

The Seasons Of The Soul The Poetic Guidance And Spiritual Wisdom Of Herman Hesse

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you...You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"

Collected Poems 1971 - 1994

INSPIRATIONAL POETRY

Everything was going fine ... until it wasn't. For Reverend Junius B. Dotson it took an actual breakdown during a funeral for him to realize he needed a reset. As he recalls his own journey through grief, depression, burnout, and emotional breakdown, Dotson is passionate about calling for a Soul Reset for pastors, church leaders, and all disciples of Jesus Christ. This is a 6-week churchwide study for everyone who moves at breakneck speed through their daily lives, often relying only on their own strength to bring God's kingdom on earth. Jesus shows us a different way, an easier, unforced rhythm of what kingdom work looks like. It's a balance of work, rest, play, worship, exercise, and eating well—spiritual practices that keep our souls hydrated and healthy as we do the work of the church in the world. Soul Reset: Breakdown, Breakthrough, and the Journey to Wholeness includes a book; a DVD; downloadable video segments; age-level discussion guides for children, youth, and adults; sermon starters; and more. Soul Reset is a call for the church and all of Jesus' disciples to reset and reorder their lives around spiritual practices, to learn to walk through our difficult seasons with our souls connected to the source of Living Water so that we don't burn out or break down. And if we do burn out or break down, we learn to lift one another up and point one another back to Jesus. Introduction Chapter 1: Watch How I Do It – Jesus Chapter 2: Knocking on God's Door – David Chapter 3: It's Not All on Me – Mary and Martha Chapter 4: Eat Something – Elijah Chapter 5: Life in Crisis – Job Chapter 6: Living in the Light – Judas and Peter

Art and Soul

A Quest for an Authentic Polish Spirituality

Stages of Spiritual Development

A Path for Evolving Souls Living Through Personal and Planetary Upheaval

Breakdown, Breakthrough, and the Journey to Wholeness

Book One: Sojourn of Souls

Jean Keegan Dalys book of true personal stories takes you on the challenging journey of her souls passionate longing for self discovery and healing, her bold search for spiritual truth, and the supportive people, special patients, and amazing mystical encounters she experienced along her path. Reflections of a Seasoned Soul portrays the authors real life struggle to discover her spiritual truths deepest purpose and commitment to living her life and serving others from that authentic inner place. Jeans story is told with heartfelt sincerity and vulnerability. It captures the essence of her journey from its risky and daring beginnings of her unorthodox search for an expanded understanding of God and Universal Oneness through to her holistic healing and hospice work, her profound near death experience, her mystical visions and events, and her endeavors to live everyday within the values of respect, love, kindness, gratitude and peace. Of course, the journey to enlightenment is lifelong and so it continues...

In a world filled with conflict, controversy, and confusion, Soul of the Seasons brings us a timely message based on an ancient medicine that is urgently needed in our modern, fast-paced lives. Through centuries of observation the sages of Five Element theory, a form of Traditional Chinese Medicine, taught that the outer landscape of the natural world reveals much about the nature of our inner landscapes. Encoded within the five seasons of Spring, Summer, Harvest, Fall and Winter, lies a wisdom designed to create and support balance and harmony. The five fundamental elements of Five Element theory resonate in our bodies as the core emotions of Anger, Joy, Sympathy, Grief, and Fear. Like the working components of a fine clock they comprise an elegant system of continuous movement, growth, and transformation. Weaving her deeply personal stories with Five Element wisdom, Melody A Scout teaches us that by developing intimate relationships with our core emotions—the unique vibrations that connect us to both our bodies and the Earth—we can effectively adapt and respond to life’s challenges. By developing a more intimate relationship with the seasons of life, we can learn to effectively: identify and correct our imbalances; develop greater compassion, integrity, and honesty; and to authentically and appropriately express our emotions in ways that support our highest good. Soul of the Seasons offers the wisdom of a traditional model of health and harmony made current through practical and easily accessible language, soul-stirring exercises, and thoughtful questions. Encoded within the seasons of the natural world is a wisdom that teaches that: • Spring is the time to remember our visions, to set healthy boundaries, and make quality decisions. • Summer brings us warmth and joy through community, communication, and connection. • Harvest provides a sweet satisfaction for an abundant life and the capacity to nurture and be nurtured. • Fall teaches us the importance of letting go and to value and respect what is most precious to us. • Winter reminds us that contemplation, reflection, and rest are essential in the germination of new visions.

