

Pete Sampras A Champions Mind

In No Limits, Michael Phelps - perhaps the greatest Olympic competitor the world has ever seen - will show us the secrets to his remarkable success, from training to execution. Behind his tally of Olympic gold medals - more than any athlete throughout history - lies a consistent approach to competition, a determination to win, mental preparation, and a straightforward passion for his sport. One of his mottos is 'Performance is Reality', and it typifies his attitude about swimming. No Limits goes behind the scenes to explore the hard work, sacrifice, and dedication that catapulted Phelps into the international spotlight. Phelps will share remarkable anecdotes about family, his coach, his passion for the sport, and the wisdom that he has gained from unexpected challenges and obstacles. Highlighting memorable races and valuable lessons from throughout his career, Phelps offers candid insight into the mind and experiences of a world champion. No Limits will inspire anyone to follow their passion straight to the finish line.

A Champion's Mind Lessons from a Life in Tennis Crown

Boris Becker shot to fame in 1985 when at seventeen years old, he became the youngest player ever to win the men's final at Wimbledon. He went on to win two more Wimbledon titles, and a total of forty-nine singles and fifteen doubles crowns, making him one of the greatest players of the twentieth century. But his life off the court has always attracted as much attention as his triumphs on it. Now, in this remarkably candid and thought-provoking autobiography, Boris Becker tells the real story behind the headlines. He speaks of the seconds before the serve that made him the youngest Wimbledon winner of all time, and of the minutes after being sentenced as a tax evader. He talks about his marriage, his illegitimate daughter, and his painful divorce. He reveals his emotions at the end of his tennis career, and his battles with pills and alcohol. He also shares his memories of the good times, the championship wins, the make-or-break matches, and the highs and lows of life on the international circuit. Boris Becker has written this autobiography not just for his fans but also for his children, that they may one day read the true account of their father's remarkable, and often controversial, life.

Join Meg for her first tennis lesson, from learning to serve to smashing an ace. Packed with full-colour photographs, lively illustrations and engaging, age-appropriate stories to encourage children to develop reading skills. A multi-level reading programme guaranteed to capture children's interest. Serve up some reading fun!

Technical Tennis

The Coach

An Unorthodox Hall of Fame

Steffi Graf

Winning Ugly

Grace and Disgrace on the Women's Tennis Tour

The tennis star offers a candid account of his athletic career that reveals his rise to fame on the court, his most dramatic on-court moments, his famed rivalry with Andre Agassi, and the pressures of and lessons learned about success.

Although she is only in the seventh grade, Alexis makes the varsity tennis team, but some of the older girls on the team are not

happy that she is there.

This book provides a complete life history of the Sportsman from their childhood to their rise to fame and becoming a Global icon. An inspiration to many, this book would help the reader know their favourite stars a little better.

Prepare to peek into the mind of a champion, known as the most decorated Olympian of all time with 28 medals, including 23 gold, with this newly updated edition of Michael Phelps's autobiography, *Beneath the Surface*. In this candid memoir, Phelps talks openly about his battle with attention deficit disorder, the trauma of his parents' divorce, and the challenges that come with being thrust into the limelight. Readers worldwide will relive all the heart-stopping glory as Phelps completes his journey from the youngest man to ever set a world swimming record in 2001, to an Olympic powerhouse in 2008, to surpassing the greatest athlete of ancient Greece, Leonidas of Rhodes, with 13 triumphs in 2016. Athletes and fans alike will be fascinated by insights into Phelps's training, mental preparation, and behind-the-scenes perspective on international athletic competitions. A chronicle of Phelps's evolution from awkward teenager to record-breaking powerhouse, *Beneath the Surface* is a must-read for any sports fan.

Ladies of the Court

Let's Play Tennis

Visual Tennis

Unstoppable

Outstanding Sportsman's Biography

Driven from Within

On My Game, My Body, My Mind... My Self

From the acclaimed author of *A Fighter's Heart* comes an "entertaining and enlightening" look inside the mental game of mixed martial arts fighting (Dave Doyle, Yahoo! Sports). In his acclaimed national bestseller, *A Fighter's Heart*, Sam Sheridan took readers with him into the dangerous world of professional fighting. From a muay Thai bout in Bangkok to Iowa, where he fought the toughest mixed martial arts stars, Sheridan threw himself into a quest to understand how and why we fight. In *The Fighter's Mind*, Sheridan explores the mental discipline required of an elite fighter. In his training, Sheridan heard time and again (in Yogi Berra fashion) that "fighting is ninety percent mental, half the time." But what does this mean, exactly? To uncover the secrets of mental strength and success, Sheridan interviewed dozens of the world's most fascinating and dangerous men. He spoke with celebrated trainers Freddie Roach and Greg Jackson; champion fighters Randy Couture, Frank Shamrock, and Marcelo Garcia; ultrarunner David Horton; chess prodigy (and the inspiration for *Searching for Bobby Fischer*) turned tai chi expert Josh Waitzkin; and the legendary wrestler Dan Gable,

