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NATIONAL
BESTSELLER French-
inspired vegan
recipes worth
sharing—and best
served with two
spoons! While living in
France, Hannah

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pursued her passion for vegan cooking. Inspired by the food, culture, and burgeoning plant-based scene, her blog, Two Spoons, was born. In her debut cookbook, Hannah shares over 100 vegan dishes inspired by her time in France and nearby cultures. A stunning

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collection of recipes
made simple for every
day and any occasion
including: Breakfast
and Brunch: Classic
Flaky Croissants,
Buttery Brioche,
Buckwheat Crepes
with Cashew Cream
Cheese and Greens
Milks and other
Drinks: Golden
Turmeric Latte,
Chocolat Chaud,

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Wally's Chocolate
Coffee Freakshake
Sweet Treats, Cakes,
and Bites: Sweet
Sablés, Cannelés,
Chocolate Almond
Torte Appetizers and
Nibbles: Herb and
Garlic Cheese,
Luxurious Baked Brie,
Crispy Baked Frites,
Super-Seedy
Crackers Soups and
Salads: Hearty

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Moroccan Lentil
Soup, Chickpea Salad
Niçoise, French Lentil
and Walnut Soup
Entrées: Mushroom
Bourguignon with
Buttery Mashed
Potatoes, Summer
Rainbow Ratatouille,
Balsamic Mushroom
Risotto Darling
Desserts: Pear Tarte
Tatin, Sweet Cherry
Frangipane Tart,

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Kryptonite Chocolate Lava Cakes The Two Spoons Cookbook is a show-stopping blend of traditional recipes and trendy plant-based creations that reflect Hannah's journey as a plant-based foodie in France, including everyday recipes that have made her blog so widely followed.

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The book also features menu ideas to create brunches, sweet assortments for an afternoon tea party, memorable dinners, and unforgettable charcuterie boards with colourful dips, spreads, finger foods, and fauxmages that all eaters will adore. Whether you are

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vegan or simply trying to incorporate more plants into your diet, this is a must-have cookbook from a rising food star in the plant-based community.

RECIPES TO
IMPROVE YOUR
SKIN, SLEEP,
MOOD, ENERGY,
FOCUS, DIGESTION,
AND SEX From the

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trusted, influential,
and famously trend-
setting website comes
the first ever

Well+Good cookbook.

Founders Alexia Brue
and Melisse Gelula

have curated a
collection of 100 easy
and delicious recipes
from the luminaries
across their

community to help
you eat for wellness.

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These dishes don't require a million ingredients or crazy long prep times. They are what the buzziest and busiest people in every facet of the wellness world—fitness, beauty, spirituality, women's health, and more—cook for themselves. Enjoy Venus Williams'

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Jalapeno Vegan
Burrito, Kelly
LeVeque's Chia +
Flax Chicken
Tenders, Drew
Ramsey's Kale Salad
with Chickpea
Croutons, and
Gabrielle Bernstein's
Tahini Fudge, among
many other recipes
for every meal and
snack time. Whether
you want to totally

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transform your eating habits, clear up your skin, add more nutrient-rich dishes to your repertoire, or sleep more soundly, you'll find what you need in this book.

Along with go-deep guides on specific wellness topics contributed by experts, this gorgeous cookbook delivers a

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little more wellness in every bite.

Provides 125 recipes for appetizers, soups, salads, entrées, and snacks suitable for a variety of gatherings, including block parties, potluck dinners, book clubs, and recuperating friends.

“A wonderful collection of warming

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recipes and stories
perfect for the
multicultural way we
eat, entertain, and live
today.” —Anita Lo,
Michelin-starred chef
and author of Solo
For more than 10
years, The Good Fork
has been one of
Brooklyn’s favorite
restaurants. It’s a
neighborhood spot
that offers a rare treat

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in the crowded, slick New York food scene: a restaurant that feels like home. Chef Sohui Kim and her husband live down the block, blurring the lines between their kitchen at home and the restaurant kitchen.

