

Working With Adolescents Book By Guilford Press

Two clinical social workers offer clinicians, educators, coaches, and other youth counselors the first professional book that focuses on engaging authentically with teens in order to create lasting change. Anyone who works with teens should read this book. If you work with teens, you know they are notoriously challenging to communicate with. And when teens are resistant to help, they may respond by acting defiant, guarded, defensive, rude, or even outright hostile. In turn, you may respond by reasserting your authority—resulting in an endless power struggle. So how can you break the cycle and start connecting? In What Works with Teens, you'll discover the core skills that research shows underlie all effective work with teens. You'll learn how to engage authentically with teens, create an atmosphere of mutual respect, and use humor to establish a deeper connection. Many books offer evidence-based approaches to treating teens, but very little information on how to establish and maintain a productive working relationship. This is the first trans-therapeutic book to provide real tools for creating a positive relationship with teens to help bolster effective treatment. Whether your background is in cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), acceptance and commitment therapy (ACT), psychotherapy, or any other treatment background, if you are looking for more effective ways to connect with teens and are ready for a program that really works, this book is a vital addition to your professional library.

In Massachusetts, a 12-year-old girl delivering newspapers is killed when a car strikes her bicycle. In Los Angeles, a 14-year-old boy repeatedly falls asleep in class, exhausted from his evening job. Although children and adolescents may benefit from working, there may also be negative social effects and sometimes danger in their jobs. Protecting Youth at Work looks at what is known about work done by children and adolescents and the effects of that work on their physical and emotional health and social functioning. The committee recommends specific initiatives for legislators, regulators, researchers, and employers. This book provides historical perspective on working children and adolescents in America and explores the framework of child labor laws that govern that work. The committee presents a wide range of data and analysis on the scope of youth employment, factors that put children and adolescents at risk in the workplace, and the positive and negative effects of employment, including data on educational attainment and lifestyle choices. Protecting Youth at Work also includes discussions of special issues for minority and disadvantaged youth, young workers in agriculture, and children who work in family-owned businesses.

Rosemarie Smead presents strategies for selecting children for participation in group guidance and counseling, shows how to conduct sessions, and identifies successful techniques for group counseling.

This work examines the way in which personality and identity of the pupil is shaped by his or her experiences in school. The text considers the way in which teachers in secondary schools are working, and to some extent living, with adolescent pupils for the majority of time in their weekday waking lives. The book examines: to what extent teachers provide both positive and negative role models for pupils to follow; the factors restricting the ability of teachers to teach effectively; and conversely, what factors work to their advantage.; The text provides an overview of the debates and research into areas of: teaching children about controversial subjects such as sex and drugs; gender differences; identities; peer groups; relations with adults; and beliefs and values.

***An Evidence-based Approach to Risk and Resilience
The Elements of Counseling Children and Adolescents
Working with High-Risk Adolescents
A Practical Treatment Guide
Internet Addiction in Adolescents
OCD in Children and Adolescents
A Clinician's Guide***

Working with Relational and Developmental Trauma in Children and Adolescents focuses on the multi-layered complex and dynamic area of trauma, loss and disrupted attachment on babies, children, adolescents and the systems around them. The book explores the impact of relational and developmental trauma and toxic stress on children's bodies, brains, relationships, behaviours, cognitions, and emotions. The book draws on a range of theoretical perspectives through reflective exercises, rich case studies, practical applications and therapeutic strategies. With chapters on wider organisational and systemic dynamics, strength-based practices and the intergenerational transmission of relational trauma, Karen Treisman provides a holistic view of the pervasive nature and impact of working with trauma. Working with Relational and Developmental Trauma in Children and Adolescents will be of interest to professionals working with children and families in the community, in-patient, school, residential, and court-based settings, including clinical psychologists, psychiatrists, social workers, teachers, and students.

Every therapist knows that adolescents are difficult and challenging clients.

