

Bookmark File  
PDF Raising Boys

# Raising Boys

***A friendly and practical guide to the stages and issues in boys' development from birth to manhood. From award-winning psychologist Steve Biddulph***

Bookmark File  
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***comes an  
expanded and  
updated edition  
of RAISING BOYS,  
his international  
best seller  
published in 14  
countries. His  
complete guide  
for parents,  
educators, and  
relatives  
includes  
chapters on***

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***testosterone,  
sports, and how  
boys' and girls'  
brains differ.  
With gentle  
humor and  
proven wisdom,  
RAISING BOYS  
focuses on boys'  
unique  
developmental  
needs to help  
them be happy  
and healthy at***

Bookmark File  
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***every stage of  
life.***

***In A Couple After  
God's Own Heart  
Interactive  
Workbook, Jim  
and Elizabeth  
George build on  
the content of  
their book, A  
Couple After  
God's Own Heart,  
to create a  
companion guide***

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***that leads  
husbands and  
wives through a  
fascinating study  
on God's plan for  
marriage.  
Through a  
unique blend of  
Bible study  
material,  
questions for  
thought, and  
"What Can I Do  
Today?"***

Bookmark File  
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***applications,  
couples will grow  
a closer and  
deeper union as  
they... learn from  
the successes  
and failures of  
key couples in  
the Bible  
discover the  
essentials to a  
better marriage  
participate in  
discussions***

Bookmark File  
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***designed to  
stimulate  
communication  
with each other  
set and apply  
goals that help  
husbands and  
wives be all God  
designed them  
to be determine  
how to make the  
best of the  
strengths and  
weaknesses in***

Bookmark File  
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***their relationship  
This friendly and  
practical study  
offers life  
lessons from a  
variety of well-  
known couples in  
Scripture, and  
will equip  
spouses to  
experience more  
and more of the  
incredible bliss  
only God can***



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***bring into a marriage. Have you ever laughed, slapped your forehead and thought, "What the heck is wrong with these boys?" If this is you, you're not alone. Whether they are whacking themselves in***

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***the head, asking inappropriate questions, or playing with their body parts, boys often can be flabbergasting. Author and communication studies professor Diane Auten understands. As a mother of two***

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***crazy boys, she understands firsthand how parents, teachers, or caregivers to boys are often confused about how to relate to them; but it doesn't have to be this way. We can have more fun and***

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***connective relationships with our boys, if we learn how to start early. Using hilarious situations from her own sons' lives, Diane gives you a glimpse into the world of raising boys and how to improve your***

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***relationships  
with them.***

***Readers of The  
Joys of Raising  
Boys will laugh  
while discovering  
how boys: -  
learn, explore,  
and talk about  
body parts -  
make sense of  
relationships and  
love - view life  
circumstances -***

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***use their  
untamable  
imagination This  
is a Mom-oir that  
looks at what  
happens when  
the filters are  
turned off. From  
boys wondering  
when they're  
going to get  
"hairballs on  
their tenders" to  
running up and***

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***down the crowded department store aisles celebrating a particularly good poop, The Joys of Raising Boys: The Good, the Bad, and the Hilarious takes a look at the gritty (and frequently jaw dropping)***

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***business of  
raising boys.  
Raising Boys Why  
Boys are  
Different--and  
how to Help  
Them Become  
Happy and Well-  
balanced Men  
You're a caring  
mother of boys,  
part of the "boy  
mom" phenomem  
on—now learn***



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***how to raise your son to be compassionate, empathetic, and emotionally intelligent with this parenting guide made just for you. Raising a boy, also known as being a “boy mom,” is tough in today’s culture. We want***

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***our sons to grow into strong men who will stand up for what's right and take care of those they love, but we also want them to share their thoughts, show their feelings, and express emotions in appropriate***

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***ways. At its core, we need to teach our boys empathy. That's where emotional intelligence comes in. Boys need to understand what they're feeling in any given situation and be able to regulate themselves***

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***accordingly. In this first-ever book combining emotional intelligence with parenting specific to boys, boy moms will learn how to help their sons: - identify and name their emotions - develop***

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***empathetic  
listening skills -  
nurture positive  
and lasting  
relationships  
with others -  
tackle life with a  
growth mindset -  
use strategies  
like mindfulness  
to regulate their  
emotions With  
Raising Resilient  
Sons, parents***

