could help him release his fears and traumas. But he also knew that simply taking psychedelics wasn't enough--he needed ceremony, something sacred to draw meaning from his experiences, to help him reassess not only the war and his role in it, but his entire life. So he set out for the Amazon in search of the hallucinogenic brew known as ayahuasca and a shaman to guide him. The result is a crazy, page-turning adventure where he journeys deep into the jungle and himself. Alex soon finds himself deep within the jungle on an incredible adventure, sailing on the Amazon river with an ayahuasca shaman and his troop of 8 female shamans, whose ethereal songs help guide participants during the nightly ayahuasca ceremonies. Accompanied by others seeking wisdom and a redemptive experience from their First World professional lives, Alex finds his core beliefs fundamentally challenged, replaced by the power of direct experience of the sacred, which allows him to release his fears from the war and set an inspiring path for the future. Painting a vivid portrait of both the anguish of war and the transcendent world of shamanic ritual, the author shows how young people often enlist in the military to satisfy our human need for a rite of passage into adulthood, a ritual sorely missing in our culture. He explores how ayahuasca can offer a way to help soldiers prepare for war and help combat veterans heal from war and overcome PTSD--as well as alcoholism and addiction. From Afghanistan to the Amazon, the author shows how ayahuasca frees your consciousness from inherited beliefs and fears, offering a truly transformative rite of passage.

Spiritualist Mediums and Other Traditional Shamans as Apprenticeship Outcomes

Educational Opportunities in Integrative Medicine

Its Decline and Transformation in Religion

Psychedelic Shamanism, Updated Edition

How a New Understanding of the Universe Can Help Answer Age-Old Questions of Existence

The Search for the Original Tree of Knowledge : a Radical History of Plants, Drugs and Human Evolution

Vegetalismo

An in-depth look at the role of plant spirits in shamanic rituals from around the world • Shows how shamans heal using their knowledge of plant spirits as well as the plant's "medical properties" • Explores the core methods of plant shamanism--soul retrieval, spirit extraction, and sin eating--and includes techniques for connecting with plant spirits • Includes extensive field interviews with master shamans of all traditions ***In Plant Spirit Shamanism, Ross Heaven and Howard G. Charing explore the use of one of the major allies of shamans for healing, seeing, dreaming, and empowerment--plant spirits. After observing great similarities in the use of plants among shamans throughout the world, they discovered the reason behind these similarities: Rather than dealing with the "medical properties" of the plants or specific healing techniques, shamans commune with the spirits of the plants themselves. From their years of in-depth shamanic work in the Amazon, Haiti, and Europe, including extensive field interviews with master shamans, Heaven and Charing present the core methods of plant shamanism used in healing rituals the world over: soul retrieval, spirit extraction, sin eating, and the Amazonian tradition of pusanga (love medicine). They explain the techniques shamans use to establish connections to plant spirits and provide practical exercises as well as a directory of traditional Amazonian and Caribbean healing plants and their common North American equivalents so readers can explore the world of plant spirits and make allies of their own.***

Ayahuasca, Healing, Shamanism, Spirituality: "How does it all come together?" Ayahuasca: Mother of Rebirth is an authentic exploration of Ayahuasca as medicine for the Soul. Uncover the heart of shamanism as a lifelong spiritual quest; a path that can heal depression, trauma, and addiction. Whether you were born into a shamanic culture or "civilized" society, you will be taken on a journey through the mundane and into the profound, and forbidden. Drawn from a lifetime of shamanic experience, both traditional and modern, Ankhara invites you to encounter the spirits of Plants, Ancestors, and Elements in an adventure that will shake you to your roots!

William Burroughs closed his classic novel, Junky, by saying he had determined to search out a drug he called 'Yage', a drug that could be 'the final fix'. In The Yage Letters, a mix of travel writing, satire, psychedelia and epistolary novel, he journeys through South America, writing to his friend Allen Ginsberg about his experiments with the strange drug, using it to travel through time and space and derange his senses. Burroughs' letters reveal his desire to escape the norms of American society which hemmed him in, and the extraordinary steps he took to break free. Finally, after 25 years of incubation, Peter Gorman's book is out. Ayahuasca in My Blood - 25 Years of Medicine Dreaming concerns his longstanding relationship with the Amazonian visionary medicine. Here's what people have said about it: "Unlike many writing about ayahuasca, Peter Gorman knows this plant and these forests long and well. Explorer, ethnobotanist,

