

Ncep Atp Iii Lines

Endorsed by the American Society for Preventive Cardiology, this highly practical resource focuses on the application of current guidelines and practice standards in the clinical management of cardiovascular risk factors. The Manual presents concise descriptions of each major cardiovascular risk factor, and practical, to-the-point discussions of current best practices in clinical management. In addition, the Manual includes chapters on peripheral arterial disease, stroke, smoking, contemporary cardiovascular imaging, heart failure, metabolic syndrome, thrombosis, nutrition, special

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populations, novel risk factors, and psychosocial stress. Throughout the Manual, recommendations are based on the most recent prevention guidelines of the American College of Cardiology and American Heart Association, including those on Risk Assessment, Lifestyle Recommendations, Blood Cholesterol, and Obesity, as well as the new guidelines on Hypertension. Chapter authors are recognized leaders in each area of practice, and special efforts have been made by the authors and editors to ensure that the content of all chapters is as up-to-date as possible. Key Features: ■ Presents a highly practical focus on the application

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of current guidelines and practice standards regarding cardiovascular risk factors ■ Recommendations based on the most recent prevention guidelines ■ Authored by recognized leaders in the field ■ Covers all major cardiovascular risk factors, key methodologies in risk assessment, and special issues regarding specific patient populations

Organized to present a comprehensive overview of the field of cardiology in an accessible, reader-friendly format that can be covered in about 12 months, this new edition contains roughly 50% new material, the cardiac pharmacology section has been completely reworked, cardiovascular trials have been

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included, and the entire book has been updated to reflect current practice guidelines and recent developments. The book is peppered throughout with numerous tables and clinical pearls that aid the student, as well as the teacher, to remain focused.

Addressing a topic of utmost importance in the field, this text addresses the epidemiology, diagnosis, assessment, and management of patients with metabolic syndrome—focusing on implications for cardiovascular disease risk. With an abundance of clearly organized tables, flowcharts, and practice guidelines, this blue-ribbon source succinctly analyze Dr. Ballantyne—one of the

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foremost lipid experts in the world and recruited by Dr. Braunwald's Heart Disease editorial team—together with a stellar cast of contributors provides all of the scientific and clinical information you need to effectively manage every aspect of dyslipidemia. From basic science to pathogenesis of atherothrombotic disease to risk assessment and the latest therapy options, this new title in the Braunwald's Heart Disease family offers unparalleled coverage and expert guidance on lipidology in a straightforward, accessible, and user-friendly style. • Features the expertise of one of the foremost experts in the field, ensuring you get authoritative guidance with the

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most definitive knowledge available. • Contains extensive clinically relevant information covering risk assessment, therapy, special patient populations, and experimental therapies, including targeting HDL to help you effectively manage any challenges you face.

• Uses treatment algorithms for easy access to key content. •

Presents current practice guidelines that assist in the decision-making process.

Epidemiology, Assessment, and Management

5 Books in 1

Managing Metabolic Abnormalities in the Psychiatrically Ill

A Companion to Braunwald's Heart Disease

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Facts and Controversies An Illustrated Textbook

Preventive cardiology is a fast moving field that places emphasis on the prevention and treatment of coronary disease. Preventive Cardiology: Insights Into the Prevention and Treatment of Cardiovascular Disease, Second Edition is intended for clinical cardiologists, internists, primary care providers, and allied health care professionals who wish to extend their knowledge and expertise in the rapidly expanding field of preventive cardiology. It is the mission of this book to provide clinicians with the understanding and tools

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necessary to implement prevention in their daily practices. Recent changes in the delivery of health care in the United States and abroad, in conjunction with new scientific evidence supporting the role of preventive strategies in the maintenance of cardiovascular health, have focused new attention and efforts on the field of cardiovascular disease prevention. The field of cardiology is thus making a gradual transition from the technology-driven, intervention-oriented perspective of the last several decades to a new, preventive, molecular-based

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perspective. As fresh evidence amasses that preventive measures produce a considerable decrease in the incidence of both primary and secondary cardiac events and mortality, there is growing, widespread acknowledgment that health care providers from all arenas must initiate preventive strategies in the management and care of their patients. Manage cardiovascular problems more effectively with the most comprehensive resource available! A trusted companion to Braunwald's Heart Disease, Cardiovascular Therapeutics, 4th Edition addresses

