

None Of These Diseases

Rare diseases collectively affect millions of Americans of all ages, but developing drugs and medical devices to prevent, diagnose, and treat these conditions is challenging. The Institute of Medicine (IOM) recommends implementing an integrated national strategy to promote rare diseases research and product development.

From the physician behind the wildly popular NutritionFacts website, *How Not to Die* reveals the groundbreaking scientific evidence behind the only diet that can prevent and reverse many of the causes of disease-related death. The vast majority of premature deaths can be prevented through simple changes in diet and lifestyle. In *How Not to Die*, Dr. Michael Greger, the internationally-renowned nutrition expert, physician, and founder of NutritionFacts.org, examines the fifteen top causes of premature death in America—heart disease, various cancers, diabetes, Parkinson's, high blood pressure, and more—and explains how nutritional and lifestyle interventions can sometimes trump prescription pills and other pharmaceutical and surgical approaches, freeing us to live healthier lives. The simple truth is that most doctors are good at treating acute illnesses but bad at preventing chronic disease. The fifteen leading causes of death claim the lives of 1.6 million Americans annually. This doesn't have to be the case. By following Dr. Greger's advice, all of it backed up by strong scientific evidence, you will learn which foods to eat and which lifestyle changes to make to live longer. History of prostate cancer in your family? Put down that glass of milk and add flaxseed to your diet whenever you can. Have high blood pressure? Hibiscus tea can work better than a leading hypertensive drug—and without the side effects. Fighting off liver disease? Drinking coffee can reduce liver

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inflammation. Battling breast cancer? Consuming soy is associated with prolonged survival. Worried about heart disease (the number 1 killer in the United States)? Switch to a whole-food, plant-based diet, which has been repeatedly shown not just to prevent the disease but often stop it in its tracks. In addition to showing what to eat to help treat the top fifteen causes of death, *How Not to Die* includes Dr. Greger's Daily Dozen -a checklist of the twelve foods we should consume every day. Full of practical, actionable advice and surprising, cutting edge nutritional science, these doctor's orders are just what we need to live longer, healthier lives. A NEW YORK TIMES BESTSELLER "Remarkable." —Andrew Solomon, *The New York Times* Book Review "At once a rigorous work of scholarship and a radical act of empathy."—*Esquire* "A ray of light into those isolated cocoons of darkness that, at one time or another, may afflict us all." —*The Wall Street Journal* "Essential."—*The Boston Globe* A landmark exploration of one of the most consequential and mysterious issues of our time: the rise of chronic illness and autoimmune diseases A silent epidemic of chronic illnesses afflicts tens of millions of Americans: these are diseases that are poorly understood, frequently marginalized, and can go undiagnosed and unrecognized altogether. Renowned writer Meghan O'Rourke delivers a revelatory investigation into this elusive category of "invisible" illness that encompasses autoimmune diseases, post-treatment Lyme disease syndrome, and now long COVID, synthesizing the personal and the universal to help all of us through this new frontier. Drawing on her own medical experiences as well as a decade of interviews with doctors, patients, researchers, and public health experts, O'Rourke traces the history of Western definitions of illness, and reveals how inherited ideas of cause, diagnosis, and treatment have led us to ignore a host of hard-to-understand medical conditions, ones that resist easy description or

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simple cures. And as America faces this health crisis of extraordinary proportions, the populations most likely to be neglected by our institutions include women, the working class, and people of color. Blending lyricism and erudition, candor and empathy, O'Rourke brings together her deep and disparate talents and roles as critic, journalist, poet, teacher, and patient, synthesizing the personal and universal into one monumental project arguing for a seismic shift in our approach to disease. The Invisible Kingdom offers hope for the sick, solace and insight for their loved ones, and a radical new understanding of our bodies and our health. A guide that cuts through the haze of misinformation and delivers an insightful message to anyone living with or at risk from the following: cancer, diabetes, heart disease, obesity, Alzheimer's disease and /or osteoporosis. Dr Campbell illuminates the connection between nutrition and these often fatal diseases and reveals the natural human diet. He also examines the source of nutritional confusion produced by powerful lobbies, government entities and opportunist scientists. Part medical thriller, part governmental exposé.