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***will be equipped  
with the tools  
they need to  
build up their  
sons into the  
men they know  
they can  
be—men who  
look for the  
good, spread  
kindness, react  
with empathy,  
and lead with  
strength and***

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***resilience.***

***Raising Girls in  
the 21st Century:  
Helping Our Girls  
to Grow Up Wise,  
Strong and Free  
The Good, the  
Bad, and the  
Hilarious***

***Raising Boys  
without Men  
Raising Cain  
7 Secrets to  
Raising Healthy***

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***Sons  
Boys Should Be  
Boys  
Secrets for  
Parenting  
Successful,  
Happy Sons***

This guidebook,  
packed with  
wisdom, practical  
advice, resources,  
and  
encouragement,



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explores how moms can equip their sons with what they most need to succeed in life. Monica Swanson knew she'd tapped a heartfelt concern when nearly two million readers shared her blog

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post "What a Teenage Boy Needs Most from His Mom." In this helpful book, she takes mothers deeper into the insights they need for the boy-raising journey, covering topics from dealing with the

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daily influences of friends and technology to helping a boy grow to be physically, spiritually, and emotionally healthy. She also addresses learning and finding passions,

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perspectives on relationships and dating, and work ethics and money management.

Each chapter features relatable stories, handy checklists, and practical advice based on a combination of

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research,  
experience, and  
biblical truth to  
guide and equip a  
mom in helping  
her son achieve  
his God-given  
potential.

"The family  
elements in the  
story - the real  
struggles with

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marriage, raising a family, making a living, and just trying to enjoy life - have broadened the book's appeal to a wider audience, primarily women who are not into technology."DARK  
END OF

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SPECTRUM will  
make you think  
twice before  
turning on your  
cell phone or  
PDA! DARK END  
OF THE  
SPECTRUM is a  
frighteningly  
plausible and  
headline ripping  
tale of the real

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threats that loom in cyberspace and beyond with a Michael Crichton realism. Based on the author's years of research into the hacker culture. DARK END OF THE SPECTRUM is a thriller that will



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connect with everyone with a cell phone, PDA or wireless device. When a group of digital terrorists known as ICER take over the US power grid and the cell phone network, they give the government

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an ultimatum -  
bomb the borders  
of Afghanistan  
and Pakistan with  
nuclear weapons  
to put an end to Al-  
Quada or they will  
start downing  
commercial  
airliners. When  
the government  
refuses, ICER

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destroys most of  
the downed  
aircraft in airports  
all over the  
country. When  
ICER sends a  
pulse that will kill  
millions on the  
East Coast, only  
security expert  
Dan Riker can  
stop them, but

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ICER has kidnapped Dan's family. Will Dan save his family or will millions die? Combines the latest research in brain science with wisdom from the Bible to offer strategies for raising a son of

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faith and helping him succeed in school, develop a strong character, and nurture compassion and empathy.

Dave Willis, author, speaker, and father of four boys, talks biblically and

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practically about  
how to raise a  
generation of boys  
who are  
champions,  
encouragers, and  
respecters of  
women. In the  
#metoo and  
#churchtoo era,  
with so many men  
and boys

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continuing to  
make the same  
mistakes, we have  
to ask: Where are  
we going wrong?  
And perhaps more  
importantly, how  
do we raise up  
men who will  
break this cycle?  
As the father of  
four boys,

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relationship coach  
and author Dave  
Willis has studied  
this issue deeply,  
concluding that if  
we are to raise  
boys to respect  
girls--and not end  
up with men who  
say they respect  
women but whose  
actions reveal



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otherwise--we  
must go back to  
the heart of  
things. Or, more  
specifically, we  
must go back to  
our own hearts. In  
Raising Boys Who  
Respect Girls,  
Willis helps  
readers inventory  
the blind spots

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that lead to  
accidental forms  
of disrespect,  
showing how to  
root out issues in  
our own hearts  
before we  
inadvertently pass  
along these same  
issues to our boys.  
He also teaches  
readers how to

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cultivate a healthy respect for God and for themselves as created in his image, as well as a similar respect for others. Full of scripture, research, age-specific tools, and conversation

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models, this book offers a practical strategy for mindful parents to first embody the right principles themselves and then teach them to their sons.

Written by two professionals who have "been there

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and done that" with their own sons with ADHD, Raising Boys With ADHD empowers parents to help their sons with ADHD find success in school and beyond. The book covers topics not often found in

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other parenting guides such as the preschool years and early diagnosis and strategies for teens transitioning to work and college. Filled with practical knowledge,

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resources, and tools needed to help parents address the many strengths and challenges of boys with ADHD, this book provides parents with encouragement and hope for the future.

