

## ***With The Power Of Presence Kristi Hedges***

One of the most hotly-contested debates in contemporary democracy revolves around issues of political presence, and whether the fair representation of disadvantaged groups requires their presence in elected assemblies. Representation as currently understood derives its legitimacy from a politics of ideas, which considers accountability in relation to declared policies and programmes, and makes it a matter of relative indifference who articulates political preferences or beliefs. But what happens to the meaning of representation and accountability when we make the gender or ethnic composition of elected assemblies an additional area of concern? In this innovative contribution to the theory of representation - which draws on debates about gender quotas in Europe, minority voting rights in the USA, and the multi-layered politics of inclusion in Canada - Anne Phillips argues that the politics of ideas is an inadequate vehicle for dealing with political exclusion. But rejecting any essentialist grounding to group identity or group interest, she also argues against any either/or choice between ideas and political presence. The politics of presence then combines with contemporary explorations of deliberative democracy to establish a different balance between accountability and autonomy. Series description Oxford Political Theory presents the best new work in contemporary political theory. It is intended to be broad in scope, including original contributions to political philosophy, and also work in applied political theory. The series contains work of outstanding quality with no restriction as to approach or subject matter. The series editors are David Miller and Alan Ryan. the latest, thoughtful contribution in Anne Phillip's ongoing enquiry into issues of equality, gender and democracy...an excellent contribution to democratic theory'. Political Studies

Doug's latest book might be one of his best for anyone in a capacity to work with people in pain. This book replaces, and surpasses, his original work in this area, "The Gift of Significance, which is no longer in print. He brings his unique discussions about the power of listening, how to be available to people on various life journeys, and how to "get into peoples buckets," to create this book and training guide. Each chapter has opportunities for learning by providing space for writing responses to the scenarios presented. Also, a trainer's discussion guide is included so the book may be utilized in professional or lay team training.

Are you " leadership material? " More importantly, do others perceive you to be? Sylvia Ann Hewlett, a noted expert on workplace power and influence, shows you how to identify and embody the Executive Presence (EP) that you need to succeed. You can have the experience and qualifications of a leader, but without executive presence, you won't advance. EP is an amalgam of qualities that true leaders exude, a presence that telegraphs you're in charge or deserve to be. Articulating those qualities isn't easy, however. Based on a nationwide survey of college graduates working across a range of sectors and occupations, Sylvia Hewlett and the Center for Talent Innovation discovered that EP is a dynamic, cohesive mix of appearance, communication, and gravitas. While these elements are not equal, to have true EP, you must know how to use all of them to your advantage. Filled with eye-opening insights, analysis, and practical advice for both men and women, mixed with illustrative examples from executives learning to use the EP, Executive Presence will help you make the leap from working like an executive to feeling like an executive.

For single parents, working parents, and caregivers who worry about the time they spend away from their children, the mother of The Other Wes Moore shares strategies to raise happy, well adjusted kids. As the mother of Wes Moore, whose memoir about overcoming the obstacles that face a fatherless young black man was a huge bestseller, Joy is constantly asked: How did you do it? How can you be a good parent, have a career and stay healthy when you don't have a partner to pick up the slack? How do you connect with a child when you can't always be there? Joy's answer is "presence." Specifically, seven different ways of being a force in a child's life, ensuring that they feel your influence. We can't always be physically there for our children, but the power of presence can help us to be a voice in the back of their minds that guides them through difficult times. In The Power of Presence, Moore explores seven pillars of presence--heart, faith, mind, courage, financial freedom, values, and connectedness--that all parents can use to positively influence their children. Using compelling stories from women who have been there and practical advice on everything from savings accounts to mindfulness, this book is a compassionate look at what it takes to raise great kids even in less than ideal circumstances. /div

Practicing Presence

The Power Within Vs The Power Without

Hosting the Presence

A Guide to Mindfulness Practices in Early Childhood

Own the Room

Aware

How the Power of Presence is Reshaping Evangelism

**The Absence of God's Presence will create the presence of someone or something else in your life. The content of this book reveals God's Presence, who you are, what power you have, how to activate your faith and help you understand the power within versus the power without. This workbook will refuel your faith life and fill up your emptiness, as it will also challenge you to recognize what life you were made to live. After reading this book, you will change for the better; just like it happened for Peter after Jesus called him to become a fisher of man. This is the book you have been waiting for that you didn't know existed. It carries keys that will unlock doors before you and bring newness of life to you, as you follow its instructions.**

