

Trying Hard Is Not Good Enough

A deeply original exploration of the power of spontaneity—an ancient Chinese ideal that cognitive scientists are only now beginning to understand—and why it is so essential to our well-being Why is it always hard to fall asleep the night before an important meeting? Or be charming and relaxed on a first date? What is it about a politician who seems wooden or a comedian whose jokes fall flat or an athlete who chokes? In all of these cases, striving seems to backfire. In Trying Not To Try, Edward Slingerland explains why we find spontaneity so elusive, and shows how early Chinese thought points the way to happier, more authentic lives. We’ve long been told that the way to achieve our goals is through careful reasoning and conscious effort. But recent research suggests that many aspects of a satisfying life, like happiness and spontaneity, are best pursued indirectly. The early Chinese philosophers knew this, and they wrote extensively about an effortless way of being in the world, which they called wu-wei (ooo-way). They believed it was the source of all success in life, and they developed various strategies for getting it and hanging on to it. With clarity and wit, Slingerland introduces us to these thinkers and the marvelous characters in their texts, from the butcher whose blade glides effortlessly through an ox to the wood carver who sees his sculpture simply emerge from a solid block. Slingerland uncovers a direct line from wu-wei to the Force in Star Wars, explains why wu-wei is more powerful than flow, and tells us what it all means for getting a date. He also shows how new research reveals what’s happening in the brain when we’re in a state of wu-wei—why it makes us happy and effective and trustworthy, and how it might have even made civilization possible. Through stories of mythical creatures and drunken cart riders, jazz musicians and Japanese motorcycle gangs, Slingerland effortlessly blends Eastern thought and cutting-edge science to show us how we can live more fulfilling lives. Trying Not To Try is mind-expanding and deeply pleasurable, the perfect antidote to our striving modern culture. Ben Horowitz, cofounder of Andreessen Horowitz and one of Silicon Valley’s most respected and experienced entrepreneurs, offers essential advice on building and running a startup—practical wisdom for managing the toughest problems business school doesn’t cover, based on his popular ben’s blog. While many people talk about how great it is to start a business, very few are honest about how difficult it is to run one. Ben Horowitz analyzes the problems that confront leaders every day, sharing the insights he’s gained developing, managing, selling, buying, investing in, and supervising technology companies. A lifelong rap fanatic, he amplifies business lessons with lyrics from his favorite songs, telling it straight about everything from firing friends to poaching competitors, cultivating and sustaining a CEO mentality to knowing the right time to cash in. Filled with his trademark humor and straight talk, The Hard Thing About Hard Things is invaluable for veteran entrepreneurs as well as those aspiring to their own new ventures, drawing from Horowitz’s personal and often humbling experiences.

The instant #1 New York Times bestseller | A Washington Post Notable Book | One of NPR's Best Books of 2021 The definitive behind-the-scenes story of Trump's final year in office, by Phil Rucker and Carol Leonnig, the Pulitzer-Prize winning reporters and authors of A Very Stable Genius. “Chilling.” – Anderson Cooper “Jaw-dropping.” – John Berman “Shocking.” – John Heilemann “Explosive.” – Hallie Jackson “Blockbuster new reporting.” – Nicolle Wallace “Bracing new revelations.” – Brian Williams “Bombshell reporting.” – David Muir The true story of what took place in Donald Trump’s White House during a disastrous 2020 has never before been told in full. What was really going on around the president, as the government failed to contain the coronavirus and over half a million Americans perished? Who was influencing Trump after he refused to concede an election he had clearly lost and spread lies about election fraud? To answer these questions, Phil Rucker and Carol Leonnig reveal a dysfunctional and bumbling presidency’s inner workings in unprecedented, stunning detail. Focused on Trump and the key players around him—the doctors, generals, senior advisers, and Trump family members– Rucker and Leonnig provide a forensic account of the most devastating year in a presidency like no other. Their sources were in the room as time and time again Trump put his personal gain ahead of the good of the country. These witnesses to history tell the story of him longing to deploy the military to the streets of American cities to crush the protest movement in the wake of the killing of George Floyd, all to bolster his image of strength ahead of the election. These sources saw firsthand his refusal to take the threat of the coronavirus seriously—even to the point of allowing himself and those around him to be infected. This is a story of a nation sabotaged—economically, medically, and politically—by its own leader, culminating with a groundbreaking, minute-by-minute account of exactly what went on in the Capitol building on January 6, as Trump’s supporters so easily breached the most sacred halls of American democracy, and how the president reacted. With unparalleled access, Rucker and Leonnig explain and expose exactly who enabled—and who foiled—Trump as he sought desperately to cling to power. A classic and heart-racing work of investigative reporting, this book is destined to be read and studied by citizens and historians alike for decades to come.

