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**Real Vietnamese Cooking is your
ticket to a new world of
Southeast Asian tastes and**

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flavors--from the traditional to the modern. On this vibrant culinary tour, visit the food stalls of Vietnam's bustling urban centers, pull up a kitchen chair for a family feast, and then--in one of the cookbook's most unique forays--sit down in a mess

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hall with the hungry soldiers of the Vietnamese Army. Real Vietnamese Cooking combines the collective culinary wisdom of three intrepid food explorers who spent many years training with Vietnam's best chefs while scouring the countryside in

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**search of tastes few foreigners
experience. The trio appear
throughout the cookbook, in
caricature form, serving as
guides, teachers and food
ambassadors. This cookbook
introduces readers to local takes
on classic dishes, as well as lesser**

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known favorites--all delicious and accessible, made with easy-to-find ingredients. The more specialized, including rice paper wrappers and rice flour, are readily available in all major American grocery chains. Street eats, food stall favorites and

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home-cooked delicacies that savvy travelers could once only find on the streets of Ho Chi Minh City and in the cafes of Hanoi are gathered here for the first time. This one-of-a-kind cookbook opens a new culinary window on contemporary

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**Vietnam, exposing the full range
of sweet, salty and savory tastes
previously unavailable to the
home cook. Dishes include:
Shrimp-stuffed spring rolls
Classic Pho**

**Explores the homogenization of
American culture and the impact**

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of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production.

Trek through lush rainforest, explore lively cities, and fall under the spell of a country on

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the rise with Moon Vietnam.

Inside you'll find: Strategic itineraries ranging from two days each in Hanoi and Ho Chi Minh City to a journey down the Dragon's Spine The top sights and unique experiences: Cruise the Mekong Delta and its colorful

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**floating markets and visit
beaches in resort towns like Nha
Trang. Sip local bia hoi beer
streetside in Hanoi or motorbike
through the countryside. Sample
bite-sized dumplings, rice cakes,
and other delicacies at a street
cart or indulge in fragrant pho.**

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Hike to remote northern H'mong and Dao villages in Sapa, explore the limestone karsts and caves of Ha Long Bay, or take an excursion to Angkor Wat, the largest religious site in the world
Honest advice on when to go, how to get around, and where to stay

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**from journalist and expat Dana
Filek-Gibson Background
information on health and safety,
as well as the landscape, history,
wildlife, and culture of Vietnam
Detailed maps and full-color
photos throughout Full coverage
of Hanoi, Ha Long Bay and the**

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**Northern Coast, The Central
Provinces, The South-Central
Coast, Ho Chi Minh City, and the
Mekong Delta With Moon
Vietnam's expert advice and local
insight, you can plan your trip
your way. Focusing on cities?
Check out Moon Hanoi or Moon**

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**Ho Chi Minh City. Expanding
your trip? Try Moon Phuket & Ko
Samui, or Moon Angkor Wat.
The Washingtonian
Quick & Easy Vietnamese
My Vietnamese Kitchen
Spicy Sour Sweet
The Marketing Information Guide**

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Real Vietnamese Cooking

The enhanced edition of Asian Dumplings offers an enriched cookbook experience, including video guidance on key dumpling techniques combined with the convenience of having a portable learning tool at

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your fingertips. Shaping dumplings can be intimidating, so it's no wonder that students in Andrea's classes pay the most attention to her detailed and encouraging how-to demonstrations. With the enhanced Asian Dumplings ebook, you get an on-demand

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dumpling-making class in your own home that covers everything from entry-level shapes such as the half-moon and pea pod to the mesmerizing wrist swirl used to create Shanghai Spring Roll Skins. Featuring eleven videos that demystify dumpling

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shaping for cooks of all levels, the enhanced audio-visual component of Asian Dumplings brings Andrea into your kitchen to guide you through each master technique--any time, as many times as you need. Plump pot stickers, spicy samosas, and tender

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b?o (stuffed buns) are enjoyed by the million every day in dim sum restaurants, streetside stands, and private homes worldwide. Wrapped, rolled, or filled; steamed, fried, or baked-Asian dumplings are also surprisingly easy to prepare, as