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Mothering Our  
Boys (US Edition)  
Parents and the  
Making of a  
Healthy Man  
Raising Boys With  
ADHD  
Mothers and Sons  
Bringing Up Boys  
Lessons Mothers  
Need to Raise  
Extraordinary



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Men

Shepherding Your  
Sons to be Men of  
God

Raise a kind and  
confident son with  
this advice for  
parenting boys  
ages 8 to 12

Parenting a young  
boy can feel like  
total chaos,

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especially if he's your first. His mind and body are changing, and so is his relationship with you. How do you handle puberty? His schoolwork? Health and hygiene? Don't worry, The First-

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Time Mom's Guide to Raising Boys will walk you through all of it with clear and proven advice from a mom of four (yes, four!) boys. Learn how to be a supportive resource and a role model for your

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son, and how to talk to him about the challenges he'll face. Find strategies for everything from teaching social responsibility to helping him build self-esteem and integrity. This is your complete

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## PDF Raising Boys

resource for raising boys: Tackling the tough stuff--Address important issues like puberty, sex, consent, and mental health, with advice for initiating crucial conversations. For modern

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families--Explore advice that works for families of all types, plus tips for raising boys in the ever-expanding digital worlds of YouTube, Twitch, and more.

Moments of reflection--Each chapter ends with

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thought-provoking questions that encourage you to think about your hopes and fears as a parent, and identify your values and priorities. Connect with your son and set him up for a happier adulthood

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with this ultimate guide to raising boys.

"Contains material adapted from The Everything Parent's Guide to Raising Boys, 2nd edition by Cheryl L. Erwin"--Title page verso.

A guide for African



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American parents offers more than one hundred tips on guiding boys into adulthood and helping them avoid the negative impact of peer pressure and popular culture.

**NOW A MAJOR MOTION**

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PICTURE The #1  
New York Times  
bestselling  
worldwide  
sensation with  
more than 12  
million copies sold,  
“a painfully  
beautiful first novel  
that is at once a  
murder mystery, a  
coming-of-age

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narrative and a celebration of nature” (The New York Times Book Review). For years, rumors of the “Marsh Girl” have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late

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1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for

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years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand. Then the time comes when she yearns to be touched and loved. When two young men from town become intrigued

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by her wild beauty, Kya opens herself to a new life—until the unthinkable happens. Where the *Crawdads Sing* is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a

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surprising tale of possible murder. Delia Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps.

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Steve Biddulph's Raising Boys was a global phenomenon. The first book in a generation to look at boys' specific needs, parents loved its clarity and warm insights into their sons' inner world. But today,



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things have  
changed. It's girls  
that are in trouble.  
The Gender Trap  
Raising Boys by  
Design  
Preparing Boys to  
Be Men When  
There's No Man  
Around  
Why Boys are  
Different--and how

# Bookmark File PDF Raising Boys

to Help Them  
Become Happy  
and Well-balanced  
Men

Raising Boys Who  
Respect Girls  
Raising Black  
Boys

A Mindful  
Approach to  
Raising a  
Confident,

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Resilient Son \*

Promote Self-  
esteem \*

Encourage  
Positive  
Communication \*

Strengthen Your  
Relationship

A guide to raising  
boys discusses  
encouragement,  
spending time

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together, the role of outdoor activities, rules, virtue, and addressing important issues.

Here's sensible advice and caring encouragement on raising boys from the nation's most trusted parenting authority, Dr. James Dobson. With so

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much confusion about the role of men in our society, it's no wonder so many parents and teachers are asking questions about how to bring up boys. Why are so many boys in crisis? What qualities should we be trying to instill in young

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males? Our culture has vilified masculinity and, as a result, an entire generation of boys is growing up without a clear idea of what it means to be a man. In the runaway bestseller *Bringing Up Boys*, Dr. Dobson draws from his experience

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as a child psychologist and family counselor, as well as extensive research, to offer advice and encouragement based on a firm foundation of biblical principles.

The second edition of the best-selling **Raising Boys With**

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ADHD features the latest information on research and treatment for boys with ADHD. This book: Empowers parents to help their sons with ADHD find success in school and beyond. Covers topics not often found in other parenting guides.