This book shows how to make a difference in the lives of customers and communities. It has been used by managers and decision makers in over 40 states and seven countries. Its plain language talk-to-action methods produce results.

The Complete Edition

Ask a Manager

The Love Hypothesis

The Subtle Art of Not Giving a F*ck

Ancient China, Modern Science, and the Power of Spontaneity

A Little Life

White Fragility

From looking outwardly to please others to looking inwardly to define ourselves, we constantly try to cultivate or construct our identities. But guided by the whims of culture or the faulty advice of tradition, we often find identity collapses when life falls apart or change threatens that fragile structure. Is it possible to discover an identity bolstered with unassailable confidence, strengthened for the challenges of life rather than destroyed by them, and free from the whims of cultural pressure? Yes! It is an identity received, not achieved—an identity established in the gospel. In Stop Trying, Cary Schmidt’s storytelling creates compelling scenes in which you’ll see yourself and your self. You’ll understand why defining your identity outside of Jesus Christ is ultimately fragile, hollow, and unsatisfying. And you’ll discover that your truest and most fulfilling identity is a byproduct of a relationship that changes everything.

You’re one more intentional thought and action away from discovering your best life In The Power of One More, renowned keynote speaker and performance expert Ed Mylett draws on 30 years of experience as an entrepreneur and coach to top athletes, entertainers, and business executives to reveal powerful strategies to help you live an extraordinary “one more” life. In The Power of One More, you’ll: Learn why you’re closer to your dreams and goals than you think and why using The Power of One More strategies will help you cross the finish line in whatever race you’re running Understand the psychology and science of how to use The Power of One More in every part of your life to help you solve problems and achieve levels of success you never thought possible Discover time-tested and unique solutions to challenges that will remove the mental roadblocks you’ve been battling for years Perfect for anyone who wants more bliss, wealth, or better relationships, The Power of One More is an indispensable roadmap to realizing and exceeding your personal and professional goals by tapping into the superpowers and gifts you already have inside you.

Does your kid also hate mistakes and would love to never have to make mistakes again? Join David on his way to discover that a world without failure might would be less thrilling than expected. The whimsical illustrations will show how a world without failure would look like. Will there be refrigerators? What about ipads, or supermarkets? This book will highlight how failures are actually a good thing and how important mistakes for successful learning. Something to internalize not only for our small readers. At the end of the book you will find a whole page with discussion starter questions. So you can dig deeper into the area of mistakes and growth mindset. If you enjoyed the first book in the Power Of Yet growth mindset series (I Can’t Do That YET) you will definitely will enjoy A World Without Failures. This charming, fun-to-read and thought provoking book will empower both boys and girls ages 4-8. Perfect for ages: 4, 5, 6, 7, 8 and up. You can follow Power Of Yet on Instagram @powerofyet. GET IT NOW and get the ebook for FREE!

A groundbreaking look at why our interactions with others hold the key to success, from the bestselling author of Think Again and Originals For generations, we have focused on the individual drivers of success: passion, hard work, talent, and luck. But in today’s dramatically reconfigured world, success is increasingly dependent on how we interact with others. In Give and Take, Adam Grant, an award-winning researcher and Wharton’s highest-rated professor, examines the surprising forces that shape why some people rise to the top of the success ladder while others sink to the bottom. Praised by social scientists, business theorists, and corporate leaders, Give and Take opens up an approach to work, interactions, and productivity that is nothing short of revolutionary.

