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helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian,

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existential, person-centered,  
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cognitive-behavior, family  
systems, feminist,  
postmodern, and integrative  
approaches) and  
demonstrates how each theory

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can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized

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integrative and cognitive-behavioural - before focusing on the most popular approach for each, including person-centred, rational emotive behavioural, and multimodal. Each approach is clearly

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approaches such as narrative, feminist, LGBT, and post-modern, are covered. Author Elsie Jones-Smith helps readers to construct their integrated approach to psychotherapy by learning

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how to develop a broad range of therapeutic expertise to meet the needs of a culturally diverse clientele. In addition to listing and describing theories, this text compares and contrasts them to show

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