

The Power Of Your Attitude 7 Choices For A Happy And Successful Life

The author of the bestselling *An Enemy Called Average* shows readers who aren't satisfied with the status quo that believing in yourself is the first step to success.

You imagine a "new and improved" version of yourself—one who has achieved your goals and reached your definition of success. But you stop at wanting to be better because you don't feel you have the tools to achieve it. You do have the power to make yourself into a winner. Success isn't a matter of chance—it's a matter of choice. It all comes down to your attitude and a mindset to pursue excellence. When you make the conscious choice to develop an attitude of excellence, you will achieve more, enjoy more, have better relationships, take better care of yourself physically and mentally, and vastly improve the quality of your day-to-day life. Armed with a positive attitude and the determination to pursue excellence, plus a coach to help you stay focused, you will become the best version of yourself. Dr. Willie Jolley is a world-renowned speaker and motivational coach. He is the expert Ford Motor Company turned to while on the brink of bankruptcy, and he helped the company go on to reject a government bailout and to reach billion-dollar profits. In this powerful new book, *An Attitude of Excellence: Get the Best from Yourself, Your Team, and Your Organization*, he teaches readers how to achieve more in their lives—both professionally and personally. Dr. Jolley's work has inspired millions with a simple message: The best way to grow your future is to grow yourself, and the best way to grow an organization is to grow the people in that organization. Why? Because great people will give great service, while negative people will kill your future. This eye-opening book features T.I.P.S. (Tips, Ideas, Principles & Strategies) everyone can use to enhance the quality of our relationships and our lives, both at work and at home, using the power of an attitude of excellence.

What has your attitude got to do with anything? Everything! Get Off Your Attitude means to think positive and take action—talk, believe, act, and think in a positive manner and change your life! Learn how to: Engage in positive relationships Passionately pursue your dreams Live in the now and forgive your past Smile at adversity Be courageous and have faith Be grateful and give back

Changing your attitude will be the catalyst for everything else you may want or need to change about your life. Discover the magic of being intentional about your behavior. Take responsibility for how you treat other people, how you show up, and how you progress in the world. Understand the power you have to choose your experience in any environment and your ability to make a positive impact on others. With more than a decade of research, observations, and real-world experience, *The Attitude Influence* provides compelling information readers can use in their various relationships and environments. The result will be a happier, more successful, and more fulfilling life. Learn how attitude can work for us rather than against us by exploring the energy we feel in every environment. We are affected by this energy when we are surrounded by negativity and tension, experiencing the synergy of collaboration, and feeling joy, peace, or comfort. Understanding your ability to influence these situations will significantly change your life. Discover valuable methods for using the GREAT attitude toolbox -- Gratitude, Relationships, Energy, Authenticity, & Thoughtfulness -- to strengthen the power of your attitude. Use these tools along with strategies for positively influencing your environments in a way that will create ripples of happiness and belonging. *The Attitude Influence* is clear, concise, and utterly relatable with its warm, casual style. The reader will be equipped to create greater self-awareness and have valuable conversations with the people closest to them through a journey

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toward building stronger relationships, better environments, and a world with greater empathy. It starts with the decision to be accountable, a commitment to continuous improvement, and a willingness to be better human beings. "This wonderful book shows you why and how your inner life determines your outer life, and how you can take complete charge of your destiny." Brian Tracy, Author, Maximum Achievement

Before It's Too Late

Spenditude

Attitude Is Everything

Get Off Your Attitude

The Power of Your Brain

Get The Best From Yourself, Your Team, and Your Organization

It's All a Matter of Attitude!

You've heard the expression, "Attitude is everything." But can a positive mental attitude make all that much difference in your personal and professional life? Deborah Smith Pegues, author of the bestselling 30 Days to Taming Your Tongue, believes strongly that it can. In Choose Your Attitude, Change Your Life, Deborah explores the root causes of 30 negative attitudes, their impact on your life and relationships, and how you can learn to think positively instead. As a result, she helps you recognize and conquer counterproductive behaviors, such as criticizing the choices others make, being inflexible, and being indifferent to the needs of others. Deborah's handy guide uses Bible-based principles and practical strategies to point you toward the path to a better outlook on life, empowering you to display a positive mental attitude in every situation and leading to healthier relationships, personal growth, and the ability to handle life's challenges as never before. Previously titled 30 Days to a Great Attitude.

