

Sidelined Overcoming Through Passion Perseverance

The perfect gift for baseball fans. now with a new epilogue by author R.A. Dickey, winner of the 2012 Cy Young award. "An astounding memoir—haunting and touching, courageous and wise."—Jeremy Schaap, bestselling author, Emmy award-winning journalist, ESPN In 1996, R.A. Dickey was the Texas Rangers' much-heralded No. 1 draft choice. Then, a routine physical revealed that his right elbow was missing its ulnar collateral ligament, and his lifelong dream—along with his \$810,000 signing bonus—was ripped away. Yet, despite twice being consigned to baseball's scrap heap, Dickey battled back. Sustained by his Christian faith, the love of his wife and children, and a relentless quest for self-awareness, Dickey is now the starting pitcher for the Toronoto Blue Jays (he was previously a star pitcher for the New York Mets) and one of the National League's premier players, as well as the winner of the 2012 Cy Young award. In *Wherever I Wind Up*, Dickey eloquently shares his quintessentially American tale of overcoming extraordinary odds to achieve a game, a career, and a life unlike any other.

The weekly scrap of African American political and entertainment news.

The modern day youth sports environment has taken the enjoyment out of athletics for our children. Currently, 70% of kids drop out of organized sports by the age of 13, which has given rise to a generation of overweight, unhealthy young adults. There is a solution. John O'Sullivan shares the secrets of the coaches and parents who have not only raised elite athletes, but have done so by creating an environment that promotes positive core values and teaches life lessons instead of focusing on wins and losses, scholarships, and professional aspirations. Changing the game gives adults a new paradigm and a game plan for raising happy, high performing children, and provides a national call to action to return youth sports to our kids.

Nestled in the Appalachian mountains, Owsley County is the poorest county in Kentucky and the second poorest in the country. Buildings are crumbling and fields sit vacant, as tobacco farming and coal mining decline. But strong women are finding creative ways to subsist in their hollers in the hills. Chambers grew up amidst these hollers, and through the women who raised her, she traces her own path out of and back into the Kentucky mountains. With her "hill women" values guiding her, Chambers graduated from Harvard Law, but moved back home to help her fellow rural Kentucky women by providing free legal services. Here she breaks down the myth of the "hillbilly" and illuminates a region whose poor communities, especially women, can lead it into the future. -- adapted from jacket

My Fight for the Future of Our Democracy

Navigating, Resisting, and Re-inventing Academic Cultures

Walk On

A Teacher's Guide to Social-Emotional Learning Through Reading and Reflection

Braving the Odds

Vision Mindset Grit

A Family's Journey of Love and Healing

Becoming Empowered, Self-Reliant, and Rich in Every Way

*In this instant and tenacious New York Times bestseller, Nike founder and board chairman Phil Knight “offers a rare and revealing look at the notoriously media-shy man behind the swoosh” (Booklist, starred review), illuminating his company’s early days as an intrepid start-up and its evolution into one of the world’s most iconic, game-changing, and profitable brands. Bill Gates named Shoe Dog one of his five favorite books of 2016 and called it “an amazing tale, a refreshingly honest reminder of what the path to business success really looks like. It’s a messy, perilous, and chaotic journey, riddled with mistakes, endless struggles, and sacrifice. Phil Knight opens up in ways few CEOs are willing to do.” Fresh out of business school, Phil Knight borrowed fifty dollars from his father and launched a company with one simple mission: import high-quality, low-cost running shoes from Japan. Selling the shoes from the trunk of his car in 1963, Knight grossed eight thousand dollars that first year. Today, Nike’s annual sales top \$30 billion. In this age of start-ups, Knight’s Nike is the gold standard, and its swoosh is one of the few icons instantly recognized in every corner of the world. But Knight, the man behind the swoosh, has always been a mystery. In *Shoe Dog*, he tells his story at last. At twenty-four, Knight decides that rather than work for a big corporation, he will create something all his own, new, dynamic, different. He details the many risks he encountered, the crushing setbacks, the ruthless competitors and hostile bankers—as well as his many thrilling triumphs. Above all, he recalls the relationships that formed the heart and soul of Nike, with his former track coach, the irascible and charismatic Bill Bowerman, and with his first employees, a ragtag group of misfits and savants who quickly became a band of swoosh-crazed brothers. Together, harnessing the electrifying power of a bold vision and a shared belief in the transformative power of sports, they created a brand—and a culture—that changed everything.*

