

# Zenspirations

*Packed with how-tos of more than 70 popular tangles, this handy reference book is the perfect guide for aspiring tangles. Each easy-to-follow step-out is complemented by beautiful and original Zentangle Inspired Artworks showing how your tangles can be combined. A wealth of visual treats provides endless inspiration and stimulation for both aficionados and beginners alike.*

*Be inspired to use your stash of papers, mementos and*

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*accents to create something wonderful! You'll find over 120 valuable tips, ideas, samples, and instructions for creating your very own 'Smash It In' journals.*

*"Over 30 patchwork designs to color" -- page 4 of cover.*

*"In Zentangle-inspired Botanicals, author and artist Sharla Hicks guides readers in exploring and developing their own style of botanicals, land and seascapes, lush foliage, and mixed-media color enhancers"--*

*Zenspirations Coloring Book  
Birds & Butterflies: Create,  
Color, Pattern, Play!*

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*A Coloring Book for All Ages  
Fashion Design Workshop  
Color Peace Coloring Book  
Zenspirations Dangle  
Designs*

*Learn to Tangle with 101  
Favorite Patterns*

When You Lose Someone You  
Love*5 Publishing LLC*

"Zentangle is an easy-to-learn,  
relaxing, and fun way to create  
beautiful images by drawing  
structured patterns." --P. 1.

BEAUTIFUL book of wildflowers  
with watercolor illustrations  
throughout. The author says in the  
introduction to her grandchildren: "I  
first got the idea of making a little  
ABC picture book of Wildflowers for  
you when your father said quite

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rightly that we had failed as parents in not teaching you about the nature all around us." This book will enchant your children and encourage them to explore nature.

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In *A Dangle A Day*, Angela Porter will guide you through adding charms and embellishments to your hand lettering and artwork to create your own dangling masterpieces. Dangles are a beautiful and whimsical art form for people who love coloring and tangles. *A Dangle A Day* features the artwork of Angela Porter, whom you may know as the author of the *Color Me* series. In this book, you will follow Angela's instructions to add charms and embellishments to letters and

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artwork. A Dangle a Day features more than 120 pieces of art for you to look to as you add stunning patterns and color to dangles, personalize your dangles with charms that are unique to you, and create dangle words from a variety of highly detailed alphabets.

Dangles are a perfect way to accentuate your stationery, invitations, lettering, scrapbook, journals and more; so if you like coloring, tangling, or lettering, you'll love to dangle!

Letters & Patterning

Zenspirations: Letters and Number & Patterning (Design Originals) Add Interest and Texture to Journals, Drawings, Doodles, and Crafts  
365 Tangle Creations for

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Inspiration, Relaxation and Joy  
When You Lose Someone You  
Love

How to Pattern, Draw, Letter, Write,  
Design, Create, Inspire

Experience the colors of Zenspirations!  
In this inspirational coloring book,  
Joanne Fink provides dozens of  
original lettering and numbering  
designs for you to finish with your  
choice of colored pencils, markers, gel  
pens, or watercolors.

Learn how to how to draw, pattern, and  
compose your own Zenspirations art,  
as you use rhythmic patterning and  
uplifting messages to relax your mind  
and body. This book will get you  
started with step-by-step instructions,  
practice exercises, and special places

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for you to create your own “Zen-spired” designs.

Encouraging self-discovery, reflective writing, and spiritual insight, *My Spiritual Journey* is a beautiful guided journal that asks the hard questions to help you ground yourself in gratitude, find connections, and know your soul. With author and artist Joanne Fink's gorgeous lettering, illustrations, and thought-provoking prompts, from "How can you explain the unexplainable?" to "When do you feel most alive?", you'll feel inspired to put pen to paper as you write, color, and ultimately know yourself better! Divided into two main sections for Discovery and Action with various subsections, take the time to understand yourself and what's

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important to you, then use that insight to guide you on your journey through life. Joanne Fink is an award-winning designer, calligrapher, and author. With more than a million books in print, Joanne is the author of 15 books from Fox Chapel Publishing, including Zenspirations(R) Letters & Patterning, Complete Guide to Bible Journaling, Flowers of Faith Coloring Book, L'Chaim: Celebrate Life, and When You Lose Someone You Love. Small in size but big in spirit, this portable coloring book offers 28 faithful and affirming art activities, packed with uplifting spiritual messages."

