

The Way Of White Clouds Anagarika Govinda

It's 1942: Tomi Itano, 12, is a second-generation Japanese American who lives in California with her family on their strawberry farm. Although her parents came from Japan and her grandparents considers herself an American. She doesn't speak Japanese and has never been to Japan. But after the Japanese attack on Pearl Harbor, things change. No Japs Allowed signs hang in store windows, ostracized. Things get much worse. Suspected as a spy, Tomi's father is taken away. The rest of the Itano family is sent to an internment camp in Colorado. Many other Japanese American families become bitter, wondering how her country could treat her and her family like the enemy. What does she need to do to prove she is an honorable American? Sandra Dallas shines a light on a dark history in this story of a young Japanese American girl caught up in the prejudices and World War II.

Providing profound spiritual insights and perspectives for everyday living, this inspirational collection offers a series of uplifting reflections, blessings, and wisdom designed to promote an awareness of the wonders of the world around us. (Inspiration)

A simple picture book with large, easy to read type. A perfect book for any loved one who has dementia or Alzheimer's.

This is a story about a boy and his cloud. How does a child deal with the death of a loved one? This tender and thoughtful story captures the innocent mind-set of a six year old boy as he struggles with his mother and his father's depression. 50% of all royalties from the sale of this book are being donated to the charity, 'Winston's Wish'. This edition also includes a sneak peak at the eBook version 'King Borin'.

Highland Celts Series -

Parting the Clouds - the Science of the Martial Arts

The Beginning in Black and White

A Buddhist Pilgrim In Tibet

Black and White Like You and Me

Helen Davenport, governess for a wealthy London household, spots an advertisement seeking young women to marry New Zealand's honorable bachelors and begins correspondence with a gentleman farmer. When her church offers to pay her travels under an unusual arrangement, she jumps at the opportunity. On the ship, she meets Gwyneira Silkham, traveling to meet a New Zealand baron who won her in a game of blackjack. When their new husbands turn out to be very different than expected, the women must help one another find the life they'd hoped for.

An inspirational and handy book of consciousness and love. Bring it with you on your daily journey for happiness everywhere you go.

For ages 3 to 5 years. With the city blanketed in a deep snow, Ryan's dad is worried about how he will get to work. However, four year old, Ryan, knows just what to do. With the help of his snow blower, snowplow, dump truck, front loader, and a train, he clears the streets so that his dad can safely get to work.

Charming, practical and resourceful. This book is very helpful to all meditation practitioners, beginners and experienced alike. The author reveals many ways to practice mindfulness for children, pregnant women, soldiers...

-- and the way how to keep a natural awareness in our daily lives. This book also explains about two sets of suttas that were recited as daily chanting sessions by many sangha members in the early years while the Buddha still wandered on earth. The author also reveals clearly the bridges among different Buddhist meditation traditions. Loi cuon, thuc dung va nghien cuu phong phu. Sach nay rat co loi cho tat ca nhung nguoi tap thien, du la moi tap hay da co nhieu kinh nghiem. Tac gia noi ve nhieu phap tap chanh niem doi voi tre em, thai phu, chien binh... -- va phuong phap giu su tinh thuc tu nhien trong doi song hang ngay. Sach nay cung noi ve hai nhom Kinh Nhat Tung So Thoi duoc mot so vi trong tang doan tung doc hang ngay trong cac nam dau, khi Duc Phat con dang di hoang phap. Tac gia cung noi ro rang ve nhung soi chi xuyen suot giua nhieu truyen thong thien tap Phat giao khac nhau.

A Book for Memory-Challenged Adults

The Megachurch Book

Winterhawk's Land

Get Powerful Health and Nutritional Secrets

The Community Gave Rise to the Megachurch. Now the Favor Must Be Returned

Support the author more by purchasing direct from his CreateSpace Store: RISE OF THE DIBOR <https://wwwcreatespace.com/3618531> THE LION VRIE <https://wwwcreatespace.com/3649857> ATHERA'S DAWN <https://wwwcreatespace.com/3723285>