Moses the Reluctant Leader

The Modern Plagues

Chasing My Cure

Accelerating Research and Development

On Epidemics

Disease Control Priorities, Third Edition (Volume 9)

A Christian physician suggests that the Bible holds the key to physical and emotional well-being

Free-living birds encounter multiple health hazards brought on by viruses, bacteria, and fungi,

some which in turn can significantly impact other animal populations and human health. Newly

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emerging diseases and new zoonotic forms of older diseases have brought increased global attention to the health of wild bird populations. Recognition and management of these diseases is a high priority for all those involved with wildlife. *Infectious Diseases of Wild Birds* provides biologists, wildlife managers, wildlife and veterinary health professionals and students with the most comprehensive reference on infectious viral, bacterial and fungal diseases affecting wild birds. Bringing together contributions from an international team of experts, the book offers the most complete information on these diseases, their history, causative agents, significance and population impact. Focusing on more than just treatment, special emphasis is given to disease processes, recognition and epidemiology.

Discusses diseases and ailments that have been connected to sex throughout history, and the reactions to them that have been shaped by religion or morality.

As the culminating volume in the DCP3 series, volume 9 will provide an overview of DCP3 findings and methods, a summary of messages and substantive lessons to be taken from DCP3, and a further discussion of cross-cutting and synthesizing topics across the first eight volumes. The introductory chapters (1-3) in this volume take as their starting point the elements of the Essential Packages presented in the overview chapters of each volume. First, the chapter on intersectoral policy priorities for health includes fiscal and intersectoral policies and assembles a subset of the population policies and applies strict criteria for a low-income setting in order to propose a "highest-priority" essential package. Second, the chapter on packages of care and delivery platforms for universal health coverage (UHC) includes health sector interventions,

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primarily clinical and public health services, and uses the same approach to propose a highest priority package of interventions and policies that meet similar criteria, provides cost estimates, and describes a pathway to UHC.

Three Biblical Principles That Will Change Your Diet and Improve Your Health

The Beginner's Guide to Fasting

None Of These Diseases Shall Come Near You

What You Need to Know about Infectious Disease

A Doctor's Race to Turn Hope into Action; A Memoir

Rare Diseases and Orphan Products

This book is dedicated in educating all who want to learn self-help/care Alternative Health Treatments for all God's children to learn about "God's Prescription For Diseases".

Argues that illnesses such as AIDS and drug-resistant tuberculosis, malaria, and typhoid affect poor communities.

Extraordinary medical benefits are available to those who follow the Bible's teachings. authors deal with stress, sex, anger, circumcision, tobacco, and more.

A groundbreaking look at the connection between germs and mental illness, and how we can protect ourselves. Is it possible to catch autism or OCD the same way we catch the flu? A child's contact with cat litter lead to schizophrenia? In her eye-opening new book, Nat Book Critics Circle Award-winning author Harriet Washington reveals that we can in fact "catch" mental illness. In *Infectious Madness*, Washington presents the new germ theory

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posits not only that many instances of Alzheimer's, OCD, and schizophrenia are caused by viruses, prions, and bacteria, but also that with antibiotics, vaccinations, and other strategies, these cases can be easily prevented or treated. Packed with cutting-edge research and tantalizing mysteries, *Infectious Madness* is rich in science, characters, and practical advice on how to protect yourself and your children from exposure to infectious threats that could sabotage your mental and physical health.

The Most Comprehensive Study of Nutrition Ever Conducted and the Startling Implications for Diet, Weight Loss and Long-term Health

A Thriller

An Action Plan for Treating Resistant Lyme & Chronic Disease

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The Invisible Kingdom

The Genetic Lottery

A much-needed program to prevent and reverse disease, and discover a path to sustainable, long-term health from an acclaimed international doctor and star of the BBC program Doctor in the House. How to Make Disease Disappear is Dr. Rangan Chatterjee's revolutionary, yet simple guide to better health—a much-needed, accessible plan that will help you take back control of your health and your life. A

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physician dedicated to finding the root cause of ill health rather than simply suppressing symptoms with drugs, Dr. Chatterjee passionately advocates and follows a philosophy that lifestyle and nutrition are first-line medicine and the cornerstone of good health. Drawing on cutting edge research and his own experiences as a doctor, he argues that the secret to preventing disease and achieving wellness revolves around four critical pillars: food, relaxation, sleep, and movement. By making small, incremental changes in each of these key areas, you can create and maintain good health—and alleviate and prevent illness. As Dr. Chatterjee, reveals we can reverse and make disease disappear without a complete overhaul of our lifestyle. His dynamic, user-friendly approach is not about excelling at any one pillar. What matters is balance in every area of your life, which includes: Me-time every day An electronic-free Sabbath once a week Retraining your taste buds Daily micro-fasts Movement snacking A bedtime routine Practical and life-changing, *How to Make Disease Disappear* is an inspiring and easy-to-follow

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guide to better health and happiness.

