

Read PDF No Means No Teaching Personal Boundaries Consent Empowering Children By Respecting Their Choices And Right To Say No

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Meet Emmi! She is resilient, independent and courageous. She always tries her best, and even when the going gets tough, Emmi never gives in. This charming story uses verse and beautiful illustrations to model resilience, persistence, and the ability to face challenges with tenacity.

This book encourages children to understand and manage their changing feelings and emotions, and to talk confidently about what they are feeling. Providing children with the skills and the words to express their feelings is key to helping them move forward in a positive manner.

Hey kids, do you want to know how to make all-stars for your baseball league? Or parents, do you feel like the coaches keep passing your child up? Well no more! Or coaches, want drills and ways to motivate your players to get better? Coach Andy C is going to tell you everything he knows from his 35 years of youth and adult coaching and watching what works and what doesn't work. It's chock-full of ideas in 86 pages. He'll cover: * How your league chooses all-stars * What all-star selectors are really looking for * 7 tried and true methods of getting better at baseball * But more importantly, little known ways to get the people picking the team to notice you * And how to beat the "politics" that seem to get in the way Year after year kids sit in the stands crying after the all-star teams are announced and they weren't one of the players that were chosen. At the same time the selectors I've trained do make these same all-star teams. It was then I realized I had the information that the kids in the stands and the parents and coaches were looking for. Wherever there are kids around the world that play youth baseball, there are kids that want to make the league's all-star team. Every year it's the same, kids that desperately want to have their name called out (or see it announced on the list) don't make it, and a little bit of them is hurting deep inside; and they don't know why they were not picked. Little did they know that they could have fairly accurately predicted their chances almost from day one of when the season starts. And if they knew what you're about the find out, they could improve enough in skill in the eyes of the all-star selectors as to become a better player or even make the all-star team. The good news is that in this book, there is a way to learn how to make the all-star team for the next upcoming season; and if not then, the following year (if you're willing to listen and follow the advice I give). I have written this for parents and coaches to learn how this process works and how they can help these youngsters achieve their dreams, this is mostly a book written for the kid who wants to make all-stars, not a book for the parent who wants their kid to make all-stars (there is a difference). And it will be in that voice that this book will be written.

The Amazing Book of No was just announced as a Winner of the 2015 Readers Favorite Award for K-3rd grade readers. "The Amazing Book of No" is a deceptively simple story that will teach your 3-7 year old how to accept the word "no" when you say it and why they shouldn't argue. The story is about two moms and their children. One mom says "no" all the time, while the other says "yes" to everything. It is cute and engaging all in one, and designed not to take up too much of a parents valuable time,

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the idea being to try and imprint wholesome ideals while kids are young. Reading this just a few times to your boy or girl at bedtime will ensure you don't have any misunderstandings with your children about the word "NO" as they grow older. This is: The Amazing Book of No!

Expand Your Mindset and Change Your Life

A Parents' Guide to Protecting Kids from Sexual Abuse

A Kid's Guide to God's Supernatural Power

The Amazing Book of No

My Body's Mine

The Secrets and Techniques That Will Help You Make the Team

This book is about an empowered little girl who has a very strong and clear voice in all issues, especially those relating to her body and personal boundaries. It is a springboard for discussions regarding consent and children's choices and rights. The Note to the Reader and Discussion Questions guide and enhance this essential discussion. Ages 2-9

Personal, social, health and economic education (PSHE) and relationships, (sex) and health education (R(S)HE) are often undervalued in school and are frequently seen as an add-ons. But when taught well, PSHE and R(S)HE can enhance not only other subjects but strengthen school safeguarding, develop pupil well-being and improve pupils' progress and resilience in learning. Underpinned by a range of contemporary research and illustrated through examples of classroom practice, the expert team of teacher educators look at a range of curriculum areas and contemporary issues to explore how PSHE and R(S)HE education can enhance other curriculum areas. As well as showing how pupils' life skills can be developed, they also explore how teachers' understanding of how PSHE and R(S)HE can be implemented without additional planning or expensive resources. The book takes an inclusive understanding of both diverse families and relationships throughout. Topics covered include: -social media, online presence and critical literacy skills -mental health coping strategies -plastic reducing -topical, sensitive, controversial issues (TSCIs) Covering the whole primary spectrum from Early Years to Key Stage 2, case studies from each phase are included within each chapter to help practitioners to relate the material to their own classroom. Points to consider for your setting are included and guidance on further reading provides reliable direction for additional information.

