

## The Goddess Pose The Audacious Life Of Indra Devi The Woman Who Helped Bring Yoga To The West

This translation and commentary on an important Hindu text on the Great Goddess envisions a universe created and protected by a compassionate female deity.

New York Times best-selling author Michelle Goldberg tells the globetrotting story of the incredible woman who brought yoga to the West. When Indra Devi was born in Russia in 1899, yoga was virtually unknown outside of India. By the time of her death, in 2002, it was being practiced around the world. Here Michelle Goldberg tells the globetrotting story of the incredible woman who helped usher in a craze that continues unabated to this day. A sweeping picture of the twentieth century that travels from the cabarets of Berlin to the Mysore Palace to Golden Age Hollywood and beyond, *The Goddess Pose* brings the Devi's little known but extraordinary adventures vividly to life.

Witty and heartfelt, clear-sighted and irreverent, *Poser* is the book that sane, sensible and intelligent mothers around the world have been waiting for

DOCTYPE HTML PUBLIC "-//W3C/DTD HTML 4.0 Transitional//EN" html meta content="text/html; charset=ISO-8859-1" http-equiv="content-type" body An introductory guide for scholars and students of the ancient Near East and the history of medicine In this collection JoAnn Scurlock assembles and translates medical texts that provided instructions for ancient doctors and pharmacists. Scurlock unpacks the difficult, technical vocabulary that describes signs and symptoms as well as procedures and plants used in treatments. This fascinating material shines light on the development of medicine in the ancient Near East, yet these tablets were essentially inaccessible to anyone without an expertise in cuneiform. Scurlock's work fills this gap by providing a key resource for teaching and research. Features: Accessible translations and transliterations for both specialists and non-specialists Texts include a range of historical periods and regions Therapeutic, pharmacological, and diagnostic texts

Oleander Girl

Hammer Head: The Making of a Carpenter

A Seeker's Guide to Extraordinary Living

A Novel About the History of Philosophy

The Devi Gita: Spiritual Counsel of the Great Goddess

The Jazz Age Life of Henrietta Bingham

Recent scholarship has shown that modern postural yoga is the outcome of a complex process of transcultural exchange and syncretism. This book doubles down on those claims and digs even deeper, looking to uncover the disparate but entangled roots of modern yoga practice. Anya Foxen shows that some of what we call yoga, especially in North America and Europe, is genealogically only slightly related to pre-modern Indian yoga traditions. Rather, it is equally, if not more so, grounded in Hellenistic theories of the subtle body, Western esotericism and magic, pre-modern European medicine, and late-nineteenth-century women's wellness programs. The book begins by examining concepts arising out of Greek philosophy and religion, including Pythagoreanism, Stoicism, Neo-Platonism, Galenic medicine, theory, and other cultural currents that have traditionally been categorized as "Western esotericism," as well as the more recent examples which scholars of American traditions have labeled "metaphysical religion." Marshaling these under the umbrella category of "harmonialism," Foxen argues that they represent a history of practices that were gradually subsumed into the language of yoga. Orientalism and gender become important categories of analysis as this narrative moves into the nineteenth century. Women considerably outnumber men in all studies of yoga except those conducted in India, and modern anglophone yoga exhibits important continuities with women's physical culture, feminist reform, and white women's engagement with Orientalism. Foxen's study allows us to recontextualize the peculiarities of American yoga--its focus on aesthetic representation, its privileging of bodily posture and unsystematic incorporation of breathwork, and above all its overwhelmingly white female demographic. In this context it addresses the ongoing conversation about cultural appropriation within the yoga community.