This newly edited 2nd edition of the 2006 debut, brought to you by Spearhead Books, includes a revised map, page layout, and first ever "From the Author" section. Visit spearheadbooks.com and christopherhopper.com today! DESCRIPTION: Read the story that turned children into warriors, and warriors into legends. The Dairne-Reih haven't been seen in Dionia for generations-their kind and their king, Morgui, banished long ago from haunting paradise. But when creation shows signs of deterioration, the kings of the seven realms converge in the sacred Gvindollion gathering to arrive at one inexplicable conclusion: Morgui has returned. In the hopes of entrusting Dionia's brave history and perilous future to a generation that has never known war, the kings decide to raise up their young sons as an elite group of warriors, known only as the Dibor. Gorn, legendary hero of the First Battle, is commissioned to teach the Dibor the art of war, leading them on a four-year adventure on the Isle of Kirstell. It is Luik, son of Lair, who soon emerges as the warband's spirited front man. But he is not the only one of his peers to grow in power; his dear friend Fane discovers hidden abilities among the Mosfar under the mentorship of Li-Saide of Ot, while Princess Anorra finds that her lifelong tutor knows as much about combat as he does about etiquette. There is little time for the Dibor to enjoy the satisfaction of graduation, however, as a sinister plot is discovered to dethrone Dionia's kings and flatten the capital city of Adriel. The Dibor are summoned to war, along with the rest of Dionia's fighting men. It is before the gates of Adriel Palace that Luik and his army face Morgui's prince, Valdenil, as well as the unending ranks of the Dairne-Reih.

Adult coloring for relaxation, stress reduction, meditation, spiritual connection, prayer, centering, healing, and coming into your deep, true self. Ages 9 to 109. The drawings of Ancient Symbols: Meditative Coloring Book 3 feature timeless shapes and forms used by every culture on earth to remind us of the sacred. These drawings serve to inspire deeply meaningful, meditative, or prayerful experiences through coloring. Ancient and indigenous sacred images speak deeply to us, to our bones and bellies, to our cellular memory and wisdom, to our souls' yearnings. Native peoples throughout time and place see the sacred in all of life. For them, holiness IS life. Life is the manifestation of the holy in all things. Step out of the busy world and into calm and peace. Focus on an affirmation while you color, or on a wish or a prayer. Ask for understanding or wisdom. Allow expansion into more of what you are meant to be. Or simply color with an attitude of gentle, graceful willingness. This book includes 32 different original drawings, information about ancient symbols, suggestions for how to use this book, a guided meditation, introduction to the artist, and open pages inviting you to record your own impressions. Five Volumes of Meditative Coloring Books: Angels, Crosses, Ancient Symbols, Hearts, and Labyrinths.

When ancient gods ruled and Druids kept Faith alive, the Celts thrived as a democratic, matriarchal society. Then savage Roman soldiers swept across Europe, killing and enslaving. The Celts did not succumb without a fight. Their Old Ways survived centuries of ruthless domain until another menace loomed: a tortured god worshiped in cold stone buildings. The sacred shores of Avalon began to drift away, the mists threatened to hide the island from mortal eyes forever. Against the bleak backdrop of war, the gorgeous Scottish Highlands stood tall, sheltering its inhabitants from greedy invaders. Yet the reach of the eagle banners was long and the highlanders turned to the Goddess for protection. However, the sacred groves felt silent and grim as Avalon faded away. Once sad, pealing bells began to sound strangely comforting while the high walls of monasteries offered an alluring barrier from violence. Caught in the middle of this centuries-old war, a young High Priestess might be Avalon's last chance. Wise beyond her years and powerful like no other Priestess in her lifetime, Rowen had served the Goddess faithfully, forsaking her family and the company of her soulmate. When the Lady of the Lake asks for another sacrifice, it might be one too many for her scarred heart. How could she obey the Goddess without betraying Caddaric? Could she trust Eochaid, who embodied everything she despised and hated? Would she be able to fulfill her duties without losing her soul? Caddaric had been Rowen's companion in countless lives; but, now, they existed in different realms. Beautiful Rowen lived in the mortal world while sweet Caddaric remained in the sacred isle of Avalon, watching over her. Could he step aside to allow another man - a flesh and blood man - to become her protector? Eochaid had sworn to protect the Old Ways. The rude warrior never quite understood his faith yet his loyal heart belonged to the Goddess. A gorgeous, fiery High Priestess was not in his plans. He would risk his life to protect Rowen; but, would the Goddess safeguard his heart? Could he defend the bewitching maiden from himself? When stakes were so high that a simple mistake could cost their very world, a priestess, a Druid, and a warrior must learn to trust one another and the mysterious ways of the Goddess. Their success would save Avalon. Their failure would tear the island from the human realm forever, condemning it to oblivion. Failure was not an option. This is a standalone, historical/paranormal romance. Its mature themes - sexual violence, religion, and pagan rituals - might not be appropriate for audiences under 18.