among others. “Fantastic . . . One of the best MMA books I’ve ever read, and I’ve certainly read my fair share.” —Eric O’Brien, “Way of the Warrior,” ESPN radio “You don’t have to care about fighting, or even know that MMA stands for mixed martial arts, to find insights into human behavior in Sam Sheridan’s The Fighter’s Mind.” —David M. Shribman, Bloomberg

A NEW YORK TIMES NOTABLE BOOK A “thoroughly captivating biography” (The San Francisco Chronicle) of American icon Arthur Ashe—the Jackie Robinson of men’s tennis—a pioneering athlete who, after breaking the color barrier, went on to become an influential civil rights activist and public intellectual. Born in Richmond, Virginia, in 1943, by the age of eleven, Arthur Ashe was one of the state’s most talented black tennis players. He became the first African American to play for the US Davis Cup team in 1963, and two years later he won the NCAA singles championship. In 1968, he rose to a number one national ranking. Turning professional in 1969, he soon became one of the world’s most successful tennis stars, winning the Australian Open in 1970 and Wimbledon in 1975. After retiring in 1980, he served four years as the US Davis Cup captain and was inducted into the International Tennis Hall of Fame in 1985. In this “deep, detailed, thoughtful chronicle” (The New York Times Book Review), Raymond Arsenault chronicles Ashe’s rise to stardom on the court. But much of the book explores his off-court career as a human rights activist, philanthropist, broadcaster, writer, businessman, and celebrity. In the 1970s and 1980s, Ashe gained renown as an advocate for sportsmanship, education, racial equality, and the elimination of apartheid in South Africa. But from 1979 on, he was forced to deal with a serious heart condition that led to multiple surgeries and blood transfusions, one of which left him HIV-positive. After devoting the last ten months of his life to AIDS activism, Ashe died in February 1993 at the age of forty-nine, leaving an inspiring legacy of dignity, integrity, and active citizenship. Based on prodigious research, including more than one hundred interviews, Arthur Ashe puts Ashe in the context of both his time and the long struggle of African-American athletes seeking equal opportunity and respect, and “will serve as the standard work on Ashe for some time” (Library Journal, starred review). An exploration of the glory and the gossip of the women's professional tennis circuit - big money, overbearing coaches and fathers, lesbianism, sponsorships, corruption, and the sheer excitement of competing. The book was short-listed for the 1993 William Hill Sports Book of the Year Award. Groomed since the age of eight by his obsessive father Vince Spadea, by most accounts'except Andre Agassi:rsquo;s, who called Vince "a journeyman" at age 25'has been a success. At the start of the 2005

season, 19th seed Spadea was the only over-30-year-old player besides Agassi to be ranked in the top-20 on the world professional tennis circuit. Now in his 13th professional season, Spadea gives a riveting account of the ultra-competitive and often hilarious world of a pro tennis player. He battles injuries, coaching and agent changes, and a slight from American Davis Cup captain Patrick McEnroe as he continues his improbable climb back up the rankings. Along the way, he considers taking two months off to appear on *The Bachelor*, practices with a still combative John McEnroe in a New York City tennis club, and prowls LA parties with his buddy, comedian Jon Lovitz, trying to pick up actresses like Natalie Portman and jump start his fledgling acting career. Agassi, Andy Roddick, Roger Federer, Rafael Nadal, Martina Navratilova, Maria Sharapova, Jennifer Capriati, Tim Henman, and Marat Safin are all analyzed in more colourful and personal terms than the tennis media has ever provided. In these pages, Spadea breaks the taboo of the "whatever you see, hear and do here, stays here" locker room mentality.