writer and raconteur - Gorman is uniquely qualified to tell this incredible tale. A wild mixture of adventure, horror, spirituality, tenderness, and insight, Ayahuasca in My Blood is most highly recommended!" -- Mark J. Plotkin, Ph.D, President, Amazon Conservation Team and author of Tales of a Shaman's Apprentice. "Long before ayahuasca tourism became a pastime for rich gringos, Peter Gorman was knocking around Iquitos and the Amazon. He's traveled the rivers and quaffed the brew with the best (and the worst) of them and been way, way beyond the chrysanthemum on many a dark jungle night. This is the intensely personal story of an old-school jungle rat for whom ayahuasca is not just a hobby, but a life-long quest." -- Dennis McKenna, Ph.D, noted ethnopharmacologist, co-author of The Invisible Landscape, co-founder of the Institute of Natural Products Research and founding board member of the Heffter Research Institute. "I have known and traveled with Peter for almost a decade and was present for a number of the events he included in this book as well as many others. Don Julio was the most powerful man I have ever had the privilege of knowing. Further, as a trained scientist I believe the plant medicine truly offers a doorway to a rich world that needs to be understood in our postmodern lives. This is destined to become a must read for anyone who is serious about understanding the world of the shaman." -- Lynn Chilson - CEO Chilson Enterprises, Inc.

The World Ayahuasca Diaspora

Ayahuasca

The Sacred Science

Energy Work

Information—Consciousness—Reality

Ayahuasca: Between Cognition and Culture

Psychedelic Healing

Medicine for the Soul
The Complete Book of Shamanic Healing
John Hunt Publishing

Shamanism can be defined as the practice of initiated shamans who are distinguished by their mastery of a range of altered states of consciousness. Shamanism arises from the actions the shaman takes in non-ordinary reality and the results of those actions in ordinary reality. It is not a religion, yet it demands spiritual discipline and personal sacrifice from the mature shaman who seeks the highest stages of mystical development.

The Wiley Blackwell Handbook of Transpersonal Psychology presents the most inclusive resource yet published on this topic - which seeks to benefit humanity by integrating ancient wisdom and modern knowledge. Features the work of more than fifty leading voices in the field, creating the most comprehensive survey of transpersonal psychology yet published Includes emerging and established perspectives

Charts the breadth and diversity of the transpersonal landscape Covers topics including shamanism, neurobiology, holotropic states, transpersonal experiences, and more A journey to some of the Earth's most endangered people in the remote Upper Amazon...a look at the rituals of the Bwiti cults of Gabon and Zaire...a field watch on the eating habits of 'stoned' apes and chimpanzees - these adventures are all a part of ethnobotanist Terence McKenna's extraordinary quest to discover the fruit of the Tree of Knowledge. He wonders why, as a species, we are so fascinated by altered states of consciousness. Can they reveal something about our origins as human beings and our place in nature? As an odyssey of mind, body and spirit, Food of the Gods is one of the most fascinating and surprising histories of consciousness ever written. And as a daring work of scholarship and exploration, it offers an inspiring vision for individual fulfilment and a humane basis for our interaction with each other and with the natural world.

Peruvian Shamanism

Plant Spirit Shamanism

25 Years of Medicine Dreaming

Revisioning Philosophy

How to Change Your Mind

Indigenous Ritual Wind Instruments in Lowland South America

The Ayahuasca Visions of Pablo Amaringo

A visionary ecopsychologist examines the rift between human beings and nature and shows what can be done to bring harmony to both the ecosystem and our own minds. • Shows that the solution to our ecological dilemma lies in our own consciousnesses. It is becoming more and more apparent that the causes and cures for the current ecological crisis are to be found in the hearts and minds of human beings. For millennia we existed within a religious and psychological framework that honored the Earth as a partner and worked to maintain a balance with nature. But somehow a root pathology took hold in Western civilization--the idea of domination over nature--and this led to an alienation of the human spirit that has allowed an unprecedented destruction of the very systems which support that spirit. In Green Psychology Ralph Metzner explores the history of this global pathology and examines the ways that we can restore a healing relationship with nature. His search for role models takes him from shamanic ceremonies with the Lacandon Maya of Mexico to vision quests in the California desert, from the astonishing nature mysticism of Hildegard von Bingen to the Black Goddesses and Green Gods of our pagan

ancestors. He examines the historical roots of the split between humans and nature, showing how first sky-god worshiping cultures, then monotheisms, and finally mechanistic science continued to isolate the human psyche from the life-giving Earth. His final chapters present a solution, showing that disciplines such as deep ecology and ecofeminism are creating a worldview in which the mind of humanity and the health of the Earth are harmoniously intertwined.