If you ever read "Rich dad poor dad" and "Think and Grow Rich" you would love to read "Think Big Grow Bigger." This book will help you to understand exactly your sequence of Actions that cause results. You'll enjoy in changing the sequence to gain better results. You'll enjoy to add some actions or delete that... you'll enjoy testing other sequences. The incredible fact is that you'll have the chance to recognize and apply the sequence of wealthy people. The Stickies

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Strategy (r) is really powerful!!! What happen If you need some help? The Author, Riccardo Proetto, is here to help you with seminars, courses and coaching. He applied this theory for himself. In 2009 he lost everything. Something like some million euros, house... car.. everything. The problem: Even if he has frequented courses and seminars for himself, that is always a good thing, no one has explained to him how to avoid the same mistakes. He used a lot of strategies, listened a lot of guru... but what his was looking for was not the cure. He wanted the healing. He wanted to help people and himself to avoid mistakes, to accelerate the learning process, to recognize the actions sequence of everything: wealthy style, healthy style... The good news is that he found the solution and the funny thing is that everything is based on personal meanings. The result: the system is always applicable. If you'll have the opportunity to participate at one of his seminars you'll listen with your ears and you'll see with your eyes how is his story. Inside Of This Book You'll Discover The Results To These Shocking Tests: 80% of modern millionaires were able to get there on annual incomes of \$55,000 or less. Even meager savings eventually add up to thousands or millions of dollars.... (this one is almost dumb, cause it's SO easy) (Page 9) Net Worth Formula Simplified The rich have a net worth often double or triple the amount. The average American has less than half. The goal is to double your net worth. (Page 9) Sense of Spending The truly rich hold off gratification, knowing that what is trendy, popular or a must have today may not last until tomorrow. (Page 11) How interest affects your debt Pay more than the minimum on loans. The more you pay now, the less you pay later.(Page 13) Today millionaires spend more time selecting what to buy than buying the product itself. They look for the best bargain before laying their money down. (Page 15) THE STICKIES STRATEGY (r) ... I've seen during these years that our personal meaning of things is the real engine that let us go forward or backward. So I've developed the Stickies Strategy. You can find your exact sequence of actions through the "meanings" and improve or change that one...(Page 54) ...extra Steps: How to Use Your Passion to Succeed Over time, we often forget the passions of our childhood or even the ones we discover as we age." Take a stroll down memory lane and make a list. What would you do if you had all of the money you needed and didn't have to worry about paying your bills?"

It was a simple incident in the life of James Clavell—a talk with his young daughter just home from school—that inspired this chilling tale of what could happen in twenty-five quietly devastating minutes. He writes, "The Children's Story came into being that day. It was then that I really realized how vulnerable my child's mind was —any mind, for that matter—under controlled circumstances. Normally I write and rewrite and re-rewrite, but this story came quickly—almost by itself. Barely three words were changed. It pleases me greatly because I kept asking the questions... Questions like, What's the use of 'I pledge allegiance' without understanding? Like Why is it so easy to divert thoughts? Like What is freedom? and Why is so hard to explain? The Children's Story keeps asking me all sorts of questions I

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cannot answer. Perhaps you can—then your child will...."

Resilience

Uscolia

Teaching Personal, Social, Health and Economic and Relationships, (Sex) and Health Education in Primary Schools

A Book on Body Boundaries and Sexual Abuse Prevention

A Guide for Mums of Sons

Body Safety Education

'NO' is RJ's least favorite word . . . and he tries his best to convince his dad, his mom, and his teacher to turn "No" into "Maybe" or "We'll see" or "Later" or "I'll think about it." Author Julia Cook helps K-6 readers laugh and learn along with RJ as he understands the benefits of demonstrating the social skills of accepting "No" for an answer and disagreeing appropriately. Tips for parents and educators on how to teach and encourage kids to use these skills are included in the book. I Just Don't Like the Sound of NO! is another in the BEST ME I Can Be! series of books from the Boys Town Press that teach children social skills.

