

The "People Power" Health Superbook: Book 23. Green Health Guide (People Get Sick & Die from Chemicals & Pollution)

This book is a simple listing of websites, phone numbers, addresses and organizations for most entities within the medical realm throughout Australia and New Zealand. It's sparse but it could grow to be a better book if enough people buy it to make me think it's worthwhile to expand it.

Illness is caused by an imbalance in the body. Are you naturally inspired about your life? Do you consciously take care of your health and well-being? When you wake up in the morning, what are your first thoughts? How do you spend your days? If money, freedom and health were no object, how would you spend your days? Do you ever feel powerful and vital? What is a feeling of power and vitality like? What is a generic, mundane life like? Is that you? Are you a big consumer of pop culture entertainment and useless material goods like home décor? One thing is certain, your life is lived alone in your head therefore it's up to you. You create your own attitudes therefore your own biochemistry as I discuss elsewhere. Joy breeds the release of more neurotransmitters in your head that give you greater joy while depression depresses your biochemistry even more. The bottom line to a full, powerful life is to what extent are you naturally inspired?

The Natural Law of the Universe is be who you were born to be, take what you need and leave the rest. I got sick from the sulphites in lemon juice then I started getting headaches from something. I think it was aspartame in pop. I got Dr. Hulda Clark's book Cure for all Cancers and when I read it, I thought she was obsessed with being pure away from all the chemicals in industrial products but she did what nobody else has done. She catalogs almost every product in existence and tells you what's wrong with it. The modern capitalist industries will not tell you if their products contain materials that are toxic to your health. You have to learn these things for yourself then decide how dangerous all that stuff is and if it's a risk to your longevity and quality of life. For practical books about green living, try #640 or HF5413 at the library. Environmental books are at #304, #333.72-99 or S930 at the library. There may be a few at #363.700 or GE60.

Cancer is a group of more than 200 diseases each of which, though different, attack some of the body's cells. Healthy cells that make up the body's tissues grow, divide and replace themselves in an orderly way to keep the body in good repair but toxic cancerous cells destroy the body. Cancer refers to all malignant tumours caused by the abnormal growth of a body cell or a group of cells. In men, cancer is usually found in the intestines, the prostate and the lungs. In women, it occurs mostly in the breast tissues, uterus, gallbladder and thyroid. The American Cancer Society has prescribed seven signs or danger signals in general which may indicate the presence of cancer. These are: a sore that does not heal; change in bowel or bladder habits; unusual bleeding or discharge; thickening or lump in breast or elsewhere; indigestion or difficulty in swallowing; obvious change in a wart or a mole a persistent and nagging cough or hoarseness. Other symptoms may include:

There are lots of medical laws with many subspecialties all the way from drug manufacturing to medical professional conduct sometimes called attitude. If a doctor treats you with a bad attitude, he or she is breaking a rule of conduct. Doctors are free from prosecution when committing medical errors in many cases as long as they disclose it because it's a procedure necessary give doctors a feeling of freedom in practicing their craft and it's a way for them to learn. They are free to discuss their errors in private meetings without fear of charges. This book is a basic guide to medical law. Chapter 1. Medical Law Info Medical Law in the United States The Federal Food, Drug and Cosmetic Act (FDCA) and other laws regulate the manufacture, sale and advertising of medical products. In enacting these laws, Congress has operated on the premise that the Federal Government has a legitimate interest in protecting the health of its citizens, while at the same time respecting their freedoms.

The "People Power" Health Superbook: Book 16. Natural - Christian Medicine (Homeo - Naturo - Pathy, Home Remedies, Vitamins - Herbs - Minerals - Salts, Water Therapy, Peace of Mind)

The "People Power" Education Superbook: Book 20. Practical College Guide (Living On Your Own, Probably for the First Time)

The "People Power" Health Superbook: Book 5. Medical Law Basics (Medical Misconduct - Complaints - Malpractice - Negligence - Errors, Medical Records)

The "People Power" Health Superbook: Book 22. World Medical Guide (Vaccinations, Medical Services, Medical Tourism, Disabled People Access Worldwide, World Medical Knowledge)

