

Get Free Psychiatric Nursing  
Made Incredibly Easy

# **Psychiatric Nursing Made Incredibly Easy**

Rev. ed. of: Foundations of psychiatric mental health nursing / [edited by] Elizabeth M. Varcarolis, Margaret Jordan Halter. 6th ed. c2010.

The quick and easy way to master psychiatric and mental health nursing and use your knowledge in real-world situations If you're looking for a fun, fast review that boils psychiatric and mental health nursing down to its most essential, must-know points your search ends here! Psychiatric and Mental Health Nursing Demystified is a complete yet concise overview of this field, including neurobiology,

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pharmacology, therapeutic communication, psychiatric assessment, theoretical models of care, and more. You will learn about hallmark signs and symptoms, treatment, and nursing intervention so you have the knowledge to help your patients as a student and as a nurse once you start your career. This fast and easy guide features: Learning objectives at the beginning of each chapter A foundation in psychiatric and mental health nursing topics A final exam at the end of the book A time saving approach to performing better on an exam or at work Simple enough for a student, but comprehensive enough for a professional, *Psychiatric and Mental Health Nursing Demystified* is your shortcut to

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mastering this critical topic.

NCLEX-RN QUESTIONS & ANSWERS

MADE INCREDIBLY EASY!, 7E is

designed to help pre-licensure nursing students prepare for the licensing examination. This book and its

accompanying electronic resources feature thousands of questions at the

application level or above to prompt active learning and higher-order

thinking. The book's seven parts cover the basics of NCLEX test construction

and how students should prepare, the four major content areas of pre-

licensure programs (medical-surgical, psychiatric/mental health, maternity,

and pediatrics), a section on issues in nursing, and three comprehensive tests

of varying lengths that help simulate the actual NCLEX experience. The

the actual NCLEX experience. The

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questions align with the National Council of State Boards of Nursing (NCSBN) 2016 RN test plan.

Throughout the book, the Made Incredibly Easy design, art, and captions help to engage students and present a fun, relaxed, encouraging, and supportive learning experience.

Other features include the use of all the types of alternate-format questions and detailed rationale for both correct and incorrect answers.

Feeling unsure about your critical care nursing skills? Time to gain some confident know-how, with the freshly updated *Critical Care Nursing Made Incredibly Easy!*<sup>®</sup>, 5th Edition. This friendly, fully illustrated guide offers clear, concise direction on treating numerous acute and life-threatening

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issues. Absorb current best practices on critical care basics and specialized areas such as advanced life support measures, multisystem trauma, and treating specialized needs. This is ideal guidance for students, nurses new to clinical care, and those preparing for the Critical Care (CCRN) certification exam.

Nursing Documentation Made  
Incredibly Easy

Infusion Therapy Made Incredibly  
Easy!

NCLEX-RN® Psychiatric Nursing  
Made Incredibly Easy!

Psychiatric Nursing Made Inc Easy 3  
Clinical Pocket Guide

*Written in the award-winning,  
lighthearted Incredibly Easy!  
style, this book is an excellent*

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*aid to understanding and retention of medical terminology. The first chapter focuses on key concepts of medical terminology, including common word components. Subsequent chapters cover individual body systems, providing in-depth definitions that connect words to their meanings. This Third Edition features new chapters on obstetric and mental health terms and expanded "Pump Up Your Pronunciation" charts. Two eight-page full-color inserts offer a closer look at anatomical terminology. A companion Website offers student and instructor*

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*ancillaries including a pronunciation guide with hundreds of terms, "Pump Up Your Pronunciation" study cards, practice exercises, PowerPoint presentations, and a test generator. Online Tutoring powered by Smarthinking--Online tutoring, powered by Smarthinking, gives students access to expert nursing and allied health science educators whose mission, like yours, is to achieve success. Students can access live tutoring support, critiques of written work, and other valuable tools. Get all the basics on drug therapies—and administer*

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*drugs confidently and accurately—with the newly updated Pharmacology Made Incredibly Easy, 4th Edition. Written in the enjoyable, award-winning Incredibly Easy style, this easy-to-follow, fully illustrated guide offers step-by-step direction on the medication process, from assessing patient needs, to planning care, to implementation and positive outcomes. Strengthen your understanding of your class materials, get ready for the NCLEX® or certification exam, and administer drug therapies—safely and effectively! Build a strong*