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pharmacological, interventional, and surgical management approaches for each type of cardiovascular disease. This practical and clinically focused cardiology reference offers a balanced, complete approach to all of the usual and unusual areas of cardiovascular disease and specific therapies in one concise volume, equipping you to make the best choices for every patient. Consult this title on your favorite e-reader with intuitive search tools and adjustable font sizes. Elsevier eBooks provide instant portable access to your entire library, no matter what

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device you're using or where you're located. Understand current approaches to treating and managing cardiovascular patients for long-term health, for complex problems, and for unusual cardiac events. Benefit from the substantial experience of Elliott M. Antman, MD, Marc S. Sabatine, MD, and a host of other respected authorities, who provide practical, evidence-based rationales for all of today's clinical therapies. Expand your knowledge beyond pharmacologic interventions with complete coverage of the most effective interventional and device

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therapies being used today. Easily reference Braunwald's Heart Disease, 9th Edition for further information on topics of interest. Make the best use of the latest genetic and molecular therapies as well as advanced therapies for heart failure. Cut right to the answers you need with an enhanced focus on clinically relevant information and a decreased emphasis on pathophysiology. Stay current with ACC/AHA/ESC guidelines and the best ways to implement them in clinical practice. Get an enhanced visual perspective with an all-new, full-color design throughout.

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This book is a comprehensive and richly-illustrated guide to cardiac CT, its current state, applications, and future directions. While the first edition of this text focused on what was then a novel instrument looking for application, this edition comes at a time where a wealth of guideline-driven, robust, and beneficial clinical applications have evolved that are enabled by an enormous and ever growing field of technology. Accordingly, the focus of the text has shifted from a technology-centric to a more patient-centric appraisal. While the specifications and capabilities of the CT

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system itself remain front and center as the basis for diagnostic success, much of the benefit derived from cardiac CT today comes from avant-garde technologies enabling enhanced visualization, quantitative imaging, and functional assessment, along with exciting deep learning, and artificial intelligence applications. Cardiac CT is no longer a mere tool for non-invasive coronary artery stenosis detection in the chest pain diagnostic algorithms; cardiac CT has proven its value for uses as diverse as personalized cardiovascular risk stratification, prediction,

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and management, diagnosing lesion-specific ischemia, guiding minimally invasive structural heart disease therapy, and planning cardiovascular surgery, among many others. This second edition is an authoritative guide and reference for both novices and experts in the medical imaging sciences who have an interest in cardiac CT. The author, one of the lipid experts in the world, together with a cast of contributors, provides all of the scientific and clinical information needed to manage every aspect of dyslipidemia. From basic science to pathogenesis of

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atherothrombotic disease to risk assessment and the latest therapy options, this new title in the Braunwald's Heart Disease family offers up-to-date coverage and guidance on lipidology in a straightforward, accessible, and user-friendly style. Contains extensive clinically relevant information covering risk assessment, therapy, special patient populations, and experimental therapies, including targeting HDL to help you effectively manage any challenges you face. Uses treatment algorithms for easy access to key content. Presents current practice guidelines that

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assist in the decision-making process.

High-Density Lipoproteins

ACSM's Guidelines for

Exercise Testing and

Prescription

Cardiology

Insights Into the Prevention

and Treatment of

Cardiovascular Disease

The All-natural Cardio Cure

Preventive Cardiology

The flagship title of the certification suite from the American College of Sports Medicine, ACSM's Guidelines for Exercise Testing and Prescription is a handbook that delivers scientifically based standards on exercise testing and prescription to the certification candidate, the professional, and the student. The 9th edition focuses on evidence-based

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recommendations that reflect the latest research and clinical information. This manual is an essential resource for any health/fitness and clinical exercise professional, physician, nurse, physician assistant, physical and occupational therapist, dietician, and health care administrator. This manual gives succinct summaries of recommended procedures for exercise testing and exercise prescription in healthy and diseased patients.

