

## Slow Professor Challenging The Culture Of Speed In The Academy

*From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party*

*Praise for Ask a Manager* "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

*With his insightful and wide-ranging theory of recognition, Axel Honneth has decisively reshaped the Frankfurt School tradition of critical social theory. Combining insights from philosophy, sociology, psychology, history, political economy, and cultural critique, Honneth's work proposes nothing less than an account of the moral infrastructure of human sociality and its relation to the perils and promise of contemporary social life. This book provides an accessible overview of Honneth's main contributions across a variety of fields, assessing the strengths and weaknesses of his thought. Christopher Zurn clearly explains Honneth's multi-faceted theory of recognition and its relation to diverse topics: individual identity, morality, activist movements, progress, social pathologies, capitalism, justice, freedom, and critique. In so doing, he places Honneth's theory in a broad intellectual context, encompassing classic social theorists such as Kant, Hegel, Marx, Freud, Dewey, Adorno and Habermas, as well as contemporary trends in social theory and political philosophy.*

*Treating the full range of Honneth's corpus, including his major new work on social freedom and democratic ethical life, this book is the most up-to-date guide available. Axel Honneth will be invaluable to students and scholars working across the humanities and social sciences, as well as anyone seeking a clear guide to the work of one of the most influential theorists writing today.*

*From the author of *Bunny*, which Margaret Atwood hails as "genius," comes a "wild, and exhilarating" (Lauren Groff) novel about a theater professor who is convinced staging Shakespeare's most maligned play will remedy all that ails her—but at what cost? Miranda Fitch's life is a waking nightmare. The accident that ended her burgeoning acting career left her with excruciating chronic back pain, a failed marriage, and a deepening dependence on painkillers. And now, she's on the verge of losing her job as a college theater director. Determined to put on Shakespeare's *All's Well That Ends Well*, the play that promised and cost her everything, she faces a mutinous cast hellbent on staging *Macbeth* instead. Miranda sees her chance at redemption slip through her fingers. That's when she meets three strange benefactors who have an eerie knowledge of Miranda's past and a tantalizing promise for her future: one where the show goes on, her rebellious students get what's coming to them, and the invisible doubted pain that's kept her from the spotlight is made known. With prose Margaret Atwood has described as "no punches pulled, no hilarities dodged...genius," Mona Awad has concocted her most potent, subversive novel yet. *All's Well* is a "fabulous novel" (Mary Karr) about a woman at her breaking point and a formidable, piercingly funny indictment of our collective refusal to witness and believe female pain.*

*"The more it costs, the less it's worth." (Student slogan, London, 2003) "We are told that this world represents our best hope for intellectual vitality and creativity. We are also told that we should pay more to enter it and experience its rich resources. Yet those rich resources are increasingly marginalized by cultures of assessment and regulation, the heavy costs of which (both financial and intellectual) are to be carried by students. Increasingly students are being asked to pay for the costs of the regulation of higher education rather than education itself. Access to Higher Education has become more widely available: the implications of that change are the concern of this book." Mary Evans*

*600 Examples of Academic Language*

*Challenging Addiction in Canadian Literature and Classrooms*

*Conquering our Speed Addiction for Health and Sustainability*

*Slow Reading in a Hurried Age*

*Cultivating Community in the Patient Way of Jesus*

*Killing Thinking*

### *Making Your Center for Teaching and Learning Soar*

*In this darkly satirical send-up of academia and the Midwest, we are introduced to Moo University, a distinguished institution devoted to the study of agriculture. Amid cow pastures and waving fields of grain, Moo's campus churns with devious plots, mischievous intrigue, lusty liaisons, and academic one-upmanship, Chairman X of the Horticulture Department harbors a secret fantasy to kill the dean; Mrs. Walker, the provost's right hand and campus information queen, knows where all the bodies are buried; Timothy Monahan, associate professor of English, advocates eavesdropping for his creative writing assignments; and Bob Carlson, a sophomore, feeds and maintains his only friend: a hog named Earl Butz. Wonderfully written and masterfully plotted, Moo gives us a wickedly funny slice of life.*