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*platform of pharmacology  
knowledge and skills with. . .  
NEW and updated content on  
the newest approved  
medications and dosages and  
NEW tables listing: NEW  
vaccines and treatment for  
biological weapons exposure  
NEW treatment and antidotes  
for chemical weapons exposure  
NEW herbal drugs content NEW  
icons and images that clarify  
content Revised and updated  
content on the concepts of  
pharmacokinetics,  
pharmacodynamics, and  
pharmacotherapeutics  
Pharmacology basics - How  
drugs are derived, developed,  
classified, and administered;*

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*classes of drugs by body system; their uses and mechanisms “Nurse Joy” and “Nurse Jake” illustrated characters offering tips and insights throughout Quick-scan format with concise, bulleted content Hundreds of illustrations and diagrams explaining key concepts and providing clear direction on administering drugs; drug distribution, absorption, and metabolism; potential drug interactions; adverse reactions; how different classes of drugs work in different body systems Special chapter features: Just the facts – A quick summary of chapter content Advice from*

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*the experts - Experienced practitioners' insights*  
*Prototype pro - Actions, indications, and nursing considerations for common prototype drugs*  
*Nursing process - Patient assessment, diagnosis, outcome goals, implementation, and evaluation for each type and class of drug*  
*Pharm function - Illustrating how drugs act in the body; recognizing and treating adverse reactions*  
*Before you give that drug - Warnings to consider before you administer a drug*  
*Education edge - Information to share with your patient*  
*Quick quiz - End-of-chapter*

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*questions with answers/explanations, to help you remember the essentials End-of-book multiple-choice Q&A; Quick Guides to Medication Safety, Ophthalmic and Dermatologic Drugs, and Abbreviations to Avoid; Glossary of essential pharmacology terms.*

*This package contains the following products:*

*9781582552705 Springhouse Psychiatric Nursing Made Incredibly Easy 9781451163353 Mohr PrepU for Mohr's Psychiatric-Mental Health Nursing, 8e*

*Awarded third place in the 2017 AJN Book of the Year*

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*Awards in the Psychiatric and Mental Health Nursing Category. Get a full understanding of today's psychiatric nursing practice in less time! Essentials of Psychiatric Mental Health Nursing, 3rd Edition offers the perfect balance of essential nursing interventions and clinical content paired with current research and evidence-based practice to fully equip you for today's field of mental health nursing. This new edition continues to retain the reader-friendly style, emphasis on therapeutic communication, and the nursing process organization that was*

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*successful in the previous edition. It also includes additional DSM-5 disorders, illustrations of various neurobiology disorders, a new neurobiology learning tool, and new NCLEX review questions to help you pass your course and thoroughly prepare for the psychiatric nursing section of the NCLEX. REVISED!*

*Examining the Evidence boxes explain the reasoning behind nursing interventions and how research affects everyday practice. UNIQUE! Applying the Art sections in the clinical chapters provide examples of therapeutic and nontherapeutic communication*

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*techniques as well as realistic nurse-patient interaction scenarios. Chapter review questions reinforce essential content from the chapter. Critical thinking questions introduce clinical situations in psychiatric nursing. Nursing Interventions tables familiarize readers with interventions for a disorder that they will encounter in clinical practice. Key concepts and terms clarify essential terminology. Vignettes offer succinct, real-life glimpses into clinical practice by describing patients and their psychiatric disorders. Assessment Guidelines familiarize readers with*

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*methods of assessing patients. Potential Nursing Diagnosis tables give several possible nursing diagnoses for a particular disorder along with the associated signs and symptoms. DSM-5 diagnostic criteria identifies medical diagnostic criteria for psychiatric disorders for integration into the nursing plan of care. Important contributions from psychiatric mental health nursing pioneers are featured in the opening unit pages. Cultural Considerations sections reinforce the principles of culturally competent care. Key Points to Remember outline*



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*the main concepts of each chapter in an easy to comprehend and concise bulleted list. Appendices feature the DSM-5 Classifications and a list of the latest NANDA-I diagnoses for readers' reference.*

