

disease. Chapter Two reviews various theoretical concepts related to the six stages. Symptoms and treatment concepts, according to the Chinese classic Shang Han Lun, are examined in Chapter Three. In Chapter Four complications of combined and overlapping stages of disease show how disease many times will not follow the normal progression of the Six Stage Model. An in- depth study of conformations and the basic treatment concepts for each of the stages are presented in Chapter Five. A quick overview of the twenty-four basic classifications of Chinese herbal formulas will be found in Chapter Six. Primary herbs for each stage and their related formulas are examined in Chapter Seven. Chapter Eight deals with differential diagnosis of syndromes and treatment. Conformations for formulas and a comparison to other formulas from the Classic Shang Han Lun (Treaties on Fever and Chills) and the Jen Kuei Yao Lue (Perceptions from the Golden Chamber) are the main emphasis in Chapter Nine. Practitioners will find Chapter Ten a very useful clinical reference of all ninety herbal formulas (in table form) found in this book. In Chapter Eleven, there are four major lists dealing with the names of individual herbs. The first three lists are a cross reference for herbs listed by the Pin Yin, Pharmaceutical, and Common names. The fourth list gives the classification and function of the 118 herbs used in this work.

Two of the major texts in the history of tongue diagnosis are presented and put into context in this volume, reaffirming the strength of tongue diagnosis as a core diagnostic method. These key texts are made available to western readers for the first time, with typical, traditional Chinese editions reproduced alongside the translation. The author provides an excellent overview of the tongue diagnosis theories in the major classics prior to the Yuan Dynasty (1271-1368), and discusses significant developments and publications. The Gold Mirror Records, first published in 1341, was a popular manual for centuries, appearing in many editions and variations. Tongue Reflections in Cold Damage, first published in 1668, developed the field of diagnosis as a whole by adopting the analysis of tongue colour as its main principle. Both texts are introduced with meticulous English translations and notes. This seminal text will give practitioners and students of Chinese medicine a sound understanding of the theory and practice of tongue diagnosis from the early texts, and will be of interest to academic readers of classic Chinese texts.

Energy Medicine East and West: A Natural History of Qi provides a unique, comprehensive overview of Qi or bioenergy for students and practitioners of energy medicines, Chinese and Oriental Medicine, and all disciplines of Complementary and Integrative Medicine. Mayor and Micozzi start with a comparative historical account of the ancient concepts of Qi and vital energy before covering theories of Qi, a discussion of the organized therapeutic modalities based upon Qi and its applications to specific health and medical conditions. Contributions are included from international experts in the field. The book moves from anatomical and bioenergetic complementarity of Western vital energy and Eastern Qi, through convergence of perspectives and models to demonstrations of how the traditional therapies are being melded together in a new, original and creative synthesis. David Mayor and Marc Micozzi are experienced medical practitioners, authors and editors. David Mayor has been actively involved in bioenergy research, practice and publishing for over 30 years, and is author/editor of Electroacupuncture: A practical manual and resource (2007), as well as other acupuncture texts and studies. Marc Micozzi is Professor in the Department of Physiology and Biophysics at Georgetown University School of Medicine, Washington, DC. As author/editor of Fundamentals of Complementary & Alternative Medicine, 4E (2011), and 25 other books, he has been writing, editing and teaching on bioenergy, Qi and related topics for 20 years. Endorsements "This wonderful book has assembled some 25 authors expressing well a view of qi which entirely does justice to its nature. Meticulously referenced, it is a milestone to set beside Maciocias Foundations of Chinese Medicine and Deadmans Manual of Acupuncture. Here at last are the beginnings of a true science of qi...There is truly nothing like it in contemporary literature. Alone, it lays the foundation for the beginnings of a modern science of qi."Richard Bertschinger, Acupuncturist and translator, Somerset, UK. "This book offers a timely and thorough examination of the experience and nature of qi, including a series of fascinating philosophical discussions with a direct application to our patients. Required reading for acupuncture practitioners seeking to justify and clarify their clinical reasoning."Val Hopwood PhD FCSP, Physiotherapist, acupuncturist, researcher and educator: Course director, MSc Acupuncture, Coventry University, UK. "Over the last decade most books on Asian medicine paid tribute to the aura of evidence-based medicine – experience counted little, RCTs were convincing. This book, at last, returns to an old tradition of debate, opening up quite a few new horizons. Reading it, my striving for knowledge was married with enjoyment and happiness. This book made me happy!" Thomas Ots MD PhD, Medical acupuncturist specialising in psychiatry, Graz, Austria: Editor-in-Chief, Deutsche Zeitschrift für Akupunktur. "To simply review the chapter headings is to know the truly remarkable expanse of this book...a wonderful bridge between the mysteries of the East and the sciences of the West...well documented, well written, and enlarging both. Enlightening...nicely depicts outstanding advances in energy psychotherapeutics, thus ultimately helping to move forward the human condition."Maurie D Pressman MD, Emeritus Clinical Professor of Psychiatry, Temple University School of Medicine, Philadelphia, PA; Emeritus Chairman of Psychiatry, Albert Einstein Medical Center, Philadelphia PA; past President, International Society for the Study of Subtle Energies and Energy Medicine, Lafayette, CO, USA.

