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Guide For The Newly Observant

Jew

Teshuva A Guide For The Newly Observant Jew

*Gateway to Judaism is an insider's
engaging look at the mindset, values,*

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and practices of Judaism in the 21st century. As a senior lecturer and outreach expert with Gateways Seminars, Rabbi Mordechai Becher has helped thousands of people reconnect with the beauty, wisdom and relevance of their Jewish heritage.

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Often asked to recommend "just one book" that would explain the essentials of Jewish life and thought , he decided to write it himself! Delving beneath common perceptions of Jewish tradition, Rabbi Becher presents fresh and meaningful perspectives that will

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educate and inspire you. Among the many intriguing topics he addresses are: Is there spirituality in Judaism? In our age of labor-saving devices, do we still need a Sabbath? What is Judaism's view on death and the afterlife? Why is Judaism so full of laws? Why should I

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pray? Does God really want to hear my complaints? Can Judaism enhance my marriage? Isn't circumcision just an ancient rite of initiation? Is it still relevant? Why is Israel so central to Judaism? Does a religion need a land? Why does a mourner say Kaddish?

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Wasn't keeping kosher a health measure? Does it still have a purpose today? How can I add meaning to my Passover Seder? Gateway to Judaism reveals Judaism's power to elevate your life. Whether you are new to Jewish tradition, familiar with its

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practice, or simply curious, you will find this book an illuminating guide to a joyous and fulfilling lifestyle. -- from dust cover.

Presents an overview of the works of the Russian-born American painter.

We all know the stereotype of the

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Jewish mother: Hectoring, guilt-inducing, clingy as a limpet. In Mamaleh Knows Best, Tablet Magazine columnist Marjorie Ingall smashes this tired trope with a hammer. Blending personal anecdotes, humor, historical texts, and scientific

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research, Ingall shares Jewish secrets for raising self-sufficient, ethical, and accomplished children. She offers abundant examples showing how Jewish mothers have nurtured their children's independence, fostered discipline, urged a healthy distrust of

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authority, consciously cultivated geekiness and kindness, stressed education, and maintained a sense of humor. These time-tested strategies have proven successful in a wide variety of settings and fields over the vast span of history. But you don't have

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to be Jewish to cultivate the same qualities in your own children. Ingall will make you think, she will make you laugh, and she will make you a better parent. You might not produce a Nobel Prize winner (or hey, you might), but you'll definitely get a great human

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being.

The Meaning & Practice of Teshuvah

Who by Fire

30 Days to Teshuvah

Omer/Teshuvah

Faith and Folly

A Mussar Guide Based on Ohr Yisrael

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*How Newcomers Learn the Language
and Culture of Orthodox Judaism*

Teshuvah: from the Hebrew root
"to return" and often translated as
"repentance," teshuvah represents
an answer to spiritual or
intellectual challenge, just as a

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question requires a response and a home awaits a return. Teshuvah expresses a restoration of personal balance and a return to spiritual center. Maimonides on Teshuvah explores the thought of Judaism's greatest philosopher on

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the process of finding a path through the thicket of transgressions past and present, seeking the elusive yet healing light of forgiveness--from God, from others, and even from one's own self. "A Master of Teshuvah

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should not think that he is far from the level of the righteous because of the sins he committed, intentionally or otherwise. This is not so. Rather, he is beloved and cherished by the Creator as if he had never sinned at all.

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Furthermore, his reward is greater, for he tasted the taste of sin and separated from it, conquering his evil inclination. The Sages taught that in the place where the Masters of Teshuvah stand, not even the completely

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righteous can stand." (The Ways of Repentance, 7:4) Author of the brilliant Guide for the Perplexed and the massive Mishneh Torah, Moses Maimonides' thought continues to influence and inspire students almost a thousand years

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after his passing in 1204. Known as the Great Eagle for his incomparable mastery of Jewish scholarship, of Maimonides it has been said "from Moses to Moses, there was no one like Moses." Maimonides on Teshuvah is a

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translation and commentary on The Ways of Repentance, the first comprehensive study of teshuvah in Jewish literary history. In this work, Maimonides surveys the philosophical, psychological, and practical aspects of teshuvah.

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Carefully weaving threads drawn from the tapestry of Jewish religious writings, Maimonides describes the theoretical foundations of teshuvah (free will versus predeterminism, nature versus nurture, and the afterlife)

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and provides pragmatic recommendations for readers who yearn for the cleansing power of teshuvah.

