

White Coat Becoming A Doctor At Harvard Medical School

What does it take to overcome adversity and achieve success against the odds? Best-selling author and award-winning physician, Dale Okorodudu MD, answers this question in his book, **Black Men In White Coats: 100 Rules for Success**. Dr. Dale shares experiences and lessons learned from the first 20 guests on his podcast, **Black Men In White Coats**. From battling depression to surviving gang infested neighborhoods, these doctors have seen it all. In this book, Dr. Dale outlines 100 concrete rules for success based on stories from these doctor's lives. This book will inspire you to pursue greatness beyond your imagination! It will empower you to fight for your dreams and to never give up!

The author, already in his mid thirties and distinguished as a scholar, tenured professor, and published writer before beginning medical school, chronicles his third year of medical training. **White Coat Wisdom** is about extremely accomplished professionals who've found true fulfillment in life through service to others. In hearing these doctors explain how they achieved this, readers learn about medicine and how we can better our own lives, and those of our families.

Med School Confidential from Robert H. Miller and Daniel M. Bissell uses the same chronological format and mentor-based system that have made **Law School Confidential** and **Business School Confidential** such treasured and popular guides. It takes the reader step-by-step through the entire med school process--from thinking about, applying to, and choosing a medical school and program, through the four-year curriculum, internships, residencies, and fellowships, to choosing a specialty and finding the perfect job. With a foreword by Chair of the Admissions Committee at Dartmouth Medical School Harold M. Friedman, M.D., **Med School Confidential** provides what no other book currently does: a comprehensive, chronological account of the full medical school experience.

Women in White Coats

The Political Education of an American Physician

In the Hands of Doctors: Touch and Trust in Medical Care

Your White Coat is Waiting

Black Men In White Coats

Courage in a White Coat

Patients at Risk

Written by a practicing emergency physician, **The White Coat Investor** is a high-yield manual that specifically deals with the financial issues facing medical students, residents, physicians, dentists, and similar high-income professionals. Doctors are highly-educated and extensively trained at making difficult diagnoses and performing life saving procedures. However, they receive little to no training in business, personal finance, investing, insurance, taxes, estate planning, and asset protection. This book fills in the gaps and will teach you to use your high income to escape from your student loans, provide for your family, build wealth, and stop getting ripped off by unscrupulous financial professionals. Straight talk and clear explanations allow the book to be easily digested by a novice to the subject matter yet the book also contains advanced concepts specific to physicians you won't find in other financial books. This book will teach you how to: Graduate from medical school with as little debt as possible Escape from student loans within two to five years of residency graduation Purchase the right types and amounts of insurance Decide when to buy a house and how much to spend on it Learn to invest in a sensible, low-cost and effective manner with or without the assistance of an advisor Avoid investments which are designed to be sold, not bought Select advisors who give great service and advice at a fair price Become a millionaire within five to ten years of residency graduation Use a "Backdoor Roth IRA" and "Stealth IRA" to boost your retirement funds and decrease your taxes Protect your hard-won assets from professional and personal lawsuits Avoid estate taxes, avoid probate, and ensure your children and your money go where you want when you die Minimize your tax burden, keeping more of your hard-earned money Decide between an employee job and an independent contractor job Choose between sole proprietorship, Limited Liability Company, S Corporation, and C Corporation Take a look at the first pages of the book by clicking on the Look Inside feature Praise For **The White Coat Investor** "Much of my financial planning practice is helping doctors to correct mistakes that reading this book would have avoided in the first place." - Allan S. Roth, MBA, CPA, CFP(R), Author of **How a Second Grader Beats Wall Street** "Jim Dahle has done a lot of thinking about the peculiar financial problems facing physicians, and you, lucky reader, are about to reap the bounty of both his experience and his research." - William J. Bernstein, MD, Author of **The Investor's Manifesto** and seven other investing books "This book should be in every career counselor's office and delivered with every medical degree." - Rick Van Ness, Author of **Common Sense Investing** "The White Coat Investor provides an expert consult for your finances. I now feel confident I can be a millionaire at 40 without feeling like a jerk." - Joe Jones, DO "Jim Dahle has done for physician financial illiteracy what penicillin did for neurosyphilis." - Dennis Bethel, MD "An excellent practical personal finance guide for physicians in training and in practice from a non biased source we can actually trust." - Greg E Wilde, M.D Scroll up, click the buy button, and get started today!