*You were created for a lifestyle of excellence...not a life of mediocrity And what's amazing is you're equipped with everything you need to make that lifestyle yours. You can reach your goals. You can live your dreams. You already have what it takes to be happy and successful right inside of you. ...so, why aren't you?! Making changes is one of the hardest things any of us ever tries to do. It's so easy to get stuck, using strategies that don't work anymore and not knowing what to do to keeping moving in the right direction. If you're frustrated with where you are in your life... If you're tired of getting the same old results... If you're ready to do what it takes to create your life as you want it to be... Then, The Excellence Lifestyle Guide may be just what you're looking for. Discover how you can * Stop counting on "luck" to get you where you want to go in life * Start proactively doing what it takes to have more, do more and be more * Take advantage of simple, effective principles for living the life of your dreams - principles they never taught you in school! You have tremendous control over the path your life is on but, like many people, you may not have any idea how to use it to your advantage! That's where The Excellence Lifestyle Guide can help. Author Jan Marie Mueller shares insights on many topics, including * How the world really works...and why people struggle achieving the success they desire * Why most people never achieve a life of excellence...and how you can be different * How to harness the amazing power of your thoughts to guide your life in the direction you want it to go * The importance of knowing who you really are - and what you can do to figure it out * How to master your mindset and use it to achieve the life of excellence you deserve to be living * The one key resource you need to succeed at anything - and how to get it (Tip: It's more important than either time or money!) * Three of the BIGGEST secrets to success...and much, much more! What you think and believe about yourself and the world around you defines your reality. Learning to effectively use the principles outlined in The Excellence Lifestyle Guide will help you transform your life in ways you've only dreamed of up until now. Everyone can have success. Everyone can enjoy the excellence lifestyle. If your life isn't quite where you believe it should be, Jan Marie challenges you to discover the secrets to becoming your best self and start putting the skills she shares to work in your life today. Life is too short for constant struggle and frustration. Use the principles inside this book to begin living the lifestyle of excellence you deserve! Scroll up and get your copy today.*

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A guide about body boundaries shares gentle, straightforward advice about how to recognize potentially abusive situations while staying safe and asking for help.

Jess and Ben are twins. Jess is a girl and Ben is a boy but in all the BIG ways, there is NO difference between them! Explore with children the issues of gender equality and respectful relationships. Combining cheerful illustrations and a simple but effective narrative, children will understand that, fundamentally there is no difference between us.

My Body! What I Say Goes! Activity Book

Mothering Our Boys

Your Body Belongs to You

Life Has No Meaning Until You Create It

I Said No!

Be the Difference

This work is an invitation and guide for young people to bring the realm of Heaven to earth. As children discover their identity through the revelation of the Father's love, they are released to fulfill their Royal Mission: to demonstrate the Kingdom of God by living a life of miracles. Each chapter explains and identifies the inheritance that God's sons and daughters possess, such as the Father's love, the anointing and indwelling of the Holy Spirit, faith, prayer, and the keys of power and authority. This book is not only a companion for the "journey", but also provides a meeting place for children to encounter God's presence that will transform their hearts and lives.

Zara loves hugs, so she is confused and upset when her friend Alice doesn't want a hug. When the tables are turned, she appreciates her friend's perspective and realizes that a hug takes two willing individuals.