An intimate and inspiring memoir by CNBC, AABLA All African Business Woman of the Year Having been a multi-award-winning CEO of a large international bank, Mizinga Melu knows what it's like being the only woman in the boardroom. It's not an easy ride. From navigating untaught corporate politics, finding her skills and experience routinely questioned, and having to work harder just to have her voice heard, her resilience has been constantly put to the test. However, she was primed to overcome hardship. This isn't just a book about braving the odds in the boardroom-it's about how an ordinary girl from Zambia overcame such setbacks as the loss of her mother while still a young girl, falling out of nursing school as a young woman, and being denied an executive role she knew she was the most qualified for as an aspiring banker. Melu warmly invites readers into her world, chronicling the experiences that have shaped her—from her childhood growing up on a farm and the growth of her deep and unwavering faith, to her years as a global banking executive balancing the demands of career and motherhood while living internationally. Braving the Odds is a story about being a daughter, wife, mother, woman of God, and an African businesswoman in a white man's world. Through its telling, she hopes to inspire women and girls around the world to not let anything stand in their way.

SidelinedOvercoming Odds through Unity, Passion and PerseveranceSonderman

There is an entire generation whose brains are permanently shaped by unrealistic standards of beauty, fostering unwanted sexual conditioning that governs their intimate behaviours. Lust – not love – is rendering millions unprepared for relationships, marriage, and parenthood in an unmonitored, hypersexual virtual world. But what if freedom from these unhealthy social mores meant unlearning what you've already learned? For more than two decades, Stephen Peter Anderson experienced how his unrealistic and unattainable ideas of beauty unknowingly shaped his sexual conditioning. His odyssey is more than a struggle with overcoming a distorted representation of sex – it is a fight for reclamation. Wanderlust is not just an intensely personal story but a journey of self-discovery in relearning how to attain the glory and beauty of love that God intended. In this #MeToo era there could hardly be a more prescient and timely publication to recalibrate what it means to be a human and to love – a vital proclamation that needs to be heard.

Unshakeable

A Trusted Christian Counselor Offers Time-Tested Advice

The Hard Count

How to Stand Up When Life Paralyzes You

Shake Free

A Memoir by the Creator of Nike

Hill Women

We're Better Than This

She walked into my bakery and my dough wasn't the only thing rising... Long legs, a big chest, and perfect, round buns. I'd give anything to roll with her and that adorable muffin top she's packing. There's just one problem... and that's the Irish mob jerk who thinks he owns her. To hell with that. If she's gonna have a bun in her oven... it's gonna be mine. Muffin Top is action-packed, sinfully steamy, and sure to satisfy your sweet tooth! For too many believers, God's wonderful creation of sex has become a source of spiritual slavery rather than a liberating blessing. Neil T. Anderson presents a clarifying, refreshing look at God's plan for sex and how Christians can release a distorted view of physical intimacy and embrace a pure, godly view of this gift. With biblical advice and compassion, Anderson points to the way out of confusion and shame by exposing the guilt, anger, and fear involved in sexual struggles showing how believing the truth breaks the sexual and emotional lies giving practical steps to overcome spiritual entrapment with God's Word As Christians grasp what the Bible says about who they really are-God's loved children and new creations in His Son-they will be able to enjoy and value His marvelous design for their emotions and bodies. A newly updated and expanded version of Finding Freedom In a Sex-Obsessed World.

