

## The Coombe Park Estate Struttandparker

Hawke’s narrator is a young man in torment, disgusted with himself after the collapse of his marriage, still half-hoping for a reconciliation that would allow him to forgive himself and move on as he clumsily, and sometimes hilariously, tries to manage the wreckage of his personal life with whiskey and sex. What saves him is theater: in particular, the challenge of performing the role of Hotspur in a production of Henry IV under the leadership of a brilliant director, helmed by one of the most electrifying—and narcissistic—Falstaffs of all time. A novel about shame and beauty and faith, and the moral power of art.

**THE TIMES ART BOOK OF THE YEAR** Named one of The Irish Times' Books of the Year for 2021 A compelling and comprehensive look at the life and art of Francis Bacon, one of the iconic painters of the twentieth century—from the Pulitzer Prize-winning authors of *de Kooning: An American Master*. This intimate study of the singularly private, darkly funny, eruptive man and his extraordinary art “is bejeweled with sensuous detail ... the iconoclastic charm of the artist keeps the pages turning” (The Washington Post). “A definitive life of Francis Bacon ... Stevens and Swan are vivid scene setters ... Francis Bacon does justice to the contradictions of both the man and the art.” —The Boston Globe Francis Bacon created an indelible image of mankind in modern times, and played an outsized role in both twentieth century art and life—from his public emergence with his legendary Triptych 1944 (its images “so unrelievedly awful” that people fled the gallery), to his death in Madrid in 1992. Bacon was a witty free spirit and unabashed homosexual at a time when many others remained closeted, and his exploits were as unforgettable as his images. He moved among the worlds of London’s Soho and East End, the literary salons of London and Paris, and the homosexual life of Tangier. Through hundreds of interviews, and extensive new research, the authors probe Bacon’s childhood in Ireland (he earned his father’s lasting disdain because his asthma prevented him from hunting); his increasingly open homosexuality; his early design career—never before explored in detail; the formation of his vision; his early failure as an artist; his uneasy relationship with American abstract art; and his improbable late emergence onto the international stage as one of the great visionaries of the twentieth century. In all, Francis Bacon: Revelations gives us a more complete and nuanced—and more international—portrait than ever before of this singularly private, darkly funny, eruptive man and his equally eruptive, extraordinary art. Bacon was not just an influential artist, he helped remake the twentieth-century figure.

Aims to provide a comprehensive overview of the Australian law of costs in both the lawyer-client and the party-party context. It addresses all Australian jurisdictions (State and Federal), as well as costs in criminal matters, through the relevant statutes, court rules and case law.

Country Life
The Five Hundred Villages that Made the Countryside
Amateur Gardening
Health Inequalities
At Home in the English Countryside
Gardeners' Chronicle

Black Girls Take World is the global travel bible for adventurous explorers and travel newbies looking to engage with the concept of solo travel. Packed full of inspiring essays, advice on budgeting, eating alone, reducing carbon footprints and dealing with passport privilege and discrimination, as well as Q&A's with travel leaders such as Jessica Nabongo (the first black woman to travel to every country in the world), Annette Richmond (founder of Fat Girls Traveling), Rhiane Fatinikun (founder of Black Girls Hike), and Sasha Sarago (editor and founder of Ascension, Australia ’s first Indigenous and ethnic women ’s lifestyle magazine), this book is for the conscientious and the curious. Black women understand innately what it means to feel restricted, watched, unwanted. And historically, black female explorers have been overlooked by the travel industry. But social media has spawned a generation of story-tellers and change-makers determined to rewrite their own travel narratives and forcing brands to pay attention - there’s never been a better time to situate yourself within the solo travel space! To travel while black and female is therefore to upend, and overcome, legacies of mobility impairment. It is to dispel myths and rewrite history. Black Girls Take World will inspire you to travel alone, help you engage with the world, and aid understanding of your particular experiences abroad. "We travel for ourselves, first and foremost, but attached to our journeys is the potential to rebuke stereotypes, to break moulds, to trace roots, foster inclusivity and give back."

Three household adventures in the life of Mitzi include an intended trip to grandmother’s, sharing a family cold, and reversing the President’s motorcade.

