

One Nation Under Therapy How The Helping Culture Is Eroding Self Reliance

Documents the author’s experiences with adopting a Saint Bernard, his observations about how the multi-billion-dollar pet-care industry has grown, and what an increasing demand for luxury pet products reveals about America.

The renowned historian and cultural critic provides an eye-opening study of the dichotomy in American society--one a conservative, Puritan influence and the other based in the counterculture of the 1960s--examining their influence on family, religion, law, values, and political life. Reprint. 12,500 first printing.

Reviewers of this book have praised Christina Hoff Sommer’s well-reasoned argument against many feminists’ reliance on misleading, politically motivated ‘facts’ about how women are victimised.

This delightful book offers a wide and enticing range of gorgeous designs and scenes for you to color in and make your own. The images and patterns of flora and fauna provide a relaxing way to explore the artist inside you. By following your creative instincts, you will de-stress your mind and body and be rewarded with a portfolio of beautiful finished artworks.

The Ball Doctrine

How Women Have Betrayed Women

Modern Methods Based on Traditional Teachings of Human Structure and Function

On the Ground with the American Military, from Mongolia to the Philippines to Iraq and Beyond
Hope, Health and Happiness

Stress. Everyone is talking about it, suffering from it, trying desperately to manage it--now more than ever. From 1970 to 1980, 2,326 academic articles appeared with the word "stress" in the title. In the decade between 2000 and 2010 that number jumped to 21,750. Has life become ten times more stressful, or is it the stress concept itself that has grown exponentially over the past 40 years? In One Nation Under Stress, Dana Becker argues that our national infatuation with the therapeutic culture has created a middle-class moral imperative to manage the tensions of daily life by turning inward, ignoring the social and political realities that underlie those tensions. Becker shows that although stress is often associated with conditions over which people have little control--workplace policies unfavorable to family life, increasing economic inequality, war in the age of terrorism--the stress concept focuses most of our attention on how individuals react to stress. A proliferation of self-help books and dire medical warnings about the negative effects of stress on our physical and emotional health all place the responsibility for alleviating stress--through yoga, deep breathing, better diet, etc.--squarely on the individual. The stress concept has come of age in a period of tectonic social and political shifts. Nevertheless, we persist in the all-American belief that we can meet these changes by re-engineering ourselves rather than tackling the root causes of stress. Examining both research and popular representations of stress in cultural terms, Becker traces the evolution of the social uses of the stress concept as it has been transformed into an all-purpose vehicle for defining, expressing, and containing middle-class anxieties about upheavals in American society.

8. Retelling the stories from Okanagan elders, the author begins in Wenatchee, WA and follows the trail now known as Highway 97 heading north into British Columbia, Canada. The book is arranged as if the author is traveling with you on your adventure through time, including stories of places and events as seen through the eyes of the native settlers of the area.

Remnants of the Storm Lost in a forgotten part of antebellum Mississippi lays an ancient treasure of mythical proportions. America is tearing itself asunder. The issues of slavery and state's rights have divided the fledgling nation and only war will resolve the future of the North American continent. Half a world away, France under Emperor Napoleon III dominates the European mainland, but a hidden threat lies right next door. A potentially new and powerful German nation is awakening, a nation seeking vengeance. Cast into these events, Corporal Gunther Schroeder, a young Union soldier whose health experience at Shiloh has persuaded him to join an elite force of Raiders under the famous General Grierson. Their mission: go behind enemy lines to disrupt Confederate General Pemberton's forces and lay the groundwork for the takedown of Vicksburg, the Gibraltar of the South. Lieutenant Jacob Parker, a Confederate soldier who has the knack of being at the right place at the right time. Serving as courier and scout, his skills at getting the most valued of secrets to the right people are legendary and crucial to the South's very survival. The "Widow" Maria La Blotte, she is a woman of supreme intelligence and cunning; a mysterious and beautiful French woman of royal pedigree. She seeks the massive treasure which will save her country and dynasty from impending doom, and she and her agents will stop at nothing to get it. Centered on historical events, especially the Battle of Shiloh and Grant's Vicksburg campaign, Remnants of the Storm is the first book of a multi-generational series that weaves a tale of intrigue and adventure for the ages.