HEAVEN RIDE is a techno-thriller about two loyal friends who unlock secrets of the human soul and invent a device that ejects the soul and long-term memory on its path to heaven, and then brings it back. The "Pod" enables them to build Heaven Ride into the most lucrative empire the world has ever known, until ruthless rivals embark on a campaign of deceit, treachery and betrayal to wrest it away for their own insidious plan. This quandary of science and morality may change the way you think about heaven and the afterlife ... FOREVER. * * * David Brownington, a brilliant entrepreneurial mastermind with a leading business incubator, comes in contact with a mysterious gadget that measures wavelengths never seen before. His close friend, JW Gomez, a third-year Ph.D. candidate, supercedes the boundaries of his doctoral studies using a bio-pod that creates out-of-body experiences. Driven by memories of his little brother who perished in a gruesome accident as a child, JW's extra-curricular studies of sudden traumatic death lead to the astonishing discovery of the human soul. When David and JW merge these devices, they stumble upon the highway to heaven. Each of them falls in love as their miraculous invention takes the world by storm. Millions make the trip. As Heaven Ride prospers, its repercussions ripple throughout society. Protests, bombs and kidnappings threaten to shut it down, posing risks to David, JW, their friends and families. Long after Heaven Ride becomes a household word, startling revelations put David and JW in the crosshairs of dangerous men seeking ultimate power. With HEAVEN RIDE, John Eccleston and Kerry Gleason have woven an intense tale of ambition, success, friendship, betrayal, greed and corruption. It's an intricate and interesting tale of mankind's most startling invention, and technology gone awry.

Many of us have questions about the passage of life and often wonder what happens when we die. In this amazingly insightful book by medium/clairvoyant Lisa Williams, evidence of the afterlife is explored. Through various channels such as meditation, psychic readings, communication with her Spirit Guide, and a personal near-death experience, Lisa delves into the journey of the soul, discusses the different stages of the afterlife, and reveals what life is really like on the other side.This book addresses the myriad questions many of us have surrounding this subject, especially if we've gone through the painful experience of having lost loved ones. Lisa provides a reassuring glimpse into this fascinating topic by exploring the pathway to the afterlife and then to reincarnation; with the realization that death is not final, but rather a transition into the world beyond-a place that should be honored, not feared.

Poetry for the Seasons of the Soul

A Time to Write

A Journey of Soul Across the Seasons

The Code of the Human Spirit

Am I an Antisemite?

A Book of Prophetic Poems and Parables

Seasons of the Soul is a collection of inspirational devotions from Terence’s radio show

Through poetry and story, Daydreams and Night Visions moves us through Charles Henley’s transformational journey from a boy hopelessly addicted to drugs, alcohol, and the strife that accompanies addiction, to a man full of hope, love, and joy. In this book of rhymes and wisdom, we get a glimpse of an emotional state of mind we might not otherwise understand. We get a first-hand view of the conversion from and remorse for a life of sin to the daydreams and night visions that Henley experienced during and after his conversion. These visions made him acutely aware of the struggle between good and evil as demonic forces battled for the possession of his soul. This awareness helped him not only prepare for the battle but claim victory over it. This poetic look at a life of a sinner once saved is a look at faith and hope at the end of the road of despair. It's not only written for those who suffer from similar addictions, it's also written to give hope and advice to friends and relatives who feel helpless as they watch their loved ones losing the battle for their souls—if only for a season.

In this expanded edition of her spiritual formation classic, Ruth Haley Barton invites us to an honest exploration of what happens when spiritual leaders lose track of their souls. Weaving together contemporary illustrations with penetrating insight from the life of Moses, Barton explores topics such as facing the loneliness of leadership, leading from your authentic self, reenvisioning the promised land and more.

Take a journey with D.L. Finn as she blends her love of nature with her deepest emotions. Sit with her on the forest floor observing its tranquil beauty, or stroll along the ocean's shore admiring the vastness of its horizon. Here in these peaceful moments you'll be able to experience her thoughts and feelings in the light--and in the darkness. This is a thought-provoking collection of poetry that invites the reader into all the seasons of a soul.