Michael Dante played the title role in Winterhawk (1975), a Western about a legendary Blackfoot Chief's character and his principles. In this novella sequel, he pens an ageless saga about ruthless railroad executives trying to assassinate him in order to build their railroad directly through his territory, taking the Blackfoot land without provocation. Winterhawk and his tribe remain strong as long as they can, to protect the land of their people, the land they call home, before the invasion of progress imposes itself on America. This inspiring story of a brave man, who stands up to and fight against those who have their own agenda for his land, evokes the nostalgic atmosphere of Western series that Dante frequently appeared in during American television's Golden Era, such as Death Valley Days, The Big Valley, Daniel Boone, Custer, The Texan, Bonanza, Maverick, and Cheyenne.

Heaven Ride

The Medicine Man, Book 2

In the Land of the Long White Cloud

A 20 Day Adventure Into Our Past

Tao Te Ching

The author, a German-born artist who founded a Buddhist order recounts his life and experiences traveling in Tibet

As Kasey's health, life, and her relationship with Ashwin hang precariously in the balance, he must contend with his jealous ex-fiance, Silver Moon. As her jealousy increases to frightening and dangerous levels, Ashwin must find a way to deal with her, as well as figure out how to pull his beloved Kasey from the devastating grip of the tragedy that has befallen her. Will Silver Moon's heinous actions put an end to Ashwin's and Kasey's budding relationship, or will true love prevail?

Don Newman's first volume of Savannah centric poetry reflects the close personal relationship between poet and subject often found in work dedicated to a particular place. Such intimate subjectivity may seem lofty at times. But this Savannah native has a way of bringing grandiose notions of his hometown down to earth. Here, the author's regional sensibilities-together with his stretch toward the universal-offer the reader a unique perspective and a tour of Savannah unattainable during a typical day of sightseeing. While by no means a comprehensive poetic look at the city, Newman's Little Poetry Book of Savannah will surely augment the traveler's backpack, give visitors a distinctive literary keepsake, and make the perfect gift for those back home who would like an authentic little piece of Savannah. Meditative, descriptive, fun, quirky, and enjoyably honest, Newman bares parts of his soul in this down-to-earth, head-in-the-clouds "poetry for everyone." For a slightly smaller, less expensive Black & White Edition go here: <https://wwwcreatespace.com/3909405>

With the combination of Coach Melvin's Dynamic Application of Internal Awareness(tm) (DAIA) Method, Dr. Totton's 100-day method to condition your body's neural pathways to establish a new habit which then becomes automatic, and with Dr. Painter's method of committed practice of Li Family Yixingong (Standing Meditation) to produce profound results at the neurological level, novices to advanced practitioners gain the ability to access your inner core, tapping into an area that can positively affect your overall well-being, prevent stress from taking hold, and give you perpetual mental-physical rejuvenation.

The Way of the White Clouds

The Little Poetry Book of Savannah

White Cloud/Lakota Spirit

The Cloud Diary

The Zen Revolution

A classic account of a man's spiritual pilgrimage through Tibet just before the Chinese invasion of 1950 features a new introduction that places the author's experiences and discoveries in a historical context.

The Megachurch Book juxtaposes the way of the scripture to the way of the modern day church, particularly the megachurch. A broad range of subjects are explored including church membership, lavish buildings, dual church locations, the absence of men in the church, neglect of community, the corporate orientation of the megachurch, the tax exempt charter, and many more intriguing topics. The book primarily focuses on trends and practices that are found in African American community based megachurches. Certain topics are written in prose and biblical metaphoric style for greater impact. The more biblical versed a reader is, the more the book will resonate. In order to accommodate various levels of biblical familiarity, the author includes a Discussions and Supporting

Scriptures section at the conclusion of each topic. The Megachurch Book was written to open dialogue, invoke discourse, and inspire church attendees to not only consider the appropriateness of certain megachurch practices, but to also question such practices.

