

Splitting Up A Childs Guide To A Grown Up Problem

Presents advice on how to handle a divorce for young readers, including reasons for divorce, dealing with change, and new families.

"Parenting Teenage Boys" Let's talk about how you can form a bond with your teenage son by establishing boundaries and gaining mutual respect, in this essential guide for parents of teenage boys. Sometimes, it's hard to have a line of communication with your teenage son and this book can help you learn how to listen to his needs. This is an essential guide for parents of teenage boys. Parenting is never easy, but teenage boys present special challenges that must be prepared for prior to adolescence and then met with sensitivity and a strong motivation to build up and not tear down. Your teen boy is struggling with his identity and his place in the world. You're his guide. Parents are not pulling their sons into the adult world - they're guiding them towards it, with a steady, patient and observant hand.

Offers advice for building a co-parent partnership, allowing children to benefit from their own relationships with their parents, discussing communication, conflict resolution, discipline, special events, and new partners.

There are many challenges that children with Asperger's syndrome (AS) will have to overcome to reach their highest potential. In order to help them progress in constructive ways, those who care for and about these children often need to make changes too, sometimes difficult ones. Stuck provides a roadmap for understanding and addressing the complexities of AS, especially the presence of obsessive-compulsive behaviors (OCBs) that so frequently complicate basic functioning for both the child and others involved in their lives. The more knowledge and skills that caregivers can gain about these issues the better. Whether you are a parent, an educator, or a healthcare professional that wants to increase their awareness about Asperger's syndrome and obsessive-compulsive behaviors, you can benefit from the useful concepts and practical, action-oriented activities presented throughout this book.

How to Raise Happy, Resilient Kids Through Turbulent Times

A Parent's Guide to Divorce

How to Form a Bond, Turn Problem Behaviors, Communicate and Listen to Your Teenage Son

The Big, Fancy Set of Kids' Activities Coloring Book Edition

How to Talk to Your Children So That They Will Listen and Obey

Parenting After Divorce

Reassuring advice to help your child manage explosive emotions and gain self-control

Anxiety disorders and OCD are the most common mental health problems of childhood and adolescence. This book provides a complete, step-by-step program for parents looking to alleviate their children's anxiety by changing the way they themselves respond to their children's symptoms.

- LARGE PRINT EDITION - More children than ever are facing life without one or both parents. Absentee parent questions rank among the top parent and guardian concerns - until now. In Absentee Parent Left Behind Child, parenting expert and author, Scott Luper, MA, gives help and hope to the multitude of caregivers facing the realities of raising the child of an absentee parent. Using experiences from his son's absentee parent questions and the information gathered from single and absentee parent interviews, Mr. Luper lays out the concise, easy to follow plan that helps caregivers answer these difficult and extremely important questions. Mr. Luper also shows, with real world examples and proven strategies, how to, not only answer absentee parent questions but also, use these opportunities to bring parents and children closer. Features: The child's point of view The step by step process Examples and discussions from real world situations The two moment strategy The seven pitfalls to avoid Tips and strategies to help children thrive

You are a parent and with that title comes both endless joy and incredible responsibility. You have the opportunity to mold and shape your child in any way imaginable, and that fact alone is scary and overwhelming. Stop thinking you have to do it all by yourself! In The Intentional Bookshelf author, blogger, and bibliophile-mama, Samantha Munoz shares how her daughter's carefully curated bookshelf has saved her sanity as a parent and can save yours, too. Through actionable tips, thoughtful personal stories, and tongue in cheek humor, Sam teaches you: The value of literature for parents and children How to plan and build your child's library The types of books to choose from How to organize your shelves Unique activities to go outside the book and more! The choice is yours; either struggle through parenting with no backup or learn to craft a library of resources that is a reflection of your child and your family. (Hint, if the second option sounds amazing this book is for you!)"