Duck Butts

Creating Balance, Resilience, and Connection By Tapping the Wisdom of the Natural World

Daydreams and Night Visions

Remember Who You Truly Are

Scorched Souls

Gardening the Soul

Vowing at an early age “ to be a poet or nothing at all, ” Hermann Hesse rebelled against formal education, focusing on a rigorous program of independent study that included literature, philosophy, art, and history. One result of these efforts was a series of novels that became counterculture bibles that remain widely influential today. Another was a body of evocative spiritual poetry. Published for the first time in English, these vivid, probing short works reflect deeply on the challenges of life and provide a spiritual solace that transcends specific denominational hymns, prayers, and rituals. The Seasons of the Soul offers valuable guidance in poetic form for those longing for a more meaningful life, seeking a sense of homecoming in nature, in each stage of life, in a renewed relationship with the divine. Extensive quotations from his prose introduce each theme addressed in the book: love, imagination, nature, the divine, and the passage of time. A foreword by Andrew Harvey reintroduces us to a figure about whom some may have believed everything had already been said. Thoughtful commentary throughout from translator Ludwig Max Fischer helps readers understand the poems within the context of Hesse ’ s life.

Book 1 of Fated Eternals An endless love, for an endless price. Jack ’ s immortality is exposed when he prevents a liquor store heist, forcing him to flee to protect his secret—a secret not even he understands. But when he meets Leah Winters—a mirror image of his decades-lost love, Lydia—his very soul is laid bare. He begins to question his sanity. Is she real, and if so, what does that mean for Jack and his secret? Jack ’ s not the only mystery man in town. A stranger named Artagan hints at knowledge Jack is desperate to possess. But can he trust Artagan, or does the dark newcomer harbor deadly secrets of his own? As Jack ’ s bond with Leah grows, so does the danger to her life. Jack must discover just how much he is willing to risk in order to save the woman he already lost once. Keywords: Paranormal, Romance, Immortal, Love

Spiritual formation professor and New Testament scholar Bruce Demarest helps us grasp the whole picture of the journey we’re on with Christ that we might live our days with intention and keep moving toward maturity in faith. Using Scripture, writings from our rich spiritual tradition and stories of present-day believers walking the same path of faith, the Demarest leads us through the three main stages of the journey to become more like Christ.

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Poems

Soul Reset

Heaven Ride

Our Naked Souls

Strengthening the Soul of Your Leadership

An Artist's Reflections

Love is a tangled emotion that entraps women throughout the seasons. Some days there is love and passion while other days there is sadness and regret. The Four Seasons of My Soul entails the emotions that withstand the test of time, love.

John was once described by a friend as a man who looked like he had a party going on in his head all the time. In Duck Butts: Seasons With God he invites you to that party. In this, his first collection of writings, he shares his somewhat askew humor with short essays like If I Were the Pope. He takes us on an imaginative flight in Astronaut, and then brings us soberly back home with Walking For Groceries. Within these pages you'll also find experiments in poetry and a few song lyrics, some of which have forgotten melodies and have come to stand as statements that punctuate a journey of faith and grace. This book can be read straight through but also allows the reader to go slow and experience the change of seasons. John's voice can be irreverent, silly, and painfully honest but always returns to grace--as all seasons with God do.

Brimming with mystical practices and hundreds of evocative illustrations, The Seasonal Soul is an enchanting guide to self-discovery. Spiritual teacher Lauren Aletta takes readers through the metaphorical "seasons" of personal growth and illuminates the ways your springs, summers, autumns, and winters provide opportunities for insight, healing, transformation, and rejuvenation. Organized by season, the book is packed with enriching practices and advice, including self-care rituals, crystal and chakra guides, and journaling exercises. In an eye-catching, shimmering package with black dyed edges, this book is perfect for modern mystics and the spiritually curious.

As we approach the hectic holiday season, many mamas find ourselves longing to add more meaning, resonance, and ritual to our family traditions. If you're looking to tone down the conspicuous consumption and turn your winter traditions from frenzy to reflection or from mundane to mystical, this book can be your guide. The Sacred Seasons incorporates activities and rituals from indigenous wisdom traditions and the Earth's holy days, based upon the Celtic wheel of the year. The Sacred Seasons is welcoming and inclusive to readers of all backgrounds, faiths, and beliefs. Parents and children awaken the wonder and magic of living more deeply connected to the natural rhythms of the seasons and co-create meaningful traditions on the holy days of winter solstice (Yule) in December, and the birth of spring (Imbolc) in February. Mamas steep in seasonal self-care, personal reflection and ceremony to attune the psyche to the elements and feminine archetypes of winter. As Mamas honor our bodies and the seasons as sacred, we awaken the true meaning of what is holy at this time of year, creating new family traditions that warm the heart and soul, as well as regenerate the Earth.

Inspirational Poetry for All Seasons

The Colors of My Walk

A Spiritual Daybook Through the Seasons

The Poetic Guidance and Spiritual Wisdom of Herman Hesse

Soul of the Seasons

A Mystic's Guide to Inner Transformation