"A comprehensive primer on the business skills essential for physicians." - Kirkus Reviews "A doctors' guide to entrepreneurship..." - Kirkus Reviews This is the new third edition (2015-2016) of the most popular business and practice management book for physicians, medical students and medical residents. Thousands of doctors and entrepreneurs have bought this book before joining a group or starting their own practice or entrepreneurial venture. The brand new third edition contains **NEW FORMATTING AND NEW MATERIAL** for the same low price as past editions. This third edition includes a bonus section to help entrepreneurs and doctors source out specific vendors' and their products and services to get a jumpstart on your business or medical practice. **WARNING AND ADVICE for Doctors & Medical students and entrepreneurs: BEFORE JOINING A GROUP PRACTICE OR STARTING A NEW BUSINESS, DO NOT SIGN ANY CONTRACTS UNTIL YOU HAVE FINISHED READING THIS BOOK.** This book is written to help doctors, medical residents, medical students, and physicians in private practice and academia avoid costly business mistakes in their post medical school career. It is uniquely written from the perspective of a successful physician entrepreneur. Busy doctors with little time can quickly access critical cost saving information when joining or starting a private practice. Topics include everything from how to set up a practice, sign a contract with another group, hire another doctor, contract with insurance companies, understand health regulations including the HITECH stimulus act, how to qualify to receive stimulus funds, billing in the office, hiring and firing personnel, picking a location, obtaining hospital privileges, applying for the required licenses, electronic health records, practice management software, health technology in the office, how to protect your estate, liability issues, marketing

and public relations, design of the medical office and more. Also written for the physician entrepreneur, the book explains how to raise capital, term sheets, understanding venture capital, board of directors, incorporation election issues, how to understand financials, balance sheets, negotiations, hiring the management team, how to take an idea and turn it into an operating business, how to protect your intellectual property, copyrights, trademarks, patents, customer acquisition and how to deal with a business when things go wrong. The book covers much more and includes expert "stat consults" or opinions from corporate attorneys, intellectual property attorneys, board certified health care attorneys and estate attorneys.

Grey's Anatomy meets Scrubs in this brilliant debut novel about a young doctor's struggle to survive residency, love, and life. Having spent the last twenty-something years with her nose in a textbook, brilliant and driven Norah Kapadia has just landed the medical residency of her dreams. But after a disastrous first day, she's ready to quit. Disgruntled patients, sleep deprivation, and her duty to be the "perfect Indian daughter" have her questioning her future as a doctor. Enter chief resident Ethan Cantor. He's everything Norah aspires to be: respected by the attending physicians, calm during emergencies, and charismatic with his patients. And as he morphs from Norah's mentor to something more, it seems her luck is finally changing. But when a fatal medical mistake is made, pulling Norah into a cover-up, she must decide how far she's willing to go to protect the secret. What if "doing no harm" means putting herself at risk?

Prison camp, starvation, execution...all threaten her little family. A true wartime drama based on the experience of Dorothy Joy Kinney Chambers M.D. and her family. This sweeping biographical novel brings to life the dramatic experience of a valiant woman who, armed only with the white coat of her profession, found the courage to live her life on the razor's edge and survived it. It's a captivating story of service and sacrifice, of love and the searing emotions that gripped this missionary doctor throughout her imperiled course. "A lovely story of an extraordinary woman! The use of contemporary sources adds authenticity to an ordeal that could be overwhelming in its grimness were it not described so vividly and poetically." -Dorey Schmidt, Ph.D. Dorothy Kinney had found herself in remote India in 1928, a medical missionary charged with building up a hospital for the women and children of Assam. The fledgling doctor began her practice in Gauhati, where her surgeries were performed by the light of a kerosene lamp in an open-air clinic with no electricity, no running water, and no sewer system. She left it ten years later a fully functioning modern hospital, with running water, electricity, and the complete devotion of the people of Assam. It was there she fell in love. Pregnant with their second child, Dorothy, her missionary husband Fred Chambers, and their daughter Carol Joy, set out on a voyage that would take them to their new missionary post in Iloilo, on the Philippine island of Panay. One day later War was declared in Europe. She could not know that by the time her unborn baby turned eighteen months old her little family would be swept into a Japanese internment camp. With four thousand other prisoners of war she struggled to feed her little family in the prison at Santo Tomas, a place where hundreds died and most suffered starvation. Many remember Dorothy Chambers in her white coat of courage, doctoring the children of the camp, never knowing that her little family would come within just twenty-four hours of execution. This is her story.

How Not To Be A Doctor

Extraordinary Doctors Talk about what They Do, how They Got There, and why Medicine is So Much More Than a Job

The Beauty in Breaking

The White Coat Investor

Med School Confidential

How Medical and Dental Students Can Secure Their Financial Future

Everything You Need to Know about Medical School, Residency, Specialization, and Practice

By New Yorker and Atlantic writer Carl Elliott, a readable and even funny account of the serious business of medicine. A tongue-in-cheek account of the changes that have transformed medicine into big business. Physician and medical ethicist Carl Elliott tracks the new world of commercialized medicine from start to finish, introducing the professional guinea pigs, ghostwriters, thought leaders, drug reps, public relations pros, and even medical ethicists who use medicine for (sometimes huge) financial gain. Along the way, he uncovers the cost to patients lost in a health-care universe centered around consumerism.