The Good Fork Cookbook is packed with Kim's recipes for flavorful, globally

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inspired cuisine that a home cook can make any night of the week. Her influences and techniques range from French and Italian to American and Korean, but every dish is comforting, unfussy: Pork Dumplings; Korean-Style Steak and Eggs with Kimchee Rice and Fried Eggs;

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Buttermilk Fried
Chicken and Waffles;
and more. The Good
Fork Cookbook
shares the recipes
that made The Good
Fork Brooklyn's
favorite mom-and-pop
shop. "I believe that
deep down inside,
every American cook
wants to cultivate the
delicate touch,
thoughtful spirit, and

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audacious flavors found in Sohui's cooking. Her distinctive style of combining Korean traditions with contemporary American flavors in such a personal way makes her cooking, her restaurants, and now her cookbook a reference point for all that is good in our

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food world today.”

—Michael Anthony,
James Beard Award-
winning chef,
Gramercy Tavern

“With this book, you
can—at last!—re-create
Sohui’s incredibly
flavorful, soulful, and
comforting food in an
actual home.”

—Michelle Williams,
actor

Forking Good

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A Really Useful Cook
Book

Pescan

The Tucci Cookbook

The Really Useful
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The Dog-Gone Good
Cookbook

Two's Company

Millions of people say
they feel better when
they eat lectin-free.

Here at last is the
cookbook that makes

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lectin-free cooking
fun and delicious! For
people who take their
health and well-being
seriously, gut health
is a top priority.

Optimum gut health
means more than just
a well-working
gastrointestinal tract.
It means you have
more energy, you
simply feel better,
and, not least, you're

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not gaining unwanted pounds. Among diets that address gut health, lectin-free is the fastest-growing, mainly because following it means your intestines absorb more nutrients and your gut is populated by fewer bad bacteria. Its many adherents range from people

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with specific disorders, like irritable bowel syndrome (IBS), diabetes, rheumatoid arthritis (and other autoimmune disorders), and "leaky gut," to people who simply feel better without lectins. Easier weight loss or weight maintenance is an added benefit!

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Claudia Curici is the talented writer and photographer behind the pioneering lectin-free blog Creative in My Kitchen. The 125 nourishing and imaginative recipes she has created for this book are all sugar-, grain-, and lectin-free, and they are delectable and easy to make. Many

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are dinnertime main courses, from Chicken Coconut Soup with Shiitakes and One Beef Kebab Platter to vegetarian options like Cauliflower Gratin with Pecans and Healing Vegetable Soup with Kale and Broccoli. There are lectin-free superfood smoothies, too,

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among other drinks and snacks, along with soups, salads, sides, and even desserts, including an opulent but easy Lectin-Free Chocolate Strawberry Birthday Cake. Nourish and protect your gut with these diverse and delightful dishes!

"A new kind of foundational

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cookbook, this thoroughly modern guide to becoming a smarter, faster, more creative cook serves up clear and uncomplicated recipes that make cooking fun and will inspire a new generation to find joy in the kitchen."--Publisher's description.

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America's leading bakers share secrets of creating flawless treats with a collection of recipes for muffins, cakes, custards, tarts, cookies, and pies. "The Honeysuckle Cookbook is stuffed with new ideas for easy, approachable Asian-influenced cooking at home.

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With 90 recipes, from the breakfast favorites that consistently rate the highest in views on the author's YouTube channel (like her Overnight Oats, 6 Ways) to original twists on one-pan and pressure-cooker meals, this book is for seriously busy young professionals who

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want crave-worthy Asian meals made simple. Her food takes the familiar and turns it ever-so-slightly on its head: marinara sauce gets extra umami with the addition of fish sauce, while mac and cheese becomes much more than an out-of-the-box staple when made fresh

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with kimchi. Dzung also teaches readers how to stretch groceries so they spend a little less money, how to plan meals seasonally, and shows new cooks how to match main courses with sides, so plates look impressive and taste great. With time-saving snack ideas,

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recipe hacks,
foolproof instructions,
and genius tips for
pretty presentation,
The Honeysuckle
Cookbook will be the
friendly hand busy
young cooks need to
hold in the kitchen"--
That Sounds So Good
Good and Cheap
The Two Spoons
Cookbook
The Joy of Writing a

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Great Cookbook
Recipes and
Techniques Every
Cook Should Know by
Heart

A Feel Good
Cookbook
The Good Fat
Cookbook

A riveting narrative
history of food as
seen through 100
recipes, from ancient
Egyptian bread to

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modernist cuisine.