This open access book chronicles the rise of a new scientific paradigm offering novel insights into the age-old enigmas of existence. Over 300 years ago, the human mind discovered the machine code of reality: mathematics. By utilizing abstract thought systems, humans began to decode the workings of the cosmos. From this understanding, the current scientific paradigm emerged, ultimately discovering the gift of technology. Today, however, our island of knowledge is surrounded by ever longer shores of ignorance. Science appears to have hit a dead end when confronted with the nature of reality and consciousness. In this fascinating and accessible volume, James Glattfelder explores a radical paradigm shift uncovering the ontology of reality. It is found to be information-theoretic and participatory, yielding a computational and programmable universe. Beatriz Caiuby Labate and Clancy Cavnar offer an in-depth exploration of how Amerindian epistemology and ontology concerning indigenous shamanic rituals of the Amazon have spread to Western societies, and of how indigenous, mestizo, and cosmopolitan cultures have engaged with and transformed these forest traditions. The volume focuses on the use of ayahuasca, a psychoactive drink essential in many indigenous shamanic rituals of the Amazon. Ayahuasca use has spread to countries far beyond its Amazonian origin, spurring a wide variety of legal and cultural responses. The essays in this volume look at how these responses have influenced ritual design and performance in traditional and non-traditional contexts, how displaced indigenous people and rubber tappers are engaged in the creative reinvention of rituals, and how these rituals help build ethnic alliances and cultural and political strategies. These essays explore important classic and contemporary issues in anthropology, including the relationship between the expansion of ecotourism and ethnic tourism and recent indigenous cultural revival and the emergence of new ethnic identities. The volume also examines trends in the commodification of indigenous cultures in post-colonial contexts, the combination of shamanism with a network of health and spiritually related services, and identity hybridization in global societies. The rich ethnographies and extensive analysis of these essays will allow deeper understanding of the role of ritual in mediating the encounter between indigenous traditions and modern societies.

“Pollan keeps you turning the pages . . . cleareyed and assured.” —New

York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, How to Change Your Mind is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

"Open Book"

Mother of Rebirth

A Reappraisal

The Pachakuti Mesa - Revised Edition

Ayahuasca Shamanism in the Amazon and Beyond

The Shamanic World of Amazonian Sacred Plant Healing

A Guide to Mestizo Shamanism in the Upper Amazon

This second volume explores Jung's understanding of synchronicity and argues that it offers an important contribution to contemporary science. Whilst the scientific world has often ignored Jung's theories as being too much like mysticism, Haule argues that what the human psyche knows beyond sensory perception is extremely valuable. Divided into two parts, areas of discussion include: shamanism and mastery border zones of exact science meditation, parapsychology and psychokinesis Jung in the 21st Century Volume Two: Synchronicity and

Science will, like the first volume, be an invaluable resource for all those in the field of analytical psychology, including students of Jung, psychoanalysts and psychotherapists with an interest in the meeting of Jung and science.

This work seeks to understand this form of shamanism, its relationship to other shamanisms, and its survival in the new global economy, through anthropology, ethnobotany, cognitive psychology, legal history, and personal memoir. "An exhaustively researched and detailed study, unique among its kind and an absolute 'must-have' for college library collections strong in anthropology and information on indigenous religions."--Midwest Book Review

A complete study course in classical and cross-cultural shamanism, teaching the reader all s/he ever needs to know about shamanism, shamanic healing, soul retrieval, spirit extraction, house cleansing, cleaning the energy body, working with the souls of the dead - and much more.

This book presents a series of perspectives on the therapeutic potential of the ritual and clinical use of the Amazonian hallucinogenic brew ayahuasca in the treatment and management of various diseases and ailments, especially its role in psychological well-being and substance dependence. Biomedical and anthropological data on the use of ayahuasca for treating depression, PTSD, and substance dependence in different settings, such as indigenous contexts, neo-shamanic rituals, contemporary therapeutic circles, and in ayahuasca religions, in both South and North America, are presented and critiqued. Though multiple anecdotal reports on the therapeutic use of ayahuasca exist, there has been no systematic and dense reflection on the topic thus far. The book brings the therapeutic use of ayahuasca to a new level of public examination and academic debate. The texts in this volume stimulate discussion on methodological, ethical, and political aspects of research and will enhance the development of this emergent field of studies.