"I want to be a doctor." Whether this has been your lifelong dream or is an option you have recently started considering, it is important to understand what it takes to become a competitive applicant for medical school. As a pre-med, you have to be strategic and make good decisions during all phases of your path towards becoming a physician. As a pre-med advisor who previously worked at Johns Hopkins University and Franklin & Marshall College (Kirsten Kirby) and a physician (Dr. William Kirby), we wanted to share our collective expertise and advice. Our book is designed to help pre-med students avoid making mistakes and employ proven strategies to strengthen their chance for gaining admission to medical school. Our book provides targeted information for individuals evaluating whether a career in medicine is right for them, high school students who plan to be pre-med in college, collegiate pre-med students, post-baccalaureate pre-med students (career changers), and parents seeking to learn more about the medical school admissions process. No matter where you are in your path to becoming a doctor, we hope you finish this book feeling empowered, informed, and ready to turn your vision of putting on the white coat into reality.

"When Damon Tweedy first enters the halls of Duke University Medical School on a full scholarship, he envisions a bright future where his segregated, working class background will become largely irrelevant. Instead, he finds that he has joined a new world where race is front and center. When one of his first professors mistakes him for a maintenance worker, it is a moment that crystallizes the challenges he will face throughout his early career. Making matters worse, in lecture after lecture the common refrain for numerous diseases resounds: "more common in blacks than whites." [This book] examines the complex ways in which both black doctors and patients must navigate the difficult and often contradictory terrain of race and medicine"-- Vickie Y. Mabry-Height, M.D., M.P.H., F.A.C.P., "COL" a board certified physician practicing for over three decades, shares an extraordinarily personal

story about her journey from the Jim Crow South's cotton fields, pursuing her dream of becoming a doctor, despite the pervasive racism, sexism and injustice that still plague the healthcare system.

A Doctor's Reflections on Race and Medicine

Short White Coat

White Coat Wisdom

When Doctors Become Patients

White Coat, Clenched Fist

Burning the Short White Coat: A Story of Becoming a Woman Doctor

A Story of Becoming a Woman Doctor

NEW YORK TIMES BESTSELLER! For fans of Hidden Figures and Radium Girls comes the remarkable story of three Victorian women who broke down barriers in the medical field to become the first women doctors, revolutionizing the way women receive health care. In the early 1800s, women were dying in large numbers from treatable diseases because they avoided receiving medical care. Examinations performed by male doctors were often demeaning and even painful. In addition, women faced stigma from illness—a diagnosis could greatly limit their ability to find husbands, jobs or be received in polite society. Motivated by personal loss and frustration over inadequate medical care, Elizabeth Blackwell, Elizabeth Garrett Anderson and Sophia Jex-Blake fought for a woman's place in the male-dominated medical field. For the first time ever, *Women in White Coats* tells the complete history of these three pioneering women who, despite countless obstacles, earned medical degrees and paved the way for other women to do the same. Though very different in personality and circumstance, together these women built women-run hospitals and teaching colleges—creating for the first time medical care for women by women. With gripping storytelling based on extensive research and access to archival documents, *Women in White Coats* tells the courageous history these women made by becoming doctors, detailing the boundaries they broke of gender and science to reshape how we receive medical care today.

“Charlotte Bismuth gives us a bold and cinematic true crime story about her work at the intersection of medicine and greed. *Bad Medicine* is a gripping memoir that toggles deftly between the personal and prosecutorial.” —Beth Macy, New York Times bestselling author of *Dopesick* “Bismuth has written a brilliant account of prosecuting a doctor who became a drug dealer in a white coat. She is haunted by the voices of the dead and listening closely to the voices of the living.” —Nan Goldin, artist, activist, and founder of P.A.I.N. “*Bad Medicine* is a taut exploration of America’s deadly battle with opioid addiction—an unnerving and inspirational firecracker of a book.” —Karen Abbott, New York Times bestselling author of *The Ghosts of Eden Park* For fans of *Dopesick* and *Bad Blood*, the shocking story of New York’s most infamous pill-pushing doctor, written by the prosecutor who brought him down. In 2010, a brave whistleblower alerted the police to Dr. Stan Li’s corrupt pain management clinic in Queens, New York. Li spent years supplying more than seventy patients a day with oxycodone and Xanax, trading prescriptions for cash. Emergency room doctors, psychiatrists, and desperate family members warned him that his patients were at risk of death but he would not stop. In *Bad Medicine*, former prosecutor Charlotte Bismuth meticulously recounts the jaw dropping details of this criminal case that would span four years, culminating in a landmark trial. As a new assistant district attorney and single mother, Bismuth worked tirelessly with her team to bring Dr. Li to justice. *Bad Medicine* is a chilling story of corruption and greed and an important look at the role individual doctors play in America’s opioid epidemic.

