

The Dilemma Of Muslim Psychologists

Originally published in 1966, this was the first of Muhammad 'Abduh's works to be translated into English. Risālat al Tauhid represents the most popular of his discussion of Islamic thought and belief. 'Abduh is still quoted and revered as the father of 20th Century Muslim thinking in the Arab world and his mind, here accessible, constituted both courageous and strenuous leadership in his day. All the concerns and claims of successive exponents of duty and meaning of the mosque in the modern world may be sensed in these pages. The world and Islam have moved on since 'Abduh's lifetime, but he remains a source for the historian of contemporary movements and a valuable index to the self-awareness of Arab Islam.

Integrating the Islamic faith with modern psychotherapy is at the forefront of the spiritually integrated psychotherapy movement. To bring this work to wider attention and to promote its continuation, Dr. Carrie York Al-Karam has brought together the present volume of nine essays, each of which is written by a Muslim clinician who practices Islamically integrated psychotherapy (IIP)—a modern approach that unites the teachings, principles, and interventions of the faith with Western therapeutic approaches. As delineated in the Introduction, IIP has emerged from a variety of domains including the psychology of religion and spirituality, multicultural psychology and counseling, transpersonal psychology, Muslim Mental Health, and Islamic Psychology. The individual chapters then describe a variety of ways IIP is practiced by Muslim clinicians in their service provision with Muslim clients. The contributors discuss a wide range of topics, such as how Islam can be viewed as a system for psychological wellbeing, or a “science of the soul”; what marital counseling can look like from an Islamically-integrated perspective; Prophet Mohammed as a psycho-spiritual exemplar in a new approach called The HEART Method; the use of Quranic stories in family therapy; as well as using Islamic teachings when working with Muslim children and adolescents. A description of the various approaches is supplemented with discussions of their theoretical underpinnings as well as research-based recommendations for advancing clinical application. What emerges is a vital resource for Muslim and non-Muslim clinicians alike as well as the lay Muslim reader wanting to know more about how the Islamic faith and psychotherapy are engaging with each other in a modern clinical context.

Razi, the Persian scientist who died over 1000 years ago, has been described as the greatest medical genius of the Middle Ages. His fundamental writings, translated from Arabic into Latin, were studied for centuries in the universities of Europe, only being supplanted after the rise of modern research. This work shows Razi as a fine psychologist as well as a supreme physician. His masterly analysis of human character and his wise prescriptions for moral reformation make excellent and profitable reading.

This book integrates research in positive psychology, Islamic psychology, and Muslim wellbeing in one volume, providing a view into the international experiential and spiritual lives of a religious group that represents over 24% of the world's population. It incorporates Western psychological paradigms, such as the theories of Jung, Freud, Maslow, and Seligman with Islamic ways of knowing, while highlighting the struggles and successes of minoritized Muslim groups, including the LGBTQ community, Muslims with autism, Afghan Shiite refugees, and the Uyghur community in China. It fills a unique position at the crossroad of multiple social science disciplines, including the psychology of religion, cultural psychology, and positive psychology. By focusing on the ways in which spirituality, struggle, and social justice can lead to purpose, hope, and a meaningful life, the book contributes to scholarship within the second wave of positive psychology (PP 2.0) that aims to illustrate a balance between positive and negative aspects of human experience. While geared towards students, researchers, and academic scholars of psychology, culture, and religious studies, particularly Muslim studies, this book is also useful for general audiences who are interested in learning about the diversity of Islam and Muslims through a research-based social science approach.

An Islamic Perspective

The AIDS crisis

Dilemma of Muslim Psychologists

Contemplation:

An Introduction to theory and practice

Freedom from the Self

At a time when there is increasing need to offer psychotherapeutic approaches that accommodate clients' religious and spiritual beliefs, and acknowledge the potential for healing and growth offered by religious frameworks, this book explores psychology from an Islamic paradigm and demonstrates how Islamic understandings of human nature, the self, and the soul can inform an Islamic psychotherapy. Drawing on a qualitative, grounded theory analysis of interviews with Islamic scholars and clinicians, this unique volume distils complex religious concepts to reconcile Islamic theology with contemporary notions of psychology. Chapters offer nuanced explanations of relevant Islamic tradition and theological sources, consider how this relates to Western notions of psychotherapy and common misconceptions, and draw uniquely on first-hand data to develop a new theory of Islamic psychology. This, in turn, informs an innovative and empirically driven model of practice that translates Islamic understandings of human psychology into a clinical framework for Islamic psychotherapy. An outstanding scholarly contribution to the modern and emerging discipline of Islamic psychology, this book makes a pioneering contribution to the integration of the Islamic sciences and clinical mental health practice. It will be a key resource for scholars, researchers, and practicing clinicians with an interest in Islamic psychology and Muslim

mental health, as well as religion, spirituality and psychology more broadly.

A collection of select papers on human nature and personality from an Islamic perspective which incorporates religious and transcendental concepts based on the Qur'ān and early Muslim scholars.

□Al-Balkhi explains symptoms and treatments giving advice on preventive measures and how to return the body and soul to their natural healthy state. In doing so he displays a keen understanding of the human condition and the medical nature of the human emotional state. An astonishing feat given that many of the conditions he discusses were left largely unknown and untreated for centuries before being clinically defined as such, only as relatively recently as the 20th century. A genius, his insights on human psychopathology as well as diagnoses of psychological ailments including stress, depression, fear and anxiety, phobic and obsessive-compulsive disorders, together with their treatment by cognitive behavior therapy, relate to us in every way and are in sync with modern psychology. Importantly, they also incorporate a greater dimension to include the soul and the worship of God.

The Oxford Handbook of the History of Psychology: Global Perspectives describes the historical development of psychology in countries throughout the world. Contributors to this volume provide narratives that examine the political and socioeconomic forces that have shaped their nations' psychologies.

Recognition, Prevention, and Treatment

Peace Psychology in Asia

Books-In-Brief: Contemplation (Kyrgyz Language)

Why Good People are Divided by Politics and Religion

An Islamic Psychospiritual Study (New Edition)

Islamic Psychology Around the Globe

This text outlines for the first time a structured articulation of an emerging Islamic orientation to psychotherapy, a framework presented and known as Traditional Islamically Integrated Psychotherapy (TIIP). TIIP is an integrative model of mental health care that is grounded in the core principles of Islam while drawing upon empirical truths in psychology. The book introduces the basic foundations of TIIP, then delves into the writings of early Islamic scholars to provide a richer understanding of the Islamic intellectual heritage as it pertains to human psychology and mental health. Beyond theory, the book provides readers with practical interventional skills illustrated with case studies as well as techniques drawn inherently from the Islamic tradition. A methodology of case formulation is provided that allows for effective treatment planning and translation into therapeutic application. Throughout its chapters, the book situates TIIP within an Islamic epistemological and ontological framework, providing a discussion of the nature and composition of the human psyche, its drives, health, pathology, mechanisms of psychological change, and principles of healing. Mental health practitioners who treat Muslim patients, Muslim clinicians, students of the behavioral sciences and related disciplines, and anyone with an interest in spiritually oriented psychotherapies will greatly benefit from this illustrative and practical text.

This in-depth study presents a detailed analysis and critique of the classic Western work on the origins of Islamic law, Schacht's *Origins of Muhammadan Jurisprudence*. Azami's work examines the sources used by Schacht to develop his thesis on the relation of Islamic law to the Qur'an, and exposes fundamental flaws in Schacht's methodology that led to the conclusions unsupported by the texts examined. This book is an important contribution to Islamic legal studies from an Islamic perspective.

Compares modern psychoanalytic theory with Sufism, examines how each helps troubled individuals, and describes stages of development in Sufism.

This book is one of the many Islamic publications distributed by Ahlulbayt Organization throughout the world in different languages with the aim of conveying the message of Islam to the people of the world. You may read this book carefully and should you be interested to have further study on such publications you can contact us through www.shia.es Naturally, if we find you to be a keen and energetic reader we shall give you a deserving response in sending you some other publications of this Organization.