"Maggie is earthy and real, full of love and knowledge, especially on raising sons." - Steve Biddulph "Maggie's perspective on raising boys is spot on. She writes with humor and depth, providing insight and strategies for many of the most important issues facing moms. There is a lovely ease to her writing and a powerful honesty. I hope every mother of a son (and everyone else!) will read this book. The future of the world, to a great extent, depends on how we raise our boys." - Michael Gurian, New York Times Bestselling Author of The Wonder of Boys and Saving Our Sons If we can see the world through boys' eyes a little better, we will make different choices in the way we mother them... and we will find them less confusing, and love them more deeply. Mothers of sons are worried about raising their boys in a world where negative images of masculinity are front and centre of our media, almost every day. Not only that, but statistically our boys are still struggling in many ways. Even though we live in a time where we recognise that nothing in gender is fixed, it remains a fact that the influence of a mother on her son is massive. A mother of four sons herself, Maggie Dent draws on her personal experience - and over four decades work as a teacher, counsellor and now author and speaker - to help build understanding, empathy and compassion for our boys. Maggie shares her five key secrets that every mum needs to know and uses the voices of men she has worked with and surveyed to reveal what really matters in a boy's relationship with his mother and other mother figures. Maggie is one of Australia's most popular parenting authors and educators, and her seminars about boys have sold out all across Australia and in the UK. She is finally sharing her insights, her reflections, and (as always) her humour around mothering boys to help you be the mum your son needs you to be.

No matter where we are, disaster and hardship can strike. Hidden Harvest brings mountain wisdom of past generations into the present with the practical science of long term food storage. Readers of all income levels, even those of limited means or no means can begin using this

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information today without buying fancy equipment or anything at all. Part how-to book, part reference book and part story telling, Hidden Harvest is meant to be read from beginning to end and then kept handy on the shelf for routine consultation. Make your own survival food, eat healthy through any disaster and be able to share with friends and loved ones. All popular methods are discussed and probably many that are new to you. Replete with informative tables, formulas and curious (often adorable) hand-drawn illustrations, Hidden Harvests is a book intended to offer you many years of enjoyment, health and joy no matter what your circumstances. You will become a food storage and handling expert with practical and beneficial knowledge. Available as an ebook on Amazon.

Man's Search For Meaning

Long Term Food Storage Techniques for Rich and Poor

The Monster on Top of the Bed

Those are My Private Parts

No Hugs!

My Body! What I Say Goes!

No Means No! Educate2Empower Publishing

In the battle between mazes and kids, who will win? Your child might, if he/she has the patience and right strategy to get out of all these mazes. Answering mazes is a fun learning experience that will help improve your child's ability to think of strategies quite fast. Start your child's training with one book of mazes at a time.

Don Newman's first volume of Savannah centric poetry reflects the close personal relationship between poet and subject often found in work dedicated to a particular place. Such intimate subjectivity may seem lofty at times. But this Savannah native has a way of bringing grandiose notions of his hometown down to earth. Here, the author's regional sensibilities-together with his stretch toward the universal-offer the reader a unique perspective and a tour of Savannah unattainable during a typical day of sightseeing. While by no means a comprehensive poetic look at the city, Newman's Little Poetry Book of Savannah will surely augment the traveler's backpack, give visitors a distinctive literary keepsake, and make the perfect gift for those back home who would like an authentic little piece of Savannah. Meditative, descriptive, fun, quirky, and enjoyably honest, Newman bares parts of his soul in this down-to-earth, head-in-the-clouds "poetry for everyone." For a slightly smaller, less expensive Black & White Edition go here: <https://wwwcreatespace.com/3909405>

This book is a step-by-step guide on how to protect children from sexual abuse through Body Safety Education. It contains practical and age-appropriate ideas, as well as information on how abusers groom and signs a child is being sexually abused. Body Safety helps keep children safe from sexual abuse, ensuring they grow up assertive and confident.

Teaching Personal Boundaries, Consent; Empowering Children by Respecting Their Choices and Right to Say 'no!'

A Book about Body Safety

A Book to Assist Adults in Helping Children Unpack, Understand and Manage Their Feelings and Emotions

A Book to Encourage Resilience, Persistence and to Help Children Bounce Back from Challenges and Adversity

Hidden Harvest

I Just Don't Like the Sound of No!