"This is well-written, accessible and useful, not only for students, residents and new docs but also for seasoned docs struggling with the complexities of today's health care system." -- Jay W. Lee, MD, MPH, FAAFP, President of the California Academy of Family Physicians "I want to give this book to all of my physician patients, especially those who struggle with time management. A must read for any novice practitioner as well as the seasoned physician who needs to reboot their practice." -Steven Cohen, PsyD, The Center for Psychology "How to be a Rock Star Doctor" shows doctors how to get on-stage to achieve clinical and professional success, while avoiding burnout. The key is to follow the Rebekah Bernard's Rock Star rules for running a successful practice that delights patients and delivers financial and emotional rewards to the physician. The Rock Star rules teach the physician to: Convey the qualities that are the most important to patients, leading to clinical success Organize and control the office visit to maximize the patient and physician agendas Optimize time management by the use of clinical tools such as the "Problem List" and Evidence-Based-Medicine (EBM) Focus on physician-patient "face-to-face" time to maximize profitability Overcome the challenges of the Electronic Health Record (EHR) on the physician-patient relationship with time-saving methods such as customizable forms Cope with emotionally challenging patients by learning to show empathy, even when you don't feel it Use psychology to maintain your mental health and find work-life balance"

A NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S TOP TEN NONFICTION BOOKS OF THE YEAR A LIBRARY JOURNAL BEST BOOK SELECTION • A BOOKLIST EDITORS' CHOICE

BOOK SELECTION One doctor's passionate and profound memoir of his experience grappling with race, bias, and the unique health problems of black Americans When Damon Tweedy begins medical school, he envisions a bright future where his segregated, working-class background will become largely irrelevant. Instead, he finds that he has joined a new world where race is front and center. The recipient of a scholarship designed to increase black student enrollment, Tweedy soon meets a professor who bluntly questions whether he belongs in medical school, a moment that crystallizes the challenges he will face throughout his career. Making matters worse, in lecture after lecture the common refrain for numerous diseases resounds, "More common in blacks than in whites." *Black Man in a White Coat* examines the complex ways in which both black doctors and patients must navigate the difficult and often contradictory terrain of race and medicine. As Tweedy transforms from student to practicing physician, he discovers how often race influences his encounters with patients. Through their stories, he illustrates the complex social, cultural, and economic factors at the root of many health problems in the black community. These issues take on greater meaning when Tweedy is himself diagnosed with a chronic disease far more common among black people. In this powerful, moving, and deeply empathic book, Tweedy explores the challenges confronting black doctors, and the disproportionate health burdens faced by black patients, ultimately seeking a way forward to better treatment and more compassionate care.

White Coat Tales

A Complete Guide to the Medical School Experience: By Students, for Students

White Coat

The White Coat Investor's Financial Boot Camp

How to Be a Rock Star Doctor

Beneath the White Coat

The Rise of the Nurse Practitioner and Physician Assistant in Healthcare

Doctor and medical columnist John Launer has written on the practice and teaching of medicine for many years. Now, more than fifty of his essays have been collected in How Not to Be A Doctor. Taken together, they set out an argument that being a doctor—a real doctor—should mean being able to draw on every aspect of yourself, your interests, and your experiences, however remote these may seem from the medical task of the moment. Originating from popular columns Launer has written for medical journals, the essays range from the title essay “How Not to Be A Doctor,†? an ironic piece illustrating how being authentic as a doctor may mean behaving in ways you were never taught in medical school, to a story of the imagined conversation between two prehistoric medical men on the primitive diet, to the author’s poignant account of being a patient himself as he received treatment for a life-threatening illness. Some of the essays take the form of short stories, either imaginary or autobiographical, and some are contemplative in tone, while others are polemical, humorous, educational, fantastical, satirical, or dead serious. They cover a range of topics including music, poetry, literature, and psychoanalysis, as well as contemporary medical politics and the personal experiences of being a doctor. From the absurd to the profound, the short stories, essays, and reflections in How Not to Be a Doctor combine erudition with humor, candor, and the human touch to show how, in medicine, you cannot separate personal experiences from professional ones, and to inform and entertain readers on both sides of the stethoscope.