*Writing in academe. Letting go of the dream ; Demystifying academic writing ; Craftsman attitude -- Using tools that work. Three taming techniques ; Securing time ; Securing space ; Securing energy -- Challenging writing myths. Draining the drama ; Demons in for tea ; The magnum opus myth ; The impostor syndrome ; The cleared-deck fantasy ; The hostile reader fear ; Compared with X ; The perfect first sentence ; One more source -- Maintaining momentum. Follow the lilt ; Beginnings and endings ; Finding the lost trail ; Effective feedback ; Handling revisions and rejections ; Working with stalls ; Relinquishing toxic projects ; Back-burner projects ; Breaks, summers, and sabbaticals -- Building writing support. Overcoming isolation ; Creating faculty writing groups ; Building campus writing support*

*Difficult Subjects: Insights and Strategies for Teaching about Race, Sexuality and Gender is a collection of essays from scholars across disciplines, institutions, and ranks that offers diverse and multi-faceted approaches to teaching about subjects that prove both challenging and often uncomfortable for both the professor and the student. It encourages college educators to engage in forms of practice that do not pretend that teachers and students are unaffected by world events and incidents that highlight social inequalities. Readers will find the collected essays useful for identifying new approaches to taking on the "difficult subjects" of race, gender, and sexuality. The book will also serve as inspiration for academics who believe that their area of study does not allow for such pedagogical inquiries to also teach in ways that address difficult subjects. Contributors to this volume span a range of disciplines from criminal justice to gender studies to organic chemistry, and demonstrate the productive possibilities that can emerge in college classrooms when faculty consider "identity" as constitutive of rather than divorced from their academic disciplines. Discussions of race, gender, and sexuality are always hot-button issues in the college classroom, whether they emerge in response to a national event or tragedy or constitute the content of the class over a semester-long term. Even seasoned professors who specialize in these areas find it difficult to talk about identity politics in a room full of students. And many professors for whom issues of racial, and sexual identity is not a primary concern find it even more challenging to raise these issues with students. Offering reflections and practical guidance, the book accounts for a range of challenges facing college educators, and encourages faculty to teach with courage and conviction, especially when it feels as though the world around us is crashing down upon our students and ourselves.*

*Slow Professor Challenging the Culture of Speed in the Academy University of Toronto Press*

*A Guide to Being Effective in Research, Writing and Teaching*

*How a Worldwide Movement Is Challenging the Cult of Speed*

*Leading with Cultural Intelligence*

*On Finding Calm, Clarity and Impact in the Classroom*

*Museums and Social Change*

*Axel Honneth*

*A Novel*

Meditating on how and why we teach the humanities, *Generous Thinking* is an audacious book that privileges the ability to empathize and build rather than simply tear apart.

*Museums and Social Change* explores the ways museums can work in collaboration with marginalised groups to work for social change and, in so doing, rethink the museum. Drawing on the first-hand experiences of museum practitioners and their partners around the world, the volume demonstrates the impact of a shared commitment to collaborative, reflective practice. Including analytical discussion from practitioners in their collegial work with women, the homeless, survivors of institutionalised child abuse and people with disabilities, the book draws attention to the significant contributions of small, specialist museums in bringing about social change. It is here, the book argues, that the new museum emerges: when museum practitioners see themselves as partners, working with others to lead social change, this is where museums can play a distinct and important role. Emerging in response to ongoing calls for museums to be more inclusive and participate in meaningful engagement, *Museums and Social Change* will be essential reading for academics and students working in museum and gallery studies, librarianship, archives, heritage studies and arts management. It will also be of great interest to those working in history and cultural studies, as well as museum practitioners and social activists around the world.

"Twenty-seven contributors - artists, cultural professionals, scholars, a journalist, grantmakers - were asked this question, "Are the Arts Essential?" In response, they offer deep and challenging answers applying the lenses of the arts, and those of the sciences, the humanities, public policy, and philanthropy. Playing so many parts, situated in so many places, these writers illustrate the ubiquity of the arts and culture in the United States. They draw from the performing arts and the visual arts, from poetry and literature, and from culture in our everyday lived experiences. The arts, they remind readers, are everywhere, and - in one way and another - touch everyone. Some respondents make it clear that the arts accommodate and expedite social change on issues of race, the environment, and social justice. Several write about the many ways that the arts address community and connection - in neighborhoods, or on the national, and even global scale. Others address ways the arts help individuals strengthen and grow, through arts education and cultural enrichment. Still others write about what we share, how we share, how we find each other through the arts, across divides of many kinds, including time. Every entry challenges readers to go beyond the usual in thinking about the arts and culture in the context of our challenging times. None of the contributors hesitate or equivocate - all of them soar in what they say and how they say it. These, too, are the attributes of the arts"--

Offers advice on how to lead an organization into change, including establishing a sense of urgency, developing a vision and strategy, and generating short-term wins.