Whether you would like to learn how to build a bird box, dig a hedgehog tunnel or implement broader environmental changes in your community, this practical guide to saving our most endangered species will teach you how you can help on an individual, local and national level.

How to Love Your Laundry

Your nine-point plan to eating smarter, improving focus and feeding your potential

A Comparison of Independent Forecasts

A Secret History of the British Ancestral Home

The Little Book of Marmalade

Law of Costs

"Tim Price's play about two hackers is tumultuous, energetic and ultimately touching in its vision of a global network of young people dedicated to challenging the status quo." Guardian A sixteen-year-old London schoolboy and an eighteen-year-old recluse in Shetland meet online, pick a fight with the FBI and change the world forever. This brave and challenging play gets behind the code with the original Anonymous members, offering an anarchic retelling of the birth of hacktivism. Teh Internet is Serious Business is a fictional account of the true story of Anonymous and LulzSec, the collective swarm who took on the most powerful capitalist forces from their bedrooms. The play received its world premiere at the Royal Court, London, in September 2014. This new Modern Classics edition features an introduction by Hamish Pirie.

This reference covers over 5000 consultants, grouped by country, by broad subject terms, and then alphabetically by consulting organization. It also lists additional addresses for almost 2500 branch offices, covering 7500 consultants throughout Europe.

Spanning the architectural history of the country house from the disarming Elizabethan charm of South Wraxall, the classical rigour of Kinross in Scotland, the majesty and ingenuity of Hawksmoor’s Easton Neston, the Palladian sweep of Wentworth Woodhouse, with over 300 rooms and frontage of 600 feet, the imperial exuberance of Clandeboye, through to the ebullient vitality of Lutyens' Marshcourt, the stories of these houses tell the story of our nation. All are the are buildings of the greatest architectural interest, each with a fascinating human story to tell, and all remain private homes that are closed to the public. But their owners have opened their doors and allowed Dan Cruickshank to roam the corridors and rummage in the cellars as he teases out the story of each house - who built them, the generations who lived in them, and the families who lost them. Along the way he has uncovered tales of excess and profligacy, tragedy, comedy, power and ambition. And as these intriguing narratives take shape, Dan shows how the story of each house is inseparable from the social and economic history of Britain. Each one is built as a wave of economic development crests, or crumbles. Each one’s architecture and design is thus expressive of the aims, strengths and frailties of those who built them. Together they plot the psychological, economic and social route map of our country’s ruling class in a rich new telling of our island story.

The Travel Bible for Black Women with Boundless Wanderlust

Happy Gut, Happy Mind

Six Colonies for a European City

Tiptree Races: a Comic Punning Poem, À la Hood’s Celebrated ‘Epping Hunt.’

The Estates Gazette

Gardeners Chronicle & Gardening Illustrated

This innovative book introduces a whole new way of eating with a unique plan developed specifically at Grayshott Spa, one of the world’s leading health spas. By focussing on digestive health as a route to true health, the Grayshott Plan helps to boost your energy and rebalance weight safely through a nutrient rich diet that will give you everything you need to face the demands of modern life. The Plan dispels the misguided notion of ‘detoxifying’ through spartan, punitive regimes and instead focuses on regaining good health by eating the right foods to aid the body’s natural detoxification. The Plan can confidently recommend quality grass-fed red meats, fish, eggs, fermented foods, butter, avocado, and organic vegetables. This is not a plan of privation but a sensible and satisfying approach to food that brings you back to feeling great. The first section will introduce you to the Plan and provide information and meal plans for a short-term course to rest and repair your digestive tract. The Post-Plan information will show you more foods to introduce to your diet and keep your gut healthy. The recipe section contains 100 delicious meals split into breakfasts, soups, main meals, vegetable sides, salads and special occasions and includes delicious, satisfying and nourishing meals like: Baked eggs with tomatoes, peppers and chorizo Porchetta with plum and fig chutney Grilled sole fillets marinated in ginger and tangerine Crayfish cakes with coconut and mango and many more