The Best

How Elite Athletes are Made

Mental Warfare in Tennis--Lessons from a Master

Open

Beneath the Surface

Inside the Mental Game

The Long Run and Beautiful Game of Roger Federer

The best writing on tennis from the best tennis writers in the business. Racquet was founded in 2016 to be the voice of a new tennis boom. When the popularity of tennis peaked in the late '70s and early '80s, the sport was populated by buccaneering talents with outsize personas, such as Borg, Evert, McEnroe, Navratilova, Gerulaitis, Austin, King, and Connors. The game was played in every park, and tennis clothes became appropriate attire for cocktails as well as for a match. With success, however, came polish, and tennis--if not the game itself, then how it came to be represented in the culture--got boring. Having a big personality was no longer a virtue. Tennis went back to being a bastion of the elite. Racquet is a place for those who knew all along that the spirit of the tennis boom was alive. Tennis has always been present in the arts, in the popular culture, in the skateboarding, hip-hop, and fashion worlds. That side of tennis

was--and is--obscured by the tightly controlled messaging of the athletes, the corporate glean of the major tournaments, and the all-white attire of the country-club scene. Racquet was launched to represent the latent, diverse, and large constituency of tennis that has not been embraced by the sport writ large. Featuring the work of some of today's finest writers, the quarterly independent magazine highlights the art, culture, and style that are adjacent to the sport--and just enough of the pro game to keep the diehards satisfied. This collection features some of the best writing from the first four years of Racquet and tackles such immediate topics as: How should tennis smell? What's the deal with Andre Agassi's private jet? What can a professional tennis player learn from Philip Roth? Why is tennis important in Lolita? How was Arthur Ashe like Muhammad Ali? And, crucially, what lessons have we learned from the implosion of that first tennis boom? Profiles the top world tennis player, from his life story to how he plays the game, with candid, penetrating discussions of rivals, best matches, coaching, and "incorrect" techniques of instruction

Serena Williams coach's hugely motivational and inspirational story. As a child he was full of suffering. In his own words "puny and very timid, paralysed by the shame of not being able to do better." Now, a world leading coach who transformed Serena Williams in to the world's number one. His story is a great example of trial over adversity. From Maria Sharapova, one of our fiercest female athletes, the captivating—and candid—story of her rise from nowhere to tennis stardom, and the unending fight to stay on top. In 2004, in a stunning upset against the two-time defending champion Serena Williams, seventeen-year-old Maria Sharapova won Wimbledon, becoming an overnight sensation. Out of virtual anonymity, she launched herself onto the international stage. "Maria Mania" was born. Sharapova became a name and face recognizable worldwide. Her success would last: she went on to hold the number-one WTA ranking multiple times, to win four more Grand Slam tournaments, and to become one of the highest-grossing female athletes in the world. And then—at perhaps the peak of her career—Sharapova came up against the toughest challenge yet: during the 2016 Australian Open, she was charged by the ITF with taking the banned substance meldonium, only recently added to the ITF's

list. The resulting suspension would keep her off the professional courts for fifteen months—a frighteningly long time for any athlete. The media suggested it might be fateful. But Sharapova's career has always been driven by her determination and by her dedication to hard work. Her story doesn't begin with the 2004 Wimbledon championship, but years before, in a small Russian town, where as a five-year-old she played on drab neighborhood courts with precocious concentration. It begins when her father, convinced his daughter could be a star, risked everything to get them to Florida, that sacred land of tennis academies. It begins when the two arrived with only seven hundred dollars and knowing only a few words of English. From that, Sharapova scraped together one of the most influential sports careers in history. Here, for the first time, is the whole story, and in her own words. Sharapova's is an unforgettable saga of dedication and fortune. She brings us inside her pivotal matches and illuminates the relationships that have shaped her—with coaches, best friends, boyfriends, and Yuri, her coach, manager, father, and most dedicated fan, describing with honesty and affection their oft-scrutinized relationship. She writes frankly about the suspension. As Sharapova returns to the professional circuit, one thing is clear: the ambition to win that drove her from the public courts of Russia to the manicured lawns of Wimbledon has not diminished. Sharapova's Unstoppable is a powerful memoir, resonant in its depiction of the will to win—whatever the odds.

You Cannot Be Serious

A Tennis Novel

The Player

Coaching Top Performers from Center Court to the Corner Office

The Whirl

Tennis Trouble

The Fighter's Mind

Award-winning tennis writer H.A. Branham takes you along as Pete Sampras prepares for Grand Slam tournaments and his epic matches with the great players of our time, including his remarkable 1996 U.S. Open victory. You'll also learn what really goes on between Agassi and Sampras off the court, the emotional roller-coaster ride Sampras took as his

coach Tim Gullikson battled cancer, how Sampras compares, stroke-by-stroke, with the greatest players of all time, and much more.

Features suggestions and mind exercises to help athletes in many sports, including cycling, golf, running, swimming, tennis, and weightlifting.