An inspiring way to reclaim your integrity and renew your sense of moral purpose. "Like water,

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teshuvah is both destructive and creative. It dissolves the person you were but simultaneously provides the moisture you need to grow anew. It erodes the hard edges of your willfulness but also refreshes your spirit. It can turn

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the tallest barriers of moral blindness into rubble while it also gently nourishes the hidden seeds of hope buried deep in your soul. Teshuvah, like water, has the power both to wash away past sin and to shower you with the

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blessing of a new future, if only you trust it and allow yourself to be carried along in its current." from Part VII In this candid and comprehensive probe into the nature of moral transgression and spiritual healing, Dr. Louis E.

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Newman examines both the practical and philosophical dimensions of teshuvah, Judaism's core religious-moral teaching on repentance, and its value for us Jews and non-Jews alike today. He exposes the inner logic of

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teshuvah as well as the beliefs about God and humankind that make it possible. He also charts the path of teshuvah, revealing to us how we can free ourselves from the burden of our own transgressions by: Acknowledging

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our transgressions Confessing
Feeling remorse Apologizing
Making restitution Soul reckoning
Avoiding sin when the next
opportunity arises"
Bits and Ash were children when
the kidnapping of their younger

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sister, Alena—an incident for which Ash blames himself—caused an irreparable family rift. Thirteen years later, Ash is living as an Orthodox Jew in Israel, cutting himself off from his mother, Ellie, and his wild-child

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sister, Bits. But soon he may have to face them again; Alena's remains have finally been uncovered. Now Bits is traveling across the world in a bold and desperate attempt to bring her brother home and salvage what's

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left of their family. Sharp and
captivating, Who by Fire deftly
explores what happens when
people try to rescue one another.

With Responsa by Moshe
Feinstein ; Based on Sefer Shaarei
Teshuva L'rabenu Yonah

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Jew
Return and Renewal

Rothko

Secrets of "The Guide for the
Perplexed"

Personal Drama in the Teshuva
Revolution

A Basic Guide to Jewish Faith,

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Jew
History, and Practice

With Responsa by Rabbi Moshe
Feinstein Shlita ; Based on Sefer
Shaarei Teshuva L'rabenu Yonah
Z''1

When non-Orthodox Jews become
frum (religious), they encounter

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much more than dietary laws and Sabbath prohibitions. They find themselves in the midst of a whole new culture, involving matchmakers, homemade gefilte fish, and Yiddish-influenced grammar. **Becoming Frum** explains

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how these newcomers learn Orthodox language and culture through their interactions with community veterans and other newcomers. Some take on as much as they can as quickly as they can, going beyond the norms of those

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raised in the community. Others maintain aspects of their pre-Orthodox selves, yielding unique combinations, like Matisyahu's reggae music or Hebrew words and sing-song intonation used with American slang, as in "mamish

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(really) keepin' it real.” Sarah Bunin Benor brings insight into the phenomenon of adopting a new identity based on ethnographic and sociolinguistic research among men and women in an American Orthodox community. Her analysis

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is applicable to other situations of adult language socialization, such as students learning medical jargon or Canadians moving to Australia.

Becoming Frum offers a scholarly and accessible look at the linguistic and cultural process of “becoming.”

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This is the second edition of Shifrah Tobacman's unique and inspirational poetic meditations for counting the Omer or turning toward a new year. These poems will open your heart and spirit! ABOUT

OMER/TESHUVAH "This book

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invites us to breathe the air and taste the nectar of the holy, moving through multi-dimensional time, encountering the sacred in the daily. It can be read from one end or the other, offering for our delight, in the words of Gate 38, "a rainbow of

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colours, a delicious sip of possibilities"! -Professor Dr. Ibrahim Farajaje, Provost and Professor of Cultural and Islamic Studies, Starr King/Graduate Theological Union "Each of the 49 gates of wisdom through which we

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walk during our seven-week journey from Pesach to Shavuot, and rather innovatively also during the seven weeks leading to Rosh HaShanah, are explored with poetic depth and insight by Shifrah Tobacman. Allow these daily gems to inform and

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enrich your pilgrimage! You will not be disappointed!" -Rabbi Marcia Prager, Dean of Students, Aleph Ordination Programs, Author of Path of Blessing. The poetic meditations in this collection are drawn from the author's own

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practice of counting the Omer. The Omer is a forty-nine day period between the Jewish holiday of Pesach, which celebrates freedom, and Shavuot, a time of revelation. The practice also has agricultural origins linked to the spring harvest