Between August 1918 and March 1919 the Spanish influenza spread worldwide, claiming over 25 million lives – more people than perished in the fighting of the First World War. It proved fatal to at least a half-million Americans. Yet, the Spanish flu pandemic is largely forgotten today. In this vivid narrative, Alfred W. Crosby recounts the course of the pandemic during the panic-stricken months of 1918 and 1919, measures its impact on American society, and probes the curious loss of national memory of this cataclysmic event. This 2003 edition includes a preface discussing the then recent outbreaks of diseases, including the Asian flu and the SARS epidemic.

The emergence of severe acute respiratory syndrome (SARS) in late 2002 and 2003 challenged the global public health community to confront a novel epidemic that spread rapidly from its origins in southern China until it had reached more than 25 other countries within a matter of months. In addition to the number of patients infected with the SARS

virus, the disease had profound economic and political repercussions in many of the affected regions. Recent reports of isolated new SARS cases and a fear that the disease could reemerge and spread have put public health officials on high alert for any indications of possible new outbreaks. This report examines the response to SARS by public health systems in individual countries, the biology of the SARS coronavirus and related coronaviruses in animals, the economic and political fallout of the SARS epidemic, quarantine law and other public health measures that apply to combating infectious diseases, and the role of international organizations and scientific cooperation in halting the spread of SARS. The report provides an illuminating survey of findings from the epidemic, along with an assessment of what might be needed in order to contain any future outbreaks of SARS or other emerging infections.

None of These Diseases
The Bible's Health Secrets for the 21st Century
Revell

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Learning from SARS

Discern These Times

*Epidemiology and Prevention of Vaccine-Preventable Diseases,
13th Edition E-Book*

Preparing for the Next Disease Outbreak: Workshop Summary

America's Forgotten Pandemic

The Wages of Sin

"On Epidemics" by Hippocrates (translated by Francis Adams).

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undiscovered gems?of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

God created the human body as a finely tuned instrument of enormous power, but it requires fuel to operate. To make sure the body gets enough fuel, God created in us an appetite for food, which we call hunger. So why would we ever ignore our

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hunger and choose not to eat? Going without food for spiritual reasons is called fasting, a spiritual dis...

Are you sick? Have you been suffering under repeated attacks of ill health? Is your family under the yoke of infirmities? There is help for you in God's Word. God does not want any of His children to be sick. His Son has borne all your sicknesses. His will for you is perfect health and happiness. If you are sick, it is likely because you do not know your heritage in the Lord. Prayer Madueke, the best-selling author of Confront and Conquer and over 100 other books, goes into the Scriptures to highlight God's promises for good health. He shows you how to enjoy unlimited divine health. Inside this book, you will find prayer points to defeat every attack of the enemy against your God-given divine health.

THE ESSENTIAL WORK IN TRAVEL MEDICINE -- NOW COMPLETELY UPDATED FOR 2018 As unprecedented numbers of travelers cross international borders each day, the need for up-to-date, practical information about the health challenges posed by travel has never been greater. For both international travelers and the health professionals who care for them, the CDC Yellow

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Book 2018: Health Information for International Travel is the definitive guide to staying safe and healthy anywhere in the world. The fully revised and updated 2018 edition codifies the U.S. government's most current health guidelines and information for international travelers, including pretravel vaccine recommendations, destination-specific health advice, and easy-to-reference maps, tables, and charts. The 2018 Yellow Book also addresses the needs of specific types of travelers, with dedicated sections on:

- Precautions for pregnant travelers, immunocompromised travelers, and travelers with disabilities
- Special considerations for newly arrived adoptees, immigrants, and refugees
- Practical tips for last-minute or resource-limited travelers
- Advice for air crews, humanitarian workers, missionaries, and others who provide care and support overseas

Authored by a team of the world's most esteemed travel medicine experts, the Yellow Book is an essential resource for travelers -- and the clinicians overseeing their care -- at home and abroad.

