

The Artist Philosopher And Warrior Intersecting Lives Of Da Vinci Machiavelli Borgia World They Shaped Paul Strathern

BUSHIDO is a daily motivational book for martial artists and warriors. There are 365 quotes, commentaries and affirmations, one for each day of the year! The reader can read the text for the day, spend some time reflecting on the meaning for him or her, and then use the affirmation during his or her meditation time. The foreword is written by the legendary martial artist, Sifu Al Dacascos. *BUSHIDO* is endorsed by some of today's most respected martial artists. In addition to the quotes, commentaries, and affirmations, there is an entire list of all the quotes used in the book, plus a very comprehensive index which makes it easy to find exactly what you are looking for. *BUSHIDO* is a book that will motivate and inspire you every day of the year. This book is literally packed full of wisdom! The martial arts and warrior philosophy will make you think and inspire you to live a better life. This is one book that EVERY martial artist should have in his or her library!

The Borgia family have become a byword for evil. Corruption, incest, ruthless megalomania, avarice and vicious cruelty—all have been associated with their name. And yet, paradoxically, this family lived when the Renaissance was coming into its full flowering in Italy. Examples of infamy flourished alongside some of the finest art produced in western history. This is but one of several paradoxes associated with the Borgia family. For the family which produced corrupt popes, depraved princes and poisoners, would also produce a saint. Previously history has tended to condemn, or attempt in part to exonerate, this remarkable family. Yet in order to understand the Borgias, the Borgias must be related to their time, together with the world which enabled them to flourish. Within this context the Renaissance itself takes on a very different aspect. Was the corruption part of the creation, or vice versa? Would one have been possible without the other? The powerful forces which first played out in the amphitheaters of ancient Greece: hubris, incest, murder, rivalries and doomed families, treacheries of political power, twists of fate—they are all here. Along with the final, tragic downfall. All these elements are played out in full in the glorious and infamous history of the Borgia family.

In this masterful study, Paul Strathern (author of *The Medici*, and *Napoleon in Egypt*) details the incidental convergence of three of Renaissance Italy's most brilliant minds. *The Artist, the Philosopher and the Warrior* follows Leonardo Da Vinci, Niccolo Machiavelli and Cesare Borgia through the mountains, remote villages and hill towns of the Italian Romagna. This was a period of extreme significance and considerable danger, not just for themselves, but for the country they were helping to shape -- globalbooksinprint.com.

An NPR Best Book of 2020: "Okri's tale is especially resonant in our current post-truth environment." —Booklist (starred review) In a world uncomfortably like our own, a young woman called Amalantis is arrested for asking a question. Her question is this: Who is the Prisoner? When Amalantis disappears, her lover Karnak goes looking for her. He searches desperately at first, then with a growing realization that to find Amalantis, he must first understand the meaning of her question. Karnak's search leads him into a terrifying world of deception, oppression, and fear at the heart of which lies the prison. Then Karnak discovers that he is not the only one looking for the truth. *The Freedom Artist* is an impassioned plea for justice and a penetrating examination of how freedom is threatened in a post-truth society. In Ben Okri's most significant novel since the Booker Prize-winning *The Famished Road*, he delivers a powerful and haunting call to arms. "With the stark power of myth, this political allegory evolves into an argument for artistic freedom." —The New York Times Book Review "[With] prophetic warnings of apocalypse akin to Octavia Butler's *The Parable of the Sower*, *The Freedom Artist* offers a contemplative look at post-truth society." —Sierra Magazine "The concise, declarative prose and the parable-like architecture of the stories resemble ancient forms of wisdom literature." —The Wall Street Journal "Combines fable, folklore, and mythology with moments of surreal horror to produce a rallying cry against the oppressive institutions that would seek to make knowledge illegal." —Locus Magazine

Godfathers of the Renaissance

Martial Arts Wisdom

Sun Tzu's Ultimate Guide to Winning Without Confrontation

Bushido

A Reader

Leonardo, Machiavelli and Borgia : a Fateful Collusion

Daily Motivation for Martial Artists and Warriors

Over 800 quotes, maxims, and stories specifically for martial artists, warriors, law enforcement officers, and the military. Compiled by award-winning author and U.S.A. Martial Arts Hall of Fame inductee, Dr. Bohdi Sanders

Selections from great writings on economics, annotated and introduced by a distinguished economist and teacher. Author of *The Worldly Philosophers*, a 3-million-copy seller, Robert Heilbroner offers here a compendium of readings from the "worldly philosophers" themselves. The selections range from the earliest economic thought to such towering volumes as Adam Smith's *The Wealth of Nations*, Thomas Malthus's *Essay on the Principle of Population*, David Ricardo's *Principles of Political Economy*, and John Maynard Keynes's *The General Theory of Employment, Interest, and Money*. Acting as "a docent, not merely an editor," he takes the reader through the core arguments with "brilliantly clear commentary" (*New York Times Book Review*).