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in ancient Israel. The communal and agricultural roots of the Omer period make it an excellent opportunity for considering our relationship to each other, to the Earth that sustains us, and to the Source of All Life that blesses our own lives each day. In

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2006, author Shifrah Tobacman attended a seminar taught by Rabbi Zalman Schachter-Shalomi. He mentioned the idea of counting in a similar fashion for the seven weeks that lead up to Rosh Ha-shana, the Jewish new year. He had heard of

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this idea from Cantor Michael Esformes, who recommended counting down from forty-nine at this time. As Shifrah began to engage in this practice, she found herself writing these poems, which turned into meditations, and finally

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became the substance of this book.

The meditations here are well-suited for either counting the Omer, or in preparing spiritually for a new year. Shifrah is using the term

Omer/Teshuvah or Omer Teshuvah for the practice of counting down to

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the new year. This counting begins immediately following Tisha B'av, which commemorates the destruction of the ancient Temple in Jerusalem. The Hebrew word "teshuvah" refers to turning or returning. It is used to describe the

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process of soul-searching and forgiveness that Jews engage in, particularly during the High Holy Days in the Fall, and during the weeks which precede them. One of Shifrah's teachers, Rabbi Shawn Zevit, offers these thoughts on

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Omer/Teshuvah. "Raising up the motifs of each day and adding to our spiritual practice, this collection guides the reader from a mindset of scarcity and tentative self-realization through the sea of distraction and self-doubt to a

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mountain of possibility and spiritual vibrancy. Read these and help make each day count!"

Teshuvah ("return") is personal, multifaceted spiritual reawakening, a desire to strengthen the connection between oneself and the sacred.

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Rabbi Adin Steinsaltz's Teshuvah is not intended as a call to action, or an attempt to convince anyone to take that path. Rather, it is addressed to those who are already considering teshuvah, those who have already resolved to undertake it or have

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already begun. The book is offered to the ba'al teshuvahas advice and guidance in dealing with some of the difficulties likely to be encountered along the way. It addresses matters of principle and spiritual orientation: what the observances mean, how

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they are related, and once embarked on the path of teshuvah how one is to relate to self, family, and the surrounding society.

Be?ur Ha-teshuvah Ve-?ikareha
Sanity and Sanctity

A Practical Guide to the Mitzvah of

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Teshuva

Gateway to Judaism

Zohar, the Book of Enlightenment

40 Days of Teshuvah to Yom

Kippur

The New Union Prayerbook for the

Days of Awe

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*Articulates a new, post-ethnic
American Jewishness*

*How many of us have felt like
Phillip Z? He has a staunch belief in
the Twelve Steps, yet struggles*

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*with the concept of a Higher
Power.*

*In A Skeptic's Guide to the 12
Steps, the author investigates each
of the Twelve Steps to gain a
deeper understanding of a higher*

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power. He examines what may seem like ""unsettling"" concepts to us including surrendering one's will and life to God, and he encourages us to understand the spiritual journey of recovery despite our skepticism.

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This is the first translation with commentary of selections from The Zohar, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by Moses de Leon, a Spanish scholar.

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*This Is Real and You Are
Completely Unprepared*

*The Days of Awe as a Journey of
Transformation*

*What Jewish Mothers Do to Raise
Successful, Creative, Empathetic,
Independent Children*

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*Identity and Renewal in a
Postethnic Society*

*A Guide for the Newly Observant
Jew*

Teshuvah

*Maimonides and the Book That
Changed Judaism*

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EndTheMadness is filled with sensible and insightful Torah analysis written in a down-to-earth style about what can be done to solve the difficulties on the Jewish dating scene. Rabbi Weissman's writing is humorous

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and imaginative (the first chapter is about how Chasidim would explain the Shidduch system to aliens), while offering some concrete steps everyone can take to ease the difficulty of finding love. He argues that most

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of the Shidduch crisis is self-inflicted, which is good news, because it means there is a cure. This work is an impassioned and persuasive argument how everyone-married people, matchmakers, and singles

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***themselves-can take
constructive and reasonable
steps to bring Jews together in
healthy and gratifying marriages.
A publishing sensation long at
the top of the best-seller lists in
Israel, the original Hebrew***

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edition of Maimonides and the Book That Changed Judaism has been called the most successful book ever published in Israel on the preeminent medieval Jewish thinker Moses Maimonides. The works of Maimonides,