"Parents looking for a book about separation or divorce will find few offerings as positive, matter-of-fact, or child-centered as this one. . . . Simple, yet profoundly satisfying." – Booklist (starred review) At Mommy's house, Alex has a soft chair. At Daddy's house, Alex has a rocking chair. In each home, Alex also has a special bedroom and lots of friends to play with. But whether Alex is with Mommy or with Daddy, one thing always stays the same - Alex is loved. The gently reassuring text focuses on what is gained rather than what is lost when parents divorce, while the sensitive illustrations, depicting two unique homes in all their small details, firmly establish Alex's place in both of them. Two Homes will help children - and parents - embrace even the most difficult of changes with an open and optimistic heart.

When Parents Divorce Or Separate

DIVORCE: When You Are Caught in the Middle - A Child's Guide

Parent to Child the Guide

Cooperative Parenting and Divorce

The Kid's Guide to Divorce

A Scientifically Proven Program for Parents

Raising Good Humans

Ten-year-old Mike and his younger brother Jason must learn to adjust to the changes caused by their parents' divorce.

A Catholic guide that helps children ages 7-11 cope and work through their parent's divorce or separation in a way that helps them grow.

Monk Monk & Me, The Children's Guide To Divorce, is a book about a young man whose parents are having a divorce. During a transition that can be both confusing and scary for young people, the book provides an easy to read dialogue that normalizes the process of divorce for children. In the story, the character "Monk Monk" answers the most common questions of children experiencing divorce in a fun and interactive storyline, while providing parents a basic tool to guide their children through the process of divorce. Nolan Johnson is a Marriage & Family Therapist in San Jose, California. His experience includes working as a therapist, case manager, and behavior coach to a wide range of children and their families. His passions include traveling, a variety of sports, and working with underprivileged communities to educate about effective communication

skills and effective parenting.

This book gives divorcing parents the power to make positive changes to shield your children from conflict and help you establish a positive, long term relationship with your child's other parent.

A Child's Guide to Anarchy

Don't go there. It's not safe. You'll die. And other more >> rational advice for overlanding

Mexico & Central America

A Grown-Up's Guide to Kids' Wiring

Parent with Literature and Build Your Unique Child's Perfect Little Library

A Kid's Guide to Overcoming OCD

Divorce and the Special Needs Child

I Can Get Through This

"A Rule Is To Break says: Go ahead and throw your best self a party! So glad it exists."—Kristin Hersh, Throwing Muses "After encountering the lively little anarchist in John and Jana's delightful A Rule is To Break, I will always remember the playful little devil with a mind of her own. A children's book on anarchy seems somehow just right: an instinctive, intuitive sense of fairness, community, and interdependence sits naturally enough with a desire for participatory democracy, self-determination, and peace and global justice."—Bill Ayers, author of To Teach: The Journey in Comics and Fugitive Days Simply celebrating childhood: the joy, the wonder of discovery, the spontaneity, and strong emotions. . . . Wild Child is free to do as she pleases. A Rule Is To Break: A Child's Guide to Anarchy follows Wild Child as she learns about just being herself and how that translates into kid autonomy. It presents the ideas of challenging societal expectations and tradition and expressing yourself freely in kid-terms that are both funny and thought provoking—it even functions as a guidebook for adults to understand what it is to be a critically thinking, creative individual. Wild Child is the role model for disobedience that is sometimes civil. John Seven and Jana Christy's previous collaboration The Ocean Story won Creative Child magazine's 2011 Creative Child Award Seal of Excellence and was shortlisted for the 2012 Green Earth Book Award.