What's heaven to seven-year-old Andre Agassi? To never play tennis again. Yet his father has other plans. Mike Agassi was born in Iran, where Allied soldiers gave him a racket after the war and introduced him to the game. He shaves without soap or cream, boxed in the Olympics, and speaks five languages. The sixth is tennis. And his greatest dream is for his son to become number one in the world. A selection from the acclaimed autobiography Open, this is the tumultuous first confrontation between father and son, between the lines of the court: a searching portrait of Agassi before fame and success.

THE SECRETS OF SUPERHUMAN PERFORMANCE Never have the best sportspeople seemed so far removed from the rest of us, their prowess so unfathomable. So how are these extraordinary athletes made? THE BEST reveals how the most incredible sportspeople in the world get to the top and stay there. It is a unique look at the path to sporting greatness; a story of origins, practice, genetics and psychology. Packed with gripping personal stories and interviews with top athletes including Elena Delle Donne, Pete Sampras, Joey Votto, Steph Curry, Kurt Warner and Premier League superstars Marcus Rashford and Jamie Carragher, it explains how the best athletes develop the extraordinary skills that allow them to perform remarkable feats under extreme pressure. THE BEST uncovers startling truths of athletic greatness-including why younger siblings have more chance of becoming elite, which towns produce the most superstars, the role of informal play and the best time to be born in the school year. It goes inside the minds of champions to understand what makes them perform during high-octane competition, how to hit a baseball or tennis ball in under 0.5 seconds, the secrets of how the best train and what makes a great leader. The book appeals to all lovers of sport, anyone with an interest in psychology and excellence, the parents of budding athletes, and fans of books like Freakonomics, Outliers and Range. It is a deconstruction of what it takes to be the best-and how we can all improve in sport and beyond.

The Master

50 Mental Strategies For Fearless Performance

My Life and Game

I've Got Your Back

Jewish Jocks

No Limits

The Secret Diary of a Pro Tennis Player

Pete Sampras is arguably the greatest player tennis has ever seen. A man whose hard-nosed work ethic led to an unprecedented No. 1 world ranking for 286 consecutive weeks, and whose prodigious talent made possible an as yet unbroken 14 Grand Slam record. Yet while more vocal rivals often grabbed the headlines, Pete gave everything on the court, revealing little outside it. Now, in *A Champion's Mind*, this very private champion, who so often recoiled from letting the world 'inside his head', finally opens up. Here, for the first time, Pete speaks candidly about the personal trials he faced; the single-minded determination crucial to survival in the topflight; and the pressure of competing under the unblinking gaze of a media machine hungry for more than mere athletic prowess. He describes the titanic matches fought, the personalities and the rivalries - a devastating early loss to Stefan Edberg, and his consequent monastic commitment to the game; Davis Cup doubles with a fiery John McEnroe; a gruelling, four-hour US Open quarterfinal against Alex Corretja, ending with a tie-break and Pete on a drip; and of course Andre Agassi, arch-rival and friend, the player Pete faced at his first Grand Slam final and his last, 12 years later. Frank, insightful and passionate *A Champion's Mind* is a unique and intimate account of what it takes to win. Pete Sampras was the youngest male player to win the US Open and holds 64 top level singles titles and two doubles. In 2005 *TENNIS* magazine named him the greatest player of the open era. Peter Bodo is a senior editor and chief columnist at *TENNIS* magazine.

#1 NATIONAL BESTSELLER Far more than a superb memoir about the highest levels of professional tennis, *Open* is the engrossing story of a remarkable life. Andre Agassi had his life mapped out for him before he left the crib. Groomed to be a tennis champion by his moody and demanding father, by the age of twenty-two Agassi had won the first of his eight grand slams and achieved wealth, celebrity, and the game's highest honors. But as he reveals in this searching autobiography, off the court he was often unhappy and confused, unfulfilled by his great achievements in a sport he had come to resent. Agassi writes candidly about his early success and his uncomfortable relationship with fame, his marriage to Brooke Shields, his growing interest in philanthropy, and—described in haunting, point-by-point detail—the highs and lows of his celebrated career.

The tennis classic from Olympic gold medalist and ESPN analyst Brad Gilbert, now featuring a new introduction with tips drawn from the strategies of Roger Federer, Novak Djokovic, Serena Williams, Andy Murray, and more, to help you outthink and outplay your toughest opponents A former Olympic medalist and now one of ESPN's most respected analysts, Brad Gilbert shares his timeless tricks and tips, including "some real gems" (*Tennis* magazine) to help both recreational and professional players improve their game. In the new introduction to this third edition, Gilbert uses his inside access to analyze current stars such as Serena Williams and Rafael Nadal, showing readers how to beat better players without playing better tennis. Written with clarity and wit, this classic combat manual for the tennis court has become the bible of tennis instruction books for countless players worldwide.