Uncover the power within you and start achieving your goals. Its as simple as changing your attitude and outlook about life. Known as Mr. Motivator to his students, friends, and family, Dwight Jeffery has spent his career helping others meet objectives they previously thought could not be met. Hes found that changing your attitude, self-image, and outlook can lead to a dramatically improved life. In this inspirational guidebook, youll discover formulas to deal with obstacles, strategies to deal with setbacks, tools that will help you win, and exercises to help you boost your self-image. Success isnt just about your title or salary; its also about discovering the real you and realizing your potential to be the best that you can be while developing a positive attitude and helping others. With the strategies and insights in Success Is an Attitude, youll develop a vision, set your goals, and then achieve them.

Everyone desires success and is capable of achieving it. Having what you truly desire begins with adopting a winning attitude. By positively channeling your attitude and thoughts, using empowering language, and taking action, you'll be sufficiently equipped to successfully accomplish any goal. Attitude Is Everything for Success contains morsels of wisdom and easy-to-learn tools to help you along your journey. The key to your success is your attitude for it

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determines the quality of your life. For 40 consecutive days, start and end each day with one of the 40 key words for successful living and be amazed at the results. Or when you find yourself feeling rushed and needing to focus your thoughts, flip to a word and gain inspiration and encouragement as you repeat the affirmations, meditate on the quotes, reflect on the anecdotes, and act on the directives that accompany each word. *Attitude Is Everything for Success* is designed to reprogram your attitude, lift your spirits, and keep you on course.

Improve your life and your career with some powerful mindset tips for success, positivity, and strong adaptation skills. You might be in a negative spiral, productively or psychologically, stuck thinking you're just not good enough, you'll never get ahead, and the world is unfair. Or perhaps you feel pretty good about your attitude, but you know there's always room for improvement, and you're curious about what you can tweak to do better. Whatever your current position, you have the opportunity to take agency at work and in life. You can actively improve your situation because it all comes down to attitude, and your attitude is not set in stone. Even better—you don't need a million training courses or a year-long MBA to adjust it. You can improve your attitude one pep talk and one step at a time. **WHAT YOU WILL FIND IN THIS BOOK:** Importantly, this book is no list of things to do! You'll learn that attitude is about how others perceive you and how you perceive yourself, how it's separate from your personality and how to completely change and improve your life and career by understanding and managing better your: Confidence Positivity Growth-mindset Emotional intelligence Adaptability Resilience Problem solving mindset As a bonus the book also includes a set of tips on how to best leverage skills like managing expectations and your drive for excellence to achieve strong success in your career. It's up to you to think positive about yourself, to work on your self-improvement and motivation so to potentiate your success and happiness in life.

...in 30 Days

The Power Of Positive Thinking

The Power of Your Personal Impact

A Life-changing Attitude to Money

50 Ways to Positively Affect Your Life and Work

Attitude is Everything for Success

Change your Attitude Change your Life

Nelson says that many of us are our own worst enemy--without even knowing it. He helps readers recognize and overcome nineteen behaviors that sabotage all their best efforts.

Make the Most of Your Opportunities to Build Others Up You don't need to be big or bold to impact those around you. By recognizing your ability to be a positive influence, you unlock your power to change lives for the better. With more than 3 million copies of his books in print, bestselling author Stan Toler is a trusted voice on leadership and making a difference. In *The Power of Your Personal Impact*, Stan examines how you can profoundly change the world you live in. This book will help you... develop a vision and purpose for your future

discover ways to motivate others using kindness and compassion encourage people to achieve greatness in their own lives Your words, actions, and attitudes hold the strength to leave a lasting impression. The Power of Your Personal Impact will help you understand how to make the most of your gifts as you use them to inspire others.