This book is a detailed depiction of the "cuts" that people incur or will incur over the course of their lives, and how those "cuts" subsequently shape their lives. (Cuts are hurts, experiences, tragedies, and/or various pains incurred). Unfortunately, people will inevitably incur hurts and pains in life, which most are beyond their own control. One simply cannot control what happens to them at the hands of another. People hurt other people. It's not so much the hurt that causes the problem, but more so the effects of the hurt. Oftentimes, people ignore the hurt. They try to live their lives as if the hurt never occurred. Many are oblivious to their deep hurt because they've mastered the art of disguising the pain. The problem ensues when the severely wounded people interact with others, then they subsequently inflict others with the residual hurt that they've been harboring. Because of this, many fail to realize that they've been "cut" and are in need of healing. The purpose of this book is to aid in identifying and healing cuts from one's life (including their past, present, or possibly their future), as these cuts will affect one's life in some regard. Oftentimes, people need healing to recover from some trauma or tragedy that they've endured, yet they're too afraid to ask for help. Many internalize their feelings, never properly articulating their mental anguish, ultimately forsaking the need and opportunity to heal. It's the lack of healing that causes people to hurt others or live unhappy lives. This book was written to aid people with identifying their hurt, their need for healing, and ultimately helping them to heal and subsequently live their best lives.

The Trouble with Stress as an Idea

The Way I Heard It

The First Cut Is the Deepest

The War Against Boys

Freedom Feminism

One Nation Under Therapy

When bad boy movie star Gary Maddox thinks his starlet girlfriend has cheated on him this alpha male wants pretty much everyone's head on a platter. He heads home to his family's estate to regroup and put his plans in action. But what happens when information comes to light that may prove her innocence? What would the hotshot leading man do to get even with the people who tried to destroy the one thing that means everything to him?

Demonstrates how the explanatory power of brain scans in particular and neuroscience more generally has been overestimated, arguing that the overzealous application of brain science has undermined notions of free will and responsibility.

Yes, you know that. Our Future What I am offering Maine is nothing that what others who have run for this position have offered. I have never wanted someone to be my voice, and I do not offer to be your. I am using this opportunity to shine light on the system that creates a stage for elites and keeps everyone else from having a voice. I am running for Governor of Maine to educate, and if we win, I am smashing the stage so everyone may have their voice heard equally. Our system is disenfranchising, falsely binary, oppressive, and fraught with contention and slavery. We can rise against this, we can continue on the same path. It has been the result of the American system that generation after generation left this nation (and the world) freer and more prosperous than the last. We cast off race-based slavery, we have destroyed the notion that one group should rule while the other obeys, we had built a nation of rights and freedom... but, we have backslidder. Our nation is not better off than it was a generation ago. We are in unprecedented debt, we have resurcated racism and sexism, we have instilled a class warfare, and we are being oppressed by fascism and authoritarians. Generation X and Millennials have less opportunity, less ability to grow and flourish, and less unity than our grandparents. We have been slowly taken over by a rotting infestation of cronies, puppet masters, propagandists, and dictators. As our nations become more centralized, Maine can stand in opposition. We have an opportunity to demonstrate what America has lost. Maine has strong educators, doctors, nurses, social workers, counselors, laborers of all types, and most respectably, we have strong work and moral ethics. Our State has diversity and a will to surpass obstacles and be revealed across the nation and world. We need the will to see an opportunity through the despair. By continuing what we do best, by growing rather than contracting, by embracing innovation and adaptation rather than antiquity and failed ideas, we can guide America back to prosperity. Maine can be the economic engine of tomorrow's America. Through this book, we have covered Education, Healthcare, ideological spectrums, Corrections, Rehabilitation, Culture, Community, politics, Economics, Energy, business, debt, governance, and a slew of other topics. Through this journey, we have delved into what keeps us from growth, how we can overcome oppressing obstruction, and what we could do to drop the shackles and pick up prosperous freedom. Reaching a better future for everyone takes change. Change is not always easy; change is often coupled with fear. We need not fear the future and change when we can be so positively impacted. When we decide to swallow our fear and move toward a better future, we will be unstoppable. I am applying for a job: the executive position of our State of Maine. This is your choice, your voice, our future. Richard Lee Light

American doctors dispense approximately 230 million antidepressant prescriptions every year, more than any other class of medication. Charles Barber explores this disturbing phenomenon, examining the ways in which pharmaceutical companies first create the need for a drug and then rush to fill it. Most importantly, he convincingly argues that, without an industry to promote them, non-pharmaceutical approaches are tragically overlooked in favor of an instant cure for all emotional difficulties.Compulsively readable and urgently relevant, Comfortably Numb is an unprecedented account of the impact of psychiatric medications on American culture and on Americans themselves.