'A part of all those people who helped me along the way can be found in everything I have done and continue to do. I had some great teachers - and I listened to what they had to say.' - Michael Jordan

A global icon in sports, style and business, Michael Jordan is famous for his unrivalled athletic ability, his fierce determination, and his grace under pressure. In *DRIVEN FROM WITHIN*, he makes it clear that his phenomenal success is thanks in large part to the teachers, mentors and friends who have guided him throughout his life. Here is a book about the power of collaboration and teamwork, the energy that is released when people share their gifts and hard-won knowledge. With almost two million copies of his three previous books in print, Michael Jordan has proven himself to be as strong a performer in bookstores as he is on the court. Lavishly illustrated and beautifully designed, this is Michael Jordan's most intimate book to date. Organized around the qualities that Jordan demonstrates in his own life and that he looks for in others - qualities like authenticity, integrity, passion and commitment - *DRIVEN FROM WITHIN* is an inspiring record of an extraordinary life.

Mental Training for Peak Performance

Sampras

Rod Laver: A Memoir

Tales from Twenty Years in the Pro Tennis Trenches

In Celebration of Tennis

Strokes of Genius

A Champion's Mind

DIV At the age of sixteen, Monica Seles crashed on to the world tennis scene by becoming the youngest winner in French Open History. For three years, she dominated the tennis circuit, racking up eight Grand Slam titles, winning three back-to-back French Open titles. At post-match conferences she charmed the media with her trademark giggle. In January 1993, Seles defeated Steffi Graf in the Australian Women's Open and in April of that year, while playing a quarter-final in Hamburg, a boning knife was plunged between her shoulder blades by a Graf fan. Everything changed. The incident shocked the tennis world. Seles's injuries healed, but Seles did not. Now, in this compelling book she tells us in her own words what followed - years of seclusion, the fog of despair, binge eating, dealing with criticism about her weight from a brutal press, losing her father-coach to cancer and never regaining her dominance on court despite getting in to the top 10. After years battling to regain fitness and tennis glory, an excruciating injury forced Monica to take time off from tennis in 2003 and she embarked on her own journey. She abandoned the arduous workouts and punitive diets, and slowly uncovered the painful emotions behind years of tumultuous feelings. This is a human and inspiring story of determination, amazing talent and touching vulnerability, that Seles hopes will motivate and inspire others to find happiness in their own lives. Monica Seles is a former No 1 professional tennis player who became the youngest-ever champion at the French Open in 1990 and went on to win nine Grand Slam singles titles. In 2007, she was appointed

goodwill ambassador for the UN's Global Sports for Peace and Development Initiative. /div

Plagued hackers and experts alike. This informative primer will help turn hours of mindless practice into a focused application of principles affecting the impact, bounce, and flight of the ball.

Explains how to use visualization to improve one's tennis game, and includes photographs that show each part of a correct tennis serve and volley

2012 National Jewish Book Award Winner JEWISH JOCKS: AN UNORTHODOX HALL OF FAME is a timeless collection of biographical musings, sociological riffs about assimilation, first-person reflections, and, above all, great writing on some of the most influential and unexpected pioneers in the world of sports. Featuring work by today's preeminent writers, these essays explore significant Jewish athletes, coaches, broadcasters, trainers, and even team owners (in the finite universe of Jewish Jocks, they count!). Contributors include some of today's most celebrated writers covering a vast assortment of topics, including David Remnick on the biggest mouth in sports, Howard Cosell; Jonathan Safran Foer on the prodigious and pugnacious Bobby Fischer; Man Booker Prize-winner Howard Jacobson writing elegantly on Marty Reisman, America's greatest ping-pong player and the sport's ultimate showman. Deborah Lipstadt examines the continuing legacy of the Munich Massacre, the fortieth anniversary of which coincided with the 2012 London Olympics. Jane Leavy reveals why Sandy Koufax agreed to attend her daughter's bat mitzvah. And we learn how Don Lerman single-handedly thrust competitive eating into the public eye with three pounds of butter and 120 jalapeño peppers. These essays are supplemented by a cover design and illustrations throughout by Mark Ulriksen. From settlement houses to stadiums and everywhere in between, JEWISH JOCKS features men and women who do not always fit the standard athletic mold. Rather, they utilized talents long prized by a people of the book (and a people of commerce) to game these games to their advantage, in turn forcing the rest of the world to either copy their methods-or be left in their dust.