Patients at Risk: The Rise of the Nurse Practitioner and Physician Assistant in Healthcare exposes a vast conspiracy of political maneuvering and corporate greed that has led to the replacement of qualified medical professionals by lesser trained practitioners. As corporations seek to save money and government agencies aim to increase constituent access, minimum qualifications for the guardians of our nation’s healthcare continue to decline—with deadly consequences. This is a story that has not yet been told, and one that has dangerous repercussions for all Americans. With the rate of nurse practitioner and physician assistant graduates exceeding that of physician graduates, if you are not already being treated by a non-physician, chances are, you soon will be. While advocates for these professions insist that research shows that they can provide the same care as physicians, patients do not know the whole truth: that there are no credible scientific studies to support the safety and efficacy of non-physicians practicing without physician supervision. Written by two physicians who have witnessed the decline of medical expertise over the last twenty years, this data-driven book interweaves heart-rending true patient stories with hard data, showing how patients have been sacrificed for profit by the substitution of non-physician practitioners. Adding a dimension neglected by modern healthcare critiques such as An American Sickness, this book provides a roadmap for patients to protect themselves from medical harm. WORDS OF PRAISE and REVIEWS Al-Agba and Bernard tell a frightening story that insiders know all too well. As mega corporations push for efficiency and tout consumer focused retail services, American healthcare is being dumbed down to the point of no return. It's a story that many media outlets are missing and one that puts you and your family's health at real risk. --John Irvine, Deductible Media Laced with actual patient cases, the book’s data and patterns of large corporations replacing physicians with non-physician practitioners, despite the vast difference in training is enlightening and astounding. The authors' extensively researched book methodically lays out the problems of our changing medical care landscape and solutions to ensure quality care. --Marilyn M. Singleton, MD, JD A masterful job of bringing to light a rapidly growing issue of what should be great concern to all of us: the proliferation of non-physician practitioners that work predominantly inside algorithms rather than applying years of training, clinical knowledge, and experience. Instead of a patient-first mentality, we are increasingly met with the sad statement of Profits Over Patients, echoed by hospitals and health insurance companies. --John M. Chamberlain, MHA, LFACHE, Board Chairman, Citizen Health A must read for patients attempting to navigate today’s healthcare marketplace. --Brian Wilhelmi MD, JD, FASA

White Coat is Dr. Ellen Lerner Rothman's vivid account of her four years at Harvard Medical School. Describing the grueling hours and emotional hurdles she underwent to earn the degree of M.D., Dr. Rothman tells the story of one woman's transformation from a terrified first-year medical student into a confident, competent doctor. Touching on the most relevant issues in medicine today--such as HMOs, AIDS, and assisted suicide--Dr. Rothman recounts her despair and exhilaration as a medical student, from the stress of exams to the hard-won rewards that came from treating patients. The anecdotes in White Coat are funny, heartbreaking, and at times horrifying. Each chapter takes us deeper into Dr. Rothman's medical school experience, illuminating her struggle to walk the line between too much and not enough intimacy with her patients. For readers of Perri Klass and Richard Selzer, Dr. Rothman looks candidly at medicine and presents an unvarnished perspective on a subject that matters to us all. White Coat opens the infamously closed door between patient and doctor in a book that will change the way we look at our medical establishment. In White Coat, Ellen Rothman offers a vivid account of her four years at one of the best medical schools in the country, and opens the infamously closed door between patient and doctor. Touching on today's most important medical issues -- such as HMOs, AIDS, and assisted suicide -- the author navigates her way through despair, exhilaration, and a lot of

exhaustion in Harvard's classrooms and Boston's hospitals to earn the indisputable title to which we entrust our lives. With a thoughtful, candid voice, Rothman writes about a wide range of experiences -- from a dream about holding the hand of a cadaver she had dissected to the acute embarrassment she felt when asking patients about their sexual histories. She shares her horror at treating a patient with a flesh-eating skin infection, the anxiety of being "pimped" by doctors for information (when doctors quiz students on anatomy and medicine), as well as the ultimate reward of making the transformation and of earning a doctor's white coat. For readers of Perri Klass, Richard Selzer, and the millions of fans of ER, White Coat is a fascinating account of one woman's journey through school and into the high-stakes drama of the medical world. In White Coat, Ellen Rothman offers a vivid account of her four years at one of the best medical schools in the country, and opens the infamously closed door between patient and doctor. Touching on today's most important medical issues -- such as HMOs, AIDS, and assisted suicide -- the author navigates her way through despair, exhilaration, and a lot of exhaustion in Harvard's classrooms and Boston's hospitals to earn the indisputable title to which we entrust our lives. With a thoughtful, candid voice, Rothman writes about a wide range of experiences -- from a dream about holding the hand of a cadaver she had dissected to the acute embarrassment she felt when asking patients about their sexual histories. She shares her horror at treating a patient with a flesh-eating skin infection, the anxiety of being "pimped" by doctors for information (when doctors quiz students on anatomy and medicine), as well as the ultimate reward of making the transformation and of earning a doctor's white coat. For readers of Perri Klass, Richard Selzer, and the millions of fans of ER, White Coat is a fascinating account of one woman's journey through school and into the high-stakes drama of the medical world.

