

The Horses In My Life

Written and illustrated by Timmons, the award-winning artist from NBCUs "Caroline in the City, Hold Your Horses" is full of irresistible pleasure and unexpected horse sense. Full color.

The Horses in My Life

As she fearfully begins learning to ride and manage the horses she never wanted her family to own, Sophie Groves also begins to acquire friends on the Maine island she calls home.

From the Back Cover: Can Two Words Whispered by a Horse Lead to Personal Transformation? With limited horse riding experience and no formal equestrian training, native New York attorney, Nancy Lee Gerson, travelled to Colorado on a whim to attend a women's retreat with horses. She spent five days riding and communing with a special horse named Cherokee, who became the ambassador for Nancy's life-changing, serendipitous journey, guided by interspecies connections and inspiring synchronicities. This story will rekindle the reader's innate awareness of the meaningful serendipities presented by life. Learn how one woman deepened her capacity to connect to the wisdom of her heart and to the ancient wisdom of Equus. ARE YOU READY TO TAKE THE JOURNEY? The remarkable true story of an attorney who left behind everything to heed the call of a horse. Nancy Lee Gerson had a

lively law practice, a husband, grown children, various dogs and cats, an irregular meditation practice and a quirky folk-rock band in New York City. One night, she wrote a song about an imaginary horse and then found her inexperienced riding self at a women's horse retreat a few weeks later. After falling hooves over heels in love with Cherokee, the horse she rode, her life was forever changed, as four months later, she left everything behind and moved into a farmhouse on the outskirts of Longmont, Colorado. A memoir about discovering the joy of honoring the sacred serendipities, synchronicities and full circle experiences that happen when we heed the calling of our hearts. Endorsed by several authors, including Joe Camp, author of *The Soul of a Horse: Life Lessons from the Herd*, writer and director of five Benji films. A born horse lover the only thing I wanted as a child was to be a horse. I have been very fortunate to have had the opportunity to spend my life with horses. With their intelligence, wisdom, humor, and loyalty they have influenced my life in so many ways. From the strength of my gentle giant Draft horses, the sheer willpower of Marvin the orphan colt, the humor of Rats, the total trust of the blind mare, Sweetheart, to the undying patience of Ringo the pony, these are their stories. Each, in their own special way, has a lesson to offer and an inspirational moral to their story.

Life Lessons from the Herd

My Life at Sweetbrier

From Cuba to Rye

From My Hands to Yours

The Quest for Life at Its Best

My Life As A Horse

Crossing the Line

Describes the relationship between Joe Camp and his horse Cash as he learns how to care and relate to the animal and to horses as a species.

Riding Home: The Power of Horses to Heal, Horse Nation's must read book of 2016, is the first and only book to scientifically and experientially explain why horses have the extraordinary ability to emotionally transform the lives of thousands of men, women and children, whether they are horse lovers, or suffering from deep psychological wounds. It is a book for anyone who wants to experience the joy, wonder, self-awareness and peace of mind that comes from creating a horse/human relationship, and it puts forth and clarifies the principles of today's Natural Horsemanship (or what was once referred to as "Horse Whispering") Everyone knows someone who needs help: a husband, a wife, a partner, a child, a friend, a troubled teenager, a war veteran with PTSD, someone

with autism, an addiction, anyone in emotional pain or who has lost their way. Riding Home provides riveting examples of how Equine Therapy has become one of today's most effective cutting-edge methods of healing. Horses help us discover hidden parts of ourselves, whether we're seven or seventy. They model relationships that demonstrate acceptance, kindness, honesty, tolerance, patience, justice, compassion, and forgiveness. Horses cause all of us to become better people, better parents, better partners, and better friends. A horse can be our greatest teacher, for horses have no egos, they never lie, they're never wrong and they manifest unparalleled compassion. It is this amazing power of horses to heal and teach us about ourselves that is accessible to anyone and found in the pages of Tim Hayes's Riding Home. The information and lists of therapeutic and non-therapeutic equine programs, which are contained in the book, are also available at the book's website. With twenty-one dramatic true stories of courageous, loyal, and loving horses who found their life's purpose, this book reveals the wonders possible when both humans and horses are encouraged and allowed to follow their best instincts. The heroic equines you