Molecular Biology of the Cell
Disease Control Priorities, Third Edition (Volume 6)

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Discipleship and Leadership Lessons

Infectious Diseases of Wild Birds

Improving Health and Reducing Poverty

The China Study

Ellen Gould Harmon de White, conocida también como Elena G. de White (26 de noviembre de 1827 - 16 de julio de 1915), autora cristiana estadounidense, cuyo liderazgo llevó al establecimiento de la Iglesia Adventista del Séptimo Día. Además de líder eclesiástica, es considerada por los adventistas profetisa para los tiempos modernos.

Moses pioneered a Spirit-led leadership paradigm that Christian leaders do well to emulate today. Moses didn't want to be a leader. He had been raised as a prince of Egypt, but now at 80, he was content to be a simple shepherd, watching sheep on the slopes of Sinai. Then, God spoke from the burning bush and Moses' world changed. How do you lead a multitude of people through impossible situations, badgered by a storm of criticism from within the camp, and threatened by deadly peril from without? Moses the reluctant leader has much to teach both disciples and leaders today. This Bible study leads you through Moses' life covering several chapters in each lesson so you can see the big picture. It slows down, however, to examine key passages in Exodus and Numbers that give insight into God's instruction to Moses. One lesson

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surveys the tabernacle, the priesthood, and the sacrifices that God revealed through Moses. This book explores Moses' life in 9 lessons with discussion questions, and can be used for personal enrichment, by small groups and classes, and by teachers and preachers for sermon preparation.

The Public Health Foundation (PHF) in partnership with the Centers for Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or "The Pink Book" E-Book. This resource provides the most current, comprehensive, and credible information on vaccine-preventable diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. "The Pink Book E-Book" allows you, your staff, and others to have quick access to features such as keyword search and chapter links. Online schedules and sources can also be accessed directly through e-readers with internet access. Current, credible, and comprehensive, "The Pink Book E-Book" contains information on each vaccine-preventable disease and delivers immunization providers with the latest information on: Principles of vaccination General recommendations on immunization Vaccine safety Child/adult immunization schedules International vaccines/Foreign

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language terms Vaccination data and statistics The E-Book format contains all of the information and updates that are in the print version, including:

- New vaccine administration chapter
- New recommendations regarding selection of storage units and temperature monitoring tools
- New recommendations for vaccine transport
- Updated information on available influenza vaccine products
- Use of Tdap in pregnancy
- Use of Tdap in persons 65 years of age or older
- Use of PCV13 and PPSV23 in adults with immunocompromising conditions
- New licensure information for varicella-zoster immune globulin

Contact bookstore@phf.org for more information. For more news and specials on immunization and vaccines visit the Pink Book's Facebook fan page

A spine-chilling saga of virulent racism, human folly, and the ultimate triumph of scientific progress. For Chinese immigrant Wong Chut King, surviving in San Francisco meant a life in the shadows. His passing on March 6, 1900, would have been unremarkable if a city health officer hadn't noticed a swollen black lymph node on his groin—a sign of bubonic plague. Empowered by racist pseudoscience, officials rushed to quarantine Chinatown while doctors examined Wong's tissue for telltale bacteria. If the devastating disease was not contained, San Francisco would become the American epicenter of an outbreak that had already claimed ten million lives worldwide. To local press, railroad barons, and elected officials, such a

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possibility was inconceivable—or inconvenient. As they mounted a cover-up to obscure the threat, ending the career of one of the most brilliant scientists in the nation in the process, it fell to federal health officer Rupert Blue to save a city that refused to be rescued. Spearheading a relentless crusade for sanitation, Blue and his men patrolled the squalid streets of fast-growing San Francisco, examined gory black buboes, and dissected diseased rats that put the fate of the entire country at risk. In the tradition of Erik Larson and Steven Johnson, Randall spins a spellbinding account of Blue's race to understand the disease and contain its spread—the only hope of saving San Francisco, and the nation, from a gruesome fate.