Most people will, at some point or another, either find themselves dressed in a tiny hospital gown or staring at someone else dressed in a tiny hospital gown. Whether from the perspective of a patient, a family member, or a medical professional, we all have a significant stake in the process of medical education. While numerous memoirs recount physicians' grueling experiences during residency, few focus on the even more formative portion of medical training: the third year of medical school-the clinical year. Short White Coat: Lessons from Patients on Becoming a Doctor is the disarmingly honest, yet endearing and sometimes funny account of a medical student's humbling initiation into the world of patient care. Written during his third year of medical school at the University of Pennsylvania, James Feinstein's Short White Coat uses a series of engaging narrative essays to illustrate the universal life lessons that his very first patients teach him. He gracefully examines some of the most common issues and feelings that medical students encounter while learning how to meet, talk with, touch, and care for their patients. Along the way, he learns from his own mistakes before discovering the answer to the question that plagues every medical student: "Do I have what it takes to become a doctor?"

Bad Medicine

Touch and Trust in Medical Care

The White Coat Investor's Guide for Students

White Coat, White Cane

Letter to a Young Female Physician

Notes from a Medical Life

A Journey of Initiation in Medical School

Doctors and other high income professionals receive little training in personal finance, investing, or business. This book teaches them what they did not learn in school or residency. It includes information on insurance, personal finance, budgeting, buying housing, mortgages, student loan management, retirement accounts, taxes, investing, correcting errors, paying for college, estate planning and asset protection.

Everything They Don't Tell You, Everything You Need to Know Becoming a doctor is so much more than acing your MCATs, living through med school, then getting the perfect residency. It is a career that demands long hours on little to no sleep, constant continuing education, and a tough decision about which of the many types of medicine you want to practice. But with the right guide, you can make the right choices each step of the way. On Becoming a Doctor calmly and thoroughly walks you through each academic, physical, and emotional step you'll take on your way to a successful career in medicine, and it includes interviews with many different specialists to help you choose a medical path. This Essential Insider Advice Will Show You: Financing all of the costs of medical school The ups and downs of working with insurance companies Perspectives on a variety of medical fields The educational, physical, and emotional realities of the journey Interviews with doctors in many different specialties Working with other doctors and the administration On Becoming a Doctor covers everything you need to know about medical school, residency, specialization, and practice.

Stepping back from his critically acclaimed crime genre novels, Roland S. Jefferson's White Coat Fever takes the reader on a fascinating trip back in time to the exciting world of the 1960's, when Motown, Jazz and the civil rights movement defined an entire generation. And nowhere was the aspiration of upward mobility more evidenced than on black college campuses where some middle-class black women became obsessed with the idea of marrying doctors. September, a hauntingly attractive civil rights worker who finds both love and brutality in Mississippi jails.... Perry, a brilliant medical student spoiled by good looks and his reputation as the ultimate womanizer... Aiyana, a self centered predatory social climber determined to marry a doctor at

any cost, even if she doesn't love him..... Bennyboy, an idealistic and principled young medical student who shares an illicit past with a girl he once loved..... Here then is Roland S. Jefferson's magnificent, highly imaginative and immensely compelling story of a black cultural lifestyle at a pivotal time in history.....as four young people are plunged into the center of a raging conflict between political idealism and the relentless obsessions about class, color and romantic entitlement. But obsessions, even noble ones, can sometimes go tragically awry.....

Most people will, at some point or another, either find themselves dressed in a tiny hospital gown or staring at someone else dressed in a tiny hospital gown. Whether from the perspective of a patient, a family member, or a medical professional, we all have a significant stake in the process of medical education. While numerous memoirs recount physicians' grueling experiences during residency, few focus on the even more formative portion of medical training: the third year of medical schoolthe clinical year. Short White Coat: Lessons from Patients on Becoming a Doctor is the disarmingly honest, yet endearing and sometimes funny account of a medical student's humbling initiation into the world of patient care.Written during his third year of medical school at the University of Pennsylvania, James Feinstein's Short White Coat uses a series of engaging narrative essays to illustrate the universal life lessons that his very first patients teach him. He examines some of the most common issues and feelings that medical students encounter while learning how to meet, talk with, touch, and care for their patients. Along the way, he learns from his own mistakes before discovering the answer to the question that plagues every medical student: "Do I have what it takes to become a doctor?"