A positive attitude comes easy in times of joy and progress. But the real test of character comes during times of turmoil and conflict--which are always just on the horizon. When the skies above appear stormy, how will you steer that internal plane we call attitude? In *How High Will You Climb?* bestselling author and pastor John C. Maxwell emphasizes that even in the worst of storms, we are never flying solo. With God supporting our approach in every challenge that comes our way, we have the power to choose--yes, choose--the attitude we take with us on our journey. Oftentimes our outward expression and attitude during conflict is every bit as critical as the inward struggle, and our approach to the struggles in our family, in work, in life in general will actually determine the outcome more than the actual struggle. The choice is yours--when your path brings you through your next storm, how high will you climb? Attitudes, like viruses are catching. They sweep through organization like a tsunami bringing a waves of productivity or eroding morale. People take their cues of how to feel and react to daily events from each other and especially their leaders. Employees want and need a consistent positive work environment to do their best work. Research has demonstrated that positive feelings enhance performance. They look to their leaders to set the behavioral example of the tone and impact of their interactions. While you may be clear about your company direction and strategy, how clear are you about the attitudes that you carry to work? Many people intend to inspire people to do their best but inadvertently end up intimidating them with their negative attitude. Your attitude speaks volumes before you utter a word. Like your shadow, you often are unaware of it. Your attitude permeates everything about you: the way you think, the tone of your voice, what words you choose, and even how you move your body - your body language. While you may think that your thoughts and feelings are purely private, your body is mirroring and in fact is speaking your mind. What you are thinking and feeling gets translated into your body language, and is very much like those electronic signs with a message that flashes, this time across your forehead. Most people don't realize that they are communicating a non-verbal message that often may override the words they speak. Most of the time you may think the problem is just the other person who is being defensive when in fact you may be sending signals that are provoking that response. It is not necessarily easy to catch your self and adjust your mindset/attitude. Most people are consumed with the daily fires that flare up and the deadlines that are looming in their future. This book gives people access and tools to become aware and shift to a positive and productive mindset.

How to Create a Happy and Successful Life

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can be imitated very easily. What really will create the difference is the level of attitude capital those starters have from the beginning. Just having passion is not enough. The Power of Attitude Capital is for managers, for employees, and for starters, not only to read, but also to use on a daily basis as a guide to increase attitude capital. The Power of Attitude Capital does not look at what is going wrong in organizations or at an individual level. It rather seeks to motivate organizations and individuals to work on the opportunities that they have to increase success. This how-to-change manual demonstrates why the right attitude is the key to personal success. In a fast-paced reality check, the book presents 15 "right" attitudes designed to help readers achieve success and happiness.

Jeffrey Gitomer's Little Gold Book of Yes! Attitude

Saying Yes to God's Power in Your Life

Change Your Attitude

Success Is an Attitude

Creating a Positive Life by Taking Accountability, Building Connections, and Discovering How Attitude Influences Everything

The Power of Attitude in Success

The book describes the power positive thinking has and how a firm belief in something, does actually help in achieving it. In order to live a successful and constructive life, one needs to know about the secrets of positive thinking says the author for it is the most important ingredient for a better and blissful life. The Power of Positive Thinking' will help you overcome negative attitudes, such as fear and lack of confidence and replace them with the traits of a positive thinker optimism, determination, patience and focus. Simple techniques of elevating low moods and energy levels by positive thinking also improve ones overall mental and physical health. This book will show you how you can deal more effectively with tough situations and difficult people and dramatically improve your performance and confidence. You must learn that the easiest way to an easy mind is to create an easy mind. This is done by practice and by the application such as "Believe in yourself and in everything you do", "Build new power and determination", "Improve your personal and professional relationships" and "Be kind to yourself" etc.

Your success, health, happiness, and wealth depend on how you make up your mind! One side of your mind has positive mental attitude and the other side has negative mental attitude. A positive attitude will naturally attract the good and the beautiful. The negative attitude will rob you of all that makes life worth living. By helping you recognize the important person that you are and making you believe that you can change your world, this book helps you discover and unleash the power of your mental attitude.