The Goddess PoseThe Audacious Life of Indra Devi, the Woman who Helped Bring Yoga to the WestVintage

Beloved bestselling author Chitra Banerjee Divakaruni has been hailed by Abraham Verghese as a ‘gifted storyteller’ and by People magazine as a ‘skilled cartographer of the heart.’ Now, Divakaruni returns with her most gripping novel yet, a sweeping, suspenseful coming-of-age tale about a young woman who leaves India for America on a search that will transform her life. THOUGH SHE WAS ORPHANED AT BIRTH, the wild and headstrong Korobi Roy has enjoyed a privileged childhood with her adoring grandparents, spending her first seventeen years sheltered in a beautiful, crumbling old mansion in Kolkata. But despite all that her grandparents have done for her, she is troubled by the silence that surrounds the circumstances of her parents’ death and clings fiercely to her only inheritance from them: the love note she found, years ago, hidden in a book of poetry that had belonged to her mother. As she grows, Korobi dreams of one day finding a love as powerful as her parents’, and it seems her wish has finally come true when she meets the charming Rajat, the only son of a high-profile business family. Shortly after their engagement, however, a sudden heart attack kills Korobi’s grandfather, revealing serious financial problems and a devastating secret about Korobi’s past. Shattered by this discovery and by her grandparents’ betrayal, Korobi decides to undertake a courageous search across post-9/11 America to find her true identity. Her dramatic, often startling journey will ultimately thrust her into the most difficult decision of her life. With flawless narrative instinct and a boundless sympathy for her irrepressible characters, in *Oleander Girl* Divakaruni brings us a perfect treat of a novel—moving, wise, and unforgettable. As *The Wall Street Journal* raves, ‘Divakaruni emphasizes the cathartic force of storytelling with sumptuous prose. . . . She defies categorization.’

From #1 New York Times bestselling author Brandon Sanderson, *Warbreaker* is the story of two sisters, who happen to be princesses, the God King one of them has to marry, the lesser god who doesn't like his job, and the immortal who's still trying to undo the mistakes he made hundreds of years ago. Their world is one in which those who die in glory return as gods to live confined to a pantheon in Hallandren's capital city and where a power known as BioChromatic magic is based on an essence known as breath that can only be collected one unit at a time from individual people. By using breath and drawing upon the color in everyday objects, all manner of miracles and mischief can be accomplished. It will take considerable quantities of each to resolve all the challenges facing Vivenna and Siri, princesses of Iridis; Susebron the God King; Lightsong, reluctant god of bravery, and mysterious Vasher, the Warbreaker. Other Tor books by Brandon Sanderson The Cosmere The Stormlight Archive The Way of Kings Words of Radavaig Edgedancer (Novella) Oathbringer The Mistborn trilogy Mistborn: The Final Empire The Well of Ascension The Hero of Ages Mistborn: The Wax and Wayne series Alloy of Law Shadows of Self Bands of Mourning Collection Arcanum Unbound Other Cosmere novels Elantris Warbreaker The Alcatraz vs. the Evil Librarians series Alcatraz vs. the Evil Librarians The Scrivener's Bones The Knights of Crystallia The Shattered Lens The Dark Talent The Rithmatist series The Rithmatist Other books by Brandon Sanderson The Reckoners Steelheart Fireflight Calamity At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Breathing Space

The Riddles of Culture

The Only Astrology Book You'll Ever Need

The Song of the Goddess

The Man Who Conned the World

Madame Blavatsky

The Rise of Christian Nationalism

**W.B. Yeats and the Muses explores how nine fascinating women inspired much of W.B. Yeats's poetry. These women are particularly important because Yeats perceived them in terms of beliefs about poetic inspiration akin to the Greek notion that a great poet is inspired and possessed by the feminine voices of the Muses. Influenced by the Pre-Raphaelite idea of woman as 'romantic and mysterious, still the priestess of her shrine', Yeats found his Muses in living women. His extraordinarily long and fruitful poetic career was fuelled by passionate relationships with women to and about whom he wrote some of his most compelling poetry. The book summarizes the different Muse traditions that were congenial to Yeats and shows how his perception of these women as Muses underlies his poetry. Newly available letters and manuscripts are used to explore the creative process and interpret the poems. Because Yeats believed that lyric poetry 'is no rootless flower, but the speech of a man,' exploring the relationship between poem and Muse brings new coherence to the poetry, illuminates the process of its creation, and unlocks the 'second beauty' to which Yeats referred when he claimed that 'works of lyric genius, when the circumstances of their origin is known, gain a second a beauty, passing as it were out of literature and becoming life.' As life emerges from the literature, the Muses are shown to be vibrant, multi-faceted personalities who shatter the idea of the Muse as a passive stereotype and take their proper place as begetters of timeless poetry.**