will meet include: Molly, a pony who survived Hurricane Katrina and the loss of a leg, who spreads her message of hope to disabled children. Her story went viral with coverage on the Internet, in the New York Times, and on the CBS Evening News. Sankofa, an Arabian stallion, who made it possible for social studies teacher Miles J. Dean to complete a cross-country journey in tribute to African American ancestors. Millions of adults and schoolchildren followed their odyssey as Miles and Sankofa made history come alive. Diana, a wild horse of the rare Gila herd, who proved to be a proud and resourceful lead mare who protected her herd and taught the great lesson of forgiveness. Butch, a retired gelding, who showed such an unswerving belief in a profoundly mentally retarded girl that he restored a mother's hopes for her child's future.

An upcoming book to be published by Penguin Random House.

This beautiful journal is perfect for school, office and travel. Use it as a diary, notebook or training journal. Perfect gift for equestrians, kids, veterinarians, cowgirls, moms and grandparents. It can also be used as a gratitude journal or fitness tracker. 120 lined pages 6x9 inches. Buy yours today.

Connecting with Horses

A Fearless Team of Brothers and the Sport That Changed Their Lives Forever

Broken Horses

The Book: Stepping Forward to Effective Riding

The Horses in My Life

The Truth about Horses, Friends, & My Life as a Coward

Brain Training for Riders

2016 Foreword INDIES Gold Award Winner 2016 Gold Nautilus Book Award Winner 2017 Silver Independent Publisher Book Award Winner 2017 Silver IBPA Benjamin Franklin Award Winner Award-winning author and celebrated neurosurgeon Allan J. Hamilton combines his understanding of the human brain with nearly 30 years' experience training horses to offer wisdom on such universal themes as leadership, motivation, ambition, and humility. The results are showcased in more than 100 thoughtful essays that treat working with horses as a metaphor for personal, professional, and spiritual growth. Whether you're searching for greater spiritual depth or simply want to better understand your four-legged partner, this wise and important collection has something for you.

The tales in this memoir capture the unusual adventures and memorable characters that the author, as a young vet, encountered on his journey to becoming an experienced equine practitioner. Sharing stories of the heart, unique insights into the veterinary occupation, horse care, animal behavior, and human eccentricity, this book describes the coming-of-age experiences that contributed to his chosen direction in later life. Amusing and poignant experiences give warmth and humor to a memoir that will delight animal lovers.

ONE OF USA TODAY'S "20 SUMMER BOOKS YOU WON'T WANT TO MISS" In the bestselling tradition of works by such authors as Susan Orlean and Mary Roach, a New York Times reporter and Pulitzer Prize finalist explores why so many people—including herself—are obsessed with horses. It may surprise you to learn that there are over seven million horses in America—even more than when they were the only means of transportation—and nearly two million horse owners. Acclaimed journalist and avid equestrian Sarah Maslin Nir is one of them; she began riding horses when she was just two years old and hasn't stopped since. *Horse Crazy* is a fascinating, funny, and moving letter to these graceful animals and the people who—like her—are obsessed with them. It is also a coming-of-age story of Nir growing up an outsider within the world's most elite inner circles, and finding her true north in horses. Nir takes readers into the lesser-known corners of the riding world and profiles some of its most captivating figures. We meet Monty Roberts, the California trainer whose prowess earned him the nickname "the man who listens to horses," and his pet deer; George and Ann Blair, who at their riding academy on a tiny island in Manhattan's Harlem River seek to resurrect the erased legacy of the African American cowboy; Francesca Kelly, whose love for an Indian nobleman shaped her life's mission: to protect an endangered Indian breed of horse and bring them to America. Woven into these compelling character studies, Nir shares her own moving personal narrative. She details her father's harrowing tale of surviving the Holocaust, and describes an enchanted but deeply lonely upbringing in Manhattan where horses became her family. She found them even in the middle of the city, in a stable disguised in an old townhouse and in Central Park, when she chased down truants as an auxiliary mounted police officer. And she speaks candidly of how horses have helped her overcome heartbreak and loss. Infused with heart and wit, and with each chapter named after a horse Nir has loved, *Horse Crazy* is an unforgettable blend of beautifully written memoir and first-rate

reporting.