There are times when what a youngster does or says is absolutely baffling to mom or dad. How can 15-year-old Sarah spend hours prepping her hair and not give one second to cleaning her room? Likewise, what's wrong with 10-year-old Mark who knows he shouldn't bully his little brother but does so anyway? Certainly parents want answers, and no one is surprised when a parent falls back on interrogating a child or teen with repeated "Why?" or "What were you thinking?" questions. Unfortunately, searching for the reasons children behave as they do by asking the ubiquitous "Why?" is ultimately unsuccessful and, frankly, irrelevant. "I don't know," "Because," or "I wasn't thinking," is the usual child response, resulting in frustrated parents and youngsters who feel embarrassed, stupid or annoyed. Drs. Charles C. Larson and John B. Dockstader, each with more than thirty years of experience working with parents and youngsters, advise parents to step back from situations such as those described and offer, instead, techniques for evaluating and solving family problems without needing to know "Why?". The authors counsel parents how to determine if a problem exists, who owns the problem and who is best equipped to solve it. Numerous real-life examples are presented to illustrate the problem-solving process and solutions. In Parenting Without Guilt, parents learn not only to solve family problems, but also why the challenges parents and youngsters face today are more demanding than ever before. In addition, parents are guided through each stage of child development, from birth to young adulthood, with attention to typical problems any parent may anticipate. Resources that parents can use to help them resolve family discords are discussed, to include working with educators, clergy, pediatricians, private practitioners and others. With compassion, humor and wisdom gained through practical experience, Drs. Larson and Dockstader offer information and advice that provides any parent with the skills to raise successful children without guilt, anxiety or distress.

Describes what obsessive-compulsive disorder is and how it works, and teaches young readers techniques to reduce and overcome it through writing and drawing activities and self-help exercises and strategies.

From creating a parenting plan to navigating the post-divorce world, this child-centered reference teaches parents what to say and do to guide their children--toddlers to young adults--through a divorce, offering proactive solutions to make the child a priority as readers successfully transition to co-parenting.

Zoe and Evan's Coping Guide for Kids

Mentoring Your Child to Win

Healthy Children of Divorce in 10 Simple Steps

Mike's Lonely Summer

The Intentional Bookshelf

A Child's Guide Through Divorce

Whether assessing general family functioning or specific areas of conflict, professionals preparing child custody evaluations require sound knowledge of three interrelated fields: up-to-date legal issues, psychological findings, and forensic procedures. This book covers these three essential areas to walk readers through the evaluation process clearly and concisely. It further provides a unique combination of legal guidelines with social science research.

A comprehensive manual for acting and theater, discussing improvisation, voice projection, breathing exercises, script analysis, and technical aspects of theater production.

"Your divorce doesn't have to damage your children..., " Stahl assures, " ... especially if you limit your children's exposure to your conflicts." He knows parents are not perfect, and he uses that knowledge to show imperfect parents how to settle their differences in the best interests of the children. This revised and updated second edition features ideas from the latest research, more information on long-distance parenting, dealing with the courts, and working with a difficult co-parent. A realistic perspective on divorce and its effects on children, Parenting After Divorce features knowledgeable advice from an expert custody evaluator. Packed with real-world examples, this book avoids idealistic assumptions, and offers practical help for divorcing parents, custody evaluators, family court counselors, marriage and family therapists and others interested in the best interests of the children.

Before you plan your family's next excursion, get some help from a travel professional...and your kids! The Kid's Guide series lets the kids help plan your trip and guides you as you explore your destination. Inside you'll find kid-tested tips on where to go, where to eat, what to see, and where to get the best souvenirs. Along the way, your kids will be engaged by reading and sharing fun acts and cool travel tips. Awesome games and quizzes keep the family entertained! Fun for both visiting and local kids!

Stuck

Monk Monk & Me: The Children's Guide To Divorce

Parents Talk, Children Listen

Breaking Free of Child Anxiety and OCD

A Rule is to Break

Here Comes Heaven!

Kids' Guide: Dealing with Divorce

A teenage brother and sister whose parents are divorced discuss topics relating to this situation, and their mother offers her own insights. Original.