**The book is a memoir of how a skeptical, fast-talking New Yorker became Thich Nhat Hanh's editor, turned forty, realized she was aging, and slowly and reluctantly started to absorb mindfulness practice and grow up. Scenes with Thich Nhat Hanh and the author's two vividly exuberant older parents, illustrate how the author adapts mindfulness techniques for the busyness of her life, without losing her edge. With honest and vivid stories about dealing with difficult relationships with family members, death, illness, vanity, exhaustion, and creating a safety net of joy, the author explores and offers guidance for three key mindfulness practices: Knowing When You're Available and When You're Not; Full-Attachment Living; and Interbeing (Other People are Not a Hobby). This book is designed for adults who are new to mindfulness practice, Buddhism, curious skeptics, people familiar with the practice who want a personal story, and those interested in memoir.**

**In the pantheon of air power spokesmen, Giulio Douhet holds center stage. His writings, more often cited than perhaps actually read, appear as excerpts and aphorisms in the writings of numerous other air power spokesmen, advocates-and critics. Though a highly controversial figure, the very controversy that surrounds him offers to us a testimonial of the value and depth of his work, and the need for airmen today to become familiar with his thought. The progressive development of air power to the point where, today, it is more correct to refer to aerospace power has not outdated the notions of Douhet in the slightest In fact, in many ways, the kinds of technological capabilities that we enjoy as a global air power provider attest to the breadth of his vision. Douhet, together with Hugh “Boom” Trenchard of Great Britain and William “Billy” Mitchell of the United States, is justly recognized as one of the three great spokesmen of the early air power era. This reprint is offered in the spirit of continuing the dialogue that Douhet himself so perceptively began with the first edition of this book, published in 1921. Readers may well find much that they disagree with in this book, but also much that is of enduring value. The vital necessity of Douhet's central vision-that command of the air is all important in modern warfare-has been proven throughout the history of wars in this century, from the fighting over the Somme to the air war over Kuwait and Iraq.**

**A reader-friendly translation of the medieval Indian text, which presents a powerful, compassionate goddess as ruler of the universe.**

**A Skeptic's Journey to Mindfulness**

**Harmonialism, Orientalism, and the Western Roots of Modern Yoga**

**Science of Yoga**

**Red Hot and Holy**

**Kingdom Coming**

**The Song of the Goddess: A Translation, Annotation, and Commentary**

**Anatomy for Vinaya Flow and Standing Poses**

*In 1930 Danish artist Einar Wegener underwent a series of surgeries to live as Lili Ilse Elvenes (more commonly known as Lili Elbe) . Her life story, *Fra Mand til Kvinde (From Man to Woman)*, published in Copenhagen in 1931, is the first popular full-length (auto)biographical narrative of a subject who undergoes genital transformation surgery (*Genitalumwandlung*). In *Man Into Woman: A Comparative Scholarly Edition*, Pamela L. Caughie and Sabine Meyer present the full text of the 1933 American edition of Elbe's work with comprehensive notes on textual and paratextual variants across the four published editions in three languages. This edition also includes a substantial scholarly introduction which situates the historical and intellectual context of Elbe's work, as well as new essays on the work by leading scholars in transgender studies and modernist literature, and critical coverage of the 2015 biopic, *The Danish Girl*. This print edition has a digital companion: the Lili Elbe Digital Archive ([www.lilielbe.org](http://www.lilielbe.org)). Launched on July 6, 2019, to commemorate the 100th anniversary of the founding of Magnus Hirschfeld's Institute for Sexual Science (*Institut für Sexualwissenschaft*) where Lili Elbe was initially examined, the Lili Elbe Digital Archive hosts the German typescript and all four editions of this narrative published in Danish, German, and English between 1931 and 1933, with English translations of the Danish edition and the typescript. Many letters from archives and contemporaneous articles noted in this print edition may be found in the digital archive.*