**A practical, user-friendly guide for women seeking focus and calm in the midst of life's storms. Overwhelmed by the demands of family, work, and multiple responsibilities, many women find themselves feeling scattered, and distracted. In this eye-opening book, co-founder and CEO of the Mindsight Institute, Caroline Welch takes readers on a mindfulness journey to help them de-stress and cultivate inner peace. According to Welch, you do not need countless hours sitting in silence to be more present in your life--the key is to practice mindfulness wherever you are and whenever you can. The Gift of Presence guides readers in developing four innate capacities we all possess that will allow us to become more resilient and centered in our lives--even when life is throwing all that it has at us: Presence: the ability to remain firmly in the present moment; to be fully aware of what's happening as it's happening. Purpose: the personal meaning that gets us going and gives direction to our lives. Pivoting: an openness to change that allows you to switch direction if that is what is needed. Pacing: the awareness that it is impossible to do everything we want or need to do all at once; the ability to take life one step at a time. This life-changing book reveals that you already hold in your hands the keys to**

**a more harmonious life--you simply need to look within.**

**New anthology in which devotees narrate their personal stories of what it was like to live with and be guided by Sri Ramana Maharshi.**

**As the mother of Wes Moore, whose memoir about overcoming the obstacles that face a fatherless young black man was a huge bestseller, Joy is constantly asked: How did you do it? How can you be a good parent, have a career and stay healthy when you don't have a partner to pick up the slack? How do you connect with a child when you can't always be there? Joy's answer is "presence." Specifically, seven different ways of being a force in a child's life, ensuring that they feel your influence. We can't always be physically there for our children, but the power of presence can help us to be a voice in the back of their minds that guides them through difficult times. In THE POWER OF PRESENCE, Moore explores seven pillars of presence--heart, faith, mind, courage, financial freedom, values, and connectedness--that all parents can use to positively influence their children. Using compelling stories from women who have been there and practical advice on everything from savings accounts to mindfulness, this book is a compassionate look at what it takes to raise great kids even in less than ideal circumstances.**

**Unveiling Heaven's Agenda**

**Presence**

**A Journey Into Present Moment Awareness**

**The Science and Practice of Presence--The Groundbreaking Meditation Practice**

**Discover Your Signature Voice to Master Your Leadership Presence**

**EBOOK: Coaching Presence: Understanding the Power of the Non-Verbal Relationship**

**The Power of the Presence**

Who is the Holy Spirit anyway? We sing songs about Him. We 've seen His name in the Bible. And most of us know He 's a part of the Trinity, but misunderstandings, confusion, and contention abound. And it 's keeping us from the abundant, satisfying life God has for us. The solution? We need a biblical understanding of the Holy Spirit. Transforming Presence walks you through ten vital practices that will help you have a new experience of the Holy Spirit. You 'll learn how our relationship with the Holy Spirit changed from the Old Testament to the New Testament, what common misconceptions of the Holy Spirit are, and how to think, speak, (and sing) rightly about Him. It can be hard to discern what 's right and wrong in a world of gray scales, differing preferences, and emotional highs, but when we start with the Bible, all the secondary things fall into place. Discover the transformational, personal, and joyful relationship that comes from meeting the Holy Spirit on His own terms.

Awaken Your Fullest Potential Presence Is Power: Seven Steps for Choosing a Life of Prosperity is a concise guide for moving away from "scarcity consciousness" (the false perception of absence or lack) and into a life of our choosing, where we direct our lives with the power of our awareness to live a life of abundance. If the life we lead is simply a choice we make, why are so few of us living life to the fullest in true prosperity? Presence Is Power answers that question and guides the reader towards nourishing intentions with purpose and love. Awaken to your fullest potential with the seven essential steps that Icelandic based author Gudni Gunnarsson has developed over his acclaimed twenty-five year career as a personal life coach and fitness expert. The seven-step progression shared in Presence Is Power leads readers away from fear-based thinking toward the purpose of living in prosperity and gratitude. By acknowledging that our essence is pure energy, light and love, we reveal the miracle that is in us! In this book, readers are urged to take the journey presented here to live life as we were meant to – in prosperity and gratitude. The book includes inspirational quotes and end-of-chapter daily reflections with tips and questions to get the reader fully engaged in the process of the seven steps. Presence Is Power was a best-seller in Iceland and is now being released in the U.S.

Parenting isn 't easy. Showing up is. Your greatest impact begins right where you are. Now the bestselling authors of The Whole-Brain Child and No-Drama Discipline explain what this means over the course of childhood. "There is parenting magic in this book." —Michael Thompson, Ph.D., co-author of the New York Times bestselling classic Raising Cain One of the very best scientific predictors for how any child turns out—in terms of happiness, academic success, leadership skills, and meaningful relationships—is whether at least one adult in their life has consistently shown up for them. In an age of scheduling demands and digital distractions, showing up for your child might sound like a tall order. But as bestselling authors Daniel Siegel and Tina Payne Bryson reassuringly explain, it doesn 't take a lot of time, energy, or money. Instead, showing up means offering a quality of presence. And it 's simple to provide once you understand the four building blocks of a child 's healthy development. Every child needs to feel what Siegel and Bryson call the Four S 's: • Safe: We can 't always insulate a child from injury or avoid doing something that leads to hurt feelings. But when we give a child a sense of safe harbor, she will be able to take the needed risks for growth and change. • Seen: Truly seeing a child means we pay attention to his emotions—both positive and negative—and strive to attune to what 's happening in his mind beneath his behavior. • Soothed: Soothing isn 't about providing a life of ease; it 's about teaching your child how to cope when life gets hard, and showing him that you 'll be there with him along the way. A soothed child knows that he 'll never have to suffer alone. • Secure: When a child knows she can count on you, time and again, to show up—when you reliably provide safety, focus on seeing her, and soothe her in times of need, she will trust in a feeling of secure attachment. And thrive! Based on the latest brain and attachment research, The Power of Showing Up shares stories, scripts, simple strategies, illustrations, and tips for honoring the Four S 's effectively in all kinds of situations—when our kids are struggling or when they are enjoying success; when we are consoling, disciplining, or arguing with them; and even when we are apologizing for the times we don 't show up for them. Demonstrating that mistakes and missteps are repairable and that it 's never too late to mend broken trust, this book is a powerful guide to cultivating your child 's healthy emotional landscape.