'A totally thought-provoking and insightful book on the connection between the gut and the brain' Angela Scanlon, TV presenter and broadcaster 'Eve makes good health and nutrition easy and accessible' Newby Hands, Global Beauty Director, Net-A-Porter 'A delicious way to supercharge your health' Sheerluxe Gut instinct, gut-wrenching, gut feeling: these familiar phrases show that we are all aware of the connection between our gut and mind, but the bond is far more complex and significant than you might imagine. Having a healthy gut is not only intrinsic to your general wellbeing, it also plays a fundamental role in supporting your cognitive health, which is why nourishing your gut is one of the key ways to achieve a healthy, happy mind. In Happy Gut, Happy Mind, nutritional therapist Eve Kalinik draws on her clinical experience - as well as the science and research around the gut-brain connection - to give an insight in to how this fascinating relationship works, and the diet and lifestyle steps that can support both the gut and the mind. This is complemented by easy-to-make, gut-nourishing recipes, including delicious breakfast options like Peanut and Miso Muffins and Pecan Pie Granola, hearty, satisfying main meals such as Tempeh Tacos, Monkfish Nuggets with Sweet Potato Fries and Five-Spice Pork Burgers, and delectable desserts like Positive Chocolate Pot de Crème and Blueberry Swirl Cheesecake. Whether you want to learn more about the gut- brain connection, seek insight into how gut health and mental health conditions can be linked, or you simply love reading about your wondrous gut, Happy Gut, Happy Mind will help you nourish your mind through supporting your gut.

An intimate celebration of British country life with all the hallmarks of how design and dogs are as intertwined as roses and Wellingtons. This dreamy look into some of the most beautiful country homes and gardens in England, lived in by many of Britain's brightest design stars and their dogs, is brimming with inspirations. At Home in the English Countryside showcases a mix of glamorously bohemian and casually aristocratic country homes captured in original photography and lively text. Presented are the striking and chic houses of several of Great Britain's top international designers, from Paolo Moschino and Kit Kemp to Anouska Hempel and Veere Grenney. Beloved canines of several sizes and breeds, among them whippets, Labrador Retrievers, lurchers, Cavalier Kin Charles spaniels, and Jack Russell terriers, are shown in their picturesque homes and gardens of fragrant flowers. The designers offer ideas on how to live stylishly with their dogs. Seen are dog collars (one of custom leather and green malachite), dog bowls of antique Spode porcelain, and chic and comfy napping spots. Anglophiles will be inspired by the lives of these designers, who are devoted to their canine companions.

Villages of Britain

Four Centuries of English History and Gardening

Antiquities of Athens

Black Girls Take World

Simply Good For You

Letters for a New Century

Cornwall's coastal path gives access to many of Britain's finest marine landscapes, and a great many of the walks in this guide utilise sections of the path, which is maintained to a high standard. Two walks, starting at Polkerris and Little Petherick respectively, follow parts of the Saints' Way, which crosses Cornwall from coast to coast on a route pioneered by the early Christian missionaries. Other routes take in the ever-popular Land's End, romantic Prussia Cove (an old smugglers' haunt), and Bodmin Moor, a landscape that has altered little since the Iron Age, nearly 3,000 years ago.

Looking after yourself has never been easier or more straightforward than with Amelia's Freer's Simply Good For You - over a hundred delicious, quick and non-nonsense recipes that are as healthy as they are tasty '100 LIGHT & COLOURFUL RECIPES. TASTY STUFF' METRO 'ONE OF THE BEST HEALTHY COOKBOOKS' MAIL ONLINE The delicious new cookbook from the No. 1 bestselling author and leading nutritionist Amelia Freer \_\_\_\_\_ Amelia Freer is a No. 1 Sunday Times bestselling author and renowned nutritional therapist, who A-listers turn to when they want to look and feel great. In this beautiful cookbook, discover 100 quick and easy recipes for varied and tempting dishes that are, quite simply, good for you. Recipes include: · BREAKFAST - Butternut Baked Beans, Fruity Breakfast Crumble Bars · LUNCH - Lentil & Lemon Chicken Salad, Vegetable & Feta Fritters · DINNER - Harissa Prawn Skewers with Herbed Broccoli rice, Slow Cooked Pulled Pork with Apple Slaw, One Tray Roasted Winter Salad · SWEET THINGS - Chocolate Raspberry Pots, Coconut & Almond Pear Crumble Inside you'll also find lots of top tips for healthy eating on a budget, ingredient swaps, and kitchen staples. 10% of the author's proceeds from this book will be donated to Women Supporting Women, an initiative of the Prince's Trust, registered charity no. 1079675