Lessons from Patients on Becoming a Doctor

Intimate Reflections on Being a Doctor in Today's World

Behind the White Coat

Black Man in a White Coat

Still Standing: a Doctor's Story

Becoming A Doctor At Harvard Medical School

Pearls, Pitfalls & Practical Business Advice for Doctors

Grey's Anatomy meets Scrubs in this brilliant debut novel about a young doctor's struggle to survive residency, love, and life. Having spent the last twenty-something years with her nose in a textbook, brilliant and driven Norah Kapadia has just landed the medical residency of her dreams. But after a disastrous first day, she's ready to quit. Disgruntled patients, sleep deprivation, and her duty to be the "perfect Indian daughter" have her questioning her future as a doctor. Enter chief resident Ethan Cantor. He's everything Norah aspires to be: respected by the attending physicians, calm during emergencies, and charismatic with his patients. And as he morphs from Norah's mentor to something more, it seems her luck is finally changing. But when a fatal medical mistake is made, pulling Norah into a cover-up, she must decide how far she's willing to go to protect the secret. What if "doing no harm" means putting herself at risk?

This timely book offers a balanced and thoughtful review of the current mental health emergency and its impact upon and among medical professionals, supported by the best available evidence and illustrated through real-life cases. Recognising the increasing stressors in the role including the impact of the environment in which doctors work, the book examines some of the key emotional drivers for this unhappiness among doctors at work - shame, stigma, suffering and sacrifice - and offers practical steps to emotional and physical recovery. Despite the obvious challenges and stresses of the role, with the right support in place the vast majority of doctors can thrive in their jobs. In reading this book, policy makers, politicians, educators, hospital managers will be reminded of the ethical duty to ensure that doctors are cared for and have access to the time, people and spaces to remain psychological healthy, while doctors will learn to recognize and seek actively the help that they need, and to support and guide one another.

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When Breath Becomes Air chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and

new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Written by a highly respected medical historian, this book examines how and why medical caring—including the role of touch and procedure in caregiving—has evolved in recent decades and how these changes have affected doctor-patient trust as well as patient health and the "health" of the current medical system. • Draws on medical history since the early 19th century to demonstrate how the procedural aspects of medicine are foundational to trusting doctor-patient relationships • Examines how the diminished authority of physicians as decision makers and consumerization of medical services have complicated caregiving • Provides concrete proposals for reinvigorating primary care medicine by developing a new primary care specialty and making better use of nurse practitioners and other nonphysician providers

The White Coat Diaries

The Chronicles of Women in White Coats 3

Catching New York's Deadliest Pill Pusher

Vital Advice for Pre-Meds

White Coat, Black Hat

Burning the Short White Coat

The Chronicles of Women in White Coats 2

The Chronicles of Women in White Coats 2 gives you an up close and personal view of what it is like to be a female doctor in America. From being a healthcare worker on the front lines to carrying the roles of mothers, wives, sisters, daughters and friends, these 10 women reveal it all as they tell their stories of success and struggle. This book discusses gender inequity, health scares, domestic violence, racial bias, the superwoman syndrome, and much more. It was written by women, but has stories that people of all ages and genders can relate to. All these inspirational stories are part of "The Chronicles of Women in White Coats" book series that gives you a sneak peak to what it really means to be a Woman in a White Coat.

What happens when Sex and the City meets Grey's Anatomy? That's the premise of Burning the Short White Coat. Elle Gallagher is a spunky first year med student embarking on her journey to become a doctor at a prestigious Midwestern medical school. But while the academically gifted Elle may have found what seems like the perfect career, it's clear she still has much to learn about finding a man. Confronting the realities of her rigorous medical school training while trying to maintain her need for male companionship, the ambitious Elle is soon immersed in a world of cadaver dissections, exhausting study marathons, resident hazing and encounters with patients ranging from the heartbreaking to the hilarious. But when her search for romantic interaction leads Elle and her friends to a masochistic night of speed dating, she accidentally stumbles into the arms of Missouri's biggest playboy, an incident that damages her self esteem, threatens her studies and launches her on a roller coaster ride of self discovery. Burning the Short White Coat is a coming-of-age novel that explores the personal struggle a single woman must face when balancing a demanding career in medicine with the desire to find a trusting and loving relationship.

In the sixties, Fitzhugh Mullan was an activist in the civil rights struggle. While in medical school, Mullan was shocked by gaps in what the students learned, and the lack of humanity in the classroom. Later, Dr. Mullan was outraged at the conditions he discovered when he began to practice. He helped found the Student Health Organization, organized the Controversial Medical Collective at Lincoln Hospital in the Bronx, and struggled to offer improved medical care to those who needed it most and could afford it least. This landmark book charts the state of medical school and practices in the 1960s and 70s. This new edition is

updated with a preface in which Dr. Mullan reflects on the changes in the medical field over the last thirty-plus years. Fitzhugh Mullan is Murdock Head Professor of Medicine and Health Policy at George Washington University. He worked at the U.S. Public Health Service where he attained the rank of Assistant Surgeon General (1991-1996). Dr. Mullan is the co-founder of the National Coalition for Cancer Survivorship and the author of numerous books, including *Plagues and Politics: The Story of the United States Public Health Service*, and his most recent book, *Narrative Matters: The Power of the Personal Essay in Health Policy*.

