

The Irish Ballerina

Every dancer needs a notebook, to record all sorts of information - dance lessons, extra practice dates, costumes, memos, and any shows or competition venues etc. Here is the ideal book for all those skilful Irish dancers, involved in competitions and shows. Keep all of your information safe in your IRISH DANCER'S NOTEBOOK, and never miss another date! This robust little book is the ideal notebook for Irish Dancers, with an attractive glossy 'Irish Green' cover, and 120 lined pages, with plenty space for lots of Irish Dancer information!

8 appealing costumes for freckle-faced little miss come in such hues as silver lace, yellow, blue, and red with gold trim -- sure to delight devotees of Irish dancing and paper doll fans.

A fascinating self-portrait of the fairy-tale life of a woman who understood that a committed talent could transform the world around her. "Maria Tallchief and American ballet came of age in the same moment.... Her story will always be the story of ballet conquering America. It was and is an American romance."-Arlene Croce, The New Yorker

When Belinda's magnificently large ballet shoes get lost en route to Paris, she must find another pair before her performance in the Paris Opera.

America's Prima Ballerina

Parade of Champions

Oireachtas

Angelina Ballerina

The Irish Jig

A Novel

A beautiful, insightful introduction to Irish Dancing

Monica Loughman's story is the enchanting tale of a 14-year-old girl leaving the comforts of home to train in a strict and austere Russian ballet school. She brought her dreams of becoming a professional ballerina with her. While many young ballerinas' aspirations are unfulfilled, Loughman became a dancing sensation and was the first Western European to join Russia's distinguished Perm State Theatre of Opera and Ballet. Not just for ballet lovers, this gripping tale also details the endurance and stamina needed to survive in post Soviet-Union Russia. Monica vividly evokes the closed and foreign world of ballet with natural assurance. Her book also reveals the brutality and suffering that often lies behind ballet's fairytale facade. Ballerina is the story of a young girl's single-minded determination to succeed against the odds. It is a truly engrossing story.

Do you know the origin of Irish Dance? It quite possibly could have started with a feud between fairies and humans a long time ago in an Irish village named R?ince

Before Black Swan, there was Ballerina: Edward Stewart's acclaimed novel that follows two young women into the cutthroat world of professional dance Stephanie Lang and Christine Avery meet in ballet school. Although they share the same dream—to become great dancers—they could not be more different. Ballet is in Stephanie's blood; her mother, Anna, is a former dancer who lives to see her daughter achieve the fame she herself never attained. Christine has lived a sheltered life, secure in the love of her family. But her privileged upbringing conceals a devastating secret. Two teenage dancers, one chance to make it. From the thrill and terror of auditions through years of meticulous training to landing a coveted spot in a professional company, Stephanie and Christine relentlessly pursue their ambitions. As they give their all to dance, they become inseparable—until they are torn apart by their passion for the same man, a brilliant Russian dancer whose seductive, mercurial temperament will have unforeseen consequences for them all.

A History of Irish Ballet from 1927 to 1963

Ballet Mad

Swan Lake

Inspiration for the Irish Dancer

Irish Dancer Paper Doll

A Story of Irish Dance

A collection of scholarly articles and essays by dancers and scholars of ethnochoreology, dance studies, drama studies, cultural studies, literature, and architecture, *Dance and Modernism in Irish and German Literature and Culture: Connections in Motion* explores Irish-German connections through dance in choreographic processes and on stage, in literary texts, dance documentation, film, and architecture from the 1920s to today. The contributors discuss modernism, with a specific focus on modern dance, and its impact on different art forms and discourses in Irish and German culture. Within this framework, dance is regarded both as a motif and a specific form of spatial movement, which allows for the transgression of medial and disciplinary boundaries as well as gender, social, or cultural differences. Part 1 of the collection focuses on Irish-German cultural connections made through dance, while part 2 studies the role of dance in Irish and German literature, visual art, and architecture.