This work is an invitation and guide for young people to bring the realm of Heaven to earth. As children discover their identity through the revelation of the Father's love, they are released to fulfill their Royal Mission: to demonstrate the Kingdom of God by living a life of miracles. Each chapter explains and identifies the inheritance that God's sons and daughters possess, such as the Father's love, the anointing and indwelling of the Holy Spirit, faith, prayer, and the keys of power and authority. This book is not only a companion for the "journey", but also provides a meeting place for children to encounter God's presence that will transform their hearts and lives.

Custody and Support: Get the Answers You Need When you're getting divorced, you can make a tough time easier for yourself and your children if you work with the other parent to agree on a custody plan and child support. If you can't resolve these issues, you'll have to head to court and ask a judge to decide for you. Either way, Nolo's Essential Guide to Child Custody & Support can help. You'll learn: how negotiation and mediation can keep costs down and improve future dealings with your ex where to find your state's child support guidelines how judges make custody decisions how to enforce and change custody and support orders how court trials work how Covid-19 is affecting custody arrangements and family court hearings, and when you need a lawyer and how to work with one. You'll also find specifics about each state's laws, including what factors courts consider when they rule on custody arrangements and what happens when one parent wants to move away with the children.

Using specific experiences as examples, this guide shows how to deal with every aspect of divorce, including coping with stepparents, new living arrangements, embarrassment with peers, and parental bitterness.

A Child's Legal Guide to Separation and Divorce

Kid's Guide to Boston

How to Tell the Kids - A Parent's Guide to Breaking the News Without Breaking Their Hearts

Minimize the Effects of Divorce on Your Children

Absentee Parent Left Behind Child

Asperger's Syndrome and Obsessive-Compulsive Behaviors

Letting Go of Conflict After a Difficult Divorce

The Divorce Talk: How to Tell the Kids is the definitive guide to help parents break the news of an upcoming separation to their kids with the least risk of damage. Written by an internationally known divorce recovery professional, the book is based on interviews with over one hundred children whose parents divorced. Readers will learn, step-by-step, how to manage their own emotions, to understand the meaning of divorce to children, what to say to the kids, and how to deal with the children's reaction to the news. The book is practical and offers solutions that are designed to help parents limit the risk of trauma in the most important conversation of their children's lives.

"A wise and fresh approach to mindful parenting." —Tara Brach, author of Radical Acceptance A kinder, more compassionate world starts with kind and compassionate kids. In Raising Good Humans, you'll find powerful and practical strategies to break free from "reactive parenting" habits and raise kind, cooperative, and confident kids.

Whether you're running late for school, trying to get your child to eat their vegetables, or dealing with an epic meltdown in the checkout line at a grocery store—being a parent is hard work! And, as parents, many of us react in times of stress without thinking—often by yelling. But what if, instead of always reacting on autopilot, you could respond thoughtfully in those moments, keep your cool, and get from A to B on time and in one piece? With this book, you'll find powerful mindfulness skills for calming your own stress response when difficult emotions arise.

You'll also discover strategies for cultivating respectful communication, effective conflict resolution, and reflective listening. In the process, you'll learn to examine your own unhelpful patterns and ingrained reactions that reflect the generational habits shaped by your parents, so you can break the cycle and respond to your children in more skillful ways. When children experience a parent reacting with kindness and patience, they learn to act with kindness as well—thereby altering generational patterns for a kinder, more compassionate future. With this essential guide, you'll see how changing your own "autopilot reactions" can create a lasting positive impact, not just for your kids, but for generations to come. An essential, must-read for all parents—now more than ever. "To raise the children we hope to raise, we have to learn to become the person we hoped to be.... This wonderful book will help you handle the ride." —KJ Dell'Antonia, author of How to Be a Happier Parent "Hunter Clarke-Fields shares her wisdom and personal experience to help parents create peaceful families." —Joanna Faber and Julie King, coauthors of How to