We all love to eat,
and most people
have a favorite
ingredient or dish.

But how many of us
know where our
much-loved recipes
come from, who
invented them, and
how they were
originally cooked? In

A HISTORY OF
FOOD IN 100

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RECIPES, culinary expert and BBC television personality William Sitwell explores the fascinating history of cuisine from the first cookbook to the first cupcake, from the invention of the sandwich to the rise of food television. A book you can read straight through and

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also use in the kitchen, A HISTORY OF FOOD IN 100 RECIPES is a perfect gift for any food lover who has ever wondered about the origins of the methods and recipes we now take for granted.

The founder-chef of Real Food Daily showcases a

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collection of 150
trademark recipes
that exemplify the
best in healthful,
vegetarian cookery,
with such creative
dishes as Lentil-
Walnut Pt, Country-
Style Miso Soup,
Tuscan Bean Salad
with Herb
Vinaigrette,
Southern-Style
Skillet Cornbread,

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and Coconut Cream
Pie with Chocolate
Sauce. Original.
15,000 first printing.
The Tucci Family
brings wine pairings,
updated recipes,
gorgeous
photography, and
family memories to a
new generation of
Italian food lovers.
There is some truth
to the old adage

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“Most of the world
eats to live, but
Italians live to eat.”

What is it about a
good Italian supper
that feels like home,
no matter where
you're from?

Heaping plates of
steaming pasta . . .
crisp fresh
vegetables . . . simple
hearty soups . . .
sumptuous stuffed

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meats . . . all
punctuated with
luscious, warm
confections. For
acclaimed actor
Stanley Tucci,
teasing our taste
buds in classic foodie
films such as Big
Night and Julie &
Julia was a logical
progression from a
childhood filled with
innovative

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homemade Italian
meals: decadent
Venetian Seafood
Salad; rich and
gratifying Lasagna
Made with Polenta
and Gorgonzola
Cheese; spicy
Spaghetti with
Tomato and Tuna;
delicate Pork
Tenderloin with
Fennel and
Rosemary; fruity

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Roast Duck with
Fresh Figs; flavorful
Baked Whole Fish in
an Aromatic Salt
Crust; savory
Eggplant and
Zucchini Casserole
with Potatoes;
buttery Plum and
Polenta Cake; and
yes, of course, the
legendary Timpano.
Featuring nearly 200
irresistible recipes,

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perfectly paired with delicious wines, The Tucci Cookbook is brimming with robust flavors, beloved Italian traditions, mouthwatering photographs, and engaging, previously untold stories from the family's kitchen. Feeling guilty about being unable to

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share your dinner with your canine companion? Worried about whether your leftovers are good for your pet? The Dog-Gone Good Cookbook is a fun, healthy cookbook with delicious meals that dog owners and dogs can enjoy together. It includes more than one hundred

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balanced, delicious recipes that are corn, sugar, soy, and gluten free. Some included recipes: · Spaghetti and Meatballs · Fish Burgers with Parsley Dilled Mayonnaise · Braised Turkey Soup · Lamb Shanks with Figs and Blueberries · Chicken Tenders with Coconut and

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Sesame Seeds ·

Pumpkin Frittata ·

And many more! The

recipes are human,

canine, and kid

friendly and are

easy—even for the

beginner cook!

100 Easy, Healthy

Recipes for Dogs and

Humans

The Art and Science

of Making Perfect

Pastries, Cakes,

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Cookies, Pies, and
Breads at Home: A
Cookbook

The Good Neighbor
Cookbook

A Good Bake

The Living Well
Without Lectins

Cookbook

The Healthaliciously
Good Cookbook

100 Healthy, Feel-
Good Recipes to Live
Deliciously

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Whether you follow recipes to the letter or are a more instinctive cook in search of new ideas, David Herbert's book will work for you. In The Really Useful Cookbook, he takes 50 basic recipes and develops each of them, giving four variations that will expand your repertoire

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and improve your skills. For example, a step-by-step recipe for a classic risotto is followed by recipes for seafood and lemon risotto, red wine and sausage risotto, arancini (made from leftover risotto) and an irresistible white chocolate rice pudding all derived