Britain's villages are world famous for their loveliness and idiosyncratic charm. Each village is different; travel across the country and you will unearth a joyous variety, from straggly Leintwardine in Herefordshire to BBC-film-perfect Askrigg in Yorkshire to higgledy-piggledy tourist hub Polperro in Cornwall to Miserden in Gloucestershire, with its staggeringly beautiful gardens, to Pittenweemin Fife, still eking a living from fishing, to the warring villages of Donhead St. Mary and Donhead St. Andrew in Wiltshire. History and architecture account for some differences-the memorials in churches, the details of door frames and chimney stacks-but there are also differences of spirit, and in how life is lived there today. What are the thriving local businesses? What are they selling in the shops-or are there shops at all? What are the traditions, old or invented? Who are the people who make these communities work? In this captivating volume, Clive Aslet draws on thirty years of travel in the countryside working for Britain's Country Life magazine to give us a living, personal, and opinionated history of five hundred of Britain's most beautiful and vibrant villages. Meticulously researched and drawing from conversations with local residents, publicans, and vicars, this book is both an indispensable gazetteer for anyone planning to tour the countryside and a portrait of rural Britain in a time of change.

The Gardens of Hampton Court

Save Our Species: Endangered Animals and How You Can Save Them

Designers and Their Dogs

Fly Fishing Memories of Angling Days

True to the Line

'A joy to read.' You Magazine 'Move over, Marie Kondo, it's all about washing not tidying in 2021 and it's down to one man - Patric Richardson.' The Times 'This slim volume, its breezy pages of tips and anecdotes, stories and, in the back, recipes, is a lovely salve. One would be very fortunate, I think, to be Richardson's friend or neighbour, to share his optimism and joy in life's seemingly small things.' Washington Post 'Look after your laundry, and your soul will look after itself.' W. Somerset Maugham Doing laundry is rarely anyone's favourite task. But to Patric Richardson, laundry isn't just fun - it's a way of life. Sorting your laundry? It's not all about whites and darks. Pondering the wash cycles? Every load, even delicates, should be washed using express or quick-wash on warm. Facing expensive dry cleaning bills? You'll learn how to wash everything - yes everything - at home. And those basically clean but pongy clothes? Richardson has a secret for freshening those too (hint: it involves your drinks cabinet). Changing your relationship with laundry can also change your life. Richardson's handy advice shows us how to save time and money (and the planet!) with our laundry - and he intersperses it all with a healthy dose of humour, real-life laundry stories, and lessons from his career in fashion. How to Love Your Laundry will make you wonder why you ever stressed about ironing, dry cleaning, or (god forbid) a red wine spill on your new shirt. No matter the issue, Richardson is here to help you make laundry miracles happen - wrinkles and stains be damned.

James "Athenian" Stuart and Nicholas Revett's monumental Antiquities of Athens was the first accurate survey of ancient Greek architecture ever completed. Based on precise measured drawings done at the sites of the ancient ruins between 1751 and 1754, these books set a new standard for archaeological investigation in the eighteenth century. In doing so, they also transformed our understanding of Greek architecture and by pointing up differences between Greek and Roman examples fundamentally challenged prevailing notions about a universal classical ideal and fueled the Greek Revival movement that dominated British, European, and American architecture and design for over a century. Originally published in four volumes that appeared between 1762 and 1816, Stuart and Revett's masterwork is presented here in its entirety as part of our Classic Reprint series and features a new introduction by scholar Frank Salmon. With its many images of buildings, plans, sculpture, friezes, and decorative objects such as vases, it remains the logical starting point for anyone interested in Athens, Greece, and its influence on the history of Western architecture. Published in association with The Institute of Classical Architecture and Classical America.