In one of the most anticipated books of the year, Lee Woodruff, along with her husband, Bob Woodruff, share their never-before-told story of romance, resilience, and survival following the tragedy that transformed their lives and gripped a nation. In January 2006, the Woodruffs seemed to have it all—a happy marriage and four beautiful children. Lee was a public relations executive and Bob had just been named co-anchor of ABC’s World News Tonight. Then, while Bob was embedded with the military in Iraq, an improvised explosive device went off near the tank he was riding in. He and his cameraman, Doug Vogt, were hit, and Bob suffered a traumatic brain injury that nearly killed him. In an Instant is the frank and compelling account of how Bob and Lee’s lives came together, were blown apart, and then were miraculously put together again—and how they persevered, with grit but also with humor, through intense trauma and fear. Here are Lee’s heartfelt memories of their courtship, their travels as Bob left a law practice behind and pursued his news career and Lee her freelance business, the glorious births of her children and the challenges of motherhood. Bob in turn recalls the moment he caught the journalism “bug” while covering Tiananmen Square for CBS News, his love of overseas assignments and his guilt about long separations from his family, and his pride at attaining the brass ring of television news—being chosen to fill the seat of the late Peter Jennings. And, for the first time, the Woodruffs reveal the agonizing details of Bob’s terrible injuries and his remarkable recovery. We learn that Bob’s return home was not an end to the journey but the first step into a future they have learned not to fear but to be grateful for. In an Instant is much more than the dual memoir of love and courage. It is an important, wise, and inspiring guide to coping with tragedy—and an extraordinary drama of marriage, family, war, and nation. A percentage of the proceeds from this book will be donated to the Bob Woodruff Family Fund for Traumatic Brain Injury.

An incredible story of Johnny Agar, born with cerebral palsy and whom doctors thought would never walk, overcoming the odds to compete in Ironman triathlons. Featured on ESPN, NBC Nightly News, The Today Show, and other media outlets, Johnny delivers a moving memoir that is a testament to the power of family, faith, and extraordinary courage. Johnny’s story shows the impact of a life lived to its fullest, from the first difficult steps in training, to becoming a brand ambassador for global apparel company Under Armour. He now serves as an inspiration for not only other professional athletes, but for anyone facing their own impossible mile. Come walk a mile in Johnny’s shoes, and realize, as Johnny did, you never walk alone, and anything is possible, if you’ll just take on life one step at a time.

Finding Family and a Way Forward in the Appalachian Mountains

Student Carers in Higher Education

The Threat of False Teachings that Could Destroy Millions

Wanderlust

How a 40-year-old Mom Became the NFL's Oldest Cheerleader-and Found Hope, Joy, and Inspiration Along the Way

Soul Purpose

An Ancient Path to Inner Peace

True Summit

This timely volume explores the ways that university institutions affect the experiences of student carers and how student carers negotiate the (often conflicting) demands of care and academic work. The book maps the experiences of student carers in academic cultures, exploring the intersectional ways in which gender, class, race and other social categories define who can take up a position as a student and a carer. It is framed by concerns of equity and diversity in higher education and ways that diverse people with wide-ranging care responsibilities are able to access and engage with degree-level study. The book promotes the idea of a more inclusive and equitable higher education environment and supports the emergence of more ‘care-full’ academic cultures which value and recognise care and carers. The book will be highly relevant reading for academics, researchers and post-graduate students with an interest in higher education, social justice, gender studies and caring responsibilities. It will also be of interest to postgraduate students in sociology of education as well as higher education policymakers.

In this revelatory and moving memoir, a former NASA astronaut and NFL wide receiver shares his personal journey from the gridiron to the stars, examining the intersecting roles of community, perseverance and grace that align to create the opportunities for success. Leland Melvin is the only person in human history to catch a pass in the National Football League and in space. Though his path to the heavens was riddled with setbacks and injury, Leland persevered to reach the stars. While training with NASA, Melvin suffered a severe injury that left him deaf. Leland was relegated to earthbound assignments, but chose to remain and support his astronaut family. His loyalty paid off. Recovering partial hearing, he earned his eligibility for space travel. He served as mission specialist for two flights aboard the shuttle Atlantis, working on the International Space Station. In this uplifting memoir, the former NASA astronaut and professional athlete offers an examination of the intersecting role of community, determination, and grace that align to shape our opportunities and outcomes. Chasing Space is not the story of one man, but the story of many men, women, scientists, and mentors who helped him defy the odds and live out an uncommon destiny. As a chemist, athlete, engineer and space traveler, Leland’s life story is a study in the science of achievement.