José Carlos Díaz—"Granpa Joe"—author of this book "for all ages"—invites us to dive into 18 fascinating tales to travel a fantastic and imaginary world where fairies, witches and elves are sweet-faced characters that interact with real people, as real as all us, through fascinating scenes from school,

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workshops and family life. One example is the conversation between Nelly the Nail and Hank the Hammer, another the tale of "the boy that became a grown-up, only to regret it" as well as the story of "the sparrow that dreamed of having shiny feathers", all found in the first part of the book, but by no means the only ones. In the second part the story of "Goodie and Baddie" describes the flora and fauna of marshes and rain forests, where Goodie, his Pinto mare and Tootie the Turtle join up to beat the alligator who has become the terror of the swamp; and "Shark, dog and crocodile", where a shark tries to dominate on land as well as on water... you'll have to read it to see how it ends! And the tale of the gluttonous snake is fascinating as well, where it faces off against a conga rat that is by no means a coward, and a very lazy parrot who receives his comeuppance for not wanting to work. Through these tales the author hopes to help develop the reading habit and a healthy imagination in children and youth in these days where the influence of films and violent videogames with robotic superheroes and terrifying monsters are the norm on TV and in the movies.

This comprehensive, empowering and age-appropriate children's book will teach children about respect, consent and body boundaries. It also explores safe and unsafe feelings, early warning signs, a safety network, the correct names for private parts, safe and unsafe touch, and the difference between secrets and surprises. Ages 3-9

Introduces young children to the concept of sexual abuse and how they should deal with unwanted touching by others.

Jonathon's home was not a happy one. But hope soon arrived when Auntie Edie came to stay. This beautifully illustrated book was written to provide children in family violence homes with a sense of hope and to lessen the traumatic effects of their living situations. As Jonathon knows, there is always hope that things might change. This book aims to help children voice their concerns and their fears, and to express these with an adult or adults they trust such as a family member, teacher, caregiver or the police. Too often children in these environments blame themselves for the violence in their homes and take on the burden of shame and guilt. This book aims to reassure children that family violence is never ever their fault and that there is also hope that things might change. Hope includes a Safety Plan developed by Eastern Domestic Violence Service that can be used by health professionals working with children, early years educators, teachers and family members or friends who might know a child that may be experiencing family violence.

The Children's Story

American Kid

Rex Finds His ROAR

Here Comes Heaven!

Enhancing the Whole Curriculum

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A Collection of Stories

Bad Hair Does Not Exist is a tool of empowerment for all little girls who are black, afro-descendent, afro-Latinas, and Garifuna. It enhances the confidence of girls who are beautiful, intelligent, savvy, witty, and have extraordinary hair. The book is intended to teach little girls how to define and describe their hair so that they don't identify with the term "bad hair." It gives you cool illustrations of gorgeous girls with examples of each type of hair. The book serves to educate and calls for all of us to work as equal partners to lift our girls up by using proper terminology to describe their hair because it is directly linked to their essence.

Over 16 million copies sold worldwide 'Every human being should read this book' Simon Sinek One of the outstanding classics to emerge from the Holocaust, Man's Search for Meaning is Viktor Frankl's story of his struggle for survival in Auschwitz and other concentration camps. Today, this remarkable tribute to hope offers us an avenue to finding greater meaning and purpose in our lives.

Someone has taken Rex's roar! Rex is scared, but he is on a mission to get it back. With the help of some very good friends, he has to look for it. Kids will join Rex on his path of discovery, learning from friends like Roland along the way.

Frankie loves what Frankie loves! The choice is always Frankie's. Allowing your child to do the things they love and simply be themselves is one of the greatest gifts you can provide. Through Frankie's active and fun encounters, readers soon learn that in Frankie's world there are no gendered roles - kids are just kids!

The Little Poetry Book of Savannah

Bad Hair Does Not Exist!