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Provides a strength-based approach to helping boys discover their strengths and abilities. Helps boys become motivated, successful, and independent adults. Discusses the preschool years, early diagnosis, and strategies for teens

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transitioning to work and college. Filled with practical knowledge, a dynamic action planning guide, resources, and tools needed to help parents address the many strengths and challenges of boys with ADHD, this book provides

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parents with encouragement and hope for the future. Study looks at being a positive adult example for boys and girls.

My eight-year-old son is the only boy in his class who doesn't have a Gameboy. I don't want him to be

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ostracized for not having one, but I worry that it's addictive. What do you think? Our two sons are eleven and fourteen, and they are fiercely competitive. The tension around our house is awful. How can we help them get along better?

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We've worked very hard to keep our ten-year-old son in touch with his feelings. Sometimes it seems as if we've put him at a disadvantage, surrounded by tougher boys who can be pretty cruel with teasing. How can we help him

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protect himself  
when other boys  
start to tease? With  
his bestselling book  
Raising Cain,  
Michael Thompson,  
Ph.D., at last broke  
the silence  
surrounding the  
emotional life of  
boys and  
spearheaded an  
important national

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debate. His warmth and humor quickly made him a popular and respected international speaker and consultant. Now he directs his authority, insight, and eloquence to answering your questions about raising a son. With

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candid questions  
and thoughtful,  
detailed responses,  
Speaking of Boys  
covers hot-button  
topics such as peer  
pressure,  
ADHD/ADD, and  
body image as well  
as traditional issues  
such as friendship,  
divorce, and college  
and career



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development. This perceptive, informative, and passionate book will leave you not only with useful, practical advice but also with the comforting knowledge that other parents share the same concerns you do when it comes to raising our

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boys into well-adjusted, responsible men.

The Conscious Parent's Guide to Raising Boys  
Dark End of the Spectrum

Tools Your Son Can Build On for Life  
Raising Men, Not Boys

Raising Boys

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Masterminds &  
Wingmen

Why Boys Are  
Different - and How  
to Help Them

Become Happy and  
Well-Balanced Men

**Explores the  
development of  
boys from birth  
to manhood  
and includes  
sections on**

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**bullying, online  
pornography,  
social media,  
and how boys'  
and girls' brains  
differ.**

**Foundational  
wisdom on how  
mothers can  
build  
emotional,  
spiritual, and  
sexual stability**

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**in their sons.  
How do we  
build our sons  
to be tough but  
not arrogant?  
mannered but  
not soft?  
imaginative but  
not lazy? bold  
but not hollow?  
Future Men is a  
Christian guide  
to raising**

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**strong, virtuous sons, contrary to the effeminacy and sentimentalism of contemporary culture. When Theodore Roosevelt taught Sunday school for a time, a boy**

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**showed up one Sunday with a black eye. He admitted he had been fighting and on a Sunday too. He told the future president that a bigger boy had been pinching his sister, and**

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**so he fought  
him. TR told  
him that he had  
done perfectly  
right and gave  
him a dollar.  
The stodgy  
vestrymen  
thought this  
was a bit much,  
and so they let  
their exuberant  
Sunday school**



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**teacher go.  
What a loss.  
Unbelief cannot  
look past  
surfaces.  
Unbelief  
squashes; faith  
teaches. Faith  
takes a boy  
aside and tells  
him that this  
part of what he  
did was good,**

Bookmark File  
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**while the other part of what he did got in the way. "And this is how to do it better next time." As we look to Scripture for patterns of masculinity for our sons, we find them**

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**manifested  
perfectly in the  
life of the Lord  
Jesus Christ. He  
is the one who  
set the ultimate  
pattern for  
friendship, for  
courage, for  
faithfulness,  
and integrity.  
At a time when  
many boys are**

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**in crisis, a  
much-needed  
roadmap for  
helping boys  
grow into  
strong and  
compassionate  
men Over the  
past two  
decades there  
has been an  
explosion of  
new studies**

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**that have  
expanded our  
knowledge of  
how boys think  
and feel. In  
How to Raise a  
Boy,  
psychologist  
Michael  
Reichert draws  
on his decades  
of research to  
challenge age-**

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**old conventions about how boys become men. Reichert explains how the paradigms about boys needing to be stoic and "man like" can actually cause them to shut down, leading**

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**to anger,  
isolation, and  
disrespectful or  
even  
destructive  
behaviors. The  
key to changing  
the culture lies  
in how parents,  
educators, and  
mentors help  
boys develop  
socially and**

