

Access Free Mental Health  
South Africa Perspective 5th  
Edition

# **Mental Health South Africa Perspective 5th Edition**

**This book is the result of a co-operative effort by mental health nurses from all over the country to produce a textbook for the teaching and learning of mental health nursing. This 5th edition has been updated and expanded to take into account various curricula in mental health nursing. The text is written in easy-to-understand language and provides an approach that will suit local circumstances. Rich in evidence-based practice and practical examples, Mental Health Nursing will facilitate an active learning**

**experience of the subject. Features of the new edition include: New chapter: People with mental illness who have co-morbid medical conditions; New chapter: Mental health of people living with HIV/AIDs.**

**This book makes a highly innovative contribution to overcoming the stigma and discrimination associated with mental illness – still the heaviest burden both for those afflicted and those caring for them. The scene is set by the presentation of different fundamental perspectives on the problem of stigma and discrimination by researchers, consumers, families, and human rights experts. Current knowledge and practice used in reducing stigma**

are then described, with information on the programmes adopted across the world and their utility, feasibility, and effectiveness. The core of the volume comprises descriptions of new approaches and innovative programmes specifically designed to overcome stigma and discrimination. In the closing part of the book, the editors – all respected experts in the field – summarize some of the most important evidence- and experience-based recommendations for future action to successfully rewrite the long and burdensome ‘story’ of mental illness stigma and discrimination. **Military Psychology for Africa** is the first textbook of its kind from Africa. Selected authors with competent

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**military psychology knowledge, skills, expertise and experience each contributed a chapter to this unique book. The book empowers academics, students and military fellows to apply this knowledge at academic institutions and military units, during operations, and in presenting short courses. The book will also equip soldiers with new knowledge for advancing peace on the continent and abroad.**

**"Mental health nursing is the result of a cooperative effort by mental health nurses from all over the country to produce a textbook for the teaching and learning of mental health nursing. The sixth edition has been updated and expanded to take into account various curricula in**

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**mental health nursing. The text is written in easy-to-understand language and provides an approach that will suit local circumstances. Rich in evidence-based practice and practical examples, Mental health nursing will facilitate an active learning experience of the subject."**  
**--Cover.**

**Mental Health and Wellbeing in Rural Regions  
The Routledge International Handbook of Race, Culture and Mental Health  
Cross-Cultural Perspectives  
The Palgrave Handbook of Sociocultural Perspectives on Global Mental Health  
A Psycho-Criminological Perspective  
While there is increasing**

**political interest in research and policy-making for global mental health, there remain major gaps in the education of students in health fields for understanding the complexities of diverse mental health conditions. Drawing on the experience of many well-known experts in this area, this book uses engaging narratives to illustrate that mental illnesses are not only problems experienced by individuals but must also be understood and treated at the social and cultural levels. The book -includes discussion of traditional versus biomedical**

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**beliefs about mental illness, the role of culture in mental illness, intersections between religion and mental health, intersections of mind and body, and access to health care; -is ideal for courses on global mental health in psychology, public health, and anthropology departments and other health-related programs. This unprecedented set examines the most prominent factors that harm or support healthy development in children outside the United States, from abuse and economics to social injustice and poor public policy. •**

**Vignettes from researchers who have studied children in the most deplorable conditions • Contributions from top scholars and researchers in the field**

**In many African countries, mental health issues, including the burden of serious mental illness and trauma, have not been adequately addressed. These essays shed light on the treatment of common and chronic mental disorders, including mental illness and treatment in the current climate of economic and political instability, access to**

**health care, access to medicines, and the impact of HIV-AIDS and other chronic illness on mental health. While problems are rampant and carry real and devastating consequences, this volume promotes an understanding of the African mental health landscape in service of reform. This book focuses on ethical issues faced by a variety of healthcare practitioners across the Anglophone African continent. This important resource contains in-depth discussions of the most salient current ethical issues by experts in various**

**healthcare fields. Each profession is described from both an African and a South African perspective, and thus contributes to dialogue and critical thinking around African ethics and decision-making. In this way the book provides readers with an understanding of the ethical issues at hand in various professions, including the practical implications of the ethical issues and how to address those effectively. This is a beneficial resource for all those involved in the various healthcare professions addressed in this book,**