What the New Science of Psychedelics Teaches Us About
Consciousness, Dying, Addiction, Depression, and Transcendence
Synchronicity and Science

Ayahuasca Medicine

Medicine for the Soul

Million Ways to Live

The Secrets of Healing and Spiritual Development

"Be Your Own Wellness Guru If you're tired of fad diets and trendy exercise programs and you want lifelong change, this book will provide you with the tools you need to create a sustainable healthy lifestyle that lasts a lifetime. Your Lifestyle

Transformation is just around the corner. The six Healthy Lifestyle Principles will allow you to create a healthy lifestyle that is unique and specifically designed for your goals, personality and life. We are all different and unique in our own right. The Healthy Lifestyle Principles are universal and can be applied in a million different ways. You get to choose. You will be your own wellness guru. Instead of focusing on specific goals, Million Ways to Live provides you with healthy habits that replace the bad habits that have created your unhealthy lifestyle."--Amazon website.

An insider's account of the journey to become an ayahuasquero, a shaman who heals with the visionary vine ayahuasca • Details the author's training and life as a curandero using ayahuasca medicine, San Pedro cactus, tobacco purges, psychedelic mushrooms, and other visionary plants • Offers first-hand accounts of miraculous healing where ayahuasca revealed the cause of the illness, including how the author healed his mother from liver cancer • Shows how "ayahuasca tourism" symbolizes the Western world's reawakening need to connect with the universal life force For more than 20 years American-born Alan Shoemaker has apprenticed and worked with shamans in Ecuador and Peru, learning the traditional methods of ayahuasca preparation, the ceremonial rituals for its use, and how to commune with the healing spirit of this sacred plant as well as the spirit of the San Pedro cactus and other sacred plant allies. Now a recognized and practicing ayahuasquero, or ayahuasca shaman, in Peru, he offers an insider's account of the ayahuasca tradition and of its use for expanding consciousness and achieving healing through access to other dimensions of being. Shoemaker details his training and his own curandero practice using ayahuasca medicine, tobacco purges, psychedelic mushrooms, and other visionary plants. He discusses the different traditions of his two foremost teachers and mentors, Don Juan in the Peruvian Amazon, an ayahuasquero, and Valentin in Ecuador, a San Pedro shaman. He reveals the indispensable role played by icaros, the healing songs of the plant shaman, and offers firsthand accounts of miraculous healing resulting from ayahuasca's ability to reveal the cause of an illness, including how he healed his mother from liver cancer. The author also addresses the rising popularity of Northerners traveling to the Amazon to seek healing and mind expansion through ayahuasca and shows how this fascination is triggered by humanity's reawakening need to connect to the universal life force.

This is the time for laying the foundation of wisdom within your own consciousness. To become aware of the wise self within, to nurture it until it grows into a tree of strength that will

provide fruit not only for you, but will help to inspire all those you come into contact with everyday. Gaining in knowledge about your own role and understanding your relationship with God will enable you to do the things that you need to do, so that a wiser civilization, and a new and better world, can be created. Today is the time to start receiving these treasures from God. Contained within the pages of this book are the sacred teachings and guiding principles the Pachakuti Mesa Shamanic Tradition from Peru. Founded by kamasqa curandero don Oscar Miro-Quesada from Lima, Peru, this traditional wisdom is expressed through the ceremonial use of a complex altar system, known as a Pachakuti Mesa. This book functions as a compendium of this altar's ceremonial use amidst the backdrop of Peru's rich pre-Columbian history, cosmology, mythology, and centuries of healing artistry. The Pachakuti Mesa tradition is a living, breathing, evolving, holistic spiritual practice that is designed to build bridges between cultures, while honoring the universal wisdom of nature itself. This book seeks to unveil the methodology of this particular form of tribal shamanic practice in a way that is accessible to the western aspirant by offering parallels and cultural comparisons as well as references from leading scholars in the field of anthropology. Ultimately this book is designed to provide a "behind the scenes" account of the ritual practices and teachings of this tradition, while also offering the reader practical and pragmatic tools for applying this traditional wisdom to one's modern day life. Note: This book (originally published in 2002) was written over the course of four years while immersed in a direct shamanic apprenticeship with renowned Kamasqa Curandero don Oscar Miro-Quesada from Lima, Peru. This current version has been recently updated and fully revised (2017) to include over 100 pages of new information, photos, diagrams, and illustrations.

Buddhism and Psychedelics

The Therapeutic Use of Ayahuasca

Who Am I?