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**emotionally.  
Reichert offers  
readers step-by-  
step guidance  
in doing just  
this by: •  
Listening and  
observing,  
without  
judgment, so  
that boys know  
they're being  
heard. •**



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**Helping them  
develop strong  
connections  
with teachers,  
coaches, and  
other role  
models •  
Encouraging  
them to talk  
about their  
feelings about  
the opposite  
sex and**

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**stressing the importance of respecting women • Letting them know that they don't have to "be a man" or "suck it up," when they are experiencing physical or emotional pain.**

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**Featuring the latest insights from psychology and neuroscience, How to Raise a Boy will help those who care for young boys and teenagers build a boyhood that will enable them to grow**

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**into confident,  
accomplished  
and kind men.  
Counsels  
mothers on how  
to promote  
health and  
success in boys,  
sharing related  
advice on  
rebuilding  
positive mother-  
son bonds.**

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**Knights in  
Training  
Raising  
Resilient Sons  
The Power of  
Connection to  
Build Good Men  
Strong  
Mothers,  
Strong Sons**

**A Boy Mom's  
Guide to**

*Page 101/196*

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**Building a  
Strong,  
Confident, and  
Emotionally  
Intelligent  
Family  
The Joys of  
Raising Boys**

About those  
meltdowns,  
blowups, and one-  
word answers . . .  
Some say that's

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just how boys are--prone to outbursts or sullenness. But what's behind these and other issues? Drawing from twenty-five years of counseling boys and working with parents, David Thomas sheds

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light on common emotional struggles, including anger, anxiety, and depression, and shares practical ways you can help your son be Resourceful--equipped to work through his emotions in constructive ways



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Aware--so that he better understands himself, including his strengths and weaknesses

Resilient--having the capacity to cope and feel competent

Empathetic--able to understand the feelings and experiences of

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others Helpful also for grandparents, teachers, and anyone else who has a boy in their life, this book shows how a strong emotional foundation leads to a Christ-like sense of masculinity that will serve him well

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his whole life.

"This book is the most impactful, practical, and applicable playbook for raising young men that we have read to date."--TIM and ELISABETH HASSELBECK, ESPN analyst and bestselling author

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"David Thomas is someone I go to as a resource when it comes to parenting--especially parenting a boy."--RACHEL CRUZE, #1 New York Times bestselling author and host of The Rachel Cruze Show

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Playing off the themes in the Caldecott Medal-winning children's book *Where the Wild Things Are*, this informative, practical, and encouraging guide will help parents guide boys down the path to healthy and authentic

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manhood. Wild Things addresses the physical, emotional, and spiritual parts of a boy, written by two therapists who are currently engaged in clinical work with boys and their parents and who are also fathers raising five sons.

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Contains chapters such as "Sit Still! Pay Attention!" "Deficits and Disappointments," and "Rituals, Ceremonies, and Rites of Passage." The author of *Queen Bees and Wannabees* decodes the inner lives of boys to

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reveal how parents can forge stronger connections with their sons, explaining how boys are more likely to hide their feelings and resist adult support.

Reprint.

It's never too early to start talking to boys about



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gender, consent, and empathy. In a world still steeped in gender inequality and sexual violence, it's become more and more clear that we can't just teach girls to protect themselves. We must also teach

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boys not to do harm. As parents, we all want to raise kind and loving kids who will grow up to be conscientious adults. But when you look closely at our society—especially at the statistics surrounding rape,

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domestic violence,  
and sexual  
assault—it's clear  
that something  
needs to change.  
It's time to teach  
our sons  
compassion and  
empathy. It's time  
to show them that  
it's okay to cry, to  
laugh, to be angry,  
to be silly. It's

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time to teach them to respect girls, and not just the ones they think are pretty. It's time to teach them that it's not okay to pick on the queer kids, the little kids, and the fat kids. It's time to teach boys that it's not okay to treat kids

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of color like second-class citizens. It's time to teach our boys how to be conscious citizens. But where do you begin?

Written by a clinical psychologist with expertise in modern families,

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Raising Feminist Boys is a parent's guide to having age appropriate conversations with boys about sexual responsibility, consent, gender, empathy, and identity. You'll find an accessible framework that includes

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developmental considerations, language, and clear tools for how to talk with your son about feminism without shame, fear, or judgment. We need to have honest and informative conversations with

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our sons about sex and consent. We must show them how to recognize and question gender norms and bias, both within the culture and, most importantly, within ourselves. Raising Feminist Boys will give you the tools



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you need to get started.