*Medical Terminology Made Incredibly Easy!*

*Fluids and Electrolytes Made Incredibly Easy*

*Maternal-Neonatal Nursing Made Incredibly Easy!*

*NCLEX-RN Review Made Incredibly Easy!*

*Critical Care Nursing Made Incredibly Easy!*

*Pediatric Nursing Made Incredibly Easy! Second Edition Whether you*

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are prepping for the NCLEX or certification exam, looking for an aid to class materials, or just want to refresh your skills, *Pediatric Nursing Made Incredibly Easy!* is the answer. Part of the award-winning *Made Incredibly Easy!* Series, this fun, practical guide addresses pediatric care and childhood disorders in light of each level of child development, with a family-involved care approach. Full of expert insight and MIE's trademark wit, this lively reference addresses the full range of common pediatric conditions, and illuminates the many roles of the pediatric nurse. Features:

- Current data on more than 100 pediatric disorders, including genetic and

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cognitive disorders · Coverage of topics including: cultural considerations, hospital care, children with disabilities and terminal illness, pain assessment and management, drug metabolism, healthcare team collaboration, ethics and professional boundaries · Full color inserts illuminate complex concepts · “Nurse Joy” and other illustrated characters offer tips and insights · Easy-reference format with concise, bulleted content · Numerous tables, illustrations and flow charts · Special features: · Just the Facts – quick summary at start of each chapter · Quick Quiz – at end of each chapter · Advice from Experts – experienced practitioners’ insights ·

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It's all relative – teaching tips and checklists for family education · Growing pains – developmental stage descriptions, expectations and risks · Cultured pearls – insights on unique aspects of care by cultural group · Glossary of essential pediatric terms, selected references, and online sources

The only book featuring nursing care plans for all core clinical areas, Swearingen's All-In-One Nursing Care Planning Resource, 4th Edition provides 100 care plans with the nursing diagnoses and interventions you need to know to care for patients in all settings. It includes care plans for medical-surgical, maternity/OB, pediatrics, and psychiatric-mental

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health, so you can use just one book throughout your entire nursing curriculum. This edition includes a new care plan addressing normal labor and birth, a new full-color design, new QSEN safety icons, new quick-reference color tabs, and updates reflecting the latest NANDA-I nursing diagnoses and collaborative problems. Edited by nursing expert Pamela L. Swearingen, this book is known for its clear approach, easy-to-use format, and straightforward rationales. NANDA-I nursing diagnoses are incorporated throughout the text to keep you current with NANDA-I terminology and the latest diagnoses. Color-coded sections for medical-surgical,

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maternity, pediatric, and psychiatric-mental health nursing care plans make it easier to find information quickly. A consistent format for each care plan allows faster lookup of topics, with headings for Overview/Pathophysiology, Health Care Setting, Assessment, Diagnostic Tests, Nursing Diagnoses, Desired Outcomes, Interventions with Rationales, and Patient-Family Teaching and Discharge Planning. Prioritized nursing diagnoses are listed in order of importance and physiologic patient needs. A two-column format for nursing assessments/interventions and rationales makes it easier to scan

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information. Detailed rationales for each nursing intervention help you to apply concepts to specific patient situations in clinical practice.

Outcome criteria with specific timelines help you to set realistic goals for nursing outcomes and provide quality, cost-effective care.

**NEW!** Care plan for normal labor and birth addresses nursing care for the client experiencing normal labor and delivery. **UPDATED** content is written by practicing clinicians and covers the latest clinical developments, new pharmacologic treatments, patient safety considerations, and evidence-based practice guidelines. **NEW** full-color design makes the text more user

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friendly, and includes NEW color-coded tabs and improved cross-referencing and navigation aids for faster lookup of information. NEW! Leaf icon highlights coverage of complementary and alternative therapies including information on over-the-counter herbal and other therapies and how these can interact with conventional medications. Get a thorough grounding in delivering safe, effective infusion therapy with the friendly support and technical guidance of the newly updated *Infusion Therapy Made Incredibly Easy!*®, 5th edition. This complete how-to on administering and monitoring different IV medications delivers clear direction



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on vital concepts, terms, and techniques—backed by numerous illustrations, confidence-building humor, and expert insights. Offering clear, concise direction for nursing students, this popular Incredibly Easy!® text is also the ideal refresher for nurses and all practitioners learning best practices for a range of infusion therapies. Master Need-to-Know Psychiatric Nursing Information with Ease Gain the basic knowledge and patient interaction skills you need to confidently prepare for psychiatric nursing practice with this concise, engaging text. Essentials of Psychiatric Nursing is easy to understand and rich with clinical