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**including undergraduate students, lecturers, researchers and practitioners across the continent. Simply put, with the dynamic changes and challenges in healthcare across the globe and in Africa, this is an indispensable resource for healthcare practitioners.**

**International Perspectives on  
Psychotherapy**

**The Political Economy of  
Mental Illness in South Africa**

**The Social Determinants of  
Mental Health**

**Cultural Communication and  
Understanding**

**Mental Health, Legal Capacity,**

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## **and Human Rights**

**The Africa Renewal magazine examines the many issues that confront the people of Africa, its leaders and its international partners: sustainable development goals, economic reform, debt, education, health, women's empowerment, conflict and civil strife, democratization, investment, trade, regional integration and many other topics. It tracks policy debates. It provides expert**

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analysis and on-the-spot reporting to show how those policies affect people on the ground. And, it highlights the views of policy-makers, non-governmental leaders and others actively involved in efforts to transform Africa and improve its prospects in the world today. The magazine also reports on and examines the many different aspects of the United Nations' involvement in Africa, especially within the framework of the New

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Partnership for Africa's  
Development (NEPAD) .

This book draws  
attention to emerging  
issues around the rights  
of minorities,  
marginalized groups, and  
persons in Africa. It  
explores the gaps  
between human rights  
provisions and  
conditions, showing that  
although international  
human rights principles  
have been embraced in  
the continent, various  
minority groups and  
marginalized persons are  
denied such rights

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through criminalization and persecution. African countries have a good record of signing and ratifying international and regional rights instruments but the political will and capacity for enforcing these with respect to minorities remain weak. International contributors to the book provide new perspectives on the rights of marginalized and minority groups in different parts of Africa and the extent to

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which they are deprived or denied entitlement to the universality and equality articulated in law. The authors show that human rights, while having come of age as a moral ideal, has not been fully entrenched in practice towards groups such as children, indigenous populations, the mentally ill, persons with disabilities, and persons with albinism. This volume is geared toward scholars, students, human rights

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groups, policy makers,  
social workers,  
international  
organizations, and  
policy makers in the  
fields of criminology,  
security studies,  
development studies,  
political science,  
sociology, children  
studies, social  
psychology,  
international relations,  
postcolonial studies,  
and African Studies.  
This book represents the  
sharing of knowledge and  
experiences that is  
cross-cultural, cross-

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disciplinary and across countries. It aims bringing to the social work practitioner a wealth of understanding about situations, practices and cultures that could not possibly have been experienced first-hand about mental health. The book provides cross cultural perspectives on recovery; strengths based practice, mindfulness, disaster & mental health, community mental health and other related aspects. These

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contributions from across the world, from different cultures, and from vastly different experiences are a celebration of the global practice of social work. The series of chapters in this book makes a contribution to a deeper understanding of various facets of social work in mental health. The complexities elucidated here can be addressed by embracing the power of teamwork, the power of visionary leadership and the power

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of reflexivity. The book offers an opportunity for practitioners to explore all these in detail.

This handbook presents a thorough examination of the intricate interplay of race, ethnicity, and culture in mental health – historical origins, subsequent transformations, and the discourses generated from past and present mental health and wellness practices. The text demonstrates how socio-cultural

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identities including race, gender, class, sexual orientation, disability, religion, and age intersect with clinical work in a range of settings. Case vignettes and recommendations for best practice help ground each in a clinical focus, guiding practitioners and educators to actively increase their understanding of non-Western and indigenous healing techniques, as well as their awareness

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of contemporary mental health theories as a product of Western culture with a particular historical and cultural perspective. The international contributors also discuss ways in which global mental health practices transcend racial, cultural, ethnic, linguistic, and political boundaries. The Routledge International Handbook of Race, Culture and Mental Health is an

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essential resource for  
students, researchers,  
and professionals alike  
as it addresses the  
complexity of mental  
health issues from a  
critical, global  
perspective.