Drawing on years of experience working with adolescents, Cossa provides a tried-and-tested model for working with adolescents in groups. Utilizing techniques found in psychodrama,

sociodrama, drama therapy and sociometry, Cossa offers step-by-step guidelines on running a group development program and summarizes in easy-to-understand language. In recent years, there has been an explosion in the number of children and young people who diagnose themselves as gender dysphoric, or trans. In the UK, and worldwide, there is a growing tendency to refer them on to 'specialist gender services' almost as soon as they express any confusion or distress about their biological sex or gender identity. Due to the rapidly rising numbers and various pressures on the system, patients are increasingly likely to be offered life-altering medication and/or surgical treatments, often with little exploration of their emotional world. As so little is yet known or understood regarding this increase in gender incongruent patients, it seems precipitous to proceed onto physical treatments before any assessment work is undertaken. Many who present as gender dysphoric have complex needs with comorbid problems such as autism, histories of abuse or trauma, social phobias, depression, eating disorders, and other mental health symptoms. Therefore, all aspects of the individual's life deserve thorough assessment and therapeutic work. This book is aimed primarily at clinicians working in the field to provide a model for understanding, assessing, and treating gender dysphoria. The model uses a psychoanalytic framework to help explain disturbed states of mind and how psychic defences can be enlisted unconsciously to avoid overwhelming psychic pain. This offers professionals a way of trying to think with, and offer understanding to, their trans identifying clients. Clinical examples are given to illustrate these processes and promote the understanding of transgender children, adolescents, and young people and their internal worlds, their thinking, and their interpersonal relationships. As well as clinical exploration and understanding, the book includes an overview of the current political, social, and clinical environments which have all impacted on the clinical care of trans identifying individuals. As well as professional and trainee clinicians, this book might also prove useful to parents, other professionals, and possibly the gender dysphoric person too.

Protecting Youth at Work

Power and Compassion

What Works with Teens

A Review of Research on the Effectiveness of Psychotherapy

Working with Adolescents Using Action Techniques

The Pro-Active Approach

A Collaborative, Strengths-based Therapy Approach

This work provides an introduction to the field of adolescent group work, with numerous illustrations from actual group sessions, this book provides principles and guidelines for work in a range of settings.

Adolescent violence and abuse towards parents is increasingly recognised as a global problem. Inverting how we normally understand power to operate in abusive relationships, it involves actors who cannot easily be categorised as victims or perpetrators, and often impacts families who are experiencing multiple stressors and hardships and may be experiencing other forms of family abuse. This unique book draws on an international selection of contributors to identify, present and explore what we know about what works when supporting these families. Exploring conceptual and theoretical challenges produced by this emerging social problem: Part 1 discusses some well-established intervention approaches and programmes, looking at their theoretical base and relevant assessment, delivery and evaluation issues. It provides readers with a theoretical framework and toolkit for use in their own intervention work. Part 2 presents examples of innovative practice, with an emphasis on diverse institutional settings, geographical locations and other important contexts that shape practice. It provides readers with an understanding of some of the complexities involved in this kind of intervention work, offering tools and strategies to be applied in their own work. This interdisciplinary guide provides an essential resource for students and practitioners with an interest in domestic and family violence, youth studies, child protection, drug and alcohol work, and youth justice from a wide range of professional backgrounds.

In recent years there has been an increased emphasis on improving our understanding of factors that contribute to the development of child and adolescent mental health problems. This is important in order to help efforts at prevention and to inform clinical practice. Working with Children and Adolescents reflects current worldwide knowledge about different types of risk and resilience factors for child psychopathology, ranging from the biological to the psychosocial. It provides expert views supported by empirical evidence and it addresses implications for clinical practice in different settings. Contributors to this volume present the most relevant and up-to-date topics within their subject. Each chapter provides useful clinical examples, appraises critically the evidence in relation to these examples, underlines areas where evidence is lacking and highlights the relevance of findings for psychopathology as seen in clinical practice. Authors comment on resilience factors here understood as both the absence of risk or as the presence of factors that have a protective psychological effect.