Margrit Coates is internationally acclaimed for her work as an animal healer and communicator, and is the author of *Healing with Horses* and *Horses Talking*. Now, for the first time, she explains how horses can offer healing and guidance to us, the people in our lives. *Connecting with Horses* explores the key lessons that we learn from these magnificent animals. When we really understand how to interact with horses and how to interpret their roles in our lives, we will learn how to improve our relationships with others and much more. This extraordinary book draws upon powerful true stories and practical experience to explore themes and offer profound insights ranging from creativity through to potential for success. As you will discover, even your own horse or pony is an incredible animal that has much to teach you...

A wondrous story of adventure and friendship featuring a group of women who ride Icelandic horses. "Blame it or praise it, there is no denying the wild horse in us." - Virginia Woolf

Each June, Tory Bilski meets up with fellow women travelers in Reykjavik where they head to northern Iceland, near the Greenland Sea. They escape their ordinary lives to live an extraordinary one at a horse farm perched at the edge of the world. If only for a short while. When they first came to Thingeyar, these women were strangers to each other. The only thing they had in common was their passion for Icelandic horses. However, over the years, their relationships with each other deepens, growing older together and keeping each other young. Combining the self-discovery of *Eat, Pray, Love*, the sense of place of *Under the Tuscan Sun*, and the danger of *Wild, Wild Horses* of the *Summer Sun* revels in Tory's quest for the "wild" inside her. These women leave behind the usual troubles at home: illnesses, aging parents, troubled teenagers, financial worries and embrace their desire for adventure. Buoyed by their friendships with each other and their growing attachments and bonds with otherworldly horses they ride, the warmth of Thingeyrar's midnight sun carries these women through the rest of the year's trials and

travails. Filled with adventure and fresh humor, as well as an incredible portrait of Iceland and its remarkable equines, *Wild Horses of the Summer Sun* will enthrall and delight not just horse lovers, but those of us who yearn for a little more wild in every life.

Horse Life

Horses Talking

Lead with Your Heart . . . Lessons from a Life with Horses

The Ultimate Guide to Caring for and Riding Horses for Kids

The Man Who Listens to Horses

A Collection of Memories

The Life Lessons We Can Learn from Horses

Richard Dunwoody was the most successful steeplechase jockey of his time. During his fantastic career, he rode over 10,000 times, often partnering the top National Hunt horses such as *Desert Orchid* and *Miinnehoma*. His staggering collection of 1,699 wins in Britain has earned him professional respect and a string of accolades including an MBE. In this fascinating book, Dunwoody remembers the great horses he has ridden and the high points of his remarkable career. In 1986 he rode to victory in the Grand National on *West Tip* and repeated this triumph in 1994 on *Miinnehoma*. It was with *One Man* that he won two consecutive King George VI chases. Although his career was full of memorable partnerships and victories, it is for riding *Desert Orchid* that Dunwoody is best remembered. 'Dessie' was a hugely popular horse - apart from *Red Rum*, he was the only racehorse with a fan club - and the pair rode their way to a remarkable seven victories. Yet despite his big race victories, his determination and ambition remained constant, driving him on to even greater achievements. In a book full of stories, anecdotes and opinions, Richard tells not only of the glory surrounding his career but also of the hard work involved in achieving that glory: the struggle to ensure that both horse and rider were at their peak on race day; the pitfalls and the setbacks endured; and the quirks and characteristics of some of the finest horses in this tough sport.

#1 NEW YORK TIMES BESTSELLER · WALL STREET

JOURNAL BESTSELLER · USA TODAY BESTSELLER “ The Boy, the Mole, the Fox and the Horse is not only a thought-provoking, discussion-worthy story, the book itself is an object of art. ” - Elizabeth Egan, The New York Times From British illustrator, artist, and author Charlie Mackesy comes a journey for all ages that explores life ' s universal lessons, featuring 100 color and black-and-white drawings.

“ What do you want to be when you grow up? ” asked the mole.