The Book

Federer, Nadal, and the Greatest Match Ever Played

Lessons from a Life in Tennis

Getting a Grip

Pete Sampras

Arthur Ashe

Racquets, Strings, Balls, Courts, Spin, and Bounce

The former professional tennis player and champion coach presents his inspirational approach to accomplishing success, with motivational tips on how to deal with intense pressure, distractions, frustrations, and competitors. 50,000 first printing. Pete Sampras is a central figure in the history of tennis, the dominant force in the game during the 1990's, and the greatest American male player of all time. Gradually, after a fairytale finish to his career when he won the 2002 U.S. Open, Sampras was somewhat forgotten by fans who were exhilarated by the exploits of Roger Federer, Rafael Nadal and Novak Djokovic.

In this career biography of the redoubtable Sampras, Hall of Fame author and historian Steve Flink recaptures the magic of the man, recalling the supreme hold he had on his era, bringing this singularly gifted player vividly back to life. Flink portrays Sampras as a rare champion who was in many ways larger than the game he played.

AN INSTANT NEW YORK TIMES BESTSELLER! A major biography of the most iconic men's tennis player of the modern era. There have been other biographies of Roger Federer, but never one with this kind of access to the man himself, his support team, and the most prominent figures in the game, including such rivals as Rafael Nadal, Novak Djokovic, and Andy Roddick. In *The Master*, New York Times correspondent Christopher Clarey sits down with Federer and those closest to him to tell the story of the greatest player in men's tennis. Roger Federer has often made it look astonishingly easy through the decades: carving backhands, gliding to forehands, leaping for overheads and, in his most gravity-defying act, remaining high on a pedestal in a world of sports rightfully flooded with cynicism. But his path from temperamental, bleach-blond teenager with dubious style sense to one of the greatest, most self-possessed and elegant of competitors has been a long-running act of will, not destiny. He not only had a great gift. He had grit. Christopher Clarey, one of the top international sportswriters working today, has covered Federer since the beginning of his professional career. He was in Paris on the Suzanne Lenglen Court for Federer's first Grand Slam match and has interviewed him exclusively more than any other journalist since his rise to prominence. Here, Clarey focuses on the pivotal people, places, and moments in Federer's long and rich career: reporting from South Africa, South America, the Middle East, four Grand Slam tournaments, and Federer's native Switzerland. It has been a journey like no other player's, rife with victories and a few crushing defeats, one that has redefined enduring excellence and made Federer a sentimental favorite worldwide. *The Master* tells the story of Federer's life and career on both an intimate and grand scale, in a way no one else could possibly do.

The executive editor of Sports Illustrated offers an in-depth analysis and behind-the-scenes look at the historic 2008 match between tennis titans. In the 2008 Wimbledon men's final, Centre Court was a stage set worthy of Shakespearean drama. Five-time champion Roger Federer was on track to take his rightful place as the most dominant player in the history of the game. He just needed to cling to his trajectory. So, in the last few moments of daylight, Centre Court witnessed a coronation. Only it wasn't a crowning for the Swiss heir apparent but for a swashbuckling Spaniard. Twenty-two-year-old Rafael Nadal prevailed, in five sets, in what was, according to the author, "essentially a four-hour, forty-eight-minute infomercial for everything that is right about tennis—a festival of skill, accuracy, grace, strength, speed, endurance, determination, and sportsmanship." It was also the encapsulation of a fascinating rivalry, hard fought and of historic proportions. In the tradition of John McPhee's classic *Levels of the Game*, *Strokes of Genius* deconstructs this defining moment in sport, using that match as the backbone of a provocative, thoughtful, and entertaining look at the science, art, psychology, technology,

strategy, and personality that go into a single tennis match. With vivid, intimate detail, Wertheim re-creates this epic battle in a book that is both a study of the mechanics and art of the game and the portrait of a rivalry as dramatic as that of Ali–Frazier, Palmer–Nicklaus, and McEnroe–Borg. “Deftly touches on all the defining factors of contemporary tennis.”