Talk So Little Kids Will Listen

What Can You Do As A Parent To Minimize The Impact of Divorce On Your Children? -Do you worry that your divorce will have a negative impact on your child's life? -Are you and your child's other parent locked in a cycle of resentment and dysfunction? -Do you want to do everything in your power to create a healthy future life for you and your child? This book will provide you with all of these answers and more. It is easy-to-read and includes actionable steps to ensure the best outcome for your children. The simple, yet life-changing ten-step process this book outlines will help you to: -Make the best choices for your children to ensure their long-term health -Partner with your co-parent for the sake of your children -Take actions that will protect your children during this time -Communicate productively with your co-parent -Release the past so you can create a love-filled future with your children Praise for the author's best-selling book *The 7 Fatal Mistakes Divorced and Separated Parents Make: Strategies for Raising Healthy Children of Divorce and Conflict: "This book is a must-read for parents contemplating divorce, those already in the divorce process, and those who have a parenting plan in place... - Albert V. Evans, Family Law Attorney "This*

wonderful book should be required reading and writing for every divorced or never-married parent." - Dr. Shirley Thomas, counsellor and author

Presents advice on good manners for young readers, including why they are important, how to exercise self-control, and respecting others.

The Smart Kid's Guide to Divorce

A Parent Guide to Effective Co-Parenting

Shelters, Shacks and Shanties

Nolo's Essential Guide to Child Custody and Support

A Comprehensive Guide to Child Custody Evaluations: Mental Health and Legal Perspectives

The Everything Parent's Guide to the Defiant Child

A Kid's Guide to God's Supernatural Power

This guide provides parents with an opportunity to chronicle their own personal history and past experiences as well as the history and experiences of their child's life in a direct, loving, and supportive way. Don't wait - let Parent To Child : The Guide assist you in writing the legacy you want and need to leave for your children ... just in case.

This book is an excellent resource for a parent or counselor to help the child who is experiencing pressure to take sides with a parent during divorce or post-divorce. When a child is caught-in-the-middle of this conflict they often feel pressured, worried, sad and mad. This book can help children by: • Exploring the many feelings children experience when they are caught-in-the-middle • Teaching them how to protect their personal boundary • Showing them how they can stay out-of- the-middle • Reassuring them that they can express their feelings when they feel pressured • Giving them the skill to ask for what they need Parents can also benefit from better understanding the child ' s point of view and will learn ways to decrease the pressure between their child ' s two homes.

Élf my present reader happens to be a Boy Scout or a scout-master who wants the scouts to build a tower for exhibition purposes, he can do so by following the directions here given, but if there is real necessity for haste in the erection of this tower, of course we cannot build one as tall as we might where we have more time. With a small tower all the joints may be quickly lashed together with strong, heavy twine, rope, or even wire; and in the wilderness it will probably be necessary to bind the joints with pliable roots, or cordage made of bark or withes; but as this is not a book on woodcraft we will suppose that the reader has secured the proper material for fastening the joints of the frame of this signal-tower and he must now shoulder his axe and go to the woods in order to secure the necessary timber. First let him cut eight straight polesÑthat is, as straight as he can find them. These poles should be about four and one half inches in diameter at their base and sixteen and one half feet long. After all the branches are trimmed off the poles, cut four more sticks each nine feet long and two and a half or three inches in diameter at the base; when these are trimmed into shape one will need twenty six or seven more stout sticks each four and one half feet long for braces and for flooring for the platform.

Dealing with defiant children can be frustrating, time-consuming, and emotionally exhausting for parents and kids alike. But with this practical, reassuring handbook, you no longer have to feel helpless. You'll learn how to defuse the negativity, hostility, antagonism, and explosive anger that can ruin your child's relationships with family, friends, teachers, and other authority figures. This book helps you to: Choose which battles to fight Follow thorough Be consistent Communicate clear expectations and consequences (without yelling) Give your child some power over his life Reinforce positive changes Most important, you'll learn why defiance happens and how to react when it does. You will adopt the parenting and anger-management skills you need to make a real difference in your child's life. You'll help your child control his emotions--and grow up to be healthy, well-rounded adult.