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*from the master
recipe. The recipes
have been chosen not
only to demonstrate
really useful
techniques, but also to
provide a fantastic
collection of some 250
dishes that cover
everything from
interesting ideas for
quick suppers to
coping with a roast*

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*lunch or dinner party
for the first time.*

*Dauids really useful
ideas and tips will
help you transform
these dishes into
something uniquely
your own, and give
you the confidence to
take real pleasure in
preparing food for
yourself, friends and
family.*

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Two's Company is a book with a positive message that cooking for two is exciting, fun and worthwhile. More than that – free from the demands of family or guests, liberated from a strict timetable, you can follow your mood, whether you fancy something homey, a

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fake-away or a creative culinary adventure. There is a major gap in the market for a mainstream cookbook for two, providing inspiration for couples, friends and flat-sharers who enjoy cooking and eating at home. Most of those cooking for two are

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forced either to scale down recipes or repeatedly contend with a fridge full of leftovers.

Supermarkets have identified this trend, and provide a lavish choice of ready meals aimed at twosomes.

But there is still a lack of inspiration for those of us who want

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*to cook something
fresh from scratch for
a partner or friend.
Here Orlando Murrin
not only brings you
original recipes but
sets out the different
'rules' to consider
when cooking for two.
He suggests ways to
shop sensibly to
minimize waste and
shares ingenious tips*

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for shortcuts and techniques, gleaned from working with professional chefs and food stylists.

21 Family Favorite Dairy Free & Egg Free Breakfast Recipes Holistic Health Counselor Dr. Rachel Frank delivers fun and easy animal-free vegan breakfast

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recipes in the first installment of the Delicious Vegan Cookbook series. Enjoy the gorgeous photography in this cookbook and get your appetite watering for a delicious vegan breakfast! There is perfect array of dishes to choose from to suit a quick meal on the go

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*or a slow sunday
brunch. With Dr.
Rachel, eating vegan
doesn't mean giving
up your favorite
foods... It means
making them even
tastier! Perfect
Beginner Vegan
Cookbook... In this
special diets cookbook
you will learn the
basics of egg free and*

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dairy free cooking to meet your food allergy needs and crusty free lifestyle. Dr. Rachel demystifies the basics of replacing eggs and dairy in cooking and baking. Then follow along with the recipes as written or use your new found skills to substitute your favorite non dairy or

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*egg free alternatives
into the dishes. Vegan
Breakfast Options for
Every Occasion... Dr.
Rachel has you
covered with: -
Ultimate Smoothie
Formula - Hot
Chocolate - Easy
Almond Milk - Banana
Bread Muffins - Better
than Betty's Muffins -
English Muffins -*

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Peanut Butter Cup

English Muffins -

Perfect Southern

Biscuits - Pumpkin

Scones - Sinful

Cinnamon Rolls -

Maple Oatmeal

Scones - Crazy Good

Coffee Cake - Wow

Me Waffles - Pancake

Paradise - Fabulous

French Toast - 3 Bear

Oatmeal - Energize

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Me Granola - Fruit

Fun Parfait - Happy

Hash Browns - Berry

Tastic Jammy Jam -

Dream of Whipped

Cream Even your

pickiest eater will be

rushing to the

breakfast table...

"100 recipes to match

every real-life

occasion from the

beloved Bon Appetit

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*food editor at large
and James Beard
Award-winning author
of Where Cooking
Begins. Everyone
deserves to have
recipes up their
sleeves that they turn
to again and again,
and Carla Lalli Music
believes that these
recipes should not
only match what's in*

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your pantry, but also should fit every mood and scenario that life throws at you. Since Carla knows that we only cook what we have time for and choose recipes based on what's going to be realistic on a given day, the recipes in That Sounds So Good are organized by

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*siagestuations that we
all find ourselves
in: agesquick stovetop
suppers and one-
pot/one-pan meals for
weeknights,
nourishing
saladsagesand grain
bowls if you want to
be a little cleaner, and
lazy lunches and all-
dayagesstews for the
weekend. Readers can*

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find recipes based on their own needs at any given moment, knowing that whatever they choose to cook, the food will be Carla's core--bold, unique flavors with a straightforward method and swap-friendly ingredients. Through it all, Carla shares strategies that