Undoing Discipline in the Humanities Classroom

Insights and Strategies for Teaching about Race, Sexuality, and Gender

Academic Diary

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

Think Again

Generous Thinking

***A powerful claim for the virtues of a more thoughtful and collegiate approach to the academy today. #1 New York Times Bestseller “THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In Think Again, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I’ve never felt so hopeful about what I don’t know.” —Brené Brown, Ph.D., #1 New York Times bestselling author of Dare to Lead The bestselling author of Give and Take and Originals examines the critical art of rethinking: learning to question your opinions and open other people’s minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there’s another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people’s minds--and our own. As Wharton’s top-rated professor and the bestselling author of Originals and Give and Take, he makes it one of his guiding principles to argue like he’s right but listen like he’s wrong. With bold ideas and rigorous evidence, he investigates how we can***

**embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. Think Again reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.**

**Suggests that modern religion is too fast paced and that a slower approach should be used so that parishioners get a more fulfilling experience.**

**Taking a clear-eyed look at American higher education over the last twenty years, Donoghue outlines a web of forces--social, political, and institutional--dismantling the professoriate. Today, fewer than 30 percent of college and university teachers are tenured or on tenure tracks, and signs point to a future where professors will disappear. --from publisher description**

**Challenging the Unhelpful Museum**

**Woke Racism**

**The New Secret to Success**

**Advice for Academics**

**Or Why Higher Education Still Matters**

**How to Become Someone Worth Following**

**The Coach's Guide for Women Professors**

*NEW YORK TIMES BESTSELLER* New York Times bestselling author and acclaimed linguist John McWhorter argues that an illiberal neoracism, disguised as antiracism, is hurting Black communities and weakening the American social fabric. Americans of good will on both the left and the right are secretly asking themselves the same question: how has the conversation on race in America gone so crazy? We're told to read books and listen to music by people of color but that wearing certain clothes is "appropriation." We hear that being white automatically gives you privilege and that being Black makes you a victim. We want to speak up but fear we'll be seen as unwoke, or worse, labeled a racist.

According to John McWhorter, the problem is that a well-meaning but pernicious form of antiracism has become, not a progressive ideology, but a religion—and one that's illogical, unreachable, and unintentionally neoracist. In *Woke Racism*, McWhorter reveals the workings of this new religion, from the original sin of “white privilege” and the weaponization of cancel culture to ban heretics, to the evangelical fervor of the “woke mob.” He shows how this religion that claims to “dismantle racist structures” is actually harming his fellow Black Americans by infantilizing Black people, setting Black students up for failure, and passing policies that disproportionately damage Black communities. The new religion might be called “antiracism,” but it features a racial essentialism that's barely distinguishable from racist arguments of the past. Fortunately for Black America, and for all of us, it's not too late to push back against woke racism. McWhorter shares scripts and encouragement with those trying to deprogram friends and family. And most importantly, he offers a roadmap to justice that actually will help, not hurt, Black America.

In the tradition of such trailblazing books as *No Logo* and *The Tipping Point*, *In Praise of Slow* heralds a growing international movement of people dedicated to slowing down the pace of our contemporary times and enjoying a richer, fuller life as a result. These days, almost everyone complains about the hectic pace of their lives. We live in a world where speed rules and everyone is under pressure to go faster. But when speed is king, anyone or anything that gets in our way, that slows us down, becomes an enemy. Thanks to speed, we are living in the age of rage. Carl Honore has discovered a movement that is quickly working its way into the mainstream. Groups of people are developing a recipe for living better in a fast-paced, modern environment by striving for a new balance between fast and slow. In an entertaining and hands-on investigation of this new movement, Honore takes us from a Tantric sex workshop in a trendy neighbourhood in London, England to Bra, Italy, the home of the Slow Food, Slow Cities and Slow Sex movements. He examines how we can continue to live productive lives by embracing the tenets of the slow movement. A challenging take on the cult of speed, as well as a corrective look at how we can approach our lives with new understanding, *In Praise of Slow* uncovers a movement whose