Discourses of a Hindu religious leader.

Here is a presentation of Native American shamanism based on the teachings of a spirit elder of the Plains tradition. The authors have spent ten years researching and holding group seminars through which the elder spoke and delivered these messages.

Meditative Coloring

The Blessings Already Are

The Life Story of the Buddha

The Sea of Storms

Celtic Fire

Chinese people are known for being philosophical. A person doesn't necessarily have to be religious in order to be philosophical. You just have to learn the best ways to live your life so that you can have a more prosperous future. A classic Chinese manual entitled "Tao Te Ching" teaches people the art of living and the path you must take in order to find fulfillment in your life. This classic Chinese text was written by a sage named Laozi, also known as Lao Tzu. Laozi means "Old Master" in Chinese. Some people like to refer to this classic Chinese text as Laozi instead of Tao Te Ching because they have so much respect for the author. The sage, Laozi, is believed to have lived around 600 B.C. In his professional life, he worked as a record keeper for the Zhou Dynasty Court. However, historians are still unsure about the exact date and time when the Tao Te Ching was actually written. The only thing they know is that the oldest Chinese texts that were excavated dates back to sometime in the late 4th century B.C. Even though they were originally written in the 6th century, the texts that were excavated in the 4th century are likely rewritten texts. The Tao Te Ching is one of the main Chinese classic texts that promote the religious and philosophical principles of Taoism. It is the most fundamental book of text that is studied by all Taoists. It is also a strong influence on other Chinese schools that teach Confucianism, Legalism and Chinese Buddhism. Chinese painters, poets, gardeners and calligraphers use the philosophies of the book as a source of inspiration. The influence of the Tao Te Ching has spread far throughout Eastern Asia and is one of the most translated books ever written in the history of literature. In Roman culture, the book was transcribed using the Wade-Giles Romanization system. They transcribed the title as "Daodejing." The words "Dao" and "Tao" both mean "the way." The words "De" and "Te" both mean inner strength or virtuosity. And finally, the words "Jing" and "Ching" mean "classic" or "the great book." Therefore, the translation of Tao Te Ching and Daodejing is said to be "The Classic Way to Inner Strength." In other words, if you learn the philosophies in this book then you will have the knowledge of finding the right path to strength and happiness. Tao Te Ching is not a long book to read by any means. It is only 5,000 Chinese characters long with about 81 very brief sections or chapters. The writing is of a classical form of Chinese called zhuanshu. As the centuries went by, the later versions were written in Lishu and Kaishu. As for the chapters, no one knows if the separated chapters were originally placed there by Laozi or if they were added later on. Some people think they were added later on as a way to help memorize the information and add commentary. The whole book is divided into two main parts. The first part is the Tao Ching, which goes from chapter 1 to chapter 37. The second part is the Te Ching, which goes from chapter 38 to chapter 81. Some even refer to this style of writing as laconic and poetic because of its brief chapters and intentional contradictions. This writing is strategic in a sense because it creates memorable phrases and then forces the reader to create their own reconciliations from all the supposed contradictions. This is why it takes some people their entire lives to fully understand the message behind the text. For others, they never fully grasp it.

'The Buddha was the source. Venerable Svasti and the young buffalo boys were rivers that flowed from the source. Wherever the rivers flowed, the Buddha would be there.' In Old Path White Clouds, the world's revered master of mindfulness, Thich Nhat Hanh, retells the story of the Buddha in his own inimitably beautiful style. He draws upon Pali, Sanskrit and Chinese sources to trace the Buddha's life slowly and gently through the course of eighty years. Seen partly through the eyes of the Buddha himself and partly through those of Svasti, the buffalo boy, Old Path White Clouds brings the Buddha closer to us as we journey with him on his path to enlightenment and nirvana.