Shares a message of hope and inspiration for using one's faith as a cornerstone to build a happy, secure, and fulfilled life.

Nico Medina's world is eleven miles away from mine. During the day, it's a place where doors are open—where homes are lived in, and neighbors love. But when the sun sets, it becomes a place where young boys are afraid, where eyes watch from idling cars that hide in the shadows and wicked smoke flows from pipes. West End is the kind of place that people survive. It buries them—one at a time, one way or another. And when Nico was a little boy, his mom always told him to run. I'm Reagan Prescott—coach's daughter, sister to the prodigal son, daughter in the perfect family. Life on top. Lies. My world is the ugly one. Private school politics and one of the best high school football programs in the country can break even the toughest souls. Our darkness plays out in whispers and rumors, and money and status trump all. I would know—I've watched it kill my family slowly, strangling us for years. In our twisted world, a boy from West End is the only shining light. Quarterback. Hero. Heart. Good. I hated him before I needed him. I fell for him fast. I loved him when it was almost too late. When two ugly worlds collide, even the strongest fall. But my world...it hasn't met the boy from West End.

Breaking Protocol

My Quest for Truth, Authenticity, and the Perfect Knuckleball

What It Takes

What Sport Can Teach Us About Great Leadership

Activate Your Faith, Achieve Your Dreams, and Increase in God's Favor

Multiply

A Lab of One's Own

Shoe Dog

One of Essence's Best Books of the Year NAACP Image Awards Winner for Outstanding Literary Work With a foreword by Speaker Nancy Pelosi "There was no greater friend to the poor, to the lost, to the left out, and to the left behind. If you want to understand this great man, read his historic, important book and learn the lessons and values from his 'moral voice crying in the wilderness' on behalf of our American democracy."—Rep. John Lewis (D-GA) Known for his poise, intellect, and influence until his death in October 2019, Elijah Cummings was one of the most respected figures in contemporary politics, a politician who held fast to his beliefs but was not afraid to reach across the aisle in the name of friendship and progress. Since his earliest days in government through his time as a representative and chairman of the House Oversight and Reform Committee, he proved his abilities as a politician who could operate at the highest levels of democracy, serving the people of Baltimore and illustrating the importance of working with—and for—the underdog. Yet in his final years of life, Cummings recognized that democracy was the underdog. We're Better Than This draws from Cummings's own life to show the formative moments that prepared him for the disturbing first years of the Trump presidency and spurred him to hold the administration accountable for their actions. Weaving together the urgent drama of modern-day politics and character-defining stories from his past, Cummings offers a never-before-told perspective on how his personal history, coming of age in South Baltimore, laid the foundation of a life spent fighting for justice. He goes behind the scenes with the House Democratic leadership, offering an eye-opening chronicle of the grim realities of holding the Trump administration to account. Detailing this moment of unprecedented obstructionism by both the president and Republicans, Cummings presents a vital defense of how government oversight defines our collective trust, examining the dangerous precedent for both parties that exists if the executive branch remains above public scrutiny. Part memoir, part call to action, We're Better Than This is the story of our modern-day democracy and the threats that we all must face together, as well as a retrospective on the life and career of one of our country's most inspirational politicians. As we approach another test of our democracy, the next race for the White House, We're Better Than This reminds people that in this country we don't elect kings, and we cannot afford four more years of this false one.

There is a way to confront problems in life, shake them off, and move on. Now available in paperback, Shake Free is based on the story (see Acts 27-28) of the Apostle Paul's near catastrophic shipwreck. The author motivates readers to "shake off" problems and disasters in life and move forward to new health and wholeness. To everyone on the ship with the Apostle Paul, it looked like a certain disaster. But as Paul predicted, everyone did survive—even though they made it to safety only by grasping "broken pieces of wood." In his unique way, Rodriguez compellingly explains that "God makes wonderful things in our life come from our broken pieces. Because of Christ in our life, we have the power to shake off fear, rejection, and failure—just like Paul later shook off the viper that should have killed him."