“ Kind, ” said the boy. Charlie Mackesy offers inspiration and hope in uncertain times in this beautiful book, following the tale of a curious boy, a greedy mole, a wary fox and a wise horse who find themselves together in sometimes difficult terrain, sharing their greatest fears and biggest discoveries about vulnerability, kindness, hope, friendship and love. The shared adventures and important conversations between the four friends are full of life lessons that have connected with readers of all ages.

An autobiographical book about my life in horses and horse racing. Contains an A-Z on Equine Terminology. A chapter containing some interesting information about horses. Would be suitable for people wanting to start a career in horse or racehorses or people who have horses.

This is an Art Study. Over 100 different art images of horses in all different art mediums. My Life with Horse is my daily journal working with horses and the images I take away from that work. I have always been fascinated by art and horses. Beautiful original horse images.

Horses touch my life every day.

Fiona Johnson was born a city girl. But she was always drawn to horses. Aged 10 she saved all of her pocket money to buy a saddle at a garage sale. Eventually, after months of nagging her parents, she persuaded them to buy her a horse to go with the saddle. And so began a life-long love affair with horses and Rodeo. Fiona eventually moved from city to country when she met the love of her life Matt. Sadly tragedy struck shortly after they were married. Fiona was diagnosed with Leukaemia, a rare form of cancer. She wasn't given very long to live. But Fiona is a fighter. She was determined to beat her illness. And determined to

fulfill her dream of participating in Rodeo events. Shortly after her release from seven months in hospital, Fiona decided now was the time to finally learn how to rope. She desperately wanted to be part of the Rodeo world. After many failed practice sessions, she eventually got the hang of it and went on to win the rookie title for ladies breakaway roping in 2005. Now ten years later, in remission and with two children, she can look back at the most difficult time in her life and revel in her triumph over near tragedy. Fiona is a true survivor and a champion roper. This is her story.

The inspiring true story of how one woman's faith and determination helped her overcome life's greatest odds

Finding Wholeness and Harmony at the End of a Lead Rope

Run with the Horses

My Serendipitous Journey Through Equus

The True Story of a Woman, Her Horse, and Their Last-Chance Journey Across America

Horses Are Not My Whole Life But They Make My Life Whole

My Life with Horses and Other Characters

Inspiring true stories of how horses teach humans and heal their hearts. Horses are sensitive creatures with hearts ten times larger than humans and much more to share with us than meets the eye. Life Lessons from the Heart of Horses offers poignant short stories about the trials and tribulations of befriending horses. Equine expert Kathy Pike brings you on a healing journey that includes lessons a wild horse taught her, how horses teach humans in her equine facilitated learning programs, and personal insights about living off the land and engaging with the dynamics of a herd each day. Every story in this inspirational book highlights lessons about trust, surrender, timing, and building

relationships. Some stories are light and playful, others are insightful, and some are even a bit heart-wrenching, bringing you on the journey as if you are in direct relationship with each horse. Questions offered after each chapter invite you to apply this book's lessons to your own life or relationships. *Life Lessons from the Heart of Horses* will deepen any horse lover's understanding of the invisible and emotional bond between horse and human.

Collection of Fred Rasmussen personal and work experiences with horses. His life has been devoted to horses and equestrian skills. "In 1954, Annie Wilkins, a sixty-three-year-old farmer from Maine, embarked on an impossible journey. She had no relatives left, she'd lost her family farm to back taxes, and her doctor had just given her two years to live--but only if she 'lived restfully.' ... Instead, she decided she wanted to see the Pacific Ocean just once before she died. She bought a cast-off brown gelding named Tarzan, donned men's dungarees, loaded up her horse, and headed out from Maine in mid-November, hoping to beat the snow. She had no map, no GPS, no phone. But she had her ex-racehorse, her faithful mutt, and her own unflinching belief that Americans would treat a stranger with kindness"-- How do we learn to risk, to trust, to pursue wholeness and excellence—to run with the horses and live life at its best? In a series of profound reflections on the life of

Jeremiah the prophet, Eugene Peterson explores the heart of what it means to be fully and genuinely human. This special commemorative edition includes a new preface from Peterson's son and a six-session Bible study guide.