*time has come.*

*Become the leader others want to follow Forget everything you know about motivating others and building a harmonious workplace. If you want to get the best out of people, you must be willing to fight. But, that doesn't mean you become a dominator, nor does coddling others work. The best leader you've ever had in your life was a liberator—someone willing to fight for your highest good, even at a personal cost. Inside, global leadership experts Jeremie Kubicek and Steve Cockram explain what made that leader so unique, how to become that person yourself, and how to share the same gift with others. Be one of the few that people actually want to follow Learn the lost art of leadership—the intentional calibration of support and challenge for everyone you lead, your team and your family Become a multiplication master as you learn to bring the best out of people for their highest good and that of the whole team Overhaul entire cultures by focusing on the transformation and empowerment of sub-culture leaders The 100x Leader will help you become—and build—leaders worth following.*

*Slow Teaching is a thoughtful exploration of how slowing down in all aspects of education can lead to improved student outcomes. It evaluates how this slow pedagogy will result in improved feedback, more skilled classroom management and relationships, meaningful classroom dialogue, retention of knowledge and leadership with attention to detail.*

*The Only Academic Phrasebook You'll Ever Need*

*All's Well*

*Who Want a Successful Career and a Well-Balanced Life*

*Good Work If You Can Get It*

*Laziness Does Not Exist*

*Rhythms of Academic Life*

*Ask a Manager*

**Dissonant Methods** is an innovative collection that probes how, by approaching teaching creatively, postsecondary instructors can resist the constrictions of neoliberalism. Based on the foundations of Scholarship of Teaching and Learning, whereby educators are asked to explore teaching as scholarship, these essays offer concrete and practical meditations on resistant and sustainable teaching. The contributors seek to undermine forms of oppression frequently found in higher education, and instead advance a vision of the university that upholds ideals such as critical thinking, creativity,

and inclusivity. Essential reading for faculty and graduate students in the humanities, *Dissonant Methods* offers urgent, galvanizing ideas for anyone currently teaching in a college or university. Contributors: Kathy Cawsey, Kit Dobson, Ada S. Jaarsma, Rachel Jones, Kyle Kinaschuk, Namrata Mitra, Guy Obrecht, Katja K. Pettinen, Kaitlin Rothberger, Ely Shipley, Martin Shuster

This interdisciplinary study offers a comprehensive analysis of the transition economies of Central and Eastern Europe and the former Soviet Union. Providing full historical context and drawing on a wide range of literature, this book explores the continuous economic and social transformation of the post-socialist world. While the future is yet to be determined, understanding the present phase of transformation is critical. The book's core exploration evolves along three pivots of competitive economic structure, institutional change, and social welfare. The main elements include analysis of the emergence of the socialist economic model; its adaptations through the twentieth century; discussion of the 1990s market transition reforms; post-2008 crisis development; and the social and economic diversity in the region today. With an appreciation for country specifics, the book also considers the urgent problems of social policy, poverty, income inequality, and labor migration. *Transition Economies* will aid students, researchers and policy makers working on the problems of comparative economics, economic development, economic history, economic systems transition, international political economy, as well as specialists in post-Soviet and Central and Eastern European regional studies.

*Slow Cities: Conquering Our Speed Addiction for Health and Sustainability* demonstrates, counterintuitively, that reducing the speed of travel within cities saves time for residents and creates more sustainable, liveable, prosperous and healthy environments. This book examines the ways individuals and societies became dependent on transport modes that required investment in speed. Using research from multiple disciplinary perspectives, the book demonstrates ways in which human, economic and environmental health are improved with a slowing of city transport. It identifies effective methods, strategies and policies for decreasing the speed of motorised traffic and encouraging a modal shift to walking, cycling and public transport. This book also offers a holistic assessment of the impact of speed on daily behaviours and life choices, and shows how a move to slow down will - perhaps surprisingly - increase accessibility to the city services and activities that support healthy, sustainable lives and cities. Includes cases from cities in North and South America, Europe, Asia, Africa and Australasia Uses evidence-based research to support arguments about the benefits of slowing city transport Adopts a broad view of health, including the health of individuals, neighbourhoods and communities as well as economic health and environmental health Includes text boxes, diagrams and photos illustrating the slowing of transport in cities throughout the world, and a list of references including both academic sources and valuable websites

What is CQ? And why do leaders need it in our increasingly connected world?