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examples and explanations that clarify challenging concepts and help you build the unique therapeutic communication capabilities necessary to excel in the care of patients with common mental health disorders. New! *Unfolding Patient Stories*, written by the National League for Nursing, immerse you in commonly encountered clinical scenarios and equip you for successful patient interactions. *Concept Mastery Alerts* drawn from the Lippincott®PrepU adaptive learning system clarify the most challenging mental health nursing concepts. *NCLEX Notes* keep you focused on important application areas for success on the NCLEX®.

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Case Studies interwoven in the mental health disorder chapters help you apply theory to nursing care for specific disorders, supported by online videos that reveal symptoms and procedures in greater detail. Emergency Care Alerts help you recognize situations that may require immediate or specialized care. Nursing Management of Selected Disorders sections familiarize you with the most common major psychiatric disorders. Research for Best Practice boxes reinforce the latest evidence and implications from relevant studies to guide and validate interventions. Therapeutic Dialogue features compare and contrast therapeutic and

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nontherapeutic conversations to help you hone your patient communication skills.

Psychoeducation Checklists help you develop effective patient and family teaching plans. Clinical Vignette features and accompanying questions challenge you to identify solutions to commonly encountered patient scenarios. Drug Profile boxes reinforce your understanding of commonly prescribed medications for patients with mental health problems. Key Diagnostic Characteristics summaries provide fast access to diagnostic criteria, target symptoms, and associated findings for select disorders as described in the DSM-5 by the

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American Psychiatric Association.  
Available on the book's companion  
website, Nursing Care Plans based  
on case scenarios guide you through  
the diagnostic stages and plan of care  
for patients with a particular  
diagnosis.

Psychiatric Nursing Made Incredibly  
Easy, Philippine

Manual of Psychiatric Nursing Care  
Planning

Pediatric Nursing Made Incredibly  
Easy

Clinical Strategies & Practical  
Interventions

Medical-surgical Nursing Made  
Incredibly Easy!

Maternal-Neonatal Nursing Made  
Incredibly Easy! Second Edition offers

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everything nurses need to know for optimal maternal-neonatal nursing care. This thoroughly updated edition includes new information on bed rest, postpartum depression, alternative therapies, substance abuse, and complex psychosocial disorders, plus a new icon highlighting evidence-based practice. The book is written in the entertaining, award-winning Incredibly Easy! style, with numerous charts and illustrations, two four-page full-color inserts, humorous cartoons, icons emphasizing key information, memory joggers, and end-of-chapter quick quizzes. A bound-in CD-ROM contains more than 250 NCLEX®-style questions, as well as concept maps and lists of disorders with their associated nursing diagnoses. Publisher's Note: Products purchased from 3rd Party sellers are not

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guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Feeling unsure about the ins and outs of charting? Grasp the essential basics, with the irreplaceable Nursing Documentation Made Incredibly Easy!®, 5th Edition. Packed with colorful images and clear-as-day guidance, this friendly reference guides you through meeting documentation requirements, working with electronic medical records systems, complying with legal requirements, following care planning guidelines, and more. Whether you are a nursing student or a new or experienced nurse, this on-the-spot study and clinical guide is your ticket to ensuring your charting is timely, accurate, and watertight. Let the experts walk you through up-to-date

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best practices for nursing documentation, with: NEW and updated, fully illustrated content in quick-read, bulleted format  
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Easy-to-read, easy-to-remember content that provides helpful charting examples demonstrating what to document in different patient situations, while addressing the different styles of charting  
Outlines the Do's and Don'ts of charting – a common sense approach that addresses a wide range of topics,



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including: Documentation and the nursing process—assessment, nursing diagnosis, planning care/outcomes, implementation, evaluation

Documenting the patient's health history and physical examination The Joint Commission standards for assessment Patient rights and safety Care plan guidelines Enhancing documentation Avoiding legal problems Documenting procedures Documentation practices in a variety of settings—acute care, home healthcare, and long-term care

Documenting special situations—release of patient information after death, nonreleasable information, searching for contraband, documenting inappropriate behavior Special features include: Just the facts – a quick summary of each chapter's content Advice from the experts –

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seasoned input on vital charting skills, such as interviewing the patient, writing outcome standards, creating top-notch care plans “Nurse Joy” and “Jake” – expert insights on the nursing process and problem-solving That’s a wrap! – a review of the topics covered in that chapter About the Clinical Editor Kate Stout, RN, MSN, is a Post Anesthesia Care Staff Nurse at Doshier Memorial Hospital in Southport, North Carolina.