"A moving testimony to the powerful bond we have with our horses."—Theresa Peluso, co-author of *Chicken Soup for the Horse Lover's Soul*

True Stories of Physical, Emotional, and Spiritual Healing

Hold Your Horses

Horses with a Mission

Stallside

A True Story of a Lost Soul and a Life Found
My

Saddle up for a ride through the world of horses! What animal is the most fasci-neigh-ting? A horse, of course! Horse Life: The Ultimate Guide to Caring for and Riding Horses for Kids teaches kids 8 to 12 all the basics of equine care--from anatomy to housing to bathing to feeding. You'll find plenty of knowledge to harness, whether you're just starting out or already have a horse of your own! Brush up on grooming techniques and learn about all the necessary gear, from halters to horseshoes. The illustrations in this essential book of horses for kids will teach you horse hair care, show you the differences between gaits, and much more. You'll even find out all about equestrian activities and events featuring

horses for kids. In Horse Life: The Ultimate Guide to Caring for and Riding Horses for Kids, you'll find: Safety first--This standout book on horses for kids demonstrates the best practices to keep you--and your horse--safe during handling, riding, grooming, bathing, and more. Breeds and steeds--Pick out the qualities you'll want most in a horse, and find your dream breed in this colorful guide about horses for kids. How to speak horse--Communicate the equine way with an illustrated guide to horse body language and a helpful glossary of horse terms. Next time you hit the trail, trot out your new skills from Horse Life: The Ultimate Guide to Caring for and Riding Horses for Kids!

Horse Sense for the Leader Within is a must read for everyone! With innovative vision and grounded experience, Ariana Strozzi bridges two seemingly different worlds, creating a powerful new platform for human development, growth and learning. She eloquently reveals how horses mirror our inner world and provide dramatic, transformative shifts in the way we perceive ourselves. Strozzi takes the reader on a journey into the natural world where a wealth of knowledge already exists about what it means to be a leader of one's life. She defines a path to leadership that begins with understanding ourselves from a biological perspective. Leadership as followership comes to life as she encourages the reader to step outside of the human's narrow view of leadership. "Are you leading your life or is it leading you?" becomes the topic of exploration. By becoming aware of

our animal nature and our innate drive for survival, we develop the capacity to respond with choice versus react to the pressures of life. The journey continues with insights into the powerful elements of intuitive and emotional intelligence and the significance of nonverbal communication. Ariana demonstrates how horses reflect our patterns of behavior, thought, perceptions and performance in a thousand pounds of visual imagery. They show us the gap between how we actually present ourselves to others distinct from how we think we are being. They ask, "Who is leading?" and expect us to know what we care about and believe in ourselves. In so doing, they help us understand that leadership begins with the self we are. Horses teach us how to find self-acceptance in a world of judgment. As we learn to think more like a horse, we develop our intuitive imagination and can create new possibilities for our lives. Rather than focusing on what is wrong with us, we shift our attention towards what we are naturally good at. On this path of becoming, we focus on staying connected to what has meaning and purpose. Following the success of 'Healing for Horses', in this book, Margrit Coates explains how readers can learn to interact with equines on a deep level. She gives practical advice on how to tune into your horse and understand what he or she is trying to communicate to you about wellbeing. You will discover how to sense what your horse is feeling and when it is healthy or suffering. You will also learn how to exchange

healing messages, soul to soul, with your horse in order to improve their health and yours, and to strengthen the bond between you. Included are many fascinating case histories of horses and those who care for them, showing how they have mutually benefited by learning to open channels of communication. Intended for every horse owner, rider and handler - and the many thousands of people around the world who work with horses including vets, complementary therapists, grooms, stable hands, trainers, instructors and breeders. This book is for anyone who loves horses.

A real-life "horse whisperer" discusses his unconventional and gentle equine training methods, his unique ability to communicate with horses, and the applications of his communication skills in the corporate world. Reprint. 25,000 first printing.