Meeting Grief and Loss in a Culture That Doesn't Understand

Growth Mindset

Try Not to Breathe

It’s OK That You’re Not OK

Give and Take

Counting Down with You

How to Win Friends and Influence People

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

Includes an excerpt from Love on the brain.

"A witty, romantic, deeply insightful debut." —Emma Lord, author of Tweet Cute In this sparkling and romantic YA debut, a reserved Bangladeshi-American teenager has twenty-eight days to make the biggest decision of her life after agreeing to fake date her school’s resident bad boy. How do you make one month last a lifetime? Karina Ahmed has a plan. Keep her head down, get through high school without a fuss, and follow her parents’ rules—even if it means sacrificing her dreams. When her parents go abroad to Bangladesh for four weeks, Karina expects some peace and quiet. Instead, one simple lie unravels everything. Karina is my girlfriend. Tutoring the school’s resident bad boy was already crossing a line. Pretending to date him? Out of the question. But Ace Clyde does everything right—he brings her coffee in the mornings, impresses her friends without trying, and even promises to buy her a dozen books (a week) if she goes along with his fake-dating facade. Though Karina agrees, she can’t help but start counting down the days until her parents come back. T-minus twenty-eight days until everything returns to normal—but what if Karina no longer wants it to? "I. Love. This. Book." —Mark Oshiro, award-winning author of Anger Is a Gift and Each of Us a Desert "A must-have addition to any YA bookshelf." —Sabina Khan, author of Zara Hossain Is Here and The Love and Lies of Rukhsana Ali "Hand to fans of Netflix hit Never Have I Ever." —Booklist

The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world’s leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you’re having trouble changing your habits, the problem isn’t you. The problem is your system. Bad habits repeat themselves again and again not because you don’t want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to:
• make time for new habits (even when life gets crazy);
• overcome a lack of motivation and willpower;
• design your environment to make success easier;
• get back on track when you fall off course;
...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Donald J. Trump's Catastrophic Final Year

Trying Not to Try

Lean In

Rules for Focused Success in a Distracted World

Escape 9-5, Live Anywhere, and Join the New Rich

The 48 Laws Of Power

Rich Dad, Poor Dad

"In this novel of psychological suspense, a young journalist struggles to keep the demons of her alcoholism at bay as she finds her purpose again in tackling the mystery of a shocking headline-making crime, still unsolved after fifteen years."--

When a new, chatty, young couple and their two daughters move in next door, Ove's well-ordered, solitary world turns upside down.

NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE A Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s new novel, To Paradise, coming in January 2022.

Offers techniques and strategies for increasing income while cutting work time in half, and includes advice for leading a more fulfilling life.

The French Art of Not Trying Too Hard

Out on a Limb

This Is Just My Face

The Ultimate Guide to Happiness and Success

The Hard Thing About Hard Things

No Hard Feelings

How to Produce Measurable Improvements for Customers and Communities

From the creator of the popular website Ask a Manager and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

Challenging conventional wisdom on grief, a pioneering therapist offers a new resource for those experiencing loss When a painful loss or life-shattering event upends your world, here is the first thing to know: there is nothing wrong with grief. “Grief is simply love in its most wild and painful form,” says Megan Devine. “It is a natural and sane response to loss.” So, why does our culture treat grief like a disease to be cured as quickly as possible? In It’s OK That You’re Not OK, Megan Devine offers a profound new approach to both the experience of grief and the way we try to help others who have endured tragedy. Having experienced grief from both sides—as both a therapist and as a woman who witnessed the accidental drowning of her beloved partner—Megan writes with deep insight about the unspoken truths of loss,

File Type PDF Trying Hard Is Not Good Enough

love, and healing. She debunks the culturally prescribed goal of returning to a normal, “happy” life, replacing it with a far healthier middle path, one that invites us to build a life alongside grief rather than seeking to overcome it. In this compelling and heartfelt book, you’ll learn:

- *Why well-meaning advice, therapy, and spiritual wisdom so often end up making it harder for people in grief*
- *How challenging the myths of grief—doing away with stages, timetables, and unrealistic ideals about how grief should unfold—allows us to accept grief as a mystery to be honored instead of a problem to solve*
- *Practical guidance for managing stress, improving sleep, and decreasing anxiety without trying to “fix” your pain*
- *How to help the people you love—with essays to teach us the best skills, checklists, and suggestions for supporting and comforting others through the grieving process*

Many people who have suffered a loss feel judged, dismissed, and misunderstood by a culture that wants to “solve” grief. Megan writes, “Grief no more needs a solution than love needs a solution.” Through stories, research, life tips, and creative and mindfulness-based practices, she offers a unique guide through an experience we all must face—in our personal lives, in the lives of those we love, and in the wider world. It’s OK That You’re Not OK is a book for grieving people, those who love them, and all those seeking to love themselves—and each other—better.

An encyclopedia designed especially to meet the needs of elementary, junior high, and senior high school students.

The #1 international best seller In Lean In, Sheryl Sandberg reignited the conversation around women in the workplace. Sandberg is chief operating officer of Facebook and coauthor of Option B with Adam Grant. In 2010, she gave an electrifying TED talk in which she described how women unintentionally hold themselves back in their careers. Her talk, which has been viewed more than six million times, encouraged women to “sit at the table,” seek challenges, take risks, and pursue their goals with gusto. Lean In continues that conversation, combining personal anecdotes, hard data, and compelling research to change the conversation from what women can’t do to what they can. Sandberg provides practical advice on negotiation techniques, mentorship, and building a satisfying career. She describes specific steps women can take to combine professional achievement with personal fulfillment, and demonstrates how men can benefit by supporting women both in the workplace and at home. Written with humor and wisdom, Lean In is a revelatory, inspiring call to action and a blueprint for individual growth that will empower women around the world to achieve their full potential.

Selected Writing, 1989-2021

Why Helping Others Drives Our Success

A World Without Failures

A Novel

The Secret Power of Embracing Emotions at Work

I Alone Can Fix It

I Can't Accept Not Trying

Why is it so hard to make lasting changes in our companies, in our communities, and in our own lives? The primary obstacle is a conflict that’s built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller Made to Stick. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body, the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In Switch, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results:

- **The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients**
- **The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping**
- **The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service**

In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. Switch shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest is in changing the world or changing your waistline.

Do you feel stuck in life, not knowing how to make it more successful? Do you wish to become more popular? Are you craving to earn more? Do you wish to expand your horizon, earn new clients and win people over with your ideas? How to Win Friends and Influence People is a well-researched and comprehensive guide that will help you through these everyday problems and make success look easier. You can learn to expand your social circle, polish your skill set, find ways to put forward your thoughts more clearly, and build mental strength to counter all hurdles that you may come across on the path to success. Having helped millions of readers from the world over achieve their goals, the clearly listed techniques and principles will be the answers to all your questions.

Sick of striving? Giving up on grit? Had enough of hustle culture? Daunted by the 10,000-hour rule? Relax: As the French know, it’s the best way to be better at everything. In the realm of love, what could be less seductive than someone who’s trying to seduce you? Seduction is the art of succeeding without trying, and that’s a lesson the French have mastered. We can see it in their laissez-faire parenting, chic style, haute cuisine, and enviable home cooking: They barely seem to be trying, yet the results are world-famous—thanks to a certain je ne sais quoi that is the key to a more creative, fulfilling, and productive life. For fans of both Mark Manson’s The Subtle Art of Not Giving a F*ck and Alain de Botton’s How Proust Can Change Your Life, philosopher Ollivier Pourriol’s The French Art of Not Trying Too Hard draws on the examples of such French legends as Descartes, Stendhal, Rodin, Cyrano de Bergerac, and Françoise Sagan to show how to be efficient à la française, and how to effortlessly reap the rewards. A PENGUIN LIFE TITLE