Zenspirations Abstract & Geometric Designs

Creative Doodling & Beyond



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Speedball Text Book

Zentangle® Sourcebook

Creative Haven Patchwork Quilt

Designs Coloring Book

Like a Tree

Patterning is fun, easy and relaxing. It is a great way to add interest and texture to any design. Whether you like to journal, draw, doodle, design, or craft, you'll find a world of inspiration here. These decorative borders, frames, shapes, and alphabets will appeal to a spectrum of tastes and styles. If you like coloring, tangling, or lettering, you'll love to dangle! Dangles are a beautiful and whimsical new art form for people who love coloring and tangles. By adding charms and pretty embellishments to letters and artwork, you can make your own dangles. With 50 projects in the book, you can add stunning patterns and color to dangles, personalize your dangles with

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charms that are unique to you, and create dangle words from the dangle alphabet in the book. Dangles are a perfect way to accentuate your stationary, invitations, lettering, and more.

This book is full of 45 original Zentangle inspired hand drawings and 6 inspirational blank pages. Several of the drawings offer up a biblical verse in hopes of offering encouragement and lifting ones spirits. All the drawings are printed on one side while the reserves side was intentionally left blank. Whether you are an adult, young adult, or a child, this book will keep you entertained for hours and allow you to relax and unwind at the end of a long stressful day.

This faith-based guided journal will encourage readers to seek God's plan through prayer every day, with thoughtful prompts, beautiful color illustrations, and plenty of space for reflective writing.

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Callum and the Mountain

With God All Things Are Possible

Stylish Step-by-step Projects and Drawing

Tips for Up-and-coming Designers

Lettering Arts

A Dangle a Day

Jas Doodlebug Zenspirations

Create, color, pattern, and play with Zenspirations(R)! This inspiring coloring book offers 32 pages of faithful and affirming messages that are just waiting for your creative touch. Zenspirations combines practical art techniques with uplifting spiritual philosophy. Discover new ways to express what's in your heart by adding color, patterns, text, and illustrations to these extraordinary designs. Zenspirations creator

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Joanne Fink provides step-by-step instructions for drawing some of her favorite patterns with 16 colorful pages of easy-to-follow artistic advice. Joanne's illustrations are designed to be a springboard for your creativity--that's why there is a credit line for you, as co-creator, at the bottom of each page. An array of beautifully colored samples are provided to show you how coloring enthusiasts around the globe have interpreted the designs. Printed on high quality extra-thick paper, Zenspirations Expressions of Faith is perfect for decorating with colored pencils, markers, or gel pens. Each one-sided page is perforated so you can easily remove

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your art to display wherever you want.

BEAUTIFUL book of wildflowers with watercolor illustrations throughout. The author says in the introduction to her grandchildren: "I first got the idea of making a little ABC picture book of Wildflowers for you when your father said quite rightly that we had failed as parents in not teaching you about the nature all around us." This book will enchant your children and encourage them to explore nature. Artist and calligrapher Joanne Fink pens warm words of inspiration and encouragement and sets them to life on the pages of this unique gift book. By combining the beautiful art of

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calligraphy with heartfelt sentiments that gently move through themes such as "believing in your dreams," "trusting in the Lord," and "living with passion," readers are inspired to celebrate each new day with a hopeful heart and a joy for living. This uplifting gift book can be a sweet gift between friends, a dear word of encouragement for the graduate, or a breath of fresh air for the heavyhearted.