Acupuncture has become more popular in recent years because it can help many patients who have not found relief through conventional medicine. As people have become more aware of acupuncture, they have lots of questions about how and why it works. This book attempts to answer the most frequent questions our own patients have asked during their visits. A better understanding of acupuncture can help patients cooperate with their acupuncturist for faster improvement of their illness. And because acupuncture is only a branch of traditional Chinese medicine (TCM), we also introduce other aspects of Chinese medicine in this book, including herbal therapy, cupping, bleeding, folk therapy, and more. The information of this book is based on the author's own understanding about Chinese medicine and goes far beyond the scope of the standard Chinese medicine textbooks. Therefore, professional acupuncturists will also find it useful to expand their own knowledge about Chinese medicine.

The Cornerstone Classics of Chinese Medicine Tongue Diagnosis - The Ao Shi Shang Han Jin Jing Lu, and the Shang Han She Jian

Acupuncture Strategies for Complex Patients

Acupuncture and Moxibustion Formulas & Treatments

Internal Diseases in Chinese Medicine

Song Dynasty, 960-1200

Acupuncture Odes, Songs and Rhymes

Charles Buck draws on three decades of study, practice and teaching in this book to provide a relevant and engaging account of the origins of acupuncture and Chinese medicine. From its pre-Han dynasty roots to Chinese medicine as we know it today, Buck covers the key texts, the main scholars and the concepts they have contributed, emphasising those that are more relevant to clinicians wishing to understand the authentic tradition. The information presented is based on diverse sources including original translations of Chinese sources and interpretations of the work of many prominent medical sinologists. With Buck's lucid and engaging style, Roots of Modern Practice provides an accessible and authoritative resource that will help practitioners and students deepen their understanding of this great medical tradition. A practical and modern appreciation of China's medical wisdom, this book will be of great value to students and practitioners of Chinese medicine and acupuncture, and anyone interested in the roots of this time-honoured medicine.

A new, revised edition of the first book for students and practitioners which explains how to do TCM style acupuncture. This book explains in depth how to do a complex, individualized TCM pattern discrimination, how to arrange and make sense of a welter of confusing signs and symptoms, and how to think using TCM terms and statement of fact. Western students and beginning practitioners will find this book an invaluable aid in honing their ability to understand and use TCM. Although specifically about acupuncture, the method presented in this book can be used to erect a TCM treatment plan using any Chinese modality Chinese herbs, Chinese dietary therapy, tui na or Chinese massage, or qi gong, Chinese energy exercises. Included in this book are the functions of the main points of acupuncture and the functions of the main two and three point combinations.

BLOOD STASIS: CHINA'S CLASSICAL CONCEPT IN MODERN MEDICINE covers the area of blood stasis in Traditional Chinese Medicine, drawing from a huge range of original Chinese material. The book discusses many Western diseases including diabetes, gynecological disorders, stroke, tumors, myocardial infarction, and the interaction of these with other pathological factors. The book also provides both classical and modern differentiations and treatments, including both herbs and acupuncture in all categories with appropriate case histories. Thoroughly examines the concepts and processes of blood stasis in Traditional Chinese Medicine. Draws on original translations from Chinese sources ranging from the classical era through modern times. Describes, in full, the historical perspective of Chinese Medicine's presentation of blood stasis theory and also includes modern research for a balanced view of the effectiveness of blood stasis. Highlights recent detailed analysis of blood stasis and herbs. Incorporates real-life cases helped by blood stasis therapy.