Interpersonal psychotherapy for adolescents (IPT-A) is a comprehensive guide for clinicians. It will enable readers to add IPT-A to their clinical repertoire or to deepen their existing practice of IPT-A, using a time-limited, evidence-based intervention that is engaging for young people. The guide outlines the structure, skills, and techniques of IPT-A, utilising real-life encounters in the therapy room that reflect the diverse nature of adolescents and young adults who present for therapy. It provides the reader with a bird's-eye view of how IPT-A works. It expands the range of IPT-A clinical tools, techniques, and models to assist the reader to work effectively with a wide range of clients. The book provides a new protocol for the psychological assessment of young people, acknowledging the importance of culture and spirituality alongside the biological, psychological, and social dimensions that have previously comprised assessment. The importance of the clinician forming a transitory attachment relationship with the client is emphasised throughout. The target audience for this book is mental health clinicians, including psychologists, psychiatrists, social workers, mental health nurses, occupational therapists, general practitioners with a mental health focus, and students from these professions.

What Works for Whom?, Second Edition

Gender Dysphoria

What Works when with Children and Adolescents

Making it Their Own

Prevention and Intervention in School and Community Systems

The PROTECT Program for Evidence-Based Prevention and Treatment

Helping Kids Who Never Asked for Help in the First Place

When teenagers get out of control, understanding and negotiation often only make things worse. In this solid, no-nonsense guide to working with difficult adolescents and their families, Jerome A. Price makes a passionate case for rescuing parents from invalidation by a society that often views parents as the main cause of their children's problems. He shows how demoralized parents can be undermined by well-meaning professionals and other adults anxious to appear understanding, whose alliances with out-of-control adolescents create an invidious triangle. Recognizing that sometimes parents are victims, not victimizers, the author provides effective strategies to help families break free of self-defeating cycles of control and rebellion. The book delineates the levels and types of abusive behavior in adolescents, and outlines how parents can regain control by learning to be both more understanding and more decisive.

This book presents an innovative and empathic approach to working with traumatized teens. It offers strategies for getting through to high-risk adolescents and for building a strong attachment relationship that can help get development back on track. Martha B. Straus draws on extensive clinical experience as well as cutting-edge research on attachment, developmental trauma, and interpersonal neurobiology. Vivid case material shows how to engage challenging or reluctant clients, implement interventions that foster self-regulation and an integrated sense of identity, and tap into both the teen's and the therapist's moment-to-moment emotional experience. Essential topics include ways to involve parents and other caregivers in treatment.

Drama plays a crucial role in healthy human development and dramatherapy can be particularly effective in helping troubled children or adolescents. In this book, twelve contributors, writing from a range of international and theoretical perspectives, show how the dramatic element in people's lives plays its part in patterns of healthy and unhealthy development. They describe practical ways of using dramatherapy with both groups and individuals and demonstrate that dramatherapy is a strategy that works, helping to bring about change and creativity. *Dramatherapy with Children and Adolescents* will be invaluable to all professionals who work with children, including social workers, probation officers, nurses and teachers, as well as dramatherapists and play therapists.

This book is a valuable resource for directing the clinical reasoning of occupational therapy assistants as they prepare to provide services to children and adolescents. Divided into 4 sections, this book explains best-practice occupational therapy services based on knowledge about occupations, occupation based and non-occupation based conceptual models, and the occupational development of children and adolescents. Through the use of multiple vignettes and case studies, the occupational therapy assistants learn how to implement interventions for children and adolescents who are experiencing specific health and learning challenges. Reflection and application questions at the end of each chapter reinforce text content. Occupational therapy assistant

Development, Attachment, and the Therapeutic Relationship
Group Work with Adolescents

Working with Grieving and Traumatized Children and Adolescents

Dramatherapy with Children and Adolescents

A Handbook of Individual Counseling Techniques

Constructing identity

Mentalization-Based Treatment for Adolescents

The book does provide an excellent resource offering a holistic and flexible approach and a variety of techniques. These provide a useful toolkit of practitioners working closely with core readership is counsellors with young people. Though there are now many different kinds of counselling leading to qualification (and careful selection is necessary), there are few oriented towards counselling young people. *Counselling Adolescents* goes a good way towards filling that gap. It will be an effective support to the professional counselor working with young people. Many wonder how they functioned without it? - Youth & Policy