Slow Philosophy

Personal Accounts of Careers in Academia

Are the Arts Essential?

How to Be a Happy Academic

Medieval Research and the Neoliberal University

Slow Teaching

A Radical Approach to Saving the University

In an age of internet scrolling and skimming, where concentration and attention are fast becoming endangered skills, it is timely to think about the act of reading and the many forms that it can take. **Slow Philosophy: Reading Against the Institution** makes the case for thinking about reading in philosophical terms. Boulos Walker argues that philosophy involves the patient work of thought; in this it resembles the work of art, which invites and implores us to take our time and to engage with the world. At its best, philosophy teaches us to read slowly; in fact, philosophy is the art of reading slowly – and this inevitably clashes with many of our current institutional practices and demands. Slow reading shares something in common with contemporary social movements, such as that devoted to slow food; it offers us ways to engage the complexity of the world. With the help of writers as diverse as Nietzsche, Wittgenstein, Woolf, Adorno, Levinas, Critchley, Beauvoir, Le Dœuff, Irigaray, Cixous, Weil, and others, Boulos Walker offers a foundational text in the emerging field of slow philosophy, one that explores the importance of unhurried time in establishing our institutional encounters with complex and demanding works.

Want to be an effective, successful and happy academic? This book helps you hone your skills, showcase your strengths, and manage all the professional aspects of academic life. With their focus on life-long learning and positive reflection, Alex and Bailey encourage you to focus on your own behaviours and personal challenges and help you to find real world solutions to your problems or concerns. Weaving inspirational stories, the best of research and theory, along with pragmatic advice from successful academics, this book provides step-by-step guidance and simple tools to help you better meet the demands of modern academia, including: Optimising your effectiveness, priorities & strategy Workflow & managing workload Interpersonal relationships, and how to influence Developing your writing, presenting and teaching skills Getting your work/life balance right. Clear, practical and refreshingly positive this book inspires you to build the career you want in academia.

**Taking Flight** synthesizes research on best practices for running centers of teaching and learning, providing practical guidance and resources for educational developers who are looking to open new centers; revitalize an underperforming center; or sustain and enhance an effective center. The authors offer the necessary background, relevant examples, and practical exercises specifically designed to support the sustained vitality of educational development and its role in fostering organizational change. The book is practical in nature, with step sheets, diagrams, and similar materials designed to facilitate reflection and application. The book guides educational developers in enhancing and applying their knowledge, skills and abilities to establish a leadership role which, in turn, will enable them to play a pivotal role in translating visionary strategies into meaningful actions across their respective campuses. An effective, well-managed center for teaching and learning has the potential to benefit its institution's faculty, staff, students, and community members. Through fostering a productive relationship with campus administration, centers can improve morale, contribute to shaping and achieving institutional learning mission and outcomes, enhance institutional reputation, and make a contribution to the practice of teaching and learning across the academy. The materials in **Taking Flight** were honed through a series of national workshops developed under the aegis of the POD Network – the professional organization for educational developers in the United States. This book answers a need for a resource for directors and staff of centers that has been identified by leaders in the field. It also provides valuable context for all leaders concerned about student learning and the improvement of teaching.

All students and professors need to write, and many struggle to finish their stalled dissertations, journal articles, book chapters, or

grant proposals. Writing is hard work and can be difficult to wedge into a frenetic academic schedule. In this practical, light-hearted, and encouraging book, Paul Silvia explains that writing productively does not require innate skills or special traits but specific tactics and actions. Drawing examples from his own field of psychology, he shows readers how to overcome motivational roadblocks and become prolific without sacrificing evenings, weekends, and vacations. After describing strategies for writing productively, the author gives detailed advice from the trenches on how to write, submit, revise, and resubmit articles, how to improve writing quality, and how to write and publish academic work.

Leading Change

Dissonant Methods

How to Write a Lot

The Hidden Silly Side of Higher Education

Slow Cities

Taking Flight

The Slow Professor

If you think the groves of academe are all stuffiness, elbow patches and greying old men... think again.