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Andrea Nguyen demonstrates in Asian Dumplings. Nguyen is a celebrated food writer and teacher with a unique ability to interpret authentic Asian cooking styles for a Western audience. Her crystal-clear recipes for more than 75 of Asia's

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most popular savory and sweet parcels, pockets, packages, and pastries range from Lumpia (the addictive fried spring rolls from the Philippines) to Shanghai Soup Dumplings (delicate thin-skinned dumplings filled with hot broth and

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succulent pork) to Gulab Jamun (India's rich, syrupy sweets). Organized according to type (wheat pastas, skins, buns, and pastries; translucent wheat and tapioca preparations; rice dumplings; legumes and tubers; sweet

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dumplings), Asian Dumplings encompasses Eastern, Southeastern, and Southern Asia, with recipes from China, Japan, Korea, Nepal, Tibet, India, Thailand, Vietnam, Singapore, Malaysia, Indonesia, and the Philippines. Throughout, Nguyen

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shares the best techniques for shaping, filling, cooking, and serving each kind of dumpling. And she makes it easy to incorporate dumplings into a contemporary lifestyle by giving a thorough introduction to essential equipment

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and ingredients and offering make-ahead and storage guidance, time-saving shortcuts that still yield delectable results, and tips on planning a dumpling dinner party. More than 40 line drawings illustrate the finer points of shaping many kinds

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of dumplings, including gy?za/pot stickers, wontons, and samosas. Dozens of mouth-watering color photographs round out Asian Dumplings, making it the most definitive, inviting, inspiring book of its kind.

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First systematic treatment of best-worst scaling, explaining how to implement, analyze, and apply the theory across a range of disciplines. As any traveller to Vietnam will know, the street food is second to none in terms of its diversity, great taste and

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availability. Vietnam is a real foodie's destination - and nowhere is it more vibrant than among the hustle and bustle of the streets. From the authors of KOTO Vietnamese Street Food gives you an insider's view of the country and features over sixty well-

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loved and authentic recipes, from the ever-popular pho to prawn rice paper rolls and the tangy, crunchy peanut-studded rice balls favoured by snacking students. With stunning food photography of every dish and complemented by evocative location

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photography, Vietnamese Street Food provides an unforgettable insight into Vietnamese street food and culture that will inspire both the home chef and the armchair traveller.

DK Eyewitness Travel Guide:
Vietnam and Angkor Wat

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Exciting Street Market Food from
Thailand, Cambodia, Malaysia and
More

Lonely Planet's Ultimate Eatlist
Principles and Concepts of Behavioral
Medicine

Theory, Methods and Applications

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Vietnamese Market Cookbook

A land of vibrant cultures and vivid contrasts, Vietnam is also home to some of the most delicious and intriguing food in the world. While its cooking traditions have been influenced

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by those of China, France, and even India, Vietnam has created a cuisine with a spirit and a flavor all its own. Chef and restaurateur Mai Pham brings to life this diverse and exciting cooking in Pleasures of the

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Vietnamese Table. Born and raised in Saigon before emigrating to the United States, Mai has often returned to her native land to learn the secrets of authentic Vietnamese cooking, from family, friends,

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*home cooks, street vendors,
and master chefs. Traveling
from region to region, she has
gathered the simple, classic
recipes that define Vietnamese
food today: Green Mango Salad
with Grilled Beef, Stir-Fried*

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Chicken with Lemongrass and Chilies, Caramelized Garlic Shrimp, and especially pho, the country's beloved beef-and-noodle soup. With more than 100 recipes in all, Pleasures of the Vietnamese Table offers

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*home cooks the chance to
create and savor the traditional
flavors of Vietnam in their own
kitchen. Filled with enchanting
stories and stirring black-and-
white photos of life in Vietnam,
Pleasures of the Vietnamese*

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Table provides a captivating taste of an enduring culture and its irresistible cuisine.