Break a Leg!

The Co-parenting Survival Guide

A Guide for Parents

A Parent's Guide to Practical Problem Solving

The 7 Breakthrough Keys How a Single Former Welfare

Divorce Is Not the End of the World

How to Create a Comprehensive And Meaningful Journal to Prepare Your Child for Life

Divorce.

Author Arlene Karian opens the door to success for millions of parents now – and in the future. In "Mentoring Your Child To Win: The 7 Breakthrough Keys How A Single Former Welfare Mom Raised A Multi-Millionaire Kid", Arlene – "The Parenting Mentor" – provides you with a proven plan she created for herself and is now available to all who shape a child's consciousness. Easy and enjoyable to follow, parents will find the tools to create a bond with their children in an exciting new way. Recently validated by science, Arlene's system will open a whole new world of possibilities, empowering you to raise extraordinary children and also uplift you and your entire life in the process. The simple secret: Arlene became a mentor to her son by following a simple original system. Now you can use Arlene's "Road Map to 21st Century Parenting" system to help your children avoid negative outside influences and achieve great things, so they become what they were meant to become. In "Mentoring Your Child To Win: The 7 Breakthrough Keys How A Single Former Welfare Mom Raised A Multi-Millionaire Kid," you'll discover: • The 7 Keys to 21st Century Parenting • The 3 Scientific Research Secrets about Parenting • How To Mentor Your Child to Excel • How to Raise an Extraordinary Child • How To Get Your Kid To Say 'No' to Outside Influences Plus a lot more detailed, step-by-step guidance, inspiration, and help for parents and guardians to modernize parenting with a new breakthrough approach to interface with these troubled times. In addition, the book reveals: • Detoxing Your Mind: An Innovative Way to De-stress • How To Effortlessly Organize Your Day • Keeping The Love Alive In Spite Of Dishes, Laundry and Texting "Mentoring is the new way," Arlene says. "I raised my son to excel while on welfare. It's because I blended parenting with mentoring that my son became so extraordinary, successful, and a living role model of my work.

Helping all parents bring out the best in their children, whatever that might be, is now my passion."Arlene believes that true wealth comes from the wisdom of the one who is shaping a child's life. Her book will guide you on an incredible new journey toward that end. Mentoring Your Child To Win: The 7 Breakthrough Keys – How A Single, Former Welfare Mom Raised A Multi-Millionaire Kid brings solutions for parenting in the 21st Century. Coloring is a most enjoyable activity that has several benefits. It helps boost your child's focus and concentration. The more complex the patterns are, the more that your child will be careful with every stroke of the crayon. He/she will become too focused in the moment that frustrations and other negative emotions will soon be forgotten. Grab a copy now!

Healthy communication with your child is essential to build trust, to guide and to nurture them. "Parents Talk Children Listen: How To Talk to Your Children So That They Will Listen And Obey" covers how to effectively communicate with your child through all the different stages of their development. It offers sound advice on how to get your child to open up to you, how to make them listen and how to talk to them about sensitive subjects. This guide answers your questions on how to establish a successful parent-child communication. In this book, you'll find: - The Importance of Healthy Communication between Parents And Children - Obstacles That We Face In Parent-Child Communication - Ways to Establish Your Authority Over Your Children - Effective Ways to Communicate With Your Children - Guidelines on How to Talk to Your Kids about Sensitive Issues - Steps on How to Build Your Child's Confidence through Your Words - Easy Ways on How Parents Can Model Good Listening Skills - The natural progression of your child's communication And so much more Have a copy now and let it be your guide on how to effectively communicate with your kids!!!

A Mindful Guide to Breaking the Cycle of Reactive Parenting and Raising Kind, Confident Kids

The Smart Kid's Guide to Manners

The Divorce Talk

What to Do when Your Brain Gets Stuck

A Discussion Guide for Parents

Parenting Teenage Boys

Resolving Conflicts and Meeting Your Children's Needs