This book is a useful text for professionals with knowledge of counselling skills, and the ideas are well presented. It provides an opportunity to question my counselling skills, especially with regard to adolescents, and in so doing identify areas for progression and further training? - Emotional & Behavioural Difficulties in Children and Adolescents, Second Edition includes two new important chapters. The first discusses how counsellors can make use of adolescent communication processes. Counsellors who understand these processes are better equipped to connect with young clients. The second new chapter explores the way in which the psychotherapeutic process can promote change in adolescents. The authors, as counsellors of young people, these processes need to be fully understood. The book closes with practical case studies to show how counsellors can work pro-actively with adolescents to those working with emotionally distressed adolescents, and will provide an excellent resource for students and professionals working in a range of helping professions. When it comes to working with adolescents in a therapeutic setting, counsellors are divided. Some work exclusively with adolescents in a successful and fulfilling way, however, others find it difficult to work with them. *Counselling Adolescents*, Kathryn and David Geldard provide a practical introduction to the principles and practices required for successful counselling, to show that working with adolescents can be challenging and effective. The book is divided into three main parts, covering: - how to understand the adolescent as a person - the pro-active approach of working with adolescents - the strategies needed. TO READ A SAMPLE CHAPTER AND DOWNLOAD RESOURCES FROM THE BOOK PLEASE CLICK HERE

This innovative book focuses on helping high-risk adolescents and their families rapidly resolve long-standing difficulties. Matthew D. Selekman spells out a range of solution-focused techniques, illustrating their implementation with vivid case examples. His approach augments individual and family sessions with collaborative meetings that enlist the strengths of the support network and key helping professionals from larger systems. User-friendly features include checklists, sample questions to aid in relationship building and goal setting, and reproductions of

downloaded and printed in a convenient 8 1/2" x 11" size. Blending family therapy science with therapeutic artistry, the book significantly refines and updates the approach original Pathways to Change.

What Works with Children and Adolescents? fulfils the need for a concise, empirically-based study of the types of psychological treatments that may be effective for common psych and adolescence. Providing a solid foundation for evidence-based practice in the treatment of children and adolescents, the book offers evidence from over 150 rigorously conducted problems which are of central concern to practising clinicians - including child abuse, enuresis and encopresis, ADHD, childhood conduct problems, adolescent violence, drug abuse, anorexia and bulimia nervosa, paediatric pain, and post-divorce adjustment problems - it also highlights priority areas for future research on the treatment of children and adolescence. What Works with Children and Adolescents? complements The Handbook of Child and Adolescent Clinical Psychology (Carr, 2006), and will be valuable to professionals in training.

This book presents a new, evidence-based cognitive behavioral intervention for the prevention and treatment of Internet addiction in adolescents. It provides a comprehensive overview of research regarding phenomenology, diagnostics, epidemiology, etiology, and treatment and prevention of Internet addiction as a new behavioral addiction. The book is divided into two parts: the first part of the book explores various bio-psycho-social factors that contribute to the development and maintenance of symptoms in young individuals. Chapters in the second part of the book describe an intervention to reduce Internet addiction in adolescents. PROTECT aims to modify risk factors and maintenance factors, specifically, boredom and motivational problems, procrastination, anxiety, social anxiety and maladaptive emotion regulation. The PROTECT intervention is a low-intensity approach which uses comprehensive case examples in order to increase cognitive treatment motivation. In addition, PROTECT contains cognitive behavioral intervention techniques such as psychoeducation, behavior activation, cognitive restructuring, problem solving, and emotion regulation. Topics featured in this book include: Adolescence and development-specific features of Internet addiction. An overview of modifiable risk factors and maintenance factors. Environmental factors that affect the development of Internet addiction. Online and offline video gaming addiction. Social network addiction. Strategies that work in prevention and treatment of Internet addiction in Adolescents is a must-have resource for researchers, professors, clinicians and related professionals as well as graduate students in clinical child, school, and developmental psychology, and politics, and social work as well as related disciplines.