Whether you want to cruise through Halong Bay, eat street food in Hanoi, or trek to rice terraces in Sapa, the local

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*Fodor's travel experts in
Vietnam are here to help!
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guidebook is packed with maps,
carefully curated
recommendations, and
everything else you need to*

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simplify your trip-planning process and make the most of your time. This new edition has been fully-redesigned with an easy-to-read layout, fresh information, and beautiful color photos. Fodor's "Essential"

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*guides have been named by
Booklist as the Best Travel
Guide Series of 2020! Fodor's
Essential Vietnam travel guide
includes: AN ILLUSTRATED
ULTIMATE EXPERIENCES
GUIDE to the top things to see*

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*and do MULTIPLE
ITINERARIES to effectively
organize your days and
maximize your time MORE
THAN 25 DETAILED MAPS to
help you navigate confidently
COLOR PHOTOS throughout to*

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spark your wanderlust!

HONEST

RECOMMENDATIONS FROM

LOCALS on the best sights,

restaurants, hotels, nightlife,

shopping, activities, side-trips,

and more PHOTO-FILLED

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“Vietnam’s Natural Wonders,”
“Vietnam’s Pagodas” and more
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PRACTICAL TIPS including
when to go, getting around,
beating the crowds, and saving*

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*time and money HISTORICAL
AND CULTURAL INSIGHTS
providing rich context on the
local people, politics, cuisine,
geography and more SPECIAL
FEATURES on "What to Watch
and Read Before You Visit," and*

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*“What to Eat and Drink” LOCAL
WRITERS to help you find the
under-the-radar gems
Vietnamese LANGUAGE
PRIMER with useful words and
essential phrases UP-TO-DATE
COVERAGE ON: Ho Chi Minh*

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City, the Mekong Delta, Hanoi, Halong Bay, Hue, Sapa, Danang, Hoi An, Phu Quoc, Dalat, Nha Trang, Haiphong, and more. Planning on visiting Southeast Asia? Check out Fodor's Thailand and Fodor's In Focus

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*Singapore. *Important note for digital editions: The digital edition of this guide does not contain all the images or text included in the physical edition.*

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Each Fodor's Travel Guide is

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researched and written by local experts. Fodor's has been offering expert advice for all tastes and budgets for over 80 years. For more travel inspiration, you can sign up for our travel newsletter at

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our friendly community of
travel experts at
fodors.com/community to ask*

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*any other questions and share
your experience with us!*

*Join celebrity chef Luke Nguyen
on a culinary and cultural
journey through the country of
his heritage to discover the
people and food that have*

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endeared Vietnam to the millions of international travellers who visit each year. Tying in with Luke's immensely popular SBS TV show, Luke Nguyen's Vietnam, this book follows his trip from southern

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*Vietnam up to the north,
through the marketplaces,
backyards and kitchens of
strangers and family alike. In
addition to the stunning
location photography and
mouth-watering food shots,*

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Luke's records of his experiences with the people he meets and the places he visits along the way pepper the pages of this book, breathing life into the classic recipes of Vietnam, from pho to banh mi and

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everything in between.

Best-Worst Scaling

Sweet, Savory, Spicy

Asian Tofu

Library Journal

Recipes and stories to bring

Vietnamese food to life on your

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plate

*Everyday Favorites from the
Street to the Kitchen*

**Bring the Flavor of Vietnam to
Your Kitchen Salty, sweet, bitter,
sour, and spicy: these are the
flavorful tenets of Vietnamese**

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**cuisine. This exhilarating
culinary culture is rich but light,
deeply flavorful but made with
simple ingredients, and filling
while also easy to prepare. That's
the message that authors Van
Tran and Anh Vu wanted to bring**

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to a hungry crowd when they opened their banh mi stall in London, an international city that surprisingly lacked the tastes of the authors' childhoods in Hanoi. As their business expanded, The Vietnamese Market Cookbook

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followed. The recipes are simpler than you might think but explode with the purest flavors of vegetables, seafood, lean meats, spices, chiles, and treasured Vietnamese condiments like fish sauce. Old and new favorites

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**collide: Asparagus and Crabmeat
Soup, Papaya Salad with Crispy
Anchovies, Claypot Chicken with
Ginger, Sea Bass Carpaccio,
Kumquat Jasmine Iced Tea, and
Crème Caramel. From chapters
like “Sweetness and Happiness”**

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**to “Spiciness and Adventure”
and “Saltiness and Healing,” this
lusciously filling book will bring
a little bit of Vietnam into your
home.**