—San Francisco Chronicle “Illuminates a kingdom changing hands. An engrossing book.” —Bud Collins

Mental Imagery and the Quest for the Winning Edge

The Will to Succeed

The Best Tennis of Your Life

My Story

Pete Sampras: Greatness Revisited

A Game to Love

Break Point

Pete Sampras is arguably the greatest tennis player ever, a man whose hard-nosed work ethic led to an unprecedented number one world ranking for 286 weeks, and whose prodigious talent made possible a record-setting fourteen Grand Slam titles. While his more vocal rivals sometimes grabbed the headlines, Pete always preferred to let his racket do the talking. Until now. In A Champion’s Mind, the tennis great who so often exhibited visible discomfort with letting people “inside his head” finally opens up. An athletic prodigy, Pete resolved from his earliest playing days never to let anything get in the way of his love for the game. But while this single-minded determination led to tennis domination, success didn’t come without a price. The constant pressure of competing on the world’s biggest stage—in the unblinking eye of a media machine hungry for more than mere athletic greatness—took its toll. Here for the first time Pete speaks freely about what it was like to possess what he calls “the Gift.” He writes about the personal trials he faced—including the death of a longtime coach and confidant—and the struggles he gutted his way through while being seemingly on top of the world. Among the book’s most riveting scenes are an early devastating loss to Stefan Edberg that led Pete to make a monastic commitment to delivering on his natural talent; a grueling, four-hour-plus match against Alex Corretja during which Pete became seriously ill; fierce on-court battles with rival and friend Andre Agassi; and the triumphant last match of Pete’s career at the finals of the 2002 U.S. Open. In A Champion’s Mind, one of the most revered, successful, and intensely private players in the history of tennis offers an intimate look at the life of an elite athlete.

A no-holds-barred, intimate memoir by John McEnroe—the bad boy of professional tennis. John McEnroe stunned the tennis elite when he came out of nowhere to make the Wimbledon semifinals at the age of eighteen—and just a few years later, he was ranked number one in the world. You Cannot Be Serious is McEnroe at his most personal, an intimate examination of Johnny Mac, the kid from Queens, and his “wild

ride” through the world of professional tennis at a boom time when players were treated like rock stars. In this “bracing serve-and-volley autobiography” (The Boston Globe) he candidly explores the roots of his famous on-court explosions; his ambivalence toward the sport that made him famous; his adventures (and misadventures) on the road; his views of colleagues from Connors to Borg to Lendl; his opinions of contemporary tennis; his marriages to actress Tatum O’Neal and pop star Patty Smyth; and his roles as husband, father, senior tour player, and often-controversial commentator.

“An ace of a novel, an ace of a writer.” —Tom Franklin, author of Crooked Letter, Crooked Letter Red Dirt is the story of Jaxie Skinner, an unlikely professional tennis player from a blue-collar family in the sticks of rural Georgia who takes up the game at the age of three when his father scrapes a court out of the red clay behind their farmhouse. He is a natural, rising to the top of junior tennis, and at eighteen has great success at the French Open. He falls as quickly as he rose, however, when troubles back home and injuries arise. He quits the game for years, but then mounts a comeback, struggling for almost a decade in the unglamorous, low-paying minor leagues of tennis, often living out of his van, before getting one last big shot. A fascinating study of tennis, its demands and tactics, as well as a look at the insular and often selfish character required to reach the pinnacle of the sport, Red Dirt is the Rocky of tennis novels. PRAISE FOR RED DIRT “Starnes spins a tale with the pace and power of a Rafael Nadal forehand.” —Jay Jennings, editor of Tennis and the Meaning of Life: A Literary Anthology of the Game “Alright, literate tennis fans, it’s time to put down the remote and set aside those stat sheets and take an alternately amusing and inspiring trip from the top of the pro tennis barrel to the bottom—and back again. Joe Samuel Starnes’s book radiates an aficionado’s understanding of not just how the game is played (on and off the court) but what it takes to triumph in the hyper-competitive pro game.” —Peter Bodo, Tennis magazine senior writer, ESPN columnist, and co-author of Pete Sampras’s autobiography, A Champion’s Mind “Red Dirt is solid pleasure. Starnes knows what it is to compete, to hope to be made whole by competition, to overcome not just your opponent but your own unquiet. This is a tennis novel, but any athlete—no, any reader—will learn a lot and enjoy the learning.” —John Casey, author of Spartina, winner of the National Book Award “Red Dirt isn’t just a terrific sports novel; it’s a terrific novel, period. Jaxie Skinner is a complex and compelling character, and Starnes gives him a clear, fresh, lively voice.” —Michael Griffith, author of Spikes