A History of the Separation of the United States Into Two Independent Republics in 2029

Your Choice, Your Voice, Our Future

The Calm Coloring Book

Bees in Amber

Imperial Grunts

Winterhawk's Land

Americans have traditionally placed great value on self-reliance and fortitude. In recent decades, however, we have seen the rise of a therapeutic ethic that views Americans as emotionally underdeveloped, psychically frail, and requiring the ministrations of mental health professionals to cope with life’s vicissitudes. Being “in touch with one’s feelings” and freely expressing them have become paramount personal virtues. Today-with a book for every ailment, a counselor for every crisis, a lawsuit for every grievance, and a TV show for every conceivable problem-we are at risk of degrading our native ability to cope with life’s challenges. Drawing on established science and common sense, Christina Hoff Sommers and Dr. Sally Satel reveal how “therapism” and the burgeoning trauma industry have come to pervade our lives. Help is offered everywhere under the presumption that we need it: in children’s classrooms, the workplace, churches, courtrooms, the media, the military. But with all the “help” comes a host of troubling consequences, including:
* The myth of stressed-out, homework-burdened, hypercompetitive, and depressed or suicidal schoolchildren in need of therapy and medication
* The loss of moral bearings in our approach to lying, crime, addiction, and other foibles and vices
* The unasked-for “grief counselors” who descend on bereaved families, schools, and communities following a tragedy, offering dubious advice while billing plenty of money
* The expansion of Post-Traumatic Stress Disorder from an affliction of war veterans to nearly everyone who has experienced a setback
Intelligent, provocative, and wryly amusing, One Nation Under Therapy demonstrates that “talking about” problems is no substitute for confronting them.

One Nation Under TherapyHow The Helping Culture Is Eroding Self-RelianceMacmillan

A critical exploration of what the author believes to be an alarming reduction of personal accountability in America argues that the therapy industry is directly related to rising levels of crime, addiction, mental illness, and lawsuit filing, challenging popular beliefs about stress management and public grief counseling. Reprint. 40,000 first printing.

It is well known that American culture is a dominant force at home and abroad; our exportation of everything from movies to junk food is a well-documented phenomenon. But is it possible America's most troubling impact on the globalizing world has yet to be accounted for? In Crazy Like Us, Ethan Waters reveals that the most devastating consequence of the spread of American culture has not been our golden arches or our bomb craters but our bulldozing of the human psyche itself. We are in the process of homogenizing the way the world goes mad. America has taken the lead in modern mental health treatments and modern theories of the human psyche. We export our psychopharmaceuticals packaged with the certainty that our biomedical knowledge will relieve the suffering and stigma of mental illness. We categorize disorders, thereby defining mental illness and health, and then parade these seemingly scientific certainties in front of the world. The blowback from these efforts is just now coming to light: It turns out that we have not only been changing the way the world talks about and treats mental illness -- we have been changing the mental illnesses themselves. For millennia, local beliefs in different cultures have shaped the experience of mental illness into endless varieties. Crazy Like Us documents how American interventions have discounted and worked to change those indigenous beliefs, often at a dizzying rate. Over the last decades, mental illnesses popularized in America have been spreading across the globe with the speed of contagious diseases. Waters travels from China to Tanzania to bring home the unsettling conclusion that the virus is us: As we introduce Americanized ways of treating mental illnesses, we are in fact spreading the diseases. In post-tsunami Sri Lanka, Waters reports on the Western trauma counselors who, in their rush to help, inadvertently trampled local expressions of grief, suffering, and healing. In Hong Kong, he retraces the last steps of the teenager whose death sparked an epidemic of the American version of anorexia nervosa. Waters reveals the truth about a multi-million-dollar campaign by one of the world's biggest drug companies to change the Japanese experience of depression -- literally marketing the disease along with the drug. But this book is not just about the damage we've caused in faraway places. Looking at our impact on the psyches of people in other cultures is a gut check, a way of forcing ourselves to take a fresh look at our own beliefs about mental health and healing. When we examine our assumptions from a farther shore, we begin to understand how our own culture constantly shapes and sometimes creates the mental illnesses of our time. By setting aside our role as the world's therapist, we may come to accept that we have as much to learn from other cultures' beliefs about the mind as we have to teach.