In The Winning Mindset, Professor Damian Hughes, the acclaimed author of Liquid Thinking and How to Think Like Sir Alex Ferguson, draws on both his lifetime experience and academic background within sport, organization and change psychology to reveal the best ways to create a winning mindset in both personal and professional life. Having worked with some of the top teams in the UK, and watched some of the best coaches in the country at work, Hughes distils the five keys principles that separate the best coaches and teams from the rest: Simplicity; Tripwires; Emotions; Practical; Stories; STEPS. The role of a sports-team leader is fascinating, complex and tough. Fantasy football leagues may convince us that success is all about buying players and selecting a team. In reality, it is about creating winning environments – recruiting, developing and nurturing talent, effectively communicating a shared vision with a diverse collection of individuals, delivering on enormous expectations from a range of stakeholders, overcoming significant challenges, handling pressure and staying focused throughout: a set of challenges familiar to leaders in all sectors.

For readers of #GIRLBOSS and viewers of Shark Tank—a global revolution in entrepreneurship is under way, inspiring women to blaze a trail of financial self-reliance and become self-made. Featuring a foreword by Suze Orman. What does it mean to be self-made? It's not just about having money, but financial empowerment is where it begins. It means getting out of survival mode, where you are one problem away from catastrophe. It means changing your mindset from instant gratification to goal orientation. It means being able to sleep at night without worry. It means being rich in every way: rich in money, rich in family, rich in love, rich in time—abundant! For Nely Galán—entrepreneur, TV producer, and real estate mogul—helping women to become self-made is a movement and a mission. Galán pulls no punches. She is the straight-talking friend and mentor you've always wanted, and here she shares valuable, candid, no-nonsense lessons learned on her own path to becoming self-made ("There is no Prince Charming"; "Think like an immigrant"; "In your pain is your brand"; "Don't buy shoes, buy buildings!"). You'll read inspiring stories of women who started and grew businesses out of ingenuity, opportunity, and need. You'll find exercises to help you identify your goals and your strengths. You'll learn tips and tricks for saving money, making money, and finding "hidden money" that can help jump-start your self-made dreams. When you become self-made, the change in you inspires change in those around you, because one of the greatest rewards of a self-made life is seeing how the sparks from your personal revolution can light a fire in others. So come, join the Self-Made movement. The revolution starts inside of you! Praise for Self Made "A much-needed and wise book that teaches women not to fear money but to see it as a means of reaching our dreams. Nely shows us how to become money courageous instead of finance fearful. I want to give this book to so many women (and men) I know. Thank you, Nely."—Sandra Cisneros "Nely Galán and I have traveled the country together helping women grow their businesses and live their dreams. I know firsthand that Nely is the ultimate self-made woman and your best girlfriend. Her generosity of spirit jumps off the page as she shares the secrets of her hard-won success and her contagious confidence."—Nell Merlino, creator of Take Our Daughters to Work Day and founder of Count Me In for Women's Economic Independence "Self Made teaches women to unleash their spark and hustle. Nely inspires readers to use what they have to get what they want on their path to becoming self-made."—Tory Johnson, "Deals & Steals" contributor on ABC's Good Morning America and author of the #1 New York Times bestseller The Shift "You are not truly complete as a woman until you feel confident and empowered to make decisions about your money. Throughout my career, I have seen how a woman who takes ownership of her financial life is transformed and liberated, and how that in turn has a tremendous impact on her children. This is my belief and my personal experience, and it's why Self Made resonates so strongly with me."—Maria Elena Lagomasino, CEO of WE Family Offices and member of the board of directors of the Walt Disney Company, the Coca-Cola Company, and Avon Products, Inc. From the Hardcover edition.

How I Learned to Rethink Love and Unlearn Lust.