Use DISC to discover profound hidden patterns of human behavioral style, gain deeper self-awareness, maximize your personal strengths, and influence others more powerfully than ever before! Taking Flight illuminates the proven DISC four-style model of human behavior, and shows how to use it to become a far more effective leader, salesperson, or teacher; revitalize your career; build deeper personal relationships; fully leverage your natural gifts, and empower everyone around you. Drawing on their immense experience coaching executives and training world-class organizations, Merrick Rosenberg and Daniel Silvert introduce DISC through a fable that's quick, fun, and easy-to-understand. You'll discover why you "click" with some people and "clank" with others, and what really drives your decisions and actions. You'll learn exactly how

to identify others' behavioral styles and choose the best ways to interact with them. You'll walk through creating a personal action plan for improvement -- and then systematically making the most of your strengths, working around your weaknesses, and supercharging your personal performance! If you're already familiar with DISC, this book will help you use it more effectively than ever before. If you're new to DISC, it will change your life -- just as it has for thousands before you!

The Presence Process

The Power of Showing Up

Showing Up

A Mindfulness Guide for Women

The Power of His Presence

Bringing Your Boldest Self to Your Biggest Challenges

Most teachers enter the field of education to make a difference in children's lives. But many end up, as author Dr. Lisa Lucas puts it, "tired, wired, and running in circles." This leads to many new teachers abandoning the profession or to burnout among veteran teachers. In *Practicing Presence: Simple Self-Care Strategies for Teachers*, Dr. Lucas invites the reader to learn how to fully inhabit the present moment. Written in an informal, conversational tone, *Practicing Presence* is filled with ideas, exercises, checklists, personal anecdotes, and practices you can use to reframe and establish a mindset that will enhance your focus and engagement in the classroom. With approximately 50% of new teachers leaving the education field before they hit the 5-year mark, it is more important than ever for educators to prioritize their self-care. Each chapter of *Practicing Presence* includes self-care strategies that explore how to self-regulate, nurture self-acceptance, and promote compassion. Inside you'll find: Quotes and affirmations throughout the texts Scientific research and reflections on how these theories and practices can apply to your own life Paths to Mindful Teaching and how to integrate into your daily life Additional resources and online content to further support your practice When teachers care for themselves deeply and deliberately, they are better able to care for the people that matter most in their lives--their students, friends, and families. *Practicing Presence* focuses not on doing, but rather on being present in the life of the classroom.

"The authors challenge those interested in evangelism to shift from procedures and formulas to true connections and real relationships. They demonstrate that we don't have to be academic theologians or dynamic crusaders to be faithful witnesses to the gospel of Jesus Christ"--

**BRING THE TECHNIQUES OF THE STAGE TO THE BOARDROOM.** For more than a decade, Belle Linda Halpern and Kathy Lubar have applied the lessons and expertise they have learned as performing artists to the work of their company, The Ariel Group. Halpern and Lubar have helped tens of thousands of executives at major companies around the country and the globe, including General Electric, Mobil Oil, Capital One, and Deloitte. In *Leadership Presence*, they make their time-tested strategies available to everyone, from high-profile CEOs to young professionals seeking promotion. Their practical, proven approach will enable you to develop the skills necessary to inspire confidence, command respect, build credibility, and motivate others. Halpern and Lubar teach you: • How to handle tough situations with heightened confidence and flexibility • How to build your relationships to enhance collaboration and business development • How to express yourself dramatically and motivate others • How to integrate your personal values into communication to inspire others and become a more effective leader Learning the skills of the true performance experts, readers will understand why *Leadership Presence* is the key to dynamic and authentic leadership.