It is no secret that some of the greatest people of all time have had the ability to maintain a good attitude even during the most difficult of

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circumstances. Having a good attitude can help you to attain success quicker, make you feel happy and accomplished, draw good things to you and help you to develop great relationships with other people. Wouldn't it be great to know exactly what you should be doing every day in order to maintain a positive and uplifting attitude? This book will show you how to do this so that you can use the best strategies in the world in order to truly be happy, harness your own great attitude and be a beacon of bright light that others will naturally want to be around and emulate. A positive attitude will naturally attract the good and the beautiful. The negative attitude will rob you of all that makes life worth living. Your success, health, happiness, and wealth depend on how you make up your mind! This book will help you to identify what's been holding you back, give you the right tools and strategies need to develop a positive mindset needed to achieve greatness in work, play, relationships, and health and excel in all other aspects of life! It's time to gain control of your life, figure out who you are and what you want, and to believe and achieve everything you ever dreamed possible! Get ready to change your mind and your life! This is a book that is easy to read and fun to read. It's a timeless classic in the self-help field. This is an enlightening, inspiring, and practical guide for gaining control of your career and your life by ridding yourself of negative baggage, building positive attitudes, and then turning them into actions to help you achieve your dreams. Discover The Best Strategies For Feeling Great, Being Successful & Achieving Long-Term Happiness! Here Is A Preview Of What You'll Discover Importance Of Attitude Attitude Is Everything Power Of A Positive Attitude The Best Way To Avoid Negative Influences Change A Negative Attitude Into A Positive Attitude Turn Your Thoughts into Action Incredible Exercise For Happy And Positive Attitude Change Your Attitude, Change Your Life What are you waiting for? If you are still reading this you are obviously motivated to get all the benefits this book has to offer. Stop thinking and take ACTION.

Change your attitude, change your life. We're very good at explaining why we're unhappy: bad job, bad relationships, bad luck. But there's probably a better reason: bad attitudes. In Lord, Change My Attitude, James MacDonald shows us just how much our attitudes affect our lives. One of his bestsellers, this book is classic James: It's clear, it's inspiring, and it packs a punch. Drawing from the experience of the Israelites who grumbled through the wilderness, MacDonald shows how bad attitudes rob us of joy. Coveting, complaining, and being critical are not what our hearts were made for. They were made for thankfulness, contentment, and love. Is your heart straining under the weight of a bad attitude? Don't read this book if you're looking for a

quick fix. Don't read this book if you're unwilling to change. Read it if you're ready for a serious, inside-out attitude adjustment.

The Attitude Book

The Power of Your Influence

The Health Benefits of Optimism

Choose Your Attitude, Change Your Life

The Power of Your Attitude

Change Your Attitude, Change Your Life

The Power of a Positive Attitude

In this original and engaging book, a leading business coach demonstrates how we can shift our attitudes to create positive change and outcomes in our work and personal lives. In doing so, he helps us to reassess our current habits and behaviours, and makes us realize the wider choices we have in coping and dealing with people, issues and problems in our everyday lives.

Have you ever wondered why some people are naturally good with money? No matter your age or your income it is your spenditude - your attitude to money - that influences your financial success.

Spenditude shows you how to tackle your habits and behaviours to uncover what drives your spending and allows you to gain financial security and live the life you want. This book is not about tedious budgets, get-rich-quick schemes, or giving up your daily coffee.

Instead you will learn how to improve your relationship with money so you can release your financial anxiety and walk through life feeling in control.

Financial wellbeing experts Paul Gordon and Janine Robertson reveal how with small and incremental steps you can empower yourself to change your spenditude for the better.

Backed by extensive research, relatable case studies and in-depth interviews, this life-changing guide will help you get on the right path to financial security. It may seem an overwhelming task to change your thinking about money, but developing sound financial habits is within reach.

Behaviour is the key that unlocks better financial outcomes. This motivating and practical guide will enable you to identify the habits you need to change, establish your financial goals and learn how to develop and follow a plan best-suited for your situation.