**Moon Travel Guides: Your World,
Your Way With its mix of modern**

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**architecture, deep history, and
dynamic culture, Ho Chi Minh
City is the future of Vietnam.
Inside Moon Ho Chi Minh City
you'll find: Strategic itineraries
for seeing the best of the city,
plus worthwhile excursions to**

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**Pho Quoc Island, the Con Dao
Islands, and the Cu Chi Tunnels
Detailed maps and full-color
photos throughout Activities and
ideas for every traveler: Absorb
history at the War Remnants
Museum or the Reunification**

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Palace, or explore the posh District 1 for some beautiful (and affordable!) retail therapy. Savor the fragrant incense at the Thien Hau Pagoda, or sample the best of the city's innovative cuisine, including street food vendors

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**like the famed Lunch Lady.
Experience the best of HCMC
after dark with craft beer and live
music at nightclubs or
backpacker bars. Hop over to
Pho Quoc Island for a relaxing
beach day and a seafood dinner,**

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**where your meal goes from a
tank to a grill to your plate Expert
insight from journalist and expat
Dana Filek-Gibson on her
adopted home Useful tips on
health and safety, sustainable
travel, traveling solo as a**

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**woman, and scheduling group
tours Honest advice on when to
go, how to get around, and
where to stay, plus a handy
Vietnamese phrasebook
Thorough information on the
landscape, history, and local**

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**culture, all packaged in a book
light enough to fit in your carry-
on With Moon Ho Chi Minh City's
expert advice, myriad activities,
and local know-how, you can
plan your trip your way. Seeing
more than just the city? Check**

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**out Moon Vietnam. Expanding
your trip? Try Moon Phuket & Ko
Samui, or Moon Angkor Wat.
In Vietnamese, Uyen Luu
demonstrates that Vietnamese
food is just as easy to whip up as
a bowl of pasta - all you need is a**

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good bottle of fish sauce and a little enthusiasm! She shares 80 of her tastiest recipes - some traditional, some with a modern twist - using ingredients that are available at your local supermarket. Recipes include

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noodle soups, salads, family-style sharing plates, one-pot wonders and dinner-party showstoppers, which are all easy to prepare, adapt and enjoy. The recipes are impressive yet simple: try the Caramelized pork

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**belly with coconut milk and
cavolo nero, Seabass, tomato &
dill soup or Avocado tossed
ramen with sweetcorn and tinned
tuna in sweet soy sauce & mint.
Vietnamese is filled with fuss-
free, delicious recipes that are**

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**quick to prepare, and will have
you eating Vietnamese meals on
a regular basis.**

**MC. The Manufacturing
Confectioner**

**The Dark Side of the All-
American Meal**

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**Beloved Recipes from the Family
Behind the Purest Fish Sauce**

Vietnamese

The Pho Cookbook

Market

Discover breathtaking
destinations. Have amazing

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adventures. Capture
stunning photos. Have you
ever wanted to kiss a
giraffe in Kenya? Or watch
the sun rise from a
jacuzzi in the
Philippines? Or ride on a

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Vespa along the Amalfi Coast? Dream no more! Turn your fantasies into Instagram-worthy photos with help from Aggie Lal (@TravellnHerShoes), one of the pre-eminent

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Instagram travel influencers. Pack your bags and grab your passport as Aggie takes you on a journey to her favorite places in the world. She'll share how to

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get from place to place, what to do for fun in each locale, and, of course, how to recreate her beautiful photos. Aggie can help you make the most of your budget by

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suggesting the best places to eat and the best places to stay. You'll also learn what you need to take with you, how to navigate cultural differences, and how to find props for your

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photos. InstaStyle showed you how to create an amazing Instagram feed. Now InstaTravel can help you fill your feed with amazing photos that look just like those featured

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on @TravelInHerShoes.

Enjoy this trip to
potential Instagram
fame--with Aggie Lal as
your tour guide.