Hope

Mazes for Kids

A Kid-to-kid Guide to Keeping Private Parts Private

A Book to Explore Gender Equality, Gender Stereotyping, Acceptance and Diversity

This engaging book provides over 40 powerful ideas on how kids and the people who love them can make a difference. Using kid-friendly text and beautiful illustrations, the focus is on three key areas: empathy and kindness, racial and gender equality, and caring for the environment. We know from research that 'doing good is good for you'. The participant benefits both mentally and physically. Encouraging a mindset of giving and being part of positive change when a child is young, benefits both the child and their future. The aim of this book is to introduce kids to the many positive things they can do, both personally and collectively to make this world a kinder and more caring place. This book can be read over a number of sessions by children or to children by parents and caregivers, or integrated into a classroom setting. There are also further discussion questions/ideas included at the back of the book.

This Activity Book reinforces the following crucial Body Safety skills taught in the children's picture book My Body! What I Say Goes!: safe and unsafe feelings, early warning signs, a safety network, safe and unsafe touch, private parts, the difference between secrets and surprises, and body boundaries.

Ages 3-9

We are all presented with a 'meaningless' blank canvas at birth. The marks this canvas gathers over time are there to complete a picture – your picture. None of these marks are so permanent that you cannot erase them or paint over them. All of them, in some way, give meaning and significance to life.

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Some marks may appear to be running the picture while others are so precious that we think they are the picture. But, in the final analysis, any masterpiece includes both light and shade; the one is not more important than the other. The story of YOUR life is captured in YOUR picture. Take responsibility for your canvas and seek ways to paint a picture that will serve yourself and those around you. If it is a meaningful life you want, this is the book that will grow your understanding of meaning, deepen your relationship with yourself and others, and inspire you to create a life worth living.

My Body's Mine helps children learn they have the rights to their body. Told through rhyme from a child's point of view, this book on boundaries empowers a child to say no when others approach him or her in ways that make them uncomfortable. It also gives clear instructions on what to do if they are approached in an unwanted manner. The questions at the end of the book provide an easy transition for counselors and parents to open a discussion, assisting the child in understanding and practicing body boundaries or further exploring if abuse has occurred. Through the use of this book, I have experienced families being able to openly discuss abuse together for the first time. Kayla's heart for children from hard places is infectious. Her vision for all children to know they are not alone is unfolding in this new book. She is a gifted writer who will continue to create works benefiting children. My Body's Mine was a missing piece of literature in abuse prevention and I am so thankful to Kayla for writing it! Jessica Kilpatrick, M.A., LPG, STARRY

The classic tribute to hope from the Holocaust

Kids Vs. Mazes

Talking About Feelings

Teach Children about Gender Equality, Respectful Relationships, Feelings, Choice, Self-Esteem, Empathy, Tolerance

Grandpa Joe's Storybook

Miles Is the Boss of His Body

"Blimp, blomp, blimp, bloop. Suzy gripped her sheets tightly. Was that noise coming from under her bed?" Helps Children Banish Bedtime Fears So begins Suzy's adventure where she meets Karrit, another child, and one that lives far under her bed. The two children banish their bedtime fears and become best friends by treating each other the way that they want to be treated. **A Fear of Monsters is Common** A fear of monsters under the bed is common with children of all ages, starting with a vague sense of the unknown with younger toddlers and graduating to perhaps a more solid image in the minds of older children. **The Monster on Top of the Bed** flips the idea around, like the famous Disney Movie Monsters Inc., and bases the story on the concept that it's the monsters that are actually afraid of the children. **The Children Model The Golden Rule** In this beautifully illustrated book we meet two children--Suzy and Karrit, and we discover that sometimes things are not always what they seem and when the monster fears the child, we come to see a different perspective on misunderstandings and ignorance. We also discover that it is easy to misinterpret the meanings of words and actions, when Karrit explains to Suzy that certain things she says and does, frightens him. Although the words, "The Golden Rule" never appear in the book, the way the two children treat each other as though they would like to be treated enable the two of them to work together to work out their differences. A friendship forms, and a new light is shed upon them both when they realize that maybe they aren't so different from each other after all. **A Mantra that Banishes Nighttime Fears** When things get scary, both children use Grandmom's mantra, which is highly effective in banishing monsters, "You're welcome to stay until I say, 'Nay!' Then it's time to go, and you can't say, 'no.'" This is an empowering bedtime story. The multimedia edition contains a link to an .mp4 file that features the