Get the Key to the Boardroom with *Powerful Executive Presence*! "This book can be a key aid in helping you make it to the next level! Great coaching for anyone who is even thinking of becoming an executive!" Marshall Goldsmith, New York Times bestselling author of *What Got You Here Won't Get You There* "On the corporate battlefield a true leader's success is based upon his or her ability to communicate effectively, persuade others to follow a goal, and execute it. This leads to success for all. When the stakes are high, you're well advised to read this book first." Scott A. Gaines, vice president, Hertz Corporation "If you are seriously looking to be perceived in the light you choose, *Executive Presence* is the book that not only answers the question, but shows you how to apply the answers." Kevin Hogan, author of *The Psychology of Persuasion* "Harrison Monarth is a first-rate thinker who writes as clearly as he thinks. No matter where you are on the career ladder, *Executive Presence* will put you a step ahead of your competition." T. Scott Gross, author of *Positively Outrageous Service* "Most people know that to move up in your career, you need to have self-awareness and the ability to manage the perceptions of those whose opinions count. . . . *Executive Presence* is your comprehensive guide to help you become more proficient at self-marketing and the art of ethical persuasion to achieve your personal and professional goals." Larina Kase, PsyD, MBA, author of *The Confident Leader* and coauthor of the New York Times bestseller *The Confident Speaker* About the Book An expert in coaching high-level players in the art of perception management, Harrison Monarth reveals the critical difference between CEOs and those of us who wish to be CEOs. It's not a matter of intelligence, connections, or luck. It can be summed up in two words: executive presence. While most of us toil in obscurity and expect great things to follow, those on the path to corporate leadership spend their time perfecting the types of leadership communication skills that generate respect and get others to share their vision. They use these skills to establish how they are perceived by others and to manage their reputation throughout the organization. In other words, these soon-to-be top players have developed the presence of an executive through careful image management—and they make sure they have the goods to back it up. In *Executive Presence*, Monarth shows how you can seize control of your own career using the same skills. Inside, he explains how to: Accurately "read" people and predict their behavior Influence the perceptions of others Persuade those of opposing views to your side Create and maintain a personal "brand" Manage and control your online reputation Perform damage control when things go wrong Monarth's conclusions aren't based solely on his keen insight and extensive experience; they're the result of the latest scientific research in interpersonal communication and human behavior. Talent and skills are important, but they alone won't take you to the top of your organization. People reach highly influential positions because they deeply understand the power of perception and know how to leverage it in their favor. The good news is, anyone with the will to succeed can do it. *Executive Presence* provides all the techniques you need to take your career to the highest level of any

organization.

Parenting with Presence

Leadership Presence

The Power of Your Presence

7 Presence Principles and Tools

The Practice of the Presence of God

Seven Steps for Living a Life of Prosperity

A Guide to Spiritual Enlightenment

In Presence, bestselling author Lisa Lister teaches you how to express yourself, claim yourself back and dare to take up space in the world. Your presence is your power. It doesn't mean learning about body language, posture or how to wear red lipstick. It's about learning to like yourself, connecting with your body, trusting your gut, being strong, and self-caring. In this guide, the author shares her own journey alongside practical tools that will help you live life on YOUR own terms - not dictated by social media or labels imposed by somebody else. Everyone wants to be the kind of leader who can energize and mobilize others with their words, who in a single conversation can change the direction of someone's life. But why is it that so few crack the code of how to do just that? Executive coach Kristi Hedges has spent years studying exactly what inspiring leaders do differently, and in The Inspiration Code dispels the myths that have hindered too many in their unsuccessful campaigns to inspire their team. Informed by quantitative research and thousands of responses from leaders at all levels, Hedges reveals that inspiring communication isn't about grand gestures. Instead, those who motivate us most do a few specific things routinely, consistently, and intentionally. Learn the myths that don't work. Learn the common qualities of the most inspirational leaders. Learn how to authentically excite and motivate your team toward new frontiers of success!

Practice turning ordinary life experiences into a conversation with God! With all the distractions and busyness of everyday life, trying to remain connected to God can be a real challenge. Fortunately, a Carmelite monk named Brother Lawrence understood this problem and laid out a spiritual approach to living in God's presence that is as practical today as it was almost four hundred years ago. Since it was first published in 1691, The Practice of the Presence of God contains a collection of notes, letters, and interviews given by Brother Lawrence to his friends as a way of helping them turn ordinary daily life events into conversations with God. Based on this timeless classic, The Practice of the Presence of God: A 40-Day Devotion guides readers on a 40-day journey through the wisdom of Brother Lawrence, related Scripture passages, and devotional thoughts that bring you into a more conversational relationship with God. The Practice of the Presence of God: A 40-Day Devotion includes: - Daily devotional readings with book excerpt, Scripture references, and devotional thoughts - The complete conversations and letters from Brother Lawrence - Additional resources including a small-group discussion guide, Spiritual Maxims, and The Life of Brother Lawrence available for free online - Perfect for book clubs, small groups, or individual Bible study - Available in print or e-book formats Devote some time to examining the content of this small but powerful book that has inspired millions of Christians over centuries to develop a deeper awareness of the presence of God. Frequently Asked Questions: Does the book include the entire work of Brother Lawrence? This book includes the conversations and letters that make up the bulk of the work commonly known as The Practice of the Presence of God as well as a 40-day devotional plan that guides you through sections of the writings of Brother Lawrence. Additionally, we have made available Spirituals Maxims by Brother Lawrence and The Life of Brother Lawrence for free on the publisher's website. What is the format of the devotional? The daily devotional readings include a book excerpt, Scripture references, and a devotional thought for each day. The devotion can be started at any time of the year and is flexible to individual reader's schedules. Is there a group discussion guide? Yes! You will find a free group discussion guide on the publisher's website that is perfect for individual and small group use. Can anyone lead the group discussion? Absolutely! The questions are created in a discussion format allowing leaders to simply guide participants through each study question.