The Grit Workbook for Kids

Guiding Gifted Students With Engaging Books

It's Not about the Pom-poms

Sidelined

Muffin Top

Overcoming Odds through Unity, Passion and Perseverance

The ParentOs Guide to Raising Happy, High Performing Athletes, and Giving Youth Sports Back to Our Kids

The complete guide to analyzing and maximizing a company's balanced scorecard Presenting the next step for balanced scorecard implementation, Balanced Scorecard Diagnostics provides a step-by-step methodology for analyzing the effectiveness of a company's balanced scorecard and the tools to reevaluate balanced scorecard measures to drivemaximum performance. CEOs, CFOs, CIOs, vice presidents, departmentmanagers, and business consultants will find all the essentialtools for analyzing a balanced scorecard methodology to determineif it's meeting at maximum performance and for seamlesslyimplementing changes into the scorecard. Paul R. Niven (San Marcos, CA) is President of the Senalosa Group,a consulting firm exclusively dedicated to helping businesses getbest-in-class performance. He is the author of two successfulbooks, Balanced Scorecard Step-by-Step (0-471-07872-7) and BalancedScorecard Step-by-Step for Government and Nonprofit Agencies(0-471-42328-9), both from Wiley.

Scott Burrows' riveting story of overcoming adversity through sheer determination, will power and goal setting is infectious. Scott played college football at Florida State University under coach Bobby Bowden and was a top ranked kickboxing champion, having his last fight broadcast by ESPN. His future was filled with promise until November 3, 1994 when, at the age of 19, he was critically injured in a disastrous automobile accident and everything changed in the blink of an eye. Scott survived, but was paralyzed and diagnosed a quadriplegic. Despite this grim prognosis, he refused to be sidelined. He endured years of grueling physical therapy, learned to walk again with the aid of a cane, graduated from college, had a successful career in the insurance and financial industry—often qualifying for Millon Dollar Round Table (MDRT), a 100% commission-driven award that fewer than 8% of agents worldwide achieve yearly. Later, Scott became a world-class motivational speaker. Vision, Mindset and Grit—three powerful words that describe Scott Burrows—will also inspire you to achieve your absolute best. This book is more than the story of Scott's determination to overcome enormous obstacles and rebuild his life. It is a testament to his intention to inspire others and help them triumph over adversity as well. He has shared his message of hope and success with audiences throughout the world and motivated them to make positive changes in their own lives.

Jesus goes his followers a command: "Follow me." And a promise: "And I will equip you to find others to follow me." We were made to make disciples. Designed for use in discipleship relationships and other focused settings, Multiply will equip you to carry out Jesus's ministry. Each of the twenty-four sessions in the book corresponds with an online video at www.multiplymovement.com, where New York Times bestselling author David Platt joins Francis in guiding you through each part of Multiply. One plus one plus one. Every copy of Multiply is designed to do what Jesus did: make disciples who make disciples.... Until the world knows the truth of Jesus Christ.

A trusted counselor helps readers move from heartache to joy as they overcome the wounds from a missing, abusive, or absent father.

What Really Happened on the Legendary Ascent on Annapurna

The Winning Mindset

How to Deal with the Storms, Shipwrecks, and Snakes in Your Life

365 Devotions for Finding Unwavering Strength in God's Word

Play Big

Self Made

A 90-Day Devotional Journey

DIV Through a vision of an avalanche God gave Steve Hill a wake-up call to today's church. Now he shares his revelation and provides the steps we need to take to avoid this destruction./div

"You can choose to see a trial as a roadblock or an expressway. If you see it as a roadblock, it will obstruct your way. However, if you see it as an expressway, you can use it to learn and grow." "The gospel of Jesus Christ is the plan whereby we can become what God wants us to become. In fact, we become great people because of our trials, not in spite of them." This booklet reviews the nature, origins, and purposes of adversity and includes suggestions on how to patiently trust in the Lord and His eternal plan and how to use these trials to learn and grow stronger. You can benefit from your trials if you: Develop a relationship with God Let God carry your burdens Trust that the Lord is in control and allow His will to be done Remember that everyone has challenges Let adversity make you a better person Live with integrity Be patient Make the best of your situation Serve others Keep a positive attitude Keep an eternal perspective