A New York Times Bestseller and New York Times Book Review Editors' Choice A Best Book of 2015, The Wall Street Journal "Love is the driver for Wendy Williams's new book, The Horse . . . [an] affectionate, thoroughgoing, good-hearted book." —Jaimy Gordon, The New York Times Book Review "Charming and deeply interesting . . . Ms. Williams does a marvelous job." —Pat Shipman, The Wall Street Journal The book horse-lovers have been waiting for Horses have a story to tell, one of resilience, sociability, and intelligence, and of partnership with human beings. In The Horse, the journalist and equestrienne Wendy Williams brings that story brilliantly to life. Williams chronicles the

56-million-year journey of horses as she visits with experts around the world, exploring what our biological affinities and differences can tell us about the bond between horses and humans, and what our longtime companion might think and feel. Indeed, recent scientific breakthroughs regarding the social and cognitive capacities of the horse and its ability to adapt to changing ecosystems indicate that this animal is a major evolutionary triumph. Williams charts the course that leads to our modern Equus—from the protohorse to the Dutch Warmbloods, Thoroughbreds, and cow ponies of the twenty-first century. She observes magnificent ancient cave art in France and Spain that signals a deep respect and admiration for horses well before they were domesticated; visits the mountains of Wyoming with experts in equine behavior to understand the dynamics of free-roaming mustangs; witnesses the fluid gracefulness of the famous Lipizzans of Vienna; contemplates what life is like for the sure-footed, mustachioed Garrano horses who thrive on the rugged terrain of Galicia; meets a family devoted to rehabilitating abandoned mustangs on their New Hampshire farm; celebrates the Takhi horses of Mongolia; and more. She blends profound scientific insights with remarkable stories to create a unique biography of the horse as a sentient being with a fascinating past and a finely nuanced mind. The Horse is a revealing account of the animal who has been at our side through the ages, befriending us and traveling with us

over the mountains and across the plains. Enriched by Williams's own experience with horses, *The Horse* is a masterful work of narrative nonfiction that pays tribute to this treasure of the natural world.

Rescued by a Horse

The Epic History of Our Noble Companion

A Life Changed by Horses

The Outside of a Horse

The War that Saved My Life

Extraordinary True Stories of Equine Service

The Soul of a Horse

Monty Roberts is known as 'the man who listens to horses' because of his amazing ability to understand and communicate with his equine partners. He has written this book to celebrate the horses throughout his life that have had a special significance: from his first mount, Ginger, through the champion show horses and sprinters, to those he is working with tirelessly today. *THE HORSES IN MY LIFE* gives a unique insight into his non-aggressive methods and how his relationship with each horse developed. It is an inspirational collection of vignettes that reveals his love and respect for these noble animals. We are invited not only to get to know the individual horses but to share the immense joy that Monty found with them.

**** Newbery Honor Book * #1 New York Times Bestseller * Winner of the Schneider Family Book***

**Award * Wall Street Journal Best Children's Books of the Year * New York Public Library's 100 Books for Reading and Sharing An exceptionally moving story of triumph against all odds set during World War II, from the acclaimed author of *Fighting Words*, and for fans of *Fish in a Tree* and *Number the Stars*. Ten-year-old Ada has never left her one-room apartment. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother Jamie is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him. So begins a new adventure for Ada, and for Susan Smith, the woman who is forced to take the two kids in. As Ada teaches herself to ride a pony, learns to read, and watches for German spies, she begins to trust Susan—and Susan begins to love Ada and Jamie. But in the end, will their bond be enough to hold them together through wartime? Or will Ada and her brother fall back into the cruel hands of their mother? This masterful work of historical fiction is equal parts adventure and a moving tale of family and identity—a classic in the making. "Achingly lovely...Nuanced and emotionally acute."—*The Wall Street Journal*
"Unforgettable...unflinching."—*Common Sense Media* [?] "Brisk and honest...Cause for celebration." —*Kirkus*, starred review [?]**

"Poignant."—Publishers Weekly, starred review
☐ "Powerful."—The Horn Book, starred review
"Affecting."—Booklist "Emotionally
satisfying...[A] page-turner."—BCCB "Exquisitely
written...Heart-lifting." —SLJ "Astounding...This
book is remarkable."—Karen Cushman, author
The Midwife's Apprentice "Beautifully
told."—Patricia MacLachlan, author of Sarah,
Plain and Tall "I read this novel in two big
gulps."—Gary D. Schmidt, author of Okay for
Now "I love Ada's bold heart...Her story's
riveting."—Sheila Turnage, author of Three
Times Lucky