Connecting with South  
Africa

Social Work Practice in  
Mental Health

Mental Health Care in  
the African-American  
Community

International

Perspectives in Values-  
Based Mental Health

Practice

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**A Southern African View**

Now in its 4th edition, this text continues to give you a complete and concise overview of mental health and all the issues that surround it from a theoretical and practical perspective.

Restructured into 4 sections, the book starts by defining mental health and mental abnormality before examining the mental health services and the place mental health takes in society.

Fully updated, the book offers: 66 bite-sized chapters including new ones on the Biopsychosocial Model, trauma and mindfulness  
Key points summarising what you need to know for study and

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practice Examples of further reading to help you expand your knowledge It is essential reading for students of health, nursing, mental health, social work and social care. It is also valuable reading for students of counselling and psychotherapy. Mental Health NursingA South African Perspective: 5th EditionJuta and Company Ltd This open access book offers essential information on values-based practice (VBP): the clinical skills involved, teamwork and person-centered care, links between values and evidence, and the importance of partnerships in shared decision-

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making. Different cultures have different values; for example, partnership in decision-making looks very different, from the highly individualized perspective of European and North American cultures to the collective and family-oriented perspectives common in South East Asia. In turn, African cultures offer yet another perspective, one that falls between these two extremes (called batho pele). The book will benefit everyone concerned with the practical challenges of delivering mental health services. Accordingly, all contributions are developed on the basis of case vignettes, and cover a range of

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situations in which values underlie tensions or uncertainties regarding how to proceed in clinical practice. Examples include the patient's autonomy and best interest, the physician's commitment to establishing high standards of clinical governance, clinical versus community best interest, institutional versus clinical interests, patients insisting on medically unsound but legal treatments etc. Thus far, VBP publications have mainly dealt with clinical scenarios involving individual values (of clinicians and patients). Our objective with this book is to develop a model of VBP that is culturally much

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broader in scope. As such, it offers a vital resource for mental health stakeholders in an increasingly inter-connected world. It also offers opportunities for cross-learning in values-based practice between cultures with very different clinical care traditions.

This handbook incisively explores challenges and opportunities that exist in efforts aimed at addressing inequities in mental health provision across the globe. Drawing on various disciplines across the humanities, psychology, and social sciences it charts the emergence of Global Mental Health as a field of study.

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It critically reflects on efforts and interventions being made to globalize mental health policies, and discusses key themes relevant for understanding and supporting the mental health needs of people living in diverse socio-economical and cultural environments. Over three rich sections, the handbook critically engages with Global Mental Health discourses. To help guide future efforts to support mental health and wellbeing in different parts of the world, the third section of the handbook consists of case studies of innovative mental health policy and practice, which are presented from a

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variety of different perspectives.

This seminal handbook will appeal to a transnational community of post-graduate students, academics and practitioners, from global health to transcultural psychiatry and medical anthropology. It will be also of interest to researchers and clinical practitioners, policy makers and non-governmental organisations involved in cross-cultural mental health work.

Case Studies and Commentaries  
Anthropological Perspectives  
The Culture of Mental Illness and  
Psychiatric Practice in Africa  
Coercion in Community Mental  
Health Care

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Suicide is one of the most personal yet one of the most complex acts people can engage in. It continues to be a major global public health problem with an estimated 800,000 deaths annually. Suicide prevention is an important target in the United Nations Sustainable Development Goals (SDGs) for 2030, which aim to reduce premature mortality from noncommunicable diseases by one-third. Suicide is a global problem, but what differences are there in the challenges faced and the solutions found regionally? Written by leading experts, the nine chapters of this

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volume provide a clear outline of the major milestones and achievements so far in six different geographical regions using the data collated by the International Association for Suicide Prevention (IASP) and the WHO Department of Mental Health and Substance Abuse, as well as information on the recent progress in the development and implementation of national suicide prevention programs in different countries. In two concluding chapters, the evidence base and best practice of suicide prevention programs are reviewed, as well as the future directions for suicide

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prevention at the global level.

This book is essential reading for all those involved in suicide research and prevention as well as public health policy and epidemiology who want to keep up-to-date with the latest global developments.