12 Steps to Power Presence demonstrates ways managers can improve their presence strategically and tactically to develop the trust of their people so that they can accomplish their goals and the goals of the organization. There are 12 chapters that will guide you through the process of discovering, developing, and delivering on your leadership presence.

How the Best Leaders Energize People Every Day

A Critique of Theories of Presence in the Theatre

The Missing Link Between Merit and Success

Transforming Encounters with Sri Ramana Maharshi

Master the DISC Styles to Transform Your Career, Your Relationships...Your Life

How to Assert Your Authority to Lead

12 Steps to Power Presence

The Power of Presence Unlock Your Potential to Influence and Engage Others AMACOM

Professional wisdom has suggested that coaching presence is purely about the coach – how they show up in the room, and what they say and do to support clients to reach their goals. But what if it was about the relational dynamics between the coach and client at an unspoken level? In this book, Tünde Erdős demystifies the power of the non-verbal coaching relationship. Put simply, the body does not lie. Using research from 184 videoed coach-client pairs and exploring their spontaneous interactions at a non-verbal level, we deepen our understanding of how clients navigate uncertainties (including in the coaching room) and how coaches can truly partner with clients to facilitate their goal attainment beyond traditional coaching. This book also reveals that a coach's full-body presence can sometimes hinder learning and prevent progress towards a goal. Tünde Erdős guides the reader through Integrative Presence, where you will learn how to: •Build awareness of your state of presence •Identify potential coaching blind spots •Recognise when your needs block presence •Practice integrative presence in coaching •Foster effective coaching partnerships An excellent example of how coaching practice has informed research and with a foreword from Erik De Haan, this book will help anyone looking to enhance their coaching effectiveness through closer partnering with clients. "This book includes many high-quality and universal components to help professional coaches to make valuable progress." Patrick Delamaire, co-developer of the Global Executive Coaching Program at HEC Paris "WBECS is delighted to have been able to help support Tunde in her research to complete this valuable work on the importance of presence in the coaching experience." Marva Sadler, CEO, WBECS Group "This insightful book will help coaches to reflect on and enhance their practice." Prof Stephen Palmer, Wales Academy for Professional Practice and Applied Research, University of Wales Trinity Saint David, UK Tünde Erdős is an executive coach, coaching scientist, author and lecturer at HEC Paris. Tünde is passionate about staying curious as we co-create the future of coaching through a balance of

science and practical wisdom.

Preschool is a time of wonder when curiosity, development, and learning intersect. While the new sights, routines, and experiences can make preschool exhilarating, what about children who struggle? Perhaps they exhibit odd behaviors: chewing on clothing, covering their ears, avoiding certain textures, refusing to sit with peers, screaming when frustrated, hitting, kicking, or biting. *Wired Differently* will help you to decode what may seem like everyday challenging behaviors. It's possible that these children are struggling with sensory processing disorder (SPD). - Differentiate between everyday challenging behaviors, and those that could signify something much more - Understand what sensory processing disorder (SPD) is and how it can interfere with a child's learning - Learn how to include sensory processing strategies as part of a typical classroom routine, and why they're important for all children - Effectively communicate with families about SPD behaviors and helpful learning techniques Keriann Wilmot, OTR/L, is a pediatric occupational therapist with 18 years of experience in helping teachers and parents to connect and improve the lives of children. She is a blogger on her site [ToyQueen.com](http://ToyQueen.com), covering toy recommendations and play tips. Our children can be our greatest teachers. Parenting expert Susan Stiffelman writes that the very behaviors that push our buttons — refusing to cooperate or ignoring our requests — can help us build awareness and shed old patterns, allowing us to raise our children with greater ease and enjoyment. Filled with practical advice, powerful exercises, and fascinating stories from her clinical work, *Parenting with Presence* teaches us how to become the parents we most want to be while raising confident, caring children. “ Shows parents how they can transform parenting into a spiritual practice. ” — Eckhart Tolle, author of *The Power of Now* “ Clear, wise, soulful, and poetic. ” — Alanis Morissette *Cultivating Self-Generative Leaders Through Mind, Body, and Heart*