The Oscar-nominated Precious star and Empire actress delivers a riveting memoir that is wise, complex, smart, funny, and breaks the mold, just like Sidibe, herself. Gabourey Sidibe - "Gabby" to her legion of fans - skyrocketed to international fame in 2009 when she played the leading role in Lee Daniels' acclaimed movie Precious. In This Is Just My Face, she shares a one-of-a-kind life story in a voice as fresh and challenging as many of the unique characters she's played onscreen. With full-throttle honesty, Sidibe paints her Bed-Stuy/Harlem family life with a polygamous father and a gifted mother who supports her two children by singing in the subway. Sidibe tells the engrossing, inspiring story of her first job as a phone sex "talker". And she shares her unconventional (of course!) rise to fame as a movie star alongside "a superstar cast of rich people who lived in mansions and had their own private islands and amazing careers while I lived in my mom's apartment." Sidibe's memoir hits hard with self-knowing dispatches on friendship, depression, celebrity, haters, fashion, race, and weight ("If I could just get the world to see me the way I see myself," she writes, "would my body still be a thing you walked away thinking about?"). Irreverent, hilarious, and untraditional, This Is Just My Face will resonate with anyone who has ever felt different and with anyone who has ever felt inspired to make a dream come true.

The 4-Hour Work Week

Stop Trying

Women, Work, and the Will to Lead

Jonathan Livingston Seagull

Why It's So Hard for White People to Talk About Racism

Trying Not To Love You

The World Book Encyclopedia

The former basketball player shares his views on achieving excellence, including goals, fears, commitment, teamwork, learning the fundamentals, and leadership

Wall Street Journal Bestseller! Next Big Idea Club selection?chosen by Malcolm Gladwell, Susan Cain, Dan Pink, and Adam Grant as one of the "two most groundbreaking new nonfiction reads of the season!" "A must-read that topples the idea that emotions don't belong in the workplace." --Susan Cain, author of Quiet A hilarious guide to effectively expressing your emotions at the office, finding fulfillment, and defining work-life balance on your own terms. How do you stop the office grouch from ruining your day? How do you enjoy a vacation without obsessing about the unanswered emails in your inbox? If you're a boss, what should you do when your new, eager hire wants to follow you on Instagram? The modern workplace can be an emotional minefield, filled with confusing power structures and unwritten rules. We're expected to be authentic, but not too authentic. Professional, but not stiff. Friendly, but not an oversharer. Easier said than done! As both organizational consultants and regular people, we know what it's like to experience uncomfortable emotions at work - everything from mild jealousy and insecurity to panic and rage. Ignoring or suppressing what you feel hurts your health and productivity -- but so does letting your emotions run wild. Our goal in this book is to teach you how to figure out which emotions to toss, which to keep to yourself, and which to express in order to be both happier and more effective. We'll share some surprising new strategies, such as:

- **Be selectively vulnerable: Be honest about how you feel, but don't burden others with your deepest problems.**
- **Remember that your feelings aren't facts: What we say isn't always what we mean. In times of conflict and miscommunication, try to talk about your emotions without getting emotional.**
- **Be less passionate about your job: Taking a chill pill can actually make you healthier and more focused. Drawing on what we've learned from behavioral economics, psychology, and our own experiences at countless organizations, we'll show you how to bring your best self (and your whole self) to work every day.**

THE MILLION COPY INTERNATIONAL BESTSELLER Drawn from 3,000 years of the history of power, this is the definitive guide to help readers achieve for themselves what Queen Elizabeth I, Henry Kissinger, Louis XIV and Machiavelli learnt the hard way.
Law 1: Never outshine the master
Law 2: Never put too much trust in friends; learn how to use enemies
Law 3: Conceal your intentions
Law 4: Always say less than necessary.
The text is bold and elegant, laid out in black and red throughout and replete with fables and unique word sculptures. The 48 laws are illustrated through the tactics, triumphs and failures of great figures from the past who have wielded - or been victimised by - power.

(From the Playboy interview with Jay-Z, April 2003) PLAYBOY: Rap careers are usually over fast: one or two hits, then styles change and a new guy comes along. Why have you endured while other rappers haven't? JAY-Z: I would say that it's from still being able to relate to people. It's natural to lose yourself when you have success, to start surrounding yourself with fake people. In The 48 Laws of Power, it says the worst thing you can do is build a fortress around yourself. I still got the people who grew up with me, my cousin and my childhood friends. This guy right here (gestures to the studio manager), he's my friend, and he told me that one of my records, Volume Three, was wack. People set higher standards for me, and I love it.