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

Offers a brief profile of the Greek philosopher, discusses his major writings, and assesses his influence on modern philosophy.

Quotes, Maxims, and Stories for Martial Artists and Warriors

The Artist and the Eternal City

The Freedom Artist

Teachings from the Worldly Philosophy

'The Artist, the Philosopher and the Warrior

Life of the Master Warrior Tesshu

Join the legion of fans who have made Erin Hunter's Warriors series a #1 national bestseller—with new editions featuring a striking new look! Epic adventures. Fierce warrior cats. A thrilling fantasy world. It all begins here with Warriors #1: Into the Wild. For generations, four Clans of wild cats have shared the forest according to the laws laid down by their ancestors. But the warrior code is threatened, and the ThunderClan cats are in grave danger. The sinister ShadowClan grows stronger every day. Noble warriors are dying—and some deaths are more mysterious than others. In the midst of this turmoil appears an ordinary housecat named Rusty...who may turn out to be the bravest warrior of them all. Supports the Common Core State Standards

Many English-speaking readers of the Roman de la rose, the famous dream allegory of the thirteenth century, have come to rely on Charles Dahlberg's elegant and precise translation of the Old French text. His line-by-line rendering in contemporary English is available again, this time in a third edition with an updated critical apparatus. Readers at all levels can continue to deepen their understanding of this rich tale about the Lover and his quest--against the admonishments of Reason and the obstacles set by Jealousy and Resistance--to pluck the fair Rose in the Enchanted Garden. The original introduction by Dahlberg remains an excellent overview of the work, covering such topics as the iconographic significance of the imagery and the use of irony in developing the central theme of love. His new preface reviews selected scholarship through 1990, which examines, for example, the sources and influences of the work, the two authors, the nature of the allegorical narrative as a genre, the use of first person, and the poem's early reception. The new bibliographic material incorporates that of the earlier editions. The sixty-four miniature illustrations from thirteenth- and fifteenth-century manuscripts are retained, as are the notes keyed to the Langlois edition, on which the translation is based.

By the end of the fifteenth century, Florence was well established as the home of the Renaissance. As generous patrons to the likes of Botticelli and Michelangelo, the ruling Medici embodied the progressive humanist spirit of the age, and in Lorenzo de' Medici they possessed a diplomat capable of guarding the militarily weak city in a climate of constantly shifting allegiances. In Savonarola, an unprepossessing provincial monk, Lorenzo found his nemesis. Filled with Old Testament fury, Savonarola's sermons reverberated among a disenfranchised population, who preferred medieval Biblical certainties to the philosophical interrogations and intoxicating surface glitter of the Renaissance. The battle between these two men would be a fight to the death, a series of sensational events—invasions, trials by fire, the 'Bonfire of the Vanities', terrible executions and mysterious deaths—featuring a cast of the most important and charismatic Renaissance figures. In an exhilaratingly rich and deeply researched story, Paul Strathern reveals the paradoxes, self-doubts, and political compromises that made the battle for the soul of the Renaissance city one of the most complex and important moments in Western history.

The autobiography of Sifu Al Dacascos, one of martial arts pioneers.

Death in Florence

Warriors #1: Into the Wild

The Borgias

The Philosophies of Bruce Lee

Inspiration and Insights from the World's Greatest Martial Artist

King, Warrior, Magician, Lover

Craft in America

Published in conjunction with MoMA's retrospective exhibition and in collaboration with the artist, this scholarly volume presents new critical essays that expand on Piper's practice in ways that have been previously under- or unaddressed. Focused texts by established and emerging scholars assess themes in Piper's work such as the Kantian framework that draws on her extensive philosophical studies; her unique contribution to first-generation Conceptual art; the turning point in her work, in the early 1970s, from Conceptual works to performance; the connection of her work with her yoga practice; her ongoing exposure of and challenge to xenophobia and sexism; and the relation between prevailing interpretations of her work and the viewers who engender them.