*A Daily Workout for Your Soul*

*Inside-Out Healing*

*The Inspiration Code*

*Be a Voice in Your Child's Ear Even When You're Not with Them*

*The Wonder of Presence*

*Executive Presence*

*Presence in Play: A Critique of Theories of Presence in the Theatre* is the first comprehensive survey and analysis of theatrical presence to be published. Theatre as an art form has often been associated with notions of presence. The ‘live’ immediacy of the actor, the unmediated unfolding of dramatic action and the ‘energy’ generated through an actor-audience relationship are among the ideas frequently used to explain theatrical experience – and all are underpinned by some understanding of ‘presence.’ Precisely what is meant by presence in the theatre is part of what *Presence in Play* sets out to explain. While this work is rooted in twentieth century theatre and performance since modernism, the author draws on a range of historical and theoretical material. Encompassing ideas from semiotics and phenomenology, *Presence in Play* puts forward a framework for thinking about presence in theatre, enriched by poststructuralist theory, forcefully arguing in favour of ‘presence’ as a key concept for theatre studies today.

In this compelling collection of talks, interviews, and letters, Toni Packer provides a comprehensive overview of the path of meditative inquiry—a nondenominational approach to spiritual growth that emphasizes the direct experience of the present moment. "The immense challenge for each one of us," Packer writes, "is can we live our lives, at least for moments at a time, in the wonder of presence that is the creative source of everything?" She shows how we can transform fear, anger, guilt, and attachment to our self-image through simple, direct awareness. Having recently lost her husband of fifty years, Packer also speaks with candor and tenderness about the convulsions of a grieving heart and the peace that undivided awareness can bring. Toni Packer began studying Zen in 1967 with Roshi Philip Kapleau (author of *The Three Pillars of Zen* ) at the Rochester Zen Center and was eventually named his successor. Seeing the potentially destructive effects of relying too much on tradition, however, she did not accept the position. Packer is strongly influenced by the teachings of Krishnamurti and has turned away from the traditional forms and hierarchies that are prevalent in many Buddhist schools. Her approach is appealing to many Westerners who find institutionalized practices such as chanting, bowing, and burning incense to be alien and unnecessary.

In *The Power of Joy and Purpose*, Nicole Martin, Chief Empowerment Officer, Speaker, Author and Futurist invites us to accompany her on a journey of spiritual awakening to claim joy and purpose with the tools and principles of presence. As Nicole makes clear throughout this book, life is not easy; it may be full of challenges that appear insurmountable. Growing through her own experiences, we peer through the veils of our common human experience to discover how gratitude and forgiveness can heal us to move forward in faith and recapture who we are truly meant to be.

Let the Spirit live inside you! Are you hungry for an encounter with Jesus? Do you want to make an impact on the world? In this power-packed book, Bill Johnson discusses how you can be a person who hosts the Presence of God. Though all believers obviously have the Spirit of God within them, there is more that enables you to be so full that you overflow His Spirit into your world. Take a journey and meet many great prophets and kings from the Old Testament who were known as people of the Presence—people who, in Johnson’s words, “God wanted to be with.” In this succinct and powerful book, Johnson encourages you toward a pursuit of the Presence of God above all else. In this book, you will

discover: How to pay attention to the Holy Spirit and respond to Him. How the Holy Spirit manifests Himself. Biblical figures who were hungry for more of God's Spirit and learned to host Him. Stories of Presence-filled revivalists and personal encounters with the Presence! Bill Johnson writes: "We are enabled to partner with the Kingdom of Heaven and see it released here on earth! The Presence of God within us will bring reformation to the world around us—encountering a loving God!" Host more of Him today!

Unlock Your Potential to Influence and Engage Others

Presence Is Power

Presence-Based Coaching

Taking Flight!

Practices for Raising Conscious, Confident, Caring Kids

The Power of Now

Grit

*Neil Anderson has travelled the world, speaking and teaching, and has written many books. At his side, at his back, has been his wife Joanne: they have been together for over 50 years. Now Joanne is gripped by a long decline, sinking gradually into agitated dementia. She depends on Neil's presence, calls him Daddy. He has no training as a nurse, but now for long hours he sits at her bedside, and cares for her bodily needs. They do not speak much: conversation is a strain. So Neil has used the silent hours to pray, to spend time in God's presence, and to reflect on what this means. 'I have become keenly aware that God is using Joanne's illness to teach me about the power of presence,' he writes. 'I'm learning on a much deeper level the purpose of just being there, and what it means to be still and know that He is God. There is an inexplicable peace that comes from knowing I don't have to 'do' in order to 'be' in God's will - to be in His presence - to be in each other's presence. 'It has been a peaceful time of reflection upon the presence of God, and how that has shaped me, our marriage, and ministry. My theology tells me that God is omnipresent, but we are not always aware of His presence, and yet without His presence we are not fully alive.'*