NEW YORK TIMES BESTSELLER • “Comprehensive, enlightening, and terrifyingly timely.”—The New York Times Book Review (Editors’ Choice) WINNER OF THE GOLDSMITH BOOK PRIZE • SHORTLISTED FOR THE LIONEL GELBER PRIZE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • Time • Foreign Affairs • WBUR • Paste Donald Trump’s presidency has raised a question that many of us never thought we’d be asking: Is our democracy in danger? Harvard professors Steven Levitsky and Daniel Ziblatt have spent more than twenty years studying the breakdown of democracies in Europe and Latin America, and they believe the answer is yes. Democracy no longer ends with a bang—in a revolution or military coup—but with a whimper: the slow, steady weakening of critical institutions, such as the judiciary and the press, and the gradual erosion of long-standing political norms. The good news is that there are several exit ramps on the road to authoritarianism. The bad news is that, by electing Trump, we have already passed the first one. Drawing on decades of research and a wide range of historical and global examples, from 1930s Europe to contemporary Hungary, Turkey, and Venezuela, to the American South during Jim Crow, Levitsky and Ziblatt show how democracies die—and how ours can be saved. Praise for How Democracies Die “What we desperately need is a sober, dispassionate look at the current state of affairs. Steven Levitsky and Daniel Ziblatt, two of the most respected scholars in the field of democracy studies, offer just that.”—The Washington Post “Where Levitsky and Ziblatt make their mark is in weaving together political science and historical analysis of both domestic and international democratic crises; in doing so, they expand the conversation beyond Trump and before him, to other countries and to the deep structure of American democracy and politics.”—Ezra Klein, Vox “If you only read one book for the rest of the year, read How Democracies Die. . . . This is not a book for just Democrats or Republicans. It is a book for all Americans. It is nonpartisan. It is fact based. It is deeply rooted in history. . . . The best commentary on our politics, no contest.”—Michael Morrell, former Acting Director of the Central Intelligence Agency (via Twitter) “A smart and deeply informed book about the ways in which democracy is being undermined in dozens of countries around the world, and in ways that are perfectly legal.”—Fareed Zakaria, CNN

In 2011, he became starting linebacker for the New York Giants and triumphed in the Super Bowl—after being told his cancer diagnosis meant he would never play football again.... As a child, Herzlich found an inspiring and grounding force in football, eventually turning his passion into a first-team All-American spot at Boston College. But after being named the conference’s top defensive player his junior season, the budding star was sidelined by a persistent, debilitating pain in his left leg. After months of tests, Herzlich received a shocking diagnosis: He had Ewing’s sarcoma, a rare bone cancer. Doctors put his odds of survival as low as fifteen percent—and no one thought he would be able to run, much less play, again. Then Herzlich learned of a radical alternative treatment that would give him the best chance to regain his strength and maybe even play football again. He had a choice to make, one that would allow him the chance to return to the game he loved, but it came at the risk of his life. Herzlich relied on family, friends, faith, and deep wells of determination to help him through treatment, and his drastic plan worked. Not only could he run, but he was stronger than ever physically, and mentally ready to battle his way to a spot on an NFL roster. When he was passed over by all 32 teams in the draft, he dug deeper and continued his training, winning a spot in the Giants’ training camp, and eventually, on the team. Mark Herzlich fought a battle against cancer, against statistics, and some days against himself. Told with candor and raw emotion, this is a story for anyone who has ever fought to beat the odds, for anyone who has ever been told that what they are about to attempt is next to impossible. Herzlich’s story embodies powerful lessons about what can be achieved through persistence and belief, and he serves as living proof that overcoming the impossible is only the beginning. With a foreword by New York Giants head coach Tom Coughlin

Winning the Battle Within

The Impossible Mile

Spiritual Avalanche

CBT Skills to Help Kids Cultivate a Growth Mindset and Build Resilience

One Woman’s Personal Journey Through Sexism in Science

From Pee Wee Dropout to the NFL Sidelines--My Unlikely Story of Football, Purpose, and Following an Amazing God

In an Instant

Learning Through Life's Trials