How to Make Disease Disappear

How Not to Die

The Stockholm Paradigm

God's Prescription for Diseases

Climate Change and Emerging Disease

LOS ANGELES TIMES AND PUBLISHERS WEEKLY BESTSELLER • The powerful memoir of a young doctor and former college athlete diagnosed with a rare disease who spearheaded the search for a cure—and became a champion for a new approach to medical research. “A wonderful and moving chronicle of a doctor’s relentless pursuit, this

book serves both patients and physicians in demystifying the science that lies behind medicine.”—Siddhartha Mukherjee, New York Times bestselling author of The Emperor of All Maladies and The Gene David Fajgenbaum, a former Georgetown quarterback, was nicknamed the Beast in medical school, where he was also known for his unmatched mental stamina. But things changed dramatically when he began suffering from inexplicable fatigue. In a matter of weeks, his organs were failing and he was read his last rites. Doctors were baffled by his condition, which they had yet to even diagnose. Floating in and out of consciousness, Fajgenbaum prayed for a second chance, the equivalent of a dramatic play to second the game into overtime. Miraculously, Fajgenbaum survived—only to endure repeated near-death relapses from what would eventually be identified as a form of Castleman disease, an extremely deadly and rare condition that acts like a cross between cancer and an autoimmune disorder. When he relapsed while on the only drug in development and realized that the medical community was unlikely to make progress in time to save his life, Fajgenbaum turned his desperate hope for a cure into concrete action: Between hospitalizations he studied his own charts and tested his own blood samples, looking for clues that could unlock a new treatment. With the help of family, friends, and mentors, he also reached out to other Castleman disease patients and physicians, and eventually came up with an ambitious plan to crowdsource the most promising research questions and recruit world-class researchers to tackle them. Instead of waiting for the scientific stars to align, he would attempt to align them himself. More

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than five years later and now married to his college sweetheart, Fajgenbaum has seen his hard work pay off: A treatment he identified has induced a tentative remission and his novel approach to collaborative scientific inquiry has become a blueprint for advancing rare disease research. His incredible story demonstrates the potency of hope, and what can happen when the forces of determination, love, family, faith, and serendipity collide. Praise for Chasing My Cure “A page-turning chronicle of living, nearly dying, and discovering what it really means to be invincible in hope.”—Angela Duckworth, #1 New York Times bestselling author of Grit “[A] remarkable memoir . . . Fajgenbaum writes lucidly and movingly . . . Fajgenbaum’s stirring account of his illness will inspire readers.”—Publishers Weekly

AN INSTANT NATIONAL BESTSELLER! “Horowitz is one of the most prominent ‘Lyme literate’ physicians...patients wait for months to see him, and several told me that he had essentially cured them of a disease that nobody else seemed able to treat.” —The New Yorker “If you have suffered from unexplained, chronic or hard-to-treat illness, this book is your pathway to health.” —Mark Hyman, #1 New York Times bestselling author of The Blood Sugar Solution on Why Can’t I Get Better? From Dr. Richard I. Horowitz, one of the country's foremost doctors, comes a ground-breaking book about diagnosing, treating and healing Lyme, and peeling away the layers that lead to chronic disease. Are you sick, but can’t find any answers why? Do you have a seemingly unconnected collection of symptoms that leave doctors guessing? Or have you been diagnosed, but found that none

of the treatments seems to make a difference? You may have Lyme disease and not even know it. Known as “the great imitator,” Lyme disease and its associated co-infections can mimic the symptoms of and often be misdiagnosed as Chronic Fatigue Syndrome, fibromyalgia, rheumatoid arthritis, lupus, multiple sclerosis, and even depression, anxiety, obsessive-compulsive disorder, and psychosis. In his landmark book, Why Can’t I Get Better?: Solving the Mystery of Lyme & Chronic Disease, renowned internist and leading world expert Dr. Horowitz introduced his revolutionary plan for treating Lyme disease, and chronic diseases in general. Now, in this new handbook How Can I Get Better?, Dr. Horowitz updates his research and offers a direct, actionable step-by-step plan for implementing his 16 MSIDS Diagnostic Map. You will find: *The latest pertinent information on the most important scientific discoveries *Emerging research on bacterial “persisters”—bacteria that can survive antibiotics—and new therapies to get rid of them *A seven-step action plan that patients and doctors can follow to ensure better health. A Physician testifies that health, Happiness, and longer life can be yours if you follow the teachings of the Bible.