An entertaining and unfiltered look at professional tennis as only Patrick McEnroe can offer. Patrick McEnroe has been in the world of professional tennis in one way or another for most of his life. As a player, coach, and ESPN commentator, he’s seen it all. The significant tennis books of recent years have all been autobiographies--famous players burnishing their image or attempting to set the record straight within carefully controlled memoirs. No one has been willing to do a book that pulls back the curtain and presents an honest, no-holds-barred look into the ultimate gentleman's sport and the larger-than-life personalities that inhabit it. Patrick McEnroe does just that. Curious to know which marquee player threw a tantrum and bailed

early on a tournament? Why Roger Federer, presumably the greatest player of all time, has a losing head-to-head record with Rafael Nadal? Why certain tennis prodigies burned out early? The real role of coaches like Nick Bollettieri? Which player is as much of a diva off the court as on? The greatest match ever played? In **Hardcourt Confidential**, McEnroe uses his twenty-five-plus years in the trenches of the game to tell true tales and wild stories about the players you think you know (from Sampras to Agassi to Roddick to the Williams sisters), how and why the game has changed since he first swung a racket, and what the future holds in store for American tennis. McEnroe takes an unapologetic look at the men, women, and events of the past three decades, right up to the epic Federer vs. Nadal rivalry that dominates the game today. He's got a lot to say and he's not afraid to say it.

Top Athletes Reveal the Mind Exercises They Use to Excel

Racquet

My Life So Far

Red Dirt

A Life

A Legend in the Works

Hardcourt Confidential

Rod Laver's memoir is the inspiring story of how a diminutive, left-handed, red-headed country boy from Rockhampton became one of Australia's greatest every sporting champions. Rod was a dominant force in world tennis for almost two decades, playing and defeating some of the greatest players of the twentieth century. In 1962, Rod became the second man to win the Grand Slam - that is, winning the Australian, French, Wimbledon and US titles in a single calendar year. In 1969 he won it again, becoming the only player ever to win the Grand Slam twice. His book is a wonderfully nostalgic journey into Australia's sporting past, from the early days of growing up in a Queensland country town in the 1950s, to breaking into the amateur circuit, to the extraordinary highs of Grand Slam victories. Away from on-court triumphs, Rod also movingly writes about the life-changing stroke he suffered in 1998, and of his beloved wife of more than 40 years, Mary, who died in 2012 after a long illness. Filled with anecdotes about the great players and great matches, set against the backdrop of a tennis world changing from rigid amateurism to the professional game we recognize today, Rod's book is a warm, insightful and fascinating account of a great sportsman and a great Australian. Collects over two hundred photographs celebrating the sport of tennis, complemented by quotations from some of the game's legendary and contemporary players, including Roger Federer, John McEnroe, Billie Jean King, and Boris Becker.

Play with Freedom...And Win More! The Best Tennis of Your Life is an inspirational and practical guide that will help players of all levels finally master the mental game. Author Jeff Greenwald draws from his unique background as a world-class player, sports psychology consultant, psychotherapist, and former coach to

provides 50 specific tools you can immediately apply in any match situation. This comprehensive guide will show you how to: • Embrace nerves and play even better under pressure • Maintain confidence to win more consistently • Develop a pin-point focus • Access an ideal level of intensity • Play with a renewed sense of passion and freedom Why wait any longer to play the best tennis of your life? Get the mental edge with this invaluable resource and watch your game soar.

Pete Sampras is arguably the greatest tennis player ever, a man whose hard-nosed work ethic led to an unprecedented number one world ranking for 286 weeks, and whose prodigious talent made possible a record-setting fourteen Grand Slam titles. While his more vocal rivals sometimes grabbed the headlines, Pete always preferred to let his racket do the talking. In A Champion's Mind, the tennis great who so often exhibited visible discomfort with letting people "inside his head" finally opens up. An athletic prodigy, Pete resolved from his earliest playing days never to let anything get in the way of his love for the game. But while this single-minded determination led to tennis domination, success didn't come without a price. The constant pressure of competing on the world's biggest stage—in the unblinking eye of a media machine hungry for more than mere athletic greatness—took its toll. Here for the first time Pete speaks freely about what it was like to possess what he calls "the Gift." He writes about the personal trials he faced—including the death of a longtime coach and confidant—and the struggles he gutted his way through while being seemingly on top of the world. Among the book's most riveting scenes are an early devastating loss to Stefan Edberg that led Pete to make a monastic commitment to delivering on his natural talent; a grueling, four-hour-plus match against Alex Corretja during which Pete became seriously ill; fierce on-court battles with rival and friend Andre Agassi; and the triumphant last match of Pete's career at the finals of the 2002 U.S. Open. In A Champion's Mind, one of the most revered, successful, and intensely private players in the history of tennis offers an intimate look at the life of an elite athlete.