This companion to Braunwald's Heart Disease equips you with all of today's most effective therapeutic guidelines and management solutions for the full range of heart disease patients. It reflects the most recent standards for drug management as well as the latest in new technologies. Reorganized to mirror your changing practice, each cardiovascular-problem-based section

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offers a chapter on pharmacologic treatment (with a minimum of pathophysiology)...a chapter on catheter-based or minimally invasive interventions...and a discussion of surgical options. You'll also find a brand-new chapter on gene therapy and stem cell therapy, plus new chapters on many other rapidly developing areas of practice. The result is an outstanding single-volume source for state-of-the-art, clinically oriented guidance on both common and unusual areas of cardiovascular treatment. Facilitates the decision-making process clinicians face when choosing among various cardiovascular therapeutic options. covers the latest concepts in pathophysiology, evaluation, and management of patients with cardiovascular disorders Addresses

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pharmacological, interventional, and surgical management approaches for each type of cardiovascular disease, putting advice on the full range of therapeutic options at your disposal. Keeps you current with brand-new chapters on gene therapy and stem cell therapy * unstable and chronic stable angina * management of unstable angina and non-ST-elevation myocardial infarction * devices for heart failure and arrhythmias * prevention of ischemic disease * the regulatory approval process for new cardiovascular drugs and devices * and more. Delivers a fully revised section on "Heart Failure" that explores cardiac resynchronization therapy, surgical interventions, ambulatory management, hospital management, and cardiac transplantation and circulatory support

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devices. Offers a completely updated section on "Other Cardiovascular Conditions" that addresses issues such as pharmacologic treatment of cardiovascular disease during pregnancy * care for adults with congenital heart disease * treatment of primary pulmonary hypertension * prevention and treatment of infective endocarditis * treatment of pericardial disease * and rehabilitation of the patient with cardiovascular disease. Reflects a new emphasis on the role of diet and exercise in the management of cardiovascular problems in conformity with ACC/AHA/ESC guidelines.

Dr. Tim Hennessy has skillfully drawn on his life experiences to put together this new book he has written. Recalled to Health functions as both a personal memoir of his path to becoming a

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doctor and a useful medical guide to achieving and keeping good health. Written over a five-year period in between his work as a doctor and his other professional and personal pursuits, Dr. Hennessy says the initial impetus for it came from his bimonthly e-mail health newsletter, H-mail: Medical Education Made Easy. Self-described as conservative with medicine, Hennessy's focus for this book is to promote freedom by inspiring one and all to live healthier lives, in the process becoming less dependent on medications and the flawed healthcare system, and more emboldened to live life to its fullest, unimpeded by the physical constraints of poor health. By providing a medical foundation that will lead to a better understanding of medical topics, the doctor believes that Recalled to Health

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can empower readers to take charge of their own health. Cholesterol, blood pressure, diet and weight management, exercise, sleeping habits, and the role of nature in health are some of the topics discussed in full here, along with suggestions for optimum actions, behaviors, and treatments. Each of the chapters end with a helpful summary of tips, and the back of the book contains numerous, fully cited references listed by chapters as well as a full index. You can use this first-rate new book to help maintain your present good health, or you can use it to help reclaim your former good health. Either way, it will help you strengthen your mind so you can strengthen your body. And what more can anyone ask of a book on health? Book jacket.

Diabetes in Cardiovascular Disease is

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a current, expert resource focusing on the complex challenges of providing cardiovascular care to patients with diabetes. Designed as a companion to Braunwald's Heart Disease, this interdisciplinary medical reference book bridges the gap between the cardiology and endocrinology communities of scientists and care providers, and highlights the emerging scientific and clinical topics that are relevant for cardiologists, diabetologists/endocrinologists, and the extended diabetes care team. Access essential coverage of basic and clinical sciences, complemented by an expanded focus on epidemiology, behavioral sciences, health policy, and disparities in health care. Take advantage of a format that follows that of the well-known and internationally recognized

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Braunwald's Heart Disease. Review the best available clinical data and pragmatic recommendations for the prevention and management of cardiovascular complications of diabetes; national/societal intervention strategies to curb the growing prevalence of diabetes; and the current pathophysiological understanding of cardiovascular comorbidities in patients with diabetes. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability.