The intention of this coloring book is to help you relax and forget your worries. Named "Zenspirations," this book will put you in touch with your Zen! As you color these heartwarming designs, let the tension leave your body, relax and

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enjoy the results long after you finish coloring. Asked by a friend to draw pictures for women living in a domestic violence shelter, I came up with the idea of including inspirational sayings. It's my hope that my first coloring book will inspire and entertain. All the drawings in this book were hand drawn by myself. No computer images, no repetitive images like you see in other coloring books for adults. This book is unique, just like you.

Zenspirations Workbook

Zenspirations Coloring Book

Expressions of Faith

The Great Zentangle Book

Zenspirations Inspirations

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Zentangle Primer Vol 1  
Zenspirations Flowers  
*Turn large blocks into speedy quilts using this handy "10-minute" technique. You really can make a 19" block in less than 10 minutes. That means you can sew a king-size quilt top in a day, or a throw quilt in just an hour or two! This unique colouring book for adults offers a high level of design sophistication. Printed on premium extra-thick paper with perforated pages, this series stands out as the quality leader in its genre. The author has built a dedicated following around her Zenspirations(tm) brand and her fans will want*



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*to collect every volume in the new series. Aimed at the General Craft Market and Specialty Retailers.*

*Who among us doesn't simply love to doodle—or, at the very least, doodle to pass the time during long meetings or classes? Now you can learn the fine art of doodling while exercising your creativity at the same time. Creative Doodling & Beyond features a fun variety of projects, prompts, exercises, and ideas to get your doodling juices flowing, while also providing inspiration for how to use your doodles creatively. Artists will begin with some warm-up*

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*exercises and basic drawing instruction. From there, they'll embark on creating projects with doodles that get progressively more advanced through the book, starting with a gift tag and ending with elaborate doodling projects on wood and fabric.*

*The internationally known author and speaker provides an insightful look into the fusion of ecological issues and global gender politics. This book on the importance of trees grew out of Bolen's experience mourning the loss of a Monterey pine that was cut down in her neighborhood. That, combined with her*

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*practice of walking among tall trees, led to her deep connection with trees and an understanding of their many complexities. She expertly explores the dynamics of ecological activism, spiritual activism, and sacred feminism. And, she invites us to join the movement to save trees. While there is still much work to be done to address environmental problems, there are many stories of individuals and organizations rising up to make a change and help save our planet. The words and stories that Bolen weaves throughout this book are both inspirational and down-to-*

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*earth, calling us to realize what is happening to not only our trees, but our people. In Like a Tree learn more about: The dynamic nature of trees — from their anatomy to their role as an archetypal symbol Pressing social issues such as deforestation, global warming, and overpopulation What it means to be a “tree person” “You will never again see [a tree] without knowing it has a novel inside, it’s supporting your life, and it’s more spiritual than any church, temple or mosque. Like a Tree is the rare book that not only informs, but offers a larger consciousness of life itself.”*

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—Gloria Steinem

*The Art of Drawing Dangles*

*Zenspirations*

*A Coloring Book to Inspire*

*Women*

*Perfectly Portable Pages*

*A Guided Journal with*

*Questions and Reflections to*

*Light Your Path*

*Daily Zen Doodles*

**Lettering Arts showcases the outstanding work of the world's best lettering artists and features a stunning range of applications and techniques: exquisitely executed calligraphy, computer generated, engraved, stone-carved and three-dimensional lettering in a diversity of styles and commercial and artistic applications. Included are book jackets, posters, calendars,**

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***etched glass, stationery, certificates, invitations, banners, typography, alphabets and artworks, created with a surprising number of writing implements - from pens and brushes to popsicle sticks. Lettering Arts celebrates the beauty, imagination and innovation captured in today's finest lettering. The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Founders Rick Roberts and Maria Thomas give detailed instructions and insights into how to draw specific tangles and how to benefit from a Zentangle practice. -- back cover. Create, color, pattern, and play with Zenspirations(R)! This inspiring coloring book offers 32 pages of enchanting bird and butterfly***

