

The Maria Thun Biodynamic Calendar 2018 2018

Permaculture is a movement that is coming into its own, and the concept of creating plant guilds in permaculture is at the forefront of every farmer's and gardener's practice. One of the essential practices of permaculture is to develop perennial agricultural systems that thrive over several decades without expensive and harmful inputs: perennial plant guilds, food forests, agroforestry, and mixed animal and woody species polycultures. The massive degradation of conventional agriculture and the environmental havoc it creates has never been as all pervasive in terms of scale, so it has become a global necessity to further the understanding of a comprehensive design and planning system such as permaculture that works with nature, not against it. The guild concept often used is one of a “functional relationship” between plants-beneficial groupings of plants that share functions in order to bring health and stability to a plant regime and create an abundant yield for our utilization. In other words, it is the integration of species that creates a balanced, healthy, and thriving ecosystem. But it goes beyond integration. A guild is a metaphor for all walks of life, most importantly a group of people working together to craft works of balance, beauty, and utility. This book is the first, and most comprehensive, guide about plant guilds ever written, and covers in detail both what guilds are and how to design and construct them, complete with extensive color photography and design illustrations. Included is information on: • What we can observe about natural plant guilds in the wild and the importance of observation; • Detailed research on the structure of plant guilds, and a portrait of an oak tree (a guild unto itself); • Animal interactions with plant guilds; • Steps to guild design, construction, and dynamics: from assessment to design to implementation; • Fifteen detailed plant guilds, five each from the three authors based on their unique perspectives; • Guild project management: budgets, implementation, management, and maintenance. Readers of any scale will benefit from this book, from permaculture designers and professional growers, to backyard growers new to the concept of permaculture. Books on permaculture cover this topic, but never in enough depth to be replicable in a serious way. Finally, it's here!

The 2023 Maria Thun Biodynamic Almanac adapted for North American (EST) times. The original, and still the best, biodynamic sowing and planting calendar, now in its 61st year. Shows the optimum days for sowing, pruning and harvesting plants and crops.

For over forty years, Maria Thun has been researching optimum days for sowing, pruning, and harvesting various plant crops. Collected here for the first time are results from this work, showing the influence of the rhythms of sun, moon, and planets on plant growth. This book shows that if farmers and gardeners link their work into these cosmic rhythms, the quality of their produce is markedly increased. Avoiding unsuitable days is shown to help prevent crop damage through disease and pests. Methods of fertilizing and spraying have been developed which further enhance produce, allowing a sustainable and ecologically balanced agriculture. Includes sections on the stars, the soil, composting and manuring, weeds, and pests, as well as growing cereals, vegetables, herbs, fruit and vineyards.

Shows the optimum days for drinking wine, and which days to avoid, from December 2009 to December 2010.

The Wholeness of Nature

When Wine Tastes Best 2010

2021

Results from the Biodynamic Sowing and Planting Calendar

The Complete Guide to Polycultures and Plant Guilds in Permaculture Systems

Gardening for Life

Maria Thun, a preminent expert in biodynamic methods of cultivation, or "premium organic," has collected more than a hundred of her best gardening tips from fifty years' research. The Biodynamic Year contains a wealth of advice for gardeners who wish to care for and manage nature more responsibly and successfully.

For anyone already practicing, or turning to, biodynamic gardening and farming methods, numerous detailed questions arise, such as: How do you make and use the key preparations, such as horn manure and horn silica? How do you develop living, fertile soil? Which treatments are best for controlling weeds, pests and disease? This manual, fully illustrated with explanatory diagrams and photographs, provides the answers. The book covers: all aspects of making and using biodynamic preparations and composts managing the health of plants controlling weeds and pests working with cosmic rhythms combating common diseases such as mildew working with seeds, pastes and root dips care of fruit trees and vines This second edition also has extensive new chapters on large-scale farming, including livestock and cereal cultivation, and vegetable farming. The whole book has also been completely revised and updated. Although the technical aspects of biodynamic growing are exhaustively covered, the author also considers the human qualities necessary for this kind of agriculture to succeed. This is an invaluable guide for all biodynamic growers to have to hand daily.

The 2014 biodynamic calendar, now in its 52nd year, adapted for North American (Eastern Standard Time) dates and times. This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.