Free Yourself from a Self-imposed Prison of Bad Habits

Nutrition in the Prevention and Treatment of Abdominal Obesity

ASPC Manual of Preventive Cardiology

Cardiovascular Health Care Economics

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Interdisciplinary Management
Atlas of Atherosclerosis and Metabolic
Syndrome

More than 100 cases teach how
you how to apply
pharmacotherapeutic concepts to
real-world clinical situations
Pharmacotherapy Principles and
Practice Study Guide, Third
Edition, includes more than 100
patient cases that correspond to
chapters in the third edition of
Pharmacotherapy Principles and
Practice. These cases are
presented in realistic fashion,
using terms and abbreviations
that would normally be found in a
patient's medical record. Patients
in these cases have drug therapy

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problems requiring identification and management. For each case, you will be asked to develop a Patient Database, Drug Therapy Problem Worksheet, and Pharmacotherapy Care Plan, using the forms provided. With Pharmacotherapy Principles and Practice Study Guide you will learn how to navigate through the process of applying your knowledge of pharmacotherapy to specific patient cases by organizing patient data to logically assess a patient's medication issues and formulate a sound pharmacotherapy care plan. EACH CASE INCLUDES: Learning Objectives Patient

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Presentation Targeted Questions followed by hints that refer you to pages in Pharmacotherapy Principles and Practice, Third Edition, where you can find the information necessary to answer the question Follow-Up Global Perspective which highlights an issue related to the case that is important to countries outside of North America or involves selected ethnic groups or races Case Summary Student Workup where you are asked to review the patient case for missing information and to complete the various patient forms Nutrition in the Prevention and Treatment of Abdominal Obesity,

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Second Edition focuses on the important role that exercise, dietary changes and foods play in promoting and reducing visceral fat. Nutritionists, dieticians and healthcare providers seeking to address the abdominal obesity epidemic will find this book to be a valuable resource in their long-term goal of preventing chronic diseases, especially heart, vascular and diabetic diseases. Chapters define a range of dietary approaches to reduce risk for the associated chronic diseases. In addition, discussions of the importance of dietary approaches to reduce abdominal obesity, along with clinical approaches,

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are discussed, including costs and risks. Serves as a starting point for in-depth discussions in academic settings that will lead to revised and updated treatment options Offers detailed, well-documented reviews outlining the various dietary approaches to visceral obesity with their benefits and failures Includes updated research on the gut microbiome, FGF 21 and dietary foods and supplements

Currently, there are a limited amount of guidelines to help clinicians manage patients with obesity and comorbid mental disorders. This expertly written source fills the gap in the

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literature by providing a clear overview of obesity and its relationship to mental illness while reviewing the most recent methods to manage and control the condition with diet, exercise, psychological treatments, pharmacotherapy, and surgery. Clinical Pathology Board Review covers all of the major subject areas of clinical pathology, presenting you with an essential study guide for certification or recertification. Designed as a companion to Anatomic Pathology Board Review, 2nd Edition, this brand-new medical reference book will be a welcome resource for pathology residents and

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practicing pathologists alike. Understand all of the major subject areas of clinical pathology tested on the Clinical Pathology board exam, including chemistry, hematology, coagulation, microbiology, immunology (including HLA testing), transfusion medicine (including therapeutic apheresis), cytogenetics, and molecular diagnostics. Prepare for the boards with help from multiple-choice questions offered in a format that mimics that of the actual test. Effectively grasp key concepts with questions that integrate various areas of clinical pathology, as well as questions

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that bridge concepts in clinical pathology with those in anatomic pathology. Understand why an answer is correct or incorrect with help from brief explanations accompanying each. Review key concepts in laboratory medicine, correlate them to the associated clinical or laboratory information, and apply them to the diagnosis and management of human disease. Designed as a companion to Anatomic Pathology Board Review, 2nd Edition (ISBN: 9781455711406).