The Social Determinants of Mental Health aims to fill the gap that exists in the psychiatric, scholarly, and policy-related literature on the social determinants of mental health: those factors stemming from where we learn, play, live, work, and age that impact our overall mental health and well-being. The editors and an impressive

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roster of chapter authors from diverse scholarly backgrounds provide detailed information on topics such as discrimination and social exclusion; adverse early life experiences; poor education; unemployment, underemployment, and job insecurity; income inequality, poverty, and neighborhood deprivation; food insecurity; poor housing quality and housing instability; adverse features of the built environment; and poor access to mental health care. This thought-provoking book offers many beneficial features for clinicians and public health professionals: Clinical vignettes

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are included, designed to make the content accessible to readers who are primarily clinicians and also to demonstrate the practical, individual-level applicability of the subject matter for those who typically work at the public health, population, and/or policy level. Policy implications are discussed throughout, designed to make the content accessible to readers who work primarily at the public health or population level and also to demonstrate the policy relevance of the subject matter for those who typically work at the clinical level. All chapters include five to six key points that focus on the most

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important content, helping to both prepare the reader with a brief overview of the chapter's main points and reinforce the "take-away" messages afterward. In addition to the main body of the book, which focuses on selected individual social determinants of mental health, the volume includes an in-depth overview that summarizes the editors' and their colleagues' conceptualization, as well as a final chapter coauthored by Dr. David Satcher, 16th Surgeon General of the United States, that serves as a "Call to Action," offering specific actions that can be taken by both clinicians and

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policymakers to address the social determinants of mental health. The editors have succeeded in the difficult task of balancing the individual/clinical/patient perspective and the population/public health/community point of view, while underscoring the need for both groups to work in a unified way to address the inequities in twenty-first century America. The Social Determinants of Mental Health gives readers the tools to understand and act to improve mental health and reduce risk for mental illnesses for individuals and communities. Students

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preparing for the Medical College Admission Test (MCAT) will also benefit from this book, as the MCAT in 2015 will test applicants' knowledge of social determinants of health. The social determinants of mental health are not distinct from the social determinants of physical health, although they deserve special emphasis given the prevalence and burden of poor mental health.

The book describes key socio-political reforms that helped shape post-apartheid South Africa's mental health system. The author interrogates how reforms shaped public,

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community-based services for people living with severe mental illness, and how features of this care has been determined, in part at least, by the relations between actors and structures in the state, private for-profit health care, and civil society spheres. A description of the development of South Africa's post-apartheid health system, and the contentions that emerge therein, sets the stage for an analysis of the country's most tragic human rights failure during its democratic period, namely the Life Esidimeni tragedy. The roots of the tragedy are not only framed as a loss of life and

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dignity as a result of political corruption and administrative mismanagement, but as a power differential that ultimately highlights an unjust system that relegates its most vulnerable citizens to commodities, without voice and without agency. The book concludes that the commodification of severe mental illness has been a product of neoliberal discourses that have shaped the economic ways in which the post-apartheid South African state have governed poverty and severe mental illness. This book will be of interest to scholars of health, social and economic

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policy in South Africa.

The use of coercion is one of the defining issues of mental health care. Since the earliest attempts to contain and treat the mentally ill, power imbalances have been evident and a cause of controversy. There has always been a delicate balance between respecting autonomy and ensuring that those who most need treatment and support are provided with it. Coercion in Community Mental Health Care: International Perspectives is an essential guide to the current coercive practices worldwide, both those founded in law and those 'informal' processes whose

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coerciveness remains contested.

It does so from a variety of perspectives, drawing on diverse disciplines such as history, law, sociology, anthropology and medicine to provide a comprehensive summary of the current debates in the field.

Edited by leading researchers in the field, *Coercion in Community Mental Health Care: International Perspectives* provides a unique discussion of this prominent issue in mental health. Divided into five sections covering origins and extent, evidence, experiences, context and international perspectives this is ideal for mental health

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practitioners, social scientists,  
ethicists and legal professionals  
wishing to expand their  
knowledge of the subject area.  
Embracing Well-Being in Diverse  
African Contexts: Research  
Perspectives

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The Stigma of Mental Illness -  
End of the Story?