Handbook of Mental Health Issues and Interventions

Psychology of Personality

Developing a Model of Islamic Psychology and Psychotherapy

Research, Policy, and Practise

An Introduction to Islamic Psychology

The Theology of Unity

This collection of essays by one of the best known contemporary Muslim scholars writing in English covers many facets of Islamic life and thought. The author has brought together studies dealing with the practical as well as intellectual aspects of Islam in both their historical and contemporary reality. The contemporary significance of themes such as religion and secularism, the meaning of freedom, and the tradition of Islamic science and philosophy is given particular attention.

Part of a set containing the contributions of authors from a variety of nations, cultures, traditions and perspectives, this volume offers an up-to-date assessment of theoretical developments and methodological issues in the rapidly-evolving area of cross-cultural psychology.

Dilemma of Muslim Psychologists
The Dilemma of Muslim Psychologists
Abu Zayd al-Balkhi's Sustenance of the Soul (Ukrainian Language)
The Cognitive Behavior Therapy of a Ninth Century Physician
International Institute of Islamic Thought (IIIT)

The human race is in crisis and very few of us – if any – are able to understand what is wrong with our lives and the world at large. How did this happen and how did humans become so 'disconnected' with humanity? Why are psychological disorders such as depression, anxiety, fear, and suicide on the increase, and why are conventional Western therapies unable to stem the tide? To approach this we must first look inside ourselves – to explore our own purpose in life and extend that principle to the rest of humanity. Despite the advances of modern Western psychology and the development of therapies that do help many, one area that is largely unexplored is that of the

'human spirit' and spirituality since it is more convenient to consider the human mind as 'machine' that responds to external stimuli. In this powerful exploration into the human mind and its relationship with the human spirit, Malik Badri invites the reader to open the door to self-discovery, purpose and spirituality through the practice of contemplation, reflection and meditation – understanding the true meaning and experience of spirituality as well as one's own place in Creation. Whilst central to worship in Islam, this will also be of great interest to, and help any reader wishing to explore the notion of spirituality whether as part of worship or simply as part of self development and inner healing.

Positive Psychology in the Middle East/North Africa

An Islamic Psychospiritual Study

Abu Zayd al-Balkhi's Sustenance of the Soul (Ukrainian Language)

The Righteous Mind

Applying Islamic Principles to Clinical Mental Health Care

No Country for Old Men

This volume looks at positive psychology from a culturally-responsive, empirically-driven perspective to avoid a descent into pseudoscience. Through evidence-based, regionally relevant topics in the field of well-being, this volume shows how high levels of excellence in the GCC region enhance upon business, education, research, and social innovations. Grounded in empirical research literature, each chapter applies psychological concepts to locally relevant considerations, such as culture, religion, and socio-political contexts, making this book an essential tool for understanding positive psychology and well-being in the GCC nations and beyond.

Evil Eye, Jinn Possession, and Mental Health Issues raises awareness of the cultural considerations, religion and spirituality involved in the assessment of Muslim patients with mental health problems. The belief that Jinn spirits can cause mental health problems in humans through affliction or possession is widely accepted among Muslims, meaning this belief is a crucial, but frequently overlooked, aspect of mental health problems with Muslim patients in psychiatric care. This book explores the nature of these beliefs, their relationship to mental health and the reasons for their importance in clinical practice. The book argues that to consider mental disorders as a multifactorial affair, in which spiritual, social, psychological and physical factors may all play a role. It suggests differential diagnostic skills may have an important part to play in offering help to those who believe their problems are caused by possession, and provides accessible literature on clinical issues and practice, interventions, and evidence-based practice to help health workers achieve a better understanding of Muslim beliefs about possession and work with patients that hold such beliefs. Evil Eye, Jinn Possession, and Mental Health Issues is an essential manual for health professionals, social workers and psychologists. It should also be of interest to academics and students in the social and behavioral sciences.