Clear, straightforward chapters relate days of the week to the decades of your life - Monday to Friday is your working life and the weekend is your retirement - to drive home the fact that life is short so don't waste time. In a world where change is constant, FOMO is prevalent, and social media's influence is unmistakable, there has never been a better time to take stock of your spenditude and put your financial future squarely in your own hands.

Spenditude will change your attitudes to money so you can benefit from the coming changes and enjoy the rest of your life.

Spenditude will change your attitudes to money so you can benefit from the coming changes and enjoy the rest of your life.

The Power of Your Attitude 7 Choices for a Happy and Successful Life
Harvest House Publishers

Henry Ford once said, "Whether you think you can, or think you can't ...you're right." This one-of a kind ebook addresses what matters most as it relates to your success in life. It will guide you to develop a positive attitude, reduce stress, attack your fears and keep your passion alive! In *The Power of Attitude* Mac Anderson, takes you on a journey of personal discovery in this powerful, beautifully designed gift book. It will help you manage your energy levels, keep your soul alive, take new paths, reduce stress, attack your fears, and hang on when the storms blow through.

Enhance Self-belief, Build Success Mindset, Start Thinking Your Way To The Top, And Become The Updated Version Of Yourself.

Power of Attitude

Think Better, Live Better, Solve Problems, Give and Receive Joy; Discover Power of Positive Attitude That Makes the Difference; How to Find, build & keep a Positive Attitude for a Lifetime of Success

Creating Success One Thought at a Time

The Power of Healthy Thinking

An Attitude of Excellence

How High Will You Climb?

Everything that you do is affected by the attitude that you have. All that you do and say is being observed by others. The observation is being done when you are unaware. Someone is always watching you. Your example is so important. Godly attitudes lead to right choices. Ungodly attitudes lead to wrong choices. In this book I focus on eleven attitudes that God teaches about in the Bible. As we cultivate these attitudes we will see how God will bless us and make our lives successful. I look at faith, prayer, patience, obedience, meditation, humility, passion, forgiveness, gratitude, compassion and love. For each I give examples from the Bible of how God promoted the lives of those that developed one of these attitudes in their life. This book will help you to position yourself in God so that you can gain the altitude that God intended for you. Your attitude determines your altitude. A Godly attitude will enable you to become the person God intended you to be. Yves Carrenard is the Founder and Pastor of Rhema Ministry, He holds a Masters degree in Christian Counseling. He is certified as a Temperament Counselor, an active member of the American Association of Christian Counseling and National Christian Counselors Association. He is a family and marriage conference speaker. Author of two other books, Haitian Proverbs with a Biblical Perspective and Les Promesses a Condition De Dieu (The Promises of God with Conditions).

Attitude affects every facet of our lives—from the way we handle stress to how we communicate at work. The way we view difficulties and setbacks can make the difference between success and failure. Roger Fritz has devoted his career to helping people overcome obstacles and achieve their goals by changing their outlook on life. In *The Power of a Positive Attitude*, he shows readers how to develop a deeper understanding of the effects of their attitude and how it influences not only their performance but the results others achieve. Now, readers can learn to succeed in business by:

- assessing their attitude toward themselves and their co-workers
- overcoming negative attitudes
- learning the dos and don'ts in dealing with their bosses
- becoming better listeners
- overcoming resistance to change in the workplace
- rejecting suggestions without causing resentment
- giving and responding to criticism from team members
- disagreeing with employees and colleagues without being disagreeable
- conquering burnout and stress.

Life-affirming and authoritative, this is an invaluable book that will empower anyone to face life and work with joy and confidence.

Unlock Your Power to Create Positive Change The power of influence in our world is undervalued and often ignored. But if you want to make a real change in the lives of others, it will be your everyday influence that draws people in and excites their potential. Stan Toler examines the ways you can profoundly change your own life and the world we live in. You will learn how to shape your attitude to inspire and motivate those around you ensure that your own influence isn't wasted develop a strong vision and purpose for your future Your words, actions, and attitudes hold the power to build up or tear down. Make a positive, lasting impression that will add value to those around you, encourage people to follow your lead, and inspire others to greatness.