Into the Team

The High Cost of Invasive Parenting

One Nation Under Dog

The Great Separation

An Application for Maine's Governorship 2018

Tree of Life

Yoga therapy holds the key to effectively addressing stress and lifestyle diseases. Conventional medicine is useful for alleviating symptoms, but yoga therapy that is grounded in traditional theory identifies and addresses causes deeper than the physical body. Yoga therapy practices build resistance to stress and increase resilience. Kasuo Keishin Kimura is a Raja Yoga Acharya who has devoted himself to making traditional yogic wisdom accessible in Japan. With this English translation of his book, he hopes to contribute internationally to yoga therapy's development as a respected modality. In this book, Kimura points out how traditional yoga theory is missing from modern-day yoga instruction. He then explains traditional yoga's view of the mind-body complex as five koshas (sheaths), each with specific functions and attributes. Just as medical doctors examine patients before deciding on treatment, yoga therapists must obtain informed consent and assess the conditions of all koshas. Understanding yoga's horse-drawn chariot metaphor for human structure and function is also helpful to see beyond symptoms and to identify root causes of disease. Kimura skillfully guides readers to understand these two theories of human structure and function, and illustrates how they can be incorporated into both yoga therapy assessment and practice. Michael Dante played the title role in Winterhawk (1975), a Western about a legendary Blackfoot Chief's character and his principles. In this novella sequel, he pens an ageless saga about ruthless railroad executives trying to assassinate him in order to build their railroad directly through his territory, taking the Blackfoot land without provocation. Winterhawk and his tribe remain strong as long as they can, to protect the land of their people, the land they call home, before the invasion of progress imposes itself on America. This inspiring story of a brave man, who stands up to and fight against those who have their own agenda for his land, evokes the nostalgic atmosphere of Western series that Dante frequently appeared in during American television's Golden Era, such as Death Valley Days, The Big Valley, Daniel Boone, Custer, The Texan, Bonanza, Maverick, and Cheyenne.

Crazy Like Us documents how the United States finally split into two independent republics in 2029, and its aftermath. The topic is so sensitive, that its futuristic author must be identified merely as John Doe, Ph.D. Dateline: 2029. The “One Nation, Indivisible,” finally divides. → A political satire. Bizarre military history: In 1979, a crack commando unit was established by the most gifted minds within the U.S. Army. Defying all known laws of physics and accepted military practice, they believed that a soldier could adopt the cloak of invisibility, pass cleanly through walls, and-perhaps most chillingly-kill goats just by staring at them. They were the First Earth Battalion, entrusted with defending America from all known adversaries. And they weren't joking. What's more, they're back-and they're fighting the War on Terror. An uproarious exploration of American military paranoia: With investigations ranging from the mysterious “Goat Lab,” to Uri Geller's covert psychic work with the CIA, to the increasingly bizarre role played by a succession of U.S. presidents, this might just be the funniest, most unsettling book you will ever read-if only because it is all true and is still happening today.

One Nation Under Stress

Brainwashed

Eight Cultural Stories That Shape Our Lives

Be Assertive! Be Your Authentic Self!

Rare Earths

Remnants of the Storm

Two stolen Pakistani nuclear bombs, a conspiracy to manipulate the global market in rare earths and a plot to assassinate the President of the United States. It's going to be a busy week for Ali Monpour, special investigator for the National Security Advisor.Rare Earths is a fast-paced political thriller ripped from today's headlines! Action and intrigue intertwine from the deserts of Balochistan to the halls of power in Washington, D.C.

In Alienation Nation, James LaFond, the author of over 10 books and 300 articles on urban survival, offers a guide to defining and surviving our dystopian now. As a committed Darwinist LaFond offers no societal solutions and advocates no political action, but rather offers a path to living below the political and criminal horizon (which he insists are one in the same) and adopting a practical view of violence and society toward the end of developing sustainable countermeasures that will permit you to avoid and survive crime without falling into the clutches of the judicial system.