same audio tracks in the CD version. Children can listen to the story being read by four narrators who read the story in English, Spanish and Italian. There are page turning sounds to let the child know when to turn the page. There are slight differences between the words in CD version and the Kindle version. Children like the challenge of finding the differences. In addition to reading the story, the multimedia kindle edition also contains bonus material, including an interview with the illustrator, and other stories and poems written by the author. Order Copies For Yourself and Your Friends...It's perfect for three to six-year olds, and six-to-twelve year olds (who are sometimes still afraid of monsters) find the story charming and enjoy reading it to their younger siblings.

'No Means No!' is a children's picture book about an empowered little girl who has a very strong and clear voice in all issues, especially those relating to her body and personal boundaries. This book can be read to children from 3 to 9 years. It is a springboard for discussions regarding children's choices and their rights. The 'Note to the Reader' at the beginning of the book and the 'Discussion Questions' on the final pages, guide and enhance this essential discussion. It is crucial that our children, from a very young age, are taught to have a clear, strong voice in regards to their rights - especially about their bodies. In this way, they will have the confidence to speak up when they are unhappy or feel uncomfortable in any situation. A strong, confident voice as a young child converts to a strong, confident pre-teen, teenager and adult. With the prevalence today of online and offline bullying and various forms of abuse, such as physical, emotional and sexual abuse; our young people need to learn (from a young age) to always speak up when their rights are not being respected. The aim of this book is to empower young children and to give them a voice so they can grow up into empowered adults. When a child, teenager or adult says, 'No!' to any form of coercion, this should be immediately respected. A world where 'No!' does actually mean 'No!' can be a world with far less violence and increased respect for humankind. By educating our children to have true respect for one another, this world can be a much safer and more positive place. Body Safety Education (aka sexual abuse prevention education) empowers girls and boys through knowledge, and teaches them they have the right to say, 'No' and to respect other's personal boundaries. Both girls and boys need to learn to ask for consent and this can be taught from a very young age. Some of the scenarios in this book are typical of approaches used by sexual abusers (sexual predators/molesters/pedophiles) when grooming children for sexual abuse. Their aim is to desensitize the child to having their personal space violated and desensitize them to touch. For more information on Body Safety Education and how to teach it to your child go to www.secrets.info

It is Miles' sixth birthday and his family pinches, noogies, hugs, picks up, and tickles him, but Miles does not like all the physical interaction and he gets fed up.

This book explores consent and respect with children especially in relation to body boundaries, both theirs and others. A child growing up knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them. These concepts are presented in a child-friendly and easily-understood manner.

Think Big Grow Bigger

A Book to Help Children Build Resilience and Assist Those Recovering from And/or Living in Family Violence Situations

My Body Belongs to Me

How to Make All-Stars

No Means No!

For Katherine and her three American children, Greece was meant to be a one-year refuge from the late 1930's Depression. Her husband's family-owned orchard should have provided for their well-being, but instead embroiled them in legal debate. WWII Axis bombings of Kalamata prompted the young family to flee to the remote mountain village of Katherine's birth, but Nazi invasion-and seemingly endless occupation of their village and their house-trapped them there until the war's end. Told through the eyes of John, Katherine's youngest child, he shares a universal story of fear and frustration faced by all innocent civilians during war in occupied countries. American Kid is a moving recollection of Katherine's courage, their family's sparse village existence on Mt. Parnon, and years of fear-filled interactions with Nazi soldiers.

Written from a child's point of view, advises young readers on ways to handle a variety of problematic situations, provides an easy-to-use system to help children rehearse and remember appropriate responses to keep them safe, and includes coverage of where to go for help and how to deal with shame and guilt.

Excellence Lifestyle Guide & Workbook

No Difference Between Us

Who Am I? I Am Me!

40+ Ideas for Kids to Create Positive Change Using Empathy, Kindness, Equality and Environmental Awareness

Lets Talk About Body Boundaries, Consent and Respect