Winner of the 2018 James
Beard Foundation Book

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Award for "Single Subject"
category With this
comprehensive cookbook,
Vietnam's most beloved,
aromatic comfort food--the
broth and noodle soup
known as pho--is now

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within your reach. Author
Andrea Nguyen first tasted
pho in Vietnam as a child,
sitting at a Saigon street
stall with her parents.
That experience sparked a
lifelong love of the

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iconic noodle soup, long before it became a cult food item in the United States. Here Andrea dives deep into pho's lively past, visiting its birthplace and then

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teaching you how to successfully make it at home. Options range from quick weeknight cheats to impressive weekend feasts with broth and condiments from scratch, as well as

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other pho rice noodle favorites. Over fifty versatile recipes, including snacks, salads, companion dishes, and vegetarian and gluten-free options, welcome everyone

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to the pho table. With a thoughtful guide on ingredients and techniques, plus evocative location photography and deep historical knowledge, The Pho Cookbook enables

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you to make this
comforting classic your
own.

Lonely Planet: The world's
leading travel guide
publisher Lonely Planet
Washington, Oregon & the

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Pacific Northwest is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore Washington wine

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country, hop a ferry to the San Juan Islands or dive into the hipster playground of Portland; all with your trusted travel companion. Get to the heart of Washington,

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Oregon & the Pacific
Northwest and begin your
journey now! Inside Lonely
Planet Washington, Oregon
& the Pacific Northwest
Travel Guide: Color maps
and images throughout

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Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds and

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trouble spots Essential
info at your fingertips -
hours of operation, phone
numbers, websites, transit
tips, prices Honest
reviews for all budgets -
eating, sleeping, sight-

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seeing, going out,
shopping, hidden gems that
most guidebooks miss
Cultural insights give you
a richer, more rewarding
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history, art, music,

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cuisine, beer, wine Free,
convenient pull-out
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& the Pacific Northwest ,
our most comprehensive
guide to Washington,

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USA guide for a
comprehensive look at all
the region has to offer.

Authors: Written and
researched by Lonely
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mobile and digital travel products, and a dedicated traveler community. Lonely Planet covers must-see spots but also enables curious travelers to get off beaten paths to

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understand more of the
culture of the places in
which they find
themselves.

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The Food of Vietnam

The Red Boat Fish Sauce

Cookbook

Easy to Adventurous

Recipes for Vietnam's

Favorite Soup and Noodles

The official cookbook of 100

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recipes from the cult favorite and top chef lauded fish sauce brand, Red Boat Fish Sauce You wouldn't expect a condiment made of anchovies to gain cult status—but that's exactly what Red Boat Fish Sauce did, earning praise from food

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titans like David Chang, Andrea Nguyen, and Ruth Reichl. But what's even more incredible is the story behind its success and founder, Cuong Pham. After a year-long journey to America from Vietnam after the war, he found

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himself working for Steve Jobs at Apple in 1984. But, all the while, he missed the tastes of his childhood—what the grocery store had just wasn't it—and set out to find what he and his family remembered so acutely. With this

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collection of 100 recipes, learn how to punch up flavor in Vietnamese classics like B ú n Ch à and Sugarcane Shrimp—but also in favorites like Chicken Wings and Pork Roast. With behind-the-scenes stories in every chapter

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spanning from breakfast, dinner, snacks, desserts, and holiday celebrations, this book encompasses a true American story and is the perfect guide to using this incredible pantry staple. This beautifully designed guide to

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Vietnamese home cooking and comfort food goes beyond restaurant fare to explore the vibrant, fresh flavors of a cuisine whose popularity is rising rapidly. Anne-Solenne Hatte presents the mouthwatering recipes for

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traditional Vietnamese home cooking collected by B à , her maternal grandmother. This book is an homage to Vietnamese cuisine, with its emphasis on fresh ingredients, bright flavor combinations, zesty sauces, and

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reputation for healthfulness with vegetables and salads at center stage. These family recipes withstood the test of time—and exile. Staying true to her culinary heritage, Bà learned to work around unavailable items and adapt to new

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ingredients. These expertly detailed yet accessible recipes are intertwined with the story of Bà 's event-filled life and memories of home. After exploring the cuisine 's base recipes and “mother” sauces, the book explores dishes organized

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by region. Included are classic variations of pho, quick pickled vegetables, robust salads, grilled and stir-fried meats, and fusion dishes like trendy banh mi sandwiches.