Now in its third edition, this informative and indispensable reference reviews fundamental information about fluids, electrolytes, and acid-based balance; identifies electrolyte fluid, acid, and base imbalances; describes imbalances in major health problems, and more in an easy-to-understand format.

Step into maternal-neonatal nursing

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with confidence and know-how, with the fully updated Maternal-Neonatal NursingMade Incredibly Easy!®, 4th Edition. This friendly guide's colorful images and helpful learning aids offer the latest in nursing interventions for prenatal care basics, including high-risk pregnancy, family planning, contraception and infertility, labor and birth, and postpartum care, presented in the enjoyable Incredibly Easy style. Offering practice questions written in NCLEX® exam format, this is the ideal support for nursing students and new nurses preparing for certification and the everyday challenges of the maternal-neonatal unit.

Assessment Guides, Diagnoses,  
Psychopharmacology  
Nursing Care Planning Made  
Incredibly Easy!

Assessment Made Incredibly Easy!.

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on how to develop  
practical,  
individualized plans of  
care for psychiatric and  
mental health patients.  
It's the perfect quick  
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clinical rotations...and  
later for practicing  
nurses. This Pocket  
Guide is really two  
books in one! The first  
half provides the  
diagnostic information

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needed to create a care plan; the second half covers the safe prescription and administration of psychotropic medications. And, the concepts can be applied in a variety of healthcare settings...from in-patient hospitalization through the outpatient clinic...to home health and private practice.

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Course Review - NCLEX®  
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health nursing knowledge while improving your critical-thinking and test-taking skills. Over 900 multiple-choice and alternate format questions, organized by specific disorders, make a difficult subject more manageable. Rationales for both correct and incorrect answers as well as test-taking tips help you critically analyze the question types. BONUS! Two, 75-question exams online at DavisPlus--look inside the book for your

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FREE Plus Code to gain access! Thoroughly updated and enhanced, the 2nd Edition of this AJN Book-of-the-Year offers an increased emphasis on alternate-item format questions, including fill-in-the-blank, select-all-that-apply, and ordered response. "The Success books have been an absolute lifeline for me. My "Success" proves it! It doesn't matter if you get the question right or wrong because you get so much out of

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the rationale- and then you can apply that information to your next exam, clinical rotation, or the NCLEX" - Corrie Cyre, President, Student Nurses Association, Hillsborough Community College Southshore, Hillsborough, FL Use this exceptional resource with your current textbook for additional practice questions. It's the ideal companion to Mary C. Townsend's psychiatric nursing texts--each title



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review with over 600  
study questions and  
rationales that follow  
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provides solid clinical  
information and detailed  
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approach to learning, which breaks down complex concepts and provides unique memory aids that encourage knowledge retention.

This affordable resource also offers psychiatric nursing study questions, following the same organization as the review text, and contains special sections on the exam structure, studying and test-taking tips, and information to help international students and graduate nurses pass

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the NCLEX. Special features include:  
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Complete answers, rationales, client needs, cognitive levels, and nursing process for all questions  
Two chapters present information on NCLEX® exam structure

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strategies

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### of-Care Clinical Guide

Stressed by the ins and outs of cardiovascular care? Face the challenges confidently, with the newly updated *Cardiovascular Care made Incredibly Easy!*®, 4th Edition. Using helpful learning aids that boost your understanding and retention, this colorfully illustrated, enjoyable text is packed with easy-to-remember definitions and clear, concise descriptions of crucial cardiovascular nursing concepts and procedures, from assessment to diagnostic tests to emergencies. The ideal reference for students and new nurses, it is also an invaluable refresher for all experienced nurses.