Lifestyle Medicine, Second Edition

Ferri's Clinical Advisor 2012

Ferri's Clinical Advisor 2014 E-

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Book

Cardiac Rehabilitation

ACSM's Resource Manual for
Guidelines for Exercise Testing
and Prescription

Obesity and Mental Disorders
*Endorsed by the American Society
for Preventive Cardiology!*

*Preventive Cardiology - a new
Companion to Braunwald's Heart
Disease - addresses the prevention
and risk stratification of
cardiovascular disease so that you
can delay the onset of disease and
moderate the effects and
complications. Drs. Roger
Blumenthal, JoAnne Foody, and
Nathan Wong discuss the full range
of relevant considerations, including
the epidemiology of heart disease,*

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risk assessment, risk factors, multiple risk factor-based prevention strategies, and developments in genetics and personalized medicine. This authoritative reference gives you the clinically relevant information you need for the effective prevention of cardiovascular disease. Recognize the factors for prevention and risk stratification around cardiovascular disease and effectively delay the onset of disease and moderate the effects and complications, even for individual who are genetically predisposed. Effectively navigate full range of considerations in prevention from epidemiology of heart disease, biology of

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atherosclerosis and myocardial infarction, risk assessment—established risk factors and emerging risk factors, multiple risk factor-based prevention strategies, and future directions—through genetics, personalized medicine, and much more. Tap into the expertise of prominent leaders in cardiovascular disease prevention with guidance from Drs. Roger Blumenthal—longtime director of the Framingham Heart Study—JoAnne Foody, and Nathan Wong. Gain a deeper understanding of the pathogenesis of disease and the rationale for management through discussions of basic science. Apply current clinical practice guidelines

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to ensure optimal outcomes in both primary and secondary prevention. Comprehensive Cardiovascular Medicine in the Primary Care Setting provides an authoritative, detailed discussion of cardiovascular disease balanced with practical utility. Disease states are explained with emphasis on risk factors, risk estimation, and established cardiac disease. The book also delves into the co-morbid conditions which surround cardiovascular disease, including peripheral vascular disease, chronic kidney disease, depression, and erectile dysfunction, with the goal of improving quality of life for affected individuals. An abundance of algorithms, case studies, and

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recommendations on evidence-based best practices facilitate rapid learning. A key resource for the busy practitioner, this book is designed to give the reader the skills to confidently perform assessments, initiate and maintain efficacious therapy, and know when a referral to a cardiologist is advisable.

Ferri's Clinical Advisor is the fastest, most effective way to access current diagnostic and therapeutic information on more than 700 common medical conditions. Dr. Fred Ferri's popular "5 books in 1" format provides quick guidance on menorrhagia, Failure to Thrive (FTT), Cogan's syndrome, and much more. Now

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featuring expanded online components, it makes the answers you need for your family practice even easier to find - anytime, anywhere. Rapidly find the answers you need with separate sections on diseases and disorders, differential diagnosis, clinical algorithms, laboratory results, and clinical preventive services, plus an at-a-glance format that uses cross-references, outlines, bullets, tables, boxes, and algorithms to expedite reference. Review normal values and interpret results for more than 200 lab tests. Get the insurance billing codes you require, including ICD-9-CM codes, to expedite insurance reimbursements. Improve your family healthcare

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practice's efficiency with cost-effective referral and consultation guidelines. Identify and treat a broader range of disorders, including renal and epidural abscess and cardio-renal syndrome, with 23 new topics in the Diseases & Disorders section. Improve your interpretation of presenting symptoms with 39 new topics in the Differential Diagnosis section, and optimize patient care with 12 new tables in the Clinical Practice Guidelines section. Rapidly find the answers you need with separate sections on diseases and disorders, differential diagnosis, clinical algorithms, laboratory results, and clinical preventive services, plus an at-a-

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glance format that uses cross-references, outlines, bullets, tables, boxes, and algorithms to expedite reference. Get the insurance billing codes you require for your family healthcare practice with ICD-9-CM codes, to expedite insurance reimbursements. Access full-color images and 65 online-only topics at Expert Consult, as well as online-only contents including EBM, Suggested Reading, Patient Teaching Guides, and additional algorithms.