Celebrating ten Biff-tastic years of this hilarious story about a small dog with a big personality and even bigger dreams! Meet

Biff, an adorable little puppy who will stop at nothing to become a ballet dancer. My dog is not like other dogs. He doesn't do dog stuff like weeing on lampposts or scratching his fleas, or drinking out of the toilet. No, my dog likes moonlight and music and walking on his tiptoes. You see, my dog doesn't think he's a dog. My dog thinks he's a ballerina! A fabulous feel-good book about a small dog with a big personality and even bigger dreams. This super-shiny 10th anniversary edition of this much-loved modern classic includes two brand-new pages showing what Biff has been up to since we saw him last! Also by Anna Kemp and Sara Ogilvie: *The Worst Princess* *Sir Lilypad* *Rhinos Don't Eat Pancakes* *Dave the Lonely Monster*

Based on a true tale, two master dancers compete for the chance to teach the people of Ballyconneely, Ireland, how to dance. Ten-year-old Kaylee O'Shay's father wants her to be a soccer star, just like he was. However, Kaylee joins an Irish dance group and throws the family into disarray. When she finds herself torn between two things she loves, Kaylee realizes that making decisions about activities, friends, and school can be difficult. And no matter what she decides, she will hurt someone she loves.

Green Storm

with audio recording

Belinda in Paris

Caitlin the Irish Dancer Sticker Paper Doll

Lord of the Dance

A Ballet Fan Remembers

Irish dancing has emerged as a leading genre among the pantheon of world dance forms. Few traditional art forms have resonated so deeply with the international community, resulting in the establishment of thousands of Irish dancing schools across the globe. Irish dancing is a unique fusion of the athletic and the aesthetic, stylistically distinctive and constantly evolving. At the elite level, it is a hugely competitive activity, placing enormous physical and psychological demands on the dancer, teacher, parent and healthcare professional. The exponential increase in these demands and the relentless calendar of prestigious Irish dancing competitions internationally has resulted in significant levels of injury and underperformance in these dancer athletes. Unlike other more established dance forms such as ballet and contemporary dance, there is a lack of clear information and guidance related to the specific nature and demands of Irish dancing. This book will provide this information and guidance by drawing on best evidence and research-based findings and expertise from leading authorities in the world of dance science and anthropology, sport science, medicine, dietetics and psychology. The book is edited and co-authored by Dr. Róisín Cahalan, who is the world's leading researcher of injury in Irish dancers. Dr. Cahalan is also a chartered physiotherapist with over a decade of experience treating Irish dancers of all levels, the former lead female dancer from "Riverdance: The Show" and an Irish dancing teacher and adjudicator with An Coimisi n Le Rinc  Gaelacha. The book will provide historical context for the growth and development of Irish dancing, insights into the etiology and epidemiology of Irish dance injury, and provide information and advice on appropriate preparation and environmental considerations for healthy Irish dancers. Chapters to enhance physical and psychological resilience and preparedness for the very specific demands of Irish dancing are presented. These include bespoke strength, conditioning and flexibility programs, goal-setting, managing competition anxiety, mental imagery and mindfulness, and sleep optimization. Appropriate training load prescription, tapering and the balance between rest and rehearsal will be explored, as will the most suitable diet to support the Irish dancer. Injury prevention, risk minimization and management are additionally discussed in the book. There is consideration given to the specific needs of certain dancer groups, such as the elite adolescent Irish dancer, the professional touring dancer, and the older dancer. The pivotal role of the parent in impacting the health and performance of the younger dancer is also explored. This book will be an invaluable resource to all those persons involved in the management of Irish dancers including teachers, parents, choreographers, dance company managers, strength and conditioning personnel, clinical professionals and dancers themselves. It will provide scientifically robust, but practical and applicable advice and information to ensure longevity, peak-performance and holistic wellbeing in Irish dancers.