Written in the award-winning *Incredibly Easy!* style, this book provides complete and clear explanations of how drugs act and interact in the treatment

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of disease. Focusing on mechanisms of drug action, the book details specific drugs by pharmacologic class for all body systems as well as drugs for pain, psychiatric disorders, infection, fluid and electrolyte imbalances, and cancer. Potentially dangerous drug and drug-herb interactions are highlighted. This thoroughly updated edition covers the newest drugs in each pharmacologic class and includes information on obesity drugs, a new chapter on genitourinary system drugs, a new medication safety feature, and a new appendix on common herbal preparations and their drug interactions.

Named a 2013 Doody's Core Title!  
2012 Second Place AJN Book of the Year Award Winner in Psychiatric-Mental Health Nursing! "This is truly a contribution to the hands-on clinical

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literature....This book can serve as a resource for nurses working in inpatient psychiatry, nursing students, and nursing faculty who teach undergraduate psychiatric nursing."--Choice: Current Reviews for Academic Libraries "[A] great book for inpatient psychiatric nurses."--Doody's Medical Reviews Psychiatric nursing practice has changed dramatically over the past decades to accommodate vast changes in our health care system. The patients who now meet the level of care standards for an acute care setting have to be very ill and typically exhibit considerable behavioral impairments and multiple safety issues. This handbook for psychiatric nurses and nursing students reflects these changes and focuses on four particularly challenging aspects of acute psychiatric nursing practice: keeping the patient



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safe, stabilizing symptoms, promoting engagement in treatment, and discharge planning. In a systematic, easy-to-access format, the book offers proven, clinically useful interventions designed to modify and manage disruptive patient behavior. Also included is a chapter on overcoming one's own barriers to effective nursing in the difficult psychiatric environment. This important interdisciplinary clinical resource grew from a forum of Butler Hospital nurses who convened over a two-year period to identify and explore successful interventions used in the inpatient psychiatric acute care setting. The guide represents a collaboration between these health care professionals and their colleagues at the University of Rhode Island McLean Hospital, New York Presbyterian Hospital, and the Institute of Living. Key

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Features: Provides practice-based evidence and clinically useful interventions designed to modify and manage challenging and disruptive patient behavior Represents interdisciplinary collaborative work among staff nurses, advanced practice nurses, psychiatrists, social workers, occupational therapists, and psychologists Presents clinical practice savvy equally useful to new psychiatric nurses and nursing students Disseminates information in an easy-to-access, consistent format This book is also available as part of a discounted set. To view the Psychiatric-Mental Health Nursing Special Student Pack, click the link above.

**NCLEX-RN REVIEW MADE  
INCREDIBLY EASY, 6E** is designed to help nursing students prepare to take the licensing examination. The book

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blends critical content review in an easy-to-follow and bulleted format, pharmacology tables that summarize core medication information, and thousands of questions covering all the Client Need categories of NCLEX and the major content areas of pre-licensure programs. The product reviews core curriculum concerns and more than 3,000 questions that prompt active learning and higher-order thinking. Questions align with the National Council of State Boards of Nursing (NCSBN) 2019 RN test plan and are written in the style used on the licensing examination. Other features include the use of all the types of alternate-format questions found on the licensing examination, detailed rationales for both correct and incorrect answers, and information about the NCLEX-RN. An accompanying code gives student

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fun way for students to***

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***prepare for NCLEX and other tough exams - and offers practicing nurses an excellent review for professional certification. More than 1,000 multiple-choice questions cover the fundamentals of psychiatric care; schizophrenia and other psychotic disorders; mood, anxiety, personality, cognitive, eating, and other disorders; substance abuse; and other special topics. Users stay motivated with three mesmerizing games that boost recall. Includes immediate feedback for each question, rationales for correct and incorrect answers, helpful hints for hard-to-answer questions, a 16-page***

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***psychiatric nursing can be***

***Incredibly Easy! This***

***psychiatric nursing guide will***

***help you master the***

***assessment, management, and***

***recovery of your mental***

***health patients. Part of the***

***popular and award-winning***

***Made Incredibly Easy series,***

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***edition clarifies the***

***complexities of psychiatric***

***nursing, providing an oasis of***

***down-to-earth wisdom and***

***guidance. Seasoned experts in***

***psychiatric-mental health***

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***nursing present symptoms, causes and diagnostic methods for more than 70 psychiatric disorders describing the latest in treatment approaches, psychopharmacology, and nursing interventions. Numerous helpful patient care tips are offered in a reader-friendly format and positive tone, interlaced with the series' trademark humor. This is an encouraging and insightful reference for students and nurses of all specialties and skill levels. Crucial, on-the-go drug information! From alprazolam to zolpidem—this handy guide delivers quick access to the important pharmacologic***