Patients with mental and substance use disorders have shown higher rates of morbidity and mortality from medical illnesses than the general population, and physicians are also increasingly aware of

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adverse effects of psychiatric medications on metabolic and cardiovascular health. In light of these problems, this book addresses an important unmet need of patients with mental disorders -- namely, the lack of integration of general medical care with psychiatric care and the related problem of barriers to collaboration and communication among health care providers. Managing Metabolic Abnormalities in the Psychiatrically Ill is the first book to provide a current review of the relationships among psychiatric illnesses, metabolic abnormalities, and treatment, focusing on how clinicians can tailor care to those doubly-afflicted patients. The book

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integrates research findings into practical clinical guidelines that spell out what psychiatrists need to know when their patients with mental illness suffer from -- or are at risk of developing -- obesity, diabetes, cardiovascular disease, or the metabolic syndrome. The contributors address those risks that need to be considered in the overall context of treatment, background risks of medical illnesses associated with specific psychiatric disorders themselves, and the means of applying these data to treatment recommendations, monitoring, and clinical practice. Among the specific topics addressed are: Potential effects of psychotropics on

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appetite, body weight, and metabolic parameters in obese patients, and the potential effects of anti-obesity agents on psychotic, manic, and depressive syndromes Increased risk of type 2 diabetes among individuals with psychotic and mood disorders due to neurobiological changes and behavioral effects associated with these disorders Greater risk for cardiovascular disease among the mentally ill, stressing the importance of mental health providers understanding cardiovascular risk classification and modification strategies An association between dysregulation of glucose and lipid metabolism and the related risk of type 2 diabetes

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during treatment with any of the eight second-generation antipsychotics currently available in the United States Guidance in choice of medications and appropriate monitoring strategies for hyperlipidemia, along with recognition of which antipsychotics pose the greatest risk and an understanding of the common dyslipidemia patterns seen with their use Chapters include key clinical concepts, quick-reference tables, and extensive references, and a final chapter provides an assessment tool for evaluating patients' metabolic risk. Together, the chapters in this book constitute an authoritative clinical guide that enables psychiatrists to better

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integrate the treatment of patients' mental disorders with their metabolic conditions.

Clinical Lipidology

Computational Intelligence,

Medicine and Biology

Third Report of the National

Cholesterol Education Program

(NCEP) Expert Panel on Detection,

Evaluation, and Treatment of High

Blood Cholesterol in Adults (adult

Treatment Panel III)

Clinical Lipidology: A Companion to

Braunwald's Heart Disease E-Book

5 Books in 1, Expert Consult

Yonago acta medica

Reviews the best therapies and surgical

techniques available to provide quality

care for the elderly cardiac patient and

of those areas that require further

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research. The authors detail preventive therapies and the cardiovascular syndromes that disproportionately afflict the older individual, including arrhythmias (particularly atrial fibrillation), syncope, heart failure (particularly diastolic heart failure), and ischemic heart disease. They also delineate the surgical management of the heart patient with discussions of postoperative management and its complications and of specific surgical procedures such as coronary artery bypass grafting, valve surgery, pacemaker and defibrillators, and surgical management of heart failure. This two volume set presents recent advances in the knowledge and technology related to the field of cardiology. Beginning with a basic

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introduction, the text continues with a step by step approach through the subject, covering topics such as cardiovascular pharmacology, electrophysiology, coronary heart diseases, myocardial and pericardial disease and more. With contributions from leading international experts and over 1500 colour photographs, each chapter contains additional comments and guidelines from reputed international bodies. The book is accompanied by a DVD ROM containing high quality video footage of echocardiography.

Cardiovascular Therapeutics E-Book A Companion to Braunwald's Heart Disease Elsevier Health Sciences who deals with cancer patients posttransplant." --Book Jacket.

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*Cardiovascular Therapeutics E-Book
Concise Textbook*

*Clinical Pathology Board Review E-
Book*

*A Clinical Guide for Psychiatrists
Selected Links*

Ferri's Clinical Advisor 2013

There is no doubt that daily habits and actions exert a profound health impact. The fact that nutritional practices, level of physical activity, weight management, and other behaviors play key roles both in the prevention and treatment of most metabolic diseases has been recognized by their

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incorporation into virtually every evidence-based medical guideline. Despite this widespread recognition, physicians and other healthcare workers often cannot find a definitive and comprehensive source of information on all of these areas. Designed for physicians and other health care workers, *Lifestyle Medicine, Second Edition* brings together evidence-based research in multiple health-related fields to assist practitioners both in treating disease and

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promoting good health. Sections cover nutrition and exercise, behavioral psychology, public policy, and management of a range of disorders, including cardiovascular disease, endocrine and metabolic dysfunction, obesity, cancer, immunology and infectious diseases, pulmonary disorders, and many more.