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particularly The Guide for the Perplexed, are reckoned among the fundamental texts that influenced all subsequent Jewish philosophy and also proved to be highly influential in Christian and Islamic thought. Spanning

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***subjects ranging from God,
prophecy, miracles, revelation,
and evil, to politics, messianism,
reason in religion, and the
therapeutic role of doubt,
Maimonides and the Book That
Changed Judaism elucidates the***

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complex ideas of The Guide in remarkably clear and engaging prose. Drawing on his own experience as a central figure in the current Israeli renaissance of Jewish culture and spirituality, Micah Goodman brings

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Maimonides's masterwork into dialogue with the intellectual and spiritual worlds of twenty-first-century readers. Goodman contends that in Maimonides's view, the Torah's purpose is not to bring clarity about God but

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rather to make us realize that we do not understand God at all; not to resolve inscrutable religious issues but to give us insight into the true nature and purpose of our lives.

This Devotional will help you to

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prepare for Yom Kippur. It is a workbook that will help you to find hidden sins, resentments, unforgiveness, pride, anger, bitterness etc. and reveal to you where you need to repent, make Teshuvah. You will discover the

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***power of prayer and the Word
and find victory in Messiah
Yeshua during this Holy Feast of
God.***

***Be?ur Ha-teshuvah ?e-?i?reha
Understanding Judaism
The What, how and why of***

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**Jew
Jewish Life**

An Effective Day by Day Guide

Mental Health Work Among the

Ultra-Orthodox in Jerusalem

The Ways of Repentance

End the Madness

Gates of Repentance with services,

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readings, meditations and songs for Rosh Hashana and Yom Kippur, now contains contemporary, gender-inclusive language throughout and will replace the existing edition as the High Holy Day prayerbook of the Reform Movement. This newly

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revised edition has been designed for compatibility on a page-by-page basis with the previous edition to ensure maximum consistency and to enable side-by-side use in your congregation. Like its companion, Gates of Prayer, this volume

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combines the old with the new and affords each congregation latitude in establishing its own patterns of worship.

Personal drama in the teshuvah revolution.

There are times in life when we are

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caught utterly unprepared: a death in the family, the end of a relationship, a health crisis. These are the times when the solid ground we thought we stood on disappears beneath our feet, leaving us reeling and heartbroken, as we stumble

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back to our faith. The Days of Awe encompass the weeks preceding Rosh Hashanah up to Yom Kippur, a period in which Jews take part in a series of rituals and prayers that reenact the journey of the soul through the world from birth to

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death. This is a period of contemplation and repentance, comparable to Lent and Ramadan. Yet, for Rabbi Alan Lew, the real purpose of this annual passage is for us to experience brokenheartedness and open our

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heart to God. In This is Real and You Are Completely Unprepared, Lew has marked out a journey of seven distinct stages, one that draws on these rituals to awaken our soul and wholly transform us. Weaving together Torah readings,

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Buddhist parables, Jewish fables and stories from his own life, Lew lays bare the meanings of this ancient Jewish passage. He reveals the path from terror to acceptance, confusion to clarity, doubt to belief, and from complacency to awe. In

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the tradition of When Bad Things Happen to Good People, This Is Real And You Are Completely Unprepared enables believers of all faiths to reconnect to their faith with a passion and intimacy that will resonate throughout the year.

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Teshuva

Anatomy of a Search

A Skeptic's Guide to the 12 Steps

Maimonides on Teshuvah

A Guide to Healthy, Stable, and

Sensible Teshuvah : Advice on

Personal Growth and Shalom Bayis

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for the Ba'al Teshuvah

הבושת ירעש

A Novel

Awaken yourself to spiritual change with this clear, down-to-earth guidebook! How many years do we approach the High Holy Days with confusion, fear, and a general feeling

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of being unprepared? Instead, you can tap into the power of repentance and spiritual awakening and greet the holiest days of the year with the joy of teshuvah, using this step-by-step plan. This guide, based on themussar work, Ohr Yisrael, enables every person--from layman to scholar--to

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steadily ascend in spiritual growth, leaving transgressions and negative habits behind. 30 days, and 30 ways to change one's life--past, present, and future!