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***content for 80 psychotropic drugs. Organized by generic name, each monograph covers indications (including off-label use***

***Worried about handling the challenges of emergency nursing? Skillfully handle the daily demands of the emergency room, with the fully updated Emergency Nursing Made Incredibly Easy!®, 3rd Edition. Full of colorful illustrations, humor and friendly expert advice, this go-to reference offers solid, step-by-step guidance on the assessments, exams, tests and treatments involved in emergency, trauma and critical care – all in the enjoyable Incredibly Easy®***



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***style.***

***Includes DSM-5!***

***Essentials of Psychiatric  
Nursing***

***Psychiatric Nursing Made  
Incredibly Easy! + PrepU for***

***Mohr's Psychiatric-Mental  
Health Nursing Access***

***Inpatient Psychiatric Nursing***

***Clinical Pharmacology Made  
Incredibly Easy!***

Written in the award-winning Incredibly Easy style, this invaluable reference is packed with the most up-to-date information on more than 70 psychiatric disorders. Clear language and a simple organization keep information concise and easy to find. The reference is organized by disorders and includes an overview of psychiatric nursing. Numerous

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icons provide the reader with tips on caring for psychiatric patients from experts, the latest research, cultural considerations, and the latest news in psychopharmacology. Memory joggers and quick quizzes reinforce learning. An appendix of Web resources is included for further study.

The new edition of *Nursing Care Planning Made Incredibly Easy* is the resource every student needs to master the art of care planning, including concept mapping.

Starting with a review of the nursing process, this comprehensive resource provides the foundations needed to write practical, effective care plans for patients. It takes a step-by-step approach to the care planning process and builds the

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critical thinking skills needed to individualize care in the clinical setting. Special tips and information sections included throughout the book help students incorporate evidence-based standards and rationales into their nursing interventions.

Expanded, updated, and now in full color throughout, this Fourth Edition presents vital pathophysiology information in an easy-to-understand, easy-to-remember, entertaining, and practical manner. Chapters cover cancer, infection, immune disorders, genetics, blood, and disorders of each body system, highlighting pathophysiologic processes, signs and symptoms, diagnostic test findings, and current treatments. Illustrations,

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memory joggers, and other special features help readers understand and remember key points. This edition's expanded cancer chapter covers more types of cancer. The Practice Makes Perfect self-test includes more NCLEX®-style questions, with rationales for correct and incorrect answers. A companion website on thePoint will offer additional information, illustrations, memory joggers, and study cards.

Psychiatric-Mental Health Nursing (PMH-BC™) Certification Review is designed to help you prepare for the American Nurses Credentialing Center (ANCC) board certification exam. This comprehensive study aid begins with an overview of the exam, scope and standards of practice, and fundamental theories.

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It examines topics such as therapeutic treatment and management, patient education, cultural competence, communication, health promotion, and crisis management. A wide range of psychiatric disorders, as organized in the DSM-5, are systematically reviewed in a templated approach that takes the reader through the nursing process step by step. Each chapter covers everything you need to know to pass the exam and includes end-of-chapter questions to check your knowledge. The review concludes with a full-length practice test to get you ready for exam day. With over 300 practice questions and detailed review content and answer rationales, this study aid empowers you with the tools and materials to

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study your way and the confidence to pass the first time, guaranteed! Know that you're ready. Know that you'll pass with Springer Publishing Exam Prep. Key Features Reflects the latest ANCC exam blueprint Provides a comprehensive yet concise review of essential knowledge for the exam Includes test-taking strategies and tips, scope of practice, and fundamental theories Covers the most commonly encountered psychiatric disorders, as organized in the DSM-5 Includes end-of-chapter Q&A and a full practice test with detailed rationales Boosts your confidence with a 100% pass guarantee PMH-BC™ is a registered service mark of American Nurses Credentialing Center (ANCC). ANCC does not sponsor or endorse this resource,

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Psych Notes

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Success

Psychiatric-Mental Health Nurse  
(PMH-BCTM) Certification Review

NCLEX-RN® Psychiatric  
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Easy! is really two

books in one: a

comprehensive review of  
psychiatric nursing for  
the NCLEX exam, plus a  
question and answer

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review with over 600 study questions and rationales that follow the most recent NCLEX test plan. This subject-focused study resource provides solid clinical information and detailed rationales using the Incredibly Easy! approach to learning, which breaks down complex concepts and provides unique memory aids that encourage knowledge retention. This affordable resource also offers psychiatric nursing study questions,



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following the same organization as the review text, and contains special sections on the exam structure, studying and test-taking tips, and information to help international students and graduate nurses pass the NCLEX.