Islamic Psychology or ilm an-nafs (science of the soul) is an important introductory textbook drawing on the latest findings in the sub-disciplines of psychology to provide a balanced and comprehensive view of human nature, behaviour and experience. A solid foundation to develop theories about human nature is based upon the writings of the Qur'an, Sunna, Muslim scholars and contemporary research findings. Synthesising contemporary empirical psychology and Islamic psychology, this book is a comprehensive view of both nature and process and includes the physical, psychological, social and spiritual dimensions of human behaviour and experience. Through a broad and comprehensive scope, the book addresses three main areas: Context, perspectives and clinical applications of applied psychology from an Islamic approach. This book is a core text on Islamic psychology for undergraduate and postgraduate students and those undertaking continuing professional development in Islamic psychology, psychotherapy and counselling. Beyond this, it is also a good supporting resource for teachers and lecturers in this field. The first edition of this book was published in Arabic by the International Institute of Islamic thought in Cairo in 1999. The introduction was written by His Eminence Shaykh Yusuf Al-Qaradawi, the President of the World Federation of Muslim Scholars. It was well received by Muslim scholars, psychologists and laymen since it succeeded in integrating Islamic psychology and theology with modern psychology, linguistics, comparative religion and mental and physical health. It was reprinted in Jordan, Egypt and Saudi Arabia and used as a reference in Arabic Departments of psychology and education. Its second and updated edition was an English translation published by IIIT in London and printed by Cambridge University Press in the year 2000. The book generated highly thoughtful positive responses from reviewers. Some of them stated that reading it greatly improved their ability to contemplate and had improved their practice of worshipping. Muslim scholars in different countries have stressed its value to non-English speaking Muslims and have obtained permission to translate it. The book has been published in different languages of the Islamic World such as Indonesian, Albanian and Malayalam.

Razi's Traditional Psychology

The Cognitive Behavior Therapy of a Ninth Century Physician

Islamic Life and Thought

On Schacht's Origins of Muhammadan Jurisprudence

Introducing Traditional Islamically Integrated Psychotherapy

Psychology from the Islamic Perspective

Islamic counselling is a form of counselling which incorporates spirituality into the therapeutic process. Until now there has been little material available on the subject with no one agreed definition of Islamic counselling and what it involves. There has also been a rapidly growing population of Muslims in Western societies with a corresponding rise in need of psychological and counselling services. Islamic Counselling: An Introduction to theory and practice presents a basic understanding of Islamic counselling for counsellors and Islamic counsellors, and provides an understanding of counselling approaches congruent with Islamic beliefs and practices from a faith-based perspective. The book is designed as an introduction for counsellors, its goal is to inform the reader about how the diverse roles of the Islamic counsellor fit together in a comprehensive way and to provide the guidelines that can be potentially integrated into a theoretical framework for use. The book is divided

into two parts. Section one: Context and Background, and Section two: Assessment, Models and Intervention Strategies. Islamic Counselling encompasses both current theory, research and an awareness of the practice implications in delivering appropriate and effective counselling interventions with Muslim clients. It will be essential reading for both professionals and students alike.

The book begins by covering the general and clinical challenges that are unique to Muslims, drawing from an internationally, ethnically, and intergenerationally diverse pool of experts. The text covers not only how psychiatrists and other clinicians can intervene successfully with patients, but how we as clinicians can have a role in addressing other societally connected mental health challenges arising from Islamophobia. The text addresses three related but distinct areas of interest: Islamophobia as a destructive force, Islam as a religion that is threatened by stigma and misinformation, and the novel intersection of these forces with the field of psychiatry. Islamophobia and Psychiatry is a vital resource for all clinicians and clinicians in training who may encounter patients struggling with these issues, including adult and child psychiatrists, psychologists, primary care physicians, counselors, social workers, and others.

Foreword -- Preface -- Abstract -- Keywords -- 1 Possibility, Foundations, and Characteristics of Islamic Psychology -- 2 Research Methodology in Islamic Psychology -- 3 Personality -- 4 Mental Disorders and Psychotherapy -- Acknowledgments -- References.

"This book examines professions that involve working with diverse populations and addresses contemporary issues that impact the full and successful utilization of human services by Muslims living in non-Muslim majority countries"--Provided by publisher"--