*Explore the physiology of 30 key yoga poses, in–depth and from every angle, and master each asana with confidence and control. Did you know that yoga practice can help lower your blood pressure, decrease inflammation and prevent age–related brain changes? Recent scientific research now backs up what were once anecdotal claims about the benefits of yoga to every system in the body. Science of Yoga reveals the facts, with annotated artworks that show the mechanics, the angles, how your blood flow and respiration are affected, the key muscle and joint actions working below the surface of each pose, safe alignment and much more. With insight into variations on the poses and a Q&A section that explores the science behind every aspect of yoga, this easy–to–understand, comprehensive book is an invaluable resource to achieve technical excellence in your practice and optimize the benefits of yoga for your body and mind.*

*A cautionary account of growing religious radicalism in America warns of the potential dangers of a doctrine through which Christians believe they have a right to rule non-Christians, identifying political practices that aggressively promote conservativea*

*An authentic compendium of 1970s' New York style and attitude and a confirmed masterpiece. Idols began with an awestruck Larrain visiting Kansas City in the explosively liberating early years of the gay rights movement and befriending Taylor Meade and John Noble. Once they had been photographed, the rest of the troupe followed suit. The result is a collection of photographs of a generation of New York's most talented, outrageous, glamorous and mostly gay personalities who posed for Larrain in his now legendary Soho studio.*

*A Novel*

*The Devi Gita*

*A Memoir*

*The Audacious Life of Indra Devi, the Woman Who Helped Bring Yoga to the West*

*Savitri*

*Reflections on Food, Community, and the Meaning of Generosity*

*Man Into Woman*

*When one person dares to speak her truth, it challenges us all to live our own. With Red Hot and Holy, Sera Beak offers a provocative and intimate view of what it means to get up close and personal with the divine in modern times. With a rare combination of audacious wit, scholarly acumen, and tender vulnerability—vibrantly mixed with red wine, rock songs, tattoos, and erotic encounters—Sera candidly chronicles the highs and lows of her mystical journey. From the innocence of her childhood crush on God, through a whirlwind of torrid liaisons and bitter break-ups with Christianity, Buddhism, Sufism, Hinduism, and the like, Sera finally into committed monogamy with her own Red Hot and Holy Goddess. Sera shares transformative insights, encouraging us all to trust our unique path and ignite our own spiritual love affair. Sera Beak's luscious writing and renegade spiritual wisdom that slices through religious and new age dogma made her debut book The Red Book a breakout success. With Red Hot and Holy she offers a far more personal book—an illuminating, hilarious, and above all utterly honest portrait of the heart-opening process of mystical realization. This hot and holy book invites you to embrace your soul, unleash your true Self, and burn, baby, burn with divine love. Except As a child, I was madly in love with God. Gaga for God. In grade school, I used to write "I (heart) God" at the top of all of my homework assignments and in the margins of the notes I passed to my girlfriends about which boys we thought were cute. Next to The Little Princess, a children's bible was kept on my bedside table for nightly reading. Miracles? Prophetic dreams? Angels? Healing the sick? Sign me up for those gigs! And every Thursday I believed J.C. dropped by my bedroom so I could ask him personal questions and tell him which sister was annoying me the most. I was magnetized to rosaries, prayers, and pyramids the way other kids were to doughnuts, MTV and the Cabbage Patch Kids, and every time I saw a religious figure (priest, nun, Buddhist monk, Hare Krishna) out in public, it would take an enormous amount of willpower not to stalk them. When Career Days at school would come around, my questionnaire would look a little something like this: Favorite subject? God Favorite hobby? God What do you want to be when you grow up? God (Okay, there was a brief time when I was six years old when the answer to that last question was "an albino." I thought albinism would make me glow in the dark.) When I was a child, God was not a belief of a magical Santa Claus type. He was as real as my heart. I felt Him (inside me). I recognized Him (everywhere). I knew Him (personally). We hung out together, and I never wanted our rendezvous to stop. I only wanted us to draw closer. I assumed I was experiencing what many Catholics refer to as "the call" to be a priest, so I matter-of-factly informed my parish priests and Sunday school teachers of my future vocation. They laughed, patted my head, and told me I couldn't have heard the call to be a priest because I had a vagina. Okay, they didn't say that last part, but believe me, it was implied. They did tell me that only men were allowed to be priests because Jesus only had male disciples (to which Mary Magdalene juts out her left hip and slaps her round cheek with The Gospel of Mary Magdalene). But, of course, I could always be a nun.*