** Feisbooks provide a convenient place to easily keep track of feis placements, apparel, purchases, travel notes and more. There are enough pages for 50 feiseanna, plus record of apparel pages and notes. Their handy 6 x 9 inch size fits in purses and dance bags. * Feisbooks are available in two versions: Grades Level (Beginner/Novice/Prizewinner) & Champion Level (Preliminary/Open). The title page of each book features the quote, "And the merry love the fiddle, and the merry love to dance.", by Irish poet William Butler Yeats. * Whether it is your dancers first feis or a seasoned champion, FeisBooks make the perfect accessory and gift for the Irish dancer in your life. * FeisBooks have been sold worldwide since 2001.*

This is the biography of Joan Denise Moriarty, the Irish ballerina who founded the first professional ballet company in the country. She choreographed over a hundred original works, drawing on themes from Irish mythology and legend, fusing traditional dance forms with ballet.

Tessa Wilde had a glittering career in front of her... And then the accident happened. Ballerina Tessa Wilde had gotten used to hiding her deafness from the world—in fact, she had just landed a role of a lifetime.   If only Julian Shine, brooding piano accompanist, would leave her alone.   Or if she could leave him alone.

When he played, she could hear...every note. So was it real? Or was it the music of her heart?

The Ballerina's Secret

Kaylee's Choice

Rince

The Story of Irish Dance

Little Ballerina Dancing Book BB

Angelina's New School

This absorbing book is ballet's 'biography' -- a revealing examination of a closed world, its competition and camaraderie, sexual politics, intimacies, pressures and, not least of all, its magic. Ballet companies have endeavoured to hide what is going on backstage lest the reality of highly strung nerves, constant fatigue and pain from injuries tarnish the illusion of ethereal figures and seemingly weightless steps in polished performances. But the audience's perceptions of fairy-tale worlds onstage are far removed from the experiences of the dancers themselves. The author, who trained to be a dancer, has been given an entrée to this private world that few outsiders ever see. Books on ballet tend to focus on performance. In contrast, this book, which draws on extensive fieldwork with major companies such as London's Royal Ballet, the American Ballet Theatre in New York, the Royal Swedish Ballet and the Ballett Frankfurt, is about dancers - how their careers are made and unmade and what happens in dance companies offstage. Anyone interested in the culture of ballet or the theatre, as well as students of anthropology, dance, performance and cultural studies, will want to read what really goes on when the curtain comes down. Novelist Colum McCann's *Dancer* is the erotically charged story of the Russian dancer Rudolf Nureyev as told through the cast of those who knew him. There is Anna Vasileva, Rudi's first ballet teacher, who rescues her protégé from the stunted life of his provincial town; Yulia, whose sexual and artistic ambitions are thwarted by her Soviet-sanctioned marriage; and Victor, the Venezuelan street hustler, who reveals the lurid underside of the gay celebrity set. Spanning four decades and many worlds, from the horrors of the Second World War to the wild abandon of New York in the eighties, *Dancer* is peopled by a large cast of characters, obscure and famous: doormen and shoemakers, nurses and translators, Margot Fonteyn, Eric Bruhn and John Lennon. And at the heart of the spectacle stands the artist himself, willful, lustful, and driven by a never-to-be-met need for perfection.

This is Monica Loughman's story about a 14-year-old girl leaving her family in Dublin to train in a strict Russian ballet school. Loughman became Ireland's success story and was the first Western European to join the distinguished Perm State Theatre of Opera and Ballet.

It's all ballet, all the time for Olivia—but can she find some balance? This deluxe picture book features embossed pages and a textured cover. When Olivia learns that her role model, Prima Ballerina Penelope Twinkletoes, “eats, drinks, and sleeps ballet,” Olivia vows to do the same. She practices the five ballet positions while setting the dinner table and even does arabesques while taking Baby William for a walk in the stroller. In fact, Olivia is so busy thinking about ballet that she misses a homework assignment and a playdate. What's an aspiring ballerina to do? Find a solution that is perfectly en pointe! This beautiful picture book makes a wonderful companion to OLIVIA Acts Out, OLIVIA Claus, OLIVIA Says Good Night, and OLIVIA Dances for Joy. OLIVIA™ Ian Falconer Ink Unlimited, Inc. and © 2013 Ian Falconer and Classic Media, LLC