Vietnamese street food is -

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inarguably - one of the world's most dynamic cuisines. This book brings the flavor and spirit of those bustling streets to your home. Author Jerry Mai is a master of street food. She owns a number of restaurants specializing in nuanced

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flavors of Vietnamese street pho. Throughout this book, Jerry presents street food from the length of the country. There's bahn mi, rice paper rolls, Vietnamese-style omelets, lemongrass and fresh herb infused stir-fries, fresh noodle

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salads and so much more. Learn the subtle finesse that distinguishes a Hanoi style pho from its southern relative. If these dishes can be made on a cart, in the swarming streets of Da Nang, you can be confident in recreating them at

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home. With stunning photography of all 70 recipes, accompanied by gonzo imagery of the country itself, this is the perfect book for the armchair traveler or for those wishing to commemorate their trip. This book is the first instalment of

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the Street Food series, with Turkey and Mexico next on the chopping block. As any visitor will tell you, traveling through Vietnam is a culinary awakening. From Hanoi - the country's capital, in the north - down to Ho Chi Minh, it's easy to

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find where the locals eat... Because it's right in middle of the street.

Where the West might view street carts as specially reserved for the chronically intoxicated or intestinally masochistic, curbside vendors in Vietnam are the country's greatest

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chefs. Street Food: Vietnam is a glimpse into these compact kitchens-on-wheels, without any of the humidity.

Asian Dumplings

Agenda New York

Book Review Digest

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Vietnamese Food Any Day

Noodles, salads, pho, spring rolls,
banh mi & more

Vietnamese Street Food

From sleek, silken tofu with delicate
toppings to piping-hot fried satchels in
a robust sauce, tofu provides a versatile

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canvas for the intricate flavors and textures that Asian and vegetarian cooks have long enjoyed. America has embraced tofu as a healthy, affordable ingredient. And while it has been welcomed into sophisticated mainstream dining, tofu is often hidden

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in Western guises and in limited applications. In her third intrepid cookbook, celebrated food writer and teacher ANDREA NGUYEN aims to elevate this time-honored staple to a new place of prominence on every table. Asian Tofu ' s nearly 100 recipes

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explore authentic, ancient fare and modern twists that capture the culinary spirit of East, Southeast, and South Asia. There are spectacular favorites from Japan, Korea, Thailand, Singapore, and India, as well as delicious dishes from Taipei, San

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Francisco, Santa Monica, and New York. Andrea demystifies tofu and interprets traditional Asian cuisine for cooks, sharing compelling personal stories and dispatches from some of the world ' s best tofu artisans along the way. For those who want to take their

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skills to the next level, the tofu tutorial clearly outlines tofu-making technique, encouraging readers to experiment with the unparalleled flavors of homemade varieties. But time-pressed cooks needn ' t fear: while a few recipes, such as Silken Tofu and

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Seasoned Soy Milk Hot Pot, are truly best with homemade tofu, most are terrific with store-bought products. Some traditional dishes combine tofu with meat in brilliant partnerships, such as Spicy Tofu with Beef and Sichuan Peppercorn and Tofu with

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Kimchi and Pork Belly, but this collection is predominantly vegetarian and vegan, including the pristinely flavored Spiced Tofu and Coconut in Banana Leaf and vibrant Spicy Lemongrass Tofu Salad. And innovations such as Okara Doughnuts

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reveal tofu ' s more playful side. For health- and eco-conscious eaters and home chefs who are inspired to make the journey from bean to curd, Asian Tofu is the perfect guide.

The world ' s top 500 food experiences – ranked! We asked the planet ' s top

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chefs and food writers to name their favourite gastronomic encounters.

Discover Japanese bullet train bento boxes, Israeli shakshuka, San Sebastian pintxos bars and 497 more mouth-watering destinations in this must-own bucket list for foodies and those who

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love to travel.