Gynecology in Traditional Chinese Medicine (Vietnamese Edition) compiled based on the clinical and other medical lectures. It is easy to read. The part of treatment method based on etiology and pathology, differentiation and prescription and medicinal herbs as well as acupuncture points. This book covers the special characteristics of female anatomy, physiology and pathophysiology and the importance of the menstrual cycle as an indicator of systemic balance. The principles of Chinese diagnosis and treatment as they pertain to the female system are explained and discussed. This includes common conditions such as: A. Abnormal menstruation, leucorrhea, dysmenorrhea, amenorrhea, menopause, premenstrual syndrome (PMS), and uterine bleeding. B. Pregnancy disorders: Morning sickness, abdominal pain and vaginal bleeding during pregnancy. C. Post-partum diseases: Abdominal pain, constipation, lactation deficiency, lochia and infertility. Other common conditions are also explained.

The Great Intent

Hara Diagnosis

Commentaries and Clinical Applications

Reflections on the Sea

Fukushin and Kampo

The Classic of Difficulties

Foundations of Theory for Ancient Chinese Medicine

Discussion of Cold Damage (Shang Han Lun) and contemporary texts of ancient China form the bedrock of modern Chinese medicine practice, yet these classic texts contain many concepts that are either hard to understand or confusing. Based on over thirty years' medical practice, and study of the texts, this book explains the concepts involved so that the clinical applications of the ancient texts can be better understood and put into practice. The author looks at the larger context of ancient Chinese culture and philosophy in terms of theoretical knowledge, scholarly approach, and mindset in order to explain the basis for the medical texts. He also discusses the work of later Chinese medical scholars in elucidating the texts. He then goes on to look at more specific issues, such as the six conformations, zang-fu organ theory, the theory of qi and blood, the theory of qi transformation, and how these are understood in the ancient texts. He also discusses shao yang and tai yang theory; the element of time, and its place in understanding six conformations diseases. This remarkable work of scholarship will clarify many questions about the interpretation of the ancient texts for modern use, and will find a place on the bookshelf of every practitioner of Chinese medicine, as well as on those of scholars of Chinese medicine.

THE PSYCHE IN CHINESE MEDICINE comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity Disorder An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make Attractive 2-colour page layout gives easy access and navigation around the text

The history of Chinese medicine hinges on three major turning points: the formation of canonical theory in the Han dynasty; the transformation of medicine via the integration of earlier medical theories and practices in the Song dynasty; and the impact of Western medicine from the nineteenth century onwards. This book offers a comprehensive overview of the crucial second stage in the evolution of Chinese medicine by examining the changes in Chinese medicine during the pivotal era of the Song dynasty. Scholars often characterize the Song era as a time of change in every aspect of political, social, intellectual or economic life. More specifically it focuses on three narratives of change: the emperor's interest in medicine elevated the status of medicine in the eyes of the elite, leading to an increased involvement of intellectuals and the literary elite in medicine government officials systematically revised, printed, and promulgated earlier heterogeneous medical manuscripts belonging to various traditions the government established unique imperially sponsored medical institutions to handle public health and other aspects of medicine. As the first book to study the transformation medicine underwent during the Song period this volume will appeal to Sinologists and scholars of the history of medicine alike.

The book points out the three yang meridian's pathogen is mainly foreign weather wind-cold damaging defense yang, gallbladder yang and stomach yang qi condition. The three yin meridian's pathogen is mainly internal heat or dry heat damaging yang qi and yin fluid condition. This book discusses all six meridian's individual information together and separately such as: outline, basic patterns, organ's patterns, basic pattern's additional symptoms, organ's pattern's additional symptoms, transmuted patterns, and combination diseases. This book point out Tai Yin directly attacking by cold pathogen-Li Zhong Tang pattern is belonging to Foot Yang Ming stomach. The Foot Yang Ming-Bai Hu Tang Fu pattern is belonging to Tai Yin spleen pattern. This book also introduces the most important lines from the Shang Han Lun. The most important part of this book points out: Shang Han Lun is not just focus to the cold pathogen issues and focus to nourish yang qi. The Shang Han Lun also focus to the heat pathogen issues and focus to clearing the heat. Shang Lun is not just focus to the dampness pathogen issues and focus to clearing the dampness; Shang Han Lun also focus to the dryness pathogen and focus to nourish yin to reduces the dryness.

Translational Acupuncture Research

Comparative Studies of Health Care in Chinese and Other Societies

A Comprehensive Text

Phu Khoa, Dong Y Hoc Co Truyen

Gynecology in Traditional Chinese Medicine - Vietnamese Edition

Acupuncture and Chinese Medicine

Cosmetology in Chinese Medicine