*Why is it so difficult to simply be present? The reason is that our deeply suppressed emotional imprints from childhood — which Eckhart Tolle calls "the pain-body" — distract from an awareness of the present moment. We're not broken and don't need to be healed but rather, our discomfort needs to be integrated. The Presence Process is a journey that guides readers into taking responsibility for our emotional integration. It is a way to consciously grow up and become responsible for determining the quality of our personal experience. The book teaches readers how to exercise authentic personal responsibility in a practical manner and reveals the mechanics that shape the way they feel about their lives. It offers a simple, practical approach to accomplishing and maintaining personal peace in the midst of globally accelerating change, discomfort, conflict, and chaos.*

*To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, The Power of Now is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.*

*Presence - how an individual or organization "shows up" in the world, the energetic space that their "being" creates, and the attitude, perspective, and energy they bring as they meet challenges, opportunities, dreams, and visions. Today, perhaps more than any other time in human history, knowing who you are at your essence, the gifts you are here to share, and the presence that you bring to your world is critically important. The more authentic and dynamic your presence, the more effective you will be in supporting the positive transformation and evolution of our world. In The Power of Your Presence, leadership and transformation coach Alan Seale guides you through a "daily workout for your soul"- a short and simple reflective practice that can help you realize the power of your presence. Through this little book, you can tap into the deep well of wisdom, compassion, clarity, and understanding within you. Day by day the power of your presence will emerge - an authentic expression of who you truly are and the gifts you bring to our rapidly changing world.*

*The Politics of Presence*

*The Power of Presence*

*Executive Presence: The Art of Commanding Respect Like a CEO*

*How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired*

*The Power of Passion and Perseverance*

*A 40-Day Devotion Based on Brother Lawrence's The Practice of the Presence of God*

*The Absence of The Presence*

Presence-Based Coaching offers coaches a hands-on resource for developing the capacities and skills needed to be reliably present in all situations, and shows how to let go of habitual—and often ineffective—ways of responding. As author and leadership expert Doug Silsbee explains, once a coach has mastered the inner moves of directing their own attention, they can work to develop the same capability in their clients. The ability of a coach to facilitate lasting, sustainable development in leaders rests on the presence a coach offers to the coach-client relationship.

Join world-renowned consciousness teacher and healer Richard Moss in an exploration of the power of presence in your life. Presence is associated with feelings of aliveness, connection, creativity, satisfaction, and flow. It is presence that frequently is the "difference that makes the difference" in your ability to enjoy life, heal emotional wounds, experience intimacy, and support the growth and transformation of others. This inspiring book presents powerful principles, tools, and practices for transforming self-limiting patterns of thought and behaviors and for staying in the present even in the midst of very difficult feelings. Drawing from individual counseling sessions and utilizing practical exercises, Dr. Moss demonstrates how awareness and presence can be applied to support change in yourself and others, thereby creating a solid bridge between knowing and

doing. Inside-Out Healing will help you become more available and fully connected with yourself and others, build a solid foundation for healing in all areas of your life, be better able to handle difficult situations with more elegance and ease, improve both personal and professional relationships, expand your capacity for genuine empathy and compassion, and experience more richness, gratitude, and fulfillment in your life and relationships. Are you ready for a shift of consciousness that liberates your mind and heart? Whether you're motivated by illness, relationship unhappiness, or the desire to excel and experience life to the fullest, this book holds the keys.

**MORE THAN HALF A MILLION COPIES SOLD:** Learn the simple techniques you'll need to approach your biggest challenges with confidence. Have you ever left a nerve-racking challenge and immediately wished for a do over? Maybe after a job interview, a performance, or a difficult conversation? The very moments that require us to be genuine and commanding can instead cause us to feel phony and powerless. Too often we approach our lives' biggest hurdles with dread, execute them with anxiety, and leave them with regret. By accessing our personal power, we can achieve "presence," the state in which we stop worrying about the impression we're making on others and instead adjust the impression we've been making on ourselves. As Harvard professor Amy Cuddy's revolutionary book reveals, we don't need to embark on a grand spiritual quest or complete an inner transformation to harness the power of presence. Instead, we need to nudge ourselves, moment by moment, by tweaking our body language, behavior, and mind-set in our day-to-day lives. Amy Cuddy has galvanized tens of millions of viewers around the world with her TED talk about "power poses." Now she presents the enthralling science underlying these and many other fascinating body-mind effects, and teaches us how to use simple techniques to liberate ourselves from fear in high-pressure moments, perform at our best, and connect with and empower others to do the same. Brilliantly researched, impassioned, and accessible, Presence is filled with stories of individuals who learned how to flourish during the stressful moments that once terrified them. Every reader will learn how to approach their biggest challenges with confidence instead of dread, and to leave them with satisfaction instead of regret. "Presence feels at once concrete and inspiring, simple but ambitious — above all, truly powerful." —New York Times Book Review