*As Newland Archer prepares to marry docile May Welland, the return of the mysterious Countess Olenska burns his life upside down*

*The author of the classic New York Times bestseller Passages returns with her inspiring memoir—a chronicle of her trials and triumphs as a groundbreaking “girl” journalist in the 1960s, to iconic guide for women and men seeking to have it all, to one of the premier political profilers of modern times. Candid, insightful, and powerful, Daring: My Passages is the story of the unconventional life of a writer who dared . . . to walk New York City streets with hookers and pimps to expose violent prostitution; to march with civil rights protesters in Northern Ireland as British paratroopers opened fire; to seek out Egypt's president Anwar Sadat when he was targeted for death after making peace with Israel. Always on the cutting edge of social issues, Gal Sheehy reveals the obstacles and opportunities encountered when she dared to blaze a trail in a “man’s world.” Daring is also a beguiling love story of Sheehy’s tempestuous romance with and eventual happy marriage to Clay Folker, the charismatic creator of New York magazine. As well, Sheehy recounts her audacious pursuit and intimate portraits of many twentieth-century leaders, including Hillary Clinton, Presidents George H. W. and George W. Bush, and the world-altering attraction between Margaret Thatcher and Mikhail Gorbachev. Sheehy reflects on desire, ambition, and wanting it all—career, love, children, friends, social significance—and lays bare her major life passages: false starts and surprise successes, the shock of failures and inner crises; betrayal in a first marriage; life as a single mother; flings of an ardent, liberated young woman; her adoption of a second daughter from a refugee camp; marriage to the love of her life and their ensuing years of happiness, even in the shadow of illness. Now stronger than ever, Sheehy speaks from hard-won experience to today’s young women. Her fascinating, no-holds-barred story is a testament to guts, resilience, smarts, and daring, and offers a bold perspective on all of life’s passages.*

*The author of Yoga and the Quest for the True Self offers spiritual seekers from all traditions a practical introduction to the wisdom and teachings of the Yogasutra, as he brings together insights from yoga philosophy with modern psychology to offer lessons in ethical living, enhanced creativity, and the discovery of one's higher purpose. 20,000 first printing.*

*The Girls' Book of Famous Queens*

*A Mother's Life in Twenty-Three Yoga Poses*

*Daring: My Passages*

*The Poetics of Writing in Old French Lyric and Lyrical Narrative Poetry*

*Be My Guest*

*From Song to Book*

*Sourcebook for Ancient Mesopotamian Medicine*

*"The Girls' Book of Famous Queens" by Lydia Hoy Farmer. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.*

*"The Investigative Journalist author of Kingdom Coming explores the ways in which restrictions against women's reproductive rights are directly linked to consequences in global development, in a cautionary report that covers such topics as abortion, female circumcision, and human trafficking.*

*Presents a scientific approach to understanding the practice of hatha yoga: through full-color, three-dimensional illustrations of major muscles, tendons, and ligaments. This book describes the correct positioning of hatha yoga poses (asanas) and their benefits.*

*Originally from Riga, Latvia, Yoga practitioner, author and teacher Indra Devi (born Eugenie Peterson) lived to 102 years! She became fascinated with India at age 15 and set out to India in 1927 to become a disciple of Sri Tirumalai Krishnamacharya, after which time she moved to different parts of the world and taught Yoga. She comes from the renowned tradition of Mysore. For thousands of years the culture of Yoga has existed in India, bringing to its practitioners remarkable health and spiritual well-being. In YOGA FOR AMERICANS Indra Devi has brought this ancient art to those who need it most: Americans, victims of a driving, competitive, tension-ridden society which suffers from its own superabundance. Here, in the richest country in the world, an alarming number of people still die from malnutrition and allied diseases; obesity, underactivity, and psychosomatic illness are commonplace; tension-inspired heart attacks are the worst killers of all. Here is an invaluable book, packed with sound, proven advice, including many extras such as an introductory question-and-answer session, lavish illustrations, special diets, and constructive advice for those suffering from arthritis, asthma, and overweighth.*