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keep cooking

effortless ages and

quick, like using the

time it takes for water

to boil to pick the

herbs or toast the nuts

you'll use later"--

A History of Food in

100 Recipes

A Guide to Natural

Foods with 350

Recipes

The Can't Cook Book

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Good Stuff Cookbook

Techniques That

Teach and Recipes to

Repeat: a Cookbook

Recipes for Coeliacs

& Wheat Intolerants

The Complete

Hummus Cookbook

“With *The Good Stuff*

Cookbook, Spike

Mendelsohn applies

his limitless

imagination to classic

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American comfort food” (Tom Colicchio, chef/owner of Craft restaurants).
“Spike knows how to bring the fun to bun.”
—Rachael Ray One of the most popular contestants ever on the hit television show Top Chef, Spike Mendelsohn is one of the hottest celebrity

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chefs on the scene.

His restaurant in Washington, DC, Good Stuff Eatery, has been a resounding success and even claims Michelle Obama as a fan. In The Good Stuff Cookbook, Chef Spike serves up fast, fun, and fresh recipes for classic fare like

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burgers, sides, shakes,
and desserts, as well
as menu suggestions
for all types of events,
from big parties to
casual family dinners.
You'll find old
favorites with a twist:
unique and tasty
sauces and
mayonnaises like
Good Stuff Sauce and
Curry Mayonnaise;

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fan-favorite sides like Baked Sweet Potato Fries and Bacon-Wrapped Asparagus; the famous Toasted Marshmallow Milkshake, malts, and floats; and, of course, Chef Spike's crowd-pleasing burgers made with beef, turkey, chicken, pork, and even lamb. Featuring

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120 fresh and
delicious recipes and
140 full-color photos,
this is the perfect all-
American cookbook
for anyone who loves
great casual comfort
food like burgers,
fries, and shakes, but
wants to mix things up
with a gourmet touch.

“Chef Spike
Mendelsohn has a

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pulse on the American
heartbeat for
delicious, soul-
satisfying comfort
foods.” —Chef Art
Smith

The Really Helpful
Cookbook is destined
to be an essential
cook's companion --
people who love
wonderful food will
turn to this book again

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and again. One of Britain's best loved food writers, Ruth Watson offers recipes that blend the very best in today's stylish home cooking, with invaluable tips on everything from which brand of sugar to use for baking, to clever shortcuts for time-pressured,

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hungry cooks. With passion and humour she explains her recipes in the context of our daily lives, creating a book that is delightful to read and a must-have in the kitchen.

One of my co-workers told me Whenever I eat your food I feel it is hugging me from

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inside! Empower yourself with choosing the right food to bring satisfaction and healthy balance into your life.

Actress Abbie Cornish and chef Jacqueline King are best friends who bonded over their love of food and self-

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Abbie, a novice cook, asked Jacqueline, a graduate of the culinary program at the National Gourmet Institute, for cooking lessons. Every Sunday, they would take trips to the local farmers' market, spend all day cooking, and then serve these dishes to their family

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and friends. Pescan is an extension of this tradition and all the food they explored together. Their way of eating—which they call pescan—is centered on plant-based, dairy-free dishes, but with high-protein seafood and eggs incorporated.

The recipes, like Veggie Tempeh

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Bolognese, Artichoke Hummus with Za'atar, and Miso-Ginger Glazed Black Cod, are highly nutrient dense, incredibly energizing, and very accessible. Pescan is a collection of healthy recipes, but it's also a story of friendship, healing, and developing a more

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positive relationship
with food.

125 Lectin-Free
Recipes for Optimum
Gut Health, Losing
Weight, and Feeling
Great

The Feel-Good
Cookbook

125 Easy and
Delicious Recipes to
Surprise and Satisfy
the New Moms, New

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Neighbors,
Recuperating Friends,
Community-Meeting
Members, Book-Club
Cohorts and Block
Party Pals in Your
Life!

The Everyday Wheat-
Free and Gluten-Free
Cookbook

Cook This Book
Delicious Vegan
Breakfast Cookbook

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The Baker's Dozen
Cookbook

*From the author of the
bestselling Good &
Cheap, a cookbook with
self-care at its heart.*

*Leanne Brown
acknowledges that
feeding yourself is hard,
and that it is almost
impossible to find the
energy to work for
yourself when you don't
think you are worth it.*

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With these everyday recipes, she provides a reminder that it's OK to lose perfectionism and find pleasure in "good enough" cooking.