Elle Gallagher is an ambitious first-year medical student embarking on her journey to becoming a doctor in the Midwest. Even though she may have made the right career choice, she still has much to learn about finding the perfect man. She is surrounded by Kaity, a bombshell blonde classmate who falls for her geeky Indian lab partner, and Jainey, a sensible and cynical law student who is tragically denying herself love. After a masochistic night of speed-dating, Elle accidentally stumbles into the arms of Missouri's biggest playboy, an incident that damages her self-esteem and spins her into a roller coaster of self-discovery. Together, Elle and Kaity confront the realities of rigorous medical school training while trying to maintain their need for male companionship. *Burning the Short White Coat* exposes the personal battles that single women must overcome in balancing a demanding profession and the desire to find a trusting and loving relationship.

100 Rules for Success!

Adventures on the Dark Side of Medicine

A 12 Step High-Yield Guide to Bring Your Finances Up to Speed

A Memoir

Doctors, Their Minds and Mental Health

On Becoming a Doctor

White Coat Secrets

A poignant and funny exploration of authenticity in work and life by a woman doctor.

For many doctors, their role as powerful healer precludes thoughts of ever getting sick themselves. When they do, it initiates a profound shift of awareness-- not only in their sense of their selves, which is invariably bound up with the "invincible doctor" role, but in the way that they view their patients and the doctor-patient relationship. While some books have been written from first-person perspectives on doctors who get sick-- by Oliver Sacks among them-- and TV shows like "House" touch on the topic, never has there been a "systematic, integrated look" at what the experience is like for doctors who get sick, and what it can teach us about our current health care system and more broadly, the experience of becoming ill. The psychiatrist Robert Klitzman here weaves together gripping first-person accounts of the experience of doctors who fall ill and see the other side of the coin, as a patient. The accounts reveal how dramatic this transformation can be-- a spiritual journey for some, a radical change of identity for others, and for some a new way of looking at the risks and benefits of treatment options. For most however it forever changes the way they treat their own patients. These questions are important not just on a human interest level, but for what they teach us about medicine in America today. While medical technology advances, the health care system itself has become more complex and frustrating, and physician-patient trust is at an all-time low. The experiences offered here are unique resource that point the way to a more humane future.

*A NEW YORK TIMES BESTSELLER A New York Times Notable Book "Riveting, heartbreaking, sometimes difficult, always inspiring." —The New York Times Book Review "An incredibly moving memoir about what it means to be a doctor." —Ellen Pompeo As seen/heard on Fresh Air, The Daily Show with Trevor Noah, NBC Nightly News, MSNBC, Weekend Edition, and more An emergency room physician explores how a life of service to others taught her how to heal herself. Michele Harper is a female, African American emergency room physician in a profession that is overwhelmingly male and white. Brought up in Washington, D.C., in a complicated family, she went to Harvard, where she met her husband. They stayed together through medical school until two months before she was scheduled to join the staff of a hospital in central Philadelphia, when he told her he couldn't move with her. Her marriage at an end, Harper began her new life in a new city, in a new job, as a newly single woman. In the ensuing years, as Harper learned to become an effective ER physician, bringing insight and empathy to every patient encounter, she came to understand that each of us is broken—physically, emotionally, psychically. How we recognize those breaks, how we try to mend them, and where we go from there are all crucial parts of the healing process. *The Beauty in Breaking* is the poignant true story of Harper's journey toward self-healing. Each of the patients Harper writes about taught her something important about recuperation and recovery. How to let go of fear even when the future is murky: How to tell the truth when it's simpler to overlook it. How to understand*

that compassion isn't the same as justice. As she shines a light on the systemic disenfranchisement of the patients she treats as they struggle to maintain their health and dignity, Harper comes to understand the importance of allowing ourselves to make peace with the past as we draw support from the present. In this hopeful, moving, and beautiful book, she passes along the precious, necessary lessons that she has learned as a daughter, a woman, and a physician.

The Chronicles of Women in White Coats 3 gives you a chance to look into the lives of women doctors through their stories. From their personal and professional narratives, these women discuss their many roles at work and home. You'll get a glimpse of the journey into medicine that includes moments of confidence, impostor syndrome, failure, and negative self talk. In this book, you'll also discover instances of double standards and sexual harassment. All these inspirational stories are part of "The Chronicles of Women in White Coats" book series that gives you a sneak peak to what it means to a Woman in a White Coat.

A Doctor's Guide to Personal Finance and Investing

And Other Essays

White Coat Fever

Becoming a Doctor

The Medical Entrepreneur

How the First Women Doctors Changed the World of Medicine

When Breath Becomes Air