Mental Health Nursing

The Mental Hygiene Movement

**If you are curious about  
Educational Psychology,  
this book is for you. You  
can read the chapters in  
any sequence, or you can  
start at the beginning,**

**because this book provides myriad keys to the wonderful variety of themes in Educational Psychology today. Written by leading psychologists, researchers and practitioners, this book focuses on all the positive constructs in Educational Psychology and reflects on the wide range of strengths, assets and resources available to the educational psychologist. Each chapter presents an integrated overview, cutting-edge definitions of key concepts, quotations from professionals and students, and reflective questions to**

**guide your practice.**

**Written primarily by South Africans, this book is**

**particularly relevant to the local environment and**

**presents practical application strategies.**

**Indigenous knowledge is infused with international**

**perspectives, and equal emphasis is placed on the**

**learner and on the social context, on assessment and**

**intervention, and on theory and practice. The book is**

**extremely accessible to students, but will also be**

**invaluable for teachers, psychologists, researchers**

**and health professionals.**

**Critical Psychiatry and Mental Health** critically explores the current theory and practice of ethno-psychiatry and multicultural mental health practices and policies. Through an in-depth discussion of the work of Suman Fernando, one of the world's leading scholars and researchers in race, culture and mental health, an international selection of contributors discuss and debate issues affecting mental health and minority ethnic individuals and groups. The book offers a new approach to global

**mental health, arguing that the use of outdated and outmoded ways in which psychiatry is researched and practiced is a thing of the past, that social justice can only be achieved through a more democratic approach to mental health care and emphasising that the inclusion of cultural and traditional healing methods and practices are vital to meeting diverse needs. Split into five parts, the book covers: Critique of Western Psychiatry and Mental Health Challenges and Opportunities in Mental Health Care**

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**Training and Development  
in Mental Health Practice  
Transnational Contexts:  
Engaging the work of  
Suman Fernando Personal  
Reflections on Suman  
Fernando's Life and Work  
Critical Psychiatry and  
Mental Health is ideal for  
researchers and  
practitioners in health and  
mental health, psychiatry,  
counselling and  
psychotherapy and anyone  
interested in the  
intersection of race, culture  
and mental health.  
Affective Health and  
Masculinities in South  
Africa explores how**

**different masculinities modulate substance use, interpersonal violence, suicidality, and AIDS as well as recovery cross-culturally. With a focus on three male protagonists living in very distinct urban areas of Cape Town, this comparative ethnography shows that men's struggles to become invulnerable increase vulnerability. Through an analysis of masculinities as social assemblages, the study shows how affective health problems are tied to modern individualism rather than African**

**'tradition' that has become a cliché in Eurocentric gender studies. Affective health is conceptualized as a balancing act between autonomy and connectivity that after colonialism and apartheid has become compromised through the imperative of self-reliance. This book provides a rare perspective on young men's vulnerability in everyday life that may affect the reader and spark discussion about how masculinities in relationships shape physical and psychological health. Moreover, it shows how men change in the face of**

**distress in ways that may look different than global health and gender-transformative approaches envision. Thick descriptions of actual events over the life course make the study accessible to both graduate and undergraduate students in the social sciences. Contributing to current debates on mental health and masculinity, this volume will be of interest to scholars from various disciplines including anthropology, gender studies, African studies, psychology, and global health.**

**This book aims to serve as a comprehensive resource for a myriad of crime and mental health topics and issues in the African criminal justice system from a psycho-criminological perspective. Crime, Mental Health and the Criminal Justice System in Africa: A Psycho-Criminological Perspective is an ideal primary text for courses in criminology, criminal justice, and forensic psychology, as well as asource of reference for practitioners who deal with offenders or victims. “For a long time, African**

**historiography has been viewed and interpreted from Eurocentric perspectives. This book is a timely contribution towards infusing Afrocentric perspectives in African scholarship by indigenous scholars. The authors' interdisciplinary topical approach, covering a gamut of topics ranging from African criminology, through mental health and psychology, to criminal justice systems, has lent a decolonizing voice toward African literary pursuit and thereby laid a solid foundation for further**