Experience the Taste of Southeast
Asia, Right in Your Own Kitchen
Explore the street food stalls, night
markets and hawker centers of
Thailand, Malaysia, Cambodia and
more without ever leaving home thanks

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to chef and Masterchef Australia finalist Sarah Tiong ' s satisfying Southeast Asian recipes. Sarah opens up a fantastic world of flavor to try, from Malaysian Chicken Satay to Vietnamese Crispy Spring Rolls (Cha gi ò) to Hokkien Noodles (Hokkien

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Mee) to Khmer Beef Curry. These hearty snacks, barbeque bites and shared plates encompass the most popular street foods of Southeast Asia, gleaned from her Malaysian family recipes and her own travels throughout the region. And in Sarah ' s opinion,

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the secret to incredible Southeast Asian food is all in the sauce, so she also shares an entire chapter of sweet, savory, salty, and spicy options to top off your meal, including Thai Sweet Chili Sauce (Nam Jim Gai), Creamy Malaysian Peanut Sauce and family

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secrets like her Mum ' s

“ Everything ” Sauce. Whether it ' s steamed, fried or barbecued, every recipe in this book will fill your table with delicious, unforgettable dishes—so what are you waiting for?

Asia Pacific

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Discover the Best, Make Your Own,
and Cook It at Home [A Cookbook]

Manufacturing Confectioner

75 Everyday Recipes

The Manufacturing Confectioner

Street Food Vietnam

Meatless Vietnamese cooking for

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vegetarians and omnivores alike. In the years he spent living and cooking in Vietnam, Cameron Stauch learned about a tradition of vegetarian Vietnamese cuisine that is light and full of flavor. Based on recipes devised over centuries by Mahayana Buddhist

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monks, the dishes in Vegetarian Việt Nam make use of the full arsenal of Vietnamese herbs and sauces to make tofu, mushrooms, and vegetables burst with flavor like never before. With a lavishly illustrated glossary that helps you recognize the mushrooms,

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**noodles, fruits, and vegetables
that make up the vegetarian
Vietnamese pantry, Vegetarian
Việt Nam will unlock an entire
universe of flavor to people who
want healthy, tasty, and
sustainable food.**

Principles and Concepts of

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**Behavioral Medicine A Global
Handbook Edwin B. Fisher, Linda
D. Cameron, Alan J. Christensen,
Ulrike Ehlert, Brian Oldenburg,
Frank J. Snoek and Yan Guo This
definitive handbook brings
together an international array of
experts to present the broad,**

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cells-to-society perspectives of behavioral medicine that complement conventional models of health, health care, and prevention. In addition to applications to assessment, diagnosis, intervention, and management, contributors offer

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innovative prevention and health promotion strategies informed by current knowledge of the mechanisms and pathways of behavior change. Its range of conceptual and practical topics illustrates the central role of behavior in health at the

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**individual, family, community,
and population levels, and its
increasing importance to person-
centered care. The broad
perspectives on risk (e.g., stress,
lifestyle), management issues
(e.g., adherence, social support),
and overarching concerns (e.g.,**

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inequities, health policy) makes this reference uniquely global as it addresses the following core areas:

- **The range of relationships and pathways between behavior and health.**
- **Knowing in behavioral medicine; epistemic foundations.**
- **Key**

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influences on behavior and the relationships among behavior, health, and illness. · Approaches to changing behavior related to health. · Key areas of application in prevention and disease management. · Interventions to improve quality of life. · The

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**contexts of behavioral medicine
science and practice. Principles
and Concepts of Behavioral
Medicine opens out the
contemporary world of behavior
and health to enhance the work
of behavioral medicine
specialists, health psychologists,**

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public health professionals and policymakers, as well as physicians, nurses, social workers and those in many other fields of health practice around the world.

From the author of the popular Quick & Easy Thai come these 75

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oh-so-delicious recipes for every level of cook. Though it shares certain culinary traditions with its Asian neighbors, Vietnamese cuisine is entirely distinct, focusing on a bounty of fresh fruits, vegetables, and herbs for signature clear, bright flavors

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with contrasting notes of salty, sweet, sour, and spicy. Creamy chicken curry is paired with the zesty tang of lime juice and the heat from ground pepper and chilies. Crisp, fried fish is served with a puree of pineapple-chili sauce. Delicate, rice