A Powerful Guide to Improve Attitude! Do you often find yourself upset and miss out on great opportunities, despite having all the necessary knowledge and skills? Do you often wonder why all the successful people beam with self-confidence, grow faster and win accolades while others find it difficult? Imagine how would your life change if you know how attitude matters in success and learn building attitude? What if you could learn the various methods of building attitude, ownership thinking, creating new habits and perform at the highest levels and feel happy? What if you could harness your full potential, reach your goals faster, learn effectively to become successful and live an amazing, wonderful life? You can learn the relationship of Success with Commitment, Sacrifices, Creating Habits and Gratitude and make your life blissful, purposeful,

and happy! All you need to do is develop self-belief, create powerful habits, change your habits and level-up your confidence, and take meaningful actions as "Action Is The Key To Success". Here is what you will learn in this book:- How to Build a Winning Attitude How to Improve Self Belief and how Sacrifice helps in Success Relationship between Perseverance and Success Why Action is the key to success How Success is related to Taking Ownership, Creating Habits, Commitments and Gratitude The Power of Attitude in Success is for one who is convinced about the limitless potential of an individual and is sincerely looking for ways to become successful in life. Are you ready? Then, Don't Think Too Much. Just Grab This Book, Learn and Improve your Attitude!!! Click the BUY BUTTON above!!! Author's Other Books in the Series: 1. Success Strategy for Students 2. Seven Essential Skills to Success

Lord, Change My Attitude

11 Ways to Make a Difference in Your World

It's Your Attitude

Change Your Attitude...and You Change Your Life!

How to Create Incredible Life-Changing Success

To Change Your Attitude and Your Life

The Attitude Influence

Amplify Your Word Power Think about the thousands of words you use every day—words you speak to others and words you think to yourself. They add up so quickly it's easy to forget the power they hold. Bestselling author Stan Toler explores the power of words as a tool to create, to make a difference, and to do good. Learning to respect the incredible effect of our words, gives us insight into how they influence the people around us long after they are spoken. Words are one of the most powerful forces for change in our lives. Learn how you can harness your words and reshape your world!

Imagine the Possibilities of a Mind Made New Do you find yourself stuck in negative thought patterns? Is your thinking disrupting your day and thwarting your goals? When you choose to take each thought captive to the obedience of Christ, you drive out the world's way of thinking that breeds depression, discontent, and despair—and make room for more joy, faith, and purpose. Let bestselling author Stan Toler teach you an easy four-step process for restoring order to your brain: Detoxification—remove the clutter from your mind Realignment—establish your thoughts on God's truth Reinforcement—bring others along on the journey

Perseverance—maintain your positive momentum Are you ready to take back control of your thinking and embrace a new start? Experience the freedom of a mind transformed by God. The author discovered the power of a positive attitude! Jeff Keller began an intensive study of personal growth principles. You, too, have the ability to transform your own life and soar to new heights of success and fulfillment.

Improve your life and your career with some powerful mindset tips for success, positivity, and strong adaptation skills! You might be in a negative spiral, productively or psychologically, stuck thinking you're just not good enough, you'll never get ahead, and the world is unfair. Or perhaps you feel pretty good about your attitude, but you know there's always room for

improvement, and you're curious about what you can tweak to do better. Whatever your current position, you have the opportunity to take agency at work and in life. You can actively improve your situation because it all comes down to attitude, and your attitude is not set in stone. Even better-you don't need a million training courses or a year-long MBA to adjust it. You can improve your attitude one pep talk and one step at a time. It's up to you to think positive about yourself, to work on your self-improvement and motivation so to potentiate your success and happiness in life. The first step is to BUY this book by clicking the BUY NOW button at the top of this page!

Orchestrating Attitude

Attitude

Positive Thinking

How to Find, Build and Keep a Yes! Attitude for a Lifetime of Success and Happiness: New Edition, Updated and Revised

Attitude Is Your Superpower

Out with the Bad, in with the Good

Determine Your Success by Cultivating the Right Attitude

Your attitude makes or breaks you in life. We all have attitudes that are toxic and damaging to our lives, and we all have healthy attitudes that help us to experience life in full. Have you ever wondered what the worst, most toxic attitudes are? Have you ever wondered what the best, most life-enhancing attitudes are? Wonder no more. This book will help you better understand the good and the bad when it comes to the attitude you carry into each day. Far too often, we focus on changing our circumstances as the best way to improve our lives. While that's all well and good, changing your attitude for the better is far more important than changing your circumstance in life. We don't need an attitude adjustment, we need an attitude overhaul. Read this book--it will help you do just that.