In the autumn of 1502 three giants of the Renaissance period Cesare Borgia, Leonardo da Vinci and Niccolo Machiavelli set out on one of the most treacherous military campaigns of the period. Cesare Borgia was a ferocious military leader whose name was

*In this masterful study, Paul Strathern (author of *The Medici*, and *Napoleon in Egypt*) details the incidental convergence of three of Renaissance Italy's most brilliant minds. *The Artist, the Philosopher and the Warrior* follows Leonardo Da Vinci, Niccolo Machiavelli and Cesare Borgia through the mountains, remote villages and hill towns of the Italian Romagna. This was a period of extreme significance and considerable danger, not just for themselves, but for the country they were helping to shape. Borgia has become a byword for brutal and inhuman deeds, marred with the suspicion of incest. Depicted as a savage whose eyes were fixed on the prize of his own kingdom - a province in which he ruled supreme. But he was an educated savage and an unrivalled tactician, relying on surprise and patience. Leonardo, possessed of the most inquisitive mind of his generation, is the exemplar of the Renaissance man. His paintings and drawings are among the finest and most famous in the world and his notebooks portray intricate scientific and technological investigations. But what led this master thinker to work for the tyrannical Borgia and how did he become involved with Machiavelli? Machiavelli was the infamous author of *The Prince* - a work that was the culmination of all he had learnt throughout his long political career. Driven by an uncanny understanding of human nature, and the way people behave rather than how they ought to behave, Machiavelli became a master politician and diplomatic negotiator, unrivalled in Renaissance Italy. The legacies of these three men shaped the Renaissance and all that came after it and their impact is still felt today. Paul Strathern's new book is a vivid and gripping account of what happened in one short season in 1502.*

*Legendary leadership and elite performance expert Robin Sharma introduced *The 5am Club* concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, *The 5am Club* will walk you through: How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth A neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed "Insider-only" tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, *The 5am Club* is a work that will transform your life. Forever.*

Celebrating Two Centuries of Artists and Objects

The Life of Nicholas Roerich : Artist, Himalayan Explorer, and Visionary

Philosophy, Fighting, and Martial Arts Mythology

Three Lives in an Age of Empire

Adrian Piper

The Book of Five Rings (Annotated)

The Art of War for Women

*A leading philosopher takes a mind-bending journey through virtual worlds, illuminating the nature of reality and our place within it. Virtual reality is genuine reality; that's the central thesis of *Reality+*. In a highly original work of "technophilosophy," David J. Chalmers gives a compelling analysis of our technological future. He argues that virtual worlds are not second-class worlds, and that we can live a meaningful life in virtual reality. We may even be in a virtual world already. Along the way, Chalmers conducts a grand tour of big ideas in philosophy and science. He uses virtual reality technology to offer a new perspective on long-established philosophical questions. How do we know that there's an external world? Is there a god? What is the nature of reality? What's the relation between mind and body? How can we lead a good life? All of these questions are illuminated or transformed by Chalmers' mind-bending analysis. Studded with illustrations that bring philosophical issues to life, *Reality+* is a major statement that will shape discussion of philosophy, science, and technology for years to come.*

As a boy in Russia, Roerich was captivated by stories of the mystical Himalayan kingdom of Shamballa. As an adult, he fulfilled his dream of exploring Asia. Intended for ages 9-12, this book tells the story of this remarkable boy who grew up to be a world-famous artist, explorer, author, scientist, philosopher and peacemaker.

*Character! Honor! Integrity! Are these traits that guide your life and your actions? *Warrior Wisdom: Ageless Wisdom for the Modern Warrior* focuses on how to live your life with character, honor, and integrity. This book is filled with enlightening quotes and insightful commentaries that will change your life. This highly acclaimed book has won multiple awards and is endorsed by some of the biggest names in both the martial arts world and the world of self-help. It won a 1st place award in the Indie Excellence Book Awards in 2010, and has been honored by four martial arts hall of fame organizations for its contributions to the world of martial arts. *Warrior Wisdom* guides the reader in how to live a quality life, one that is driven by character, honor, and integrity. It contains wisdom from throughout the world and across the ages, and applies this wisdom to modern-day life. The *Warrior Wisdom* Series was voted Best Martial Arts Series of the Year by the International Independent Martial Artist Association in 2010. If you desire to live a life of excellence, this book can change your life. It is not merely for martial artist, but for anyone who seeks to live life to the fullest. Learn the essential traits of living a quality life in this entertaining and powerful book.*

Shows how to find success and gain a better understanding of one's self and goals by applying Sun Tzu's strategies for gaining victory with the least amount of conflict.