An Encyclopedia of Shamanism Volume 1

Zig Zag Zen

An Ancient Healing Path for the Modern World

The Yage Letters

Far more than a mere history of the practice of yoga and beyond a study of psychedelic-substance use to aid the pursuit of enlightenment, Who Am I? is a broad, expansive journey told through the eyes of a scholar and researcher—a pilgrim in search of the meaning of life. While the use of psychedelics, yoga, and the interrelatedness of the two practices have been discussed in the past, Who Am I? explores these topics through both a

scientific and a personal approach that is altogether new—the author's own journey as he transitions from spiritual and yoga purist to open-minded examiner in the realization that psychedelics have been employed by yoga practitioners throughout its history. Does their controversial use in modern yoga ease the path to spiritual clarity, or does it hinder it? Many questions and barriers face contemporary seekers of truth in the areas of psychedelics, yoga, and general spirituality. In *Who Am I?*, author Allowah Lani provides guidance on how to find the personal answers that must come from within.

In 2010, Nick Polizzi did something unimaginable. He assembled a group of eight desperately ill patients from around the world and brought them into the heart of the Amazon rainforest to put the mysterious medicines of native shamans to the test. The healing journey that unfolded would change their lives—and his own—forever. In *The Sacred Science*, we join Nick as he explores these primordial traditions and learns firsthand what it takes to truly heal ourselves of physical disease, emotional trauma, and the sense of “lostness” that so many of us feel in these modern times. We venture into a place where the ordinary rules we live by, even survival instincts, don't apply—where “the only thing to do is to step forward and be ready for anything.” Nick is not a guru or shaman; he is an ordinary guy who pieced together an illuminating journey, one experience at a time. In this riveting true story, we're shown the many layers that must be peeled away in order for us to find the truth of who we are and why we're here. This book is a bridge between the flashy, fast-moving modern world and the forgotten ways of a healthier, earth-connected ancestral past. You'll find practices and principles of native wisdom that you can put to use in your own life, and you'll gain a new understanding of what it means to heal. In the end, what will become of the eight patients who set out on this path with Nick? Will the exotic jungle medicines and harrowing rites of passage destroy them or give them a new lease on life? Five will return with remarkable healing results. Two will return disappointed. One won't return at all.

“Will add a depth to your life that you have never known before.”—Eckhart Tolle, author of *The Power of Now Discover the Secrets of Healing and Spiritual Growth* This step-by-step approach to physical and emotional health shows how to use the body's energy centers to speed healing. In *Energy Work*, Robert Bruce offers a, simple, easy-to-learn, approach to self-healing, based on his breakthrough system of Body Awareness Tactile Imaging energy work. Bruce explains how to use tactile imaging, based on one's sense of touch, rather than visualization, to stimulate the flow of vital energy throughout the body. This is

a system that anyone can use, regardless of age, health, or previous experience. Readers learn how to awaken the body's energy centers and move healing, vital energy throughout the body. *Energy Work* offers exercises to: • Improve immune system function • Enhance vitality and self-healing ability • Increase psychic and spiritual abilities • Develop stronger and more intimate relationships Bruce provides easy-to-follow illustrations along with a series of exercises that encourage safe, rapid results. This is a valuable guide for anyone seeking to take charge of his or her health.

This book is a reconsideration of spirituality as a lived experience in the lives of the contributors. The authors speak both as well-informed scholars and as individuals who experienced the lived spirituality they give voice to. The authors do not place themselves above and outside of what they are writing about but within that world. They speak of living psychospiritual traditions of healing both the self and the world; of traditions that have not disembedded the self from the wider world. Those traditions are from indigenous North and South America (5 essays), a Buddhist/Shakta from Bengal, an Indo-Persian Islamic psychoanalyst, and a mystical Jewish feminist rabbi. The book also includes a historical essay about the extermination of the Renaissance worldview of *Anima Mundi*. "This book is a remarkable collection of essays on a topic of immense importance for our times. Bringing years of experience and expertise, the authors illustrate brilliantly the healing dimensions of the living world. Apffel-Marglin and Varese are to be congratulated on this singular achievement." --Mary Evelyn Tucker, *Yale University Forum on Religion and Ecology* "We have seen the de-sacralization of nature by a reductionistic materialist view which is taking us to the brink of self-destruction. This book brings forth an array of multicultural and 21st century post-materialistic science perspectives, which reveal that spirit is indeed embedded in matter, and that we are surrounded by visible and invisible non-human subjects. We need more than ever to listen to the many voices of nature and spirit. The recuperation of animistic worldviews along with the development of non-reductionistic science is to be derived from direct experience of the sentient interrelatedness of the natural world. In this regard, this book represents an important and timely contribution." --Luis Eduardo Luna, PhD, anthropologist, author of *Vegetalismo, Shamanism Among the Mestizo Population of the Peruvian Amazon*, among other books; Director of *Wasiwaska*, Research Center for the Study of Psychointegrator Plants, *Visionary Art and Consciousness*, Florianópolis, Brazil

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