When you buy a bottle of wine to enjoy at home, wouldn't you like to know when it's going to be at its best?Based on the unmatched Maria Thun Biodynamic Calendar, this handy little pocket guide tells you which days are optimum wine-drinking days, and which days to avoid if you want to get the most out of your glass. At least two major supermarket chains only do their wine tastings on the best days as indicated by this calendar!Includes a bonus month, December 2017, to cover the Christmas season.

365 Daily Affirmations

North American Maria Thun Biodynamic Almanac

Biodynamic Gardening

A Biodynamic Calendar for Wine Drinkers

A Biodynamic Manual

The Soil and Health

The original biodynamic sowing and planting calendar, now in its 53rd year. This useful guide shows the optimum days for sowing, pruning and harvesting various plants and crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

Presented in colour with clear symbols and explanations, this useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees.

The 2018 Maria Thun biodynamic calendar, now in its 56th year, adapted for North American (Eastern Standard Time) dates and times.This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

The 2016 Maria Thun biodynamic calendar, now in its 54th year, adapted for North American (Eastern Standard Time) dates and times.This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

The Biodynamic Sowing and Planting Calendar

Making Biodynamic Farming & Gardening Work

The Moon Gardener

The Land Gardeners

Nutrition of the Future, A Spiritual-Scientific Study

I Can Do It® 2022 Calendar

The 2015 Maria Thun biodynamic calendar, now in its 53rd year, adapted for North American (Eastern Standard Time) dates and times.This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

The original biodynamic sowing and planting calendar, now in its 54th year. This useful guide shows the optimum days for sowing, pruning and harvesting various plants and crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

Biodynamic techniques recognise that plant life is intimately bound up with the life of the soil; that the soil itself is alive and that the degree of vitality influences the health of the crops. You will soon be able to grow quality produce which possesses vitality and has the highest flavour, through the nurture of the soil.Whether you are an experienced gardener or not, whether or not you have used permaculture or grown organic produce before, this book offers valuable, easily accessible tips

The 2017 Maria Thun biodynamic calendar, now in its 55th year, adapted for North American (Eastern Standard Time) dates and times. This useful guide shows the optimum days for sowing, pruning, and harvesting various plant-crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations. The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

Hugh Johnson's Pocket Wine

The North American Maria Thun Biodynamic Calendar 2014

Postmodern Winemaking

The Birth of the Biodynamic Method

The Classic Guide to Biodynamic and Organic Gardening

Rethinking the Modern Science of an Ancient Craft

"This edition has been edited by Marcia Merryman Means, who also wrote the short introductions before each lecture"--T.p. verso.

Steiner's original contribution to human knowledge was based on his ability to conduct 'spiritual research', the investigation of metaphysical dimensions of existence. With his scientific and philosophical training, he brought a new systematic discipline to the field, allowing for conscious methods and comprehensive results. A natural seer from childhood, he cultivated his spiritual vision to a high degree, enabling him to speak with authority on previously veiled mysteries of life. The evolving human being; Cosmos as the source of life; Plants and the living earth; Farms and the realms of nature; Bringing the chemical elements to life; Soil and the world of spirit; Supporting and regulating life processes; Spirits of the elements; Nutrition and vitality; Responsibility for the future.

A celebration of a simpler, more natural life, this book reflects Harry Astley and Jane Scotter's passion for fresh ingredients and delicious, home-cooked food, grown and foraged from the land all year round.