Sophie's World

The Artist, the Philosopher and the Warrior

A Memoir

Plato in 90 Minutes

One Arrow, One Life

Warrior of Light

The Warrior Ethos

Highlighted by two hundred full-color photographs, a celebration of American crafts and decorative arts and the art of them showcases masterpieces of furniture, wood, ceramics, glass, fiber, jewelry, metal, and basketry from the past along with a look at how craft has shaped American history, arts, vitality, and identity. 25,000 first printing.

The Warrior Ethos is a daily motivational book for martial artists and warriors. There are 365 quotes, commentaries, affirmations, one for each day of the year! The reader can read the text for the day, spend some time reflecting on it, and then use the affirmation during his or her meditation time. The foreword is written by the legendary Sifu Al Dacascos. The Warrior Ethos is endorsed by some of today's most respected martial artists. In addition to the commentaries, and affirmations, there is an entire list of all the quotes used in the book, plus a very comprehensive index, making it easy to find exactly what you are looking for. The Warrior Ethos is a book that will motivate and inspire you every day. This book is literally packed full of wisdom! The martial arts and warrior philosophy will make you think and inspire you to live a better life. This is one book that EVERY martial artist should have in his or her library!

A leading expert on native spirituality and shamanism reveals the four archetypal principles of the Native American mind and how they can lead us to a higher spirituality and a better world.

During his lifetime, legendary martial artist Bruce Lee formulated a complex personal philosophy--a synthesis of Eastern and Western ideals--that extolled the virtues of knowledge and total mastery of one's self. However, most of his philosophy could be found only within the personal library of the Bruce Lee estate--until now. The Warrior Within is the most complete volume of these teachings, meant to help you apply Lee's philosophies to your own life. This unique guide reveals such secrets as: Seeing the totality of life and putting things into perspective Understanding the concept of Yin and Yang Overcoming adversity by adapting to circumstances Tapping into inner spiritual forces to help shape the future With a foreword by Bruce Lee, photographs and other memorabilia from Bruce Lee's short but celebrated life, The Warrior Within is an accessible and easy-to-understand guide to the little-explored world of Bruce Lee. John Little has been identified as "one of the world's leading authorities on Bruce Lee in the world" by Black Belt magazine. He edited a three-volume series for the Bruce Lee estate and has written articles for several publications, including Men's Fitness, Official Karate, and Inside Kung Fu.

Warrior Wisdom

the art of war

Ageless Wisdom for the Modern Warrior

Bernini, Pope Alexander VII, and The Making of Rome

Own Your Morning. Elevate Your Life.

Bruce Lee Striking Thoughts

The Romance of the Rose

Describes Napoleon Bonaparte's invasion of Egypt in 1798, the first attack on a Middle Eastern country by a Western power in modern times, examining Napoleon's military victories, his declaration of himself as emperor, the introduction of the Napoleonic Code, and the legacy of his expedition. Reprint.

Leonardo da Vinci, Niccolò Machiavelli, and Cesare Borgia—three iconic figures whose intersecting lives provide the basis for this astonishing work of narrative history. They could not have been more different, and they would meet only for a short time in 1502, but the events that transpired when they did would significantly alter each man's perceptions—and the course of Western history. In 1502, Italy was riven by conflict, with the city of Florence as the ultimate prize. Machiavelli, the consummate political manipulator, attempted to placate the savage Borgia by volunteering Leonardo to be Borgia's chief military engineer. That autumn, the three men embarked together on a brief, perilous, and fateful journey through the mountains, remote villages, and hill towns of the Italian Romagna—the details of which were revealed in Machiavelli's frequent dispatches and Leonardo's meticulous notebooks. Superbly written and thoroughly researched, The Artist, the Philosopher, and the Warrior is a work of narrative genius—whose subject is the nature of genius itself.