Bringing chivalry back into our modern-day world, this book shows us how to inspire today's generation of young boys to pursue honor, courage, and compassion. In an age when respect

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and honor seem like distant and antiquated relics, how can we equip boys to pursue valor and courageously put the needs of others before their own? This book helps parents to inspire their boys by captivating

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their imagination and honoring their love for adventure. Heather Haupt explores how knights historically lived out various aspects of the knights' Code of Chivalry, as depicted in the French epic Song of Roland, and

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how boys can embody these same ideals now. When we issue the challenge and give boys the reasons why it is worth pursuing, we step forward on an incredible journey towards raising the kind of boys who, just like the

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knights of old,  
make an impact in  
their world now  
and for the rest of  
their lives.

Wild Things

How To Raise A  
Boy

Protecting the  
Emotional Life of  
Boys

Parents and the  
Pitfalls of Raising

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Boys and Girls  
Raising Boys with  
ADHD  
Raising  
Emotionally  
Strong Boys  
Raising a Son  
Boys pose  
special  
challenges for  
today's  
stressed  
parents. In

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Raising A Son,  
the Eliums  
embrace the  
challenges--and  
the joys--of  
raising boys  
with  
compassion,  
commitment,  
experience,  
patience, and  
humor. This  
fully updated

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and expanded edition follows the psychological development of boys from infancy to young adulthood. Look for new sections on: • media and violence • the



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“boy code” •  
age-appropriate  
morality • the  
out-of-control  
son • triggers  
for aggression  
• when and how  
to get help •  
coping with  
guilt • the  
highly  
sensitive son •  
triggers for

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withdrawal •  
why he gets  
overwhelmed • h  
ypersensitivity  
and ADD • the  
right role  
models  
A parent's  
guide and an  
"unflinching"  
account of the  
author's  
"journey"

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through the  
minefield of  
masculinity to  
become a better  
husband, dad,  
and human”

(Michael Ian  
Black, comedian  
and New York Ti  
mes–bestselling  
author of A  
Better Man).

Toxic

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masculinity is  
on display  
daily from  
public  
figures—and we  
see anger,  
dysfunction,  
violence, and  
depression in  
young men  
suffocated by  
harmful social  
codes. Our sons

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are told to  
stop throwing  
like a girl.

They're ordered  
to "man up"  
when they cry.

They hear "boys  
will be boys"  
when they  
behave badly.

These messages  
are damaging—as  
is the bullying

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that often follows attempts by boys to just relax and be themselves. But the power lies in the hands of parents to make things better. It's not only possible to raise boys who

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aren't  
emotionally  
stifled and  
shoved into  
stereotypical  
boxes; it's  
vital if we  
want a  
generation of  
men who can  
express their  
emotions,  
respect women,

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and help bring society back to a halfway healthy place.

We can reframe manhood. From the father who gained viral fame after tweeting his support for his son's painted fingernails



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(and who knows toxic masculinity very well), this is an often-humorous personal account and a source of practical tips on: Teaching boys that "girl" is not

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an insult and retiring phrases like "boys will be boys" Showing boys that dealing with their emotions makes them stronger, not "weak" Letting boys pursue nontraditional

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interests and  
hobbies Talking  
to boys about  
consent and  
privilege  
Modeling  
healthy and  
respectful  
relationships  
for boys to  
emulate "If you  
are the parent  
of a boy . . .

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this is the  
book you need .  
. . . insightful,  
enlightened,  
practical."

—Peggy

Orenstein, New  
York Times-  
bestselling  
author of *Boys  
& Sex* "He's an  
engaging guide

. . . Gouveia

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approaches his subject with honesty and concern for the dad as much as the son." —The Washington Post Nominated for a Books for a Better Life Award in Parenting Backed by peer-

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reviewed  
research, this  
hotly debated  
bestseller (San  
Francisco  
Chronicle)  
continues to  
open eyes with  
its finding  
that raising  
thriving,  
emotionally  
healthy sons

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does not  
require a man  
in the house.  
As the number  
of single-mom  
and two-mom  
households has  
grown, so have  
concerns about  
the possible  
damage caused  
by the lack of  
a stable male

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role model in  
the house.  
Determined to  
find the truth,  
research  
psychologist  
Peggy Drexler  
embarked on a  
long-term study  
comparing boys  
raised in  
nontraditional  
families with



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those whose fathers were present throughout their childhood. The results were startling. Female-headed households can provide even better parenting for

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boys than households with men. Sons from female-headed families can grow up emotionally stronger and more well-rounded than boys from "traditional" mother-father

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families—more  
in touch with  
their feelings  
yet masculine  
in all the ways  
defined by our  
culture.

