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Survival Guides

# ***Military Survival Guides***

*A survival guide for widows of service personnel, tackling the unique and complex issues arising from the death of a spouse in the military. This book speaks to loss in each of*

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*the service branches, across the span of rank and rates, and offers insights and practical strategies for dealing with this life-altering tragedy.*

*The Unofficial Scoop on Military Life*

*Whether you're dating, engaged, or married to an active military servicemember or reservist—or you've just*

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*signed up yourself—you may feel as if you've somehow married the United States military! While there are plenty of orientation books for him, there are almost no handy, user-friendly resources for you. Meredith Leyva, a military wife and founder of CinCHouse.com, the*

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*Internet's largest community for military wives, girlfriends, and women in uniform, details everything you need to know to manage day-to-day issues and get on with the adventure of military life. From relocation to deployment, protocol to finances, and career to kids, Leyva offers time-tested advice about:*

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*-Keeping your love life together during deployments*

*-Relocating yourself and your family around the world -Maintaining your own career when you're expected to move every three years*

*-Understanding what pay and benefits you're entitled to—and how to maximize them*

*-Translating those odd*

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*acronyms and jargon*

*Written by a seasoned military wife, this smart and savvy guide will help you take control at every point of your servicemember's career—from filing marriage papers as newlyweds to choosing prenatal and child care when you start a family to figuring out his pension when he's ready*

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*to retire.*

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*wilderness survival. Now, this pocket edition, based on current Army doctrine, has been thoroughly reedited, reformatted, its illustrations remastered, and improved in every way so that you the reader can have the information you need with you when you need it.*

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*The U.S. Army Survival Manual: FM 3-05.76 (FM 21-76) is the most up to date and current Survival Field Manual used by the United States Military. There are many other copies available which are not authentic or have cut out pages and chapters. This is the full, unabridged copy of the Army FM-3-05.76. This*

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*has been optimized and formatted to be a field pocket size. You can throw it in your cargo pocket as you head out to the field or just toss it in your backpack or rucksack and know you have the survival guide ready at your fingertips for reference. This guide is the authority in Survival Training, Strategies and Tactics.*

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*This reference is used by military forces. The FM-21-76 became the FM-3-05.76. This up to date manual includes all the original content from FM-21-76 along with more detailed information to include: All-Terrain Survival Tactics The Will To Survive Survival Planning Weapons, Tools, and Tactics*

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Military demolitions are the destruction



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by fire, water, explosive, and mechanical means of areas, structures, facilities, or materials to accomplish a military objective. The U.S. Army Explosives and Demolitions Handbook is a guide

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to the use of explosives in the destruction of military obstacles from the Department of the U.S. Army. This guide includes information on types, characteristics, and uses of explosives and auxiliary

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equipment;  
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placement, and  
firing of charges;  
safety precautions;  
handling,  
transportation, and  
storage of  
explosives;  
deliberate and hasty  
demolition methods;  
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Ninja master and survival expert

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Hakim Isler presents modern day survival strategies based on the techniques of Japan's ancient ninja. If you find yourself in an unexpected extreme situation—while wilderness camping, hiking or adventuring off the

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beaten path—a fundamental understanding of your surroundings can make the difference between life and death. By harnessing the powers of nature, the ninja built a legendary reputation as survivalists with

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an ability to thrive in even the most inhospitable situations. By studying their ancient philosophy and techniques, alongside modern science, you can prepare yourself to survive in any outdoor

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environment. The basis for ninja survival skills comes from the Buddhist philosophy of the five elements: Earth, Water, Fire, Wind and the Void. By understanding how the elements relate to the human body, the formula for



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survival becomes clear. Earth – protection from the harsh elements using trees, leaves, dirt, grass, and vines to build shelter Water – effectively cool off when overheated and avoid dehydration Fire – properly use fire to

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warm the body and  
to purify water by  
boiling it Wind –  
harness the power of  
wind to ventilate  
shelters, smoke meat  
and help build fires  
Void – apply  
knowledge and  
creativity while  
developing a  
survival plan Isler

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A Survival Guide for Military Wives, Girlfriends, and Women in Uniform  
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Survival Guide  
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Techniques  
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Commission  
Through Command

*Currently, more than  
one million military  
wives care for their  
families and their*

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*homes, often while their husbands are deployed out of state or overseas for months at a time.*

*These women can experience a roller coaster of emotions, including disappointment, loneliness, and fear.*

*Sara Horn, the wife of a navy reservist,*

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*understands the challenges you face as a military wife. She knows how to talk about faith and spiritual truths through the filter of military life. In her encouraging Ebook God Strong, Horn shares her personal stories, as well as wisdom and anecdotes*

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*of other wives from all branches of service, reminding you that:*

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- *You can have joy, no matter what.*
- *Superwomen get grace, too.*
- *God knows where you hurt.*

*Horn's reliance on Scripture and confidence in God's comfort during*

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*difficult times will show you that you don't have to be an army of one when you are God Strong.*

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*tank, rocket-propelled grenade, or infantry battalion can match the guerrilla team's ability to exact brutality with precision, instill fear in enemy hearts, and viciously deflate morale. From the snows of Korea to the jungles of Southeast Asia to the mountains*

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*of Afghanistan, the U.S. Army has employed guerrilla tactics to deadly effect. Those tactics and techniques, being used today by U.S. soldiers, are laid out in the U.S. Army Guerrilla Warfare Handbook. Employing small, heavily-armed, and well-oiled fire*



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*original—of use to soldiers in the field and to anyone with an interest in military tactics.*

*FM 3-05.70 is the United States Army manual used to train survival techniques (formerly the FM 21-76). It is popular among survivalists and campers. The*

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*manual covers a variety of helpful topics such as planning, psychology of survival, emergency medicine, shelter construction, water procurement, firecraft, food procurement (hunting), identification of poisonous plants, and construction of field*

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With nuclear  
war looming on  
the horizon,  
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and develop the resilience to move forward. Joanne Steen has more than twenty years' experience in the grief and loss field, with a specialty in military loss. She is a board-certified counselor, instructor, Gold Star widow, and the founder of



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