Insights into power, spectacle, and performance in the courts of Middle Eastern rulers In recent decades, scholars have produced much new research on courtly life in medieval Europe, but studies on imperial and royal courts across the Middle East have received much less attention, particularly for courts before 1500AD. In the Presence of Power, however, sheds new light on courtly life across the region. This insightful, exploratory collection of essays uncovers surprising commonalities across a broad swath of cultures. The pre-modern period in this volume includes roughly seven centuries, opening with the first dynasty of Islam, the Umayyads, whose reign marked an important watershed for Late Antique culture, and closing with the rule of the so-called "gunpowder" empires of the Ottomans and Safavids over much of the Near East in the sixteenth century. In between, this volume locates similarities across the Western Medieval, Byzantine and Islamicate courtly cultures, spanning a vast history and geography to demonstrate the important cross-pollinations that occurred between their literary and cultural legacies. This study does not presume the presence of one shared courtly institution across time and space, but rather seeks to understand the different ways in which contemporaries experienced and spoke about these places of power and performance. Adopting a very broad view of performances, In the Presence of Power includes exuberant expressions of love in Arabic stories, shadow plays in Mamluk Cairo, Byzantine storytelling, religious food traditions in Christian Cyprus, advice, and political and ethnographic performances of power.

In the Presence of Power

The Gift of Presence

Helping People Help People

A love story

Transforming Presence

Know Yourself. Claim Your Power. Take Up Space

Presence in Play

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding is not talent, but a special blend of passion and persistence she calls "grit." "Inspiration for non-genius everywhere" (People Magazine), the author of a scientist who frequently noted her lack of "genius," Angela Duckworth is now a celebrated researcher and professor. Her eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In Grit, she takes us into the field to visit cadets through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. She shares what she's learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New York Times editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. "Duckworth's ideas about the cultivation of tenacity have cleared some lives for the better" (The New York Times Book Review). Among Grit's most valuable insights: any effort you make ultimately pays off; twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a wide variety of activities nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Personal, insightful, and even life-changing, Grit is a book about what goes through your head when you fall down, and how your grit and luck—makes all the difference. This is "a fascinating tour of the psychological research on success" (The Wall Street Journal). A New York Times bestseller · This groundbreaking new book from New York Times bestselling author Daniel J. Siegel, M.D., introduces readers to his pioneering, science-based meditation practice. Aware provides practical instruction for mastering the Wheel of Awareness, a life-changing tool for cultivating more focus, presence, and peace in one's day-to-day life. An in-depth look at the science of meditation's effectiveness, this book teaches readers how to harness the power of the principle "Where attention goes, neural connection grows." Siegel reveals how developing a Wheel of Awareness practice to focus attention, open awareness, and cultivate kind intention can literally help you grow a healthier brain and reduce fear, anxiety, and stress in your life. Whether you are new to meditation or have experience with a reflective practice or are an experienced practitioner, Aware is a hands-on guide that will enable you to become more focused and present, as well as more energized and emotionally resilient in the face of stress and the everyday challenges of life.

When some people speak, everyone listens. When they need commitment to projects, others jump on board. They just seem to have an indescribable "presence"--a subtle magnetic field around them wherever they go that signals authority and authenticity and

disciples with ease. Wouldn't it be incredible if doors opened as effortlessly for you? How amazing would it be if you could own the room like they do? You don't have to wonder; you can make it happen! Everyone, regardless of position or personality, can succeed with presence. The Power of Presence shows how. The key is to cultivate the communication aptitude, mental attitude, and unique style needed to connect with and motivate others. Filled with strategies, exercises, and personal stories from years spent as a communications expert Kristi Hedges explains how to:

- Build relationships based on trust
- Rid yourself of limiting behaviors
- Communicate values you are trying to convey
- Explore how others see you and correct misperceptions
- Communicate in way that inspires more

Everyone recognizes a commanding presence when they see it, and soon they'll see it in you!

**Find your signature voice** People are drawn to and influenced by leaders who communicate authentically, connect easily with others, and have immediate impact. So how do you become one of them? How can you learn to "own the room"? This book will help you develop your leadership presence. According to Amy Jen Su and Muriel Maignan Wilkins, leadership presence is the ability to consistently and clearly articulate your value proposition while influencing and connecting with others. They offer a simple and compelling framework for developing practical advice about how you can develop your own personal presence. No matter where you sit in an organization, you can "own the room" if you are able to do two things well: first, demonstrate your authentic value and distinction, and second, connect to others in a positive way. Leaders who are able to be authentic while connecting with and impacting others have what the authors call "signature voice"—a means of self-expression that is uniquely and distinctly their own. Once you discover and express your own signature voice, be ready to take your leadership presence to the next level. Filled with real-life stories and examples, *Own the Room* demystifies the power of presence and gives you the tools you need to identify and embrace your unique leadership voice—and have a greater impact around you.

The Power of Joy and Purpose

How the Holy Spirit Changes Everything-From the Inside Out

Tools for the Overwhelmed Teacher

Court and Performance in the Pre-Modern Middle East