A perfect guide to making marmalade from the award-winning Lucy Deedes .

How to Feel Good From Within

Forecasts for the UK Economy

Gut Gastronomy

Library Accessions

Francis Bacon

Cornwall - Walks

Country LifeTime & TideFly Fishing Memories of Angling DaysIshi Press

Unique insight into the eccentricities, controversies and goings-on in the world's most prestigious hunts, including the author's two years as Master of the Quorn.

Cultural Writing. Art. Produced in collaboration with The Bluecoat, Liverpool's oldest arts center, Alec Finlay's SPECIMEN COLONY draws on an exhibition and permanent open-air installation of participative public sculpture that creates a series of colorful colonies formed by nest boxes -- functional and familiar objects created by Finlay whose form suggests the schematic figure of a bird. Finlay's work transposes the colors of exotic birds found on foreign postage stamps onto these nest boxes, playfully commenting on Liverpool's global links of trade and migration while contemplating the city's avian emblem. This collage of postage stamps and the remarkable birds that illustrate them not only evokes communication, correspondence, and collecting, but also makes SPECIMEN COLONY an unforgettable and lushly illustrated artist's book that stands on its own, aside from the events surrounding the exhibition. Alec Finlay is an artist, poet, and publisher. Born in Scotland in 1966, he became the first BALTIC Arts Centre artist-in-residence.

Measured and Delineated by James Stuart, FRS and FSA, and Nicholas Revett, Painters and Architects

Teh Internet is Serious Business

European Consultants Directory

The historical antiquities of Hertfordshire

Tell Me a Mitzi

A Bright Ray of Darkness

**The complete guide to eating for everyday energy** Are you a regular victim of an afternoon slump? Is it a struggle to keep focused on your to-do list? Do you want to fit more into your day, but feel as if you just don’t have the energy? Nutritionist Colette Heneghan and productivity expert Graham Allcott provide all the answers in *How to Have the Energy*, explaining how not only what, but how you eat can improve your focus, boost productivity and even give you more time in your day. Using the High-Energy Plan, they show how eating well can and should fit into your lifestyle, however busy it is. From how to put your shopping list together, to how to upgrade your breakfast, from how to be label-savvy to the importance of ditching the desk lunch, from the author of the bestselling *How to be a Productivity Ninja*, this the complete guide to eating smarter and boosting your everyday energy.

An Independent Book of the Month Featured in Vogue Arabia Featured by Vanity Fair Acclaimed writer Elif Shafak writes a letter to Jacinda Ardern, Prime Minister of New Zealand after the Christchurch attack. Actress Yasmine AlMassri pens a poem about war for her mother. Activist and TV presenter June Sarpong addresses designer Diane Von Furstenberg. These are a few of the moving and insightful letters that make up *From Women to the World*, a book by journalist, author and executive Elizabeth Filipouli, which brings together letters from a global group of accomplished women - politicians, royalty, actors, writers, activists and more – every one addressed to a woman who means something to each of them. The results are extraordinary, heartfelt letters to historical figures, mentors, family members or inspiring ordinary people. Each is based on these women's personal histories and experiences, drawing attention to social issues such as homelessness, war, LGBT activism, mental health care or the plight of international refugees. *From Women to the World* is more than a simple collection of letters - it is a book that shows a new model of leadership based on emotional intelligence and demonstrates how we have the wisdom to inspire, motivate and reinvent our world.

J. R. Hartley's best-known catch to date is the public imagination. Here are his elusive fishing recollections told in a series of sometimes vividly comic chronological cameos, ranging period and location from York school days in the early 1930s through memorable outings on stream, spate river and loch to startling conclusion half a lifetime later on a Scottish summer night. Complimented by his protege Patrick Benson's evocative illustrations and with his anglers expertise lightly threaded throughout, J. R.'s story will touch every fly fisherman's experience. But it is book too that will appeal to everyone even those who have never held a rod, for the engaging point that emerges of the ultimate reluctant hero.

100 quick and easy recipes, bursting with goodness

A Hunting Life

Revelations

How to Have the Energy

The Dramatic Method of Teaching

The Herd-book