Career and Culture in the World of Dancers

Complete Irish Dancer: Optimization of Health and Performance in Irish Dancers

Founder of the Irish National Ballet

Someday Dancer

Irish Dancer

What sets the champions apart? We wanted to find out and share it with you, to inspire you. For every Irish dancer who makes it to the world championships, there are hundreds of beginners practising their first reel, gently lacing their shoes and dreaming of one day being on that big stage. And for every dancer who makes it to that revered world stage, precious few ever know the thrill of stepping onto the podium. We have gathered the blood, sweat, and tears of all of the top champions, the dancers who have stood atop the podium, danced in the Parade of Champions, worn the sash, and raised the trophy. We asked them for their secrets, their inspirations, what drives them, and packaged it into a book for every Irish dancer, young or old, beginner or world qualifier, to share some of the inspiration that our champions live by. Their advice will teach you to think like a champion, and help you to reach your goals. Authors Louise Lenihan TCRG and Elise Wright danced together for over 20 years, competing at an elite level with An Coimisiún le Rincí Gaelacha, and performing around the world.

The author of *The Side of Brightness* presents a fictional account of the life of Rudolf Nureyev, following his first ballet lessons under Anna Vasileva, his relationship with the ambitious Yulia, and his experiences with Venezuela hustler Victor. Reader's Guide available. Reprint.

For lovers of all things Irish: one freckle-faced Irish miss and 21 articles of traditional clothing. Five additional faces, each with different hairdos, are also included. Stickers can be used and reused again and again for endless dress up fun.

Born in 1925, Maria Tallchief spent part of her childhood on an Osage reservation in Oklahoma. With the support of her family and world-renowned choreographer George Balanchine, she rose to the top of her art form to become America's first prima ballerina. Black-and-white illustrations provide visual sidebars to the history of ballet while taking readers through the life of this amazing dancer.

Irish Dance Feis Record Book

Dance and Modernism in Irish and German Literature and Culture

Dogs Don't Do Ballet

Who Was Maria Tallchief?

Dancer

The Irish Dancer's Notebook

Monica Loughman's story is the enchanting tale of a young girl leaving her family in Ireland to train in a strict Russian school with dreams of becoming the next top ballerina. While many young ballerinas' dreams end in ribbons, Loughman became Ireland's success story and was the first Western European invited to join the distinguished Russian Tchaikovsky Perm State Ballet Company. She speaks about the difference between training in London and Russia and how Russian ballet differs from English ballet.

From early accounts of dance customs in medieval Ireland to the present, Helen Brennan offers an authoritative look at the evolution of Irish dance. Every type of dance from social to traditional to clergy is included. Brennan takes care to explain the different styles and traditions that evolved from different parts of Ireland; which results in some lively discussions as people reminisce over old favorites. She also discusses how dance evolved to become such an important part of Ireland's culture and history. An appendix is offered to help explain the various steps involved in each style of dance including the Munster or Southern style, Single Shuffle, Double Shuffle, Treble Shuffle, the Heel Plant, the Cut, the Rock or Puzzle, the Drum, the Sean Nos Dance Style of Connemara, and the Northern Style.

A history of ballet in Ireland, this work is illustrated with pictures. It is useful for those with an interest in Irish Ballet.

The Irish Ballerina Virago Press

Ballet across Borders

Tallchief

Grace's Irish Dance Feis Survival Guide

Flying Feet

An Irish Ballet

The Irish Ballerina

The star of "Riverdance" describes his rise from the Chicago streets to international fame as an Irish step dancer, detailing his role in "Riverdance," his creation of "Lord of the Dance" and other shows, his turbulent love life, and his dedication to his art.