**research by other scholars. I highly recommend it to readers, academic institutions and researchers on Africa.” - Emmanuel Onyeozili, Ph.D., Professor of Criminology and Criminal Justice, Department of Criminal Justice, University of Maryland Eastern Shore, USA “This edited volume by an array of experts from West and Southern Africa has given a refreshing voice to psycho-criminological narratives in the continent. In a region of the world in which there is insufficient documentation of the**

**patterns, determinants and outcomes of criminal behaviour, this book offers a culturally competent and contemporary flavour to an ancient discourse. Its focus on new areas of concern such as online dating scams, kidnapping and the mental health of officials in the criminal justice system compellingly captures the potential reader and gives good value for time. It is warmly recommended for its breadth of coverage, the authority of its claims and the multi-disciplinary outlook of its authors.” - Adegboyega Ogunwale,**

**MBBS, FWACP, Consultant  
Psychiatrist, Forensic Unit,  
Neuropsychiatric Hospital,  
Aro, Ogun State, Nigeria**

**“This collection represents a significant step in the study of mental health, crime and criminal justice in sub-Saharan Africa. The breadth of topics covered is impressive, with each contribution based on methodologically-sound empirical analyses. It deserves to become a key reference for students, researchers and policy makers interested in suicide, drug use, violence, the work of prison officers,**

**criminal investigations, and police-community interactions.” - Justice Tankebe, Ph.D., Lecturer, Institute of Criminology, University of Cambridge, UK “Mental health and criminal justice issues are growing problems facing the world today. Questions about whether mental health affects crime or whether involvement in the criminal justice system affects an individual’s health have become part of national policy discussion. This nicely written book brings together eminent scholars and experts with**

**extensive experience in their various fields to address these and other questions related to crime, mental health, and criminal justice in Africa. The editors did well to coordinate the efforts of the contributors into a valuable piece. I highly recommend it for all who are interested in the nexus between crime, mental health, and criminal justice systems.” - Francis D. Boateng, Ph.D., Assistant Professor, Department of Criminal Justice and Legal Studies, University of Mississippi, USA**

**International Perspectives**

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**on Children and Mental  
Health [2 volumes]  
Global Mental Health  
International Perspectives  
Global Mental Health in  
Times of Pandemic and  
Migration  
Critical Psychiatry and  
Mental Health**

Since adoption of the Convention on the Rights of Persons with Disabilities and the interpretive General Comment 1, the topic of legal capacity in mental health settings has generated considerable debate in disciplines ranging from law and psychiatry to public health and public policy. With over 180 countries having ratified the Convention, the shifts

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required in law and clinical practice need to be informed by interdisciplinary and contextually relevant research as well as the views of stakeholders. With an equal emphasis on the Global North and Global South, this volume offers a comprehensive, interdisciplinary analysis of legal capacity in the realm of mental health. Integrating rigorous academic research with perspectives from people with psychosocial disabilities and their caregivers, the authors provide a holistic overview of pertinent issues and suggest avenues for reform.

While there are a number of clinical practices for treating a

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variety of diseases, there is an urgent need to integrate biopsychosocial perspectives and practices in order to promote comprehensive healthcare.

Current research reports that diseases such as HIV/AIDS, malaria, diabetes, cardiovascular diseases, and heart diseases are a growing threat to the health and quality of life of individuals across the globe. Considering that nearly all these diseases are directly related to the lifestyle of an individual, prevention and intervention should be devised to address psychological, emotional, social, and spiritual factors.

Biopsychosocial Perspectives and Practices for Addressing

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Communicable and Non-Communicable Diseases is a collection of theoretical research that promotes good health and quality of life through psychosocial interventions to address psychosocial problems facing individuals such as discrimination and stigma, stress, depression, alcohol and drug abuse, smoking, lack of physical activity, and many other socio-economic factors. While highlighting topics including mental health, traditional healthcare, and global health, this book is ideally designed for therapists, counselors, psychologists, medical professionals, hospital administrators, researchers,

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academicians, and students in fields that include public health, nursing, community-based healthcare, health psychology, HIV/AIDS education, human movement education, and sport psychology.