The "People Power" Health Superbook: Book 14. Pain Control Guide

Educate yourself about any condition you might have and the treatments from both the Western and holistic points of view. Use both to heal yourself. Like the golden mean, excess in anything is not good for you. Use generic as opposed to brand name drugs to save money. They're drugs whose patent has run out so now anybody can produce them. The original company keeps the right to its brand name so when the doctor writes out your prescription, ask him to write out the generic name of the drug, if applicable as opposed to the brand name which many do, probably because of habit or they get some form of favor from that company. Not all drugs are manufactured in a generic version. The major points of medical drug use are: Know the drug you're using. If it doesn't work, ask for another drug that does the same function. There are many different drugs that treat the same diseases. Follow the dosage instructions. Throw old drugs away.

The supply of organs for people that need them through organ donation is not enough to satisfy the demand. Some people go to foreign countries like Poland, Thailand or India to buy an organ. Some organs can only be donated from a deceased person. Others come from living people like kidneys and bone marrow. Some day, all organs will be synthetic but not yet. This is a simple guide about organ donation-transplantation. Organ transplant is the process of replacing diseased organs with healthy ones. After that, the patient must take anti-reaction drugs for life. You can donate a few organs and still keep the body intact for a funeral or you can donate the body completely. You receive no pay although some places now are buying people's bodies in advance for when they die.

The heart is the engine of the body. It's always pumping blood. When it stops, you die. Many heart diseases are the result of years of wear and tear but some are congenital, a structural or functional abnormalities there at birth. As far as birth defects go, congenital heart defects are the most common kind, occurring in at least 1% of all live births. The general knowledge thus far is that heart defects are not passed on by genetic inheritance, rather, it is a weakness the child is born with that could have something to do with what the mother did while pregnant (like had rubella which is linked to CHD), could be one part of another genetically inherited disorder like cystic fibrosis or could be the bad luck of the draw. There will always be a certain percentage of live births born with anomalies and as far as medical knowledge currently knows, it's just one of those things some babies are born with but the news is not all bad.

Men go forth to wonder at the heights of mountains, the huge waves of the sea, the vast compass of the ocean, the courses of the stars; and they pass by themselves without wondering. St. Augustine. Whether you are in your backyard or the farthest-flung corner of the Earth, all the mysteries and wonders of life are right there both in front of you and inside of you, in your soul. In the world of travel, the only way you really learn anything from the outside world is if you come across something that touches you deeply in some way. It either inspires or angers you enough to reassess your life and push for something different which is why I'm against cosmetic travel where you see packaged tourism and don't interact with the people and land like a pilgrim going there looking to get something out of the deal in a conscious way.

The "People Power" Health Superbook: Book 15. Holistic Medicine Guide (Alternative Medical Ideas, People Heal Themselves)Lulu Press, Inc

The " People Power " Health Superbook: Book 2. Medical Organizations, Hospitals, Hospital Stay, Healthcare Facilities, Government Medical Info, U.S. Medical Info By State

The " People Power " Health Superbook: Book 25. Depression Guide (When You Feel Down, Life Is Simple. Either Stay Down or Move)

The " People Power " Health Superbook: Book 11. Stomach, Digestion & Expulsion (Acid Reflux, Hemorrhoids. Celiac, Liver, Hepatitis, Incontinence, Kidney)

The " People Power " Disability-Serious Illness-Senior Citizen Superbook: Book 9. Senior Citizens Guide 1 (Aging, Law, Retirement, Travel, Alzheimers, Health)

The " People Power " Health Superbook: Book 10. Immune System Diseases

You're probably living a comfortable life at high school where you're well-respected and have friends then you go to college and you're just another generic, average student who is not popular like you were at home. Relax. Everyone else is like you. You have to put yourself out there if you want to make friends, do fun things and enjoy the ride. The average 18 year old is massively brainwashed. He has no idea of who he is in his true nature. He's trying to achieve success by society's formula which is college. Many kids go to college not even knowing that there are no jobs for many of the social science fields. They think that if the college offers it as a major, there must be a job waiting at the end. This is so stupid. Most 18 year-olds are self-centered. They think they're special because they're going to college then they go home and try to act scholarly like those nerdy professors they've been listening to for the past four months.

The "People Power" Health Superbook: Book 9. Heart Problems/ Heart Disease