Place of publication from publisher's website.

Everyone's entitled to Garfield's not-so-humble opinion, so he is set free in this collection of themed art to speak his mind.

This book, "Positive Thinking: Change your Attitude, Change Your Life" will do just what the title says, it will change your life. This is not your run of the mill power of positive thinking book. It not only tells you about the power of positive thinking and how to utilize this to change your life, but it also explains HOW this works, how your mind works and why negative thinking can and will bring about negative consequences. The author draws upon real life circumstances and analogies to bring the information contained within this book to life, explaining

in detail not only how or thinking can keep us from succeeding, but tells us why it works the way it works and how we can combat it to help us succeed in meeting our goals and being the person we were truly meant to be. He does this in a no-nonsense straight forward manner, encouraging us to be the best we can be by silencing those thoughts that tend to put us in this negative cycle. In this book you will learn about: How your mind works to realize your commands How to train your mind to think in positive patterns How to focus on the present and realize the only time is now How to quiet the inner voice of negativity How to overcome those outer voices of negativity How to get past your past How to focus on the present in order to meet your future goals and a whole host of other information to help us understand ourselves, our minds and our potential for being the best we can possibly be. I have personally read many self-help books that promise to bring the power of positive thinking to reality but have often ended up disappointed and disillusioned with the feeling that there was something I was missing, or maybe it was all just some sort of joke or hoax. This book actually helped me to realize what it was I was missing, where many of those books left me still spiraling out of control, trying to use "positive affirmations" but still failing, this book explained in detail the steps I need to take and helped me to really understand how positive thinking works. One chapter, titled "The Power of Negative Thinking" really brought it all into focus and showed me why, previously I was unable to use positive thinking as I was already bogged down with so many negative thoughts. This book also helps you in becoming aware of your "self" to recognize how you might react to situations, then recognize the "voice" that guides you in your reaction and finally using positive affirmations to release the negative. By the time you are finished reading this book you will find yourself much more informed and equipped to do battle with negativity than you ever realized was possible. The reading is easy and informative with man illustrations and examples so that you can get a great grasp of the subject matter, regardless of your level of comprehension. I read this book to my 9 year old, just to see if he would "get it" and he actually understood the concepts just as well as I did once I finished reading it to him and immediately started putting

the concepts into practice. This is the best self-help, positive thinking book I have ever read, which is why I took the time to write this description, as a reader who has been looking for something like this for a long time. I think you will agree that this book will definitely change your attitude and change your mind and will set you on a road to success through Positive Thinking. Give it a read, and let me know what you think in the comments below. I just want to say, if this doesn't help you to see the potential within your own mind, nothing will. Good reading!"

Keep Your Attitude, I Have My Own

The Power of Positive Words

Harnessing the Potential of a Renewed Mind

Success Through a Positive Mental Attitude

7 Choices for a Happy and Successful Life

The Power of Attitude Capital

YOUR ATTITUDE DETERMINES YOUR

No Matter What Happens, Attitude Is a Choice As much as you try, sometimes you just can't change your circumstances—and never the actions of others. But you do have the power to choose how your attitude affects your outlook on your day and those you influence in your life. Join bestselling author Stan Toler as he shares the what, why, and how behind the transformation you desire. With this book, you'll... release the thoughts and habits that keep you from experiencing joy on a daily basis learn the seven choices you can make to get out of a rut and into greater success implement a plan to improve your outlook in three vital areas and conquer negativity After having lost his father in an industrial accident as a boy, Toler knows about coping with unexpected tragedies and harsh realities. He will gently guide you through the internal processes that can positively change any life—including yours.

What You Say Makes a Difference