Teens in Therapy

What Works with Children and Adolescents?

The "OCD Is Not the Boss of Me" Manual

A Guide for the Occupational Therapy Assistant

Working With Adolescents

Principles and Practice

Skills and Techniques for Group Work with Children and Adolescents

From leading experts who have trained thousands of professionals in dialectical behavior therapy (DBT), this manual provides indispensable tools for treating adolescents with emotional or behavioral problems of any level of severity. Clinicians are guided step by step to teach teens and parents five sets of skills: Mindfulness, Distress Tolerance, Walking the Middle Path (a family-based module developed by the authors specifically for teens), Emotion Regulation, and Interpersonal Effectiveness. Designed for optimal clinical utility, the book features session outlines, teaching notes, discussion points, examples, homework assignments, and 85 reproducible handouts, in a large-size format for easy photocopying. Purchasers also get access to a Web page where they can download and print the reproducible materials. See also the authors' Dialectical Behavior Therapy with Suicidal Adolescents (with Marsha M. Linehan), which delves into skills training and other DBT components for those at highest risk.

Handbook of Interventions that Work with Children and Adolescents, considers evidence-based practice to assess the developmental issues, aetiology, epidemiology, assessment, treatment, and prevention of child and adolescent psychopathology. World-leading contributors provide overviews of empirically validated intervention and prevention initiatives. Arranged in three parts, Part I lays theoretical foundations of "treatments that work" with children and adolescents. Part II presents the evidence base for the treatment of a host of behaviour problems, whilst Part III contains exciting prevention programs that attempt to intervene with several child and adolescent problems before they become disorders. This Handbook presents encouraging evidence that we can intervene successfully at the psychosocial level with children and adolescents who already have major psychiatric disorders and, as importantly, that we can even prevent some of these disorders from occurring in the first place.

This book has been replaced by Working with Adolescents, Second Edition, ISBN 978-1-4625-4615-2.

Edgette proposes a unique approach to relating to adolescents in therapy. Focusing on establishing genuine and unaffected relationships between therapists and teens, this book offers techniques for clinicians who want to engage and connect with their adolescent clients. The goal is to bring about conversations that are candid and therapeutically effective so that teens and their

families can find dignified and durable solutions to their problems. Case examples and stories from Edgette's own practice illustrate how therapists can successfully navigate difficult encounters, avert power struggles, and avoid dead-end dialogues that bore teenage clients and stall treatment. Thorough and lucidly written, Adolescent Therapy That Really Works shows therapist how to become partners with their clients, maintain their authority while also drawing teens into comfortable conversation, and read body language and facial expressions to better convey understanding and respect. Every therapist who works with adolescents and their families will benefit from the wisdom, skill, and honesty exhibited in Edgette's therapeutic approach.

A Critical Review of Psychological Interventions with Children, Adolescents and their Families

Working and Growing Up in America

Approaches and Contexts for Intervention

Counseling Children and Adolescents

A Collaborative Strengths-Based Approach

Methods and Materials that Work

A Guide for Practitioners

Mentalization-Based Treatment for Adolescents (MBT-A) is a practical guide for child and adolescent mental health professionals to help enhance their knowledge, skills and practice. The book focuses on describing MBT work with adolescents in a practical way that reflects everyday clinical practice. With chapters authored by international experts, it elucidates how to work within a mentalization-based framework with adolescents in individual, family and group settings. Following an initial theoretical orientation embedded in adolescent development, the second part of the book illuminates the MBT stance and technique when working with young people, as well as the supervisory structures employed to sustain the MBT-A therapist. The third part describes applications of MBT-A therapies to support adolescents with a range of presentations. This book will appeal to therapists working with adolescents who wish to develop their expertise in MBT as well as other child and adolescent mental health professionals.