Women s equality is one of the great achievements of Western civilization. Yet most American women today do not consider themselves feminists. Why is the term that describes one of the great chapters in the history of freedom in such disrepute? In Freedom Feminism: Its Surprising History and Why It Matters Today, Christina Hoff Sommers seeks to recover the lost history of American feminism by introducing readers to conservative feminism s forgotten heroines. More importantly, she demonstrates that a modern version of conservative feminism in which women are free to employ their equal status to pursue happiness in their own distinctive ways holds the key to a feminist renaissance. “Freedom Feminism” is a primer in theValues & Capitalism seriesintended for college students.

A fascinating, unprecedented first-hand look at the soldiers on the front lines on the Global War on Terror. Plunging deep into midst of some of the hottest conflicts on the globe, Robert D. Kaplan takes us through mud and jungle, desert and dirt to the men and women on the ground who are leading the charge against threats to American security. These soldiers, fighting in thick Colombian jungles or on dusty Afghanai plains, are the forefront of the new American foreign policy, a policy being implemented one soldier at a time. As Kaplan brings us inside their thoughts, feelings, and operations, these modern grunts provide insight and understanding into the War on Terror, bringing the war, which sometimes seems so distant, vividly to life.

Late Bloomer

The Seductive Appeal of Mindless Neuroscience

The Globalization of the American Psyche

How Psychiatry Medicated a Nation

Creating Peace & Prosperity in Every Nation!

Yoga Therapy Theory

Here in a nutshell is all you will ever need to transform your dreams into reality. You will learn how, through self-understanding and a simple change of perspective, you could achieve your destiny. If you follow the steps indicated here, this book will change your life!

Since Maria Gomori first met and studied with Virginia Satir in 1968, she has worked tirelessly around the world to fulfill Satir's dream of changing the world "one family at a time." In Satir Family Therapy in Action, Maria presents five varied and impactful cases from a family therapy teaching project conducted in China in 2011 and 2012. Testament to the universality of underlying issues in cultures across the globe, the sessions will be inspirational both to parents and families and to practitioners and students. They are masterclasses in the art of family therapy, demonstrating Maria's firm belief that change in families is always possible. Satir Family Therapy in Action also contains two personal essays, one on the life and pioneering work of Virginia Satir, another on Maria's own involvement in the development of Satir's work in North America, Asia, and around the world. To honor his father, young footballer Todd Mackerson commits to his goal of playing for a professional team. When, at the age of 20, he is offered a place to train with one of England's biggest clubs, he leaves home convinced his dream is within reach. Being warned by his new team mates of the tough rules and hard training routines, Todd is undeterred. But when he discovers that the player's way of bonding borders on the sexual, and that he must learn to accept the erotic affections that connect the team together, he wonders how far he can go for his dream. But, after experiencing the care and attention men can give to each other, Todd feels awakened. Learning that each player has a special "partner" on the team, who they play and bond with as intimately as lovers, Todd becomes fascinated with the idea. And when he develops feelings for one player in particular, he discovers how a stronger kind of connection than that between two men -- can be pure and powerful enough to bring magic and success on the pitch.

A man named Jesus, whom is considered the Christ by countless people around the world to this day, lost his life at the hands of barbarians while residing in Canaan, where he devoted his life to making those around him aware they had the potential to become gods. Despite the accumulation of so many technological innovations over the past two millennium that were supposed to ease the daily hardship of people everywhere, so more time could be devoted to pursuits that cultivate the mind, evidence indicates that the size of the Homo-sapien brain, male and female alike, has persistently decreased over this passage of time. The pain, and suffering, endured by Jesus was supposed to serve as a wake up call to the savages in his midst, and the generations to follow, that they had much to learn about what he means to them, as we see amply evidence of to this very day.