A pocket-sized clinical companion, *Manual of Psychiatric Nursing Care Planning, 4th Edition* helps you assess psychiatric nursing clients, formulate nursing diagnoses, and

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design psychiatric nursing care plans. It offers quick and easy access to information on care in a range of settings including the inpatient unit, home care, or community mental health setting. Expert author Elizabeth M. Varc Carolis, RN, MA, provides a clinically based focus with the latest guidelines to psychiatric nursing care. Designed to accompany Foundations of Mental Health Nursing, this book is a perfect

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reference for creating care plans and for clinical use. Current coverage includes the latest diagnoses, assessment and treatment strategies, and psychotropic drug information relevant to nursing care of patients with psychiatric disorders. Clinically based information helps you provide patient care in a range of environments including the inpatient unit, community mental health setting, or home care

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setting. Coverage of all major disorders includes those commonly encountered in a clinical setting. A consistent format for each care plan includes a nursing diagnosis, etiology, assessment findings/diagnostic cues, outcome criteria, long-term goals, short-term goals, and interventions and rationales. Assessment tools such as tables, charts, and questionnaires are provided in an appendix

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for quick reference. A Major Psychotropic Interventions and Client and Family Teaching chapter describes the uses and workings of psychotropic agents. The latest diagnostic information includes the DSM-IV-TR taxonomy with diagnostic criteria for mental disorders, to enable accurate assessment and diagnosis of patients. Current psychiatric nursing guidelines are based on ANA's 2007 Psychiatric Mental-Health Nursing:

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Scope and Standards of Practice. Updated 2009-2011 NANDA-I nursing diagnoses assist with accurate diagnoses by including the latest nursing diagnoses related to psychiatric nursing. Updated drug information includes the latest on medications used with psychiatric patients, for optimal drug therapy.

Medical-Surgical Nursing Made Incredibly Easy!, Second Edition, is a practical, informative reference in the

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entertaining, award-winning Incredibly Easy! style. This thoroughly updated edition covers hundreds of disorders and includes new chapters on end-of-life care and obesity, plus sixteen pages of full-color illustrations, sidebars on evidence-based practice pointers, and a patient resources appendix. Chapters feature key points summaries, light-hearted headings, and illustrations and are formatted to help

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readers find information easily. Quick-scan tables, flow charts, key terms, bullets, checklists, graphic logos, and cartoon characters highlight essential information. A bound-in CD-ROM contains over 300 NCLEX®-style questions, plus concept maps and other tools. Now with DSM-5 Content! This pocket guide delivers quick access to need-to-know information on basic behavioral theories, key aspects of psychiatric and crisis



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interventions, mental status assessments and exams, mental health history and assessment tools, and so much more. How & why They Do what They Do

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succeed in your psychiatric mental health nursing course and prepare for course exams and the NCLEX®.

Succinct reviews of content in outline format focus on must-know information, while case studies and NCLEX-style questions develop your ability to apply your knowledge in simulated clinical situations. A

100-question final exam at the end of the book.

"Assessment Made Incredibly Easy, 5e presents nursing assessment skills in the reader-friendly Incredibly Easy! format that makes learning fun. With an appealing 4-color interior and light-hearted humor throughout, the text provides the know-how nurses need to obtain pertinent health histories, perform physical examinations, and recognize normal and abnormal findings. Abundant full-color

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illustrations, charts, memory joggers, and other special features help nurses master assessment techniques and remember key information. The Practice Makes Perfect self-test includes updated NCLEX(r)-style questions with rationales for correct and incorrect answers. A companion Website offers ancillary materials, including an image bank, printable study cards, and numerous games newly added for this 5th edition"--Provided by publisher.