Black Hat Wisdom was written as the author's personal guide to achieve spiritual freedom and attain inner peace. Its main theme focuses on applying metaphysical attributes, without any specific theological beliefs that might constrain an open minded approach to the everyday occurrences of our daily lives. Its prime intention is to inspire, motivate, and embrace the inner essence of your individuality and the power of your spirit, as the main forces that provide the answers to what we already know but have most probably forgotten. The book is a very non-conventional approach to unravel the elusive truths behind those age-old questions of why we are here? What is the purpose of life? Where do we go after death? Why should we believe in what has been forced upon us through thousands of years of traditions and conventional wisdom? And many other questions which, perhaps because of our practical ways of thinking, we have failed to consider important. Hopefully by reading each essay more than once you will be open to consider a different way of thinking - a new way of thinking that could cement your present beliefs or shake them to their core, or maybe help you embrace other ways of getting closer to the absolute truth or to a truth within which the essential nature is forever changing. Lastly the author hopes that the reader will be inspired to question everything, with the compassion and understanding that will allow LOVE and PEACE to always lead the way. You are greater than you think you are.

Old Path White Clouds presents the life and teachings of Gautama Buddha. Drawn directly from 24 Pali, Sanskrit, and Chinese sources, and retold by Thich Nhat Hanh in his inimitably beautiful style, this book traces the Buddha's life slowly and gently over the course of 80 years, partly through the eyes of Svasti, the buffalo boy, and partly through the eyes of the Buddha himself. Old Path White Clouds is destined to become a classic of religious literature. "I have not avoided including the various difficulties the Buddha encountered, both from his own disciples and in relation to the wider society. If the Buddha appears in this book as a man close to us, it is partly due to recounting such

difficulties." - from the author's Afterword.

Red Berries, White Clouds, Blue Sky

Snow Buster

Walking in the Footsteps of the Buddha

Parallel Lines Sometimes Intersect

A Fighters Guide to the Physics of Punching and Kicking for Karate, Taekwondo, Kung Fu and the Mixed Martial Arts

The American spirit of self-reliance goes hand in hand with the mystical tradition of Zen -- yet it hasn't found its own bare wire. The best revolution, and the domain of the Zen adept, is an inner one. The Zen Revolution reads like a novel, each compelling chapter revealing another nuance -- the whole gamut, from origin to fiery culmination. Delving into both the spiritual and worldly aspects with equal candor, The Zen Revolution takes on the basic question of existence, perhaps the most important question we face. There's a new adventure in every chapter, leading to an eventual breakthrough -- something nearly unheard of in the Zen literature of the West

This is a book that's long overdue: One that provides information that has never before been published, compiled or analyzed in a way that's designed to help fighters. This is a guide to the science of kicking and punching that can settle the debates about which techniques are the most effective and why. It will help a fighter to fight, an instructor to teach and martial artists to advance by working things out for themselves. There is no magic involved in the martial arts. The force and power that is displayed by an expert fighter is the consequence of rigorous training in the accurate application of physical laws. Understanding how to use these laws of physics to create massive impact forces will provide a personal insight into the practice of correct technique and form. This unique piece of work will act as a technical reference that provides the facts and figures that fighters seek, including records of the maximum force and speed achieved by some of the best present day warriors, helping to answer many of the most difficult questions in the martial arts.

Alli-Kar, a white-hole portal from another universe, rains meteoroids onto the surface of the planet Kelanni. But the so-called "lodestones" behave according to different physical laws, transforming Kelanni's society. With the aid of the fearsome Keltar in their flying cloaks, the Kelanni are being put to forced labor to mine the lodestones. Shann, an orphan with a fiery disposition, witnesses a battle between a Keltar and a stranger bearing a similar flying cloak. She tracks down the stranger, learning of the technology behind the Keltars' power and joining him on a mission to free the slaves and cut off their supply of lodestones. Meanwhile Keris, a Keltar, is sent on a mission to track down the rebels. She is attacked by a flying creature and saved by the enigmatic Chandara. At their Great Tree, she learns that a mysterious "Prophet" is out to destroy the Kelanni people. Their only hope is a powerful instrument hidden in the distant past. Pursued by Keltar, the party will encounter bizarre creatures, ancient technologies and terrifying dangers. Finally, they must seek to cross a massive storm barrier in order to reach the other side of their world, where a world-shaking revelation awaits.