Trying Hard is Not Good EnoughHow to Produce Measurable Improvements for Customers and CommunitiesBooksurge Llc

Working Hard is Not Good Enough

Try Not to Stare

The Last Thing He Told Me

Atomic Habits

Think Again

A Counterintuitive Approach to Living a Good Life

Building a Business When There Are No Easy Answers

A "collection of [the author's] greatest arguments on culture, politics, religion, and philosophy"--

#1 New York Times Bestseller Over 10 million copies sold In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better, happier people. For decades, we ’ve been told that positive thinking is the key to a happy, rich life. "F**k positivity," Mark Manson says. "Let ’s be honest, shit is f**ked and we have to live with it." In his wildly popular Internet blog, Manson doesn ’t sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. The Subtle Art of Not Giving a F**k is his antidote to the coddling, let ’s-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f**k about so we need to figure out which ones really matter. Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving a F**k is a refreshing slap for a generation to help them lead contented, grounded lives.

#1 New York Times Bestseller “ THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In Think Again, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I ’ve never felt so hopeful about what I don ’t know. ” —Brené Brown, Ph.D., #1 New York Times bestselling author of Dare to Lead The bestselling author of Give and Take and Originals examines the critical art of rethinking: learning to question your opinions and open other people’s minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there’s another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval—and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people’s minds—and our own. As Wharton’s top-rated professor and the bestselling author of Originals and Give and Take, he makes it one of his guiding principles to argue like he’s right but listen like he’s wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You’ll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. Think Again reveals that we don’t have to believe everything we think or internalize everything we feel. It’s an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don’t know is wisdom.

In this “ brave and heartbreaking novel that digs its claws into you and doesn ’t let go, long after you ’ve finished it ” (Anna Todd, New York Times bestselling author) from the #1 New York Times bestselling author of All Your Perfects, a workaholic with a too-good-to-be-true romance can ’t stop thinking about her first love. Lily hasn ’t always had it easy, but that ’s never stopped her from working hard for the life she wants. She ’s come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily ’s life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He ’s also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn ’t hurt. Lily can ’t get him out of her head. But Ryle ’s complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his “ no dating ” rule, she can ’t help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, It Ends with Us is “ a glorious and touching read, a forever keeper. The kind of book that gets handed down ” (USA TODAY).

How to Receive--Not Achieve--Your Real Identity

The Power of Knowing What You Don't Know

Deep Work

How to Change Things When Change Is Hard

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

Switch

It Ends with Us

MacKenzie Cahill has dealt with overbearing and overprotective brothers her entire life, making it near impossible to enjoy her teenage years. Having a boyfriend was practically impossible until she met a guy that wasn't afraid to stand up to them - Dominic. He was sweet, thoughtful, and everything MacKenzie ever wanted in a man. But when they go away to college MacKenzie sees a whole new side of Dominic and begins to wonder if he really is different from every other guy. Her world is turned upside down after a party, and her brothers' best friend Hunter is the one there to offer her a shoulder to cry on. The chemistry between them is electric, and feelings for each other that have been hidden for years are finally voiced. Her best friends in order to be with the one girl he's always secretly wanted?

"Includes the rediscovered part four"--Cover.

The instant #1 New York Times bestselling mystery and Reese Witherspoon Book Club pick that’s captivated more than two million readers about a woman searching for the truth about her husband’s disappearance...at any cost. “A fast-moving, heartfelt thriller about the sacrifices we make for the people we love most.” —Real Simple Before Owen Michaels disappeared, his beloved wife of one year: Protect her. Despite her confusion and fear, Hannah Hall knows exactly to whom the note refers—Owen’s sixteen-year-old daughter, Bailey. Bailey, who lost her mother tragically as a child. Bailey, who wants absolutely nothing to do with her new stepmother. As Hannah’s increasingly desperate calls to Owen go unanswered, as the FBI arrest Owen, as the marshal and federal agents arrive at her Sausalito home unannounced, Hannah quickly realizes her husband isn’t who he said he was. And that Bailey just may hold the key to figuring out Owen’s true identity—and why he really disappeared. Hannah and Bailey set out to discover the truth. But as they start putting together the pieces of Owen’s past, they soon realize the future—one neither of them could have anticipated. With its breakneck pacing, dizzying plot twists, and evocative family drama, The Last Thing He Told Me is a riveting mystery, certain to shock you with its final, heartbreaking turn.