Vivien Goodman Malloy's life as a "long shot"
began years before her life as a horsewoman and
horse breeder-in fact, her long-shot die was cast
before she was born. It begins in 1909, in Spain,
with the surprise birth of her mother, an
unexpected and premature twin of a baby
brother who doesn't live. Maria Consuelo
Candida Francisca Catarina de Siena Robato y
Mañach- "Nena"-does. She grows up in Cuba,
falls in love, and marries Rafaele "Lello"
Matacena, learning she is pregnant while he is
back in Naples tending to his disapproving
Italian family. Lello never returns. Nena gives
birth to Vivien and three years later marries
Andrew Goodman, heir to the Bergdorf Goodman
department store. Little Vivien Matacena

becomes Vivien Goodman, trading her abuelita's home in Havana for a penthouse above the family store in Manhattan. A Cinderella story of sorts, but life is more complicated, and this is just the start of twists and turns, triumphs and tragedies that make up Vivien Goodman Malloy's My Life as a Long Shot: From Cuba to Rye. An intensely moving memoir of a young man who left heartbreak in Maine to seek healing Out West in the company of horses. Growing up in a small Maine town, Chris Lombard had never ridden a horse—never even touched one. But on one fateful night, as what he'd thought was a happy twenty-something life full of love and possibility fell suddenly apart, he met two horses and looked into their eyes. What he saw inspired him to leave everything he had, and everything he didn't have, behind, and go in search of what was missing. With the little he needed packed in his ten-year-old Pontiac Grand Prix, and little more to go on than a belief that someone would give him a chance, Chris headed west to find work on a horse ranch. His journey took him first to the mountains of Colorado, then the Hollywood Hills of California, and finally, the wild borderlands of Southern Arizona. The settings changed but the same lessons came in quiet moments, movingly captured in these pages: watching horses, reaching out to them, swinging

upon their backs. Chris learned new meanings for words—presence, connection, softness, and balance—the elements of good horsemanship feeding a deep hunger he didn't know he had. But learning to ride a horse, learning to communicate with him, to teach him things, these required qualities Chris was only beginning to cultivate. Human nature plans; it pushes and it rushes. And it would take a terrible accident to awaken a whole new awareness for time and space, and Chris's place within it, beside a horse. In the austere beauty of the Sonora Desert, Chris met a cowboy whose intense love for life on the back of a horse held a deep sadness at bay, but only for so long. Their brief time together, working land and livestock, would bring Chris to the realization that the richly fulfilling new life he'd found held all the answers he sought, but only if he could ultimately leave it behind. Evocatively written, interweaving the author's growing understanding of horses and how we connect with them with his deeply personal experiences, Land of the Horses brings to life a young man's transformation alongside the horses, people, and dramatic landscapes of the American West. Healing heartbreak, falling and getting back on, searching for something true—this is a story that is in all of us. And it shows we are all capable of

creating the life we truly want to live.

Do you wish your horseback riding lessons could come with a user manual? Do you feel that you could serve your horses better as a rider if you only know how and what to do? Would you like to be the rider that all horses dream of?

"Horse Listening: The Book" focuses specifically on riding as a means of improving the horse.

Based on the popular blog, HorseListening.com, the exercises and ideas are purposely

handpicked to help you develop your path to becoming an effective rider, not only for your own benefit, but also for your horse's long-term well being. Special "In the Ring" sections give specific suggestions to try while riding. By

following these simple, useful exercises, you will be able to develop a better understanding about:

- the rider's aids - the use of the seat - the half-halt - accurate turns and circles - transitions - hind end engagement - rein lameness

Nuggets of Truth for People Who Love Horses... No Matter What

A Memoir of Iceland

How Horses Teach Us About Relationships and Healing

Horse Notebook Journal for Women and Girls to Write In Teen Writing and Drawing Book Diary 6x9 120 Pages Lined Interior

Lessons from a Lifetime of Training

Championship Horses

Life Lessons from the Heart of Horses

Wild Horses of the Summer Sun

"A marvelous addition to the literature of inspirational sports stories." - Booklist (Starred Review) "This remarkable and inspiring story shines." - Publishers Weekly (Starred Review) "Crossing the Line will not just leave you with hope, but also ideas on how to make that hope transferable" - New York Times bestselling author Wes Moore