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**paperwrapped summer rolls
merit a rich and savory soybean
dipping sauce. From snacks and
soups to grilled meats and
seafood to the essential noodle
dishes and desserts, Quick &
Easy Vietnamese presents the
full spectrum of Vietnamese**

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**cooking at its most simply
delicious.**

**Lonely Planet Washington,
Oregon & the Pacific Northwest
Fodor's Essential Vietnam
Mastering Gyoza, Spring Rolls,
Samosas, and More [A Cookbook]
Fast Food Nation**

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**Discover Breathtaking
Destinations. Have Amazing
Adventures. Capture Stunning
Photos.**

Vegetarian Viet Nam

DK Eyewitness Travel Guide: Vietnam
& Angkor Wat is your must-have
companion to this beautiful part of the

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world. Vietnam opened its doors to tourists in the late 1980s and its appeal has grown ever since. Blessed with a long coast, the country now attracts sun-lovers and surfers, with resorts and spas sprouting all along the coast. This full-color, updated guide leads readers to it all, from the

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floating markets of the Mekong Delta in the south to the hill towns in the north, and all the best beaches to be found in between. A full chapter is dedicated to Angkor in neighboring Cambodia, with the astounding temples illustrated in detail. Whether zipping around old Hanoi in a pedal-

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powered cyclo or dining on the exquisite local cuisine, the DK Eyewitness Travel Guide: Vietnam & Angkor Wat is indispensable. Highlights of the guide include: -Full-color photographs, illustrations, and maps. -Cutaways and floor plans of all the major sights. -3-D aerial views of

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the city's most interesting districts.

-Comprehensive selection of hotels, restaurants, stores, and entertainment venues. -Specially devised walking tours and so much more. DK

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format.

Vietnamese Market Cookbook Spicy
Sour Sweet Running Press

Delicious, fresh Vietnamese food is
achievable any night of the week with
this cookbook's 80 accessible, easy
recipes. IACP AWARD FINALIST •
NAMED ONE OF THE BEST

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COOKBOOKS OF THE YEAR BY

NPR • The Washington Post • Eater •
Food52 • Epicurious • Christian
Science Monitor • Library Journal

Drawing on decades of experience, as
well as the cooking hacks her mom
adopted after fleeing from Vietnam to
America, award-winning author

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Andrea Nguyen shows you how to use easy-to-find ingredients to create true Vietnamese flavors at home—fast. With Nguyen as your guide, there's no need to take a trip to a specialty grocer for favorites such as banh mi, rice paper rolls, and pho, as well as recipes for Honey-Glazed Pork

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Riblets, Chile Garlic Chicken Wings, Vibrant Turmeric Coconut Rice, and No-Churn Vietnamese Coffee Ice Cream. Nguyen's tips and tricks for creating Viet food from ingredients at national supermarkets are indispensable, liberating home cooks and making everyday cooking easier.

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Index

Moon Vietnam

Vietnam Economic Times

Pleasures of the Vietnamese Table

Simple Recipes for True, Fresh

Flavors [A Cookbook]

Moon Ho Chi Minh City (Saigon)

My Vietnamese Kitchen is a collection of

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recipes passed down through Uyen Luu's family. Uyen was born in Saigon and spent her childhood there before leaving Vietnam in the aftermath of the war. She regularly travels back there to visit family and pick up more classic and modern recipes for dishes found in the homes and on the streets of Vietnam. The recipes in

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the book tell a story—about Uyen's family and the culture of food in Vietnam. In essence, the food of her country aims to strike the perfect balance between sweet, sour, salty, bitter, hot and umami, and to cater for any occasion and time of day, every mood and ailment. Uyen describes some of the most commonly used produce

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and guides you through chapters such as Breakfast, Soups, Snacks, Noodles, Lunch & Dinner, and Sweets, weaving in tales of etiquette, personal history and tradition and providing evocative photos of her travels throughout. Popular recipes include pho soup, banh mi baguettes and summer rolls.

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Tasting Vietnam

*Flavors and Memories from My
Grandmother's Kitchen*

Simple Vietnamese Food to Cook at Home

Country Trade Sourcebook

Recipes and Reminiscences from

Vietnam's Best Market Kitchens, Street

Cafes, and Home Cooks

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A Global Handbook