*The Age of Innocence*

*Twelve Lessons for the Modern Woman*

*The Goddess Pose*

*Understand the Anatomy and Physiology to Perfect your Practice*

*A Legend and a Symbol*

*A Heretic's Love Story*

*Poser*

*"Goldfinger" by Ian Fleming. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten – or yet undiscovered gems – of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.*

*A thought-provoking meditation on food, family, identity, immigration, and, most of all, hospitality—at the table and beyond—that's part food memoir, part appeal for more authentic decency in our daily worlds, and in the world at large. Be My Guest is an utterly unique, deeply personal meditation on what it means to tend to others and to ourselves--and how the two things work hand in hand. Priya Basli explores how food--and the act of offering food to others--are used to express love and support. Weaving together stories from her own life with knowledge gleaned from her Sikh heritage; her years spent in Kenya, India, Britain, and Germany; and ideas from Derrida, Plato, Arendt, and Peter Singer, Basli focuses an unexpected and illuminating light on what it means to be both a host and a guest. Lively, wide-ranging, and impassioned, Be My Guest is a singular work, at once a deeply felt plea for a kinder, more welcoming world and a reminder that, fundamentally, we all have more in common than we imagine.*

*"The book has made me want to re-read Ovid and rattle my bathroom floor, nor give me the conviction that I can do both. I loved it." --Rosie Schaap, author of Drinking with Men A warm and inspiring book for anyone who has ever dreamed of changing tracks, Hammer Head is the story of a young woman who quit her desk job to become a carpenter. Writing with infectious curiosity, Nina MacLaughlin--a Classics major who couldn't tell a Phillips from a flathead screwdriver--describes the joys and frustrations of making things by hand. Filled with the wisdom of writers from Ovid to Mary Oliver and MacLaughlin's own memorable accounts of working with wood, unfamiliar tools, and her unforgettable mentor, Hammer Head is a passionate book full of sweat, bashed thumbs, and a deep sense of finding real meaning in work and life.*

*In this epic spiritual poem, Sri Aurobindo reveals his vision of mankind's destiny within the universal evolution. He sets forth the optimistic view that life on earth has a purpose, and he places our travail within the context of this purpose: to participate in the evolution of consciousness that represents the secret thread behind life on Earth.*

*Inhaling Spirit*

*The Means of Reproduction*

*Sophie's World*

*The Audacious Life of Indra Devi, the Woman who Helped Bring Yoga to the West*

*Blonde*

*Warbreaker*

*The Wisdom of Yoga*

*Journalist Susan Faludi's inquiry into the meaning of identity in the modern world and in her own haunted family saga, involving her 76-year-old father--long estranged and living in Hungary--who underwent sex reassignment surgery.*

*A thoughtful biography of one of the most polarizing pioneers of alternative spirituality, the occult-mystic Helena Petrovna Blavatsky. Pioneer. Visionary. Provocateur. Madame Helena Petrovna Blavatsky-mystic, occult writer, child of Russian aristocrats, spiritual seeker who traveled five continents, and founder (with Henry Steel Olcott) of the Theosophical Society--is still being hailed as an icon and scorned as a fraud more than 120 years after her death. But despite perennial interest in her life, writings, and philosophy, no single biography has examined the controversy and legacy of this influential thinker who helped define modern alternative spirituality--until now. Gary Lachman, the acclaimed spiritual biographer behind volumes such as Rudolf Steiner and Jung the Mystic, brings us an in-depth look at Blavatsky, objectively exploring her unique and singular contributions toward introducing Eastern and esoteric spiritual ideas to the West during the nineteenth century, as well as the controversies that continue to color the discussions of her life and work.*

*"Biography of Indra Devi, a European woman who, over the course of her century-long life, helped introduce yoga to the U.S."--*