An illuminating and timely synthesis of methodological and clinical studies showing how medical costs can be established, how the value of clinical outcomes can

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be assessed, and how difficult choices can be rationally made. The methodological chapters review the conceptual and practical issues involved in estimating and interpreting health care costs, making health status and utility assessments, and statistically analyzing cost-effectiveness and clinical trials. The clinical chapters apply these methods to the major clinical areas of cardiology-primary prevention of coronary artery disease, acute

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coronary syndromes, angioplasty vs coronary bypass surgery, CABG vs medicine, congestive heart failure, arrhythmias, and cardiac surgery.

Additional chapters consider the use of economic studies for policy purposes and the future of Medicare under a balanced budget in an aging America.

This book contains an interesting and state-of-the-art collection of chapters presenting several examples of attempts to developing modern tools utilizing

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computational intelligence in different real life problems encountered by humans. Reasoning, prediction, modeling, optimization, decision making, etc. need modern, soft and intelligent algorithms, methods and methodologies to solve, in the efficient ways, problems appearing in human activity. The contents of the book is divided into two parts. Part I, consisting of four chapters, is devoted to selected links of computational intelligence, medicine,

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health care and biomechanics. Several problems are considered: estimation of healthcare system reliability, classification of ultrasound thyroid images, application of fuzzy logic to measure weight status and central fatness, and deriving kinematics directly from video records. Part II, also consisting of four chapters, is devoted to selected links of computational intelligence and biology. The common denominator of three chapters is Physarum

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polycephalum, one-cell organisms able to build complex networks for solving different computational tasks. One chapter focuses on a novel device, the memristor, that has possible uses both in the creation of hardware neural nets for artificial intelligence and as the connection between a hardware neural net and a living neuronal cell network in the treatment and monitoring of neurological disease. This book is intended for a wide audience of readers who are interested in

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various aspects of computational intelligence.

A proven program to prevent, treat, and reverse cardiovascular disease and risk factors naturally, using diet, exercise, nutritional supplementation, and relaxation techniques-and without the use of pharmaceutical drugs. Americans are obsessed with heart health, yet most of us don't do the most basic things to take care of ours. In *The All-Natural Cardio Cure*, Dr. Allan Magaziner outlines a

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program for heart health that works to prevent, treat, and reverse the causes of cardiovascular problems, rather than merely treating them once they arise. Developed in clinical practice, Magaziner's comprehensive approach can help to: *

- * lower blood cholesterol and triglycerides;
- * inhibit the inflammatory processes that lead to hardening of the arteries;
- * reduce blood pressure;
- * decrease the risk of heart attack and stroke; and
- * improve overall health.

The All-Natural Cardio

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Cure has actually helped many people to eliminate or reduce their need for medication. The keys to this strategy are specific elements of diet, exercise, nutritional supplementation, and relaxation techniques, integrated in a clearly delineated way that is easy to follow and, most important, proven effective.

Chronic Graft Versus Host Disease

Exposure to Air Pollution and Noise, Metabolic Dysfunction and Late-life Cognitive Impairment - A

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Cohort Study in Elderly
Mexican-Americans in
Sacramento Area
Cardiology E-Book
Diabetes in Cardiovascular
Disease: A Companion to
Braunwald's Heart Disease
E-Book

Aging, Heart Disease, and
Its Management
Comprehensive
Cardiovascular Medicine in
the Primary Care Setting

Cognitive impairment is a major concern for older adults especially in societies with increasing life expectancy and aging populations, since it reduces health related quality of life and increases caregiver

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burden. Possible and established factors for cognitive impairment not only include age, genetics, race/ethnicity, life style factors, but also metabolic syndrome, and evidence is accumulating that links environmental risk factors to cognitive impairment such as air pollution and noise exposure. As one of the risk factors of cognitive impairment, metabolic syndrome (MetS) refers to a collection of reversible pathophysiologic conditions including insulin resistance, obesity, dyslipidemia and hypertension. It is highly prevalent in the Hispanic population especially among those aged 60 years or older. In