The most  
popular book  
ever about  
raising boys is  
back,  
significantly

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updated to help raise sons in a world that offers gender equality, respect and a whole new kind of man, but is still haunted by toxic masculinity. You'll find cutting-edge

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science about the 'physical fours', the 'emotional eights' and how puberty can be turned into a positive time, along with hundreds of other practical tips for raising a son.

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No two boys are alike, and you have to get to know our own unique boy. The idea that 'if we understand them, we can help them' is what has made this book so well loved and trusted in over

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a million homes. As one of Australia's best-known psychologists for almost 30 years, Steve has introduced a generation of fathers into hands-on engagement with kids, and

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helped thousands of mothers gain confidence in their ability to raise sons well. He has worked with schools in 17 countries, and 130,000 parents have heard his unforgettable



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live talks.

'Biddulph is electrifying'

-Telegraph

'Biddulph is a spellbinder' -

60 Minutes

"What is my son

doing behind

his constantly

closed door?

What's with his

curt responses,

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impulsiveness,  
newfound  
obsession with  
gaming,  
and...that  
funky smell? As  
pediatrician  
and mother of  
two teenagers  
Cara Natterson  
explains,  
puberty starts  
in boys long

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before any visible signs appear, which causes confusion about their changing temperaments for boys and their parents alike. Often, they also grow quieter as they grow taller,

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which leads to less parent-child communication. But, as Natterson warns, we respect their increasing "need" for privacy and alone time at their peril.

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Explaining how modern culture mixes badly with male adolescent biology, she offers science, strategies, scripts, and tips for getting it right"--

Ten Principles

*Page 157/196*

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for Raising  
Honorable,  
Courageous, and  
Compassionate  
Boys

Raising Boys to  
Be Good Men

Raising  
Feminist Boys

Speaking of  
Boys

Raising Boys in  
the 21st

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Century

Raising Boys to  
Be Men

Raising Boys  
and Girls

How to raise a godly  
man in a godless  
world Perhaps there  
has never been a  
more challenging  
time to raise children  
than in today ' s

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culture. Parents are having to address challenges that their parents never had to with them. And while the core elements to raising children are the same, parents need wisdom for applying them to this day and age. That ' s what this book is



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about: navigating the times and raising a generation of men on godly principles—sons who are ready, able, and motivated to represent God during their days of sojourning on this earth. Pastor and author Mike Fabarez

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will help parents pass the faith on to their sons, in prayer that the promises of God extend to the third and fourth generations... and beyond. Parents will be equipped to:  
Envision their son 's future every day Set his spiritual trajectory

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Build a home that  
grows godly men  
Address the rebellion  
in their son ' s heart  
Prepare him to face  
the world and  
contribute to it Help  
their son toward a  
right view of play and  
leisure Navigate the  
teenage years There is  
an epidemic of grown

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men with the maturity of young boys. Be a parent who saves your child from prolonged adolescence.

Scripture says, “ The father of the righteous will greatly rejoice; he who fathers a wise son will be glad in him ” (Prov. 23:24).

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Children are a gift from the Lord. Read Raising Men, Not Boys to steward the gift of parenting and shepherd your sons to be men of God. "Emily Kane shows clearly that most parents understand children's personality to be some

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combination of nature and nurture, and many wish they could help nurture their children to escape gender traps. Yet these parents are themselves trapped by the gender structure itself, especially the accountability they

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feel to other people's expectations, and the fear that if their boys are free to explore activities usually associated with girls they will be punished by the world around them. The author shows clearly that to help parents navigate childrearing, we have

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to change the world around them. A good read, perfect for the undergraduate classroom, and clear enough even to give to those new parents in your family or the neighborhood." --Cover.

Written by two professionals who



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have "been there and done that with their own sons, this guide empowers parents to help their sons with ADHD find success in school and beyond.