The essentials of mental health nursing are presented in this fourth edition of a landmark nursing textbook on psychiatric nursing in South African primary health care and community health care settings.

Available electronically in an open-access, full-text edition from the Texas A&M University Libraries' Digital Repository at <http://hdl.handle.net/1969.1/146845>.

Child psychiatrist and

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psychoanalyst Astrid Berg states in her introduction that “ South Africa is a microcosm. ” It is a modern nation, yet many of its inhabitants follow ancient traditions. It is a nation with a colonial past marked by periods of violence, yet it has managed to make a largely peaceful transition to majority rule. It is a nation with eleven official languages embracing a great diversity of cultures and customs, and yet it is also a land where public debate is vigorous, free, and ongoing. In short, South Africa is a place where connections are being built and maintained—both those among people with long kinship and common culture, and those that

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reach across historical, racial, and class divides. “ The western world is undeniably more advanced in certain areas of science and economic development, ” Berg states, “ but in other areas it seems to lag behind and could learn from ” places like South Africa. In her work with children and infants, Berg has become instrumental in building connections with and among her fellow South Africans of all ethnicities. Based upon Berg ’ s 2010 Fay Lectures in Analytical Psychology at Texas A&M University, *Connecting with South Africa: Cultural Communication and Understanding* is both a self-reflective, subjective account and

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a scientific discourse on human development and intercultural communication. This volume will be warmly welcomed not only by psychoanalysts and those interested in Jungian thought and practice but also by anyone seeking more effective ways to learn from other cultures.

Connecting with South Africa provides sensitive direction for those wishing to find healing and connection in a fractured society.

Crime, Mental Health and the Criminal Justice System in Africa  
Affective Health and Masculinities in South Africa

Biopsychosocial Perspectives and Practices for Addressing Communicable and Non-

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Communicable Diseases

A South African Perspective

Key Concepts in Mental Health

***This book introduces key issues in understanding social and cultural factors as they relate to mental health and illness, and to a southern African understanding and construction of these categories. It lays out central international and local debates in the field of mental health in an accessible way, making use of extensive research and case studies. Central theoretical debates (such as***

***those between relativism and universalism, and between hermeneutical and critical approaches) are presented early in the text, and referred to throughout the more applied chapters. The aim is to equip the reader to assess the strengths and weaknesses of different approaches to understanding specific aspects of mental health and illness. Stressed throughout is the role of the mental health professional in the construction of ideas of mental health and illness. In countries with democratic***

***traditions, police interactions with the mentally ill are usually guided by legislative mandates giving police discretion and possibly resulting in referrals for assistance and treatment. But all too frequently, the outcome of these interactions is far less therapeutic and leads to a cycle of arrests and ultimately incarceration. Stemming from an initiative in Memphis, Tennessee two decades ago, police departments in many parts of the world have set up***

***specific programs with crisis intervention teams to facilitate police contact with the mentally ill. Policing and the Mentally Ill: International Perspectives examines how these types of programs have fared in jurisdictions across the world. The book begins with developments in North America and Europe—traditionally the locus of much of the innovation and change in policing and related areas. It demonstrates how a number of jurisdictions in Europe have only recently begun to***

***recognize therapeutic intervention with the mentally ill as a priority issue, and still frequently suffer from a lack of significant resources. The largest section of the book focuses on Australia, where local law enforcement agencies have displayed a remarkable enthusiasm for and commitment to change in their management of interactions with citizens with mental illness. Finally, the book examines the particular challenges of providing humane and effective policing for persons***

***with mental illnesses in parts of the developing world. These challenges often involve dealing with entrenched cultural beliefs and practices based on superstition, fear, and prejudice regarding persons thought to be mentally ill. Interactions between police and persons with mental illnesses comprise an important and sensitive aspect of everyday policing. The 16 chapters in this book offer a wide range of cross-cultural perspectives on this essential aspect of policing, enabling police practitioners***