**Academia Obscura** is an irreverent glimpse inside the ivory tower, exposing the eccentric and slightly unhinged world of university life. Take a trip through the spectrum of academic oddities and unearth the Easter eggs buried in peer reviewed papers, the weird and wonderful world of scholarly social media, and rats in underpants. Procrastinating PhD student Glen Wright invites you to peruse his cabinet of curiosities and discover what academics get up to when no one's looking. Welcome to the hidden silly side of higher education.

This invaluable source book offers guidance, support and advice for those contemplating or involved in academic careers. The contributions provide rich, personal, sometimes poignant and often humorous accounts of shared and unique experiences of those in the world of academia.

Sharp and witty observations of academic life that range from the local to the global, from PowerPoint to the halls of power. Is a university education still relevant? What are the forces that threaten it? Should academics ever be allowed near Twitter? In **Academic Diary**, Les Back has chronicled three decades of his academic career, turning his sharp and often satirical eye to the everyday aspects of life on campus and the larger forces that are reshaping it. Presented as a collection of entries from a single academic year, the diary moves from the local to the global, from PowerPoint to the halls of power. With entries like "Ivory Towers" and "The Library Angel," these smart, humorous, and sometimes absurd campus tales not only demystify the opaque rituals of scholarship but also offer a personal perspective on the far-reaching issues of university life.

Commenting on topics that range from the impact of commercialization and fee increases to measurement and auditing research, the diary offers a critical analysis of higher education today. At the same time, it is a passionate argument for the life of the mind, the importance of collaborative thinking, and the reasons that

**scholarship and writing are still vital for making sense of our troubled and divided world.**

**Read it, and you will come away ready to hit the ground running.**

**The Corporate University and the Fate of the Humanities**

**A Practical Guide to Productive Academic Writing**

**The Power of Knowing What You Don't Know**

**Reading Against the Institution**

**Difficult Subjects**

**Slow Professor**

**Academia Obscura**

*The Only Academic Phrasebook You'll Ever Need is a short, no-nonsense, reader-friendly bank of academic sentence templates. It was written for both graduate and undergraduate students who already know the basics of academic writing but may still struggle to express their ideas using the right words. The Only Academic Phrasebook You'll Ever Need contains 600 sentence templates organized around the typical sections of an academic paper. Here are some examples: 1. Establishing a research territory: The last few years have seen an increased interest in \_\_\_\_\_. 2. Describing research gaps: To date, no study has looked specifically at \_\_\_\_\_. 3. Stating your aims: The aim of this study is to discuss the extent to which \_\_\_\_\_. 4. Describing the scope and organization of your paper: In chapter \_\_\_\_\_, the concept of \_\_\_\_\_ is further explored. 5. General literature review: A number of scholars have attempted to identify \_\_\_\_\_. 6. Referencing: In his 1799 study, Smith argued that \_\_\_\_\_. 7. Sampling and data collection: Participants were randomly selected based on \_\_\_\_\_. 8. Data analysis and discussion: The data provide preliminary evidence that \_\_\_\_\_. The Only Academic Phrasebook You'll Ever Need also contains 80 grammar and vocabulary tips for both native and non-native speakers. For example: 1. What's the difference between "effect" and "affect"? "Imply" and "infer"? "They're", "their" and "there"? 2. Is "irregardless" correct? 3. Do you say "the criteria was" or "the criteria were"? The Only Academic Phrasebook You'll Ever Need is NOT a comprehensive academic writing textbook. It will NOT teach you key academic skills such as choosing the right research question, writing clear paragraphs, dealing with counter arguments and so on. But it will help you find the best way to say what you want to say so you can ace*

that paper!

If there is one sector of society that should be cultivating deep thought in itself and others, it is academia. Yet the corporatisation of the contemporary university has sped up the clock, demanding increased speed and efficiency from faculty regardless of the consequences for education and scholarship. In *The Slow Professor*, Maggie Berg and Barbara K. Seeber discuss how adopting the principles of the Slow movement in academic life can counter this erosion of humanistic education. Focusing on the individual faculty member and his or her own professional practice, Berg and Seeber present both an analysis of the culture of speed in the academy and ways of alleviating stress while improving teaching, research, and collegiality. *The Slow Professor* will be a must-read for anyone in academia concerned about the frantic pace of contemporary university life.