"Maggie is earthy and real, full of love and knowledge, especially on raising sons." -

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Steve Biddulph

"Maggie's perspective on raising boys is spot on. She writes with humor and depth, providing insight and strategies for many of the most important issues facing moms. There is a lovely ease to her writing and a powerful honesty. I

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hope every mother of a son (and everyone else!) will read this book. The future of the world, to a great extent, depends on how we raise our boys." - Michael Gurian, New York Times Bestselling Author of The Wonder of Boys and

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Saving Our Sons If we can see the world through boys' eyes a little better, we will make different choices in the way we mother them... and we will find them less confusing, and love them more deeply. Mothers of sons are worried about raising

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their boys in a world where negative images of masculinity are front and centre of our media, almost every day. Not only that, but statistically our boys are still struggling in many ways. Even though we live in a time where we recognise

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that nothing in gender is fixed, it remains a fact that the influence of a mother on her son is massive. A mother of four sons herself, Maggie Dent draws on her personal experience - and over four decades work as a teacher, counsellor

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and now author and speaker - to help build understanding, empathy and compassion for our boys. Maggie shares her five key secrets that every mum needs to know and uses the voices of men she has worked with and surveyed to

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reveal what really matters in a boy's relationship with his mother and other mother figures.

Maggie is one of Australia's most popular parenting authors and educators, and her seminars about boys have sold out all



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across Australia and in the UK. She is finally sharing her insights, her reflections, and (as always) her humour around mothering boys to help you be the mum your son needs you to be.

The stunning success of *Reviving Ophelia*,

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Mary Pipher ' s  
landmark book,  
showed a true and  
pressing need to  
address the emotional  
lives of girls. Now,  
finally, here is the  
book that answers  
our equally timely  
and critical need to  
understand our boys.  
In Raising Cain, Dan

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Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country ' s leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation

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of boys who are hurting—sad, afraid, angry, and silent.

Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this

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basic, crucial  
question: What do  
boys need that  
they ' re not getting?  
They illuminate the  
forces that threaten  
our boys, teaching  
them to believe that  
“ cool ” equals  
macho strength and  
stoicism. Cutting  
through outdated

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theories of “ mother blame, ” “ boy biology, ” and “testosterone, ” Kindlon and Thompson shed light on the destructive emotional training our boys receive—the emotional miseducation of boys.

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Through moving case studies and cutting-edge research, Raising Cain paints a portrait of boys systematically steered away from their emotional lives by adults and the peer “ culture of cruelty ” —boys who receive little encouragement to

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develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it. Kindlon and Thompson make a compelling case that emotional literacy is



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the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show

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how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth. Powerfully written and deeply felt, *Raising Cain* will

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forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

Upending Locker Room Mentality, Blind Spots, and Unintended Sexism  
The First-Time Mom's Guide to

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Raising Boys  
The Art of Nurturing  
Boys  
Secrets for Parenting  
Healthy, Happy Sons  
A Parent's Guide to  
Bringing up Happy  
Sons in a World  
Filled with Toxic  
Masculinity  
How Maverick  
Moms Are Creating

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the Next Generation  
of Exceptional Men  
Boy Mom

How can a single  
mother provide  
her son with the  
strength and  
wisdom most  
boys receive from  
their fathers?  
How will her son  
learn to be a

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good man  
without a healthy  
male influence  
around? In today's  
world, many  
women--single  
mothers,  
grandmothers,  
even military  
wives--are left  
with the  
responsibility of  
raising children

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on their own. Being a single parent comes with many challenges, but for women one of the most difficult is to raise sons to be strong men and good fathers without a healthy male role model in the home. In

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Single Moms  
Raising Sons,  
Dana Serrano  
Chisholm speaks  
from her own  
experience as a  
single mother of  
two boys and  
inspires other  
single moms to  
partner with  
God--the Father  
of the fatherless.



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She teaches them to find strength and wisdom as they allow Christ to be their partner in very real ways--helping them raise their children. From financial concerns to passing on

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macho, Single  
Moms Raising  
Sons supplies  
honest insight,  
unifying  
encouragement,  
and practical  
applications to  
guide mothers as  
they raise their  
boys to be the  
solid, Christian  
men they want

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them to be.  
Single Moms  
Raising Sons  
What the Bible  
and Brain  
Science Reveal  
about What Your  
Son Needs to  
Thrive  
What Your Son  
Needs Most from  
You  
Decoding Boys

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Where the  
Crawdads Sing  
(Movie Tie-In)  
Future Men  
The Art of  
Understanding  
Their  
Differences;  
Member Book