A provocative and timely case for how the science of genetics can help create a more just and equal society In recent years, scientists like Kathryn Paige Harden have shown that DNA makes us different, in our personalities and in our health—and in ways that matter for educational and economic success in our current society. In The Genetic Lottery, Harden introduces readers to the latest genetic science, dismantling dangerous ideas about

racial superiority and challenging us to grapple with what equality really means in a world where people are born different. Weaving together personal stories with scientific evidence, Harden shows why our refusal to recognize the power of DNA perpetuates the myth of meritocracy, and argues that we must acknowledge the role of genetic luck if we are ever to create a fair society. Reclaiming genetic science from the legacy of eugenics, this groundbreaking book offers a bold new vision of society where everyone thrives, regardless of how one fares in the genetic lottery.

Why DNA Matters for Social Equality

Consejos Sobre El Regimen Alimenticio

The Influenza of 1918

The Pink Book

Sex and Disease, Past and Present

Dominion Over Sickness & Disease

The contemporary crisis of emerging disease has been a century and a half in the making. Human, veterinary, and crop health practitioners convinced themselves that disease could be controlled by medicating the sick, vaccinating those at risk, and eradicating the parts of the biosphere responsible for disease transmission.

Evolutionary biologists assured themselves that coevolution between pathogens and hosts provided a firewall against disease emergence in new hosts. Most climate scientists made no connection between climate changes and disease. None of these traditional perspectives anticipated the onslaught of emerging infectious diseases

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confronting humanity today. As this book reveals, a new understanding of the evolution of pathogen-host systems, called the Stockholm Paradigm, explains what is happening. The planet is a minefield of pathogens with preexisting capacities to infect susceptible but unexposed hosts, needing only the opportunity for contact. Climate change has always been the major catalyst for such new opportunities, because it disrupts local ecosystem structure and allows pathogens and hosts to move. Once pathogens expand to new hosts, novel variants may emerge, each with new infection capacities. Mathematical models and real-world examples uniformly support these ideas. Emerging disease is thus one of the greatest climate change–related threats confronting humanity. Even without deadly global catastrophes on the scale of the 1918 Spanish Influenza pandemic, emerging diseases cost humanity more than a trillion dollars per year in treatment and lost productivity. But while time is short, the danger is great, and we are largely unprepared, the Stockholm Paradigm offers hope for managing the crisis. By using the DAMA (document, assess, monitor, act) protocol, we can “anticipate to mitigate” emerging disease, buying time and saving money while we search for more effective ways to cope with this challenge. Infectious diseases are the leading cause of death globally, particularly among children and young adults. The spread of new pathogens and the threat of antimicrobial resistance pose particular challenges in combating these diseases. Major Infectious Diseases identifies feasible, cost-effective packages of interventions and strategies across delivery platforms to prevent and treat HIV/AIDS, other sexually transmitted infections, tuberculosis, malaria, adult febrile illness, viral hepatitis, and neglected

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tropical diseases. The volume emphasizes the need to effectively address emerging antimicrobial resistance, strengthen health systems, and increase access to care. The attainable goals are to reduce incidence, develop innovative approaches, and optimize existing tools in resource-constrained settings.

"Jerry Grey is known to most of the world by his crime writing pseudonym, Henry Cutter--a name that has been keeping readers at the edge of their seats for more than a decade. Recently diagnosed with early onset Alzheimer's at the age of forty-nine, Jerry's crime writing days are coming to an end. His twelve books tell stories of brutal murders committed by bad men, of a world out of balance, of victims finding the darkest forms of justice. As his dementia begins to break down the wall between his life and the lives of the characters he has created, Jerry confesses his worst secret: the stories are real. He knows this because he committed the crimes"--

Three Biblical Principles that Will Change Your Diet and Improve Your Health In a world infatuated with junk food and fad diets, why have we overlooked the simple instructions provided in the Bible that have guided and people for thousands of years toward better health? You don't have to be Jewish or a Christian to discover wisdom for healthier living in this doctor's scripturally - based book on eating and feeling better, and living longer. These simple principles will help you find energy, freedom from illness, and more vibrant health!

How to Make Your Faith Work!

Black Death at the Golden Gate: The Race to Save America from the Bubonic Plague On the Sacred Disease

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The Bible's Health Secrets for the 21st Century

HIV/AIDS, STIS, Tuberculosis, and Malaria

Discover the Foods Scientifically Proven to Prevent and Reverse Disease