Ultra-orthodox Jews in Jerusalem are isolated from the secular community that surrounds them not only

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physically but by their dress, behaviors, and beliefs. Their relationship with secular society is characterized by social, religious, and political tensions. The differences between the ultra-orthodox and secular often pose special difficulties for psychiatrists who attempt to deal

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with their needs. In this book, two Western-trained psychiatrists discuss their mental health work with this community over the past two decades. With humor and affection they elaborate on some of the factors that make it difficult to treat or even to diagnose the ultra-orthodox, present

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fascinating case studies, and relate their observations of this religious community to the management of mental health services for other fundamentalist, anti-secular groups. What does the Torah say that makes it relevant to today? How can we understand the mitzvos? Why should I

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believe? Why be Jewish? What does a Jew have to do? Is science an enemy of Judaism? JEP has answers. For decades, the Jewish Education Program Making Amends in an Unapologetic World

On the Pathway of Teshuvah
On Repentance And Repair

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Messianic Devotional Series
Reflections on Teshuva and Spiritual
Growth
The Gates of Repentance
*An easy-to-understand
introduction to Judaism's most*

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sacred text The foundation of Hebrew and Jewish religion, thought, law, and society is the Torah-the parchment scroll containing the text of the Five Books of Moses that is located in every synagogue. This

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accessible guide explains the Torah in clear language, even to those who were not raised in the Jewish religious tradition. Christians who want to know more about the Jewish roots of Christianity need to understand

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the Torah, as do followers of Islamic tradition and those interested in the roots of Abrahamic faiths. The Torah For Dummies explains the history of the Torah, its structure and major principles, and how the

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Torah affects the daily lives of people who follow the Jewish way of life.

A crucial new lens on repentance, atonement, forgiveness, and repair from harm—from personal

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transgressions to our culture's most painful and unresolved issues American culture focuses on letting go of grudges and redemption narratives instead of the perpetrator's obligations or recompense for harmed

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parties. As survivor communities have pointed out, these emphases have too often only caused more harm. But Danya Ruttenberg knew there was a better model, rooted in the work of the medieval

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philosopher Maimonides. For Maimonides, upon whose work Ruttenberg elaborates, forgiveness is much less important than the repair work to which the person who caused harm is obligated. The word

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*traditionally translated as
repentance really means
something more like return, and
in this book, returning is a
restoration, as much as is
possible, to the victim, and, for
the perpetrator of harm, a*

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coming back, in humility and intentionality, to behaving as the person we might like to believe we are. Maimonides laid out five steps: naming and owning harm; starting to change/transformation;

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*restitution and accepting
consequences; apology; and
making different choices.*

*Applying this lens to both our
personal relationships and some
of the most significant and
painful issues of our day,*

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including systemic racism and the legacy of enslavement, sexual violence and harassment in the wake of #MeToo, and Native American land rights, On Repentance and Repair helps us envision a way forward. Rooted

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in traditional Jewish concepts while doggedly accessible and available to people from any, or no, religious background, On Repentance and Repair is a book for anyone who cares about creating a country and

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culture that is more whole than the one in which we live, and for anyone who has been hurt or who is struggling to take responsibility for their mistakes. Looks at the spiritual side of Judaism, covering such topics as

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*mystical ideas expressed in
Jewish texts, Jewish customs,
proper speech, gematria, and
Jewish holidays.*

*Based on Sefer Shaarei Teshuva
L'rabenu Yonah*

The Power of Teshuvah

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Becoming Frum

Guide to the Shidduch World

The Baal Teshuva Survival

Guide

Rediscovering the Lost Self

The Torah For Dummies

The Gates of Repentance

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(Sha'arei Teshuvah), by
Rabbeinu Yonah of Geronah
(d. 1263), is one of the
most important books of
Jewish literature. Now
available in a modern
English translation, this

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volume probes the profound idea of teshuvah, often translated as "repentance" but in reality far more complex and subtle than the simple meaning of "regret for sin" or

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"contrition." Rabbi
Feldman furnishes the
reader with an eminently
readable translation and
provides notes directly on-
site when difficulties
arise in the text. He

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gives a general introduction as well as short introductions to each gate, followed by a synopsis of each gate for review and overview.

Unique to this work are

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the scholarly notes Rabbi
Feldman provides, which
enable the reader to
follow themes throughout
the work, get a better
understanding of other
sages' insights, and

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develop to a higher level
the ideas discussed in The
Gates of Repentance.

TeshuvahA Guide for the
Newly Observant JewMaggid
Poetic Meditations for
Counting the Omer Or

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Jew
Turning Toward a New Year
A Practical Guide to the
Mitzvah of Teshuva : with
Responsa by Rabbi Moshe
Feinstein Shlita ; Based
on Sefer Shaarei Teshuva
L'rabenu Yonah Z' 'l

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