This is a newly edited revision of Albert Howard's important text on organic farming and gardening, and the central role of humus in maintaining soil health and fertility. No single generation has the right to exhaust the soil from which humanity must draw its sustenance. Modern agricultural practices, with their emphasis on chemicals, poisons, and toxins, lead to the impoverishment and death of the soil. THE SOIL AND HEALTH is a detailed analysis of the vital role of humus and compost in soil health – and the importance of soil health to the health of crops and the humans who eat them. The author is keenly aware of the dead end which awaits humanity if we insist on growing our food using artificial fertilisers and poisons. Albert Howard (1873-1947) was one of the leaders of the British organics movement in the mid-twentieth century. He was the first westerner to document and publish research on traditional techniques of agriculture, including Indian and Chinese farming and management of the soil. "Agriculture is the fundamental industry of the world and must be allowed to occupy the primary position in the economies of all countries." – Albert Howard
CONTENTS
1 – Soil Fertility and Agriculture
1.1 The operations of Nature – The life of the plant – The living soil – The significance of humus – The importance of minerals
1.2 Systems of agriculture – Primitive forms of agriculture – Shifting cultivation – The harnessing of the Nile – Staircase cultivation – The agriculture of China – The agriculture of Greece and Rome – Farming in the Middle Ages
1.3 Soil fertility in Great Britain – The Roman occupation – The Saxon conquest – The open-field system – The depreciation of soil fertility – The low yield of wheat – The Black Death– Enclosure – The Industrial Revolution and soil fertility – The Great Depression of 1879 – The Second World War
1.4 Industrialism and the profit motive – The exploitation of virgin soil – The profit motive – The consequence of soil exploitation – The easy transfer of fertility – The road farming has travelled
1.5 The intrusion of Science – The origin of artificial fertilisers – The advent of the laboratory hermit – The unsoundness of Rothamsted – Artificials during the two world wars – The shortcomings of current agricultural research
2 – Disease in Present-day Farming and Gardening
2.1 Diseases of the soil – Soil erosion – The formation of alkaline land
2.2 The diseases of crops – Sugar Cane – Coffee – Tea – Cacao – Cotton – Rice – Wheat – Vine – Fruit – Tobacco – Leguminous crops – Potato
2.3 Disease and health in livestock – Foot-and-mouth disease – Soil fertility and disease – Concentrates and contagious abortion – Selective feeding by instinct – Herbs and livestock – The maintenance of our breeds of poultry
2.4 Soil fertility and human health
2.5 The nature of disease
3 – The Problem of Manuring
3.1 The origins and scope of the problem – The phosphate problem and its solution – The reform of the manure heap – Sheet-composting and nitrogen fixation – The utilisation of town wastes
3.2 The Indore Process – Some practical points – The New Zealand compost box – Mechanisation – The spread of the Indore Process
3.3 The reception by scientists
4 – Conclusions and Suggestions

Cut Flowers

Fern Verrow

Grasp the Nettle

What Is Biodynamics?

Grow Healthy Plants and Amazing Produce with the Help of the Moon and Nature's Cycles

The North American Maria Thun Biodynamic Calendar

A grammar book in English based on the grammatical principles presented in Niall O D naill's Irish-English dictionary. The rules of Irish grammar are presented here in a clear, easy-to-understand manner

The original biodynamic sowing and planting calendar, now in its 53th year.This useful guide shows the optimum days for sowing, pruning and harvesting various plants and crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

Modern beekeeping, influenced by new technologies and breeding methods, has increased honey production but left bee colonies weak and vulnerable to disease. With the alarming decline of the bee population raising concerns about an impending ecological crisis, many beekeepers are seeking a more sustainable way of caring for bees. Biodynamic Beekeeping is the first book to offer practical instruction on caring for bees using biodynamic theories and methods. By considering the influence of the movement of the stars and the planets on the bees' natural habits, biodynamics encourages beekeepers to be more in tune with their bees indicating, for example, the best days on which to inspect colonies or gather honey. This fascinating book offers beekeepers detailed advice and instruction on how to work more holistically, including: the challenges and advantages of breeding queen bees how to artificially induce swarming to propagee colonies how to use biodynamic ashing techniques to combat varroa mites instructions for making winter-feed according to current biodynamic thinking

Hugh Johnson's Pocket Wine Book is the essential reference book for everyone who buys wine - in shops, restaurants, or on the internet. Now in its 42nd year of publication, it has no rival as the comprehensive, up-to-the-minute annual guide. Hugh Johnson provides clear succinct facts and commentary on the wines, growers and wine regions of the whole world. He reveals which vintages to buy, which to drink and which to cellar, which growers to look for and why. Hugh Johnson's Pocket Wine Book gives clear information on grape varieties, local specialities and how to match food with wines that will bring out the best in both. This new edition also contains a special supplement on Organic, Natural and Biodynamic wines.