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***designs that are just waiting for your creative touch. Zenspirations combines practical art techniques with uplifting spiritual philosophy. Discover new ways to express what's in your heart by adding color, patterns, text, and illustrations to these extraordinary designs. Zenspirations creator Joanne Fink provides step-by-step instructions for drawing some of her favorite patterns with 16 colorful pages of easy-to-follow artistic advice. Joanne's illustrations are designed to be a springboard for your creativity--that's why there is a credit line for you, as co-creator, at the bottom of each page. An array of beautifully colored samples are provided to show you how coloring enthusiasts around the globe have***

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***interpreted the designs. Printed on high quality extra-thick paper, Zenspirations Birds & Butterflies is perfect for decorating with colored pencils, markers, or gel pens. Each one-sided page is perforated so you can easily remove your art to display wherever you want.***

***Expressions of Hope Coloring Book is filled with 32 frameable gifts of calming designs and messages of warmth that express gratitude, love, and encouragement to offer comfort during hard times. Destress as you color reassuring sentiments and illustrations that speak to the heart. With multiple, fully colored examples for each illustration, you'll feel inspired to think outside the box and add your own creative touch to each page. Designs are printed on a single side of high-***



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***quality, extra-thick paper with perforated edges for easy removal and display.***

***Zenspirations(tm) Coloring Book  
Letters & Numbers: Create, Color,  
Pattern, Play!***

***How Trees, Women, and Tree  
People Can Save the Planet***

***A Celebration of Inspirational  
Designs and Passages***

***My Spiritual Journey***

***My Prayer Journal***

***Create, Color, Pattern, Play!***

This delightful guide offers budding artists the perfect introduction to the fundamentals of fashion figure drawing. The step-by-step projects cover a range of looks--from sophisticated and elegant to cool and casual.

Inside this little on-the-go coloring book are big dreams for you to color

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and enjoy. Take it along wherever you go, and you'll always be ready for a relaxing, creative adventure. Each of these 28 imaginative art activities is perfect for decorating with markers, colored pencils, gel pens, or watercolors. With its convenient compact size, this small coloring book is perfectly portable. It's great to use in waiting rooms, during lunch break, at kids soccer practice, and wherever you can find (or need!) a few moments of downtime. Coloring reduces stress and relaxes the mind - no wonder everyone's getting hooked.

Masters of penmanship in the past advertised their copperplate skills by shaping their calligraphy and flourishes into elaborate pictorial designs. Now the art of the flourish is back. Calligraphic Drawing, written

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and illustrated by Schin Loong, is a hands-on guide to modern penmanship art, ranging from animals to people, to fantasy subjects and works that combine pictures with writing. The text and how-tos move from the simplest to the most challenging designs, with steps to take you through them and examples to inspire you..

Create, relax, and inspire one stroke at a time with *The Great Zentangle Book!* Zentangle(r) is a meditative art in which lines and shapes are created and combined to make one intricate piece of artwork. Compiled by certified Zentangle trainer, Beate Winkler, these 100 step-by-step Zentangle patterns will help you relax while creating approachable and beautiful works of art. Discover beautiful tangles from artists from

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around the world, including Zentangle founders Maria Thomas and Rick Roberts. Be up to date on current Zentangle trends with new, delicate bijou tiles and find inspiration for your own Zentangle artwork while learning fascinating information and techniques. It's time you gave your mind a creative break with The Great Zentangle Book!

3-Seam Squares for Quicker Quilts:

Jelly Rolls, Layer Cakes or Yardage

The ultimate resource for mindful drawing

Tangle-Inspired Botanicals

Designs to Feed Your Spirit : Create, Color, Pattern, Play!