Noted for its multisystemic-ecological perspective, this accessible text and practitioner resource has now been revised and expanded with 60% new material. The book provides a comprehensive view of adolescent development and explores effective ways to support teens who are having difficulties. The authors examine protective and risk factors in the many contexts of adolescents' lives, from individual attributes to family, school, neighborhood, and media influences. Assessment and intervention strategies are illustrated with diverse case examples, and emphasize a social justice orientation. Useful pedagogical features include end-of-chapter reflection questions and concise chapter summaries. New to This Edition *Incorporates current research on brain development, resilience, gender diversity, mental health care, and more. *Chapters on new topics: the adolescent brain, trauma, and suicide and self-injury. *Fully rewritten chapters on substance use, queer youth, justice-involved youth, and the joys of working with adolescents. *Reflects the unique contexts and challenges facing Generation Z.

Counseling Children and Adolescents gives students the information they need to prepare for work in both school and clinical mental health settings (two CACREP--Council for Accreditation of Counseling and Related Educational Programs--specialty areas). This text includes not only content related to developmental and counseling theories but also information on evidence-based practices across the continuum of care, diagnosis and treatment of youth, and current trends such as integrated care, mindfulness, and neuroscience. Unique to this book are sections on both the instructional and behavioral Response to Intervention (RtI) model and PBIS, examples of evidence-based practices used across settings such as Student Success Skills, Check & Connect, and trauma-focused CBT, and a review of common mental health-related disorders most often seen in youth and treatment recommendations. Ethical and legal implications are infused throughout the book, as are CACREP learning outcomes. Instructors using this textbook can also turn to its companion website to access test questions for each chapter. Expansive and practical, Counseling Children and Adolescents fills a gap in counselor preparation programs and provides an important resource that can be used across specialty areas and coursework.

In this welcome follow-up and companion to her highly acclaimed *Clinical Work with Children*, Judith Mishne provides a comprehensive overview of the fundamentals of adolescent psychotherapy. Drawing on her own extensive experience and the work of other professionals, she offers a cogent analysis of the psychological disorders afflicting teens today and explores the range of dynamic treatment interventions available in clinical work with teenagers and their families. With an emphasis on the need for flexible, individualized planning for young patients, *Clinical Work with Adolescents* succinctly shows how clinicians can develop and follow a course of treatment in a variety of settings, from private outpatient therapy to residential programs. In addition, it outlines the various stages within the therapeutic process itself, analyzing the therapeutic alliance, transference and countertransference, the phenomena of resistance, typical defenses, "working through," and, finally, the termination of treatment. A comprehensive and thorough integration of theory and practice, *Clinical Work with Adolescents* is essential for both novice and experienced practitioners—as well as students—in understanding and successfully helping teenagers to cope with the difficult transition to adulthood.

Working with Adolescent Violence and Abuse Towards Parents

When Adolescents Can't Read

A Therapeutic Model for Working with Children, Adolescents and Young Adults

DBT® Skills Manual for Adolescents

Discovering What Matters Most Through Evidence-Based, Sensory Interventions

Treating Trauma in Adolescents

Working with Self-harming Adolescents

Inspired by the successful and time-tested “ Elements of ” format, this concise, accessible and flexible primer gives students in school counseling, school psychology, and child and family counseling/therapy essential, direct advice working with children and adolescent clients in both school and clinical settings.

This comprehensive handbook will be a major resource for all those involved in group work with children and adolescents. Bringing together the skills, practical experience and expertise of a wide range of contributors, it provides comprehensive analysis and practical guidance on all aspects of the subject under five broad headings: theoretical and practical issues, including structures and organisational aspects, conceptual frameworks and evaluation; developmental perspectives, including emotional development, empathy and prosocial development and the historical development of group psychotherapy; tools and techniques, including the use of play and games, art psychotherapy, relaxation, drama and interpretation; subjects and themes, including bereaved children, encopresis, victims and perpetrators of sexual abuse, young offenders and racial identity; and contexts and settings, including group work in schools, residential institutions, mental health services, youth services and therapeutic communities. The book will meet the needs of both beginners in the field, and those with experience.