A best-selling author, pastor, futurist, and cultural thought leader argues that to experience and establish inner peace, we must first confront the battles that rage within. Your longings for inner peace and deep purpose are attainable, but they won't come easy. They require a warrior's mentality. Fighting for them requires passion, perseverance, and precision. This is an invitation to an unflinchingly honest look at your interior life guided by the ancient principles and methods revealed through Scripture. Erwin Raphael McManus delivers wisdom, instills passion, and provides the sacred movements needed to become the warrior you were meant to be. We live in a time of global and personal chaos. The world is at war because our souls are at war. The path to peace begins with you overcoming your most frequent and fierce enemy: yourself.

The urge to forge one's character by fighting, in daily life as well as on the mat, appeals to something deep within us. More than a collection of fighting techniques, martial arts constitute a path to developing body, spirit, and awareness. On the Warrior's Path connects the martial arts with this larger perspective, merging subtle philosophies with no-holds-barred competition, Nietzsche with Bruce Lee, radical Taoism and Buddhism with the Star Wars Trilogy, traditional martial arts with basketball and American Indian culture. At the center of all these phenomena is the warrior. Though this archetype seems to manifest contradictory values, author Daniele Bolelli describes the heart of this tension: how the training of martial technique leads to a renunciation of violence, and how overcoming fear leads to a unique freedom. Aimed at students at any level or tradition of martial arts but also accessible to the armchair warrior, On the Warrior's Path brings fresh insights to why martial arts remains an enduring and widespread art and discipline. Two new chapters in this second edition focus on spirituality in the martial arts and the author's personal journey in the field.

Rediscovering the Archetypes of the Mature Masculine

A Novel About the History of Philosophy

Reality+: Virtual Worlds and the Problems of Philosophy

The Medici

Napoleon in Egypt

On the Warrior's Path, Second Edition

The Intersecting Lives of Da Vinci, Machiavelli, and Borgia and the World They Shaped

A portrait of empire through the biographies of a Native American, a Pacific Islander, and the British artist who painted them both Three interconnected eighteenth-century lives offer a fresh account of the British Empire and its intrusion into Indigenous societies. This engaging history brings together the stories of Joshua Reynolds and two Indigenous men, the Cherokee Ostenaco and the Raiatean Mai. Fullagar uncovers the life of Ostenaco, tracing his emergence as a warrior, his engagement with colonists through war and peace, and his eventual rejection of imperial politics during the American Revolution. She delves into the story of Mai, his confrontation with conquest and displacement, his voyage to London on Cook's imperial expedition, and his return home with a burning ambition to right past wrongs. Woven throughout is a new history of Reynolds, growing up in Devon near a key port in England, becoming a portraitist of empire, rising to the top of Britain's art world and yet remaining ambivalent about his nation's expansionist trajectory.

The Book of Five Rings is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen-or anyone who relies on strategy and tactics for outwitting the competition.

"Bruce Lee was known as an amazing martial artist, but he was also a profound thinker. He left behind seven volumes of writing on everything from quantum physics to philosophy." — John Blake, CNN Named one of TIME magazine's "100 Greatest Men of the Century," Bruce Lee's impact and influence has only grown since his untimely death in 1973. Part of the seven-volume Bruce Lee Library, this installment of the famed martial artist's private notebooks allows his legions of fans to learn more about the man whose groundbreaking action films and martial arts training methods sparked a worldwide interest in the Asian martial arts. Bruce Lee Artist of Life explores the development of Lee's thoughts about Gung Fu (Kung Fu), philosophy, psychology, poetry, Jeet Kune Do, acting, and self-knowledge. Edited by John Little, a leading authority on Lee's life and work, the book includes a selection of letters that eloquently demonstrate how Lee incorporated his thought into actions and provided advice to others. Although Lee rose to stardom through his physical prowess and practice of jeet kune do—the system of fighting he founded—Lee was also a voracious and engaged reader who wrote extensively, synthesizing Eastern and Western thought into a unique personal philosophy of self-discovery. Martial arts practitioners and fans alike eagerly anticipate each new volume of the Library and its trove of rare letters, essays, and poems for the light it sheds on this legendary figure. This book is part of the Bruce Lee Library, which also features: Bruce Lee: Striking Thoughts Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do This brilliant vignette of seventeenth-century Rome, its Baroque architecture, and its relationship to the Catholic Church brings to life the friendship between a genius and his patron with an ease of writing that is rare in art history. By 1650, the spiritual and political power of the Catholic Church was shattered. Thanks to the twin blows of the Protestant Reformation and the Thirty Years War, Rome—celebrated both as the Eternal City and Caput Mundi (the head of the world)—had lost its preeminent place in Europe. Then a new Pope, Alexander VII, fired with religious zeal, political guile, and a mania for creating new architecture, determined to restore the prestige of his church by making Rome the key destination for Europe's intellectual, political, and cultural elite. To help him do so, he enlisted the talents of Gianlorenzo Bernini, already celebrated as the most important living artist—no mean feat in the age of Rubens, Rembrandt, and Velazquez.