An inspiring memoir of defying the odds from Kareem Rosser, captain of the first all-black squad to win the National Interscholastic Polo championship. Born and raised in West Philadelphia, Kareem thought he and his siblings would always be stuck in "The Bottom", a community and neighborhood devastated by poverty and violence. Riding their bicycles through Philly's Fairmount Park, Kareem's brothers discover a barn full of horses. Noticing the brothers' fascination with her misfit animals, Lezlie Hiner, founder of The Work to Ride stables, offers them their escape: an after school job in exchange for riding lessons. What starts as an accidental discovery turns into a love for horseback riding that leads the Rossers to discovering their passion for polo. Pursuing the sport with determination and discipline, Kareem

earns his place among the typically exclusive players in college, becoming part of the first all-Black national interscholastic polo championship team—all while struggling to keep his family together. Crossing the Line: A Fearless Team of Brothers and the Sport That Changed Their Lives Forever is the story of bonds of brotherhood, family loyalty, the transformative connection between man and horse, and forging a better future that comes from overcoming impossible odds. Hannah Gale starts volunteering at a horse stable because she needs a place to escape. Her father has returned from the Iraq war as an amputee with posttraumatic stress disorder, and his nightmares rock the household. At the stable, Hannah comes to love Jack, Super Dee, and Indy; helps bring a rescued mare back from the brink; and witnesses the birth of the filly who steals her heart. Hannah learns more than she ever imagined about horse training, abuse, and rescues, as well as her own capacity for hope. Physical therapy with horses could be the answer to her father's prayers, if only she can get him to try. This book is a story of what I have learned and important points that are not always stressed when you learn about horses and learn how to ride. It also goes on to share

the ability of the horse to empower us and how they have over the course of my life always provided a constant source of strength and support. There has never, and I can truly say never a day so far that I have gone to see my horse or go on a ride and I felt worse than before I went to go ride. I'm not going to include trips to the hospitals with that thought, but that is probably the only exception. I feel very fortunate and blessed that I am able to have horses in my life and such a passion for riding horses within me that it remains a constant in my daily life.

Here at last is the book horse lovers have long awaited - a thorough collection of the training techniques and philosophies of Monty Roberts.

Did you know there is an area of your brain known as the "Lizard Brain" that thinks only about the immediate moment and your means of survival? Yes, in certain circumstances, your "Rational Brain" can effectively "shut down" and you are at the mercy of a reptile ... dry-mouthed, sweating, queasy, unable to think clearly—even though you know better.

When does the Lizard Brain run the show? It can happen in any number of unfamiliar, uncomfortable, challenging, or "stressful" riding situations. But here's the thing: with

the right kind of training, you can learn to manage the reptile within, which leads to greater confidence with horses, better riding performance, and ultimately, happiness at the barn, at shows, and everywhere in between. Andrea Monsarrat Waldo teaches you how to: handle uncomfortable emotions, such as fear, anger, anxiety, and embarrassment; hone your mental game and focus your riding time to get the most out of your hours in the saddle; care for your emotional injuries the same way you would care for an injured horse; and produce a state of “Focused Calm” and tap into the skills you have (whether you know it or not!) to ensure an outstanding ride.

My Life with Horses

My Wild Ride

Horse Crazy

Living The Dream

Unlock Your Riding Potential with StressLess Techniques for Conquering Fear, Improving Performance, and Finding Focused Calm

How to share healing messages with the horses in your life

The Boy, the Mole, the Fox and the Horse

What if you grew up on a horse farm and your single passion was to become a champion horseback rider? The problem is, you were born with a disability. Doctors tell your parents you'll never walk, let

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alone ride. What will happen next? What does her dad do that changes her life? Will a failed racehorse and a handicapped girl become a winning team? This is the author's true story of her journey. Even if Deanie prevails, will she find exactly the right horse to help her win?

My Life As a Long Shot

The Power of Horses to Heal

Horse Listening

The Horse

The Ride of Her Life

Living And Healing Through Horses

The Horses of My Life - Richard Dunwoody