The #1 New York Times Bestselling Series An Amazon Best YA Book of 2020 Glitter Magazine’s #1 Pick for Best YA of 2020 Optioned for Film by Universal My whole world changed when I stepped inside the academy. Nothing is right about this place or the other students in it. Here I am, a mere mortal among gods...or monsters. I still can’t decide which of these wars I belong at all. I only know the one thing that unites them is their hatred of me. Then there’s Jaxon Vega. A vampire with deadly secrets who hasn’t felt anything for a hundred years. But there’s something about him that calls to me, something broken in him that somehow fits with what’s broken in me. Which could spell death for us all. Because Jaxon walled himself off from everyone wants to wake a sleeping monster, and I’m wondering if I was brought here intentionally—as the bait. ***INCLUDES 3 BONUS SCENES FROM THE HERO’S POV*** Don’t miss a single book in the series that spawned a phenomenon! The Crave series is best enjoyed in order: Crave Crush Covet Court Charm Cherish

A Man Called Ove

Crave

Michael Jordan on the Pursuit of Excellence

The Power of One More

An Easy & Proven Way to Build Good Habits & Break Bad Ones

Trying Hard is Not Good Enough

Although we have been successful in our careers, they have not turned out quite as we expected. We both have changed positions several times-for all the right reasons-but there are no pension plans vesting on our behalf. Our retirement funds are growing only through our individual contributions. Michael and I have a wonderful marriage with three great children. As I write this, two are in college and one is just beginning high school. We have spent a fortune making sure our children have received the best education available. One day in 1996, one of my children came home disillusioned with school. He was bored and tired of studying. "Why should I put time into studying subjects I will never use in real life?" he protested. Without thinking, I responded, "Because if you don't get good grades, you won't get into college." "Regardless of whether I go to college," he replied, "I'm going to be rich."

Read the Wall Street Journal Bestseller for "cultivating intense focus" for fast, powerful performance results for achieving success and true meaning in one's professional life (Adam Grant, author of Give and Take). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep-spending their days instead in a frantic blur of e-mail and social media, not even realizing there's a better way. In Deep Work, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media 4. Drain the Shallows A mix of cultural criticism and actionable advice, Deep Work takes the reader on a journey through memorable stories-from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air-and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. Deep Work is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ

The Results-Based Accountability (RBA) framework can be used to improve the quality of life in communities, cities, counties, states and nations, including everything from the well-being of children to the creation of a sustainable environment. It can help government and private sector agencies improve the performance of their programs and make them more customer-friendly and effective. RBA is a common sense approach that replaces all the complicated jargon-laden methods foisted on us in the past. The methods can be learned and applied quickly. And all the materials are free for use by government and non-profit organizations. In addition to providing practical methods, the book also makes a contribution to social theory by explaining the contribution relationship between program performance and community quality of life. As such it is a valuable tool for both program administrators and evaluators. A workshop DVD is also available from resultsleadership.org. The RBA framework has been used in over 40 states and countries around the world.

Less than 2 percent of entrepreneurs succeed, only 15 percent employees get the best hikes, promotions and appraisal ratings. Less than 1 percent get to senior management positions and higher. Does this mean the rest do not work as hard or are not as smart? They are! But there are subtle, yet profound differences. According to bestseller author, TGC Prasad, there is more to accomplishments than just working hard or at times even being smarter. Working Hard is Not Good Enough is an insightful management book for all who want to make a difference to their performance, potential and life in general—to achieve success and importantly happiness.

Trying Hard Is Not Good Enough