A complete explanation of the esoteric principles of Mantra that also clarifies the differences between Hindu and Tibetan yoga. Translated into many languages, this is an important text for any student of Buddhism. With bibliography, index, and illustrations.

A Buddhist Pilgrim in Tibet

The Way of the White Cloud

Lodestone Book One

The Way Of The White Clouds

Way of White Clouds

HEAVEN RIDE is a techno-thriller about two loyal friends who unlock secrets of the human soul and invent a device that ejects the soul and long-term memory on its path to heaven, and then brings it back. The "Pod" enables them to build Heaven Ride into the most lucrative empire the world has ever known, until ruthless rivals embark on a campaign of deceit, treachery and betrayal to wrest it away for their own insidious plan. This quandary of science and morality may change the way you think about heaven and the afterlife ... FOREVER. * * * David Brownington, a brilliant entrepreneurial mastermind with a leading business incubator, comes in contact with a mysterious gadget that measures wavelengths never seen before. His close friend, JW Gomez, a third-year Ph.D. candidate, supercedes the boundaries of his doctoral studies using a bio-pod that creates out-of-body experiences. Driven by memories of his little brother who perished in a gruesome accident as a child, JW's extra-curricular studies of sudden traumatic death lead to the astonishing discovery of the human soul. When David and JW merge these devices, they stumble upon the highway to heaven. Each of them falls in love as their miraculous invention takes the world by storm. Millions make the trip. As Heaven Ride prospers, its repercussions ripple throughout society. Protests, bombs and kidnappings threaten to shut it down, posing risks to David, JW, their friends and families. Long after Heaven Ride becomes a household word, startling revelations put David and JW in the crosshairs of dangerous men seeking ultimate power. With HEAVEN RIDE, John Eccleston and Kerry Gleason have woven an intense tale of ambition, success, friendship, betrayal, greed and corruption. It's an intricate and interesting tale of

mankind's most startling invention, and technology gone awry.

Even in 1960s Detroit, race isn't everything. Tom Daniels and "Cookie" Marsh will be the first to tell you that race isn't everything. But it did shape the way they experienced the world growing up in Detroit in the 1950s and 60s. Tom "Cookie" Marsh grew up in a black neighborhood on Detroit's west side. Tom Daniels grew up in a mixed, working-class neighborhood on Detroit's east side. Both men grew up in strict households where they "always got what we needed, and sometimes what we wanted" and both saw their city, their country, and their world transform around them through the Civil Rights movement, riots, and the Viet Nam War. But sometimes parallel lines intersect. As each man tells his story, it is apparent that race isn't just "black and white" but it is part of what makes their friendship extraordinary. Their experiences will show you that race made for huge differences in their experiences, while, in spite of race, there are also touching similarities that made it possible for two men, in their older years, to overcome decades of racial turbulence of their upbringing to become lifelong friends. Follow Tom and Cookie. Hear about their lives, their upbringing, their successes and regrets growing up in black and white Detroit - and how when it boils down to it, the things that are truly important are actually black and white, like you and me.

The Beginning in Black and White is a 20 day adventure into the beginning of our world: from creation, to the flood, to the tower of Babel, this study will dive in deep to explore topics that trouble many Christians. Millions of years or a young earth? Did Noah really take all of those animals on the ark? Was the flood worldwide or was it local? What about the caveman? Dinosaurs? How do all of these things fit into scripture? Does the creationist really have a leg to stand on based on all the evidence we read about in our popular magazines? If any of these questions have ever crossed your mind then this is the study for you. In these pages you will find answers, and the answers just may surprise you. But we won't start at the creation account; we will begin our journey many, many years after the story of Adam and Eve. We will begin with the days of Noah. It will soon become apparent, that if you discount the story of Noah's Ark, your outlook of the world surrounding you may be way off track, because as scripture says, in the last days, many will deny the Flood.

Black Hat Wisdom

Little Book of Light

Tao Te Ching of Lao-Tzu: Book of the Way (Annotated Edition)

The Book on Internal STRESS Release

Blue Sky, White Clouds