Reading, David Mikics says, should not be drudgery, and not mere information-gathering or escape either, but a way to live life at a higher pitch. *Slow Reading in a Hurried Age* is a practical guide for anyone who yearns for a more meaningful, satisfying reading experience, as well as sharper reading skills and improved concentration.

In the richly interdisciplinary study, *Challenging Addiction in Canadian Literature and Classrooms*, Cara Fabre argues that popular culture in its many forms contributes to common assumptions about the causes, and personal and social implications, of addiction. Recent fictional depictions of addiction significantly refute the idea that addiction is caused by poor individual choices or solely by disease through the connections the authors draw between substance use and poverty, colonialism, and gender-based violence. With particular interest in the pervasive myth of the "Drunken Indian", Fabre asserts that these novels reimagine addiction as social suffering rather than individual pathology or moral failure. Fabre builds on the growing body of humanities research that brings literature into active engagement with other fields of study including biomedical and cognitive behavioural models of addiction, medical and health policies of harm reduction, and the practices of Alcoholics Anonymous. The book further engages with critical pedagogical strategies to teach critical awareness of stereotypes of addiction and to encourage the potential of literary analysis as a form of social activism.

*The Last Professors*

*In Praise of Slow*

*How to Succeed in Academia*

*Challenging the Culture of Speed in the Academy*

*Write No Matter What*

*How a New Religion Has Betrayed Black America*

*Transition Economies*

If you find yourself thinking or saying any of the following, this is a book you need to pick up. I know or suspect that I am underpaid, but I hate negotiating. I do everything else first and then write in the time left over. I ' m not sure exactly what the promotion requirements are in my department. Since earning tenure, my service load has increased and my research is suffering. I don ' t get enough time with my family. This is a practical guide for women in academe – whether adjuncts, professors or administrators – who often encounter barriers and hostility, especially if women of color, and generally carry a heavier load of service, as well as household and care responsibilities, than their male colleagues. Rena Seltzer, a respected life coach and trainer who has worked with women professors and academic leaders for many years, offers succinct advice on how you can prioritize the multiplicity of demands on your life, negotiate better, create support networks, and move your career forward. Using telling but disguised vignettes of the experiences of women she has mentored, Rena Seltzer offers insights and strategies for managing the situations that all women face – such as challenges to their authority – while also paying attention to how they often play out differently for Latinas, Black and Asian women. She covers issues that arise from early career to senior administrator positions. This is a book you can read cover to cover or dip into as you encounter concerns about time management; your authority and influence; work/life balance; problems with teaching; leadership; negotiating better; finding time to write; developing your networks and social support; or navigating tenure and promotion and your career beyond.

From social psychologist Dr. Devon Price, a conversational, stirring call to “ a better, more human way to live ” (Cal Newport, New York Times bestselling author) that examines the “ laziness lie ” —which falsely tells us we are not working or learning hard enough. Extra-curricular activities. Honors classes. 60-hour work weeks. Side hustles. Like many Americans, Dr. Devon Price believed that productivity was the best way to measure self-worth. Price was an overachiever from the start, graduating from both college and graduate school early, but that success came at a cost. After Price was diagnosed with a severe case of anemia and heart complications from overexertion, they were forced to examine the darker side of all this productivity. Laziness Does Not Exist explores the psychological underpinnings of the “ laziness lie, ” including its origins from the Puritans and how it has continued to proliferate as digital work tools have blurred the boundaries between work and life. Using in-depth research, Price explains that people today do far more work than nearly any other humans in history yet most of us often still feel we are not doing enough. Filled with practical and accessible advice for overcoming society ' s pressure to do more, and featuring interviews with researchers, consultants, and experiences from real people drowning in too much work, Laziness Does Not Exist “ is the book

we all need right now ” (Caroline Dooner, author of The F\*ck It Diet).

In The Slow Professor, Maggie Berg and Barbara K. Seeber discuss how adopting the principles of the Slow movement in academic life can counter the erosion of humanistic education.

Transformation, Development, and Society in Eastern Europe and the Former Soviet Union

The 100X Leader

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Slow Scholarship

Slow Church