Culture and Horticulture

The Road to Burgundy

The Biodynamic Way

The Unlikely Story of an American Making Wine and a New Life in France

Integrated Forest Gardening

The original biodynamic sowing and planting calendar, now in its 52nd year. This useful guide shows the optimum days for sowing, pruning and harvesting various plants and crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in colour with clear symbols and explanations.The calendar includes a pullout wallchart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

‘This plant is the only one which is in a position to store light ether; this will be indispensable for people in future.’ – Rudolf Steiner Koberwitz, Whitsun, 1924: Rudolf Steiner had just completed his momentous lecture course on biodynamic agriculture and was waiting for a car to take him to the station. Suddenly

he was approached by two of his pupils with an urgent question: Would his new indications for treating soil and vegetables be sufficient to provide, ‘...nutrition appropriate to our times and in accordance with the spirit?’ Steiner’s frank response was somewhat surprising: ‘It will not be sufficient even in the most favourable circumstances. What should be done is to cultivate the *Dioscorea batatas* in Europe so that it can take over from the potato as the staple diet.’ In the many decades since that conversation, various attempts have been made to cultivate *Dioscorea batatas* – the ‘light root’ – in Europe, initially by Steiner’s close colleague Guenther Wachsmuth. More recently, biodynamic farmer Ralf Roessner began to research the plant and its background, but soon discovered problems with the specimens available in Europe. Unsatisfied with the standard of the plants, in 2002 he travelled to the original growing areas of *Dioscorea batatas* in China, where he was able to form a comprehensive picture of the best planting methods and conditions. ‘The nodules which I found and brought back with me’, he writes, ‘showed similar light ether characteristics to the original plants of Wachsmuth’s’. Having successfully cultivated and marketed this light root, Roessner presents some carefully assembled introductory materials based on his experiences and those of a colleague. This small book, illustrated with colour images, is intended for people who wish to discover more about the plant’s being and spiritual mission as a ‘helper of progress’. Roessner explains how the light root stores ‘light ether’ in a unique manner, making it not only a valuable food, but also a ‘carrier of the spirit’. This light root could even ‘...decisively influence the development of humanity and the earth’. Aside from studying esoteric aspects, he gives answers to frequently-asked practical questions about the plant and its cultivation.

In Postmodern Winemaking, Smith shares knowledge he has accumulated in engaging, humorous, and erudite essays that convey a new vision of the winemaker’s craft—one that credits the crucial roles played by both science and art in the winemaking process. Smith, a leading innovator in red wine production techniques, explains how traditional enological education has led many winemakers astray—enabling them to create competent, consistent wines while putting exceptional wines of structure and mystery beyond their grasp. Great wines, he claims, demand a personal and creative engagement with many elements of the process. His lively exploration of the facets of postmodern winemaking, together with profiles of some of its practitioners, is both entertaining and enlightening.

The original, and still the best, biodynamic sowing and planting calendar, now in its 61st year. Shows the optimum days for sowing, pruning and harvesting various plants and crops.

Irish Grammar Book

A Sustainable Way to Keep Happy, Healthy Bees

Farming With the Hidden Half of Nature

North American Edition

Agriculture Course

The Light Root

In this visual diary of life in the garden, The Land Gardeners share their beliefs on the importance of soil health, introduce you to their favourite blooms and inspire you to create your own cutting garden with expert knowledge on how to grow and what to gather by season. This is the story of The Land Gardeners, creators of productive gardens and stunning bundles of cut flowers. Based in the original walled garden at Wardington Manor, The Land Gardeners have revived the tradition of working with the land to produce abundant, seasonal flowers for clients’ use in decoration, design and events. But for all the frivolous, bucolic beauty of the flowers, it is the productivity and health of the soil that truly underpins The Land Gardeners’ philosophy. The book explores lively soil, the joy (and, arguably, necessity) of gathering from our gardens, and the imperative that we care for our soils and live among healthy, vital gardens. Chapters include: The Land Gardeners – how Bridget Elworthy (New Zealand) and Henrietta Courtauld (England) created The Land Gardeners in 2012, their background in growing and designing, their philosophy. A Floral History – how it all began in the walled garden at Wardington Manor, Oxfordshire, England. Creation of a Cutting Garden – the fundamental importance of soil health. The life in the soil: how we improve it, how we feed it, how we make compost. The importance of organic and biodynamic growing. The Flower Room – gathering, preparing, arranging and selling. A Year of Flowers – growing throughout the year: spring (narcissi, tulips, hesperis); summer (roses, peonies, delphiniums, scabious, ammi); autumn (cosmos, dahlias, gladiolus); winter (bulbs, aconites, snowdrops, berries, hips). Your Cut-Flower Garden – creating cut-flower borders; planting and growing; feeding the soil; growing under cover; tools; staking and supports. Growing Cut Flowers – The Land Gardeners’ favourite flowers: roses, peonies, dahlias, bulbs, annuals, perennials, foliage, shrubs and trees. Resources – books; websites for information on cutting gardens; suppliers of plants; seed companies; tools and equipment.