***to develop a best practices approach to managing their interactions with this vulnerable segment of the community.***

***The Oxford Handbook of the History of Psychology: Global Perspectives describes the historical development of psychology in countries throughout the world. Contributors to this volume provide narratives that examine the political and socioeconomic forces that have shaped their nations' psychologies. Over the course of an African American's lifetime,***

***mental health care needs change according to an individual's unique interactions with his or her environment. Mental Health Care in the African-American Community uses this perspective to provide a deeper analysis of factors and issues affecting the mental health of African Americans. This comprehensive text provides a current and historical analysis of the impact of mental health research, policy, community, and clinical practice from a life course perspective.***

***Stressing evidence-based practice as an expanded way to think and talk about individualizing and translating evidence into a given practice situation, this valuable book provides a social work context for all helping professions. Mental Health Care in the African-American Community provides the helping community with non-traditional, expanded ways of thinking and intervening in the mental health needs and care of African Americans. Organized logically, this complex***

***subject presents data in a user-friendly way that engages the reader, and provides chapter summaries and suggested group/classroom activities to facilitate understanding. This text is extensively referenced and includes figures and tables to clearly illustrate data. Topics in Mental Health Care in the African-American Community include: a historical overview of African Americans' mental health care a conceptual and theoretical framework for African Americans' mental***

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Americans mental health in  
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depression substance abuse  
poverty ADHD suicide  
mental health in elderly  
African Americans mental  
health policy rural African  
American mental health  
needs kinship care  
multiethnic families and  
children much, much more!  
Mental Health Care in the  
African-American  
Community is a valuable  
textbook for practitioners;  
administrators; researchers;***

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***policymakers; educators;  
and students in social work,  
psychology, mental health  
services, case management,  
and community planning.***

***African Perspectives on  
Ethics for Healthcare  
Professionals***

***From Research to Effective  
Practice to Promote Mental  
Health and Prevent Mental  
and Behavioral Disorders :  
Proceedings of the Third  
World Conference on the  
Promotion of Mental Health  
and Prevention of Mental  
and Behavioral Disorders,  
September 15-17, 2004  
An Ethnography of***

**(In)vulnerability  
Culture and Mental Health  
Policing and the Mentally Ill**

*This clear-sighted resource critically examines the status of clinical psychology practice across the diverse regions of the world. Dispatches from North and Latin America, Eastern and Central Europe, China, South Korea, Australia, Africa, the Middle East, and elsewhere illustrate in depth the universality of mental distress and disorders, and the intersection of local knowledge and established standards in providing effective care. Pathology and its treatment are viewed in light of cultural values, belief systems, ethics, and norms, reflecting the evolution of clinical practice toward personalized care*

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*and culturally sensitive intervention. This important information serves a number of immediate and long-term goals, including developing culture-specific diagnoses and treatments, improving professional competencies, and the ongoing exchange of ideas within a global field to benefit all patients worldwide. Coverage compares key areas such as:*

- Concepts of mental pathology and health.*
- The sociopolitical aspects of psychology, rooted in the history of the country/region.*
- Popularly used approaches to intervention.*
- Types of services and providers.*
- The state of training and credentialing.*
- Relationships between clinical psychology and indigenous healing traditions.*

*The audience for Clinical Psychology across the World includes*

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*advanced undergraduate and graduate students and trainees/interns in clinical psychology, as well as developers of training programs. It can also serve as a valuable supplementary text for seminars or lectures on clinical psychology.*

*This book considers how rurality interacts with the mental health and wellbeing of individuals and communities in different regional settings. Through the use of international and comparative case studies, the book offers insight into the spatiality of mental health diagnoses, experiences, services provision and services access between and within rural areas. It is the first book to specifically address rural mental health geographies from an international perspective, and will*

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*be of interest to researchers and  
policymakers in rural studies,  
regional studies, health geography  
and rural mental health.*

*Military Psychology for Africa  
Suicide and Suicide Prevention From  
a Global Perspective*

*Exploring the work of Suman  
Fernando in clinical practice*

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