In this book, Steven R Rose presents the concepts, context and applications of a problem-solving approach to group work with children and adolescents who suffer from a wide range of social problems. The book addresses issues associated with assessment, problem recognition, planning and composition, leadership and activities in a wide range of settings. Phases of group work, practice guidelines and evaluation are also thoroughly considered.

Counseling Children and Adolescents focuses on relationship building and creating a deep level of understanding of developmental, attachment, and brain-based information. Chapters place a clear emphasis on building strengths and developing empathy, awareness, and skills. By going beyond theory, and offering a strengths-based, attachment, neuro- and trauma-informed perspective, this text offers real-world situations and tried and true techniques for working with children and adolescents. Grounded in research and multicultural competency, the book focuses on encouragement, recognizing resiliency, and empowerment. This book is an ideal guide for counselors looking for developmentally appropriate strategies to empower children and adolescents.

Rebels with a Cause

Group Work with Children and Adolescents

A Critical Review of Treatments for Children and Adolescents

Working with Adolescents

Working with Relational and Developmental Trauma in Children and Adolescents

A Handbook

A Professional's Guide to Engaging Authentically with Adolescents to Achieve Lasting Change

One of society's critical education problems is adolescent students who can not read their grade level. Developed at the world famous Boy's Town in Nebraska to help students recover from reading deficits, the program in this book is used in Boy's Town institutions elsewhere and is increasingly being introduced into public and private schools.

Should teenagers have jobs while they're in high school? Doesn't working distract them from schoolwork, cause long-term problem behaviors, and precipitate a precocious transition to adulthood? This report from a remarkable longitudinal study of 1,000 students, followed from the beginning of high school through their mid-twenties, answers, resoundingly, no. Examining a broad range of teenagers, Jeylan Mortimer concludes that high school students who work even as much as half-time are in fact better off in many ways than students who don't have jobs at all. Having part-time jobs can increase confidence and time management skills, promote vocational exploration, and enhance subsequent academic success. The wider social circle of adults they meet through their jobs can also buffer strains at home, and some of what young people learn on the job--not least responsibility and confidence--gives them an advantage in later work life.

In a large-size format for easy photocopying, this user-friendly manual presents a tested treatment protocol for children and adolescents (ages 6 to 18) struggling with obsessive-compulsive disorder (OCD). Ten flexible modules give clinicians tools for engaging kids and their parents and implementing successful exposure and response prevention activities, as well as other cognitive-behavioral therapy (CBT) strategies. Each module includes vivid clinical vignettes, sample scripts, “tips and tricks” drawn from the authors’ extensive experience, and numerous reproducible child and parent handouts and worksheets. Purchasers get access to a Web page where they can download and print additional copies of the reproducible materials, in color.

Adolescent self-harming behavior is on the rise.

Working with Children and Adolescents

What Works with Children, Adolescents, and Adults?

Working with Adolescents, Second Edition

Adolescent Therapy That Really Works

Working with Difficult Adolescents and Abused Parents

Working in School and Clinical Mental Health Settings

Handbook of Interventions that Work with Children and Adolescents

This practical handbook is designed for counselors, social workers, and psychologists in schools and mental health settings. It offers over 100 creative activities and effective interventions for individual counseling with children and adolescents (ages 6-18). The activities include stories, songs, games, worksheets, role plays, and other strategies that address problems, such as anger, anxiety/worry, depression, underachievement, procrastination, perfectionism, self-downing, and acting out. The interventions, which are based on the principles of rational emotive behavior therapy, can be used for helping students with normal developmental issues as well as for helping those with more serious emotional or behavioral problems. Vernon provides strategies for establishing a therapeutic relationship with students who are sometimes apprehensive or opposed to counseling. Several case studies are included to help illustrate the counseling techniques and interventions. The book also includes a chapter on working with parents and teachers. An accompanying CD of all the reproducible forms and student handouts is included with the book.