Legacy

The 5AM Club

Bruce Lee Artist of Life

The Way of the Warrior

The Four-Fold Way

An Ancient Path to Inner Peace

Through the Eyes of the Warrior

A dazzling piece of Italian history of the infamous family that become one of the most powerful in Europe, weaving its history with Renaissance greats from Leonardo da Vinci to Galileo Against the background of an age which saw the rebirth of ancient and classical learning, The Medici is a remarkably modern story of power, money and ambition. Strathern paints a vivid narrative of the dramatic rise and fall of the Medici family in Florence, as well as the Italian Renaissance which they did so much to sponsor and encourage. Strathern also follows the lives of many of the great Renaissance artists with whom the Medici had dealings, including Leonardo, Michelangelo and Donatello; as well as scientists like Galileo and Pico della Mirandola; and the fortunes of those members of the Medici family who achieved success away from Florence, including the two Medici popes and Catherine de' Médicis, who became Queen of France and played a major role in that country through three turbulent reigns. 'A great overview of one family's centuries-long role in changing the face of Europe' Irish Independent

The bestselling, widely heralded, Jungian introduction to the psychological foundation of a mature, authentic, and revitalized masculinity. Redefining age-old concepts of masculinity, Jungian analysts Robert Moore and Douglas Gillette make the argument that mature masculinity is not abusive or domineering, but generative, creative, and empowering of the self and others. Moore and Gillette clearly define the four mature male archetypes that stand out through myth and literature across history: the king (the energy of just and creative ordering), the warrior (the energy of aggressive but nonviolent action), the magician (the energy of initiation and transformation), and the lover (the energy that connects one to others and the world), as well as the four immature patterns that interfere with masculine potential (divine child, oedipal child, trickster and hero). King, Warrior, Magician, Lover is an exploratory journey that will help men and women reimagine and deepen their understanding of the masculine psyche.

Universally acclaimed, rapturously reviewed, winner of the National Book Critics Circle Award for

autobiography, and an instant New York Times bestseller, Chanel Miller's breathtaking memoir "gives readers the privilege of knowing her not just as Emily Doe, but as Chanel Miller the writer, the artist, the survivor, the fighter." (The Wrap). "I opened Know My Name with the intention to bear witness to the story of a survivor. Instead, I found myself falling into the hands of one of the great writers and thinkers of our time. Chanel Miller is a philosopher, a cultural critic, a deep observer, a writer's writer, a true artist. I could not put this phenomenal book down." --Glennon Doyle, #1 New York Times bestselling author of Love Warrior and Untamed "Know My Name is a gut-punch, and in the end, somehow, also blessedly hopeful." --Washington Post She was known to the world as Emily Doe when she stunned millions with a letter. Brock Turner had been sentenced to just six months in county jail after he was found sexually assaulting her on Stanford's campus. Her victim impact statement was posted on BuzzFeed, where it instantly went viral--viewed by eleven million people within four days, it was translated globally and read on the floor of Congress; it inspired changes in California law and the recall of the judge in the case. Thousands wrote to say that she had given them the courage to share their own experiences of assault for the first time. Now she reclaims her identity to tell her story of trauma, transcendence, and the power of words. It was the perfect case, in many ways--there were eyewitnesses, Turner ran away, physical evidence was immediately secured. But her struggles with isolation and shame during the aftermath and the trial reveal the oppression victims face in even the best-case scenarios. Her story illuminates a culture biased to protect perpetrators, indicts a criminal justice system designed to fail the most vulnerable, and, ultimately, shines with the courage required to move through suffering and live a full and beautiful life. Know My Name will forever transform the way we think about sexual assault, challenging our beliefs about what is acceptable and speaking truth to the tumultuous reality of healing. It also introduces readers to an extraordinary writer, one whose words have already changed our world. Entwining pain, resilience, and humor, this memoir will stand as a modern classic. Chosen as a BEST BOOK OF 2019 by The New York Times Book Review, The Washington Post, TIME, Elle, Glamour, Parade, Chicago Tribune, Baltimore Sun, BookRiot