*As the visual representation of an essentially oral text, Sylvia Huot points out, the medieval illuminated manuscript has a theatrical, performative quality. She perceives the tension between implied oral performance and real visual artifact as a fundamental aspect of thirteenth- and fourteenth-century poetics. In this generously illustrated volume, Huot examines manuscript texts both from the performance-oriented lyric tradition of chanson courtoise, or courtly love lyric, and from the self-consciously literary tradition of Old French narrative poetry. She demonstrates that the evolution of the lyrical romance and dit, narrative poems which incorporate thematic and rhetorical elements of the lyric, was responsible for a progressive redefinition of lyric poetry as a written medium and the emergence of an explicitly written literary tradition uniting lyric and narrative poetics. Huot first investigates the nature of the vernacular book in the thirteenth and fourteenth centuries, analyzing organization, page layout, rubrication, and illumination in a series of manuscripts. She then describes the relationship between poetics and manuscript format in specific texts, including works by widely read medieval authors such as Guillaume de Lorris, Jean de Meun, and Guillaume de Machaut, as well as by lesser-known writers including Nicole de Meung and Matriguet de Couvin. Huot focuses on the writers' characteristic modifications of lyric poetics; their use of writing and performance as theme; their treatment of the poet as singer or writer; and of the lady as implied reader or listener; and the ways in which these features of the text were elaborated by scribes and illuminators. Her readings reveal how medieval poets and book-makers conceived their common project, and how they distinguished their respective roles.*

*In the Darkroom*

*The Mother of Modern Spirituality*

*Goldfinger*

*Sex, Power, and the Future of the World*

*Command Of the Air*

*A Comparative Scholarly Edition*

*Yoga For Americans*

***The National Book Award finalist and national bestseller exploring the life and legend of Marilyn Monroe Soon to be a Netflix Film starring Ana de Armas, Adrien Brody, Bobby Cannavale and Julianne Nicholson In one of her most ambitious works, Joyce Carol Oates boldly reimagines the inner, poetic, and spiritual life of Norma Jeane Baker—the child, the woman, the fated celebrity, and idolized blonde the world came to know as Marilyn Monroe. In a voice startlingly intimate and rich, Norma Jeane tells her own story of an emblematic American artist—intensely conflicted and driven—who lost her way. A powerful portrait of Hollywood's myth and an extraordinary woman's heartbreaking reality, Blonde is a sweeping epic that pays tribute to the elusive magic and devastation behind the creation of the great 20th-century American star.***

**OVER HALF A MILLION COPIES SOLD! This is the classic guide to astrological history, legend, and practice! Readers will enjoy simple, computer-accurate planetary tables that allow anyone born between 1900 and 2100 to pinpoint quickly their sun and moon signs, discover their ascendants, and map out the exact positions of the planets at the time of their birth. In addition to revealing the planets' influence on romance, health, and career, *The Only Astrology Book You'll Ever Need* takes a closer look at the inner life of each sign. Celebrated astrologer Joanna Martine Woolfolk offers abundant insights on the personal relationships and emotional needs that motivate an individual, on how others perceive astrological types, and on dealing with the negative aspects of signs. Readers will also welcome the inclusion of new discoveries in astronomy. Lavishly illustrated and with an updated design, this new edition is an indispensable sourcebook for unlocking the mysteries of the cosmos through the twenty-first century and beyond.**

***Raised like a princess in one of the most powerful families in the American South, Henrietta Bingham was offered the helm of a publishing empire. Instead, she ripped through the Jazz Age like an F. Scott Fitzgerald character: intoxicating and intoxicated, selfish and shameless, seductive and brilliant, endearing and often terribly troubled. In New York, Louisville, and London, she drove both men and women wild with desire, and her youth blazed with sex. But her love affairs with women made her the subject of derision and caused a doctor to try to cure her queerness. After the speed and pleasure of her early days, the toxicity of judgment from others coupled with her own anxieties resulted in years of addiction and breakdowns. And perhaps most painfully, she became a source of embarrassment for her family—she was labeled “a three-dollar bill.” But forebears can become fairy-tale figures, especially when they defy tradition and are spoken of only in whispers. For the biographer and historian Emily Bingham, the secret of who her great-aunt was, and just why her story was concealed for so long, led to *Irrepressible: The Jazz Age Life of Henrietta Bingham*. Henrietta rode the cultural cusp as a muse to the Bloomsbury Group, the daughter of the ambassador to the United Kingdom during the rise of Nazism, the seductress of royalty and athletic champions, and a pre-Stonewall figure who never buckled to convention. Henrietta’s audacious physicality made her unforgettable in her own time, and her ecstatic and harrowing life serves as an astonishing reminder of the stories lying buried in our own families.***