Praise for Working With Grieving and Traumatized Children and Adolescents "This much-needed book effectively argues for the use of structured activities as the basis for exploring trauma-specific questions in clinical work with traumatized children and adolescents. Numerous examples of children's artwork enhance the book and illustrate the effectiveness of the treatment. The authors' methods have been used successfully for many years and represent a major contribution to the study of trauma that will be welcomed by both students and seasoned practitioners." —Nancy Boyd Webb, DSW, LICSW, RPT-S Professor of Social Work Emerita, Fordham University, Author: Play Therapy With Children in Crisis "The authors provide a clear theoretical framework and demonstrate practical sensory-based activities so kids can discover and reconnect with their bodies' agency and vitality. Refreshingly, this vehicle creates an emotionally safe journey for the child into the mystery of the experiential, embedded in implicit memory. It's chock-full of invitations to explore self-impressions and worldviews in a way that children feel seen, not assessed." —Peter A. Levine, PhD, and Maggie Kline, MS, LMFT, Coauthors: Trauma Through a Child's Eyes and Trauma-Proofing Your Kids A structured, sequential, and evidence-based approach for the treatment of children and adolescents experiencing trauma or grief Working With Grieving and Traumatized Children and Adolescents features the Structured Sensory Interventions for Traumatized Children, Adolescents and Parents (SITCAP) intervention model, proven in successfully addressing violent situations such as murder, domestic violence, and physical abuse, as well as non-violent grief- and trauma-inducing situations including divorce, critical injuries, car fatalities, terminal illness, and environmental disasters. Filled with practical and proven activities for use with children and adolescents experiencing trauma and grief, this resource is based on the authors' experience working with all types of traumatic events in school-, agency-, and community-based programs across the country.

The standard reference in the field, this acclaimed work synthesizes findings from hundreds of carefully selected studies of mental health treatments for children and adolescents. Chapters on frequently encountered clinical problems systematically review the available data, identify gaps in what is known, and spell out recommendations for evidence-based practice. The authors draw on extensive clinical experience as well as research expertise. Showcasing the most effective psychosocial and pharmacological interventions for young patients, they also address challenges in translating research into real-world clinical practice. New to This Edition *Incorporates over a decade of research advances and evolving models of evidence-based care. *New chapter topic: child maltreatment. *Separate chapters on self-injurious behavior, eating disorders, and substance use disorders (previously covered in a single chapter on self-harming disorders). *Expanded chapters on depression, anxiety, and conduct disorder. *Includes reviews of the burgeoning range of manualized psychosocial "treatment packages" for children.

What Works with Children, Adolescents, and Adults? provides an up-to-date review of research on the effectiveness of psychotherapy and psychological interventions with children, adolescents, adults, people in later life, and people with intellectual and pervasive developmental disabilities. Drawing on recent meta-analyses, systematic reviews, and key research studies in psychotherapy, this volume presents evidence for: the overall effectiveness and cost-effectiveness of psychotherapy the contribution of common factors to the outcome of successful psychotherapy the effectiveness of specific psychotherapy protocols for particular problems. This comprehensive, user-friendly guide will inform clinical practice, service development and policy. It will be invaluable to psychotherapists, service managers, policymakers, and researchers. What Works with Children, Adolescents, and Adults? offers a review of the evidence base for three Handbooks published by Routledge: The Handbook of Child and Adolescent Clinical Psychology (Carr, 2006), The Handbook of Adult Clinical Psychology (Carr & McNulty, 2006), and The Handbook of Intellectual Disability and Clinical Psychology Practice (O'Reilly, Carr, Walsh, & McEvoy, 2007).

Clinical Work With Adolescents

Prevention and Treatment

Health, Safety, and Development of Working Children and Adolescents in the United States

Cultivating Empathic Connection

Interpersonal Psychotherapy for Adolescents

Counselling Adolescents