The Artist, the Philosopher, and the Warrior The Intersecting Lives of Da Vinci, Machiavelli, and Borgia and the World They Shaped Bantam

Walking the Paths of the Warrior, Teacher, Healer, and Visionary

Bruce Lee's Wisdom for Daily Living

Know My Name

The Sword of No-Sword

The Artist, the Philosopher, and the Warrior

The Warrior Within

The Warrior, the Voyager, and the Artist

"A teacher is never a giver of truth—he is a guide, a pointer to the truth that each student must find for himself. A good teacher is merely a catalyst."—Bruce Lee Within the pages of Striking Thoughts, you will find the secrets of Bruce Lee's amazing success— as an actor, martial artist, and inspiration to the world. Consisting of eight sections, Striking Thoughts covers 72 topics and 825 aphorisms—from spirituality to personal liberation and from family life to filmmaking—all of which Bruce lived by. His ideas helped energize his life and career, and made it possible for him to live a happy and assured life, overcoming difficult obstacles with seeming ease. His ideas also inspired his family, friends, students, and colleagues to achieve success in their own lives and this personal collection will help you in your journey too.

Sections include: On First Principles—including life, existence, time, and death On Being Human—including the mind, happiness, fear, and dreams On Matters of Existence—health, love, marriage, raising children, ethics, racism, and adversity On Achievement—work, goals, faith, success, money, and fame On Art and Artists—art, filmmaking, and acting On Personal Liberation—conditioning, Zen Buddhism, meditation, and freedom On the Process of Becoming—self-actualization, self-help, self-expression, and growth On Ultimate (Final) Principles—Yin-yang, totality, Tao, and the truth This Bruce Lee Book is part of the Bruce Lee Library which also features: Bruce Lee: The Celebrated Life of the Golden Dragon Bruce Lee: The Tao of Gung Fu Bruce Lee: Artist of Life Bruce Lee: Letters of the Dragon Bruce Lee: The Art of Expressing the Human Body Bruce Lee: Jeet Kune Do

One Arrow, One Life is a classic treatise on kyudo, the art of traditional Japanese archery, and its relation to the ideals and practice of Zen Buddhism. With a solid introduction to the form and practice of Zen meditation, as well as a thorough description of the Eight Stages of Kyudo, One Arrow, One Life captures the subtleties of the complementary nature of thought and action, movement and stillness.

Demonstrating the importance of bringing movement, posture and breathing into harmony, One Arrow, One Life interweaves Zen philosophy with daily experience and techniques, teachers, and the dojo, to give a name and face to kyudo. Beginning with its discussion of the breathing, posture, and concentration that is fundamental to both disciplines, then quickly moving on to the subtleties of advanced practice, author, Ken Kushner ties everything together into a personal testimony of the pervasiveness of Zen in everyday life. Illustrator, Jackson Morisawa's line drawings bring the art of kyudo to life. For those interested in Zen and moving meditation, kyudo practitioners of all levels, as well as students of the Way of martial arts, this volume is an indispensable guidebook.

The Warrior's Manifesto is a brief, dramatic statement of ideals, an integrated framework for understanding the motive force driving those who protect and defend, expressed not merely as a series of abstractions but as animating principles lived through history. It offers a comprehensive account of the what, the why and the way of the warrior.

Master swordsman, calligrapher, and Zen practitioner, Yamoaka Tesshu is a seminal figure in martial arts

history. John Stevens's biography is a fascinating, detailed account of Teshu's remarkable life. From Teshu's superhuman feats of endurance and keen perception in life-threatening situations, to his skillful handling of military affairs during the politically volatile era of early nineteenth-century Japan, Stevens recounts the stories that have made Teshu a legend. This is the book all martial artists must own.

The Warrior's Manifesto

Zen, Archery, Enlightenment