***One of America's leading anthropologists offers solutions to the perplexing question of why people behave the way they do. Why do Hindus worship cows? Why do Jews and Moslems refuse to eat pork? Why did so many people in post-medieval Europe believe in witches? Marvin Harris answers these and other perplexing questions about human behavior, showing that no matter how bizarre a people's behavior may seem, it always stems from identifiable and intelligible sources.***

***Not Quite Nirvana***

***Prayanama, Kundalini Aur Hathayoga***

***Idols***

***Victor Lustig***

***Irrepressible***

***W.B. Yeats and the Muses***

***Cows, Pigs, Wars, and Witches***

"This is the story of a year I spent in New York, studying with Yoga Master Alan Finger." When Katrina Repka moved to New York, she was eager to shed her past and begin a new life, but she soon discovered that her old problems had followed her to the big city, and that instead of finding herself, she was more lost than ever. It was when she was almost ready to give up on everything that she read a magazine article on Master Yogi Alan Finger and knew that she had to meet him. It was a meeting that would change her life. Over the next twelve months, with Alan's help, Katrina tackled and overcame many of the obstacles holding her back. Dealing with issues that every woman will relate to—criticism, emptiness, balance, family, and creativity (among others)—the twelve chapters in *Breathing Space* follow Katrina's ups and downs in New York. At the end of each chapter there is a simple but effective breathing exercise that will help readers eliminate harmful behavior patterns and speed their own process of personal transformation. *Breathing Space* is an inspiring and instructive book that offers every woman the chance to follow the author's path and become the person she truly wants and deserves to be.

When the woman who would become Indra Devi was born in Russia in 1899, yoga was virtually unknown outside of India. By the time of her death, in 2002, it was being practiced everywhere, from Brooklyn to Berlin to Ulaanbaatar. In *The Goddess Pose*, New York Times best-selling author Michelle Goldberg traces the life of the incredible woman who brought yoga to the West and in so doing paints a sweeping picture of the twentieth century. Born into the minor aristocracy (as Eugenia Peterson), Devi grew up in the midst of one of the most turbulent times in human history. Forced to flee the Russian

Revolution as a teenager, she joined a famous Berlin cabaret troupe, dove into the vibrant prewar spiritualist movement, and, at a time when it was nearly unthinkable for a young European woman to travel alone, followed the charismatic Theosophical leader Jiddu Krishnamurti to India. Once on the subcontinent, she performed in Indian silent cinema and hobnobbed with the leaders of the independence movement. But her greatest coup was convincing a recalcitrant master yogi to train her in the secrets of his art. Devi would go on to share what she learned with people around the world, teaching in Shanghai during World War II, then in Hollywood, where her students included Gloria Swanson and Greta Garbo. She ran a yoga school in Mexico during the height of the counterculture, served as spiritual adviser to the colonel who tried to overthrow Panamanian strongman Manuel Noriega, and, in her eighties, moved to Buenos Aires at the invitation of a besotted rock star. Everywhere she went, Indra Devi evangelized for yoga, ushering in a global craze that continues unabated. *Written with vivid clarity, The Goddess Pose* brings her remarkable story as an actress, yogi, and globetrotting adventuress to life.

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

An Austro-Hungarian with a dark streak, Victor Lustig was a man of athletic good looks, with a taste for larceny and foreign intrigue. He spoke six languages and went under nearly as many aliases in the course of a continent-hopping life that also saw him act as a double (or possibly triple) agent. Along the way, he found time to dupe an impressive variety of banks and hotels on both sides of the Atlantic; to escape from no fewer than three supposedly impregnable prisons; and to swindle Al Capone out of thousands of dollars, while living to tell the tale. Undoubtedly the greatest of his hoaxes was the sale, to a wealthy but gullible Parisian scrap-metal dealer, of the Eiffel Tower in 1925. In a narrative that thrills like a crime caper, best-selling biographer Christopher Sandford tells the whole story of the greatest conman of the twentieth century.