Satir Family Therapy in Action

Crazy Like Us

Surviving Cultural Free Fall

Hidden Worldviews

Love Is the Nature of Existence

Identifying and Healing "Cuts" That Shape Our Lives

How many times have you told yourself quit being such a PUSHOVER and stand up for what you really think and believe? Why don't you just speak up already? Are you fed up with pleasing others or settling for what you get instead of going for what you really want and need? Can you imagine how freeing and amazing it would be to get your power back and daring to be who you genuinely are? Are you looking for a straightforward and easy way to improve your self-esteem, reduce your self-criticism, feel better about yourself and have a healthier and happier life? If it sounds familiar then I urge you to keep reading. You are about to discover Be Assertive!! This is not another book that gives you a plaster to put on the problem. This is a clear-cut cognitive behavioural therapy workbook that will help you become a more empowered and assertive individual, as well as, strengthen your self-esteem. It confronts the issue head on, asks you hard questions and reveals the true core source of your unassertiveness. By identifying and understanding the key psychological barriers that prevent you from acting assertively, challenging them directly and applying the newly learned strategies, you will be able to achieve permanent solutions. It will take allot of motivation, energy, courage and hard work to create a change in your life but it is indisputably worth it. You may ask yourself: What are the Benefits of reading Be Assertive!! Be your authentic self!! 1.Developing practical and constructive strategies/skills that will improve your communication style, recapture a sense of control over your life and help you cope better with difficult situations in the present and the future. 2.Being able to communicate and express your own authentic unique self. 3.The dismantling of your inner bully and self-defeating behaviours will help you achieve your potential and a happier and more fulfilled life. 4.Learning to challenge your daily negative thoughts will change and improve your emotions, behaviours, physical and psychological well-being and add balance to your life. 5.The strengthening and the enhancement of your personal strengths, as well as, changing the way you think about yourself and others will enable you to achieve personal growth. 6.Attaining a better understanding and acceptance of yourself. 7.Bonus- introducing self-compassion to your life This is your chance to live the life you truly desire and deserve. Go for it! and Buy your copy now!

An updated and revised edition of the controversial classic--now more relevant than ever--argues that boys are the ones languishing socially and academically, resulting in staggering social and economic costs. Girls and women were once second-class citizens in the nation's schools. Americans responded w ith concerted efforts to give girls and women the attention and assistance that was long overdue. Now, after two major waves of feminism and decades of policy reform, women have made massive strides in education. Today they outperform men in nearly every measure of social, academic, and vocational well-being. Christian Hoff Sommers contends the 1970s time of the present and recognize that boys need help, called " . . . impassioned and angry" ("The Christian Scien. (f" (winter), this edition of "The War Against Boys" offers a new preface and radically revised chapters, plus updates on the current status of boys throughout the book. Sommers argues that the problem of male underachievement is persistent and worsening. Among the new topics Sommers tackles: how the war against boys is harming our economic future, and how boy-averse trends such as the decline of recess and zero-tolerance disciplinary policies have turned our schools into hostile environments for boys. As our schools become more feelings-centered, risk-averse, competition-free, and sedentary, they move further and further from the characteristic needs of boys. She offers realistic, achievable solutions to these problems that include boy-friendly pedagogy, character and vocational education, and the choice of single-sex classrooms. "The War Against Boys" is an incisive, rigorous, and heartfelt argument in favor of recognizing and confronting a new reality: boys are languishing in education and the price of continued neglect is economically and socially prohibitive.

Argues that the therapy industry is directly related to rising levels of crime, addiction, mental illness, and lawsuit filing, challenging popular beliefs about stress management and public grief counseling.

Carol Tyler has been a professional (and highly acclaimed) cartoonist for over 20 years, appearing in such venues as Weirdo, Wimmen's Comix, and Drawn & Quarterly magazine. But over the years her status as a working mother has drastically curtailed her ability to set aside time for her cartooning. Thus each rare new story from her pen has been greeted with hurrahsas well they should be, because she's one of the most skillful, caustic, and emphatic cartoon storytellers of her generation. This new book presents the biggest, richest and most delightful collection of Tyler's work to date featuring many new and previously unpublished works. p.p1 [margin: 0.0px 0.0px 0.0px; font: 13.9px Arial; color: #424242]

Fervor

Comfortably Numb

One Nation Under Surveillance

A New Social Contract to Defend Freedom Without Sacrificing Liberty

A Nation of Wimps

One Nation, Two Cultures

What limits, if any, should be placed on a government's efforts to spy on its own citizens in the interests of national security? By reframing the relationship between privacy and security One Nation Under Surveillance offers a framework to defend freedom without sacrificing liberty.