Counseling Muslims

Islamic Theology and Contemporary Understandings of Psychology

CULTURE AND ISLAMIC ADAPTATION PSYCHOLOGY

Quranic Psychology of the Self: A Textbook on Islamic Moral Psychology

Sufism, Meditation, and Psychotherapy

Islam

The human race is in crisis and very few of us – if any – are able to understand what is wrong with our lives and the world at large. How did this happen and how did humans become so ‘disconnected’ with humanity? Why are psychological disorders such as depression, anxiety, fear, and suicide on the increase, and why are conventional Western therapies unable to stem the tide? To approach this, we must first look inside ourselves – to explore our own purpose in life and extend that principle to the rest of humanity. Despite the advances of modern Western psychology and the development of therapies that do help many, one area that is largely unexplored is that of the ‘human spirit’ and spirituality since it is more convenient to consider the human mind as ‘machine’ that responds to external stimuli. In this powerful exploration into the human mind and its relationship with the human spirit, Malik Badri invites the reader to open the door to self-discovery, purpose and spirituality through the practice of contemplation, reflection and meditation – understanding the true meaning and experience of spirituality as well as one’s own place in Creation. Whilst central to worship in Islam, this will also be of great interest to, and help any reader wishing to explore the notion of spirituality whether as part of worship or simply as part of self-development and inner healing.

This book examines the development of Islamic Psychology in 17 countries, from Indonesia to the United States. The book broadens the reach of modern psychology by exploring spirituality and religion in the Muslim world.

Psychology is the study of mind, and this is exactly why the Quran put a great emphasis between the relationship of man and his Creator and the role faith plays intellectually and spiritually in our lives. The Quran is a book of wisdom, and it includes all aspects of human life.

Religion, as a matter of fact, is an intellectual property that cannot be seen. So the mind cannot be seen. Human beings are curious creatures. This curiosity elaborated in the story of Abraham when he wanted to find the truth for himself. Finding the truth is a principle of science and research. Islamic psychology is based on three principles, namely theo-ethics, socio-ethics, and psycho-ethics, which discusses human relations from a psychological point of view. It is the mind that relates to all aspects of life. Therefore, Islamic psychology deals with all spheres that originate from God alone. For that, ego or self plays a major role and makes mankind responsible for all his actions. Since Islam is a religion of unity, then all processes of mind interrelate to not only self but also to God and society. Therefore, like any other field of knowledge, it is hard to separate psychology or the study of mind from other life principles. As a matter of fact, it is the mind that regulates other affairs, being good or bad. Islamic psychology emphasizes on making humans responsible for their inner soul activities, which lead either to felicity or destruction. Since religion is an intellectual property, then the study of mind is also a spiritual and intellectually property.

Presents a groundbreaking investigation into the origins of morality at the core of religion and politics, offering scholarly insight into the motivations behind cultural clashes that are polarizing America.

Islamophobia and Psychiatry

Evil Eye, Jinn Possession, and Mental Health Issues

Research in the Social Scientific Study of Religion

Medicine, Religion, and Charity

Handbook of Cross-cultural Psychology: Theory and method

The Oxford Handbook of the History of Psychology: Global Perspectives

In recent years, peace psychology has grown from a utopian idea to a means of transforming societies worldwide. Yet at the same time peacebuilding enjoys global appeal, the diversity of nations and regions demands interventions reflecting local cultures and realities. Peace Psychology in Asia shows this process in

action, emphasizing concepts and methods diverging from those common to the US and Europe. Using examples from China, India, Indonesia, the Philippines, and elsewhere in the region, chapter authors illuminate the complex social, political, and religious conditions that have fostered war, colonialism, dictatorships, and ethnic strife, and the equally intricate personal and collective psychologies that need to be developed to encourage reconciliation, forgiveness, justice, and community. Peace Psychology in Asia: Integrates psychology, history, political science, and local culture into concepts of peace and reconciliation. Highlights the indigenous aspects of peace psychology. Explains the critical relevance of local culture and history in peace work. Blends innovative theoretical material with empirical evidence supporting peace interventions. Balances its coverage among local, national, regional, and global contexts. Analyzes the potential of Asia as a model for world peace. As practice-driven as it is intellectually stimulating, Peace Psychology in Asia is vital reading for social and community psychologists, policy analysts, and researchers in psychology and sociology and international studies, including those looking to the region for ideas on peace work in non-Western countries. The first monograph on Islamic hospitals, this volume examines their origins, development, architecture, social roles, and connections to non-Islamic institutions.