A how-to guide and gallery exploring the art of the flourish

Creating Decorative Letters and Art with Charms

Zenspiration dangles are unique

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patterns that add interest and texture to any design. Gifted calligrapher and designer Joanne Fink shares her fun and relaxing techniques for adding dangle patterns to your drawings. Joanne demystifies the patterning process, and shows how simple it is to create richly textured dangles by breaking down the design into component parts. Whether you like to journal, draw, or doodle, you'll find intriguing ideas here for crafting, designing, and decorating with dangle patterns.

Filled with expressive sentiments and beautifully simple illustrations from the personal grief journal of award winning artist/author Joanne Fink, this special edition of *When You Lose Someone You Love* offers a healing connection with all who are dealing with one of life's most challenging times. Readers

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will understand that they are not alone, that there will be days when you feel overwhelmed, nights when you can't sleep, and times when waves of sadness wash over you unexpectedly. Affirming and cathartic, this book will help bring healing without sugarcoating the challenges of losing a loved one. *When You Lose Someone You Love* is an incredible gift of comfort for anyone who endures the journey of losing a spouse, a family member or close friend. *When You Lose Someone You Love* features...

- Life-affirming insights from the personal grief journal of an award-winning artist.
- Expressive sentiments take readers through the many emotions of loss.
- Beautifully illustrations on every page.
- A 116 page book that offers the “look and feel” of a very personal greeting card.

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Enter a world of creative self-expression with this relaxing coloring book for grownups. Inside you'll find 30 amazing art activities that will take you on a delightful camping adventure of patterning, shading, and coloring. These whimsical images of fun on the open road offer a easy way to de-stress and unleash your inner artist. Use this quirky coloring book to indulge your wanderlust with markers, colored pencils, gel pens, or watercolors. Each vibrantly detailed illustration is designed to ignite your creativity. Beautifully colored finished examples are provided, along with a handy guide to basic art techniques, from patterning and combinations to shading and color theory. Happy Campers Coloring Book is printed on high-quality, extra-thick paper to eliminate bleed-through. Each page is

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pre-perforated for easy removal and display.

A YEAR'S WORTH OF "TANGLED DRAWINGS" DESIGNED TO INSPIRE CREATIVITY AND SERENITY With hand illustrated prompts and thoughtful quotes, Daily Zen Doodles will inspire you to lose yourself in the contemplative act of drawing. Each page is an invitation to sketch, relax, focus and reach toward inner peace.

Letters and Number & Patterning  
(Design Originals) Add Interest and  
Texture to Journals, Drawings,  
Doodles, and Crafts with Beginner-  
Friendly Techniques for Frames,  
Flowers, Alphabets, and More  
Expressions of Hope Coloring Book  
Zenspirations Inspirations Designs to  
Feed Your Spirit  
Stash and Smash



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### 10-Minute Blocks

Inspiring exercises, prompts, and projects for turning simple doodles into beautiful works of art

It's a quiet wee village, Skerrils. Not much going on. Shingle beach, pretty walks, peaceful library, exploding school, talking dogs, carnivorous monuments, interfering all-powerful nature spirits and a mountainous secret too baffling to tell... Callum Maxwell and his pals are in for the strangest, scariest, most exciting

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summer of their lives.

Join them and you'll never look at the natural world in quite the same way again. "A totally original story with genuine heart."

—Karen Campbell, author of *The Sound of the Hours*, *Rise* and *This is Where I Am* "Alan McClure's *Callum and the Mountain* introduces a fresh voice, full of energy, humour and love of place. He writes with a performer's instincts and an exuberant joy in language—an author we

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will be seeing more of.”  
—Joan Lennon, author of Silver Skin (shortlisted for the Scottish Teenage Book Prize) and Walking Mountain “We’re listening to a born storyteller, and he’s unpacking a great shaggy monster of a tale for us.” —Paul Magrs, author of Strange Boy, Lost on Mars and The Novel Inside You

Lettering & Designs with Charms for Every Season  
Happy Campers Coloring Book  
The Book of Zentangle

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Calligraphic Drawing  
Color Dreams Coloring  
Book  
Exploring the Natural  
World Through Mindful,  
Expressive Drawing