Steve Wilkens and Mark Sanford show how to detect the individualism, consumerism, nationalism, moral relativism, scientific naturalism, New Age thinking, postmodern tribalism and salvation as therapy that fly under our radar. Building on the work of worldview thinkers like James Sire, this book helps those committed to the gospel story recognize those rival cultural stories that compete for our hearts and minds.

Reproduction of the original: Bees in Amber by John Oxenham

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you.. You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure!" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"

A Little Book of Western Verse

How Misguided Policies are Harming Our Young Men

Who Stole Feminism?

Remember Who You Truly Are

Its Surprising History and why it Matters Today

Adventures in the New World of Prozac-Popping Puppies, Dog-Park Politics, and Organic Pet Food

THE BALL DOCTRINE: "Creating Peace & Prosperity In Every Nation!" is a game changer for the Nation & World. Author & 2016 American Party Presidential Candidate, Dennis Andrew Ball artfully addresses the problems & issues of our time with important solutions to cause a change for the betterment of the traditional family structure for the Nation & the World!

Examines the link between overparenting and the resulting generation of dependent, medicated, and emotionally fragile children, demonstrating how over-involvement by parents is causing all kinds of problems, from binge drinking and self-mutilation to violent and impulsive behavior, and offers advice on balancing control and freedom to foster children's coping skills. 35,000 first printing.

Drawing on a wealth of information PC, M.D. documents for the first time what happens when the tenets of political correctness--including victimology, multiculturalism, rejection of fixed truths and individual autonomy--are allowed to enter the fortress of medicine.

Many years earlier, Sri Aurobindo had written The Human Cycle: The objective view of society has reigned throughout the historical period of humanity in the West; it has been sufficiently strong though not absolutely engrossing in the East. Rulers, people, and thinkers alike have understood by their national existence a political status, the extent of their borders, their economic well-being and expansion, their institutions and the working of these things. For this reason political and economic motives have everywhere predominated on the surface and history has been a record of their operations and influence. The one subjective and psychological force consciously admitted and with difficulty damiable has been that of the individual. This predominance is so great that most modern historians and some political thinkers have concluded that objective necessities are by law of Nature the only really determining forces; all else is result or superficial accidents of these forces. Scientific history has been conceived as if it must be a record and appreciation of the environmental motives of political action, of the play of economic forces and developments and the course of institutional evolution. The few who still valued the

psychological element have kept their eye fixed on individuals and are not far from conceiving of history as a mass of biographies. The truer and more comprehensive science of the future will see that these conditions only apply to the imperfectly self-conscious period of national development. Even then there was always a greater subjective force working behind individuals, policies, economic movements and the change of institutions; but it worked for the most part subconsciously, more as a subliminal self than as a conscious mind. This book is an attempt to write the history of India from the subjective viewpoint, without in any way distracting from the external events; on the contrary, it will enhance greatly and give meaning to the objective narration of external events that took place. The Indian people are by nature subjective in their approach to life; the stress in India has always been more on the inside than on the outside. This inwardness has been one of the striking features of Indian culture. An India without the great Vedic and Upanishadic scriptures and the spiritual personalities of Rama and Krishna would not be India any more. A study and appreciation of Indian history, therefore, demands more particularly a subjective understanding and appreciation. It may even be said that the study of Indian history demands an approach that values the impact of the highest truths and thought found in India's greatest scriptures, literature and mythology as well as the influence of the ideals lived and taught by Rama, Krishna, Buddha and a long list of Rishis and Saints. The impact of such inner forces in shaping the outer history of India is thus a key topic of inquiry for this book. Secondly, it is evident to serious thinkers that all human behaviour, whether on the individual or the collective plane, is the direct consequence of the inner psychological state. In this book an attempt has been made to interpret the events of Indian history from a psychological point of view. This does not mean that external events are any less important; rather they gain greater importance when seen in the light of the inner psychological vision and deeper forces behind them. The significance of external events lies in the meaning that a true subjectivism and an inward approach to knowledge alone can give. One of the most powerful subjective forces in history has been that of the individual. There have been times in the history of a nation when events have revolved around an individual personality. This book lays much stress on the impact of individual personalities.

P. C. M. D.

How the Helping Culture Is Eroding Self-Reliance

History of India

Alienation Nation

The Men Who Stare at Goats