A ballerina tale with a thoroughly modern twist! Casey Quinn has got more grace in her pinkie toe than all those prissy ballet-school girls put together, even if you'd never guess it from the looks of her too-long legs and dirty high-top sneakers. It's 1959, and freckle-faced Casey lives in the red-dust countryside of South Carolina. She's a farm girl: Her family can't afford ballet lessons. But Casey's dream is to dance in New York City. And if anyone tries to stand in her way, she's going to pirouette and jet é right over them! Casey's got the grit, and Casey's got the grace: Is that enough to make it in Manhattan someday? Or might the Big Apple have something even better in mind? When she meets a visionary choreographer she calls "Miss Martha," Casey's ballerina dream takes a thoroughly, thrillingly modern twist!

Young ballet fans will love this informative book, showing simple steps to dance to music from famous ballets such as Swan Lake, Sleeping Beauty and The Nutcracker. Press the pages to hear the music, arranged and produced by Anthony Marks. Produced with the help of the Central School of Ballet. Illustrations: Full colour throughout

The survey of wild swans is a study of their social family life over years to describe their annual circle of mating, nesting, feeding, caring, and protecting the cygnets. Swans live in monogamy and stay on lakes they choose for life. It was therefore possible to give them names and watch their family fate, which is at great risk for the young baby swans to survive the many attacks of all kinds of predators. The book contains over 160 photo documents of all the important steps of growing up a family with so much intensive care of the parents, which was so far unknown. It is a wonderful performance of love, beauty, and unfortunately drama included.

Irish Dancing Girl

Kathleen O'Byrne, Irish Dancer

Ballerina

Beginner, Novice, Prizewinner

A Home for the Irish Ballet Company

OLIVIA the Ballerina

When Grace steps onto the small black wooden stage, a moment of panic hits her like a bolt of lightning! Grace is a nine-year-old Irish dancer who loves to dance but is super scared to compete at a Feis, which is just a fancy word for an Irish dance competition. When her sister suggests turning her worries into sillies, Grace not only finds a way to help herself, but also every other dancer in the world through the weird advice in her Irish dance survival guide.

In this sequel to Kaylee's Choice, second-year dancer Kaylee O'Shay readies herself for her first dance competition and for one last game with her soccer club. Whether she can do both successfully depends on which is stronger: love or a green storm.

Ballerina Maria Tallchief describes her childhood on an Osage reservation, her love of dance, and her rise to success as a ballerina.

This work presents a detailed study of the five key ballet organisations that operated in Ireland between 1927 and 1963: the Abbey Theatre School of Ballet, the Abbey School of Ballet, the Sara Payne School and Company, the Irish Ballet Club and the National Ballet School and Company.
 By examining a previously neglected dimension of Irish artistic life, this study aims to provide a greater appreciation of the various roles that ballet has played in the development of Irish cultural activity. It records the rich interaction between the different dance artists and movements and their collaborators across the entire spectrum of Irish artistic endeavour, including Cecil French Salkeld, F. R. Higgins, Mainie Jellett, Patrick

Kavanagh, J. F. Larchet, Louis le Brocqy, Elizabeth Maconchy, Donagh MacDonagh, Brinsley MacNamara, Micheal Mac Laimmoir, Norah McGuinness, A. J. Potter, Lennox Robinson, Michael Bowles, Mary Devenport O'Neill, Anne Yeats and W. B. Yeats.
 This book breaks significant new ground for an area in which little published information exists. The author pieces together research on the schools and companies from interviews, ballet programmes, playbills, libretti, scores, memoirs, contemporary press reviews, literary articles and photographs, to form a fascinating narrative of the under-researched world of Irish ballet."

The Fairytale of Irish Dance

Maria Tallchief

Connections in Motion

Joan Denise Moriarty

Angelina is starting a brand-new dance school and wants to focus on her ballet full-time. But she feels out of place when she realizes all her classmates can perform lots of different types of dance, like Irish step dancing, and that she's the only one who wants to do ballet!

Kathleen wants to be an Irish dancer so much that she puts on her own show with help from neighborhood friends.

The Oireachtas (pronounced "o-rock-tus") is an annual regional Irish dance championship competition. Follow an Irish dancer as she competes at the Oireachtas for her chance to qualify for the World Irish Dance Championships.