A simple step-by-step guide to biodynamics This is the easy guide to getting luscious fruit and vegetables and gorgeous flowers by harnessing the rhythms of nature and using all-natural methods. For gardeners looking for a self-sufficient, ethical approach that produces great results, biodynamics is the ultimate form of organic gardening. DK's trademark visual approach and practical advice shows the home gardener how to get the best from their garden using biodynamic methods. Biodynamic Gardening is the perfect introduction to this ultra-green method, explaining how it works by improving soil health and performing key tasks at optimal times. Focused chapters show you what to do in the garden each season, including preparing and feeding the soil, caring for plants, keeping a balanced garden ecosystem, and harvesting at the best times for the best flavor. It also includes step-by-step features explain how to make the special soil preparations biodynamic gardening is so famous for.

This book is about the invisible or subtle nature of food and farming, and also about the nature of existence. Everything that we know (and do not know) about the physical world has a subtle counterpart which has been scarcely considered in modernist farming practice and research. If you think this book isn’t for you, if it appears more important to attend to the pressing physical challenges the world is facing before having the luxury of turning to such subtleties, then think again. For it could be precisely this worldview – the one prioritises the physical-material dimension of reality – that helped get us into this situation in the first place. Perhaps we need a different worldview to get us out? This book makes a foundational contribution to the discipline of Subtle Agroecologies, a nexus of indigenous epistemologies, multidisciplinary advances in wave-based and ethereal studies, and the science of sustainable agriculture. Not a farming system in itself, Subtle Agroecologies superimposes a non-material dimension upon existing, materially-based agroecological farming systems. Bringing together 43 authors from 12 countries and five continents, from the natural and social sciences as well as the arts and humanities, this multi-contributed book introduces the discipline, explaining its relevance and potential contribution to the field of Agroecology. Research into Subtle Agroecologies may be described as the systematic study of the nature of the invisible world as it relates to the practice of agriculture, and to do this through adapting and innovating with research methods, in particular with those of a more embodied nature, with the overall purpose of bringing and maintaining balance and harmony. Such research is an open-minded inquiry, its grounding being the lived experiences of humans working on, and with, the land over several thousand years to the present. By reclaiming and reinterpreting the perennial relationship between humans and nature, the implications would revolutionise agriculture, heralding a new wave of more sustainable farming techniques, changing our whole relationship with nature to one of real collaboration rather than control, and ultimately transforming ourselves.

The 2022 Maria Thun Biodynamic Calendar, adapted for North American (Eastern Standard Time) dates and times.The original biodynamic sowing and planting calendar celebrates its 60th year with a new, clearer, easy-to-view layout featuring more detailed planting, tending and harvesting information to help you maximize the yield and flavor of your crops and plants. Trusted by generations of farmers and gardeners, this revitalized design celebrates the beginning of a new era of the ultimate biodynamic calendar.The new layout features: A clearer, easy-to-view layout making it simpler to plan what to do and when More space dedicated to detailed explanations of the recommended activities to help you get the best from what you grow New information panels make it easier to use Clearer headings and sections for faster look-ups More detailed planting, tending and harvesting information to maximize the yield and flavor of crops and plants Redesigned to work for both seasoned farmers and beginner gardeners Solar and lunar events, plus information on planetary aspects, are given dedicated space This useful guide shows the optimum days for sowing, pruning and harvesting various plants and crops, as well as working with bees. It includes Thun's unique insights, which go above and beyond the standard information presented in some other lunar calendars. The calendar is presented in color with clear symbols and explanations and includes a pullout wallchart which can be used as a handy quick reference.A new, revitalized design of the trusted sowing and planting calendar will become a reliable companion for both seasoned growers and beginners, to help you get the best from what you grow.