Featuring over 100 delicious recipes, The Complete Hummus Cookbook is the perfect primer for anyone looking for easy to prepare, healthy food choices. Protein-rich and

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vegan-friendly, hummus is one of the healthiest and most nutritious dishes that many people don't talk more about.

The Complete Hummus Cookbook changes that conversation. With over 100 yummy recipes, this cookbook shows everyone that hummus is not only delicious, but also extremely versatile, low-cholesterol, protein-

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rich and healthy. The Complete Hummus Cookbook also provides information on the perfect food to pair hummus with as well as how to make different kinds of hummus with chickpeas, black beans, lentils, edamame and green peas. Yum!

From the #1 New York Times bestselling author of Deceptively Delicious,

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an essential collection of more than 100 simple recipes that will transform even the most kitchen-phobic “Can’t Cooks” into “Can Cooks.” Are you smart enough to dodge a telemarketer yet clueless as to how to chop a clove of garlic? Are you clever enough to forward an e-mail but don’t know the difference between

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*broiling and baking?
Ingenious enough to
operate a blow-dryer but
not sure how to use your
blender? If you are
basically competent, then
Jessica Seinfeld's The
Can't Cook Book is for
you. If you find cooking
scary or stressful or just
boring, Jessica has a
calm, confidencebuilding
approach to cooking,
even for those who've*

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never followed a recipe or used an oven. Jessica shows you how to prepare deliciously simple food—from Caesar salad, rice pilaf, and roasted asparagus to lemon salmon, roast chicken, and flourless fudge cake. At the beginning of each dish, she explains up front what the challenge will be, and then shows you

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exactly how to overcome any hurdles in easy-to-follow, step-by-step instructions. Designed to put the nervous cook at ease, The Can't Cook Book is perfect for anyone who wants to gain confidence in the kitchen—and, who knows, maybe even master a meal or two. If you suffer from gluten allergy or intolerance

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(Coeliac disease), or wheat intolerance, then you probably know the only treatment for either of these debilitating conditions is a gluten-free and wheat-free diet. This means eliminating bread, biscuits, crispbreads, cakes, pastry, pasta, breadcrumbs, semolina and food cooked in batter, as well as many

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tinned, packaged and processed foods $\text{\textcircled{D}}$ *in fact foods which usually form the greater part of a normal day-to-day diet.*

How to Cook Without a Book

Betty Crocker's Good and Easy Cook Book

Over 100 Recipes -

Vegan-Friendly

Recipes for the

Absolutely Terrified!

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The Basics

*More Than 100 French-
Inspired Vegan Recipes*

U and Your Food

Well-loved home-baked cakes are dependably scrumptious and made with little fuss. AllanBakes Really Good No-Nonsense Cakes serves up a

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collection of
seriously delicious
cakes that can be
baked effortlessly
at home. Indulge in
luscious treats
such as molten
lava cake, berries
and cream
shortcake, and the
rich coffee cream
cheese pound
cake, or try the

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or a quiet
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everyone on a tight budget. While studying food policy as a master's candidate at NYU, Leanne Brown asked a simple yet critical question: How well can a person eat on the \$4 a day given by SNAP, the U.S.

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government's

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extras that make

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everything taste better, like spice oil and tzatziki; and how to make fundamentally smart, healthful food choices. The idea for Good and Cheap is already proving itself. The author launched a Kickstarter campaign to self-

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publish and fund
the buy one/give
one model.

Hundreds of
thousands of
viewers watched
her video and
donated \$145,000,
and national media
are paying
attention. Even
high-profile chefs
and food writers

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have taken note—like Mark Bittman, who retweeted the link to the campaign; Francis Lam, who called it “Terrific!”; and Michael Pollan, who cited it as a “cool kickstarter.” In the same way that TOMS turned

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inexpensive,
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savory

(Khachapuri with

Cheese, Baked

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chocolate, eggs,
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Fran McCullough is the author of the best-selling *The Low-Carb Cookbook* and *Living Low-Carb*. She won a James Beard Award for *Great Food Without Fuss* and, since 1999, has been the editor of the annual *Best*

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