A young female client presents with anorexia nervosa and believes that her problem has its roots in magic; parents are helpless in the face of their son's substance abuse issues; an interracial couple cannot agree on how to discipline their children. How would you effectively help these clients while balancing appropriate interventions that are sensitive to religious, cultural, social, and gender differences? This handbook answers these difficult questions and helps behavioral health practitioners provide religio-culturally-competent care to Muslim clients living in territories such as North America, Australia, and Europe. The issues and interventions discussed in this book, by authoritative contributors, are diverse and multifaceted. Topics that have been ignored in previous literature are introduced, such as sex therapy, substance abuse counseling, university counseling, and community-based prevention. Chapters integrate tables, lists, and suggested phrasing for practitioners, along with case studies that are used by the authors to help illustrate concepts and potential interventions. Counseling Muslims is also unique in its broad scope, which reflects interventions ranging from the individual to community levels, and includes chapters that discuss persons born in the West, converts to Islam, and those from smaller ethnic minorities. It is the only guide practitioners need for information on effective service delivery for Muslims, who already bypass significant cultural stigma and shame to access mental health services.

The story of this book clearly shows the great need of Muslims for a reference that guides them in Islamically preventing HIV/AIDS after the failure of the secular Western model of condoms and clean syringes. Its first edition was published in 1997. It was widely distributed and quickly sold out by Barnes & Noble that gave it the highest 5-star rating of bookselling. Its second and third editions were published by the Islamic Medical Association of South Africa that conferred upon it the award of the best contribution to Islamic Medicine for the year 2000. In Sudan, it received the Shahid Zubair Prize in the year 2004. This is the highest award for academic excellence. The book soon achieved an international status and Muslims scholars realized the need for its translation. The book is now published in Arabic by the International African University in Sudan, in Bosnian by el-Kalem publishers in Sarajevo, in Russian by the International Institute of Islamic Thought and in the press in Swahili, the language of East African. Though it discusses in depth medical, cultural, philosophical and Islamic issues, its language is accessible to laymen.

Principles of Islamic Psychology

The Dilemma of Muslim Psychologists

Islamic Perspectives

Toward a Positive Psychology of Islam and Muslims

Uniting Faith and Professional Practice

Working with Muslim Clients in the Helping Professions

The indiscriminate exportation of Western psychology to Muslim and third world countries can pose serious cultural and ideological dilemmas. When the exported commodity from North to South is physical in nature, the harm done can easily be identified; for example the quick detection of the life threatening birth defects caused by the drug thalidomide when taken during pregnancy or the flaws in the breaking system of a Japanese car. However, when the exported product is ideas and beliefs and ways of life, the indirect and sneaky damage, is often much more malevolent and long-lasting because it attacks the worldview of the recipients and it shakes their cherished beliefs. Because of its technological supremacy Islamic and developing countries got used to wholeheartedly accepting any information coming from the West if it is under the tag of "science". By presenting itself under this prestigious 'mantra' of science, students in Muslim countries swallow the kernel of psychology with its nutshell; the baby with its filthy water. The danger of this approach is greatly augmented by the shortcomings of our educational systems that discourages critical thinking and encourages the submissive acceptance of the words of the teacher and that of printed material.

RSSSR 30 includes an empirical study of attachment and another on daily spiritual practices, as well as two special sections which explore the social scientific study of religion in Indonesia and what has become widely known as the Pope Francis effect in contemporary Catholicism.

This blistering novel—from the bestselling, Pulitzer Prize-winning author of *The Road*—returns to the Texas-Mexico border, setting of the famed *Border Trilogy*. The time is our own, when rustlers have given way to drug-runners and small towns have become free-fire zones. One day, a good old boy named Llewellyn Moss finds a

pickup truck surrounded by a bodyguard of dead men. A load of heroin and two million dollars in cash are still in the back. When Moss takes the money, he sets off a chain reaction of catastrophic violence that not even the law-in the person of aging, disillusioned Sheriff Bell-can contain. As Moss tries to evade his pursuers-in particular a mysterious mastermind who flips coins for human lives-McCarthy simultaneously strips down the American crime novel and broadens its concerns to encompass themes as ancient as the Bible and as bloodily contemporary as this morning's headlines. No Country for Old Men is a triumph.

a natural product of modernity's sexual revolution

Faith and Practice

Common Groundbetween Islam and Buddhism

Islamically Integrated Psychotherapy

The Medieval Islamic Hospital