Practical Instructions for Farmers and Gardeners

A Biodynamic Guide to Getting the Best from Your Garden

2015

Subtle Agroecologies

The Maria Thun Biodynamic Almanac 2023

2022

North American Maria Thun Biodynamic Almanac2022

Building on the intensive research of his mentor Maria Thun and the teachings of Rudolf Steiner, Berg explains how the subtle influences from the cosmos work on the plant world, describing the differences among and the significance of root, leaf, blossom, and fruit days in the working calendar. Understanding these natural processes and the practical knowledge described in this book can lead to productive, chemical-free gardening, healthy plants, and abundant harvests.

Various studies have shown time and again that small organic farms and home gardens are capable of producing more food per acre with less fossil energy than large-scale commercial agricultural installations dependent on machines and toxic chemical fertilizers and pesticides. This classic book by Wolf D. Stori, a respected elder in the practice of permaculture, details how food is grown holistically and beautifully by traditional communities around the world, and shows how to apply their ancient wisdom to our own gardens. With interest in natural, sustainable, organic and local food at an all-time high, people are looking beyond their farmers markets and CSA cooperatives to hyperlocal ways of growing healthy, delicious produce in urban gardens and their own backyards. Culture and Horticulture details time-tested methods that are as effective today as they were hundreds of years ago. On the practical front, the book works as a manual for creating and maintaining a bountiful harvest. It explains how to build the soil to maintain fertility; how to produce compost; how to plant, sow, and tend the various fruit and vegetable plants; how to rotate crops and practice companion planting; how to set up a favorable microclimate; how to deal with so-called weeds and pests; how to harvest at the right time; and finally how to store vegetables and herbs. Special emphasis is given to the art and science of composting, the compost being the "heart" of any self-sufficient garden and a model for the cycle of life, death, and rebirth. At the same time the reader is introduced to the wider aspects of horticulture, to its historical, philosophical, and cosmological contexts and social relevance. Gardening is a cultural activity, shaped by peoples' thoughts, wishes, and needs as well as by their cultural traditions. The author, an anthropologist by profession who has investigated the gardening practices of indigenous people throughout the world and worked for many years on biodynamic farms and in his own food garden, will introduce the reader to Rudolf Steiner's vision of the garden as an organic unit, embedded in the context of terrestrial and cosmic forces.

Stori explains the importance of cosmic rhythms (solar, lunar, and planetary), the role of biodynamic herbal preparations as "medicines" for the garden organism, and the so-called "etheric" and "astral" forces. The book presents a vision of the garden as seen through the eyes of "Goethean science," a magical place where alchemical transformations of material substances take place.

The expert guide to biodynamic farming and gardening. In this revised and updated edition of Grasp the Nettle Peter Proctor tells the reader how to apply biodynamic methods of farming and gardening to a wide range of conditions in New Zealand and in other countries. The book provides practical observations and techniques, and relates these to the spiritual scientific knowlege upon which that biodynamic practice is based. Peter gives tips on how to recognise healthy soil and pasture, and on how to make your own biodynamic preparations. He also gives examples of farms that are successfully using biodynamic methods. This book aims to assist biodynamic farmers and gardeners to observe the processes of life and growth, and to understand how these processes are governed by cosmic forces, so they can use this knowlege in applying their practical skills. Peter Proctor, past national field advisor for the NZ Bio Dynamic Farming and Gardening Association, now teaches and advises farmers on biodynamic methods around the world.

Biodynamic Beekeeping

The Biodynamic Year

The Maria Thun Biodynamic Calendar

The Maria Thun Biodynamic Calendar 2014

Agriculture

When Wine Tastes Best: a Biodynamic Calendar for Wine Drinkers

The original and best biodynamic almanac, with over 100,000 lifetime sales in English, with dates and times shown in Eastern Standard.

An intoxicating memoir of an American who discovers a passion for French wine and gambles everything to chase a dream of owning a vineyard in Burgundy Ray Walker had a secure career in finance until a wine-tasting vacation ignited a passion he couldn't stifle. He quit his job and moved to France to start a winery—with little money, limited command of the French language, and no winemaking experience. He immersed himself in the extraordinary history of Burgundy's vineyards and began honing his skills. Ray shares his journey to secure the region's most coveted grapes. The Road to Burgundy is a glorious celebration of finding one's true path in life and taking a chance—whatever the odds.

2017