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this dissertation, our aim was to investigate the influence of exposures to traffic-related air pollution and noise on incident metabolic syndrome and cognitive impairment, and whether the presence of metabolic syndrome would modify the association between air pollution or noise exposure and cognitive decline in elderly Mexican-Americans. The following studies used data from the Sacramento Area Latino Study on Aging (SALSA), a prospective cohort study of 1789 Mexican-Americans aged 60-101, who were living in the Sacramento Area of California between 1998 and 2007. Based

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on participants' residential addresses at baseline, we estimated local traffic-related nitrogen oxides (NO_x) exposure using the California Line Source Dispersion Model version 4 (CALINE4), and traffic noise employing the SoundPLAN software package. For 1,554 SALSA participants who were free of all five components of MetS at baseline according to the recommendations of the Third Adult Treatment Panel of the National Cholesterol Education Program (NCEP ATP III), we investigated associations between modeled traffic-related NO_x or noise pollution and incident metabolic syndrome or

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its components using Cox regression models with calendar time as the underlying time scale. We found that per unit increase in traffic-related NOx (2.29 parts per billion (ppb)) the hazard ratio (HR) for having low level of high-density lipoprotein cholesterol (HDL-cholesterol) increased by 15% (HR=1.15, 95% CI: 1.04-1.28), and for each 11.6 decibels (dB) increase in noise the risk of developing metabolic syndrome increased by 17% (HR=1.17, 95% CI: 1.01-1.35). Some epidemiological studies started to focus on associations between air pollution and cognitive function recently, while the role of traffic noise in relation

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to cognitive impairment is understudied. Here, we examined association between traffic-related noise pollution and dementia/ cognitive impairment without dementia (CIND) that developed newly over a 10-year follow-up period among 1,612 participants who were free of dementia/CIND at enrollment. Using Cox proportional hazard models, we observed that per 11.6dB (interquartile range, IQR) increase in 24-hour noise, the hazard of developing dementia/CIND increased (HR = 1.24, 95% CI: 1.00, 1.53) during follow-up; estimates were slightly lower (HR = 1.19, 95% CI: 0.95, 1.49) when adjusting for

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modeled local air pollution exposure from traffic sources. Overall, the risk of dementia/CIND was elevated when 24-hour and nighttime noise were higher than 75dB and 65dB, respectively. In the third study, we investigated whether the presence of metabolic dysfunction (obesity, hyperglycemia and low HDL-cholesterol) modifies associations between air pollution or noise exposures and incident dementia or CIND. Among the 1,612 participants from SALSA study who were cognitively normal at the baseline, we used Cox proportional hazard models with

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calendar time as the underlying time scale to estimate the joint effects of air pollution and noise exposures and several metabolic dysfunctions, specially obesity, hyperglycemia, or low HDL-cholesterol. We found that the risk of developing dementia/CIND increased most (more than 2-fold) among SALSA participants who were exposed to high levels of traffic-related NOx (3.44 ppb [75th percentile]) (HR = 2.36, 95% CI = 1.41, 3.97) or 24-hour noise (65 dB) (HR = 2.21, 95% CI = 1.26, 3.89), respectively, and had hyperglycemia. The estimated hazard ratios for dementia/CIND were similarly increased with

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traffic related air pollution or noise exposures among participants with low HDL-cholesterol but no difference were seen for obesity. Employing data from one of the large population-based studies of Mexican-Americans, in which repeated anthropometric measurements and sampling of biomarkers as well as repeated cognitive function testing, we added for the linkage between traffic-related air pollution and noise exposures with metabolic syndrome and cognitive impairment. We additionally improve the understanding for the role that metabolic dysfunctions play in the

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association between traffic-related exposures and cognitive decline. Early identification and treatment of people with metabolic dysfunction as well as prevention approaches that restricting the traffic-related exposures in residential neighborhoods might provide an effective avenue to generate public health benefits in vulnerable populations of elderly.

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